2019 Canoe Sprint Handbook





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Editor Diane Bates

RACING CALENDAR 2019

Date	Race Name	Region	Code	Notes
02/01/2019	ENTS Camp 4 days	JNR Performance Dept		Sprint
03/01/2019	London SRS	JNR Performance Dept		Sprint
05/01/2019	K4,MK2 & WK2 Crewboat Selection Round 2	Performance Dept SNR		Sprint
05/01/2019	Central SRS 2 days	JNR Performance Dept		Sprint
05/01/2019	South East SRS	JNR Performance Dept		Sprint
06/01/2019	Frank Luzmore	London & South East	HEN1	Marathon *
	WC2 Crewboat Selection Round 2	Performance Dept SNR		Sprint
	South West SRS Roadford 2 days	JNR Performance Dept		Sprint
	K4 & WK2 Open Crewboat training	Performance Dept SNR		Sprint
	U23 K4 Crewboat Training	Performance Dept SNR		Sprint
	Senior Winter Training Camp Roodeplaat SA until 15 Feb.	Performance Dept SNR		Sprint
	South East SRS	JNR Performance Dept		Sprint
26/01/2019		JNR Performance Dept		Sprint
	DYP Portugal until the 8th Feb. ENTS Camp 2 days	Performance Dept SNR JNR Performance Dept		Sprint
	MRC Junior Development Skills Day - Elmbridge	MRC		Sprint Marathon
	ENTS Portugal Camp 10 days.	JNR Performance Dept		Sprint
	SRS Portugal Camp. 8 days	JNR Performance Dept		Sprint
	K4,MK2 & WK2 Crewboat Selection Round 3	Performance Dept SNR		Sprint
	Yorkshire Cup Series. Race 1. Ripon to Aldwark		JEF1	Marathon*
	Waterside A	Southern	WAT1	Marathon*
	K4 Open Training MK2 Crewboat Seat Selection. 2 Days.	Performance Dept SNR		Sprint
	Thameside 1	Southern	GRE2	Marathon*
04/03/2019	K4,MK2 & WK2 Crewboat Selection Round 4. Time Trials. 5 days	Performance Dept SNR		Sprint
09/03/2019	ENTS Camp 2 days	JNR Performance Dept		Sprint
09/03/2019	South East SRS	JNR Performance Dept		Sprint
10/03/2019	DYP Camp until the 23 March.	Performance Dept SNR		Sprint
	Full Programme Camp Europe until 23 March	Performance Dept SNR		Sprint
	Waterside B	Southern	WAT1	Marathon*
	London SRS 2 days	JNR Performance Dept		Sprint
	Thameside 2		GRE2	Marathon*
	Yorkshire Cup Series. Race 2. Calder Hebble Canoe Trail		JEF1	Marathon*
	ENTS Camp 2 days	JNR Performance Dept		Sprint
	Central SRS 2 days	JNR Performance Dept	\4/AT4	Sprint
	Waterside C Selection National Sprint Regatta	Southern National	WAT1	Marathon* Sprint
	Selection National Sprint Regatta	National		Sprint
	Yorkshire Cup Series. Race 3. Ripon to York		JEF1	Marathon*
	MRC Junior Development Training Camp - Longridge 2 days	MRC.	JE: 1	Marathon
	Wey Sprints	London & South East	CHI1	Sprint
	Waterside D		WAT1	Marathon*
	Cambridge Hasler	Eastern	SAL1	Marathon H2019
	Royal Leamington Spa Hasler	Midlands	MIL2	Marathon H2019
07/04/2019	Macclesfield Adelphi Hasler	North West	EVA1	Marathon H2019
09/04/2019	London SRS	JNR Performance Dept		Sprint
	London SRS	JNR Performance Dept		Sprint
	South West SRS Roadford 2 days	JNR Performance Dept		Sprint
	Central SRS 2 days	JNR Performance Dept		Sprint
	South East SRS	JNR Performance Dept		Sprint
	Amsterdam Waterlands Marathon	International	01.10	Marathon*
	Gailey CC Hasler	Midlands	CLI2	Marathon H2019
16/04/2019 18/04/2019		JNR Performance Dept JNR Performance Dept		Sprint Sprint
	Devizes to Westminster Canoe Race	National	DW01	Marathon*
	Devizes to Westminster Canoe Race	National	DW01	Marathon*
	Devizes to Westminster Canoe Race	National	DW01	Marathon*
	Elmbridge Half Marathon	London & South East		Marathon
	Devizes to Westminster Canoe Race	National	DWO1	Marathon*
	K1 assessment for World Cup & German Nationals		SMY1	Marathon
	London SRS	JNR Performance Dept		Sprint
25/04/2019	London SRS	JNR Performance Dept		Sprint
27/04/2019	Selection & Masters National Championships Sprint Regatta	National		Sprint
28/04/2019	Selection & Masters National Championships Sprint Regatta	National		Sprint
	Spey Marathon	Scotland		Marathon*
	South Lakes Hasler	North West	SHE2	Marathon 2019
04/05/2019	Central SRS 2 days	JNR Performance Dept		Sprint

RACING CALENDAR 2019

04/05/2019 Elmbridge Sprint Regatta	London & South East		Sprint
05/05/2019 67th Bedford Hasler Marathon 2019	Eastern	PER1	Marathon H2019
05/05/2019 Worcester Hasler Race	Midlands	ILS1	Marathon H2019
05/05/2019 Wey Hasler Marathon	London & South East	HAW2	Marathon H2019
05/05/2019 South West Schools Kayak Championships	South West	SCR1	Marathon*
05/05/2019 Linlithgow Hasler Marathon	Scotland	FLE1	Marathon H2019
10/05/2019 German National Championships, Rheine. 2 day event	International		Marathon
12/05/2019 Malton Hasler	Yorkshire	ROE1	Marathon H2019
12/05/2019 Maidstone Hasler	London & South East	PRI1	Marathon H2019
	North West	HAR3	Marathon 2019
12/05/2019 Chester Hasler			
12/05/2019 Anker Valley Hasler Marathon	Midlands	RIC1	Marathon H2019
12/05/2019 Tamar Hasler	South West	PEA1	Marathon H2019
18/05/2019 South East SRS	JNR Performance Dept		Sprint
19/05/2019 London SRS	JNR Performance Dept		Sprint
19/05/2019 Nottingham Kayak Club Hasler Marathon	Midlands	MAS1	Marathon H2019
19/05/2019 Basingstoke Canal Hasler	Southern	SMI1	Marathon H2019
19/05/2019 Norwich Hasler 2019	Eastern	GRO1	Marathon H2019
19/05/2019 Hastings 1066 Hasler	London & South East	GEO1	Marathon H2019
19/05/2019 Forth & Clyde Canal Hasler Marathon 1	Scotland	CHA3	Marathon H2019
22/05/2019 ECA Parcanoe Championships, Poznan. 2 day event.	International	011110	Sprint
24/05/2019 ICF Canoe Sprint World Cup 1, Poznan. 3 day event.	International		Sprint
	International		
24/05/2019 Brandenburg Regatta 3 days		0050	Sprint
26/05/2019 Reading Circuit Hasler Race	Southern	GRE2	Marathon H2019
26/05/2018 Trentham Hasler	North West	MYA1	Marathon 2019
26/05/2019 Lower Exe Hasler	South West	CAR3	Marathon H2019
30/05/2019 ICF Canoe Sprint incl Para World Cup 2, Duisburg. 4 day event.	International		Sprint
31/05/2019 Marathon World Cup Baerum, Oslo. 3 day event.	International		Marathon
01/06/2019 Band Together National Sprint Regatta	National		Sprint
02/06/2019 Band Together National Sprint Regatta	National		Sprint
08/06/2019 Conwy Ascent	North West	WIN1	Marathon*
08/06/2019 Bath to Bradford Classic	South West	MIS1	Marathon*
08/06/2019 South East SRS	JNR Performance Dept		Sprint
09/06/2019 Royal Hasler Marathon	London & South East		Marathon H2019
	Yorkshire	MFD1	
09/06/2019 Derwent Mike Jones Memorial Hasler			Marathon H2019
09/06/2019 The Bradford Hasler	South West	MIS1	Marathon H2019
09/06/2019 Burton Hasler	Midlands	BAL1	Marathon H2019
09/06/2019 Glasgow Canal Hasler Marathon	Scotland	RZE1	Marathon H2019
15/06/2019 Perth Hasler Marathon	Scotland	IVE1	Marathon H2019
15/06/2019 Central SRS 2 days	JNR Performance Dept		Sprint
15/06/2019 London SRS	JNR Performance Dept		Sprint
15/06/2019 K2 assessment for Euros and Sanabria	MRC		Marathon
16/06/2019 Leighton Buzzard Hasler	Eastern	DIX1	Marathon H2019
16/06/2019 Hereford Wye Hasler Marathon	Midlands	WIB1	Marathon H2019
16/06/2019 Southampton CC Hasler	Southern	WIN2	Marathon H2019
21/06/2019 European Games, Minsk. 8 Days	International	******	Sprint
22/06/2019 K1 assessment for Euros and Sanabria	MRC	SMY1	Marathon
22/06/2019 Junior Sprint Training Weekend.	JNR Performance Dept		Sprint
23/06/2019 Oxford Midsummer Hasler	Southern	BAR2	Marathon H2019
23/06/2019 Shropshire Paddlesport Marathon Queens Head Hasler	Midlands	TAY3	Marathon H2019
23/06/2019 Camel Hasler	South West	GRE1	Marathon H2019
23/06/2019 Richmond Hasler Marathon	London & South East	HEN1	Marathon H2019
29/06/2019 Selections, Paracanoe National Championships & MacGregor Inter Club	R ₍ National		Sprint
30/06/2019 Selections, Paracanoe National Championships & MacGregor Inter Club	R _i National		Sprint
06/07/2019 Royal Regatta	London & South East	WIL2	Sprint
06/07/2019 Cheshire Canals Ring Race	North West	MIL1	Marathon*
07/07/2019 Cheshire Canals Ring Race	North West	MIL1	Marathon*
07/07/2019 Fal Hasler	South West	THO4	Marathon H2019
07/07/2019 Bishops Stortford Hasler	Eastern	BEA1	Marathon H2019
			Sprint
07/07/2019 Possible Summer Camp Worlds Team. 13 days	Performance Dept SNF		•
11/07/2019 Junior & U23 Canoe Sprint Championships. Racice. 4 day event.	International		Sprint
07/07/2019 Thames Valley Circuit Hasler	Southern	SMI2	Marathon H2019
14/07/2019 Calder 1 Hasler	Yorkshire	JEF1	Marathon H2019
14/07/2019 Pete White Memorial Hasler Race (Ironbridge)	Midlands	TAR2	Marathon H2019
21/07/2019 Dart Circuit Hasler	South West	CAR3	Marathon H2019
22/07/2019 U23 Pre Worlds Camp Racice. TBC. 8 Days	Performance Dept SNF	1	Sprint
25/07/2019 European Canoe Marathon Championships. Decize. 4 day event.	International		Marathon
28/07/2019 Medway Marathon	London & South East	NEA1	Marathon*

RACING CALENDAR 2019

28/07/2019 Tewkesbury Hasler	South West	KER1	Marathon H2019
30/07/2019 London SRS	JNR Performance Dept		Sprint
01/08/2019 ICF Junior & U23 World Canoe Sprint Champs, Pitesti. 4 day event.	International		Sprint
01/08/2019 London SRS	JNR Performance Dept		Sprint
03/08/2019 Sella Descent, Spain	International		Marathon
05/08/2019 Glasgow Green Hasler Marathon	Scotland	CHA4	Marathon H2019
06/08/2019 Pre Worlds Camp prov date. Varesi or Banyoles. 12 days	Performance Dept SNR		Sprint
08/08/2019 London SRS	JNR Performance Dept		Sprint
09/08/2019 Olympic Hopes Camp 3 days	JNR Performance Dept		Sprint
10/08/2019 National Canoe Marathon Championships. Norwich	National	GRO1	Marathon
11/08/2019 National Canoe Marathon Championships. Norwich	National	GRO1	Marathon
10/08/2019 Nationals. Assessment for Worlds and French Nationals	MRC	GRO1	Marathon
11/08/2019 Nationals. Assessment for Worlds and French Nationals	MRC	GRO1	Marathon
13/08/2019 London SRS	JNR Performance Dept		Sprint
15/08/2019 London SRS	JNR Performance Dept		Sprint
19/08/2019 South East SRS Drop in over 3 days	JNR Performance Dept		Sprint
20/08/2019 South West SRS Roadford Training Camp 11 days	JNR Performance Dept		Sprint
21/08/2019 ICF Canoe Sprint incl Para World Champs, Szeged. 5 day even			Sprint
24/08/2019 Longridge Hasler	Southern	HIP1	Marathon H2019
25/08/2019 Tonbridge Hasler Marathon		NEA1	Marathon H2019
29/08/2019 London SRS	JNR Performance Dept		Sprint
31/08/2019 National Senior, Under 23 & Junior Sprint Championships	National		Sprint
01/09/2019 National Senior, Under 23 & Junior Sprint Championships	National		Sprint
06/09/2019 Canoe Sprint Test Event (Sprint & Para)	Performance Dept SNR		Sprint
08/09/2019 Lincoln Hasler	Midlands	SIM1	Marathon H2020
08/09/2019 Pangbourne Hasler	Southern	MET1	Marathon H2020
11/09/2019 Olympic Hopes Camp (tbc) 6 days	JNR Performance Dept		Sprint
13/09/2019 Olympic Hopes Regatta. Bratislava, Slovakia. 3 days.	International		Sprint
14/09/2019 French National Championships, Tours. 2 days event	International		Marathon
15/09/2019 Henley Hasler	Southern	WAL1	Marathon H2020
15/09/2019 Soar Valley Hasler	Midlands	VIN1	Marathon H2020
15/09/2019 Gloucester Hasler	South West	KER1	Marathon H2020
21/09/2019 Central SRS 2 days	JNR Performance Dept		Sprint
22/09/2019 Forth & Clyde Canal Hasler Marathon 2	Scotland	CHA3	Marathon H2020
22/09/2019 Calder 2 Hasler		JEF1	Marathon H2020
29/09/2019 Hasler Final Southanpton	National	WIN2	Marathon
05/10/2019 Glasgow to Edinburgh Canal Challenge. 2 day event.	Scotland	CHA3	Marathon*
05/10/2019 Sprint Profiling. 2 days	JNR Performance Dept		Sprint
06/10/2019 Elmbridge Hasler	London & South East		Marathon H2020
06/10/2019 Wolfreton Hasler Marathon	Yorkshire	MED2	Marathon H2020
17/10/2019 ICF Canoe World Marathon Champs, Shaoxing, China. 4 day event.	International		Marathon
19/10/2019 Royal Paddling Challenge	London & South East	WIL2	Marathon*
19/10/2019 Sprint Racing Annual Consultative Mg. Reading Canoe Club	National	WYN1	Sprint
20/10/2019 Fowey Hasler	South West	RIL1	Marathon H2020
20/10/2019 Chelmer Hasler Marathon	Eastern	HEA1	Marathon 2020
27/10/2019 Banbury Hasler	Southern	WAR1	Marathon H2020
10/11/2019 Leighton Buzzard Canoe Club Remembrance Day Marathon	Eastern	DIX1	Marathon*
17/11/2019 National Schools Kayak Championships	London & South East		Marathon*
24/11/2019 Ross Warland Memorial Canal Challenge	Southern	WAR1	Marathon*
01/12/2019 Senior Winter Training Camp Roodeplaat SA until 19 Dec.	Performance Dept SNR		Sprint
51/12/2015 School White Halling Camp Noodeplaat 3A diltil 19 Dec.	i cirormance peht sixk		Sprint

Notes

Details of Marathon races may be found on the MRC website http://canoeracing.org.uk/marathon/index.php/racing-calendar/

Legend	Notes										
*		Indicates that this is not a standard divisional race. Usually classes are a combination of senior/junior, mens/ladies/mixed and singles/doubles.									
K1 or		Race organisers to run K1 divisions 1 to 10 inclusive with K2 divisions 2 to 9. Note that there is no division 1 or division 10 K2 race. Note that division 10 is for under 12 years old paddlers only.									
K2	1	2	3	4	5	6	7	8	9	10	7
		K2	K2	K2	K2	K2	K2	K2	K2		
H2020	Indicate	es a Hasle	r qualify	ing race	for 2019	/ 2020 fo	r the regi	on showr	١.		

A=MARATHON ADVISER, M=MARATHON COMMITTEE, O=OFFICIAL (REGATTAS), R=RACE ORGANISER, S=SPRINT COMMITTEE, T=TEAM LEADER

AST1	Astridge	Richie	ACU	richastridge@hotmail.co.uk	07763 147413	R
BAL1	Ball	Steve	BUR	bccevents@btconnect.com	01279 755089	RT
BAN1	Bannister	Michael	WEY	michael@fryzabannister.co.uk	07801 286457	S
BAR3	Barkway	Kelly	BPS	kellybarkway@aol.com	01603 700939	T
BAR1	Barnes	Dave	SHP	davekayak2@gmail.com	07969 860989	Т
BAR2	Barnett	Nick	FOX	n_barnett@btconnect.com	07790 883501	R
BAR4	Bartusik	Oscar	ESK	oskar.bartusik@yahoo.com		Т
BAT1	Bates	Diane		diane@bateshome.co.uk		0
BAT2	Bates	Joanne	FOX	jobatesfalcon@gmail.com	07979 693529	Т
BEA1	Beazley	Danny	BSF	hasler@StortfordCanoe.org.uk		AR
BIC1	Bicknall	Andrea	WEY	sprintteamleader@weykayak.co.uk		Т
BRI1	British Canoeii	ng	BC	www.britishcanoeing.org.uk	0845 370 9500	
BUR1	Burgoyne	Alan	HER	alanburgoyne@yahoo.co.uk	01432 270341	0
BUR3	Burness	Paul	HEN	paulburness@henleycanoeclub.co.uk		Т
BUR2	Burnett	Steve	GLS	steveburnett1986@hotmail.co.uk	07526901637	Т
BUR4	Burns	Clare	VIK	racing@vikingkayak.co.uk		Т
CAI1	Caisley	Phil	TON	Regatta.ViceChair@britishcanoeing.org.uk	07803 280268	OS
CAN1	Canoe Scotlar	nd	SCA	www.canoescotland.org		
CAR3	Carpenter	Mike	EXE	exeter.c.c@outlook.com	01392437487	R
CAR1	Carroll	Paul	BTH	Pauljohn@carroll2002.freeserve.co.uk	01761 479347	Т
CHA1	Chalmers	Neil	KIR	neil@kinghorn.org.uk	07767 380274	R
CHA5	Chamberlin	Tom	CLM	timc1972@icloud.com	O797317657	Т
CHA4	Chapman	Brian	KIR	brchapman@mac.com	07710 576132	Α
CHA3	Chapman	Margaret	KIR	mhckayaking@aol.com	01236 457081	RST
CHI1	Childerstone	Mike	WEY	m.childerstone@gmail.com	0789 992 4884	R
CLI1	Clive	John	GAI	john.clive@btinternet.com		Т
CLI2	Clive	Louise	GAI	I.clive@gaileycc.co.uk	07816 786987	ORS
COL2	Collins	Imogen	RDG	imogen.collins@britishcanoeing.org.uk	07874 227362	S
C001	Cook	Andy	SOL	andycanoe@btinternet.com	07870644837	Т
COX1	Cox	Deborah	ELM	deborahandmickcox@hotmail.com	O7879443316	Т
DAN3	Daniels	Andy	LON	andrewrdaniels@hotmail.com	0.0.0.0.00.0	M
DAV1	Davies	Martin	HYM	martin.hymcops@gmail.com		Т
DAY1	Day-Fisher	Sue	LIN	sueday-fisherlincc@uwclub.net		T
DIM1	Dimmock	Paul	WEY	paul.dimmock2016@gmail.com		S
DIX1	Dixon	Nigel	LBZ	raceorganiser@lbcc.org.uk	07753 218443	R
DOD1	Dodson	Andy	ADS	andydodson@mail.com	01932 347695	Т
DOD2	Dodson	Wendy	ADS	Regatta.Secretary@britishcanoeing.org.uk	01932 347695	0
DUA1	Duarte	Tomas	FOR	capachudoo@live.com.pt	7919370217	T
DUN1	Duncan	Ken	BSF	bsft1@yahoo.com	07947 339214	T
DWO1	DW Organisati		50.	dwentries@gmail.com	07818 428743	R
ENO1	Enoch	David	NOT	david.enoch2@btopenworld.com	0115 933 2258	М
ESC1	Escott	John	BOA	ajescott@aol.com		T
EVA1	Evans	Neil	MAD	neilsworld66@yahoo.co.uk	0161 436 1086	R
FLA1	Flack	Andy	BAN	tamsen.flack@btinternet.com		T
FLE1	Fletcher	Alan	LKR	alan@spheating.org	07960 095709	RT
FOW1	Fowler	Tony	SVC	svcctony@btinternet.com	07557 419436	R
FRE1	Freemantle	James	BAS	b3c-racing@outlook.com	1 221 112100	T
GEO1	George	Mark	HAS	hastingscanoeclub@gmail.com	07443 950416	R
GLO1	Glover	Sue	FOX	sue.glover14@outlook.com		T
GOL1	Golder	Dan		dangolder@hotmail.com	07771 778355	A
GOO2	Goodlad	Bethany	LBZ	Beth.goodlad@googlemail.com		T
GRA2	Gray	Julie	4AS	canoejulie@sky.com		Ť
GRA1	Gray	Rosy	ICF	colinrosy@talktalk.net	0115 923 4867	0
GRE1	Greenaway	Brian	FOY	foweyrivercc@gmail.com	01208 812012	AR
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A=MARATHON ADVISER, M=MARATHON COMMITTEE, O=OFFICIAL (REGATTAS), R=RACE ORGANISER, S=SPRINT COMMITTEE, T=TEAM LEADER

GRE2	Greenham	Brian	RDG	info@reading-canoe.org.uk	07751 507692	R
GRO1	Groves	Chris	NOR	marathonrep@norwichcanoeclub.co.uk	07717 297478	R
HAR1	Harding	Ollie	LON	ollieharding@gmail.com	01628 626795	A
	Hardy	Brian/Carol	LOIN	113 St Johns Ave, Kidderminster DY11 6AX	01562 753597	0
HAR3	Harris	Timea	CHE	timeaharris@hotmail.co.uk	07504884489	R
HAW2	Hawkins	Darrin	WEY	weymarathon@weykayak.co.uk	07304664469	R
HEA1	Head	Tom	CLM	Chelmsfordraceentries@gmail.com		R
HEN1	Hendron		RIC	richard@rhendron.com	07066 500601	
HEW1	Hewitt	Richard Richard	SOU	<u> </u>	07866 589691	R T
HIP1	Hipkins	Kevin	LON	racecaptainsoucc@gmail.com hipkins.kevin@gmail.com	07702118344	R
		John	SER	1 00	07702110344	T
HOD1	Hodgson			john.jeanettehodgson@talktalk.net	01525 270021	
HOI1 HOI2	Hoile Hoile	Ann	LBZ LBZ	Regatta.Volunteercoordinator@britishcanoeing.org.uk	01525 379921	0
		John		Regatta.Chairman@britishcanoeing.org.uk		os
H001	Hook	Martin	EAL	ealingcanoeclub@hotmail.com	07866631058	T
HUT1	Hutchinson	Erica	RDG	erika@paczolay.hu	07969060376	Т
ILS1	llson	Paul	WOR	paulilson@hotmail.com		Т
IVE1	lves	Debi	SCA	debiives@gmail.com	07736060161	R
JEF1	Jefferies	David	PEN	chair@penninecanoeclub.org.uk		AR
JOH2	Johnson	Colette	BAN	colette@ccjohn.co.uk		Т
JOH1	Johnson	Malcolm		k1mally@hotmail.com		S
JON2	Jones	Steve	LBZ	sljones@talk21.com	07711 571077	0
KEN1	Kendrick	Viv	PAD	8 Yew Grove, Huddersfield HD4 5XG	01484 460154	Т
KER1	Kershaw	lan	GLO	racing@gloucestercanoeclub.co.uk	01454 261953	RT
KIN1	Kinninmonth	Margaret	KIR	19 Forth Park Gardens, Kirkaldy, Fife KY2 5TD	01592 205655	R
LAW1	Lawler	Di	ELM	diandroland2016@gmail.com	01784 454772	R
LAW2	Lawler	Roland	ELM	93 Chertsey Lane, Staines, Middx TW18 3LQ	0208 979 4993	MST
LAW3	Lawrenson	Bill	BPR	wjlawro@aol.com	01283 542324	Т
LAW4	Laws	Alan	LIN	alan@nalonuk.org	01526 342455	S
LAW5	Lawton	Peter	PEN	Pete.lawton@hotmail.com	07960 165656	Т
LEB1	Leblanche	Scott	BAD	scott@barkingcanoeclub.co.uk	07539881059	Т
LIN1	Lineham	Rob	ABF	rob.lineham@hotmail.com		Т
LYD1	Lyddiatt	David	MLO	david@lyddiatt.plus.com	01753 887773	Т
MAR3	Marley	Neil	GLS	coaching@gscc-online.com		R
MAR1	Marshall	Derek	LKR	derekjmarshall22@gmail.com	01506 842546	R
MAR2	Martin	Kari	LBZ	martin kari@yahoo.co.uk	01296 688118	ОТ
MAS1	Mason	Norman	NOT	norman@namronnosam.plus.com	01664 822536	R
	McGown	Liz	ICF	tolizm@yahoo.com	01227 265533	0
MCK1	McKeever	Derek	BOA	derekmckeever@live.co.uk	01225 865392	T
MCK2	McKeever	Ed	BOA	edmckeever@hotmail.co.uk		S
MEA1	Meadows	Sam	MVR	sam.meadows@manverslaketrust.co.uk		T
MED2	Medina	Claire	KIN	kkcmarathon@gmail.com	01482473853	R
MED1	Medina	Julian	KIN	medina180@msn.com	01482 473853	RT
MET1	Metcalfe	Vicky	PAN	homefarm6@hotmail.co.uk	01189 428001	R
MIL2	Miles	Emma	RLS	raceorganiser@rlscc.co.uk	07771 878929	RT
MIL1	Millest	Andrew	MAD	andrew millest@hotmail.com	01625 619271	RT
MIL3	Millest	Sarah	NOT	sarahmillest@hotmail.com	07920832754	T
MIS1	Missen	Stan	BOA	steve.missen@monahans-fsl.co.uk	01225 862000	MR
MOU3	Moule	Keith	CLM	Keith.Moule@writtle.ac.uk		M
MYA1	Myatt	Marie	TRE	marie myatt@yahoo.com		R
NAD1	Nadal	Mick	NOT	mick.nadal@ntlworld.com	0115 9141824	AMT
NEA1	Neale	Clive	TON	clive.neale@axa-ppp.co.uk	01732 361759	ORT
NIX1	Nixon	Simon	RUN	nixonsi40@gmail.com	07971 986253	T
NOR1	North	Nanette	CAM	nanetteickelly@gmail.com	0.011300203	T
OBR1	O"Brien	Lucy	LEA	lucy@obrien.nu	07001500075	T
OBKI	O BIIEII	Lucy	LEA	Inchemental Inchem	O7881508975	1

A=MARATHON ADVISER, M=MARATHON COMMITTEE, O=OFFICIAL (REGATTAS), R=RACE ORGANISER, S=SPRINT COMMITTEE, T=TEAM LEADER

OAT1	Oates	Adrian	P00	chairman@phcc.org.uk		R
PAR1	Partridge	Gary	TRU	0 71 0 0	0797336472	Т
PEA1	Pearce	Kevin	FOY	foweyrivercc@gmail.com		R
PEN1	Pendle	Dyson	NOR	.,	01603 622036	M
PER1	Perry	Tony	VIK	<u>@</u>	07855 375454	R
PRI1	Price	Bryn	MAI	, i U	07891 484761	R
RIC1	Ricketts	Simon	ANK	simoncricketts@btinternet.com	07881 815371	R
RIL1	Riley	Gordon	ANK		02476 749902	Т
ROB1	Roberts	Phil	TRE	Phil@trenthamcanoeclub.co.uk	07776 226559	ART
ROB2	Robinson	Steph	CDF	Steph@robinsons89.fsnet.co.uk	0773234398	Т
ROE1	Roebuck	Paul	MAL	paul.roebuck@molsoncoors.com	07808096206	R
ROG1	Rogers	Richard	CHE	richrogers1973@gmail.com		R
ROS1	Rose	Paul	TAM	rose380@btinternet.com		Т
RZE1	Rzepinski	Adam	GLW	glasgowkayakclub@gmail.com		R
SAL1	Salisbury	Ceri	CAM	racing@cambridgecanoeclub.org.uk		R
SCR1	Scragg	Gareth		dwschool-liaison@hotmail.co.uk		R
SEA1	Seaford	Dan	RDG		07825 505609	М
SHA1	Sharpe	Tom	RIC	commodore@richmondcanoe.club		М
SHE1	Sheldrake	Mark	WAV		01508 471169	Т
SHE2	Sherwen	John	DUD		01229 462905	Т
SIM1	Simmons	Ray	LIN		07875964699	R
SLA1	Slator	Ann	DEV	info@devizescanoeclub.co.uk		Т
SMI1	Smith	Howard	BAS		01252 341654	R
SMI2	Smith	Patricia	WOK	C	07894074686	R
SMY1	Smythe	James	LEA		07717 605116	M
SNE1	Sneddon	Ryan	WOR	rajsneddon@gmail.com		T
STE1	Stevely	Irene	SCA	ijstevely@yahoo.com		R
SUN1	Sunderland	Keith	TRE		01782 643355	0
SUR1	Surmon	Michael	NAI		07912 138727	R
SYM1	Syme	Isabel	KIR	secretarykcc@gmail.com	07312 100727	R
TAR2	Tarbuck	Laura	WOL		07809143114	R
TAT1	Tatam	Chris	SWA	swanseakayakclub@gmail.com	07000140114	T
TAY3	Taylor	Martyn	SHP		07960505515	R
TAY2	Taylor-Ross	Jim	EXE		07813 845890	M
THO4	Thomas	Matthew	TRU	J	07713342268	T
THO2	Thomson	Donald	NSK		01975 564562	R
TRA1	Train	Steve	FLA		01386 861034	T
URQ1	Urquhart	Siobhan	BAN		01300 001034	M
VIN1	Vincent	Richard	SOR	siobhan.urquhart@gmail.com richard649@btinternet.com	0116 2671826	RT
WAL1	Walker	Kichard	HEN		07879 600063	RT
WAL1	Walkinton	Mary	CLM	mental Commence Comme	07901 565034	0
WAR2	Ward	Richard	EXE	richard.ward3@live.co.uk	0100100004	MT
WAR2	Warland	Graham	BAN		07983 113597	MR
	Waterside Seri		NBY	5	07903 113397	
WES1	Westwater	Tom	SCA	info@watersideseries.org.uk		R R
				tomwestwater@sky.com	07884 496256	T
WHI1	White	lan Androw	CKP		01004490250	
WIB1	Wibmer	Andrew	HER	andrewwibmer@hotmail.com	07000700040	RT
WIL2	Williams	Jackie	ROY	, , 00	07968700912	R
WIL3	Wilson	Kat	RDG	O,	07738 249437	M
WIN2	Wingfield	Melanie	SOU	, 50	07500743013	R
WIN1	Wingfield	Penny	DCP		01492 650989	RT
WO02	Wood	Graham	P00	woodg150@gmail.com	07000 705000	T
	Wooltorton	Nigel	MER	10 11 11 11 11 11	07833 705806	T
WYN1	Wynne	Cathy	ICF	Regatta.ChiefOfficial@britishcanoeing.org.uk	01732 833590	OS



Weils Disease (Leptospirosis)

All water users should be aware of this potentially fatal infection.

