



Paddler's Post July 2016



Good Luck to our Team GB sprinters at Rio

Six canoe sprint athletes will represent Team GB at the Rio 2016 Olympic Games.

London 2012 Olympic bronze medallists Liam Heath and Jon Schofield make their return to Team GB in the men's K2 200m, with Heath doubling up in the K1 200m.

Rachel Cawthorn, will go in the women's K1 500m and will also race as part of the women's K4 500m team alongside, Louisa Gurski, Rebeka Simon and Jessica Walker. Jess Walker has been selected for her third successive Olympic Games and will also race in the women's K1 200m as well as the K4. Louisa Gurski is also looking forward to representing Team GB again.

Team GB won two canoe sprint medals at London 2012 with Ed McKeever's K1 200m gold adding to Heath and Schofield's K2 200m bronze. That took Team GB's canoe sprint Olympic haul to six (two gold and four bronze).

Canoeing first featured on the Olympic programme at Berlin 1936 following its appearance as a demonstration sport at Paris 1924 and has been present at every Games since.

Team GB Athletes are:

Liam Heath (K1 200m & K2 200m), 31 from Guildford, Surrey - Wey Kayak Club
Jon Schofield (K2 200m), 31 from Clitheroe, Lancashire - Soar Valley Canoe Club
Jess Walker (K1 200m & K4 500m), 25 from Hampton Hill, London - Royal Canoe Club
Louisa Gurski (K4 500m), 28 from Walton-on-Thames, Surrey - Elmbridge Canoe Club
Rachel Cawthorn (K1 500m & K4 500m), 27 from Guildford, Surrey - Wey Kayak Club
Rebeka Simon (K4 500m), 19 from Walton-on-Thames, Surrey - Elmbridge Canoe Club



"It is a small, but strong and experienced team and they are all fully focused on the final stages of training and competition before the Games. With all our plans on track, I know we will be going to Rio in the best possible shape to contribute to the success of Team GB. *John Anderson MBE, Performance Director BC and Canoeing Team Leader for Rio 2016*

Paracanoeists racing for a place in the history books at Rio 2016

The British Paralympic Association announced the six athletes selected to represent ParalympicsGB at Rio 2016 for the very first time this September.

Paracanoe is a new Paralympic sport but three of the selected athletes have already represented their country at a Games; Jeanette Chippington competed as a swimmer at five consecutive Paralympic Games from Seoul 88 to Atlanta 96, while Emma Wiggs and Nick Beighton made their Games debut at London 2012 in the sports of sitting volleyball and rowing.

Anne Dickens, Ian Marsden and Rob Oliver have been selected for their first Paralympic Games after joining the British Canoeing Performance Programme, which was first established in 2011 and has since gone from strength to strength. Credit: Garry Bowden

Selected athletes:

Jeanette Chippington (KL1) - Longridge Canoe Club
Emma Wiggs (KL2) - Independent
Anne Dickens (KL3) - Wey Kayak Club
Ian Marsden (KL1) - Trentham Canoe Club
Nick Beighton (KL2) - Shropshire Paddlesports
Rob Oliver (KL3) - Solihull Canoe Club



"It has been a hugely exciting journey over the last five years to get to this point, where para-canoe will make its debut. I am confident we will go to Rio as one of the very best prepared teams in the world and we will do everything possible to deliver and contribute to the success of ParalympicsGB. - *Steve Harris, Para-canoe Programme Manager*

