



**3rd & 4th June 2022**

**Friday**

07:30	Course opens								
07:45	Warm-up period opens								
08:15	Start Gate practice opens at 500m								
08:45	Start Gate practise and warm-up closes								
1	09:00	Girls D	K1	500	H1	49	12:48	Boys C	K1 200 F
2	09:04	Girls D	K1	500	H2	50	12:52	Boys D	K1 200 F1
3	09:08	Boys D	K4	500	F	51	12:56	Boys D	K1 200 F2
4	09:12	Women Open	K1	500	H1	52	13:00	Boys B	K1 200 F
5	09:16	Women Open	K1	500	H2	53	13:04	Boys A	K1 200 F
6	09:20	Women Open	K1	500	H3	54	13:08	Para Men KL2/3 R2	K1 200 F
7	09:28	Men Open	K4	500	F	55	13:12	Para Women KL1/2 + Men KL1 R2	K1 200 F
8	09:32	Girls A/B	K1	500	H1	56	13:16	Para Women KL3 R2	K1 200 F
9	09:36	Girls A/B	K1	500	H2	57	13:24	Masters O44	K1 1000 H1
10	09:40	Girls C	K1	500	H1	58	13:28	Masters O44	K1 1000 H2
11	09:44	Girls C	K1	500	H2	59	13:32	Masters O54	K1 1000 H1
12	09:52	Boys B	K4	500	F	60	13:36	Masters O54	K1 1000 H2
13	09:56	Boys Intermediate	K1	500	F	61	13:40	Men Open	K1 1000 F1
14	10:00	Girls Intermediate	K1	500	F	62	13:44	Men Open	K1 1000 F2
188	10:04	WMasters O44/O54	K2	500	F	63	13:48	Boys C	K1 1000 F
15	10:08	Canoe Men Open	C2	500	F	64	13:52	Boys D	K2 1000 H1
16	10:16	Masters O44	K1	500	H1	65	13:56	Boys D	K2 1000 H2
17	10:20	Masters O44	K1	500	H2	66	14:00	Boys B	K1 1000 H1
18	10:24	Masters O54	K1	500	H1	67	14:04	Boys B	K1 1000 H2
19	10:28	Masters O54	K1	500	H2	68	14:08	Boys B	K1 1000 H3
20	10:32	Girls D	K1	500	F	69	14:16	Masters O34	K1 500 F
21	10:36	Lightning A	K1	500	F	70	14:20	Girls A/B	K2 500 F
22	10:40	Lightning B	K1	500	F	71	14:24	Girls C	K2 500 F
23	10:44	Canoe Junior Boys/Girls	C2	500	F	72	14:28	Girls D	K2 500 F
24	10:52	Para Men KL2/3 R1	K1	200	F	73	14:32	Women Open	K2 500 F
25	10:56	Para Women KL1/2 + Men KL1 R1	K1	200	F	74	14:40	Canoe Men Open	C1 500 F
26	11:00	Para Women KL3 R1	K1	200	F	75	14:44	WMasters O44	K1 500 F
27	11:04	Boys C	K1	200	H1	76	14:48	WMasters O54	K1 500 F
28	11:08	Boys C	K1	200	H2	77	14:52	Canoe Women Open	C2 500 F
29	11:12	Boys D	K1	200	H1	78	15:00	Boys D	K2 1000 F
30	11:16	Boys D	K1	200	H2	79	15:04	Boys A	K1 1000 F
31	11:20	Boys D	K1	200	H3	80	15:08	Boys B	K1 1000 F1
32	11:24	Boys B	K1	200	H1	81	15:12	Boys B	K1 1000 F2
33	11:28	Boys B	K1	200	H2	82	15:16	Masters O44	K1 1000 F
187	11:32	Women Open	C1	200	F	83	15:20	Masters O54	K1 1000 F
34	11:36	Men Open	K1	1000	H1	84	15:24	Masters O34	K1 1000 F
35	11:40	Men Open	K1	1000	H2	85	15:36	Girls A/B	K1 200 H1
36	11:44	Men Open	K1	1000	H3	86	15:40	Girls A/B	K1 200 H2
37	11:48	Men Open	K1	1000	H4	87	15:44	Girls C	K1 200 H1
38	11:56	Masters O44	K1	500	F	88	15:48	Girls C	K1 200 H2
39	12:00	Masters O54	K1	500	F	89	15:52	Girls D	K1 200 H1
40	12:04	Masters O64	K1	500	F	90	15:56	Girls D	K1 200 H2
41	12:08	Women Open	K1	500	F1	91	16:00	Men Open	K1 200 H1
42	12:12	Women Open	K1	500	F2	92	16:04	Men Open	K1 200 H2
43	12:20	Girls A/B	K1	500	F	93	16:08	Men Open	K1 200 H3
44	12:24	Girls C	K1	500	F	94	16:12	Men Open	K1 200 H4
45	12:28	Girls D	K2	500	H1	95	16:16	Men Open	K1 200 H5
46	12:32	Girls D	K2	500	H2	96	16:24	Para Men KL2/3 R3	K1 200 F
47	12:40	Canoe Junior Boys	C1	200	F	97	16:28	Para Women KL1/2 + Men KL1 R3	K1 200 F
48	12:44	Canoe Junior Girls	C1	200	F	98	16:32	Para Women KL3 R3	K1 200 F
						99	16:40	Canoe Women Open	C2 200 F
						100	16:44	Canoe Men Open	C1 200 F
						101	16:52	Women Open	K2 200 F
						102	17:00	Girls A/B	K1 200 F
						103	17:04	Girls C	K1 200 F
						104	17:08	Girls D	K1 200 F
						105	17:16	Canoe Junior Boys/Girls	C2 200 F
						106	17:20	Men Open	K1 200 F1