This is a bacterial infection normally believed to be spread by rat urine, it can also be transmitted by cat, fox and rabbit urine.

Transmission is usually through an open wound or abrasion but can also be caused by ingestion of contaminated water.

SYMPTOMS

Lethargy, diarrhoea, headaches, vomiting and muscle pain; sometimes referred to as flu like symptoms. If left untreated this can be fatal.

PREVENTION

Prevention measures against water borne infections are to:

- Cover all cuts and abrasions with waterproof plasters
 - Always wear footwear to avoid cutting the feet
- Avoid capsize or rolling practice in suspected waters
 - Where possible, shower soon after the activity
- As a minimum always wash your hands after paddling and before eating or drinking

If you feel ill after paddling you should tell your Doctor as soon as possible and let them know where and when you have been on the water.

The NHS publish the following guidance www.nhs.uk/conditions/Leptospirosis/

Further information & support is available when required by contacting:

PADDLE-ABILITY

Paddle-Ability is the term used by British Canoeing to describe all Paddlesport activity for disabled people. The term focuses on a person's ability to take part in Paddlesport rather than their disability. British Canoeing encourages and supports anyone with any disability or impairment to participate in competition in specific Paddle-Ability events and mainstream competition. Specific Paddle-Ability events are held at National Regattas in Nottingham from April to September. Racing is based on ability (in time bands).

Entries must be submitted, in advance, with other club entries via the Club Team Leaders. If your club does not already have an appointed team leader please contact

paddle-ability@britishcanoeing.org.uk

Entrants may have an escort boat to provide support to the starting posts; limited support is also permitted during races. Escort paddlers will be expected to wear yellow escort bibs.

The current Paddle-Ability events available are:

K1: 200m, 500mK2: 200m, 500mV1: 200m, 500m

Paddle-Ability sprint time bands can be found in the tables below:

Paddle-Ability Sprint Time bands 200 metres:						
Band	Kayak Men	Kayak Men Junior	Kayak Women	Kayak Women Junior		
A+	0.52	1.06	1.12	1.20		
Α	1.00	1.14	1.20	1.30		
В	1.06	1.22	1.30	1.44		
С	1.14	1.36	1.44	1.54		
D	1.22	1.48	1.54	2.06		
E	1.36	2.00	2.06	2.18		
F	1.48	2.12	2.18	2.30		

Paddle-Ability Sprint Time bands 500 metres:							
Band	Kayak Men	Kayak Men Junior	Kayak Women	Kayak Women Junior			
A+	2.15	2.45	2.40	3.00			
Α	2.30	3.05	3.00	3.20			
В	2.45	3.30	3.20	3.45			
С	3.05	4.00	3.45	4.20			
D	3.30	4.30	4.20	4.45			
E	4.00	5.00	4.45	5.15			
F	4.30	5.30	5.15	5.45			

PADDLESAFE – SAFEGUARDING AND PROTECTING CHILDREN

British Canoeing is committed to ensuring that everyone can enjoy Paddlesport in a safe environment in which they are protected from any form of poor practice or abuse. We continue to work towards and maintain the standards set for sport and to implement the requirements set within government guidelines and legislation.

Everyone in Paddlesport has a responsibility to help safeguard and protect those involved in the sport. Sometimes this can be a daunting prospect. To support those involved in our sport British Canoeing and the home nations have developed a range of policies, procedures and guidance. These can be found on www.britishcanoeing.org.uk and each home nation website. We ask that club Secretaries/Welfare Officers know where to find the information and make sure it is shared and discussed at club executive and general meetings.

The procedures stem from the following principles:

- The child's welfare is paramount.
- Anyone under the age of 18 is classed as a child.
- All children, regardless of age, any disability they have, gender, racial origin, religious belief and sexual identity have a right to be protected from abuse.
- Coaches, clubs and centres need to be provided with advice to raise awareness of best practice, guidance and support should they become involved in an abuse situation.

Safeguarding Support Officer - While the welfare of young people is the first consideration, British Canoeing recognise that coaches, volunteers and helpers may also require support if an allegation is made against them. In these cases individuals should contact the British Canoeing Safeguarding Support Officer whose role is to listen, support, help and provide advice (contact details below). They will not be involved in the case and will be completely independent of the investigation.

Event Management - Event organisers should take note that there is a requirement to provide a Welfare Officer at all events where children are participating. For further details refer to the guidance sheets on the website – Paddlesafe Events.

Good Practice Guidelines

By following these guidelines you will help to protect both the children/adult at risk in our sport and our coaches/helpers from wrongful allegations.

- Avoid situations where you are alone with one child/adult at risk. British Canoeing
 acknowledges that occasionally there may be no alternative, for example, where a child/
 adult at risk falls ill and has to be taken home. We would stress, however, that one to one
 contact must not be allowed to occur on a regular basis.
- If any form of physical support is required ask the paddler's permission, explain what you are
 doing and why to both the child/adult at risk and their parents/carers.
- Where possible ask parents/carers to be responsible for children/adults at risk in changing rooms. Always ensure that whoever supervises young people work in pairs.
- Where there are mixed teams/groups away from home, they should always be accompanied by an adult male and female coach/helper.
- Don't allow physically rough or sexually provocative games, or inappropriate talking or touching.
- If it's necessary to do things of a personal nature for children/adult at risk, make sure you
 have another adult accompanying you. Get the consent of the parent/carer and if possible
 the child/adult at risk. Let them know what you are doing and why.

PADDLESAFE – SAFEGUARDING AND PROTECTING CHILDREN

- Ensure that any claims of abuse by a child/adult at risk are taken seriously and that it is dealt
 with by people who know what to do.
- Ensure that the nature and intensity of training does not exceed the capacity of a child's/ adult at risk's ability and stage of development.
- Follow the British Canoeing guidelines for photography and video use (see Guidelines for use
 of Photographic and Filming Equipment)

Ensure your club adheres to British Canoeing best practice guidelines and requirements with particular reference to:

- British Canoeing Safeguarding Children Policy and Safeguarding Adult Policy.
- · British Canoeing Code of Ethics.
- Safe recruitment and vetting practices including appropriate Disclosure checks, where eligible, in accordance with home nation and government guidelines.
- · Safeguarding training.
- Club Welfare Officers attend specific training to support their role- Safeguarding and Protecting Children and Time to Listen workshop.
- Publicise your Club/Event Welfare Officer contact details.
- · Publicise the NSPCC Child Protection Helpline.

IMPORTANT CONTACTS

British Canoeing Safeguarding Lead

(For anyone wishing to report a Safeguarding incident or concern)

Urvasi Naidoo Tel: 0115 8968842* Email: safeguarding@britishcanoeing.org.uk

*(If calling out of office hours, leave a message and your call will be responded to as soon as possible the next working day.)

British Canoeing Safeguarding Support Officer

(For British Canoeing coaches, volunteers and staff who have received an allegation against them with respect to Safeguarding and require support.)

Keith Hampton: 07740 820113

British Canoeing Lead Safeguarding Officer (England)

(For enquiries and guidance about Safeguarding policies, documents and processes)

Urvasi Naidoo Tel: 0115 8968842 Email: safeguarding@britishcanoeing.org.uk

SCA Safeguarding Officer

Andy Murray Tel: 0131 625 4434 Email: andy.murray@canoescotland.org

Canoe Wales Safeguarding Officer

Jen Browning Phone: 07496 018281 Email: childprotection@canoewales.com

CANI Safeguarding Officer

Ashley Hunter on 07875092928 Email: safeguarding@cani.org.uk

24hour helplines:

CHILDLINE $0800\ 1111$

NSPCC CHILD PROTECTION 0808 800 5000

(please keep trying if you can't get through straight away)

If you or someone else needs immediate medical attention or you or someone else is at risk of immediate harm or danger, call emergency services for the police or ambulance (999 or 112) immediately.

BRITISH CANOEING EQUALITY STATEMENT

All competitions and representative selection will be held in accordance with the British Canoeing Equality Policy ensuring that everyone, including all protected characteristics under the Equality Act 2010, have a genuine and equal opportunity to participate in Paddlesport at all levels. Unlawful discrimination is unacceptable and will not be tolerated whether intentional or unintentional.

Transsexual participation is permitted in domestic competitions subject to the criteria detailed within the British Canoeing Transgender and Transsexual Policy. International competition and selection for transsexual people is subject to eligibility defined by the IOC and is detailed in the British Canoeing policy.

For any enquiries regarding equality at British Canoeing please contact equality@britishcanoeing.org.uk

Considering running a local sprint regatta in your area? Would a Mobile Timing system assist your event?

The Sprint Racing Committee has put together a Mobile Timing System package available for loan. The package, includes 'Starters' control box (starts the timing system), video camera to record the Finish of each race plus laptops to handle the data and a printer. Generator etc. to power the laptops and Timing system.

If you would like to more about the Mobile Timing system call or email SRC Secretary, Cathy Wynne on 07728848177 or email Canoesprint.Secretary@britishcanoeing.org.uk

SPRINT CHAIRMAN'S FOREWORD

This coming year there will be more changes in the 2019 summer season carrying on from last year's experience and the responses we have received from clubs. We changed the ACM format and timing, taking it away from the September Regatta and introduced keynote speakers to add to the interest and potential for the gathering. The annual trophies were also presented then. The intention was that this would give the recipients a greater sense of their achievement, at an occasion when we can also celebrate their success.

The 2019 ACM will carry on this format and the date and place will no doubt have been announced by the time this handbook reaches you.

The Marathon Committee has decided to split with tradition and create a separate handbook in e form only, whilst the SRC will continue with a printed and e form publication. We will be taking views as to what clubs and paddlers want for 2020.

Mentioning success, I should pay tribute to our 2018 medal winners. World Champions Lizzie Broughton and Charlotte Henshaw and our Paracanoe medal winners Emma Wiggs, David Phillipson, Jeanette Chippington and Jack Eyers

As I did last year, I would like to pay special tribute to the members of the SRC. They do much more than is visible from the bank.

I would also include in my thanks the members of Regatta Committee and all of the volunteers who make regattas around the country possible. It's not always easy being a volunteer.

However, the rewards of seeing athletes compete in well organised events and being part of the sport always more than compensates for the efforts of the work. Whilst saying thank you, again I would like to include all the club coaches and helpers who do so much to prepare the athletes for their competitions.

2019 is massively important for the Olympic aspirants as it is Olympic qualification year. I am sure we will give the potential paddlers, Paul Ratcliffe as Performance Director and all the coaches and staff our support at this time.

As I wrote in my ACM report for 2018 this will be the last time I will write this foreword, as I will be standing down in October 2019.

I look forward to a new season of of excellent regattas and hope to see you there.

Alan Laws Chairman

2019 SPRINT RACING COMMITTEE





Alan Laws	Chairman, English Council and Discipline Chairs Committee	
	Independent Panel Observer	LAW4
John Hoile	Vice Chairman and Regatta Chairman	HOI2
Michael Bannister	Treasurer	BAN1
Cathy Wynne	Secretary <u>canoesprint.secretary@Britishcanoeing.org.uk</u> SRC Safeguarding Representative (Bookings for SRC Mobile Timing system/K4 Boats)	WYN1
	(bookings for SNC Mobile Tilling System/N4 Boats)	VVIINI
Phil Caisley	IT Projects	CAI1
Margaret Chapman	SCA Race Coach Development and Scottish Affairs	CHA3
Louise Clive	Social Media and Sprint Racing Calendar	CLI2
Imogen Collins	BC Race Coach Development and SRC Liaison to the Technical Group	COL2
Paul Dimmock	Sprint Independent Panel Chairman	DIM1
Malcolm Johnson	(Co-opted) Media Development	JOH1
Roland Lawler	Standards of Racing & National Rankings	LAW2
Edward McKeever	SRC Liaison, GB Team Athlete Support & Support for Development of Sprint Venues	MCK2

For Terms of Reference for Sprint Racing Committee see pages A4-A8

Regatta Committee

John Hoile	Regatta Chairman Regatta.Chairman@Britishcanoeing.org.uk	HOI2
Phil Caisley	Regatta Vice Chair Regatta.ViceChair@Britiscanoeing.org.uk	CAI1
Louise Clive	Regatta Treasurer Regatta Treasurer@Britishcanoeing.org.uk	CLI2
Wendy Dodson	Regatta Secretary Regatta.Secretary@Britishcanoeing.org.uk	DOD2
Ann Hoile	Mini Sprint Liaison Regatta.VolunteerCoordinator@Britishcanoeing.org.uk	HOI1
Cathy Wynne	Chief Official & Competition Manager Regatta.ChiefOfficial@Britishcanoeing.org.uk	WYN1

2019 SPRINT RACING COMMITTEE





Who to contact for information or queries about National Regattas

Wendy Dodson	Sprint Enquires Regatta.Secretary@Britishcanoeing.org.uk				
Ann Hoile	•	n and Volunteer Coordinator a.VolunteerCoordinator@Britishcanoeing.org.uk	HOI1		
Kari Martin	Paddler Registrations Regatta.Registrations@Britishcanoeing.org.uk				
Louise Clive	Club Colours	Regatta.ClubColours@Britishcanoeing.org.uk	CLI2		
Phil Caisley	Regatta Team Leade	ers' Technical Support Regatta.ViceChair@Britiscanoeing.org.uk	CAI1		
Cathy Wynne	National Regattas	Regatta.ChiefOfficial@Britishcanoeing.org.uk	WYN1		

Sprint Competition Review Work Group

Kevin Hipkins	Co-Chair	Flatwater Racing Community Representative
Alison Nightingale	Co-Chair	Flatwater Racing Community Representative
Ivan Lawler		British Canoeing President
Hannah Brown		Flatwater Racing Community Representative
Mark Ressell		Flatwater Racing Community Representative
Imogen Collins		Sprint Racing Committee Representative
John Hoile		Regatta Committee Representative
Anna Gray		British Canoeing Sport Development Manager
Richard Ramsdale		British Canoeing Talent Pathway Manager

For Terms of Reference for Sprint Competition Review Group see pages A9-A10

To see information, communications and updates from the Review Work Group go to $\label{eq:communication}$

http://canoeracing.org.uk/sprint/sprint-competition-review-workgroup/

To contact the Review Working Group please email to sprint.competitionreview@britishcanoeing.org.uk

1.

The Committee shall be called the British Canoeing Sprint Racing Committee (SRC).

2. Accountability

2.1 The SRC is accountable to the Board of British Canoeing. The Board will approve the Terms of Reference of the SRC. The SRC will be accountable to the Board of British Canoeing for carrying out the responsibilities which are delegated within these Terms of Reference. This accountability will be managed in the following ways:

The Board will annually:

- 2.1.1 Approve the Terms of Reference for the SRC.
- 2.1.2 Approve the rolling 4 year plan of the SRC.
- 2.1.3 Approve the Annual Plan of the SRC.
- 2.1.4 Approve the Annual Budget for the SRC.
- 2.1.5 Consider grant support to the SRC.
- 2.1.6 Receive and consider the minutes of the SRC meetings and its sub-committees.
- 217 Receive and publish the Annual Report from the SRC as part of its British Canoeing Annual Report.

3. Purpose

- 3.1 The Purpose of the SRC is to interest itself in all matters relating to the management and development of sprint racing in the UK with particular focus on:
- 3.1.1 Increasing participation through the provision of competition.
- 312 Administration of rules and regulations.
- 3 1 3 Development of athletes, clubs, coaches and officials.
- 3.2 The SRC has UK wide responsibility for those areas outlined within its Purpose and Responsibilities and will work closely with the national associations in Scotland, Wales and Northern Ireland and the regions in England, as agreed between the Parties.

4. Responsibilities

- 41 The following responsibilities are reserved by British Canoeing and may involve the SRC but are not the direct responsibility of the SRC:
- 4.1.1 Administer the World Class Programmes funded by UK Sport.
- 4.1.2 Preparation of selection polices.
- 4.1.3 Manage the selection and participation by elite athletes at international competitions.
- 414 Establish and be responsible for the maintenance of anti-doping policy and rules.
- 4.1.5 Approval of changes to these Terms of Reference.
- 4.2 The following are responsibilities which will usually be carried out by the National Associations' Sprint Racing Committees. Each National Association, Sprint Racing Committee is subject to their own. separate, regulations and objectives which may include the following:
- 4.2.1 Manage the rules and regulations for competitions within their National Association.
- 4.2.2 Organise and maintain control of their National Association Championships.
- 4.2.3 Develop and support coaching development within its regions and clubs.
- 424 Administer the finances of their National Association SRC.
- 4.2.5 Nominate representatives to the SRC.
- 43 The Primary Responsibilities of the SRC shall be to:
- 4.3.1 Organise and manage UK National Championships and other competitions on behalf of British Canoeing.
- 4.3.2 Agree and publish *1 competition rules and regulations and make recommendations for the organisation and management of national and all other sprint regattas.
- 4.3.3 Follow the current International Panel [IP] Terms of Reference as laid down by the BC Board of
- 4.3.4 Contribute as a formal consultee to the Sprint Racing selection polices
- 4.3.5 Manage disputes, protests and appeals with regard to the *2sprint racing rules and *1competition
- 436 Maintain *3 disciplinary rules and other regulations.
- 4.3.7 Support non-Olympic and non-UK sport funded events/athletes.

- 4.3.8 Train and develop competition officials.
- 4.3.9 Nominate competition officials to become involved as international technical officials within ECA and ICF.
- 4.3.10 Nominate representatives to become involved in the committees of the ECA and ICF.
- 4.3.11 Support the Racing Technical Group in the development of programmes which improve coaching standards in Sprint Racing within the English regions and clubs.
- 4.3.12 Encourage the development of suitable new and existing sprint competition sites in conjunction with British Canoeing facilities development.
- 4.3.13 Support the development of competition programmes which increase participation in Sprint Racing at all levels.
- 4.3.14 Work with British Canoeing Safety Advisory Group to ensure the provision of a safety framework for the delivery of events.

5. Appointment of the Committee

- 5.1 The SRC shall comprise of up to 12 elected persons, each being a Full Individual Member (Voting Member) of British Canoeing or a National Association. This total will include the Chair, Secretary and Treasurer and other elected members but does not include the National Association delegates or any co-opted members.
- 5.2 The following offices and other SRC members shall be elected at Annual Consultative Meetings (ACM)
 - Chai
 - Secretary
 - Treasurer
 - 9 other SRC members of the committee
- 5.3 In the event of no nominations being received for an office post the SRC may appoint from within the committee members or co-opt a Full Individual Member (Voting Member) of British Canoeing or a National Association to fulfil the vacant role.
- 5.4 The National Association delegates (1 from each of Scotland, Wales and Northern Ireland) will also be voting members of the SRC.
- 5.5 In addition to the office roles of Chair, Secretary and Treasurer, the Committee shall appoint from within their membership (including any co-opted members):
 - Regatta Committee Chair
 - Safeguarding/Welfare Representative
 - And such other posts the Committee considers necessary for its administration
- 5.6 Members of the Committee are elected for a term of three years and shall be eligible to stand for reelection. One third of the elected members retire at each Annual Consultative Meeting.
- 5.7 The terms of each member shall be coordinated so that usually 4 members of the committee retire each year. Should a member resign before the end of their term, the person elected to replace them will be appointed only for the remainder of that term. SRC may co-opt someone to fill a mid-year vacancy until the next ACM. The Chair, Secretary and Treasurer shall retire in consecutive years.
- 5.8 A further 3 members may be co-opted by the SRC, each being a Full Individual Member (Voting Member) of British Canoeing or a National Association, to serve on the Committee for one year. These members shall be eligible to be co-opted for further terms. Co-opted members shall have the same voting rights as other Committee members.
- 5.9 Persons who are employees of British Canoeing or National Associations may serve as elected or coopted members of the Committee if appointed by SRC to do so and with the consent of the CEO.
- 5.10 The role descriptors for each member of the committee will be developed and approved by the SRC annually.
- 5.11 The SRC may nominate the Chair or their representative to sit on other Committees of British Canoeing.

6. Managing the meetings of the SRC

- 6.1 The SRC shall meet at least twice in each calendar year.
- 6.2 At least 14 days' notice of the date of meetings shall be given to all members of the Committee. Copies of the agenda and available papers to be sent to members of the committee at least 7 days in advance. Additional papers will be circulated to SRC members as soon as practical.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee. Draft minutes, which have previously been circulated to the Committee for comment, to be published on the SRC and British Canoeing website within 2 months of the date of the meeting. Final minutes will be posted to replace the draft minutes once these have been approved by the Committee. Copies of the minutes shall also be sent to the Executive Assistant to the CEO of British Canoeing for circulation to the Board.
- 6.4 The quorum at SRC meetings shall be a majority of the number of voting members who are elected or co-opted to the Committee.
- 6.5 Decisions shall usually be reached through consensus, but when voting takes place, this shall be by show of hands only and each elected or co-opted member and National Association delegate shall have one vote. Only those attending the meetings shall have the right to vote.
- 6.6 For urgent business or on other occasions as required between meetings, the committee may conduct business and take votes electronically by means such as email or conference call.
- 6.7 The SRC may create sub-committees of the SRC, either as a standing committee or for a specific period and with a specific brief.
- 6.8 The SRC shall usually appoint one of its number to chair the sub-committee and all members of the sub-committee shall be Full Individual Members (Voting Members) of British Canoeing or a National Association.
- 6.9 Each sub-committee shall be fully accountable to SRC and shall have in place Terms of Reference which are approved by the SRC.

Managing the Finances of the SRC

- 7.1 The finances of the SRC will be managed in accordance with the Guidelines provided by British Canoeing and agreed with the SRC.
- 7.2 The Treasurer shall manage the income and expenditure and accounts of the SRC and work closely with the Finance Manager within British Canoeing to provide financial reports to the Board.
- 7.3 The SRC shall present an Annual Budget for approval by the Board. This will include the budget of the Regatta Committee and any other sub committees of the SRC.
- 7.4 The Year End accounts of the SRC, its sub committees, including the Regatta Committee shall be submitted annually to the Finance Manager within British Canoeing made up to 31st October. The accounts will be audited as part of the British Canoeing audit process.
- 7.5 The SRC may provide funding to support the work of its sub-committees. The SRC will be responsible for the income and expenditure of the sub committees and report this in full to the Board.
- 7.6 The SRC may pay the approved costs of members attending SRC and sub-committee meetings.

8. Annual Consultative Meetings (ACM)

- 8.1 The SRC will be responsible for organising the SRC Annual Consultative Meeting (ACM) with UK sprint clubs, for the purpose of electing members to the SRC, reporting progress and discussing major changes proposed for the future.
- 8.2 The SRC ACM shall usually be held between September and December each year. The date of the ACM will usually be published approximately 3 months in advance.

- 8.3 The business of the ACM Meeting shall be to:
 - Receive the report of the Chair.
 - Receive a summary statement of accounts.
 - Receive the report and accounts of the regatta sub-committee.
 - Elect persons nominated to serve on the SRC.
 - Discuss and consider any major developments being considered by the SRC.
 - Consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the SRC.
 - Only at the discretion of the Chair, may additional items, not in the notice of the meeting, be discussed, or referred for further consideration by the SRC.
- 8.4 Nominations of candidates for election to the SRC at the Annual Consultative Meeting must be submitted to the Secretary of the SRC in writing supported by the signatures of two Full Individual Members (Voting Members) of British Canoeing or a National Association and must reach the Secretary at least 42 days prior to the ACM.
- 8.5 Any item for the agenda at the Annual Consultative Meeting must be submitted to the Secretary of the SRC in writing supported by the signatures of two Full Individual Members (Voting Members) of British Canoeing or a National Association and must reach the Secretary at least 42 days prior to the ACM.
- 8.6 Notice of the meeting shall be communicated to each 'Voting Club'.at least 21 days prior to the Meeting.
- 8.7 A 'Voting Club is an affiliated UK club who has registered its interest in sprint racing with the Committee by competing at a British Canoeing or a National Association's national regatta in the period since the last Annual Consultative Meeting.
- 8.8 The notice of the ACM shall include the following: The Agenda of the meeting, details of the date, time and place of Consultative Meeting, details of those standing for election, information about proxy voting, details of any matters raised by members.
- 8.9 The quorum of the ACM shall be a minimum of 8 Voting Clubs present. No business shall be transacted at the ACM unless this quorum of members is present. If the quorum is not met the ACM may be re arranged.
- 8.10 The Chair of the Committee shall preside at the ACM. If the Chair is known to be unable to attend or remains absent 30 minutes after the scheduled start time of the meeting, the Voting Clubs present may choose another Committee member of the SRC to take the chair.
- 8.11 Each 'Voting Club' is entitled to vote either through a club representative present at the ACM or via a Proxy.
- 8.12 A Voting Club representative must be a Full Individual Member (Voting Member) of British Canoeing or a National Association.
- 8.13 The proxy arrangements will be circulated in advance with the Notice of the Meeting and the details shall be determined by the SRC. Proxy votes can be given to the Chair of the Meeting or to another Voting Club. A maximum of 2 proxy votes may be held by any one club.
- 8.14 All Proxy votes must be registered in advance with the Secretary of the SRC and received at least 72 hours before the time of the ACM.
- 8.15 Voting shall be by a show of hands and proxy cards, unless two or more Voting Club representatives present at the meeting or the Chair, request a poll.

- 8.16 A Special Consultative Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 Voting Clubs. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the Voting Clubs, by the Voting Clubs' representatives who are Full Individual Members (Voting Member) of British Canoeing or a National Association.
- 8.17 The Committee shall convene a Special Consultative Meeting within 60 days of receipt of such notice.
- 8.18 A Special Consultative Meeting will be conducted in line with the proceedings of an ACM as outlined within these Terms of Reference.

9. Trophies

- 9.1 The Committee shall keep records and ensure the security of the trophies which are the property of the SRC and which are awarded each year.
- 9.2 The Committee shall also determine and publish which trophies are to be presented for each competition each year

Appendix:

- *1 National Sprint Regatta, Terms/Conditions of Participation, various other rules and regulations. (Section B: Canoe Sprint Handbook)
- *2 British Canoeing Sprint Racing Competition Rules (Section A pages 11-28: Canoe Sprint Handbook)
- *3 British Canoeing Sprint Section Discipline Regulations
 (Link in Section A page 28: Canoe Sprint Handbook)

SPRINT COMPETITION REVIEW TERMS OF REFERENCE

Working Group - Terms of Reference

1. Purpose

To develop a financially sustainable sprint competition structure that meets the needs of paddlers, clubs, coaches, performance and talent development for implementation from 2020.

2. Responsibilities

To address key priorities and actions within the SRC development plan around local, regional and national regattas, namely:

- Introduction of more local and regional sprint regattas
- Replacement and provision of canoe sprint IT systems (already underway but the competition review should ensure this is incorporated)
- Recruitment, training and support for volunteers (regatta officials)

This should include:

- Reviewing what works well within the current competition structure
- Looking at the challenges and threats around the current competition structure
- Developing options for a competition structure that meets the needs of the key groups (paddlers, clubs, coaches, performance and talent) and is financially viable
- Developing a timescale for implementing any changes
- Consulting with clubs, coaches and paddlers on the current model and potential future models
- Consulting with:
 - British Canoeing performance, talent and development teams
 - Athlete Reps
 - Racing technical group
 - Disability working group
 - BUCS event management group

Accountability

The Sprint Competition working group will report their findings and recommendations to Sprint Racing Committee, the British Canoeing CEO and Performance Director.

Implementation of the findings and recommendations will be the joint responsibility of the Sprint Racing committee, Regatta subcommittee and British Canoeing staff team.

4. Membership and composition

Chair (1)

Sprint Racing committee/ Regatta sub committee (2)

SPRINT COMPETITION REVIEW TERMS OF REFERENCE

British Canoeing performance and talent team (1) Members from the flatwater racing community (3)

Administration: British Canoeing Sports Development Manager Reporting: at least quarterly progress updates to the Sprint Racing committee, British Canoeing CEO and Performance Director.

