



**6<sup>th</sup> – 7<sup>th</sup> July 2024**

**National Championship events**

**Saturday**

07:30 Course opens  
07:45 Warm-up period opens  
08:15 Start gate practise opens at 200m  
08:45 Start gate practise and warm-up closes

1	09:00	Boys U16	K2	500	H1
2	09:04	Boys U16	K2	500	H2
3	09:08	Boys U18	K2	500	H1
4	09:12	Boys U18	K2	500	H2
5	09:20	Girls U16	K2	500	F
6	09:28	Girls U18	K2	500	F
7	09:36	Men Senior	K1	500	H1
8	09:40	Men Senior	K1	500	H2
9	09:44	Men Senior	K1	500	H3
10	09:48	Women Senior	K1	500	H1
11	09:52	Women Senior	K1	500	H2
12	10:08	Canoe Boys U18-U14	C1	200	F
13	10:16	Canoe Men Senior	C1	200	F
14	10:16	Canoe Women Senior	C1	200	F
15	10:24	Para Men VL1-3	V1	200	F
16	10:28	Para Women VL2/3	V1	200	F
17	10:40	Boys U16	K2	500	F
18	10:52	Boys U18	K2	500	F
19	11:00	Girls U16	K1	500	H1
20	11:04	Girls U16	K1	500	H2
21	11:08	Girls U18	K1	500	H1
22	11:12	Girls U18	K1	500	H2
23	11:20	Men Senior	K1	500	F1
24	11:24	Men Senior	K1	500	F2
25	11:32	Women Senior	K1	500	F
26	11:40	Intermediate Boys	K1	500	H1
27	11:44	Intermediate Boys	K1	500	H2
28	11:48	Intermediate Girls	K1	500	F
29	11:52	Boys U14	K2	500	F
30	12:00	Girls U14	K2	500	F
31	12:00	Women D + W Masters C/D	K2	500	F
32	12:16	Mini Sprint A	K1	200	H1
33	12:20	Mini Sprint A	K1	200	H2
34	12:24	Mini Sprint A	K1	200	H3
35	12:32	Women Senior	K1	200	H1
36	12:36	Women Senior	K1	200	H2
37	12:40	Para Men KL3	K1	200	F
38	12:44	Para Women KL2/3	K1	200	F
39	12:52	Men D + Masters C/D	K1	200	H1
40	12:56	Men D + Masters C/D	K1	200	H2
41	13:08	Girls U16	K1	500	F
42	13:16	Girls U18	K1	500	F
43	13:24	Girls U14	K1	500	F
44	13:32	Intermediate Boys	K1	500	F
45	13:40	Men Senior	K4	500	F
46	13:40	Women Senior	K4	500	F
47	13:56	Canoe Men Senior	C1	1000	F
48	14:04	Canoe Boys U18-U14	C1	1000	F
49	14:04	Canoe Women Senior	C1	1000	F

50	14:12	Boys U18	K1	1000	H1
51	14:16	Boys U18	K1	1000	H2
52	14:20	Boys U18	K1	1000	H3
53	14:28	Boys U16	K1	1000	H1
54	14:32	Boys U16	K1	1000	H2
55	14:36	Boys U16	K1	1000	H3
56	14:40	Boys U16	K1	1000	H4
57	14:48	Men Senior	K1	1000	H1
58	14:52	Men Senior	K1	1000	H2
59	15:08	Women Senior	K1	200	F
60	15:16	Men B + Masters A	K1	200	F
61	15:16	Men C + Masters B	K1	200	F
62	15:24	Men D + Masters C/D	K1	200	F
63	15:28	Mini Sprint A	K1	200	F1
64	15:32	Mini Sprint A	K1	200	F2
65	15:36	Mini Sprint B	K1	200	F
66	15:48	Boys U18	K1	1000	F1
67	15:52	Boys U18	K1	1000	F2
68	16:00	Boys U16	K1	1000	F1
69	16:04	Boys U16	K1	1000	F2
70	16:12	Boys U14	K2	1000	F
71	16:20	Men Senior	K1	1000	F
72	16:28	Men B/C + Masters A/B	K1	1000	F
73	16:36	Men D + Masters C/D	K2	1000	F
74	16:36	Women D + W Masters C/D	K2	1000	F
75	16:52	Mixed U18	K2	500	H1
76	16:56	Mixed U18	K2	500	H2
77	17:04	Mixed U16	K2	500	F
78	17:12	Mixed U14	K2	500	F
79	17:20	Mixed Senior	K2	500	F
80	17:28	Canoe Men Senior	C1	500	F
81	17:36	Canoe Boys U18-U14	C1	500	F
82	17:36	Canoe Women Senior	C1	500	F
83	17:44	Women C + W Masters B	K1	500	F
84	17:44	Women D + W Masters C/D	K1	500	F
85	17:56	Mixed U18	K2	500	F