Results from Canoe Sprint European Championships in Moscow

K1M 200m Liam Heath (Wey) A Final 1st **GOLD**
 K1M 500m Matthew Bowley (Royal) B Final 5th
 K1M 5000m Jon Boyton (Royal) A Final 14th
 C1M 5000m Jonathan Jones (Fladbury) A Final 11th
 K1W 200m Jessica Walker (Royal) A Final 2nd **SILVER**
 K1W 500m Rachel Cawthorn (Wey) A Final 9th
 K1W 5000m Lani Belcher (Elmbridge) A Final 5th
 K2W 200m Lani Belcher (Elmbridge) / Angela Hannah (Banbury) A Final 7th
 K2W 500m Lani Belcher (Elmbridge) / Angela Hannah (Banbury) A Final 8th
 C1W 200m Katie Reid (Girls4Gold) A Final 5th
 C2M 1000m James Styan (Fladbury CC) / Jonathan Jones (Fladbury CC) semi final 7th
 K1M 1000m Jon Boyton (Royal) A Final 5th
 K2M 200m Lewis Fletcher (Linlithgow) / Matthew Robinson (Brunel) heat 8th
 K4M 500m Matthew Bowley (Royal) / Daniel Johnson (Chelmsford) / Lewis Fletcher (Linlithgow) / Matthew Robinson (Brunel) A Final 9th
 K4W 500m Jessica Walker (Royal) / Rachel Cawthorn (Wey) / Rebi Simon (Elmbridge) / Louisa Gurski (Elmbridge) A Final 4th
 C2W 500m Chloe Bracewell (Girls4Gold) / Nia Tomos (Girls4Gold) A Final 8th



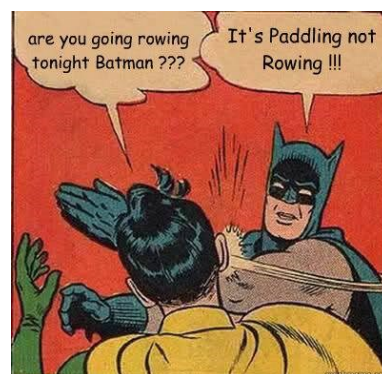
Promotions from June 16 Sprints:

LBZ	M CALLOW	Boys A	WYC	F BALL	Girls B
CLM	T GANICOTT-PORTER	Boys A	HPP	E BURGESS	Girls B
RLS	P MILES	Boys A	ADS	Z HURRELL	Girls B
NOR	L SHAW	Boys A	L6W	A ARMSTRONG	Girls C
BAN	L ANTUNOVIC	Boys B	ROY	L AVERY	Girls C
WEY	A BICKNELL	Boys B	FOY	A BRAY	Girls C
SDS	J BROCKWAY	Boys B	RIC	M KLETA	Canoe Boys A
SOU	M HINVES	Boys B	HPP	C BRACEWELL	Canoe Wms A
SDS	M KOWAL	Boys B	CNI	A FITZHENRY	Canoe Wms A
TON	T PRESTON-BELL	Boys B	WOR	A MILLS	Canoe Wms B
SDS	M SIELICKI	Boys B	SOU	E HEWITT	Canoe Wms B
ELM	Z BEDSTEAD	Boys C	HPP	B GILL	Canoe Wms C
ROY	L HANCHET	Boys C	FLA	C HALLIDAY	Canoe Wms C
CLM	S MCHALE	Boys C	LON	A PALMER	Canoe Wms C
KIR	C MCANDIE	Boys C	WEY	J HAYMAN-JOYCE	Canoe Mens A
ELM	C MCLEOD	Boys C	WEY	M DE FERRER	Wms C
SUT	A ROOKS	Boys C	SER	A BOURNE	Lightning A
SUT	W ROOKS	Boys C	GLW	H CLARKSON	Lightning A
LIN	J SMITH	Boys C	WEY	D HAYMAN-JOYCE	Lightning A
FOY	T STEER	Boys C	SOU	A HINVES	Lightning A
BOA	C WITHERS	Boys C	SOU	N LAMB	Lightning A
ELM	G DURDEN	Mens A	EAL	P LEVKOVSKYV	Lightning A
ROY	T HUMPHRIES	Mens B	NOR	J TAYLOR	Lightning A
CLM	J WALKINGTON	Mens C	GLW	T THOMAS	Lightning A
RIC	B IRVINE	Masters A	RIC	R LUCAS	Masters B
RIC	E MARTIN	Masters B	WOR	J BAUER	Masters C

World University Championships Team



Joe Beevers, Joe Hayman-Joyce,
 Emma Ricketts, Amy Turner,
 Nicole Wells, Sam-Rees Clark,
 Stelian Naftanaila, Iain Weir



#NottsRegatta

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