Chair

Key skills for the Chair include:

- Managing meetings
- Bringing consensus to discussions
- Ensuring the responsibilities of the group are met
- Setting and timeline and working to it
- Ensuring open and transparent consultation processes

Members from the flatwater racing community

A range of skills and experience is required. They should have skills and experience in one or more of the following areas:

- Club development
- Coach development
- Regatta management
- Junior development
- Talent pathway
- Paddler pathway
- Paddle-Ability/ Paracanoe

-End-

02/07/2018

Issue date: 1 January 2019

Introduction

The purpose of this document is to provide the Rules that govern:

- Sprint Racing (named Canoe Sprint by the International Canoe Federation)
- The conduct of that Racing

It follows as closely as possible the wording and sequence of the International Canoe Federation Canoe Sprint Competition Rules taking effect from 1st January 2017. However, it also contains some additional regulations or changes to those rules as determined from time to time by British Canoeing Sprint Racing Committee.

The following words, acronyms and abbreviations are referred to in this document:

BC British Canoeing (the Governing Body for Canoeing in Great Britain)

BOA British Olympic Association (the National Olympic Committee for Great Britain)

ICF International Canoe Federation

IOC International Olympic Committee

NOC National Olympic Committee

SRS Sprint Racing Section of BC (responsible to BC for the control of Sprint Racing competitions in canoes and kayaks over distances up to and including 5000 metres)

SRC Sprint Racing Committee (elected by the Sprint Racing Section to carry out the objectives of the Section on a day-to-day basis).

Regatta Committee (a sub-committee of the SRC responsible for organising and conducting National championships and other competitions on behalf of BC)

Aims and Definition of Sprint Racing

The aim of a canoe sprint competition is for people to race each other in kayaks and canoes over a clearly defined unobstructed course in the shortest possible time according to the rules. The course should be as flat and still as can be obtained. Although the course length may be any distance up to and including 5,000 metres and competition organised for any craft, the official events and distances recognised by BC and ICF are the following:

For men and women:

K1, K2, K4, C1, C2, C4, 200, 500 and 1000 metres K1, K2, K4, C1, C2, 5000 metres or 2500 for some Junior events

200 metres Kayak KL1, KL2, KL3 Paracanoe, men and women

Va'a VL1, VL2, VL3 200 metres

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Part I - GENERAL REGULATIONS

There are three levels of competition: - International, National Status and Club/Regional.

1. INTERNATIONAL COMPETITIONS

- 1.1 The ICF has ruled that all International Competitions must take place in accordance with the ICF Canoe Sprint Competition Rules. All competitions organised by either BC or a BC Club re considered international if competitors of a foreign country are invited to participate.
- 1.2 These competitions must be supervised or managed by at least one accredited official in possession of a valid ICF Canoe Sprint Official card.
- 1.3 Foreign Nationals (Complies with ICF GR 3).
- 1.3.1 No member of a foreign Federation or club may compete or be invited to compete in an open or national competition within the United Kingdom without permission from the RC.
- 1.3.2 Only the members of clubs or associations affiliated with an ICF Member Federation have the right to participate in an international competition.
- 1.3.3 A competitor is always allowed to take part individually in an international competition but must in each case obtain special permission from his/her national federation.
- 1.3.4 A competitor may take part on behalf of BC provided they are domiciled in the UK, if he/she obtains the authorisation of his/her Federation of origin. This authorisation has to be sent before 30th November prior to the year concerned to the ICF Headquarters with a copy to the Chairman of the ICF Canoe Sprint Committee.
- 1.3.5 If he/she has lived for 2 (two) years or more in the UK, the approval of his/her Federation of origin is no longer required.
- 1.3.6 A competitor may not compete for more than one Federation in any calendar year in the sport of canoeing.

2 NATIONAL STATUS COMPETITION

- 2.1 All competitions announced as National Status competitions shall be held in accordance with BC Sprint Racing Competition Rules.
- 2.2 National Status Competitions are those at which promotions within the National Divisions take place.
- 2.3 National Status Competitions are organised on behalf of BC.
- 2.4 All competitors at National Status Competitions must be registered with the RC and must be BC members or, if racing in a Junior "D" class, U12's Sprint Kayak or Mini Sprint, a member of a club which has a registered youth section and is affiliated to the BC.
- 2.5 Organisers of National Status Competitions shall declare the competition is being held under BC rules.
- 2.6 National Status Competitions require permission from the SRC. Applications shall be directed to the Secretary of the SRC. Such permission would require:
- 2.6.1 Observance of BC Sprint Racing Competition Rules.
- 2.6.2 Inclusion the words "Under BC Rules" on all printed matter issued in connection with the competition.
- 2.6.3 Compliance with Part III Rule 13.5 regarding Regatta Officials.
- 2.7 National Status Competitions will be included in the official BC Calendar of events.
- 2.8 Within 14 days of the close of a competition a completed regatta programme with the official results, shall be sent by the Organisers to the Secretary of the SRC.

3 CLUB AND REGIONAL REGATTAS

- 3.1 BC members are allowed to participate with non BC members.
- 3.2 No promotions will be made at Club or Regional Regattas. Performance will not affect National Ranking.
- 3.3 The Rules and Classes may be altered to suit the event requirements.
- 3.4 Organisers of Club & Regional Regattas can include their event in the Handbook Competition Calendar (at no charge) and may place an advert in the Handbook for the event on payment of the appropriate fee.
- 3.5 Club & Regional status competition can be included in the official BC Calendar of events.
- 3.6 Organisers are asked to encourage all who take part to become BC members. Where fees are charged, BC members should be charged a reduced fee.
- 3.7 To ensure uniformity, organisers are asked to follow BC Sprint Racing Competition Rules as far as possible. Organisers are asked to make it clear in all literature what the event rules will be.
- 3.8 Within 14 day of the close of a competition a completed regatta programme with the official results shall be sent to the Secretary of the SRC canoesprint.secretary@britishcanoeing.org.uk
- 3.9 British Canoeing's information paper 'Running a local Sprint Regatta' is available from the SRC website on this link: http://canoeracing.org.uk/sprint/wp-content/uploads/2018/10/2018-Running-a-Sprint-Regatta-Final-Edit.pdf

4 COMPETITIONS OUTSIDE OF THE UNITED KINGDOM

4.1 No Club or member of a Club or individual member of BC may compete outside the United Kingdom without permission from the SRC. See Rule 1.3

5 MEMBERSHIP OF MORE THAN ONE CLUB OR CHANGE OF CLUB

- 5.1 When a competitor is a member of two or more clubs he/she shall, by **March 1st** have declared the name of the club in whose colours he/she will race that year in individual events.
- 5.2 A competitor joining a second club after March 1st must continue to race for his/her first club. unless prior consent of his/her old club has been obtained. The consent shall not be withheld in the case of a change of residence from one area to another.

6 ATHLETE ELIGIBILITY AND SPONSORSHIPS

- 6.1 The rules of the International Canoe Federation or the National Olympic Committee shall apply to all matters relating to Amateur Status. At present there are no regulations specific to Amateur Status other than as broadly listed in 6.3.
- 6.2 Foreign Teams, may receive compensation/assistance authorised by BC to cover financial expanse to participate in an UK competition. Under no circumstances shall any payment exceed the sum of actual expenditure.

6.3 A Competitor May Not:

- 6.3.1 In the practice of sport and in the opinion of BC manifestly contravene the spirit of fair play in the exercise of sport, particularly by the use of doping or violence.
- 6.3.2 Have allowed his/her person, name, picture or sport performance to be used for advertising, except when BC or its Committees enter into a contract for sponsorship or equipment. All payments must be made to BC and not to the individual.
- 6.3.3 Participate in any competition on condition of a financial consideration.
- 6.4 **A Competitor May Accept**, during a period of preparation and/or actual competition which shall be limited by the rules of BC and its Committees:
- 6.4.1 Assistance administered through the BOA or BC Performance Programmes: living expenses, insurance cover in respect of accidents, illness and disability; personal property, sports equipment and clothing; cost of medical treatment, physiotherapy and authorised coaches.
- 6.4.2 Compensation authorised by his/her NOC or BC Performance Programmes, in the case of necessity, to cover financial loss resulting from his/her absence from work or basic occupation in the Olympic Games and sports competition or other canoeing activities. In no circumstances shall payment made under this provision exceed the sum which the competitor would have earned in the same period. The compensation may be paid with the approval of BC or BOA at their discretion.
- 6.4.3 Prizes won in competition or other canoeing activities, within the rules established by BC and its Committees and the ICF.
- 6.5 In all cases which are not covered by the above regulations (6.2 and 6.3), the corresponding rules of the ICF or the BOA shall apply.
- 6.6 Procedures to be undertaken by those seeking, obtaining and disbursing sponsorships, sports scholarships and awards.
- 6.6.1 Details of all personal sponsorship arrangements, sports sponsorships and other awards, offered to or negotiated by individuals or organisations, must be submitted by beneficiaries to the BC Committee responsible for administering the particular activity, for registration and approval. When doubt exists regarding the appropriate Committee to whom information should be furnished, BC Headquarters will arrange for the necessary action to be undertaken.
- 6.6.2 A central registry of all personal sponsorship arrangements will be maintained by BC Headquarters, and will be available for inspection by authorised officers of BC.
- 6.6.3 The term "personal sponsorship arrangements negotiated by beneficiaries" shall include:
- 6.6.3.1 Payments made to athletes selected through the UK Sport Performance Matrix and administrated by BC Performance Director.
- 6.6.3.2 Sponsorship provided by individuals (not family), commercial, industrial, and public authorities, National and Regional Sports Aid Foundations, Local Authorities, Trust Funds, Educational Institutions and agencies, Clubs and other miscellaneous supportive groups.

7 CLASSIFICATION OF PADDLERS

- 7.1 Junior: A Junior is a competitor under 18 years of age at the beginning of the current calendar year. A Junior will have junior ability racing status unless promoted to senior ability racing status. Each Junior ability status competitor will be nominated to compete in one of the Junior ability classes as laid down from time to time by the SRC. Juniors who have Senior ability status may race in their appropriate Junior age group in age group designated events, (for selections or National Championship).
- 7.2 Senior: A Senior is a competitor who is over 18 years of age at the beginning of the calendar year, will have Senior racing status. Each Senior status competitor will be nominated to compete in one of the Senior ability classes as laid down from time to time by the SRC.
- 7.3 **Master (Veteran):** The first year a paddler can compete in a Master event is the year that his/her thirty-fifth (35th) birthday falls in, provided he or she is not already nominated to compete in Men's A or Women's A who, irrespective of their age cannot compete in Master events.
- 7.4 Promotions: Entry into and promotion between classes will be at the discretion of the SRC which will be based on results gained in competition at National regattas and venues nominated by the SRC. A competitor may, on application by his Team Leader and with the SRC's agreement, revert to a lower class.
- 7.5 Mixed Events: Mixed events where male and female competitors take part in the same boat are permitted.
- 7.6 Status: Status in Kayaks has no bearing on status in Canoes and the converse. Similarly, the status in the Paddle-Ability class and/or the Paracanoe classes has no bearing on the status in the ability Kayak and/or Canoe classes, e.g. a Senior A class competitor in Canoe may be in a different Senior class in Kayak.

8 NATIONAL CHAMPIONSHIP TITLE AND TROPHIES

- 8.1 In order to be eligible to win a National Championship title a Competitor must: Be a British Citizen and be a current member of British Canoeing including, (SCA, CW & CANI - Juniors registered with family membership, do not need full induvial British Canoeing membership) and not currently representing or in the selection process to represent another country; or
- 8.1.1 Have been resident in the United Kingdom and a member of British Canoeing, (including, SCA, CW & CANI Juniors registered with family membership, do not need full induvial British Canoeing membership) for at least 2 (two) years. For clarification, the residency shall be calculated as being the 2 years immediately preceding January 1st in the year of the relevant competition
- 8.2 In entering a National Championship, competitors agree to abide by this Eligibility Policy and comply with the requirements and procedures of the National Championships organisers.
- 8.3 If a Competitor is not a British Citizen and has not been Resident in the United Kingdom and a member of British Canoeing, (including, SCA, CW & CANI) for the necessary 2 (two) years (in accordance with 8 1.1. above) and there are exceptional circumstances then they may apply to the Head of Governance and Compliance requesting discretion to be exercised. Any applications should be submitted at least four weeks prior to any National Championships event in which they wish to compete.
- 8.4 Decisions are final and in the absolute discretion of the British Canoeing Chief Executive who shall consider each case on its own merits and decisions do not create a precedent for any future cases.

N.B. see also Part V - Special Rules for National Championship Events

Part II - CLASSES AND BUILDING REGULATIONS

9 WEIGHT AND DIMENSION LIMITS

9.1 An athlete who competes in a boat that does not conform to the weight and dimension limits as listed in the Table below will be subject to a penalty as described at Part IV Regulation 31

noted in the rable below, will be subject to a penalty as described at rail in regulation or.										
	Paracanoe		K1	K2	K4	C1	C2	C4		
	Kayak	Va'a								
Max length	520	730	520	650	1100	520	650	900		
Min weight	12	13**	12	18	30	14	20	30		
Min width	50*									

Measurements in cm, weights in kg.

- * Measured 10cm from bottom of hull.
- ** Including hull, alma & iatco (spreaders).

Note: The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement.

The weight of a boat shall not include any loose fittings, any fixed absorbent material must be dry.

10 ATHLETE IDENTIFICATION AND TRADEMARKS

- 10.1 Boats, accessories and clothing may carry trademarks, advertising symbols and written text.
- 10.1.1 There are reserved places on equipment (eg. boat and paddles), with size limitations for trademarks and advertising. These areas are dedicated for the identification of Athletes/NF, Manufacturer, Organiser, BC and ICF (including sponsors). Any advertising material shall be placed in such a way that it does not interfere with competitor identification and does not affect the outcome of the race.
- 10.1.2 If an athlete's name is displayed, it shall be placed on each side of the boat under the cockpit.
- 10.1.3 Athletes should wear clothing in compliance with the club colours registered with the SRC, or those of the national federation they represent if competing as an invited international athlete.
- 10.1.4 The advertising of tobacco and alcoholic products is not permitted.
- 10.1.5 Political messages and images, symbols and slogans unrelated to sport funding are not permitted.
- 10.1.6 Any boat, accessory, or article of clothing, which does not comply with the above conditions, will be ineligible for use during a competition.

11 CONSTRUCTION

- 11.1 The boat must be constructed so that it remains buoyant and floats in a horizontal position when filled with water while supporting the crew. Boats inherent buoyancy must be supplemented by additional and visible fixed flotation material or by the provision of sealed bulk heads.
- 11.2 No part of an athlete's body should be attached to the boat in anyway.
- 11.3 Section and longitudinal lines of the hull of the kayak and canoe shall not be concave.
- 11.4 The deck shall not be higher on any horizontal point than the highest point of the front edge of the first cockpit.
- 11.5 No foreign substance which gives a competitor an unfair advantage should be applied to a boat.
- 11.6 No part of the boat (including the seat and the footrest) shall have moving parts which can be used to help propel the boat in a way which would give competitors an unfair advantage.
- 11.7 A boat or competitor may be equipped with a device which provides real time feedback on performance for use by television or event presentation. Devices may be used by the competitor for analysis following a race but in no circumstances, may the device be used to provide real time feedback to a competitor during a race.

Kayaks

- 11.8 Kayaks shall have one rudder. Over-stern rudders may not be thicker than 10mm for K1 and K2. or 12mm for a K4.
- 11.8.1 The boat shall be designed as a sit-in (Kayak type) not a sit-on (Surf Ski type).
- 11.8.2 Weed deflectors fitted forward of the rudder are permitted.

Canoes

- 11.9. Canoes must be symmetrical along their longitudinal axes.
- 11.9.1 Rudders or any guiding apparatus directing the course of the canoe are not permitted.
- 11.9.2 C1 and C2 boats may be entirely open. The minimum length of the opening shall be 280cm and the edge of the side of the craft (gunwale) can extend maximum 5cm into the craft along the whole opening. The boat can have a maximum of 3 strengthening bars with a width of maximum 7cm each.
- 11.9.3 C4 canoes may be entirely open. The minimum length of the opening shall be 390cm and the edge of the side of the craft (gunwale) can extend maximum 6cm into the craft along the opening. The boat can have maximum 4 strengthening bars with a width of maximum 7cm each.

Innovations

11.10 Significant innovations in equipment including, but not limited to, boats, related equipment and clothing, must meet the requirements and conditions concerning innovation contained in the ICF Canoe Sprint Racing Rules

12 Boat Control

- 12.1 The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement
- 12.2 No alterations in canoes and kayaks are permitted after the measuring and weighing and before the competition has taken place.

Before Weighing the Boat:

12.3 All loose fittings shall be removed. Permanent knee rests attached in a definitive way to the floorboard and buoyancy attachments consisting of water absorbing material must be absolutely dry or removed.

Part III - ORGANISATION OF COMPETITIONS

13 Officials

Duties of the Organising Committee

- 13.1 An Organising Committee is responsible for the preparation and running of the competition.

 The Organising Committee shall, in particular:
 - 1) Fix the date and the programme of the regatta in agreement with the SRC.
 - 2) Draw up and distribute the advance programme including the date and time of the team leaders' meeting.
 - 3) Make available a stretch of water and technical equipment conforming to the present Sprint Racing Competition Rules.

13.2 Competition Committee

The competition is to be managed by a Competition Committee consisting of:

- 1) Chief Official
- 2) Chief Judge
- 3) Deputy Chief Judge

For National status competitions two members of the competition committee must be registered Regatta Officials of BC Sprint Racing Section.

For an international regatta, two members of the Competition Committee must be in possession of a valid International Canoe Sprint Official card.

13.3 Duties of the Competition Committee:

- a) Organise and supervise the competition.
- b) In the event of inclement weather or other unforeseen circumstances which makes it impossible to carry out the competition, postpone the competition and decide on another time when it may be held.
- c) Hear any protests that may be made and settle any disputes that may arise.
- d) Apply disciplinary procedures in cases where the regulations are broken during a race.
- e) Should a competitor be injured during a heat, the Committee may allow him to participate in another heat.
- f) The decision of the Committee shall be based on BC Sprint Racing Competition Rules.
- g) Penalties in accordance with BC Rules or the SRC Disciplinary Regulations may also be imposed i.e. disqualification for a longer period than the duration of the competition in question.
- h) Before any decision is made regarding any infraction of the rules, hear the opinion of the Umpire who controlled the race in which the infraction was said to have occurred. The Committee is to seek the opinion of other officials supervising the race, if it is felt to be of importance in clearing up the alleged offence.
- 13.4 If its nature and extent demand, each competition shall be held under the supervision of the following officials:

Chief Official Aligner(s)
Chief Judge Starter(s)

Deputy Chief Judge Course Úmpire(s)
Competition Manager Turning Point Umpire(s)
Boat Controllers Finish Line Judge(s)
Announcer Media Officer

If circumstances permit, one person may function in two of the above positions.

- 13.5 The Chief Official, Chief Judge, Deputy Chief Judge, Competition Manager, Starter, Umpires, should, if possible, be registered BC Regatta Officials.
- 13.6 Unauthorised persons must not enter any official's area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.

13.7 The National Champion Competition Jury:

- a) Final authority for National Championship Competitions shall rest with a Jury composed of a Chairman and four members.
- b) The members of the Jury shall be appointed by a quorum of the SRC prior to the commencement of the competition. (In the event of a quorum not being present, the Chairman, Vice Chairman, or another official of the SRC and two Committee members may appoint the Jury).
- c) The Chairman of the Jury will be the Chairman or Vice-Chairman of the SRC or an elected SRC member
- d) Subordinate to this Jury are the Chief Official and other officials shown in Rule 13.2.
- e) A protest made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
- f) An appeal against a decision of the Competition Committee must be addressed to the Chairman of the Jury and handed in not later than 20 minutes after the Team Leader has been informed, in writing by the Chairman of the Competition Committee, of the decision against the competitor or crew and has signed the receipt.
- g) The decision of the Jury is final.

- 13.8 Duties of Officials
- 13.8.1 The Chief Official, who is also the Chairman of the Competition Committee, decides all matters arising during the actual competition, which is not dealt with in these rules. With the confirmation of the Competition Committee, he/she may disqualify any competitor who behaves improperly or who, by his conduct or speech, shows contempt towards the competition officials, other competitors or onlookers (see Rule 31.6). All officials are responsible to the Chief Official.
- 13.8.2 The Chief Judge cooperates with the Chief Official and he/she substitutes for the Chief Official in case of necessity.
- 13.8.3 <u>The Deputy Chief Judge</u> will closely cooperate with the Chief Official and the Competition Manager and will handle the administrative tasks of the competition.

He will collect the notes from the Team Leaders of the participating teams/clubs on the changes before the beginning of the Team Leaders' meeting and put them in order according to the races. At the meeting, he/she will record all changes announced by the Chief Official in his own programme.

If necessary, he/she will check the personal identification documents of the competitors and their age.

He will collect the forms necessary for the administration and any other means necessary for the secretariat.

In case of computer data processing, he/she will keep in contact with the responsible IT person. During the competition he/she will check the results race by race and will prepare the list of the boats qualified in the next round.

He will formulate the decisions of the Competition Committee passed on the subject-matter of any protest and will arrange to have it recorded. He/she is responsible for the accuracy of these records. To perform the written tasks the Deputy Chief Judge can employ a Competition Secretary, assistants and office staff as necessary.

- 13.8.4 The Competition Manager will keep in constant contact with the organisers to solve any problems that may arise during the competition. He/she supervises the races and is responsible for ensuring that the programme is followed without unnecessary delay. He/she shall inform the officials concerned punctually before a new race starts. He/she has to deal also with the good function of the competition administration of the races, (programme, drawings, results, technical documents, boat control, press, protests, etc.) He/she shall make certain that the announcer gives all the necessary information about the races such as the start order, the name of any competitor failing to start and the results.
- 13.8.5 The Boat Controller/s will only allow athletes to compete at the race, whose identification has been checked and whose boat, equipment, clothing, starting number and body number conform to the rules. The Official in charge must inform the Competition Committee in the case of missing boats. The competitors having passed the control are entered in a written report. (International competitions).
 - a) They will also check for any performance enhancing foreign substance on the boat any forbidden devices mention in rule 11. Should any of the boats not fulfil the requirements concerning classification (rules 9 to 12), they shall be excluded from the competition. The organisers will provide for this purpose certified weighing and measuring devices
 - b) Standard checking procedures will be applied. Boats are to be selected at random from the participants in the races for boat control after the finish.
- 13.8.6 The Starter decides all questions concerning the start of the races, and is solely responsible for decisions as to false starts. His/her decision is final. He/she shall see that the starting equipment is in good working order. He/she shall communicate with the Competition Committee and after having received a signal from them that all is ready, he/she shall order the competitors to their places and carry out the start according to the Racing Rules. It is the responsibility of the Starter to be satisfied that the circumstances at the start are free from any hindrance.
- 13.8.7 The Aligner the duty of the aligner is to bring the boats to the starting line with the least possible delay. Their duties will be to check the uniformity of the competitors including their attire as well as the number on the back and the boat (lane) number.

If an automatic starting system is in use the aligners (international events) will be positioned in two separate boats behind the starting line. They will have an unobstructed view inside the system's boots.

When all boats are aligned and completely inside the boots the aligner will raise a white flag signifying to the starter that they are in position to start. When the boats are not in the boots, the aligner shall raise a red flag. If there is no automatic starting system, the aligners may be repositioned

- 13.8.8 <u>The Course Umpire</u> shall see to it that during a race the rules are complied with. If the rules are broken, the Umpire shall report immediately the infraction to the Competition Committee.
 - a) The Competition Committee shall decide whether any of the competitors concerned shall be disciplined or not. If the Umpire has a report of an infraction of the rules he/she shall show a red flag after the race and shall make a report before the Umpire's next race takes place. In such a case, the Competition Committee shall make known its decision immediately and before the result of the race is announced.
 - b) If there is no infraction to report, the Umpire shall show a white flag.
 - c) In races of 1,000 metres, the Umpire shall follow the race in a motorboat. In races of 200 metres, the Umpire(s) shall not follow the race. One or two Course Umpires positioned before the start line. One or two Course Umpires positioned behind the finish line. For the 500 metre races, either system as used for the 1000m or the 200m may be adopted for the Course Umpires to do their task. The Chief Official will decide on the most appropriate system to be used, based on his/her opinion of the course features.
 - The Course Umpire can follow and judge the race also from the Finish Tower as instructed by the Chief Official.
 - d) He shall be completely unhampered during the race. No one except the Umpire and the driver shall be admitted to the boat reserved for him.
 - e) In long distance races with many competitors, more than one Umpire will be nominated. One of the Umpires shall, if possible, follow the leading group in the race, but without disturbing the other competitors.
 - f) In case of hindrances the Course Umpire must stop the competition passing all boats in the race and waving the red flag or using a sound signal until all boats have stopped paddling. After this all boats shall return to the start. The Course Umpire shall report immediately the infraction to the Competition Committee.
 - g) When a motorboat is not used, one or more Umpires shall be placed in such positions from which they can ensure that the rules are being complied with.
- 13.8.9 <u>The Turning Point Umpires</u>, when a race is run along a course with one or more turning points, one or more Umpires and one recorder must be stationed at every turning point, where they gain the best view of the turn.
 - a) The Turning Point Umpire shall see that the competitors turn according to the rules. The recorder shall make a list of all who pass the turning point.
 - b) Immediately after the race, the Turning Point Umpire shall report to the Competition Committee as to who has turned and if any infraction of the rules has taken place.
- 13.8.10 The Finishing Line Judges decide the order in which the competitors passed the finishing line. The order of the boats arriving at the finishing line will be decided by Photo Finish if a Photo Finish System is used.

The position of the competitors in the boat will be recorded with video camera at the time of arriving at the finish line. The Chief Finish Judge will decide with the recording whether the competitor was in his/her boat upon arriving or not and report it to the Competition Committee. When there is no Photo Finish System, the Finishing Line Judges decide the order in which the competitors have passed the finishing line. The Judges shall be placed in a position where all lanes at the finish line can be clearly seen.

If the Judges differ regarding the placing of two or more competitors, a simple majority shall decide the dispute, in the absence of Photo Finish. In the case of equal voting, the Chief Judge has the casting vote.

When there is no Photo Finish, the Finishing Line Judges are responsible for recording the times. This shall be done by means of stopwatches or suitable electronic equipment.

It is the responsibility of the Chief Finish Line Judge to ensure that the timing equipment is working correctly. The Chief Finish Line Judge shall divide the work amongst the timekeepers. At the end of each race, he shall compare the official times with the other finish line judges and immediately inform the Chief Official of them.

Each race shall be timed by at least two watches. When the watches have not recorded the same time, the longest (worst) time shall be taken as correct. The stopwatches are to be started when the electronic or optical signal from the start is received.

When a Photo Finish is used the result determined by the Finish Line Judges shall be compared with it, with the photo finish being decisive. Video films are not a substitute for photo finish.

- 13.8.11 <u>The Announcer</u> shall, on the instructions of the Competition Manager, announce the start of each race, the order of the starting and the position of the competitors during the race. After the race is finished, he/she will announce the results.
- 13.8.12 <u>The Media Officer</u> must supply all the necessary information to the representatives of the press, radio and television about the race and its progress. He/she is authorised therefore to ask for information from the different officials who must procure for him/her as soon as possible the copies from the official results.
- 13.8.13 It is the Officials' obligation to perform their tasks in conformity with the Sprint Racing Competition Rules.

Every judge will have the obligation to check whether all means and equipment necessary to perform his/her tasks are operational. In the event any shortcoming is found, it must be reported to the Chief Official or Competition Manager.

Unauthorised persons must not enter any Officials area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.

14. Invitations

An invitation to an Open Regatta shall contain the following information:

- a) Time and place of the regatta.
- b) Situation and plan of the course.
- c) Classes and distance of the races.
- d) Sequence and starting times of races.
- e) Whether the races are to be held on still or running water, up or down stream and minimum depth of water.
- f) Amount of entry fee.
- g) Address to which entries should be sent and the last date for receiving entries. This date shall not be earlier than 14 days prior to the first day of the competition.
- h) Conditions/terms of participation

15 Entries

- 15.1 Entries for Open National Regattas can only be made in accordance with the regulations given in the invitation. An entry shall, however, always contain the following information:
 - a) Name of club or federation to which competitors belongs.
 - b) Classes and distances in which the competitors propose to compete.
 - c) Name, sex, age, citizenship, national federation/BC membership number of competitors
 - d) Similar details of reserves if any.
 - e) All entries should be in writing (Online). Where verbal communication is used, it must also be confirmed in writing by the given deadline (midnight on the due date). In the event of conflicting information, the information with letterhead and/or signature will take precedence.
 - f) Late entries are not normally be accepted. The acceptance of late entries shall be at the discretion of the Competition Committee who may charge up to double the entry fee.

g) Racing Colours

When making the entries, Clubs/squads must have given the colours of the clothing worn by the competitors and these colours must not be changed during the competition.

- **N.B.** Every sprint racing club must register their racing colours with the RC (and any changes thereto). All competitors must wear the correct club/squad colours and for them to be visible at all times while racing.
- 15.2 The Regatta Committee will accept entries up to the entry deadline which conform with the Sprint Racing rules and conditions/terms of participation. The Regatta Committee can reject or delete from the competition, entries of participants who are found to have fail to observe the Sprint Racing rules and/or the conditions/terms of participation.

16. Regatta Programme

16.1 Not later than 24 hours before the first race of the regatta, the programme shall be available, giving the names and citizenship/clubs of the competitors and the results of the draw.