**Sunday**

07:30 Course opens  
07:45 Warm-up period opens  
08:15 Warm-up period closes

86	08:32	Men B + Masters A	K2	500	F
87	08:32	Men D + Masters C/D	K2	500	F
88	08:40	Intermediate Crews	K2	500	H1
89	08:44	Intermediate Crews	K2	500	H2
90	08:48	Boys U14	K1	500	H1
91	08:52	Boys U14	K1	500	H2
92	09:00	Boys U16	K1	500	H1
93	09:04	Boys U16	K1	500	H2
94	09:08	Boys U16	K1	500	H3
95	09:12	Boys U16	K1	500	H4
96	09:20	Boys U18	K1	500	H1
97	09:24	Boys U18	K1	500	H2
98	09:28	Boys U18	K1	500	H3

99	09:32	Boys U18	K1	500	H4	135	12:40	Boys U16	K1	200	H1
100	09:36	Men Senior	K2	500	F	136	12:44	Boys U16	K1	200	H2
101	09:44	Girls U14	K4	500	F	137	12:48	Boys U16	K1	200	H3
102	09:44	Girls U16	K4	500	F	138	12:56	Boys U18	K1	200	H1
103	09:44	Girls U18	K4	500	F	139	13:00	Boys U18	K1	200	H2
104	09:56	Canoe Boys U18-U14	C2	500	F	140	13:04	Boys U18	K1	200	H3
105	09:56	Canoe Men Senior	C2	500	F	141	13:12	Girls U16	K1	200	F
106	10:04	Men D + Masters C/D	K1	500	H1	142	13:20	Girls U18	K1	200	F
107	10:08	Men D + Masters C/D	K1	500	H2	143	13:28	Men Senior	K1	200	F
108	10:16	Mixed Men B/Masters A + Women B/W Masters A	K2	500	F	144	13:36	Intermediate Crews	K2	200	F
109	10:16	Women Senior	K2	500	F	145	13:40	Boys U14	K1	200	F
110	10:24	Mini Sprint A	K2	500	F	146	13:48	Para Men/Women VL1-3	V1	200	F
111	10:28	Mini Sprint B	K2	500	F	147	13:56	Boys U16	K1	200	F1
112	10:32	Boys U14	K1	500	F	148	14:00	Boys U16	K1	200	F2
113	10:40	Boys U16	K1	500	F1	149	14:08	Boys U18	K1	200	F1
114	10:44	Boys U16	K1	500	F2	150	14:12	Boys U18	K1	200	F2
115	10:52	Boys U18	K1	500	F1	151	14:24	Canoe Boys U18-U14	C2	1000	F
116	10:56	Boys U18	K1	500	F2	152	14:24	Canoe Men Senior	C2	1000	F
117	11:04	Intermediate Crews	K2	500	F	153	14:32	Girls U14	K2	1000	F
118	11:08	Men B/C + Masters A/B	K1	500	F	154	14:36	Women Senior	K1	1000	H1
119	11:16	Men D + Masters C/D	K1	500	F	155	14:40	Women Senior	K1	1000	H2
120	11:32	Girls U14	K1	200	F	156	14:44	Girls U16	K1	1000	H1
121	11:40	Girls U16	K1	200	H1	157	14:48	Girls U16	K1	1000	H2
122	11:44	Girls U16	K1	200	H2	158	14:52	Girls U18	K1	1000	H1
123	11:48	Girls U18	K1	200	H1	159	14:56	Girls U18	K1	1000	H2
124	11:52	Girls U18	K1	200	H2	160	15:08	Mini Sprint A/B	K4	500	F
125	11:56	Para Men/Women KL1-3	K1	200	F	161	15:12	Men D + Masters C/D	K4	500	F
126	12:04	Men Senior	K1	200	H1	162	15:12	Boys U14	K4	500	F
127	12:08	Men Senior	K1	200	H2	163	15:20	Boys U16	K4	500	F
128	12:12	Women Senior	K2	200	F	164	15:24	Boys U18	K4	500	F
129	12:12	Canoe Women Senior	C2	200	F	165	15:36	Men Senior	K2	1000	F
130	12:20	Women C/D + W Masters B-D	K1	200	F	166	15:40	Women Senior	K1	1000	F
131	12:24	Intermediate Crews	K2	200	H1	167	15:44	Girls U16	K1	1000	F
132	12:28	Intermediate Crews	K2	200	H2	168	15:48	Girls U18	K1	1000	F
133	12:32	Boys U14	K1	200	H1						
134	12:36	Boys U14	K1	200	H2						

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