107	17:24	Men Open	K1	200	F2
	17:44	JDS Junior Mixed Handicapped event	K4	2500	
108	18:16	Masters O54/64 + WMasters O34/44	K4	500	F
109	18:20	Masters O44	K2	500	F
110	18:24	Masters O34	K2	500	F
111	18:30	Senior Mixed Open	K2	500	F

## Saturday

07:30 Course opens  
 07:45 Warm-up period opens  
 08:00 Start gate practice opens at 500m  
 08:15 Start gate practise and warm-up closes

112	08:30	Men Open	K2	500	H1
113	08:34	Men Open	K2	500	H2
114	08:38	Boys D	K1	500	H1
115	08:42	Boys D	K1	500	H2
116	08:46	Boys D	K1	500	H3
117	08:54	Women Open	K4	500	F
118	08:58	Girls D	K4	500	F
119	09:10	Boys B	K1	500	H1
120	09:14	Boys B	K1	500	H2
121	09:18	Boys B	K1	500	H3
122	09:26	Boys C	K1	500	H1
123	09:30	Boys C	K1	500	H2
124	09:38	Canoe Women Open	C1	500	F
125	09:42	Canoe Junior Boys/Girls	C1	500	F
126	09:46	Lightning A/B	K4	500	F
127	09:54	Men Open	K2	500	F
128	10:02	Para Men VL2/3 R1	V1	200	F
129	10:06	Para Women VL2/3 + Men VL1 R1	V1	200	F
130	10:14	WMasters O44/54	K1	200	F
131	10:18	Masters O34	K1	200	F
132	10:22	Masters O44	K1	200	F
133	10:26	Masters O54	K1	200	F
134	10:30	Masters O64	K1	200	F
135	10:38	Women Open	K1	200	H1
136	10:42	Women Open	K1	200	H2
137	10:50	Boys D	K1	500	F1
138	10:54	Boys D	K1	500	F2
139	10:58	Boys C	K1	500	F
140	11:02	Boys A	K1	500	F
141	11:06	Boys B	K1	500	F1

142	11:10	Boys B	K1	500	F2
143	11:14	Men Open	K2	1000	F
144	11:18	Canoe Men Open	C1	1000	F
145	11:26	Girls A/B	K1	1000	H1
146	11:30	Girls A/B	K1	1000	H2
147	11:38	Girls C	K1	1000	H1
148	11:42	Girls C	K1	1000	H2
149	11:46	Girls D	K2	1000	F
150	11:50	Canoe Women Open	C1	1000	F
151	12:02	Women Open	K1	200	F
152	12:06	Para Men VL2/3 R2	V1	200	F
153	12:10	Para Women VL2/3 + Men VL1 R2	V1	200	F
154	12:18	Lightning A/B	K2	500	F
155	12:22	Boys C/D	K2	500	H1
156	12:26	Boys C/D	K2	500	H2
157	12:30	Boys A/B	K2	500	H1
158	12:34	Boys A/B	K2	500	H2
159	12:42	Men Open	K1	500	H1
160	12:46	Men Open	K1	500	H2
161	12:50	Men Open	K1	500	H3
162	12:54	Men Open	K1	500	H4
163	12:58	Men Open	K1	500	H5
164	13:02	Men Open	K1	500	H6
165	13:10	Masters O34/44	K4	1000	F
166	13:14	Masters O54/64	K2	1000	F
167	13:18	Canoe Junior Boys/Girls	C1	1000	F
168	13:26	Girls A/B	K1	1000	F
169	13:30	Girls C	K1	1000	F
170	13:38	Women Open	K1	1000	H1
171	13:42	Women Open	K1	1000	H2
172	13:50	Senior Canoe Mixed Open	C2	500	F
173	13:58	Boys A/B	K2	500	F
174	14:02	Boys C/D	K2	500	F
175	14:14	Men Open	K1	500	F1
176	14:18	Men Open	K1	500	F2
177	14:22	Men Open	K1	500	F3
178	14:26	Girls C	K4	500	F
179	14:34	Para Men VL2/3 R3	V1	200	F
180	14:38	Para Women VL2/3 + Men VL1 R3	V1	200	F
181	14:46	WMasters O34/44/54/64	K2	1000	F
182	14:50	Women Open	K1	1000	F
183	15:10	Canoe Men Open	C1	5000	F
184	15:14	Canoe Women Open	C1	5000	F
185	15:42	Men Open	K1	5000	F
186	16:10	Women Open	K1	5000	F

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