17. Heats and Finals

- 17.1 At least three kayaks or canoes must be entered before a race can be held. If the number of entries in races up to and including 1,000 metres is so great that heats are necessary, the number of kayaks or canoes in each heat and in the final must not exceed nine (9).
- 17.2 The division of competitors into heats shall be determined by drawing lots.17.3 For National regattas the procedure for selecting competitors to race in finals will be based on one of two criteria: either by <u>time</u> or by <u>positions</u> as obtained in heats. The criterion used for each event will be decided by the SRC and published in advance of the event and in the programme
- 17.3 Where the width of the course permits, eight or nine kayaks or canoes shall participate in the final if more than this number has been entered in the entire event, as follows:

3 to 9 entries Direct final.

10 to 18 entries Two heats, one Final

19 to 45 entries Required number of heats (3-5), two Finals 46 and more Required number of heats (6 or more), three Final

- 17.4 When making the draw, the difference between the number of competitors in the heats of the race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the largest numbers.
- 17.5 Any crew which has not taken part in a heat as instructed shall not be allowed to compete in the final
- 17.6 The composition of a crew which has qualified for semi-finals or for the final must not be changed. Heats and the final shall be run on the same stretch of water.
- 17.7 For races of more than 1,000 metres, heats shall not be held, and all boats taking part shall start simultaneously.
- 17.8 Should the width of water not permit a simultaneous start, starts at regular intervals shall be permitted.

18. Team Leaders' Meeting

At least 1 hour before the first race of the competition, the team leaders' meeting is to be held. At this meeting the names of team leaders should be confirmed. The organisers will describe the regatta course and all other arrangements, which should be adhered to for the duration of the competition. The Chief Official will describe the competition programme and ask for any changes to the entries.

19. Alterations to Entries and Withdrawals

- 19.1 Notification of any alterations in the crews after the Team Leaders meeting must be given in written form to the Regatta Secretary's Desk at least **one hour before the race**.
- 19.2 The withdrawal from a race is considered final and no renewed entry of the same crew is allowed.
- 19.3 Every competitor whose entry has been confirmed, at the time of the team leaders meeting or subsequently not deleted via the Regatta Secretary's Desk is obliged to take part in their event.

20. Alterations in the sequence of events

The sequence of races given in the programme and the intervals between races as given in the racing programme are binding on the organisers. Alterations cannot be made unless the respective Team Leaders at the competition give their consent.

21 Course, Markings and Lavout

The course consists of up to nine lanes, number one shall be on the left then number two and so on. When there is television coverage of an event, the lane numbering may be in the opposite direction – from right to left, so that the list of competitors and their lanes shown on the television screen match the appearance of the races to be televised.

- 21.1 For National Regattas and where possible for other competitions the turning points shall be marked by at least six flags (or buoys) which shall be readily distinguishable and shall, if possible be diagonally divided with one half in red and the other half in vellow.
- 21.2 Both the start and the finishing lines shall be marked with red flags or buoys, at the points where these lines intersect the outer limits of the course.
- 21.3 Before the start of the races the racing course shall be measured and marked by means of clearly visible flags mounted on buoys.
 - a) The course at the start shall permit a clear width when possible, of at least 9 metres for each lane.
 - b) For National Regattas the starting and finishing lines shall be at right angles to the course.
 - c) The finishing line shall be at least 45 metres long and be marked by two flags. The Finishing Line Judges must be placed as near to the finishing line as possible.
 - d) For National Regattas races up to 1,000 metres, the course must be straight and in one direction.
- 21.4 For races exceeding 1,000 metres turning points are permitted. For National Regatta races exceeding 1,000 metres the following conditions should be fulfilled, if possible:
 - a) The distance between the starting line and the first flag of the first turning point (1st leg) shall be straight and at least 1,859.25 metres.
 - b) The distance between the last flag of the first turning point and the first flag of the second turning point (2nd leg) shall be straight and maximum 1759.25 metres.
 - c) The distance between the last flag of the second turning point and the first flag of the third turning point (3rd leg) shall be a maximum of 500 metres.
 - d) The specifications of all other stretches shall be in accordance with point "c".
 - e) The radius of each turn should, if possible be at least 40.5 metres.
 - f) Both the start and the end of the race shall be in front of the Finishing Tower.
 - g) The red flags of the finish line shall be placed as much to the outside as possible in order to get the widest feasible finish line.
 - h) Any starting pontoons are to be removed.
- 21.5 For competitions, including the National Championships, these conditions should be complied with, unless a special dispensation for the course has been obtained from the SRC through the Secretary.

22 Boat Numbers

All kayaks and canoes shall carry a vertical number plate made of non-transparent material marked with black numbers on white or yellow background indicating the lane. The numbers on the plate must measure 15 cm in height and 25 mm in thickness. The plates shall be placed on the centre line of the afterdeck or thwart. The size of the number plate shall be 18 x 20 cm. Any personal numbers provided by the organisers shall be placed on the competitor as required by the organisers.

23. Instructions for Competitors

Written instructions shall be available for competitors at least 2 hours before the start of the competition, containing the following information:

- a) Detailed information on the courses and their markings
- b) Starting time
- c) Starting line

- d) Finishing line
- e) Competitors racing number (if used)
- f) Type of boat control
- g) Position of any award ceremony

Part IV - RACING REGULATIONS

24. Means of Propulsion

- 24.1 Kayaks shall be propelled solely by means of double-bladed paddles.
- 24.2 Canadian Canoes shall be propelled solely by means of single-bladed paddles.
- 24.3 The paddles may not be fixed to the boat in any way.

25. **Start**

- 25.1 Competitors shall be on the water at the start area, not less than five minutes prior to the specified time of their race. The start area is defined as being the area of water within 100 metres before the starting line.
 - Two minutes before the start time the competing boats must take the lane allocated.
- 25.2 Competitors shall be at the start area in time to allow satisfactory preparation for the start.
- 25.3 The start shall be given without reference to absentees.
- 25.4 If competitor(s) fails to start a final having taken part in the heat without a valid reason approved by the Competition Committee, they will be penalised. A competitor, who arrives too late at the start, shall be considered to have voluntarily withdrawn and may be penalised under this rule.
- 25.5 When signalled by the Starter, the competitor will take the start position designated so that the bow of the boat is on the start line. When an automatic starting system is employed the competitor will place the bow of the boat in the starting boot. When all boats are properly aligned, the aligner, if used will then raise a white flag.
- 25.6 If the Starter is not satisfied with the line-up he/she will call "STOP", and hand over to the Aligner for repositioning.
- 25.7 The starting command will be "Ready Set Go" ("Go" can be a shot or strong signal). At the "Ready" command the competitors begin their preparation to paddle. At the "Set" command the competitors place their paddle in the catch position. The competitor must not paddle forward or this action will be deemed to be a false Start. The boat must not move forward at this point in the starting procedure. The Starter when satisfied with the competitors positioning and attention will say "Go" (or shot or powerful sound). The competitors must only react to the start command/signal "Go" and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal/command "Go".
- 25.8 In the event of a false start, the Starter must immediately give a powerful sound signal. On hearing this signal all competitors must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending crew/s and give them a warning. In the event of a second false start by the same crew the boat will be disqualified from the race and must leave the starting area and the course immediately.
- 25.9 The Starter may also recall competitors for a new start in the event of any unforeseen circumstance a malfunction of the starting equipment for example. In such a case the same powerful sound signal must be given. If a malfunction of the starting equipment was caused through a boat making a false start, the crew must be given a warning, even though that boat may not have crossed the start line. If the malfunction was not the cause of any competitor making a false start, no penalty shall be imposed.
- 25.10 The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will report any disqualification to the Chief Official.
- 25.11 In the long distance races the starter shall declare "START WITHIN ONE MINUTE" when he is satisfied, he will give the starting signal by a shot or a short powerful sound. The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will make a written report on any disqualification and forward it to the Chief Official.

26. Paddling on the Course

- 26.1 <u>In races up to 1000 metres</u>, competitors must keep the whole of their boat within the four-metre wide central area of their lane from the start to the finish of the course. Upon any deviation, the boat must go back immediately to this central area of the lane. No boat must come nearer than five metres in any direction to the boat of another competitor that is, gunwale to gunwale or bow to stern.
- 26.2 If a boat leaves the centre of the lane and does not return to it, the competitor may be penalised.
- 26.3 A boat which leaves its allocated lane must be disqualified from the event.
- 26.4 If a race is declared null and void, no change of the composition of a crew is permitted at the new start
- 26.5 If there is a capsize the competitor or crew is eliminated from the race.
- 26.6 The Umpire has the right to interrupt a correctly started race if unforeseen hindrances arise. The Course Umpires with a red flag and sound signal may affect such an interruption. Competitors must immediately stop paddling and await further instructions.
- 26.7 If a paddle is broken a competitor cannot be provided with a new one by a supporter.
- 26.8 Paracanoe races only: Spray decks must not be used unless permitted by the Chief Official due to severe water condition

Pacing

- 27.1 Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.
- 27.2 When a race is in progress, it is strictly forbidden for any crews not taking part in the race to interfere or impede the race by proceeding over a part of the marked course, this includes creating wash even from outside the marking buoys.

28 Competitions for Long Distance

- 28.1 Races of more than 1,000 metres, competitors may deviate from their lane providing they do not impede other competitors.
- 28.2 When a race is run on a course with turning points these shall be passed to port (i.e. in an anticlockwise direction).
- 28.3 A competitor will not be disqualified for touching a turning buoy, unless, in the opinion of the Turning Point Umpires, an advantage has been gained there from. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning points.
- 28.4 If there is a capsize the competitor or crew is eliminated from the race if he/she or they are not able to get in the boat without outside help.
- 28.5 Any competitor who unnecessarily deviates from their course may be disqualified is responsible for a collision or who damages the canoe or kayak or paddle of another can be disqualified and can be required to pay damages.

28.6 Group Racing and Overtaking

- a) When a boat is overtaking another boat, it is the duty of the overtaking craft to keep clear of other competitors at all times.
- b) When a boat is racing in a group of competitors it is the duty of all competitors in the group to keep clear of other competitors at all times. This rule applies to any manoeuvring within the group.
- 28.7 <u>Collision or damage</u>. Any competitor who is considered by the course umpire or race official, to have been responsible for a collision, or who damages the boat or paddle of another competitor may be disqualified.

Finish

29.1 The boat has finished the race when its bow crosses the finish line with all crew members in it. The Finish Line Judges will determine the result of the competition based on the order of the boats arriving according to the rules.

- 29.2 If two or more boats reach the finishing line at the same time they are awarded the same classification in the final. In the case of a dead heat finish for any position, which determines the advance to the next level of the competition the following rules will apply:
 - a) Wherever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race each boat will advance. If necessary, lane number 10 will be used.
 - b) Wherever there are not enough lanes available there will be a re-race between the boats involved 30 minutes after the race.
 - c) In the case of a dead heat in the re-race, drawing of lots will determine the outcome.
- 29.3 At BC SRC sponsored events, 1 or more competitors may be selected at random to bring their boats to Boat Control after each race, except in the case of a National Championship finals where the first 4 boats to finish will be selected.

30. Tasks of Competitors after the Race

- 30.1 The competitor must leave the course after the finish of the race and cannot disturb the next race.
- 30.2 The crews selected by the Competition Committee for boat control to proceed immediately to post race boat control, failure to do so will be penalised.
- 30.3 If selected for doping control, the competitor must comply with the obligations stipulated by the BC Anti-Doping policy.
- 30.4 Before the award ceremony the top three crews of the final must be present at the location and time indicated.
- 30.5 At National Championships, competitors must wear club, team/squad Racing Colours or Tracksuit at the award ceremony.
- 31. Penalties. Any infringement of the Sprint Racing Competition Rules or the Terms/Conditions of Participation will result in the imposition of a penalty. At the discretion of the Competition Committee this penalty may be either Disqualification, or a Warning delivered to a competitor via his/her Team Leader. At National Sprint Regattas a further option is the award of Penalty Points in accordance with National Sprint Regattas Disciplinary Procedures as described in Section B. In determining the specific form, a penalty will take the Competition Committee will consider factors including, but not limited to, the nature of the race, the experience level of the competitor(s) involved and any further impact the decision may have.
- 31.1 Any competitor who attempts to win a race by any other than honourable means, who breaks the Racing Regulations, or who disregards the honourable nature of the Racing Regulations, will be penalised.
- 31.2 Should a competitor have completed a race in a kayak or canoe which is shown upon inspection not to conform with the classifications (see rules 9 to 12) and building regulations, he/she will be penalised.
- 31.3 A competitor who is deemed to have received external assistance during a race, including but not limited to objects thrown into the course, will be penalised.
- 31.4 A crew that has been accompanied along and adjacent to the racecourse by other boats while the race is in progress will be penalised.
- 31.5 Disqualifications by the Competition Committee may be confirmed in writing with the reasons. The Team Leader acknowledges receipt on a copy with the exact time, which is the start of the protest time.
 - Failure to deliver the copy confirmation of the disqualification to the team leader does not invalidate the disqualification.
- 31.6 The Competition Committee may discipline any competitor or Official whose behaviour is detrimental to the good order and conduct of the competition. The Competition Committee may disqualify him/her for that competition.

32 Protests

32.1 A protest against a crew to compete in a race at the regatta shall be advised to a member of the Competition Committee not later than one hour before the start of the race. A protest made later

- within 30 days from the date when the race in question was held is only permitted if the officials of the club of the competitor making the protest can prove that the facts on which the protest is based came to their knowledge later than one hour before the start of the race.
- A late protest, against a crew shall be referred to the SRC accompanied by the prescribed fee (see below).
- 32.2 A protest, against a crew made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
- 32.3 A protest made during a competition must be addressed to the Competition Committee not later than 20 minutes after the Team Leader has been informed on the decision against his/her competitor or team and has signed the receipt.
- 32.4 All protests must be made in writing and be accompanied by a fee of £15.00. The fee will be refunded if the protest is upheld. If the protest is not upheld the fee may not be refunded, at the discretion of the Competition Committee or SRC hearing the protest.
- 32.5 When a protest or a report is made against an athlete or a team, the team leader of the athlete/team in question shall be presented with the protest or report to read.

33 Appeals

Competitors have the right to appeal to the SRC through their club or team management against a decision of the Competition Committee, within 30 days from the date when the race was held. In the case of National Championship Competitions, the appeal must be made to the Competition Jury in accordance with Rule 13.7. A fee of £70.00 shall accompany the appeal. The fee will be refunded if the appeal is upheld. The BC SRC (or Jury in the case of a National Championship) decision is final.

Part V - SPECIAL RULES FOR NATIONAL CHAMPIONSHIP EVENTS

34. National & Open Championship Medals, National Champions and Trophies:

- Only members of BC who qualify under Rule 8 can become a National Champion or be awarded a National Championship trophy.
- 34.1 National & Open Championship medals will be awarded to the first three boats, regardless of nationality
- 34.2 National Championship Trophies winners & the National Champion will be the best placed British paddler.
- 34.3 In the event there are <u>fewer than three boats</u> in a National Championship event, <u>no medals</u> will be awarded. If <u>three boats</u> are in the event, then only a <u>Gold medal</u> will be awarded. <u>If four or more</u> boats are in an event the Gold, Silver & Bronze will be awarded.

Notes to the British Canoeing Sprint Racing Competition Rules

Races Exceeding 1,000 Metres at the National Water Sports Centre Nottingham, Rules 21.4 and 21.5

Because of limitations at the National Water Sports Centre - mainly the start pontoon being fixed for the Start of 5000 metre or 2500 metre events - it is not possible to comply with the Rule and provide the three courses required. The 2nd leg under the Rule is 47.75 metres too long. The requirements given in the Rule are those of the ICF, which the BC must shadow in its own Rules.

Long Distance Courses at the National Water Sports Centre, approved by the SRC

To provide flexibility there are three turning points with the start and finish of the turns as follows:

- 1. 10 metres beyond the finish line
- 2. 450 metres from the finish line
- 3. 1123 metres from the finish line

The standard domestic long distance race will consist of, 1 long lap to the turn at 1123metres mark from the finish line, plus 2 short laps turning at the 450 metres turn from the finish line and then finishing on the Finish Line in front of the Control Tower.

The British Canoeing – Sprint Racing Section Disciplinary Regulation & Code of Ethics, are available on the SRC website via this link http://canoeracing.org.uk/sprint/wp-content/uploads/2017/05/disciplinary regulations 2017.pdf

The Sprint Racing Committee's K4 boats used at the National Regattas are available for short term loan by clubs and coaches for training or local sprint event.

Terms and conditions do apply as does availability.

To know more, call or email SRC Secretary, Cathy Wynne on

07728848177 or email Canoesprint. Secretary@britishcanoeing.org.uk

Date	British Canoeing Sprint Racing	Paddler Registration closing date	Entries closing date
30 th – 31 st March	Selection & Open & National Sprint Regatta. Including Senior & U23 Crew Boat & Junior Individual Boat Selections	Sunday 10 th March	Friday 15 th March
27 th – 28 th April	Selections and Open & National Masters Sprint Championship Regatta. Paracanoe, Senior & U23 Individual Boat + Junior Crew Boat Selection Events	Sunday 7 th April	Friday 12 th April
1 st – 2 nd June	Open & National 'Band Together' Regatta	Sunday 12 th May	Friday 17 th May
29 th – 30 th June	Inter-Club MacGregor Paddle Challenge & Paracanoe Open & National Championships Regatta. Including Selection events	Sunday 9 th June	Friday 14 th June
31st August – 1st September	Super September Holme Pierrepont Open The Inter-Services Championship, and Open & National, Senior, Under 23 and Junior Sprint Championship Regatta.	Sunday 11 th August	Friday 16 th August

Sprint Racing National Regattas are held in accordance with British Canoeing Sprint Racing Competition Rules and the National Regatta Terms/Conditions of Participation.

Venue for all National Regattas: - National Water Sports Centre, Holme Pierrepont Country Park, Adbolton Lane, Nottingham NG12 2LU - situated just off the main A52 road from Nottingham to Grantham. It is signposted on all main roads leading into Nottingham. Phone Number: 0115 9821212

The National Water Sports Centre, charge for onsite parking for each day during a regatta weekend using an Automatic Vehicle Registration Number Plate Recognition system

Accommodation:

Bed & Breakfast is available on site at the N.W.S.C – all rooms are en-Suite,

Camp site, run by N.W.S.C situated across the road from the course with all the usual campsite facilities. No booking required except for electrical hook-up points & Wooden Pods.

Hotels The website at www.experiencenottinghamshire.com/ lists many hotels, B & Bs, farmhouses etc. across a wide price range.

Lunches and snacks are available from the Centre Cafeteria.

National Regatta Programme; For sale at £3.00 at the Regatta Secretary's desk during the regatta or from the website; http://canoeracing.org.uk/sprint/index.php/current-year-national-regattas/

Boats: there is no storage available onsite. It is entirely the owners' responsibility to ensure all their equipment is used with care, handled or moved around the venue safely and stored securely.

All boats must have adequate & visible buoyancy to keep the boat afloat when filled with water and support the weight of the paddler(s). Competitors will be disqualified or incur penalty points if it's found they have paddled in a boat with insufficient buoyancy.

All canoes and kayaks are required to have a number slot on the centre line to the afterdeck of the boat and to comply with the minimum Weight Regulations. Boats are checked by 'Boat Control' at all National Regattas. Scales are available at 'Boat Control' on which to check weight a boat before racing.

Lane Numbers: Paddlers/clubs require their own lane numbers (1-9). Sets are available for sale at £30 from the Secretary's desk.

Guidelines for entry to National Regattas.

See page D1 in the Handbook for the 'Standards for Racing' chart for entry level times to race at National Regattas. All the ability classes shown together in a band have the same fastest and slowest standard times and/or HCs. The times between indicate how the times might change depending on the Handicap applied to allow for the weather conditions.

National Regatta Minimum Time Standards are monitored; **Penalty Points can be awarded** for not achieving the minimum national regatta standard times. Applicable only to the slowest classes for each group; i.e. when paddlers can't be demoted (allowance will be made for the prevailing weather conditions).

Club Registration Information to register/amend their Team Leaders, make online entries, can be found via **http://canoeracing.org.uk/sprint/national-regattas/**

The Sprint Registration Scheme is a unique database for sprint clubs and paddler. Team Leaders require a secure login to access the registration database, for login information email RegattaVicechair@Britishcanoeing.org.uk

A Club Sprint Coach or Sprint Team Leader can register paddlers on-line via http://canoesprint.britishcanoeing.org.uk

Team Leaders when **first registering their paddlers** must confirm that paddlers have achieved the BC 2 Star or Paddle Explore qualification or have **paddling competency** equivalent to these awards.

Only Registered Paddlers can enter a British Canoeing National Sprint Racing Regatta. Paddler Registrations closes <u>approx. 1 week before the regatta entry deadline.</u>

All Competitors must be current members of a National Federation. (i.e. British Canoeing, or WCA SCA, CANI). The only exceptions are Mini Sprint, U12s or Junior D paddlers who are members of BC affiliated club with a registered junior section. The number used to register these juniors will be the club's affiliation number followed by their own club paddler number. When juniors are promoted, to division 'C' or above, they must become a member of the British Canoeing. Team Leaders will need to update the on-line Paddler Registration database with the juniors new BC number.

Ranking List: Not all the registered paddlers in the Paddler Database are shown in the Ranking List. The Ranking List (Section D) is intended as a 'working' list and includes registered paddlers who have entered a National Regatta during the last two or three years or those considered likely to race in the current season.

Paddler Database: The Regatta Committee holds paddler information in a secure database for the purpose of organising and running regattas. This information includes names, gender, DOB, club and/or squad, ability and age classes. The system also holds data on entries and will in time hold results. Secure access to this database is provided to team or squad leaders who can only see the paddler records for their club or squad, and regatta administrators for the purpose of organising these regattas. Data is exported from this database for the annual handbook, for the timing system at the national regattas, and very occasionally for analysis to support the development of sprint racing. Timing data from the timing system is also used within the live results and live draws system during regattas.

We are guided by the 7 principles of GDPR, https://ico.org.uk/for-organisations/guide-to-the-general-data-protection-regulation-gdpr/principles/.

We do not pass on any personal data to 3rd parties.

National Regatta Entries are made by Team Leaders via the online entry system on http://canoesprint.britishcanoeing.org.uk

Payment of all entries must be made by Team Leaders when the entries are submitted

National Entries must conform with British Canoeing Sprint Racing Competition Rules (pages A11 – A28) and National Regatta Conditions/Terms of Participation (pages B11 – B16)

See also Team Leaders' Responsibilities on page B10 and Notes for Canoe classes on page B12

Regatta Event Fees: Will be reviewed annually: For 2019 fees are as follows:

egatta Event i	egatta Event i ees. Will be reviewed annually. For 2019 lees are as follows.									
Group	K1/C1	K2/C2	K4/C4							
Senior Events:	£7.50 (late £12.50)	£15.00 (late £20.00)	£30.00 per boat (no late fee)							
Junior Events:	£7.50 (late £12.50)	£15.00 (late £20.00)	£30.00 per boat (no late fee)							
	Lightning K1	Hody style K2	Rocket K4							
Mini Sprints:	£7.50 (late £12.50)	£15.00 (late £20.00)	£30.00 per boat (no late fee)							

Please note that K4 / C4 fees include the cost of boat hire.

In the event of inclement and/or windy conditions the organisers may at their discretion cancel or postpone races or insist on the wearing of buoyancy aids.

An Orange flag will be displayed on the flag pole by the Finish Tower when buoyancy aids are compulsory for any (or all) classes of paddlers.

Continuation of trials as part of the 2019 National Regattas for:

Under 12s Sprint Kayak K1 Event: To assist Under 12s to progress into the main classes at our National Sprint Regattas, we will continue with the trial of the Under 12s sprint K1 event run over a 500m course at 4 regattas, the **27th-28th April**, **1**st-**2**nd **June**, **29**th-**30**th **June**, **31**st **Aug-1**st **Sept Regattas**

It will be the club Team Leader/Coach's responsibility to make sure that their club's Under 12 paddlers are confident and competent to paddle down the HPP course in a sprint K1.

For this event:

- Any Sprint K1 boat, other than a Lightning may be paddled.
- Boys must be able to cover 500m in a minimum of 3.30 minutes and K1 events will be run as an all boys event.
- Girls must be able to cover 500m in a minimum of 3.30 minutes and K1 events will run as an all girls event.
- The races will only be combined if there are insufficient numbers.
- Existing Lightning paddlers may enter this event providing they have achieved
 the required time in their own sprint K1 and their Team Leaders have
 registered them in the database with this K1 time as an Under 12.
- All Under 12 paddlers for this class/event, must wear a buoyancy aid at all times when they are on the water.
- Once they have achieved the time for a Junior D Class, they will automatically be promoted into the D class.
- Any Junior D Class paddlers who are under 12 are not allowed to enter the Under 12 event, except at the Junior National Championship regatta.
- The U12 K1 events will score points towards their club score at the Inter club McGregor Challenge regatta.
- Lightning/Mini Sprint Series points accumulated will continue to be added to the club's points and go towards the Marsport Trophy.

A review will be undertaken to determine future development for the U12's events.

'Band Together' Regatta, 1st – 2nd June 2019: for this regatta only. **All Kayak Events** will be raced in the Standards of Racing Bands, see page D1 in the Handbook. Not in the usual separate kayak ability classes within each band. **K1 events will be separated by gender** within each band but irrespective of paddlers age, i.e. no separate Senior or Master or Junior events. **K2 and K4** includes all within the numbered Band, **irrespective of age and gender**.

Canoes will race separately to the kayaks in their usual seeded races.

The Annual National Inter Club Medal competition:

All British medal winners of National Championship events, including Paracanoe plus the Mini Sprint and Paddle-Ability Series medal winners can gain points for their Clubs. Points will be allocated to each competitor awarded a Gold, Silver or Bronze medal. The winning club will be the club with the most points gained during the year. There will be a prize for the club with the most points (medal winners) at the end of the season.



British Canoeing National Sprint Racing Regatta Senior & Under 23 Crew Boat Selections & Junior Singles boat Selections

Selection Open & National Sprint Regatta

National Water Sports Centre, Holme Pierrepont Country Park, Nottingham

30th - 31st March 2019

Paddler registrations close Entry closing date Sunday 10th March 2019 Friday 15th March 2019

	Entry closing date								rcn 2019	
Short Code	Class	Sunday's races are Shaded								
MEN	KAYAK		200m			500m			1000m	
MOK + MU23	Men Open (Incl. U23)		K2 ^s			K2 ^s	K4 ^s		K2 ^s	K4 ^s
MA/BK + MVAK	Men's A/B + Master A	K1			K1			K1		
MCK + MVBK	Men's C + Masters B	K1	K2		K1	K2		K1	K2	
MDK + MVC/DK	Men's D + Masters C/D	K1	K2		K1	K2			K2	
MC/D + MVB-DK	Men's C/D + Masters B-D			K4						
WOMEN	KAYAK		200m			500m			1000m	
WOK + WU23	Women Open (incl. U23)		K2 ^s			K2 ^s	K4 ^s			
WA/BK	Women's A/B	K1			K1			K1		
WCK + WVAK	Women's C +	K1			K1			K1		
	Women Masters A									
WDK + WVBK	Women's D +	K1			K1					
	Women Masters B									
WC/DK + WVA/BK	Women's C/D + Women		K2	K4		K2			K2	
	Masters A/B									
BOYS	JUNIOR KAYAK		200m			500m			1000m	
BU18 + BU16	Boys Open	K1 ^s			K1 ^s			K1 ^s		
BA/BK	Boys A/B		K2			K2	K4		K2	
BCK	Boys C	K1	K2		K1	K2	K4	K1		
BDK	Boys D	K1	K2		K1	K2	K4	K1		
GIRLS	JUNIOR KAYAK		200m			500m			1000m	
GU18 + GU16	Girls Open	K1 ^s			K1 ^s			K1 ^s		
GA/BK	Girls A/B		K2			K2	K4			
GCK	Girls C	K1	K2		K1	K2	14.4	K1		
GDK	Girls D	K1	K2		K1	K2	K4			
SENIOR & JUNIOR	CANOE		200m			500m			1000m	
CMO + CMU23	Men Open (incl. U23)		C2 ^s						C2 ^s	
CBU18 + CBU16	Boys Open	C1 ^s						C1 ^s		
CWO + CWU23	Women Open (Incl. U23)		C2 ^s			C2 ^s				
CGU18 + CGU16	Girls Open	C1 ^s			C1 ^s					
CAN	Canoe A to D – Mixed	C1	C2		C1	C2	C4		C2	
CABC	Canoe A-C - Mixed							C1		
MIXED	PARACANOE	R1	R2							
KMKL2/3	Men KL 2/3 Kayak	K1	K1							
KWKL1/2/3	Women KL1/2/3									
+KMKL1	+ Men KL1 Kayak	K1	K1							
VMKL1/2/3	Men VL1/2/3 Va'a	V1	V1							
VWKL1/2/3	Women VL1/2/3 Va'a	V1	V1							
MIIXED	PADDLE-ABILITY		200m			500m				
PAD	Paddle-Ability (Sat)	K1	K2		K1	K2				
PAD	Paddle-Ability (Sun)	İ			K1	K2				
	, , ,									

s = Selection events All event schedules are published as provisional and may be amended before the regatta



British Canoeing National Sprint Racing Regatta

Paracanoe, Senior & Under 23 single boat selections & Junior Crew boat selections

Selection and Open and National Masters Sprint Championship Regatta

National Water Sports Centre, Holme Pierrepont Country Park, Nottingham

28th - 29th April 2019

Paddler registrations close

Sunday 7th April 2019 Friday 12th April 2019

	Entry closing date	Friday 12 th April 2019								
Short Codes	Class	Sunday's races are Shaded								
MEN	KAYAK		200m		500m			1000m	1	5km
MOK + MU23	Men Open (incl. U23)	K1 ^s		K1 ^s			K1 ^s			K1 ^s
MA/BK	Mens A/B		K2		K2	K4		K2		
MCK	Mens C	K1	K2	K1	K2		K1	1/2		K1
MDK	Mens D	K1	K2	K1	K2			K2		KI
MO34	Masters over 34	K1 ^N	K2 ^N	K1 ^N	K2 ^N	•	K1 ^N	L/ON	LC a N	144
MO44	Masters over 44	K1 ^N	K2 ^N	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N	K1
MO54	Masters over 54	K1 ^N	K2 ^N	K1 ^N	K2 ^N		K1 ^N	N		
MO64	Masters over 64	K1 ^N	K2 ^N	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N	K1
WOMEN	KAYAK		200m		500m			1000m)	5km
WOK +WU23	Women Open (incl. U23)	K1 ^s		K1 ^s			K1 ^s		-	K1 ^s
WA/BK	Womens A/B		K2		K2	K4				
WCK	Womens C	K1		K1			K1			
WDK	Womens D	K1		K1	K2			K2		K1
WO34	Women Masters over 34	K1 ^N	LLO N	K1 ^N	LCO N	LC a N	K1 ^N	aN		
WO44	Women Masters over 44	K1 ^N	K2 ^N	K1 ^N	K2 ^N	K4 ^N		K2 ^N		K1
JUNIOR	KAYAK		200m		500m			1000m)	
BU18 + BU16	Boys Open					K4 ^s		K2 s	-	
BA/BK	Boys A/B	K1	K2	K1	K2		K1			
BCK	Boys C	K1	K2	K1	K2		K1	K2		
BDK	Boys D	K1	K2	K1	K2	K4		K2		
BU12	Under 12			K1						
GI18 + GU16	Girls Open				K2 ^s	K4 ^s				
GA/BK	Girls A/B	K1	K2	K1			K1	K2		
GCK	Girls C	K1	K2	K1	K2	K4	K1			
GDK	Girls D	K1	K2	K1	K2	K4				
GU12	Under 12			K1						
SENIOR & JUNIOR	CANOE		200m		500m			1000m	1	5km
CMO + CMU23	Men Open + Under 23	C1 ^s		C1 ^s			C1 ^s			C1 ^s
CWO + CWU23	Women Open + Under 23	C1 s		C1 s						
CBU18 +CBU16	Boys Open							C2 ^s		
CGU18 + CGU16	Girls Open		C2 s		C2 s					
CAN	Canoe A to D – mixed	C1	C2	C1	C2	C4				
MIXED	PARACANOE	R1	R2							
KMKL2/3	Men KL2/3 Kayak	K1 ^s	K1 ^s							
KWKL1/2/3 +	Women KL1/2/3 + Men KL1	K1 ^s	K1 ^s							
KMKL1	Kayak									
VMKL1/2/3	Men VL1/2/3 Va'a	V1 ^s	V1 ^s							
VMKL1/2/3	Women VL1/2/3 Va'a	V1 ^s	V1 ^s							
MIXED	PADDLE-ABILITY									
PAD	Paddle-Ability (Sat)	K1	K2	K1	K2					
PAD	Paddle-Ability (Sun)			K1	K2					
MIXED	MINI SPRINT SERIES				_	_				
LTA	Lightning A			K1	K2	K4				
LTB	Lightning B			K1	K2	K4				

S = Selection events N = National & Open Championship events: Races are 'Open' to non-UK Residents.

All Championship medals are awarded regardless of nationality. When there are 3 boats competing, Gold only, Gold, Silver and Bronze being awarded to the first three boats with a minimum of 4 boats in the event.

N.B. The National Champion will be the best placed British Competitor

All event schedules are published as provisional and may be amended before the regatta



British Canoeing National Sprint Racing Regatta

Open & National 'Band Together' Regatta

National Water Sports Centre, Holme Pierrepont Country Park, Nottingham

1st - 2nd June 2019

Paddler registrations close Sunday 12th May 2019
Entry closing date Friday 17th May 2019

	cittry closing date					ay 17 Iviay a	2013
	Classes		Sunday	's race	es are	Shaded	
Band	MEN & BOYS KAYAK	200m	5	00m		1000m	5k
1 + 2	Mens A + B + Masters A + Boys A	K1	K1			K1	K1
3	Mens C + Masters B + Boys B	K1	K1			K1	K1
4	Mens D + Masters C + Boys C	K1	K1				K1
5	Masters D + Boys D	K1	K1				K1
	Boys Under 12	K1 ^M	K1				
	WOMEN & GIRLS KAYAK						
2 + 3	Womens A + B + Girls A	K1	K1			K1	K1
4	Womens C + Masters A + Girls B	K1	K1			K1	K1
5	Womens D + Masters B + Girls C	K1	K1			K1	K1
6	Girls D	K1	K1				K1
	Girls Under 12	K1 ^M	K1				
	MIXED KAYAK	200m	5	00m		1000m	5k
1 + 2	Mens A + B + Masters A + Boys A + Womens A	K2		K2	K4	K2	K2
3	Mens C + Masters B + Boys B + Womens B + Girls A	K2		K2	K4	K2	K2
4	Mens D + Masters C + Boys C + Womens C+W'Masters A+Girls B	K2		K2	K4	K2	K2
5	Masters D + Boys D + Womens D + W'Masters B + Girls C + Girls D	K2		K2	K4		K2
Short code	CANOE	200m	5	00m		1000m	5k
CAN	Canoe A to D – mixed	C1 C2	C1	C2	C4	C2	C2
CABC	Canoe A to C – mixed					C1	C1
	PADDLE-ABILITY						
PAD	Paddle-Ability (Sat)	K1 K2	K1	K2			
PAD	Paddle-Ability (Sun)		K1	K2			
	MINI SPRINT SERIES						
LTA	Lightning A		K1	K2	K4		
LTB	Lightning B		K1	K2	K4		

M = A mass start. The last finishers from each round will be eliminated, the remaining boats will paddle around to repeat the mass start. Rounds repeated until 9 boats remain, the final 9 will race off using the start gates

All event schedules are published as provisional and may be amended before the regatta

British Canoeing National Sprint Racing Regatta

Including selection events

Inter-Club MacGregor Paddle Challenge &

Paracanoe Open & National Championships Regatta

National Water Sports Centre, Holme Pierrepont Country Park, Nottingham

29th - 30th June 2019

Paddler registrations close

Sunday 9th June 2019 Friday 14th June 2019

	Entry closing date Friday 14 th June 2019									
Short Codes	Class	Class Sunday's races are Shaded								
MEN	KAYAK		200m			500m			1000m	
MA/BK	Mens A/B	K1	K2		K1	K2		K1	K2	
MCK	Mens C	K1	K2	К4	K1	K2		K1		
MDK	Mens D	K1	NZ	K4	K1	NZ				
MVAK	Masters A	K1	K2	1/ /	K1	K2		K1	L/2	
MVBK	Masters B	K1	KZ	K4	K1	KZ		K1	K2	
MBCK	Masters C	K1	K2	К4	K1	K2	K4	K1		
MVDK	Masters D	K1	KZ	K4	K1	KZ	K4			
WOMEN	KAYAK		200m			500m			1000m	
WA/BK	Womens A/B	K1	K2		K1	K2		K1		
WCK+WVAK	Womens C + W' Masters A	K1	K2	K4	K1	K2		K1	K2	
WDK	Womens D	K1	1/2	K4	K1	142			K2	
WVBK	Women Masters B	K1	K2	K4	K1	K2			KZ	
MIXED	SENIOR KAYAK					500m				
MA/BK + WA/BK	Men + Women A/B					K2				
MC/DK + WC/DK	Men + Women C/D					K2				
BOYS	JUNIOR KAYAK	200m		500m			1000m			
BA/BK	Boys A/B	K1	K2		K1	K2	K4	K1	K2	
BCK	Boys C	K1	K2		K1	K2	K4	K1	K2	
BDK	Boys D	K1	K2		K1	K2	N4		K2	
BU12	Boys Under 12				K1					
GIRLS	JUNIOR KAYAK		200m			500m			1000m	
GA/BK	Girls A/B	K1	K2		K1	K2	K4	K1		
GCK	Girls C	K1	K2		K1	K2	K4	K1		
GDK	Girls D	K1	K2		K1	K2	K4			
GU12	Girls Under 12				K1					
MIXED	CANOE		200m			500m			1000m	
CAN	Canoe A to D – mixed	C1	C2		C1	C2	C4		C2	
CABC	Canoe A to C – mixed							C1	-	
MIXED	PARACANOE	R1	R2							
KMKL2/3	Men KL1/2/3 Kayak	K1 ^N	K1 N							
KWKL1/2/3 +	Women KL1/2/3 +	K1 ^N	K1 N							
KMKL1	Men KL1 Kayak									
VMKL1/2/3	Men VL1/2/3 Va'a	V1 ^N	V1 ^N							
VMKL1/2/3	Women VL1/2/3 Va'a	V1 ^N	V1 ^N							
MIXED	PADDLE-ABILITY		200m			500m				
PAD	Paddle-Ability (Sat)	K1	K2		K1	К2				
PAD	Paddle-Ability (Sun)				K1	K2				
MIXED U12	MINI SPRINT SERIES							-		
LTA	Lightning A				K1	K2	K4			
LTB	Lightning B				K1	K2	K4			

N.B. The Inter-Club MacGregor Paddle Challenge is a competition for ability classes paddlers A to D and U12's K1 only

N = Open & National Championship events: Races are 'Open' to non-UK Residents.

Paracanoe Championship medals are awarded regardless of nationality to the first three boats **N.B.** The National Champion will be the best placed British Competitor
All event schedules are published as provisional and may be amended before the regatta



Super September, Holme Pierrepont Open British Canoeing Sprint Racing Regatta

The Inter-Services Championship and Open & National Senior, Under 23 and Junior Sprint Championship Regatta

National Water Sports Centre, Holme Pierrepont Country Park, Nottingham

31st August - 1st Sept 2019

Paddler registrations close

Sunday 11th August 2019 Eriday 16th August 2019

	Entry closing date	Friday 16 th August 2019								
Short Codes	Class			Sur	nday's	races a	re Sha	ded		
MEN	KAYAK		200m			500m		1000m		
ISM	Inter Services Men	K1 ^{IS}			K1 ^{IS}	K2 ^{IS}	K4 ^{IS}	K1 ^{IS}	K2 ^{IS}	K4 ^{IS}
мок	Mens Open	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N	K1 ^N	K2 ^N	
MU23	Mens Under 23	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N	K1 ^N	K2 ^N	
MVC/DK	Masters C/D	K1	K2	K4	K1	K2			K2	
WOMEN	KAYAK		200m			500m			1000m	
ISW	Inter Services Women	K1 IS	K2 IS	K4 IS	K1 IS	K2 IS	K4 ^{IS}			
WOK	Womens Open	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N	K1 ^N		
WU23	Womens Under 23	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N	K1 ^N		
WVA/BK	Womens Masters A/B	K1	K2	Κ4	K1	K2				
MIXED	SENIOR KAYAK					500m				
MOK + WOK	Mens Open + Womens Open					K2 ^N				
MU23K + WU23K	Mens U23 + Womens U23					K2 ^N				
BOYS	JUNIOR KAYAK		200m			500m			1000m	
BU18	Boys U18	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N	K1 ^N	K2 ^N	
BU16	Boys U16	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N	K1 ^N	K2 ^N	
BU14	Boys U14	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N		K2 ^N	
BU12	Boys U12				K1 ^N					
GIRLS	JUNIOR KAYAK		200m			500m			1000m	-
GU18	Girls U18	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N	K1 ^N		
GU16	Girls U16	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4''	K1 ^N		
GU14	Girls U14	K1 ^N	K2 ^N		K1 ^N	K2 ^N	K4 ^N			
GU12	Girls U12				K1 ^N					
SENIOR	CANOE		200m			500m			1000m	
CMO + CMU23	Mens Open + Under 23	C1 ^N	C2 ^N		C1 ^N	C2 ^N		C1 ^N	C2 ^N	
CWO + CWU23	Womens Open + Under 23	C1 ^N	C2 ^N		C1 ^N	C2 ^N				
JUNIOR	CANOE		200m			500m			1000m	
CBU18	Boys U18	C1 ^N	C2 ^N		C1 ^N	C2 ^N		C1 ^N	C2 ^N	
CBU16+CBU14	Boys U16 + U14	C1 ^N	C2 ^N		C1 ^N	C2 ^N			C2 ^N	
CGU18	Girls U18	C1 ^N	C2 ^N		C1 ^N	C2 ^N				
CGU16 + CGU14	Girls U16 + U14	C1 ^N	L ²		C1 ^N	CZ				
MIXED	CANOE			•		500m				
CAN	Canoe A to D – mixed						C4 ^N			
MIXED	PADDLE-ABILITY		200m			500m				
PAD	Paddle-Ability (Sat)	K1	K2		K1	K2				
PAD	Paddle-Ability (Sun)				K1	K2				
MIXED	MINI SPRINT SERIES					500m				
LTA	Lightning A				K1	K2	K4			
LTB	Lightning B				K1	K2	K4			

It will not be possible to race in both Mixed K2 500m & the Open & Under 23's K2 500m events.

All Championship medals are awarded regardless of nationality. When there are 3 boats competing, Gold only, Gold, Silver and Bronze being awarded to the first three boats with a minimum of 4 boats in the event

N.B. The National Champion will be the best placed British Competitor.

IS = Inter Services events

All event schedules are published as provisional and may be amended before the regatta

^N = Open & National Championship events: Races are 'Open' to non-UK Residents.

SUMMARY OF TEAM LEADERS' RESPONSIBILITIES

PRE-REGATTA - At the Club & Submitting Entries

- Update any changes to name of Team Leader and/or Deputy Team Leader, including contact details for both, via the online Database.
- Inform any changes to the club's racing colours to the Club Colours Official on <u>Regatta.ClubColours@Britishcanoeing.org.uk</u>
- Ensure that the club you are representing is affiliated to British Canoeing
- Ensure all paddlers have achieved the relevant standard (time & proficiency) to compete at National Regattas. (Note: Penalty Points may be awarded if the minimum standards for racing at National Regattas are not achieved in races).
- Ensure paddlers hold current BC membership before submitting their entries
- Update any changes to club paddler information (i.e. newly promoted Girls/Boys C membership number:) via the online Database.
- Ensure that paddlers understand the BC Sprint Racing Competition Rules and the Terms/Conditions of Participation at National Regattas.
- Encourage paddlers to purchase their own Sprint Handbook.
- Advertise the National Regattas to club members.
- Complete the regatta entries online by the closing date & arrange prompt payment of the race fees.
- Check timetable for clashes and problems. Check the detailed regatta Start Lists to ensure that every entry you made is shown correctly.
- Check for and pass on to your club members any additional safety information & rules notified via the programme or noticeboards

BEFORE THE START OF RACING

- Ensure paddlers and their boats are adequately prepared for the conditions
- Ensure that all paddlers comply with and are fully aware of safety measures
- Check that boats have sufficient and visible, additional buoyancy to keep the boat floating level with the water and support the crew when capsized.
- Arrive on time for the Team Leaders' meeting. Be ready with all known deletions and crew changes. Make any late entries (if lanes are available) during the meeting.
- Advise paddlers of any changes and/or alterations to the programme.

DURING COMPETITION

- Ensure paddlers arrive in time for their races, wearing club colours which are visible and with the correct lane number.
- Ensure that K4s/C4s, if required, are booked in advance. Boat hire is included in the Race Entry Fee.
- Be available during the competition to act on behalf of your club regarding further crew changes or deletions.
- Be available during the competition to answer queries or receive notification
 of disqualifications, problems or protests involving paddlers from your club.
- Collect from, and promptly return to, the Secretary's Desk all Long Distance Numbers. A deposit of £10.00 is required.

AFTER THE REGATTA

- Display the Official results on Club notice board
- · Advise your club paddlers of any promotions or demotions

Terms/Conditions of Participation

1. Team Leader Appointment

- a) Clubs do need to register the name of the Club's Team Leader (and if you wish, a nominated Deputy or Assistant), to receive a password for the online Database, accessible via http://canoesprint.britishcanoeing.org.uk.
- b) If the registered Team Leader is unable to attend a regatta then he/she should nominate a Temporary Team Leader for that regatta while making the online entries for the regatta.

2. Communication

The Organising and Competition Committees will only communicate with Team Leaders (or their nominated deputies/temporary team leaders).

3. Safety

- 3.1 The Team Leaders are responsible for the safety of their club members and should ensure that: -
- a) Paddlers are suitably dressed for the weather, water and race conditions.
- b) Paddlers are able to perform basic capsize drills and are briefed on what to do when approached by an umpire boat
- c) Paddlers are able to swim at least 50 metres in clothing without a personal floatation device.
- d) Boats must have sufficient buoyancy to float level with the water while supporting the crew when capsized. Boats inherent buoyancy must be supplemented by additional and visible fixed flotation material or by the provision of sealed bulkheads.
- e) All competitors are in possession of a lifejacket or buoyancy aid that conforms to the standard of the I.C.F or EN 393 & 395.
- f) Paddlers are aware that the Competition Committee may at their discretion cancel or postpone racing, or insist on the wearing of buoyancy aids. Whenever buoyancy aids are compulsory (for defined classes of paddlers, or all) an Orange flag will be displayed on the flag pole by the Finish tower.
- 3.2 In the event of an electrical storm paddlers will be required to leave the course immediately. A public address announcement will be made, umpire boats will ring a bell. Racing will not recommence until deemed safe by the Competition Committee.

4. Club Colours

- 4.1. The Paddler's registered club 'colours' must be worn and be visible when competing.
- a) Crew boats where more than one club is represented, paddlers must wear the club colours for the club in whose name they are registered.
- b) Clubs racing for the **first time at a National Regatta** may request exemption by applying to the Club Colours Official on <u>Regatta.ClubColours@Britishcanoeing.org.uk</u>.

To arrange a limited period when the club's competitors can wear a plain white shirt with no markings. The club must register its colours within this limited period.

5. Entries.

- a) Team Leaders need to complete their club's online entries before the entry deadline.
- **b)** Team Leaders are responsible for the payments of all their club's entries which must be made at the time the entries are submitted, either by a bank transfer or by phone to the BC Office using a credit or debit card or post a cheque to the BC Office.
- c) Telephone entries are not accepted.
- d) The entry closing date is normally the Friday, 2 weeks before the event.
- e) No entries are accepted after the deadline other than at the Team Leaders meeting if spare lanes are available, then Team Leaders may be able to request a 'Late' entry.
- f) Entries made without the correct fee(s) being paid when the entries are submitted can be charged as 'Late' Entries (and extra £5 per seat).

Terms/Conditions of Participation

g) No refund of race fees will be made in the event of cancellation of part or the whole of the competition for whatever reason

If you require more information or assistance please email either:-<u>Regatta.ViceChair@britishcanoeing.org.uk</u> for technical queries for password logging in, Paddler Database or Entry System

Regatta.ChiefOfficial@Britishcanoeing.org.uk. for gueries regarding the regattas or the rules.

6. Notes on Classes

- a) Kayak competitors are divided into Men & Women; these two subdivisions are then further divided by age into groups Senior, Masters (over 34yrs) & Junior (under 18yrs), They are then further divided into age and/or ability classes, as shown on the Standards for Sprint Racing (page D1).
- b) Masters; the first year a paddler can compete in a Masters' event is the year of their thirty fifth birthday (35th) providing they are **not** already ranked in Men's 'A' or Women's 'A.' who, irrespective of their age cannot compete in Masters events.
- c) Canoe paddlers are divided into Men & Women. These two subdivisions being further divided into two age groups Junior & Senior. They are then divided into ability groups as shown in the Standards for Sprint Racing (page D1).
- **N.B: All Canoe races**, except when there are sufficient numbers of entries for National Championship events, will be in combined mixed classes, (i.e. include male, female, senior & junior). Athletes will be seeded from regatta to regatta and placed in the appropriate seeded finals, or when there are 27 or more entries for an event, into seeded heats progressing by time to 2 Finals. Fastest Men/Boys = Final M, Fastest Women/Girls = Final W
- d) Promotions/Demotions within classes will be based on improvement/decline in standard of performance as calculated during the regatta while allowing for any changing conditions. **Promotions** once ratified by the SRC nominee, will be notified as part of the Officials Results published after the regatta and will take effect at the next regatta.

Demotions proposed by the SRC nominee will be notified to the club's Team Leader for the club's agreement or comments/reasons to reconsider the proposed demotion.

- **e)** When applying for registration, the time submitted is the time recorded for a 500m test/race, in order that new paddlers can be classified in the class best suited to their ability. Beginners **do not** automatically start in the "D" group.
- f) The chart 'Standards for Sprint Racing' on page D1 demonstrates the way in which the subdivision bands are made according to speed. The ability classes shown together in a band have the same fastest and slowest standard times. The intermediate times shown indicate how the times might change depending on the Handicap applied to allow for the weather conditions. Penalty Points may be awarded if the minimum standards for National Regattas are not achieved in classes where paddlers can't be demoted.
- **g)** Combined Events To facilitate programming, the Organising Committee reserves the right to combine classes in any distance at any regatta.
- h) Paddlers can ONLY race in their designated class for singles events (K1 and C1). Exceptions may be made at the request of national coaches only.
- i) Competitors may race in a 'Standards for Sprint Racing time band' above their designated K1/C1 class (racing up) in crew boats when at least 50% of the crew boat is of the designated class. With the following exceptions:
 - i) Men or Boys may not paddle in Women or Girls races
 - ii) Seniors or Masters may not paddle in Junior races
 - iii) Seniors or Juniors may not paddle in Masters races

The timetabling of races can't make allowance for racing out of class in crew boats.

Terms/Conditions of Participation

6. Notes on Classes, Cont'd

j) Open and National Championships:

Age classes	Born between	Age class abbreviations							
Junior paddle	ers will race in the	following Age Classes							
Under 12	2007 or later	BU12 GU12							
Under 14	2005-2006	BU14 GU14 CBU14 CGU14							
Under 16	2003-2004	BU16 GU16 CBU16 CGU16							
Under 18	2001-2002	BU18 GU18 CBU18 CGU18							
	A junior paddler who has been promoted to Senior status on ability may for National								
Championships and selection events, race in his/her junior age group									
Senior paddlers will race in the following Age Classes									
Under 23	1996-2000	MU23 WU23 CMU23 CWU23							
Senior Open	1995 or earlier	MOK WOK CMO CWO							
Masters Men	paddlers will race	in the following Age Classes							
Over 34	1975-1984	MO34							
Over 44	1965-1974	MO44							
Over 54	1955-1964	MO54							
Over 64	1955 or earlier	MO64							
		ace in the following Age Classes							
Over 34	1975-1984	WO34							
Over 44	1974 or earlier	WO44							
Paracanoe pa	addlers will race ir	the following classification groups							
Paracanoe	Kayak	KMKL1 KMKL2 KMKL3 KWKL1 KWKL2 KWKL3							
Paracanoe	Va'a	VMVL1 VMVL2 VMVL3 VWVL1 VWVL2 VWVL3							

7. Before Team Leaders meeting: Check your Programme

a) Once the Regatta Programme is available online, Team Leaders should check their club's entries in order to raise any issues for correction at the Team Leaders Meeting.

Note. You may find it useful to print a copy of your entry for this purpose as the meeting goes very guickly, and leaves no time for hesitation.

b) The Organising Committee will do its best to arrange the programme so that all races in each class are scheduled to give a minimum rest period of 40 minutes between races. Any competitor racing in crew boats above their designated class or in two designated classes i.e. both kayak and canoe, cannot expect the programme to accommodate this situation.

8. Team Leaders' Meeting

- a) There will be 1 meeting per regatta, at 8am on Saturday (unless otherwise stated) at the regatta course. If the meeting cannot be completed in a reasonable time it will be adjourned and the time of the reconvened meeting announced.
- b) Each club's nominated Team Leader will make the deletion, alterations and late entries for their club at the meeting.
- c) The Team Leader will be responsible for all the money owed for all entries placed. This money must be paid by 4pm. on Saturday. Failure to pay on time will incur a £20.00 surcharge that must be paid by the end of racing on Saturday. Failure to meet this deadline will result in all paddlers from that club being disqualified from Sunday's racing.

Terms/Conditions of Participation

8. Team Leaders' Meeting, Cont'd

- d) Procedure for Team Leaders Meeting
 - i) Team Leader signs in on arrival.
 - ii) Meeting commences promptly at 8.00 a.m.
 - iii) Technical announcements.
 - iv) If there are any objections to the programmed order of events they must be raised at this stage.

e) Late entry provision: -

- i) Events will be dealt with in race order.
- ii) The Chief Official will call out in order each set of heats (or finals, if there are no heats). Team Leaders need to delete all their competitors not intending to race and changes of names in crew boats. They should call out the lane number first then the club followed by the competitors' name(s).
- iii) If there are any vacant lanes the Chief Official will then ask Team Leaders to raise one hand for each late entry they wish to make. If there are more late entries required than vacant lanes available, a draw will take place.
- iv) Late entries for long distance events (5 km.) only can be made up to one hour before the race, on payment of the <u>standard late entry fee</u>. Entries can be made on the form available from the Regatta Secretary's desk.

9. Additional Late Entries (after the Team Leaders' Meeting)

Extra late entries after the Team Leaders meeting for laned races will only be accepted in exceptional circumstances and at the discretion of the Competition Committee.

Any such entries will be charged a double entry fee.

10. Lane Numbers

- a) All boats must be fitted with a Number slot on the centre aft line of the boat and the correct number displayed in all races.
- b) Races of 1000m or less require a Lane number. Sets of numbers 1-9, are available for sale at £30 from the Regatta Secretary's desk.
- c) For races over 1000m in length, long distance races number boards are obtained from the Regatta Secretary's desk by Team Leaders. A deposit of £10 will be charged and £5 deducted from the deposit for any numbers lost or not returned.

11. Crew Names

- a) Notification of any late deletions or changes to crew names must be made at the Regatta Secretary's desk at least 60 minutes before the race.
- b) Any crew which has not notified the full set of names may be allowed to start the race but will not appear in the results, nor will they go forward to the next round of the competition.
- c) Paddlers who take the place of other paddlers without the proper 'change of crew' notification being made at the Regatta Secretary's Desk, could be liable to be allocated 1 penalty point each paddler and the boat disqualified from the event

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Terms/Conditions of Participation

12. K4/C4 Hire

- a) K4s for hire will be stored on racks outside the boathouse.
- **b)** K4s must not be put down on the ground & crews must not sit in the K4s except when they are on the water.
- c) Young paddlers must be supervised by a responsible adult when launching and recovering the boats. The Organising Committee reserves the right for their Boathouse Official to refuse a boat to any youth crew that is not accompanied by an adult.
- d) Check your boat before you use it. If it is not in order or damaged, please report the fact to the Official, so that you are not accountable for any loss or damage.
- e) C4/K4s can be booked for any race during the course of the day as soon as the boathouse is open, and the Boathouse Official is present.
- f) Crews must supply their own wing-nuts and toggles when they report to collect the boat they have booked.
- g) Crews must use the boat allocated or risk disqualification from the race.
- h) Plastex K4s will only be allocated to Senior or Junior A, or combined A/B, class races.

13. Protests & Disqualifications

- a) Notification of disqualification will only be made to the Club's Team Leader or his/her nominated deputy. Failure to notify a disqualification does not invalidate the disqualification.
- b) Any protest or appeal can only be made by the Club's Team Leader.

Note: While every effect is taken to do so it should be realised that it is impossible to adequately umpire all races in every regatta. Where infringements are observed these will be reported to the Competition Committee who will, if necessary, inform the offending paddler's Team Leader. Not all infringements may be observed by Officials, Team Leaders have a responsibility to explain this situation to paddlers who could become frustrated by what might seem to be an arbitrary system of justice.

14. National Regatta Draws and Results

The lane Draws for Finals following the heats of an event and the Unofficial Results are available online during the regatta from www.regattaresults.org.uk.

The Official Results including promotions will be available as soon as possible after the event from www.canoeracing.org.uk/sprint/

15. Car Parking

a) Team Leaders MUST take an active part to see that club members observe the car parking lines. Access for emergency vehicles must NOT be impeded. Particular attention should be paid to the access road in the vicinity of the Centre Buildings.

Note: The access road and pontoon on seating side of the tower is a No Parking Area.

- b) Parked cars must not obstruct the launching access for K4s to the concrete pontoons in front of the boathouses.
- c) Owners should park their vehicles within the marked designated parking areas, responsibly, safely and without causing obstruction at all times.

Terms/Conditions of Participation

d) At certain times during a competition it may become necessary for safety reasons to restrict movement of vehicles on all, or parts of the access roads around the course. Notice will be given if this is required

16. System for junior membership of a British Canoeing Affiliated Club

- a) A junior club member need not be a full member of BC in order to race in the Mini Sprint Series, U12s or Junior D Classes provided they are a member of a BC affiliated club with a Registered Youth Section. The membership number used for sprint registrations will be the club's affiliation number followed by his (her) own individual club number.
- b) When promoted to class 'C' or above, the junior must become a full member of British Canoeing in their own right. Team Leaders will need to update the online Paddler Database with the junior's new BC number as soon as possible.

17. 'Tiddly Winks' and Boards

Coloured counters (known affectionately as Tiddly Winks) are awarded for the first three places in all Final 1's in the junior classes. These awards can be collected from the Regatta Secretary's desk. Also, available, at a cost of approximately £6.50, is a small wooden board on which the self-adhesive counters can be mounted for posterity!

18. All National Regattas are held in accordance with British Canoeing Sprint Racing Competition Rules and these terms/conditions of participation.

British Canoeing Sprint Regatta "Liability" Statement

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. In all cases competitors compete entirely at their own risk.

The Regatta Organisation, the Sprint Racing Committee and British Canoeing exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be <u>current</u> members of British Canoeing except for juniors ranked in Girls D, Boys D, Girls U12 or Boys U12 and 'Lightning A' or 'Lightning B' who are members of BC affiliated clubs with a registered junior section. Regatta Entries are accepted on the basis that each competitor and Parent / Guardian of a junior, is aware of and has accepted the above conditions. Team Leaders are to ensure that all of their club competitors are aware of and accept the above statements.

In the event of unsuitable weather conditions, the organisers may at their discretion cancel or postpone a race(s), or insist on the wearing of buoyancy aids. An Orange flag will be displayed on the flag pole by the Finish Tower to indicate that buoyancy aids are compulsory for any (or all) classes of paddlers.

INTER-CLUB NATIONAL COMPETITION

The MacGregor Paddle Challenge



John MacGregor M.A., Trinity College, Cambridge; (1825-1892) Barrister-at-Law, Captain of the Royal Canoe Club, through his extremely popular books and magazine articles from 1865 to 1892, practically invented the sport of canoeing (or kayaking).

The beginning of recreational canoeing can be traced directly to an Englishman, called John MacGregor, in the middle of the nineteenth century. He was a man with a penchant for boat design and exploration, who developed his craft based on the Eskimo Kayak, which he named *Rob Roy*. He took the boat on long journeys along the rivers and across the lakes of Europe, lecturing and writing about his travels as he went. His tales attracted quite a following and soon there were many kayaks in Great Britain based on his kayak design that is still referred to as a *Rob Roy*.

Canoes are the larger category under which kayaks fall: while all kayaks are canoes, not all canoes are kayaks. Paddlers in kayaks sit with their legs stretched out in front of them and canoeists generally paddle from a kneeling position. Most canoes are open hulled; while kayaks have covered decks. Canoe paddles are typically single bladed, while kayak paddles are double ended.

Some might say these differences occur because of the type of water available, but a look at the evolution of British canoeing culture during the past one hundred and twenty years would suggest that the major changes are due to those who have written and taught, coupled with the availability of canoes or kayaks.

The first period from 1865 evolved from the founder of British canoeing, John MacGregor. His book, *A Thousand Miles in the Rob Roy Canoe*, fired the imagination of the Victorians. The 'Rob Roy' was a stable kayak, went in a straight line and had a large cockpit. Made of wood, it was easy to handle and a boat in which any beginner would have felt safe. In this period, wooden canoes were imported and were used for family outings and touring, the limitation to the growth was the cost of the wooden craft.

The second period from the 1930s to the 1950s is identified with the wooden frame and canvas kayaks and the start of the BCU Coaching Scheme. Percy Blandford wrote books and produced a host of designs for the Scout movement, which brought canoeing to a much wider number of people. The low cost, make-it-yourself PBK (Percy Blandford Kayak) designs, were, like the 'Rob Roy', stable, went in a straight line, and had large cockpits. The British Canoeing Coaching Scheme was started in the 1950s by John Dudderidge. The original proficiency tests were designed around the use of the open cockpit straight-line kayak.

The third period, which had a massive impact on both the expansion and the change in direction of British canoeing culture started around the early 1960s, when in 1962, the BCU appointed its first Director of Coaching, Oliver Cock, giving added drive to what was to become a very powerful teaching scheme. For various reasons, the Coaching Scheme became more and more interested in rough water canoeing. At the same time, glass reinforced plastic became available. Moulds were produced for the home builder and the designs reflected the interest in rough water. Thousands of kayaks were produced with rockered hulls and small cockpits. By 1980, the Coaching Scheme had 3,000 members almost all teaching in the close fitting cockpit kayak. So powerful had that culture become that, if the word 'canoeing' is mentioned to almost anyone in Britain, their immediate image would be that of a young man or woman strapped into a kayak, wearing a crash helmet and wetsuit, performing turns and rolls on rapidly moving rivers. This was a great image for the adventurous teenager but daunting for many others who might wish to paddle. Indeed, a far, far cry from the canoeing of MacGregor.

MacGregor spent part of his youth in Halifax, Nova Scotia, where his father was stationed in the 1830s in a fort. He may have picked up some canoeing experience there.

INTER-CLUB NATIONAL COMPETITION

Reading his books, one notices he carried in his canoe a number of religious tracts (in a movement called "Muscular Christianity") written in the local language and was always ready to hand them out. He did not travel on Sundays, but did lecture on his travels and gave much of the profits to charities, especially to boys in the inner cities

He published accounts of several other canoe cruises, including one to Scandinavia and another to Jordan and Egypt. The appendix to that book gives some construction details for his canoe designs.

His wooden split paddles were presented to Royal Canoe Club in 1959. Subsequently these were used as the trophy at the BCU National Inter-Club Sprint Racing Regatta, being first presented in 1977 to the winning club Fladbury and still fought over annually. A full list of winners can be found on page C13.

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Note: A trial was run in 2018 to include points awarded to Regatta Officials to count as part of the MacGregor Inter-Club Competition. After consideration and listening to feedback from the clubs, this will not continue in 2019. Instead a new MacGregor Inter-club volunteer award will be introduced, this will be separate from the National Inter-Club MacGregor Paddle Challenge competition.

MacGregor National Inter-Club Regatta Officials' Competition.

All Regatta Officials will be awarded points which can go towards the new inter-club competition. This will be presented to the club who has gained the most points from its members who are Regatta Officials. 1 point will be awarded to each Regatta Official for each half day they worked. The points will become transferable to the club once a minimum of 12 points (6 days) has been accumulated since the previous MacGregor regatta. Points will also be awarded to those attending Officials' workshops.

The MacGregor Paddle Challenge is a National Inter Club Sprint Racing competition for competitors registered in a national sprint 'standards for racing' ability class.

Scoring for the MacGregor Paddle Challenge.

- Each Club will gain 5 points to their score for each promotion accredited to any Under 12 Kayak, Junior (A to D), Masters (A to D) or Senior (A to D) ability class paddlers from their club since and including the previous MacGregor regatta.
- Each Club will have deducted from their score each penalty point accrued by any Under 12 Kayak, Junior (A to D), Masters (A to D) or Senior (A to D) ability class paddler from their club since and including the previous MacGregor regatta.
- The scoring at the Inter Club Regatta will be on the following basis:
 Each Club will score its best results from U12 Kayak, Junior (A to D), Masters (A to D) or Senior (A to D) ability class paddlers.
 - 12 K1/C1 results in all finals
 - 6 K2/C2 results in all finals
 - 3 K4/C4 results in all finals

Scores will be awarded, provided there are at least three crews participating, on the following basis: First 20 points, second 19 points, third 18 points and so on.

4. Other rules:

- a. Composite crews, with members from more than one Club, do not score points.
- b. At least 50% of the crew must be registered in the class in which they are racing. i.e. 2 paddlers in a K4 or 1 paddler in a K2. Crews may be made up with paddlers from a lower ability band with the following exceptions:
 - i. Men may not paddle in Women's races.
 - ii. Boys may not paddle in Girls' races.
 - iii. Seniors or Masters may not paddle in Junior races.
 - iv. Seniors or Juniors may not paddle in Masters races
- c. No one may enter any singles class other than their designated class as registered on the Paddler Database. Exceptions may be made at the request of a national coaches.

Disciplinary Procedures

Offences Incurring Penalty Points

The Chief Official will be solely responsible for all disciplinary matters of a minor nature, under the operation of a penalty points system, referred to in Rule 31 of the British Canoeing Sprint Racing Competition Rules. At his / her discretion, he / she may authorise the issuing of penalty points to each paddler involved in each of the following offences. These offences are considered to be detrimental to the efficient operation of regattas and / or potentially hazardous.

Code Infringement

- · C Racing in incorrect colours
- N Racing with incorrect or missing number
- Z Failure to observe water zoning procedures
- S Unauthorised substitution for another paddler
- · F Failure to report, having qualified, for a final
- D Conduct during racing likely to cause injury or damage to equipment
- L Use of offensive language
- U Underweight boat (see note 1)
- R Failure to report for boat weighing immediately (see note 2)
- B Insufficient buoyancy (see note 3)
- T Race times below minimum Sprint Standards of Racing for National Regattas (see note 4)

Notes

- Weights must be properly fixed to the boat or seat. Stones in bags or any other temporary system will not be accepted.
- Boats required for weighing will be notified shortly after the finish of the race. The required boat's lane numbers will displayed on the notice board sited on the pontoon by the Finish Line and the lane numbers will be announced by Commentary.
- Boats buoyancy will be checked. Penalty points will be applied or competitor(s) can be disqualified from a race if Officials find a boat has been on the course without visible additional buoyancy (or fixed bulkheads).
- Applicable only to the slowest classes for each group, i.e. when paddlers can't be demoted, (Men's D, Masters D, Women's D, Women Masters B, Boys D & Girls D)

Accumulation of Penalty Points and Penalty Fines

- When a paddler accumulates a total of 4 or more penalty points, he / she is liable for a fine of £10
 per point in excess of 3 points.
- 2. Fines are to be paid at the Regatta Secretary's Desk
- 3. A paddler liable for a fine cannot race until the fine has been paid.
- 4. Penalty points are accumulated over 4 consecutive regattas and are not restricted to a single year. Thus, for example, penalty points incurred in the last regatta of the year will remain active until the start of the 4th regatta of the following year.

Notification

Team leaders may be notified when a penalty point has been issued to a paddler from his / her team. A record of all the active penalty points is listed at the end of the official results for each regatta.

Disciplinary Matters of a More Serious Nature.

In respect to all other disciplinary matters the Chief Official, Competition Committee and the Competition Jury must act as described in the Sprint Racing Competition Rules which include penalties in accordance with British Canoeing Rules or the Sprint Racing Section Disciplinary Regulations.

N.B. A reported incidence of dissent / abuse towards a Regatta Official, another competitor or their equipment, or a spectator must be treated as conduct prejudicial to the interests of the sport and dealt with under the Section Disciplinary Regulations.

THE MINI SPRINT SERIES 2019

The Mini Sprint Series is run alongside the National Sprint Regattas held at Holme Pierrepont in Nottingham during the 2nd, 3rd, 4th and 5th Regattas.

The Mini Sprint series has been specifically developed to suit the needs of young people who have chosen this discipline at this time. It is part of the Paddlesport foundation which helps them progress into whichever discipline they may eventually choose. The programme has taken into account that full sized K1s, K2s and K4s are too large for young people. Together, Canoe England's Paddlesport Participation Programme and British Canoeing Sprint Racing Committee have formed the Mini Sprint Series. This has evolved from the Lightning series that was originally only a K1 event. Now as a weekend event it is giving racing experience on the National course so that the paddlers have a smooth transition into the Class D events.

The aim of the series is:

- To introduce young paddlers to the venue.
- To develop experience of sprint competition at a national event.
- To develop teamwork.
- To have the opportunity to develop competitive paddling skills.
- To become motivated to progress through the main classes.
- To meet and make friends with paddlers from other clubs.
- To enjoy, have fun and become confident sprint paddlers.

Team leaders notes on entries and kayaks

- The paddlers will compete over 500 metres in Lightning K1, Hody-style K2s and Rocket K4, with heats and finals run and timed on the main regatta course.
- The cost per seat is exactly as other junior paddling categories.
- Please ensure you enter your paddlers in the correct category, which is based on time, not age. Only Lightning kayaks are to be paddled in the K1 events.
- Clubs should bring their own Hody-style K2. If using a make other than Hody please inform
 the Chief Official before the event. Regatta. Chief Official @britishcanoeing.org.uk
- Rocket K4s only will be used and can be supplied by the SRC. Clubs may bring and use their
 own Rockets.

When booking a K4

Team Leaders will book a whole K4, as with classes C and D. When combining with paddlers from other clubs it is the responsibility of the Team Leaders involved to arrange who pays for the entry and to collect payments. It is not the organisers or the volunteer official's remit to sort out your payments. Any changes to your entry must be made at the main Team Leader's meeting. Further changes for entered crews may be made at the Secretary's desk providing all paddlers and team leaders know of the changes.

Mini Sprint Cup Series

This series is a whole season event and the **Marsport Trophy** will be awarded at the 5th regatta to the club with the most points. Individual paddler points will be awarded for each event during the 2nd, 3rd, 4th and 5th Regattas, with double points being awarded at The MacGregor Inter Club Regatta.

THE MINI SPRINT SERIES 2019

Mini Sprint Cup Rules 2019

- Points are accumulated at each event leading to a final at the 5th Regatta.
- . Mini Sprint points do not count towards The MacGregor Inter Club points.
- At the MacGregor Regatta the Mini Sprints receive double points for their paddling and these go towards the Mini Sprint Cup competition which runs separately from the main Inter Club Competition.
- The Mini Sprint Cup includes overall prizes for both male and females in each category and an overall club prize. Details are as follows:

Entry Conditions

To enter the Mini Sprint Series the young people must be under 12 on 1st January 2019 and have achieved at least Paddle Explore standard and must be able to paddle a K1 Lightning over 500m in less than 4 minutes.

Categories

- A: (LTA) for those who can complete 500m in under 3 minutes 30 seconds
- B: (LTB) for those who complete 500m between 3 minutes 30 seconds and 4 minutes

Entries

- All entry fees are per seat and will be entered with your club's main regatta entries.
- Please read notes on entering Rocket K4

Events

2nd, 3rd and 4th Regattas with the finals at the 5th Regatta 2019.

Points Scoring

All National Mini Sprint winners (individual) are awarded on the same system. Their 2 best regatta scores added to their Mini Sprint Inter Clubs score.

All points scored will count only towards The Mini Sprint Team and individual events.

At the National Regattas in K1, K2 and K4.

1st place scores 10 points, 2nd place scores 9 points etc. down to 10th place where
everyone after that scores 1 point, the total number of points scored across K1, K2 and K4
will be added together to determine the results at each regatta. For the K2/K4 races the
same points scoring system will be used i.e. the winning crew will receive 10 points for each
paddler.

At the Inter Clubs Regatta in K1, K2 and K4

1st place scores 20 points, 2nd place scores 19 points etc. down to 20th place where
everyone after that scores 1 point, the total number of points scored across K1, K2 and K4
will be added together to determine the results. For the K2/K4 races the same points scoring
system will be used i.e. the winning crew will receive 20 points for each paddler.

Team Event

The points scoring system is based on each club's best 2 regatta results scores added to their Mini Sprint Inter Clubs points score.

THE MINI SPRINT SERIES 2019

Promotions

- Promotion from Mini Sprint Category B to A will be based on K1 500m times.
- Promotions from group B to A will automatically be done in the 2nd and 3rd regattas. The
 best set of existing regatta points will be carried through and added to the paddler's 4th and
 5th regatta points gained in A.
- Promotion into Boys D and Girls D is based on normal regatta entry guidelines. This is only done after a discussion with the team leader.
- When a paddler is too old to participate in the Mini Sprint Series they do not automatically
 move to junior D classes. They must reach the required standard. See the Standards Chart
 on page D1. They would be allowed to paddle only in D Class crew boats, with an
 established D Class paddler.

Prizes:

- Tiddly Winks will be awarded for 1st, 2nd & 3rd places in the K1 Final One only of each
 category and for the three fastest K2/4 crews in each category within the Mini Sprint series.
- Medals will be awarded to the overall series winners 1st, 2nd, 3rd male and female. The
 Marsport Trophy will be awarded to the Club that has accrued the most combined category
 points.

NATIONAL REGATTA OFFICIALS

Anyone interested in finding out more about assisting at National Regattas is invited to come and sit alongside experienced officials to find out what is involved. Officials are the most important people in the running of our National Regattas and supported learning during the events and at 'out of season' workshop days assist in developing skills and knowledge without unnecessary pressure.

No experience is required but working with a team and a sense of humour is important. Just helping half a day, whether morning or afternoon, would be greatly appreciated.

Officials who have gained experience in key areas and show commitment go on to take the International Canoe Federation Technical Officials Examination. This enables them to officiate at ICF or ECA International Regattas. These officials must have worked a minimum of 6 days during the current year to apply to be nominated for an International appointment. Regatta Officials interested in knowing more about what this entails please contact the Chief Official.

Several officials are working in Pre-Regatta groups such as updating club colours, registration of paddlers and putting together the printed programme. We also have an IT team who are continuing to develop a program that will not only reduce the workload for entering and paying but also an online results service.

We are continually looking for assistance with First Aid throughout the regattas. This is headed by a fulltime paramedic who takes overall responsibility for reporting accidents. All clubs have qualified first aiders who could help with this important and legally required service.

Last year as a trial we introduced a system that awarded officials points that went towards the MacGregor Trophy. After consideration this will not continue; however, for 2019, all Regatta Officials will continue to earn points which will go towards a New Award. This will be presented to the club who has gained the most points from members who are Regatta Officials. 1 point will be awarded for each half day worked. The points become transferable to the club once a minimum of 12 points (6 days) has been accumulated. Points will also be awarded to those who attend workshops. A total of 20+ points is achievable by each official. Officials who are not members of a club may donate their points to a club of their choice.

If you would like to know more about helping at a National Regatta please contact Ann Hoile at <u>volunteercoordinator@canoeracing.org.uk</u> or at the Secretaries Desk during regatta weekend.

ICF Officials:	Paul Edwardes Rosy G	ray Liz McGown Stev	e Jones Cathy Wynne
Lee Bradshaw	Judith English	Gabor Kereszturi	Alison Nightingale
Alan Burgoyne	Malcolm Guy	Hannah Lawrence	Stephen Nobbs
Diane Bates	Brian Hardy	Keith Lawrence	Mark Pickering
Maja Bratisani	Carol Hardy	Clifford Lee Smith	Phil Roberts
Phil Caisley	Michele Hayman-	Jackie Lee Smith	Brett Sirrell
Juliana Carson	Joyce	Ben Lewis	Keith Stone
Hannah Cawthorn	Linda Heath	Lois Lewis	Keith Sunderland
Louise Clive	Ann Hoile	Hazel Lucas	Neil Sunderland
lan Creamer	John Hoile	Kari Martin	Phillipa Sunderland
Wendy Dodson	Martin Hook	Mike Martin	Philip Terry
Derrick Dobbie	Ant Hooton	Janice McKeever	Mary Walkinton
Chris Dowden	Emma Hooton	Adam Miles	
Colin Drane	Colette Johnson	Jennie Moore	
Sara Edwardes	Kathleen Johnson	Clive Neale	
First Aiders	Mark Pickering	Debbie Ellis	
	Andy Cook	Faye Cook	





Antony Edmonds and Ollie Hardina

All of the National Sprint Regattas are run by volunteers, people like you, with sons and daughters that are competing. If you would like to see how the regattas are run, please enquire at the Secretary's Desk during Saturday morning to arrange a guided tour.

Ann Hoile, Volunteer Coordinator





2018 OPEN

		Crew	Country	Time	Date
K1	500m	Tom Lusty	GBR	1:38.93	08/07/18
K2	500m	Edward Cox/Ed McKeever	GBR	1:31.63	07/05/06
K4	500m	J Bowley/M Johnson/L Fletcher/M	GBR	1:23.53	07/05/17
	500	Robinson	LIBC	4.52.26	40/05/02
C1	500m	A Volkov	URS	1:52.36	19/06/83
C2	500m	Sarus/Hjdu	HUN	1:43.01	19/06/83
C4	500m	Train/Thomas/Lane/Yurkwick	GBR	1:42.28	17/05/98
K1	1000m	Tim Brabants	GBR	3:32.82	13/05/00
K2	1000m	Paul Wycherley/Ben Farrell	GBR	3:16.63	14/04/07
K4	1000m	B Farrell/S Hastings/P Wycherley/A Daniels	GBR	2:59.33	10/05/09
C1	1000m	S Antipov	URS	4:01.28	10/07/77
C2	1000m	Train/Train	GBR	3:37.24	01/01/81
C4	1000m	Hoffman/Tackas/Jakab/Salanki	HUN	3:38.95	08/08/89
					•
V	Vomen	Crew	Country	Time	Date
K1	500m	Rachel Cawthorn	GBR	1:49.94	03/07/15
K2	500m	Lani Belcher/ Angela Hannah	GBR	1:42.96	19/04/16
K4	500m	J Walker/L Sawers/R Cawthorn/A Edmonds	GBR	1:35.94	15/04/12

2018

DOMESTIC SENIOR

	Men	Crew	Club	Time	Date
K1	200m	Jon Schofield	SOR	35.17	07/07/18
K2	200m	Liam Heath/Jon Schofield	ORS	32.31	19/04/16
K4	200m	J Clark/K Vansomeran/I Wynne/D	ORS	32.20	16/05/98
		Roeser			
K1	500m	Tom Lusty	SOL	1:38.93	08/07/18
K2	500m	Edward Cox/Ed McKeever	GBR	1:31.63	07/05/06
K4	500m	J Bowley/M Johnson/L Fletcher/M	ODP	1:23.53	07/05/17
		Robinson			
K1	1000m	Tim Brabants	ELM	3:32.82	13/05/00
K2	1000m	Paul Wycherley/Ben Farrell	ORS	3:16.63	14/04/07
K4	1000m	B Farrell/S Hastings/P Wycherley/A	ORS	2:59.33	10/05/09
		Daniels			
C1	200m	Chris Calvert	FLA	41.59	07/05/16
C2	200m	M Lane/S Crowther	ORS	38.35	04/06/94
C4	200m	Crowther/Crowther/Yurkwick/Lane	ORS	36.98	05/06/99
C1	500m	Matthew Lawrence	LBZ	1:55.65	17/04/11
C2	500m	Iain Weir/ Joseph Hayman-Joyce	ODP	1:46.55	04/06/16
C4	500m	Train/Thomas/Lane/Yurkwick	ORS	1:42.28	17/05/98
C1	1000m	Eric Jamieson	WEY	4:01.54	16/07/92
C2	1000m	S Train/A Train	FLA	3:27.24	01/07/94
C4	1000m	E Jamieson/R Williams/S Train/A	GBR	3:44.80	08/07/89
		Train			
V	Vomen	Crew	Club	Time	Date
K1	200m	Jessica Walker	ROY	40.86	03/07/15
K2	200m	Train/Train	ORS	38.27	13/05/00
K4	200m	Dallaway/Dresser/Thorogood/Train	ORS	36.62	02/07/95
K1	500m	Rachel Cawthorn	WEY	1:49.94	03/07/15
K2	500m	Lani Belcher/Angela Hannah	ORS	1:42.96	19/04/16
K4	500m	J Walker/L Sawers/R Cawthorn/A	ORS	1:35.94	15/04/12
		Edmonds			
K1	1000m	Rachel Cawthorn	WEY	3:56.54	10/05/10
K2	1000m	Louisa Sawers/Abigail Coulson	ORS	3:47.75	22/07/06
C1	200m	Katie Reid	IND	47.59	28/04/18
C2	200m	Bethany Gill/Afton Fitzhenry	HPP/CNI	48.98	04/06/16
C1	500m	Katie Reid	HPP	2:14.28	08/05/16
C2	500m	Bethany Gill/Afton Fitzhenry	HPP/CNI	2:07.21	04/06/16

2018

DOMESTIC JUNIOR Records starting from 2015

U1	8 Men	Crew	Club	Time	Date
K1	200m	Ieuan James	FOR	37.15	05/06/16
K2	200m	T Thomson/N Dembele	NTS	34.53	05/06/16
K4	200m	No U18 Event			
K1	500m	Ieuan James	FOR	1:43.38	05/06/16
K2	500m	I James/C Smith	NTS	1:33.95	05/06/16
K4	500m	I James/ C Smith/N Dembele/T	NTS	1:25.76	08/05/16
		Thomson			
K1	1000m	Magnus Gregory	LON	3:40.02	04/06/16
K2	1000m	M Gregory/L Harding	LON	3:22.36	04/06/16
K4	1000m	M Gregory/L Harding/T Thomson/M	NTS	3:06.27	04/06/16
		Littlewood			
C1	200m	Adrian Meikle-Briggs	RIC	45.51	05/06/16
C2	200m	B Phillips/A Meikle-Briggs	RIC	44.91	05/09/15
C4	200m	No U18 Event			
C1	500m	Ben Phillips	RIC	2:01.75	08/05/16
C2	500m	B Phillips/A Meikle-Briggs	NTS	1:54.46	04/06/16
C4	500m	No U18 Event			
C1	1000m	Ben Phillips	RIC	4:18.75	05/06/16
C2	1000m	B Phillips/A Meikle-Briggs	RIC	3:56.64	05/06/16
C4	1000m	No U18 Event			
	U18	Crew	Club	Time	Date
W	omen/				
K1	200m	Deborah Kerr	SKR	42.56	03/07/15
K2	200m	G Carmichael/K Hopkins	LON	41.18	07/07/18
K4	200m	No U18 Event			
K1	500m	Deborah Kerr	SKR	1:54.87	03/07/15
K2	500m	R Myburgh/A Dale	NTS	1:51.75	05/06/16
K4	500m	E Dale/Z Clark/R Kneen/F Duffield	FOX/ROY/FOR/NOR	1:42.03	08/07/18
K1	1000m	Samantha Martyn	WEY	4.08.29	08/07/18
K2	1000m	E Russell/L Wong	CLM/RIC	4:08.39	04/06/16
C1	200m	Alix Aitchison	IND	54.10	28/04/18
C2	200m	G Dowling-Clarke/G Pryor	FOR/LEE	57.15	05/06/16
C1	500m	Georgina Pryor	LEE	2:30.90	05/06/16
C2	500m	M Bradley/N Keenan	FLA/FOR	2:43.34	07/05/17

2018

DOMESTIC PARACANOE Records starting from 2015

Men Kayak	Class	Crew	Time	Date
200m	KL3	Rob Oliver	40.55	04/06/16
200m	KL2	Nick Beighton	44.31	07/07/18
200m	KL1	Ian Marsden	50.09	07/05/17
Women Kayak	Class	Crew	Time	Date
200m	KL3	Anne Dickens	50.53	04/06/16
200m	KL2	Charlotte Henshaw	49.34	07/07/18
200m	KL1	Jeanette Chippington	54.49	04/06/16
Men Va'a	Class	Crew	Time	Date
200m	VL3	Dave Phillipson	50.69	08/07/18
200m	VL2	Andy Houghton	01:14.00	09/05/15
200m	VL1	No event		
Women Va'a	Class	Crew	Time	Date
200m	VL3	Charlotte Henshaw	01:02.48	08/07/18
200m	VL2	Emma Wiggs	59.69	08/07/18
200m	VL1	No event		

SPRINT RACING PERPETUAL TROPHIES

The following Trophies are awarded annually by the Racing Committee:

Men's Kayak

Unwin Bowl							
To the winner of the Senior A Men's K1 10,000 m at the National Championship Event							
1981	Richard Lewis	GAI	1991	Ivan Lawler	ELM		
1982	Alan Williams	ROY	1992	Ivan Lawler	ELM		
1983	Alan Williams	ROY	1993	Grayson Bourne	ELM		
1984	Alan Williams	ROY	1994	Grayson Bourne	ELM		
1985	No event		1995	Grayson Bourne	ELM		
1986	Jeremy West	ROY	1996	Ivan Lawler	ELM		
1987	Grayson Bourne	ROY	1997	No event			
1988	Grayson Bourne	ROY	1998	James Block	NOT		
1989	Grayson Bourne	ROY	1999	Greg Slater	LIC		
1990	Graham Burns	ELM	2000	No event			
	Reassigned – Winner Me	n's A K1 50	00m at Nat	ional Championship Event			
2001	Timothy Brabants	ELM	2010	Keith Moule	CLM		
2002	Timothy Brabants	ELM	2011	Jonathon Boyton	ROY		
2003	Richard Darby Dowman	ELM	2012	Andrew Daniels	RDG		
2004	Edward McKeever	BOA	2013	Edward Rutherford	ELM		
2005	Ian Wynne	ROY	2014	Daniel Johnson	CLM		
2006	Edward McKeever	BOA	2015	Jonathan Boyton	ROY		
2007	Edward McKeever	BOA	2016	Jonathan Boyton	ROY		
2008	Tim Brabants	NOT	2017	Tom Lusty	SOL		
2009	Ben Brown	Elm	2018	Tom Lusty	SOL		

Farnham Cup						
To the winner of the Senior A Men's K1 1000m at the National Championship Event						
1981	Neil Robson	FLA	2000	Richard Darby Dowman	ELM	
1982	Kevin Smith	WAR	2001	Timothy Brabants	ELM	
1983	Kevin Smith	WAR	2002	Timothy Brabants	ELM	
1984	Grayson Bourne	ROY	2003	Richard Darby Dowman	ELM	
1985	Kevin Smith	WAR	2004	Timothy Brabants	NOT	
1986	Grayson Bourne	ROY	2005	Peter Almasi	ELM	
1987	Grayson Bourne	ROY	2006	Ben Farrell	ELM	
1988	Ivan Lawler	ELM	2007	No event		
1989	Grayson Bourne	ELM	2008	Ben Farrell	ELM	
1990	Grayson Bourne	ELM	2009	Jonathon Boyton	ROY	
1991	Grayson Bourne	ELM	2010	Tim Pendle	NOR	
1992	Patrick Holmes	RIC	2011	Jonathon Boyton	ROY	
1993	Graham Burns	ELM	2012	Timothy Brabants	ROY	
1994	Grayson Bourne	ELM	2013	Jonathan Boyton	ROY	
1995	David Smith	ELM	2014	Paul Wycherley	WEY	
1996	lvan Lawler	ELM	2015	Jonathan Boyton	ROY	
1997	Ross Sabberton	NOR	2016	Jonathan Boyton	ROY	
1998	Timothy Brabants	ELM	2017	Tom Lusty	SOL	
1999	Matthew Foulger	NOT	2018	Tom Lusty	SOL	

SPRINT RACING PERPETUAL TROPHIES

Ken and Eileen Phillips Memorial Trophy					
Winner Men's A K1 200m at National Championship Event					
2012	Edward McKeever	BOA	2015	Kristian Reeves	ADS
2013	Edward McKeever	BOA	2016	Kristian Reeves	ADS
2014	Liam Heath	WEY	2017	Jonathan Schofield	SOR
			2018	Lewis Fletcher	LKR

		The Jame	es Cup		
To the winning crew of the Under 18 K4 6000m at the National Championship Event					
1981	Evans/Brevitt	LIN/LIC	1987	Barnett/Unsted	ELM/GAI
	Slater/Morley	STA		Farnham/Taylor	
1983	Piercey/McLachlan	RLP/RLS	1988	Lodge/Hutton	EXE/ANK
	Rainsford/Bradley			Richardson/Wynne	ROY/TON
1984	Adams/Bibby	ROY/MER	1990	Slater/Bradbury	LIC
	Burns/Miller	ELM		Yates/Ilson	ADL/WOR
1985	Crawford/Adams	GAI/ARM	1991	Richardson/Wynne	ROY/TON
	Rust/Topham	LBZ/WAR		Slater/Jenson	LIC/RIC
1986	Gibbins/Livsey	EXE/RLP	1992	Jenson/Slater	ORS
	Boxshall/Elliott			Sargeant/Smith	
	Reassigned – Winning cre	ew of the Veteran	K4 at the N	lational Championship Ev	rent
2001	Davies/Hawthorn	WOR	2010	Escott/Lewis/	BOA
	Parker/Grandy			Darling/Missen	
2002	Davies/Hawthorn	WOR	2011	Bird/Brookes	WOR/RUN
	Parker/Saunders			Blackman/Rodgers	
2003	Grimwood/Oliver	LIN/RUN	2012	Kent/Hinves	SOU
	Oliver/Brookes			Willis/Rance	
2004	Adams/Martin/	BSF	2013	O'Cuinn/Vida/	RIC
	England/Hall			Soregi/Domonkos	
2005	Adams/Martin	BSF	2014	Bird/Parker/	WOR/CHE
	Terry/Jordan	LBZ/MAI		Tricketts/Rogers	
2006	Illidge/Marnell	RUN/CHE	2015	Irvine/Murray	RIC
	Brookes/Swallow			Martin/Soregi	
2007	Littlewood/Mason	NOT	2016	Enoch/Norfolk	NOT
	Nadal/Bagshaw			Livsey/Cresser	
2008	Kent/Nicholson/	SOU	2017	Enoch/Belbin	NOT
	Willis/Rance			Butler/Cresser	
2009	Phillips/Bird/	WOR	2018	Enoch/Jones	NOT
	West/Trickett			Butler/Cresser	

OF RINT RADING FERR ETGAL TROTTILE									
	Dexter Trophy								
	For the best Senior B performance at the National Championship Regatta								
1981	Richard Lucas	GAI	2000	David Duff	RAF				
1982	Russell Jones	FLA	2001	Stuart West	WOR				
1983	Roland Lucas	RIC	2002	Stuart West	WOR				
1984	Peter Evans	LIN	2003	Mark Hoile	ROY				
1985	Paul Gadd	RIC	2004	Paul Prestwood	GAI				
1986	Trevor Melham	ROY	2005	Jonathon Schofield	SOR				
1987	Peter Maycock	EXE	2006	Jonathan Simmons	WEY				
1988	Simon Horsley	NBY	2007	Joe Surrage	BSF				
1989	Gavin Turrell	RIC	2008	Brett Irvine	RIC				
1990	Brian Saunt	ADL	2009	Pip Ede	RDG				
1991	Roger Masters	ROY	2010	Ben Bradshaw	NOR				
1992	Chris Dorrell	TON	2011	Paul Yates	WEY				
1993	Ed Shaw	ROY	2012	Jonathan Tye	WOR				
1994	Paul Evans	HER	2013	Mark Ressel	ROY				
1995	Matthew Enoch	NOT	2014	Lewis Duffield	CLM				
1996	Gary Shaw	ELM	2015	Stelian Naftanaila	NOT				
1997	Paul Enoch	NOT	2016	Lewis Fletcher	LKR				
1998	Malcolm Starkey	FOX	2017	Andras Kovacs	WEY				
1999	David Coulson	RDG	2018	Nicky Cresser	NOT				

Women's Kayak

	Lendenkamp Trophy							
	Winner Women's A K1 200m at National Championship Event							
2012	Rachel Cawthorn	WEY	2015	Leanne Brown	MAI			
2013	Rachel Cawthorn	WEY	2016	Lizzie Broughton	RIC			
2014	Rachel Cawthorn	WEY	2017	Angela Hannah	BAN			
			2018	Rachel Cawthorn	Wey			

	Bruce Lucas Trophy								
	To the winner of the Women's A K1 6000m at the National Championship Event								
1984	Anne Plant	LIC	1992	Alison Thorogood	NEW				
1985	Anne Plant	LIC	1993	Andrea Dallaway	ELM				
1986	Susie Perrett	RLP	1994	Andrea Dallaway	ELM				
1987	Susie Perrett	RLP	1995	Alison Thorogood	NEW				
1988	Susie Perrett	RLP	1996	Anna Hemmings	ELM				
1989	Susie Perrett	RLP	1997-						
1990	Hilary Dresser	ROY	2000	No event					
1991	Andrea Dallaway	ELM	2001	Anna Hemmings	ELM				
	Reassigned – Winner of Women	's A K1 50	Om at the I	National Championship Event					
2002	Beth Campbell	NOT	2011	Jenna Hawkey	EXE				
2003/4	No event		2012	Rachel Cawthorn	WEY				
2005	Abigail Coulson	RDG	2013	Rachel Cawthorn	WEY				
2006	Abigail Coulson	RDG	2014	Jessica Walker	ROY				
2007	Abigail Coulson	RDG	2015	Jenny Swallow	CHE				
2008	Louisa Sawers	ELM	2016	Hayleigh Mason	NOT				
2009/10	No event		2017	Rachel Cawthorn	WEY				
			2018	Rachel Cawthorn	WEY				

	The Boulogne Cup							
	To the winning crew of the		•	National Championship E	vent			
1981	Perrett/Hornby	RLP/WES	1995	Hardy/Cheyne	ORS			
	Perrett/Crawley	NEW		Train/McGee				
1982	Perrett/Smither	RLP/LEA	1996	Gilby/Hemmings	ELM/WEY			
	Craske/Crawley	FLA/NEW		Hynds/Burns				
1983	Smither/Parker	LEA/NOT	1997	Cattle/Jones	ORS			
	Craske/Crawley	FLA/NEW		Bale/Hannon				
1984	Smither/Lawler	LEA/ELM	1998	Davey/Train	RIC/FLA			
	Perrett/Watson	LIC		Gilby/Thorogood	ELM/LEA			
1985	Plant/Clough	RLP/LIN	1999	Train/Campbell	ORS			
	Perrett/Troop			Bapty/Thorogood				
1986	Lawler/Perrett	ELM/RLP	2007	Braithwaite/Hawkey	ORS			
	Crawley/Plant			Sawers/Cawthorn				
1987	Thorogood/Lawler	NEW/ELM	2008/11	No event				
	Dawson/Eastwood	ROY/ELM	2012	Edmonds/Walker/	ORS			
1988/9	No event			Cawthorn/Sawers				
1990	Dresser/Dallaway	ELM	2013	No Event				
	Lawler/Barry		2014	Walker/Cawthorn/	ORS			
1991	Dallaway/Davey	ORS		Sawers/Hannah				
	Troop/Thorogood		2015	Belcher/Brown	ORS			
1992	Dallaway/Davey	ORS		Mason/Brown				
	Thorogood/Troop		2016	No event				
1993	Dresser/Gilby	ORS	2017	Cawthorn/Lewis	WEY/WOR			
	Dallaway/Bennett			Simon/Walker	ELM/ROY			
1994	Thorogood/Green	ORS	2018	Brown/Lewis	WYC/WOR			
	Hemmings/Gilby			Russell/Turner	CLM/BAN			

	Femina Trophy							
Most meritorious Senior Women's A performance at the National Championship Regatta								
1981	Sue Hornby	WES	1996	Alison Thorogood	NEW			
1982	Lesley Smither	LEA	1997	Tricia Davey	RIC			
1983	Lesley Smither	LEA	1998	Becky Train	FLA			
1984	Debbie Watson	LBZ	1999	Alison Thorogood	LEA			
1985	Susie Perrett	RLP	2000	Abigail Cattle	RDG			
1986	Susie Perrett	RLP	2001	Rebecca Hunter	ROY			
1987	Angela Dawson	ADL	2002/9	No event				
1988	Susie Perrett	RLP	2010	Victoria Towers	NOT			
1989	Sandra Troop	NOT	2011	No event				
1990	Hilary Dresser	ROY	2012	Rachel Cawthorn	WEY			
1991	Andrea Dallaway	ELM	2013	Rachel Cawthorn	WEY			
1992	Alison Thorogood	NEW	2014	Rachel Cawthorn	WEY			
1993	Andrea Dallaway	ELM	2015	Rebeka Simon	ELM			
1994	Hilary Dresser	RIC	2016	Emily Lewis	WOR			
1995	Becky Train	FLA	2017	Emily Lewis	WOR			
			2018	Rachel Cawthorn	WEY			

	Lee & Joan Davies Memorial Trophy								
	For the best Women's B performance at the National Championship Regatta								
1998	Kerry Watts	NOR	2008	Claire Spencer	HER				
1999	Laura Blair	LEA	2009	No event					
2000	Elizabeth Homes	CHE	2010	Hannah Brown	BOA				
2001	Jackie Eastwood	RIC	2011	Hannah Brown	BOA				
2002	Beth Campbell	NOT	2012	Coral Birkhill	LON				
2003	Beth Campbell	NOT	2013	Phoebe Ayres	WEY				
2004	Joanne Bates	ELM	2014	Amy Ward	ELM				
2005	Anna Hemmings	ELM	2015	Sophie Rooney	BAN				
2006	Hayleigh Mason	NOT	2016	Amy Turner	BAN				
2007	Hayleigh Mason	NOT	2017	Ava Dale	FOX				
			2018	Melissa Johnson	CLM				

Boy's Kayak

		Rhodes T	rophy					
	To the winner of the Under 18 K1 500m at the National Championship Event							
1981	Nicholas Gregory	WAR	2000	Andrew Kelly	ELM			
1982	Michael Smith	SHE	2001	Simon Fennemore	WEY			
1983	Toby Mundy	TON	2002	Liam Heath	WEY			
1984	Steven Adams	ROY	2003	Edward Cox	WEY			
1985	Mark Adams	ARM	2004	Ben Brown	ELM			
1986	James Butler	NOT	2005	Matthew Guy	LBZ			
1987	lan Livesey	EXE	2006	Robert Beer	ELM			
1988	Chris Dorrell	TON	2007	Tom Hide	ADS			
1989	Simon Ricketts	ANK	2008	Tom Simmons	BOA			
1990	Paul Slater	LIC	2009	Tom Simmons	BOA			
1991	Paul Slater	LIC	2010	Mark Clive	GAI			
1992	Paul Slater	LIC	2011	Matthew Bowley	BUR			
1993	Stephen Tingay	LBZ	2012	Daniel Johnson	CLM			
1994	Andrew Morgan	FLA	2013	Sean Redmond	LGW			
1995	Daniel Greaves	LEA	2014	Edmund Haws	WEY			
1996	Phillip Murphy	GAI	2015	Noah Dembele	LEA			
1997	Damian Chapman	NOT	2016	leuan James	FOR			
1998	Craig Watt	ELM	2017	leuan James	FOR			
1999	Owen Peake	BOA	2018	Philip Miles	RLS			

	Henry Thelen Trophy							
	Winner Boys Under 18 K1 200m at National Championship Event							
2012 Matthew Bowley BPR 2015 Ieuan James F0								
2013	Lewis Duffield	CLM	2016	leuan James	FOR			
2014	Jordi Eccles	ANK	2017	leuan James	FOR			
			2018	Ben Gallagher	FOR			

	Barry Murray Trophy						
	Winner Boys Under 18 K1 1000m at National Championship Event						
2016	Magnus Gregory	LON	2017	Luke Shaw	NOR		
			2018	Philip Miles	RLS		

Girl's Kayak

Phillips Plate							
	Winner Girls Under 18 K1 200m at National Championship Event						
2012	Amy Ward	ELM	2015	Deborah Kerr	SKR		
2013	Rebeka Simon	ELM	2016	Emma Brockway	LKR		
2014	Deborah Kerr	SDS	2017	Rachel Kneen	FOR		
			2018	Enya Dale	FOX		

	The Dennis Smith Trophy								
To the winner of the Girls A K1 500m at the National Championship Event									
1990	Tricia Davey	RIC	2004	Tara Nutt	ELM				
1991	Helen Gilby	ELM	2005	Louisa Sawers	ELM				
1992	Sue Bennett	FLA	2006	Claire Spencer	HER				
1993	Emily Ormerod	RIC	2007	Jessica Walker	ROY				
1994	Lucy Hardy	FLA	2008	Maria Middlehurst	ADS				
1995	Rachel Train	FLA	2009	Jenny Swallow	CHE				
1996	Sarah Griffith	FLA	2010	Katherine Trotter	ELM				
1997	Jenny Lumb	LBZ	2011	Emily Lewis	WOR				
1998	Elaine Appleby	LBZ	2012	Amy Ward	ELM				
1999	Abigail Cattle	RDG	2013	Rebeka Simon	ELM				
2000	Jenny Spencer	HER	2014	Deborah Kerr	SDS				
2001	Rosalind Bates	ELM	2015	Deborah Kerr	SKR				
2002	Zara Dale	ELM	2016	Ava Dale	FOX				
2003	Shuna Braithwaite	SDS	2017	Florence Duffield	NOR				
			2018	Emma Russell	CLM				

Junior Kayak & Canoe

	Jones Cup Junior Racing Canoeist of Year								
	Voted for by members of the Junior Olympic Racing Squad: sponsored by Rowland Jones								
1981	Nicholas Gregory	WAR	2000	Richard Darby Dowman	ELM				
1982	David Battershell	WEY	2001	Jenny Spencer	HER				
1983	Gregory Slater	LIC	2002	Liam Heath	WEY				
1984	Susie Perrett	RLP	2003	Edward Cox	WEY				
1985	Gary Quittenton	LIN	2004	Paul Wycherley	WEY				
1986	Andrea Dallaway	LIC	2005	Allen Spencer	HER				
1987	Paul Enoch	NOT	2006	Rachel Cawthorn	WEY				
1988	Jason Wilson	ANK	2007	Tom Hide	ADS				
1989	Simon Ricketts	ANK	2008	Jessica Walker	ROY				
1990	Tony Richardson	ROY	2009	Dean Terry	WEY				
1991	Tricia Davey	RIC	2010	Marton Simon	ELM				
1992	Anthony Crowther	FLA	2011	Katherine Trotter	ELM				
1993	Stuart Crowther	FLA	2012	Marton Simon	ELM				
1994	Timothy Brabants	ELM	2013	Rebeka Simon / Amy Ward	ELM				
1995	Paul Darby Dowman	ELM	2014	Edmund Haws	WEY				
1996	Daniel Golder	BAN	2015	Deborah Kerr	SKR				
1997	Abigail Cattle	RDG	2016	Magnus Gregory	LON				
1998	Richard Darby Dowman	ELM	2017	leuan James	FOR				
1999	Richard Darby Dowman	ELM	2018	Emma Russell	CLM				

Canoe

Dewar Cup					
Winner Men's A C1 200m at National Championship Event					
2012	Richard Jeffries	NOT	2015	Christopher Calvert	FLA
2013	Richard Jeffries	NOT	2016	Christopher Calvert	FLA
2014	Richard Jefferies	NOT	2017	Dmitrijs Bogdanovs	FOX
			2018	lain Weir	BAN

	Doug Saxby Trophy					
	To the winner of the Senior A C1 500m at the National Championship Event					
1999	999 Stephen Train FLA 2008/10 No event					
2000	Stephen Train	FLA	2011	James Train	FLA	
2001	Karl Yurkwich	RLS	2012	Matthew Lawrence	LBZ	
2002	Matthew Lawrence	LBZ	2013	Marko Csokasi	RIC	
2003/4	No event		2014	James Styan	FLA	
2005	Matthew Lawrence	LBZ	2015	James Styan	FLA	
2006	Matthew Lawrence	LBZ	2016	lain Weir	BAN	
2007	Matthew Lawrence	LBZ	2017	lain Weir	BAN	
			2018	George Caines	NOT	

Sidney Rowe Cup							
	To the winner of the Senior A C1 1000m at the National Championship Event						
1979	W Reichenstein	IRV	1997	Stephen Train	FLA		
1980	W Reichenstein	IRV	1998	Stephen Train	FLA		
1981	Stephen Train	FLA	1999	Stephen Train	FLA		
1982	Marcus Gohar	RIC	2000	Stephen Train	FLA		
1983	Marcus Gohar	RIC	2001	Anthony Crowther	FLA		
1984	Andrew Train	FLA	2002/4	No event			
1985	Andrew Train	FLA	2005	James Train	FLA		
1986	Andrew Train	FLA	2006	Matthew Lawrence	LBZ		
1987/8	No event		2007/10	No event			
1989	Andrew Train	FLA	2011	Matthew Lawrence	LBZ		
1990	No event		2012	Matthew Lawrence	LBZ		
1991	Andrew Train	FLA	2013	James Train	FLA		
1992	Stephen Train	FLA	2014	James Styan	FLA		
1993	Andrew Train	FLA	2015	James Styan	FLA		
1994	Stephen Train	FLA	2016	lain Weir	BAN		
1995	Eric Jamieson	WEY	2017	lain Weir	BAN		
1996	Derek Hall	RDG	2018	Nerijus Budrikis	WOR		

Women's Canoe

Sam Rippington Trophy						
	Winner Women's Senior C1 200m at National Championship Event					
2016	Chloe Bracewell	HPP	2018	Chloe Bracewell	IND	
2017	Katie Reid	HPP				

Boy's Canoe

Adjutants Cup					
	To the winner of the Under:	18 C1 500m	at the Natio	onal Championship Event	
1981	Andrew Train	FLA	1992	Thomas Love	RLS
1982	Michael Train	FLA	1993	Jonathon Love	RLS
1983	Warren Ashman	FLA	1994	Karl Yurkwich	RLS
1984	Miles Broadbent	FLA	1995	Karl Yurkwich	RLS
1985	Jonathan Summers	EXE	1996	Jonathon Love	RLS
1986	Paul Parker	WYR	1997	Toby Shipway	LBZ
1987	Mark Parsloe	FLA	1998	Matthew Lawrence	LBZ
1988	Mark Parsloe	FLA	1999	Toby Shipway	LBZ
1989	Alex Martin	FLA	2000	Matthew Lawrence	LBZ
1990	Alex Martin	FLA	2001	Lee Watson	RLS
1991	Thomas Love	RLS			
	Reassigned – Male Ju	nior Paddler	with best (C1 performance at	
	the Na	tional Cham	pionship Ev	ent	
2002	James Train	FLA	2010	Adam Stannard	RLS
2003	Simon Avery	FLA	2011	Marko Csokasi	RIC
2004	James Train	FLA	2012	Max Jamieson	WEY
2005	Gareth Hunt	FLA	2013	Marko Csokasi	RIC
2006	James Styan	FLA	2014	Ben Phillips	RIC
2007	Iain Weir	BAN	2015	Ben Phillips	RIC
2008	lain Weir	BAN	2016	Adrian Meikle-Briggs	RIC
2009	lain Weir	BAN	2017	Arthur Leech	RIC
			2018	Thomas Lambert	LEE

Girl's Canoe

	Skinner's Salver					
	For the best performance by a Female Junior C1 at the National Championships					
2011	Emily Hewitt	SOU	2016	Ruth Bennett and	FLA	
2012	Emily Hewitt	SOU		Lydia Downing-Clarke	FOR	
2013	Emily Hewitt	SOU	2017	Ruth Bennett	FLA	
2014	Emily Hewitt	SOU	2018	Alix Aitchison &	IND	
2015	Georgina Pryor	LEE		Charlotte Carey		

Paracanoe

Jonathon Broome Memorial Trophy							
	Paracanoe Men's Kayak A						
2013	2013 Ian Marsden TRE						
	Reassigned – Paracanoe Athlete of the Year						
	as voted for by the athletes and	d staff of the	British Can	oeing Paralympic programme			
2015	Jonny Young	IND	2017	Tim Lodge	WEY		
2016	Tim Lodge	WEY	2018	Emma Wiggs	IND		

Inter-Club Competition

	MacGregor Paddle					
	For the winning club at the In	-	mpionship Regatta			
1977	Fladbury Paddle Club	1998	Elmbridge & Wey – Joint Winners			
1978	Fladbury Paddle Club	1999	Richmond Canoe Club			
1979	Fladbury Paddle Club	2000	Elmbridge Canoe Club			
1980	Fladbury Paddle Club	2001	Elmbridge Canoe Club			
1981	Fladbury Paddle Club	2002	Elmbridge Canoe Club			
1982	Fladbury Paddle Club	2003	Elmbridge Canoe Club			
1983	Richmond Canoe Club	2004	Leighton Buzzard C.C.			
1984	Richmond Canoe Club	2005	Elmbridge Canoe Club			
1985	Fladbury & Lincoln – Joint Winners	2006	Wey Kayak Club			
1986	Fladbury Paddle Club	2007	Leighton Buzzard Canoe Club			
1987	Richmond Canoe Club	2008	Wey Kayak Club			
1988	Lincoln Canoe Club	2009	Wey Kayak Club			
1989	Richmond Canoe Club	2010	Reading Canoe Club			
1990	Richmond Canoe Club	2011	Reading Canoe Club			
1991	Elmbridge Canoe Club	2012	Reading Canoe Club			
1992	Fladbury Paddle Club	2013	Norwich Canoe Club			
1993	Richmond Canoe Club	2014	Richmond Canoe Club			
1994	Fladbury Paddle Club	2015	Richmond Canoe Club			
1995	Wey Kayak Club	2016	Chelmsford & Wey – Joint Winners			
1996	Wey Kayak Club	2017	Richmond Canoe Club			
1997	Elmbridge Canoe Club	2018	Norwich Canoe Club			

Marsport Trophy					
	For the winning club of the Mini Sprint Series				
2009	Lincoln Canoe Club	2014	Norwich Canoe Club		
2010	Leighton Buzzard Canoe Club	2015	Norwich Canoe Club		
2011	Leighton Buzzard Canoe Club	2016	Norwich Canoe Club		
2012	Royal Leamington Spa CC	2017	Linlithgow Kayak Racing Club		
2013	Royal Leamington Spa CC	2018	Wiltshire Youth Canoe Club		

National Regattas Inter-Club Medal Competition				
2018	Norwich Canoe Club			



Paul Ratcliffe is the British Canoeing Performance Director with the overall responsibility for all the British Canoeing Performance and Talent Programmes.

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Tokyo 2020 Strategy and Funding:

British Canoeing is in the fortunate position as a sport to receive a significant level of funding from the National Lottery which is allocated through UK Sport. The ultimate purpose of the funding for the World Class Performance Programmes is to win Olympic and Paralympic medals. Our process in achieving this starts by focusing on individuality by putting athletes right at the heart of everything we do to create an athlete centred culture.

British Canoeing's Performance Programme funding is dedicated to supporting the most talented athletes in the Olympic disciplines of Canoe Slalom and Canoe Sprint Racing and the Paralympic discipline Paracanoe to win medals at the highest level. Having consistently won Olympic medals since 2000, the sport gained its first ever Olympic Champion, Tim Brabants, in the K1-1000 in Beijing in 2008. At the London 2012 Olympics, Ed McKeever followed this success, winning Gold on home soil in K1-200. We had our best ever Olympic results at the Rio 2016 Olympic Games, with Liam Heath winning Gold in the K1-200 and Liam Heath & Jon Schofield winning a Silver medal in the Men's K2-200 event. We also had great success in our Paralympic debut, winning three Gold medals (Jeanette Chippington, Anne Dickens & Emma Wiggs) and two Bronze medals (Nick Beighton and lan Marsden) at the Rio 2016 Paralympic Games.

Our overall aim is to improve on our Rio 2016 performance at the 2020 Tokyo Olympic and Paralympic Games. For the Tokyo cycle the British Canoeing Olympic and Paralympic programme will be based at two High Performance Centres. The Canoe Sprint and Paracanoe programmes will be primarily based at Holme Pierrepont in Nottingham and the Canoe Slalom programme will be primarily based at the Lee Valley Whitewater Centre in Hertfordshire.

In 2018, the 2nd year of the Tokyo cycle, athletes in each discipline achieved some outstanding World and European Championship successes. The significant and positive changes within the World Class and Talent programmes in 2018 has also demonstrated cultural improvements in the programme through our Culture Health Check and review processes.

British Canoeing receives funding from Sport England to support its Talent Programmes. Our vision is to create a world-leading Talent Programme which discovers, nurtures and delivers an oversupply of talented athletes with the characteristics required for senior international success for our World Class Programmes. The vision is also to create an environment committed to the pursuit of excellence and to supporting every athlete to be the best they can be.

For more information please refer to the www.britishcanoeing.org.uk and the Performance and Talent sections of the website.

UK Sport Funded World Class Programme (from 1 January 2019)

Following the 2018 Annual review the Canoe Sprint athletes listed below were nominated for the UK Sport World Class Podium and Podium Potential programmes:

20	2019 World Class Programme Canoe Sprint Athletes					
Athlete	Funding Level	Athlete	Funding Level			
Liam Heath WEY	Podium	Jess Walker ROY	Podium			
Jon Schofield SOR	Podium	Katie Reid FOR	Podium Potential			
Thomas Lusty SOL	Podium Potential	Emily Lewis WOR	Podium Potential			
Lewis Fletcher LKR	Podium Potential	Deborah Kerr SKR	Podium Potential			
Matthew Robinson CDF	Podium Potential	Hannah Brown WYC	Podium Potential			
Daniel Johnson CLM	Podium Potential	Chloe Bracewell IND	Podium Potential			
leuan James FOR	Podium Potential	Rebii Simon ELM	Podium Potential			
Charlie Smith LBZ	Podium Potential	Rachel Cawthorn WEY	Podium Potential			
Zyggy Chmiel NOT	Podium Potential	Bethany Gill IND	Podium Potential			
Noah Dembele LEA	Podium Potential	Angela Hannah BAN	Podium Potential			
Trevor Thomson EAL	Podium Potential	Emma Russell CLM	Podium Potential			
Stelian Naftanaila NOT	Podium Potential	Afton Fitzhenry CNI	Podium Potential			
Phillip Miles RLS	Podium Potential	Enya Dale FOX	Podium Potential			
		Zoe Clark ROY	Podium Potential			

For details of the World Class Performance Programme Selection Matrix, please refer to the British Canoeing website.

Overview of the 2019 Selection Process

The 2019 selection policy is available on the British Canoeing website and can be accessed by the following link www.britishcanoeing.org.uk/olympic-paralympic/policies/

The Purpose of the Selection Policy is to outline the processes which will lead to the selection of athletes to represent Great Britain at the identified senior international canoe sprint competitions in 2019. The Selection Policy is designed to allow athletes to maximise preparations and performances at the 2019 World Championships through a clear selection process.

The first round of Global qualification for the Tokyo Olympic Games will take place at the 2019 World Championships and this policy focuses on aligning performance delivery with the Olympic Qualification System at this event. This will mean selecting athletes capable of achieving A finals in order to qualify boat quota places for Great Britain at the 2020 Olympics.

Senior Events

Competition/Regatta	Venue	Date	Date of Selection Announcement by IP
World Cup 1	Poznan, POL	23-26 May 2019	Crew Boats -Tuesday 2 nd April 2019
World Cup 2	Duisburg, GER	30 May – 2 June 2019	Individual – Tuesday 30 th April 2019
2019 European Games	Minsk, BLR	21-30 June 2019	Tuesday 30 th April 2019
Senior World Championships*	Szeged, HUN	21-25 Aug 2019	Tuesday 4 th June 2019

^{*}Subject to performance standard, up to 1 boat per event at the ICF World Championships may be selected.

All 2019 Team selections will originate from domestic selection competitions which will be used to select athletes/crews to the ICF World Cups and from performances at the World Cups to the World Championship Teams.

Domestic selection will be split into two open competitions on identified dates:

- Crew Boat selection March 30th/31st 2019 at Holme Pierrepont. Nottingham
- Individual selection April 27th/28th 2019 at Holme Pierrepont, Nottingham

U23 & Junior Events

Competition/Regatta	Venue	Date	Date of Selection Announcement by IP
2019 Competitions U23 Tea	ims		
U23 European Championships (Performance & Dev't Team)	Racice, CZE	11-14 July 2019	Crew Boats -Tuesday 2 nd April 2019 Individual – Tuesday 30 th April
U23 World Championships (Performance Team)	Pitesti, ROU	1-4 August 2019	2019
2019 Competitions Junior	Гeams		
International Regatta, (Development team),	Brandenburg, GER	24-26 May 2019	Individual -Tuesday 2 nd April 2019
Junior European Championships (Perf & Dev't Team)	Racice, CZE	11-14 July 2019	Crew Boats – Tuesday 30 th April 2019 (U16 Additional Int regatta
Junior World Championships (Performance Team)	Pitesti, ROU	1-4 August 2019	Places based upon races at April regatta)
Olympic Hopes Regatta	Bratislava, SVK tbc	20-22 Sept 2019 tbc	Tuesday 2 nd July 2019

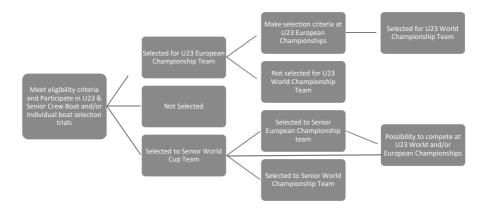
⁻ Subject to performance standard, British Canoeing may select up to 1 boat per event at the ICF/ECA Junior and U23 World & European Championships

All 2019 Junior & U23 Team selections will originate from domestic selection competitions which will be used to select athletes/crews to the Junior & U23 European and World Championship Teams.

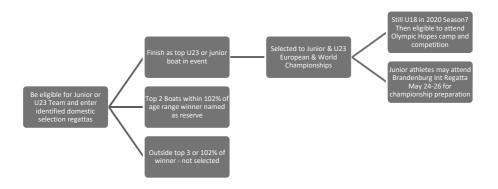
Domestic selection will be split into two open competitions on identified dates: Note the difference between Juniors & U23

	Crew Boat	Individual
Junior Selection	April 27 th /28 th 2019	March 30 th /31 st 2019
U23 Selection	March 30 th /31 st 2019	April 27 th /28 th 2019

Simplified Flow Diagram of Senior Canoe Sprint 2019 Selection Process



Simplified Flow Diagram of 2019 Canoe Sprint Junior & U23 Selection Process



World Class Programme Paracanoe Athletes 2019

Following the 2018 Annual review the athletes listed below were nominated for the UK Sport Podium and Podium Potential Paracanoe programmes

2019 World Class Programme Paracanoe Athletes

Athlete	Funding Level	Athlete	Funding Level
Jonathan Young CNI	Podium	Emma Wiggs IND	Podium
Martin Tweedie IND	Podium	Jeanette Chippington LON	Podium
lan Marsden IND	Podium	Nikki Paterson IND	Podium
Nick Beighton IND	Podium	Charlotte Henshaw IND	Podium
Robert Oliver SOL	Podium	Chelsey Dixon IND	Podium Potential
David Phillipson IND	Podium	Hope Gordon IND	Podium Potential
Jack Eyers IND	Podium		
Stewart Wood IND	Podium Potential		
Stewart Clark	Podium Potential		

Paracanoe Selection Events 2019

Team selection is based upon performances in identified selection regattas and at international competitions. In order to be considered for selection, athletes must participate in all applicable regattas and events. GBR teams will be selected for the following competitions in 2019:

2019 Competitions - Paracanoe										
Competition/Regatta	Venue	Date	Date of Selection Announcement by IP							
ICF World Cup 1 incorporating Senior European Championships**	Poznan, POL	24 th - 26 th May 2019	Tuesday 30th April 2019							
Senior World Championships	Szeged, HUN	21st to 25th Aug 2019	1st Boat (in a Paralympic Class)							
Paralympic Test Event	Tokyo, JPN	12 th – 15 th Sept 2019	Tuesday 28 th May 2019. All other boats Tuesday 2nd July 2019							

Subject to policy detail and performance standard, British Canoeing may select up to 2 boats per event at the ICF World Championships and ICF World Cup incorporating the European Championships.

First round World Championship Team Selection will be based upon results at World Cup race 1.

2019 Paracanoe Team Selection Overview

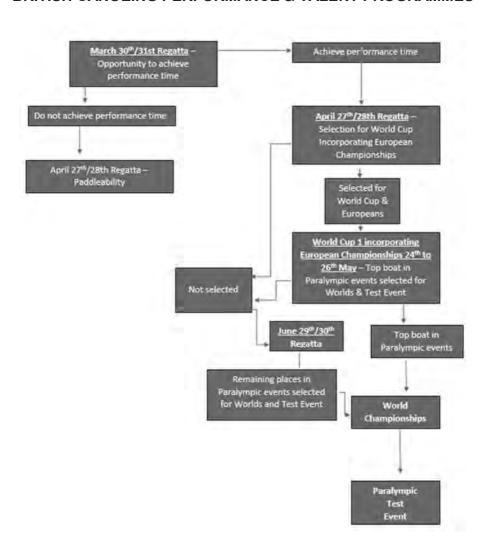
All 2019 Paracanoe team selection will originate with domestic selection which will be used to select athletes.

Subject to any mitigating circumstances selection for International Competition incorporates a number of elements including:

- 1. Ranking at appropriate Paracanoe selection regatta
- 2. The consideration of an athlete against the Performance standard
- 3. Reference to the strategic priorities

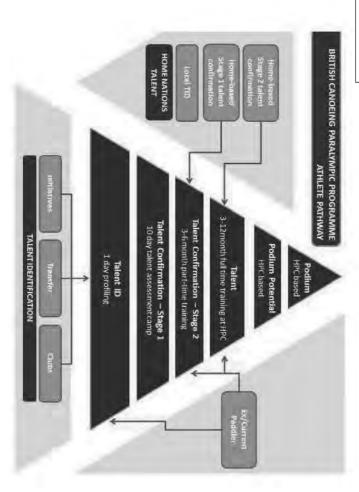
Simplified Flow Diagram of Paracanoe 2019 Selection Process

^{**} In Paralympic events only where all selection places have not been filled, development athletes will be considered if they do not have previous international competition experience, have a green RAG rating on the Paralympic Programme performance funnels and a Tokyo profile.



Paracanoe Athlete Pathway





STANDARDS FOR SPRINT RACING

K1 and C1 times on a fast course

	K1 and C1 times on a				٠.	
Band	National Sprint Racing Classes	1000m	500m	200m		HC
1	Olympic 3:24 & 1:36 K1 World Champion Men K1 Men A Kayak	3.26 3.30 3.34 3.38 3.42 3.46	1.36 1.38 1.40 1.42 1.44 1.46	35.00 35.66 36.33 37.00 37.66 38.33	Р	0 1 2 3 4
2	World Champion C1 / Women K1 Men B Kayak Men A Canoe Masters A Kayak Boys A Kayak Women A Kayak	3.50 3.54 3.58 4.02 4.06	1.48 1.50 1.52 1.54 1.56	39.00 39.66 40.33 41.00 41.66	D P	5 6 7 8 9
3	Men C Kayak Men B Canoe Masters B Kayak Boys B Kayak Boys A Canoe Women B Kayak Girls A Kayak	4.10 4.14 4.18 4.22 4.26	1.58 2.00 2.02 2.04 2.06	42.33 43.00 43.66 44.33 45.00	D P	10 11 12 13 14
4	Men D Kayak Men C Canoe Masters C Kayak Boys B Canoe Boys C Kayak Women A Canoe Women C Kayak Women Masters A Girls B Kayak	4.30 4.34 4.38 4.42 4.46	2.08 2.10 2.12 2.14 2.16	45.66 46.33 47.00 47.66 48.33	D P	15 16 17 18 19
5	Masters D Kayak Boys D Kayak Women D Kayak Women Masters B Girls C Kayak Men D Canoe Boys C Canoe Women B Canoe	4.50 4.54 4.58 5.02 5.06	2.18 2.20 2.22 2.24 2.26	49.00 49.66 50.33 51.00 51.66	D P	20 21 22 23 24
6	Boys D Canoe Women C Canoe Girls B Canoe Girls D Kayak	5.10 5.14 5.18 5.22 5.26	2.28 2.30 2.32 2.34 2.36	52.33 53.00 53.66 54.33 55.00	D P	25 26 27 28 29
7	Women D Canoe Girls C Canoe Regional Regattas recommended for others	5.30 5.34 5.38 5.42 5.46	2.38 2.40 2.42 2.44 2.46	55.66 56.33 57.00 57.66 58.33	D P	30 31 32 33 34
8	Girls D Canoe Regional Regattas recommended for others	5.50 5.54 5.58 6.02 6.06	2.48 2.50 2.52 2.54 2.56	59.00 59.66 60.33 61.00 61.66	D P	35 36 37 38 39
	To Boys D Kayak Boys Under 12 Kayak Minimum time		2.26 3.30	51.66	Р	24
	To Girls D Kayak Girls Under 12 Kayak Minimum time		2.36 3.30	55.00	Р	29
	Minimum Mini Sprint A		3.30			
	Minimum Mini Sprint B		4.00			

All classes within the same band are subject to the same performance standards. There is no significance to the order in which classes are listed within each time band.

The handicap (HC) column is used to vary the standard time for each band to account for racing conditions at the time.

Promotions (P) and demotions (D) are possible on 1000m, 500m, and 200m races.

NEW PERSONAL PERFORMANCE AWARDS



The NEW Personal Performance Awards are designed for paddlers wanting to gain recognition of their learning and development, in the craft and environment they choose. The process of completing the awards is based on learning and, as such, the ethos of 'supporting the paddler' is the main focus of all the awards, encouraging individuals in their development.

Discipline Specific Pathway Awards



- All of the awards are direct entry. Paddlers can choose which award they would like to work towards, developing their skills and decision making.
- There are no direct links to Coaching and Leadership qualifications as prerequisites.
 The awards do provide appropriate milestones and acknowledgement of personal skills, setting up the paddler appropriately for British Canoeing Coaching and Leadership qualifications.
- There are no age restrictions for any of the awards. Providers should check paddlers' suitability, as well as having appropriate mechanisms for anyone under 18.
- All of the awards have been created and written with the paddler at the heart of the content and creates empowerment and ownership.

Becoming a Provider

Every Instructor, Coach and Leader will be able to deliver some of the Personal Performance Awards, depending on the exisiting qualifications and roles held, which will provide greater access for the paddling community. All Providers will need to complete an online eLearning package which support Providers with the delivery of the awards. For full details, please see https://www.britishcanoeingawarding.org.uk/new-personal-performance-awards/

If Coaches don't hold British Canoeing qualifications, they can submit an APL application in order to deliver the awards. https://www.britishcanoeing.org.uk/coaching-leadership/support-recognition/accredited-prior-learning





The Racing Awards are designed for paddlers looking to develop and progress their Racing skills. So whether you're looking to start your journey into racing or looking to improve your racing skills, there's something for everyone!

Racing takes place in a variety of venues and environments. The awards can be accessed by sprint, marathon, ocean racing as well as in both kayak and canoe.

Racing Porform Av

Racing Perform Award

Racing
Racing Explore Award

The Racing Explore Award introduces you to the exciting world of racing, helping you to have fun and feel confident at the start of your journey, giving you the ability to apply your choices to an enjoyable racing experience.

Developing your forward paddling technique and racing boat skills, learning to train for, and compete in, entry level marathon and sprint competitions.

Racing

Racing Excel Award

The Racing Excel Award helps you to build your confidence, skill and knowledge to race and deliver your best performance in high level marathon, sprint and ocean racing competitions, through effective application of skills and well developed decision making processes.

This award further develops your skill in racing, giving you the confidence to race as well as transferring your skills to crew boats. Learn to train for, and compete in, higher level marathon, sprint and ocean racing competitions as well as advancing your understanding and skills in standing starts, wash hanging, forward paddling and manoeuvring.

Although not prerequisites, these awards provide appropriate acknowledgement of personal skills for paddlers wanting to attend Coaching & Leadership qualifications. Achieving these awards ahead of the relevant qualification will enable you to focus on the course content, rather than being concerned with your personal skills.

Racing Explore Award: Paddlesport Leader, Kayak Coach (Sheltered Water) and Canoe & Kayak Coach (Sheltered Water)

Racing Perform Award: Racing Coach Award Racing Excel Award: Performance Sprint Coach or the Performance Marathon Coach

COACHING AND LEADING THE COMPETITION DISCIPLINES

Developing your coaching and leadership skills through British Canoeing courses

There are various pathways enabling both paddlers (boat based) and non-paddlers (bank based) to become Competition Coaches. There are a range of direct entry awards available, which could be the first or next step for any aspirant coach or leader.

Coach Award

Launched in January 2018, the Coach Award creates discipline specific pathways across all disciplines, which includes the Racing Coach Award. The Racing Coach Award is designed for people whose core function is to coach paddlers who want to gain/improve their Racing paddlesport skills. This will include coaching beginners new to the sport, or paddlers looking to develop their skills in the given discipline/environment. The Racing Coach Award is open to boat-based and bank based paddlers.

The Racing Coach Award includes a 2 day of Core Coach Training and a 2 day Racing Coach training, which is concluded by a 1 day assessment. There are direct entry options available, a British Canoeing membership is the only prerequisite of the Core Coach Training. Where relevant, coaches who have already completed various British Canoeing qualifications can by-pass the Core Coach Training and/or Discipline Specific Training. Coaches who have completed the Sprint Discipline Support Module Part 2 (training and logbook) can choose to by-pass the respective Racing Coach Training if they feel confident with the content.

There is a supportive eLearning package available to aid learning.

Performance Coach

Performance Coaches (formerly Level 3) are discipline specific and are available in Sprint or Marathon. Performance Coaches are trained to oversee an annual programme for paddlers and coaches under their direction. It is the ideal qualification for those coaches who have a lead coaching role within a club.

Performance Coaches can be boat based or bank based. They would need appropriate qualifications or experience required to fulfil the conditions to become a boat based coach.

The Performance Coach Course consists of a 3-day (or equivalent) Generic Core, this is followed by 3 Intermediate Supporting Modules and then a 2 day Discipline Specific Course. Then various assessment tasks have to be fulfilled over a 12 month period. The assessment process involves two parts, one in the training environment and one at a competition environment with the coach's own long term athletes.

Paddlesport Leader

The Paddlesport Leader Award is aimed at paddlers taking on formal leadership responsibilities in benign, sheltered water environments and aims to support Leaders to run safe, quality, enjoyable trips based on their group's needs and aspirations. For example, in a racing club, a Paddlesport Leader could provide a safety overview on a training session chaperoning other paddlers.

The Paddlesport Leader is a direct entry award and training is **not** compulsory. Leaders can opt for British Canoeing Paddlesport Leader Training courses, which are available to support you in your development of the required skills. These courses typically cover leadership skills, and the associated personal skills, safety and rescue skills. Alternatively, you may wish to opt for more bespoke training opportunities. For example, inhouse training at your club, working alongside/shadowing other Leaders, or conference/symposium workshops.

The only prerequisites for the 1 day assessment are Home Nation membership and a one day First Aid Award.

COACHING AND LEADING THE COMPETITION DISCIPLINES

There are supportive resources available, including the <u>Leadership eLearning</u>, a Skills Checklist and Leading Experience record.

Support Modules for Marathon or Sprint

Any level of Coach can attend a one-day DSM course. These are available in both Sprint and Marathon and focus on the basic aspects involved in coaching, particularly forward paddling technique in canoe and kayak. It is designed to give the Coach an initial understanding of Sprint and Marathon Coaching. Dates for the Modules can be found on the British Canoeing Coaching Pages here http://www.britishcanoeing.org.uk/coaching-leadership/courses-for-coaches#discipline-support-modules

Supporting Modules

To help a coach or leader with their personal development, there are a number of Foundation Modules and Intermediate Modules available as supporting units. Details of these can be found at http://www.britishcanoeing.org.uk/coaching-leadership/courses-for-coaches#foundation-modules and http://www.britishcanoeing.org.uk/coaching-leadership/courses-for-coaches#intermediate-modules

This includes the Strength and Conditioning Foundation Module available for clubs or groups of clubs to access. This course is aimed at the coach who wishes to commence Strength and Conditioning work at the club without having to rely on expensive equipment or hiring sports halls or gyms.

APL

In some instances aspirant coaches may have prior experience that may enable them to enter the Coaching Awards programme at a higher level.

If you feel you have experience that can be accredited as prior experience, then refer to the Accredited Prior Learning (APL) Policy: https://www.britishcanoeing.org.uk/coaching-leadership/support-recognition/accredited-prior-learning

CPD (Continuous Professional Development) for coaches is available to club coaches to further their existing knowledge, ideas and understanding.

Information on coaching opportunities and supporting modules can be found on coaching pages of the British Canoeing website http://www.britishcanoeing.org.uk/coaching-leadership/support-recognition/coach-update-scheme

First Aid Requirements

The requirements relating to First Aid qualifications and the different coaching levels held can be found at: http://www.britishcanoeing.org.uk/coaching-leadership/support-recognition/coach-update-scheme

For further information, please contact coaching@britishcanoeing.org.uk

CLUB ABBREVIATIONS

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4AS **4AS Newark**



ANK Anker Valley



ABF

BAD Barking & Dagenham



ACU

BAN **Banbury & District**



ADS

BAS Basingstoke Canal



BCC Belfast



BEJ Bourne End Juniors



BOA Bradford on Avon



BPR Burton Phoenix



BPS Broadland Paddle



BR8 Bridge 8



BRE Brecon



BRI **Bristol**



BRU



BRY Bryanston



BSF Bishop's Stortford



BTH















RAF **RDG RIC RLS** Reading Royal Air Force Richmond Royal Leamington Spa **RNK** ROY **RTA** RUN Royal Navy Royal **Regional Training** Runcorn acv + SHP SHK SDS SER **Scottish Development** Seren DWR Sharks Shropshire SLP SOL SOR SOU Soar Valley Southampton Salmon Leap Solihull **SOW** STO SUT **SWA** Sutton Bingham **Special Olympics Wales** Stoke Racers Swansea



To register new club colours please contact: Colour Registration – Louise Clive

Email: Regatta.Clubcolours@britishcanoeing.org.uk

Surname	First name	Club	Year
1en A Kayak	– MAK		
Atkins	Daniel	RDG	2001
Beer	Robert	ROY	1989
Beevers	Joe	WEY	1993
Bowley	Matthew	ROY	1994
Bowley	James	BPR	1997
Boyton	Jonathan	ROY	1988
Bristow	Stuart	ROY	1996
Carson	Christopher	WEY	1998
	•		1997
Chmiel	Zyggy	NOT	
Cresser	Nicky	NOT	1981
Daniels	Thomas	LON	1986
embele	Noah	LEA	1998
evonald	Henry	SWA	1995
uffield	Lewis	CLM	1995
rden	George	ELM	1993
etcher	Lewis	LKR	1993
ıllacher	Ben	FOR	2000
lover	Sam	FOX	1997
regory	Magnus	LON	1998
arding	Luke	LON	1998
aynes	Ben	LBZ	1989
eath	Liam	WEY	1984
imes	leuan	FOR	1999
hansson	David	RIC	1994
nson	Daniel	CLM	1994
nson	Matthew	CLM	1996
reszturi	Andras	EAL	2001
ton	Lewis	ROY	1988
OS .	Norman	FOR	1995
rtov	Kostadin	RUN	1987
mbert	Michael		1987
		WEY	
wrenson	Tim	BPR	1985
tlewood	Max	IND	1998
sty	Tom	SOL	1994
arciniak	Miki	WEY	1999
cMorrin	Colin	KIR	1988
liles	Philip	RLS	2001
itchell	George	WOR	1993
1oule	Keith	CLM	1980
aftanaila	Stelian	NOT	1995
ightingale	Edward	WYC	2002
sipov	Andrej	MAI	1988
endle	Tim	NOR	1989
oole	Robert	LBZ	1989
edmond	Sean	LKR	1995
ce .	Sean	RIC	1989
binson	Matthew	CDF	1993
ussell	James	CLM	1997
(ussell	Jailles	CLIVI	1337

Surname	First name	Club	Year	Surname	First name	Club	Year
Men B Kayak Cont'	d – MBK			Men B Kayak Con	t'd – MBK		
English	Simeon	BSF	1996	Nobbs	Ashley	NOR	1996
Escott	Timothy	BOA	1996	Oakley	Ben	NOT	1988
Falco	Cesar	WEY	1998	O'Grady	Jonathan	LON	1989
Freebody	Calvin	WEY	1993	Oliver	Robert	PAR	1988
Gannicott-Porter	Tim	CLM	2000	Orme	Ross	ANK	1998
Gaul	Krystian	ANK	1992	Palfrey	Jonathan	BAN	1995
Gingell	Calum	BOA	1999	Parkes	Matthew	BSF	1996
Godleman	Tom	WOR	1991	Pearse	Philip	SOU	1988
Goworek	Damian	NOT	1993	Peters	Connor	FOY	1996
Gray	Christopher	LIN	1998	Petersen	Joe	BAN	1999
Gunn	Sam	ELM	1999	Pickering	Thomas	LBZ	2000
Guy	Andrew	LBZ	1989	Plewman	Daniel	WEY	1997
Harper	Max	BAN	2000	Plummer	Sam	LBZ	1995
Hatton	David	CHE	1998	Postill	Harry	LOU	1992
Haws	Edmund	WEY	1996	Potterton	Andrew	RDG	1994
Hayes	Ben	GAI	1995	Powell	Ben	RIC	1998
Henley	Conor	WYC	1995	Purcell	Freddie	RIC	1993
Hicks	Albert	NOR	1994	Quittenton	Peter	LIN	1998
How	James	NOR	2000	Rees-Clark	Mike	ELM	1993
Howlett	Taine	RLS	1999	Rix	Oliver	NOR	1993
Humphries	Timothy	ROY	1989	Romain	Nicholas	WEY	1995
Hunt	Daniel	NOR	1997	Scammell	Will	LON	2000
Huntingford	Francis	NOT	1998	Scheske	Fredecik	RIC	1995
Hyman	Samuel	RIC	1986	Sharpe	Tom	RIC	1990
James	Daniel	WEY	1997	Shaw	Luke	NOR	2000
Jefferies	Robert	BAN	1993	Shearer	Harry	NOR	1998
Jones	Sam	FOX	1988	Shephard	Owen	CLM	1987
Jones	Bruce	ELM	1995	Sheppy	Alex	DEV	1998
Jordan	Aaron	MAI	1990	Slight	Daniel	LEA	1989
Kerr	Robert	SKR	2000	Smith	Ryan	ELM	2000
Killey	Kieron	WOR	2000	Smithson	William	RLS	1998
Kovacs	Andras	WEY	1998	Smithson	James	RLS	2000
Lark	Scoob	ROY	1996	Sneddon	Ryan	WOR	1992
Layng	Martin	RUN	1988	Spencer	Joe	CLM	1997
Leishman	Elliot	FOR	2000	Spierings	Giel	FOY	1992
Leissing	Thomas Markus	FOX	1988	Staddon	Jack	ROY	1990
Lennie	Alasdair	GLW	1994	Staff	Issac	FOX	1994
Low	Nathan	SKR	1998	Strong	Declan	CLM	1997
Mainprize	Thomas	LBZ	1991	Stroud	William	CLM	1999
Mcintyre	Alex	CLM	2000	Stubbs	David	FOX	1998
McKittrick	Oscar	ELM	1999	Szigeti	Ignac	SOU	1997
McMullen	Ross	ELM	1996	Taylor	Samuel	CAM	1991
McMurtrie	Jamie	ADS	1997	Terry	Dean	ROY	1991
Millar	Ricky	NOT	1994	Thorogood	Glenn	ELM	1989
Missen	James	BOA	1996	Thorogood	Philip	ELM	1989
Morris	Timmo	FOX	1998	Townend	Ashley	LBZ	1990
New	James	WYC	1995	Urquhart	Arthur	BAN	1999
Newing	Joshua	ROY	1993	Walsh	Shaune	NOT	1986

Surname	First name	Club	Year	Surname	First name	Club	Year
Men B Kayak Cont'	d – MBK			Men C Kayak Cont	d – MCK		
Webb	Joseph	RIC	2000	Foley	Marcus	ELM	1998
Webster	James	BOA	1993	Gannon	Robert	ELM	2000
Wilkes	Mark	CLM	1992	Gearing	Juan	CLM	1999
Wilkes	Peter	CLM	1992	Goldsack	Tom	WEY	1999
Wilkinson	Kayne	ELM	1998	Green	Blaize	CLM	1996
Williams	Simon	WOR	1996	Griffiths	Robert	WOR	1995
Willis	Samuel	NOR	1991	Hadland	Nick	RIC	1996
Willson	Brett	ACU	1992	Harris	George	FOX	1998
Woolley	Russell	WOR	1995	Harrsion	Robert	WEY	1996
Yates	Paul	WEY	1989	Harte	Shaun	BAN	1999
Young	Josh	BSF	1990	Hayward	Mathew	NOR	1997
Zielski	Radoslaw	LON	1987	Hayward	Kieren	NOR	1999
Men C Kayak - MCK	(Herbert	Fred	FOX	1998
Acquisto	Luca	LEE	2000	Hewitt	Matthew	SOU	1994
Antunovic	Luka	BAN	1998	Hoffman-Muzio	Cosimo	RIC	1999
Barkway	Robert	BPS	2000	Hook	Reef	EAL	1999
Barnes	Josh	SOU	1995	Ingham	Ryan	WEY	2000
Barton	Neil	RIC	1988	Jadav	Isaac	TRU	2000
Best	Joshua	GAI	1999	Jones	Sam	BAN	1995
Blackman	Isaac	RIC	1996	Keeble	James	RDG	1986
Borchardt	Edward	LIN	1999	Khlaf	Alex	EAL	1997
Boreham	Nick	NOT	1994	Khlaf	Oliver	RIC	1999
Boyd	Alex	WOR	1998	Knight	Robert	WOR	1986
Bunyon	Alex	CLM	1999	Lodge	Matthew	NOR	1995
Butt	Tom	NOT	1989	Lynch	Thomas	WOR	1993
Caisley	Joe	TON	1999	MacNab	Connor	PAN	1999
Caruncho Abellanas	Juan	RIC	1986	McAndie	Calum	KIR	2000
Carvell	Nicholas	WEY	1999	Mitchell	Daniel	CLM	1989
Chapman	Colin	KIR	1995	Mitchell	Daniel	ANK	1994
Cordery	James	WEY	1990	Morris	Charlie	FOX	1999
Craig	Matthew	LEA	1988	Morton	Dwayne	ELM	1985
Crocker	Dale	LBZ	1995	Murphy	Darragh	ERN	1994
Davies	Rhys	CDF	1985	Neave	Robert	RLS	1985
Dawson	Tom	FOX	1990	O-Sullivan	Jake	BSF	1997
Dean	Phil	NOT	1989	Palmer	Daniel	FOY	1997
Di-Gregorio	Stefano	ELM	1998	Parry	Alex	CDF	1998
Dixon	Stephen	ROY	1992	Patel	Vishal	CAM	1993
Dobson	Edward	DEV	1992	Pearce	Ryan	FOY	1990
Doran	James	LIN	1999	Radavicius	Audrius	NOR	1985
Duff	Craig	NOT	1990	Riley	Steve	FOY	1989
Ede	Pip	RDG	1990	Rix	Joseph	NOR	1997
Edwardes	Michael	LIN	1994	Rowlands	Mathew	SER	1991
Edwards	Duncan	RDG	1990	Saunders	Harry	RLS	2000
Escott	James	BOA	1993	Sealey	Jack	RDG	1992
Escott	Luke	BOA	1995	Silk	Ryan	STO	1995
Fegent	Archie	RIC	1998	Skippings	Adam	CLM	2000
Fitzhenry	Luke	CNI	1997	Solway	Eliot	ELM	1997
Fitzpatrick	Joe	CLM	1993	Southey	Michael	FOY	1993

Surname	First name	Club	Year	Surname	First name	Club	Year
Men C Kayak Cont	d – MCK			Men D Kayak Cont	'd – MDK		
Stanway	Thomas	CLM	1995	Clarke	Pete	CAM	1989
Stormont	Nicholas	FOX	1996	Clarke	Matthew	RDG	1996
Strong	Aidan	CLM	1999	Cockrill	Benjamin	CLM	1997
Terry	Dean	NOR	1998	Colby	Daniel	DEV	1994
Tilbury-Clarke	Simon	PAN	1999	Cook	Oliver	SOL	1999
Tysoe	David	WOR	1993	Copland	Rowan	NOR	2000
Underwood	Grant	SHK	1994	Coxhill	Harley	STO	1996
Walkinton	James	CLM	1994	Crawley	Ben	FOY	1999
Weir	lain	BAN	1992	Cummings	Seamus	BAN	1999
Welch	Charlie	WEY	1994	Davies	Morgan	SER	1999
Westwood	Joshua	FOX	1998	Davis-Smith	Thomas	NOR	1999
White	Owen	CLM	1998	Dawson	Joe	NOT	1985
Willoughby	Guy	ADS	1998	Dawson	Elliot	FOX	2000
Wilson	Craig	CNI	1997	Dearden	John	WOR	1988
Wood	Stuart	PAR	1994	Dearden	Christopher	WOR	1989
Zimmer	Karl	NOR	1988	Deboer	Peter	NOT	1993
Men D Kayak - MD	K			Deville	Andrew	CLM	1997
Alden	Will	FOX	1998	Deville	James	CLM	1999
Allen	Robbie	FOX	1999	Dimond	Gabriel	втн	1998
Ashcroft	Bob	NOR	1993	Doshi-Keeble	Fraiser	SOL	1998
Ashton	Adam	LBZ	2000	Dulake	Sebastian	CLM	1997
Aston	Adam	CNI	1999	Dumolo	Adam	FOX	1986
Atkins	Matthew	RDG	1999	Duncan	Alasdair	BAN	1991
Austin	William	BAN	1995	Durnford	Jack	SOU	1999
Barry	Saul	SOU	2000	Edwards	Josh	RUN	1990
Bartoli	Michael	LBZ	1990	Fenwick	Benjamin	LON	2000
Barton	Andrew	ROY	2000	Finlayson	Dan	RIC	1988
Battison	Barnes	BAN	1999	Fishburn	Struan	CHE	1996
Battison	Alex	BAN	1999	Fisher	Joshua	LKR	2000
Bennett	Jason	FOX	1989	Flack	Michael	BOA	1994
Bennett	Braiden	SER	1998	Flack	Robin	BAN	1998
Bennett	Steven	ELM	1999	Flavell	Joshua	LIN	2000
Birtwhistle	Joe	PEN	1994	Fortescue	Hugo	WEY	1998
Blackman	Paul	BPR	2000	Frost	Jonty	BPR	1994
Booth	Chris	FOX	1990	Fryer	Rob	FOX	1985
Bowyer	Alexander	PAN	1992	Fryer	lain	RIC	1993
Bradley	Ross	ROY	2000	Gale	Samuel	SOL	2000
Burton	Mark	NOT	1985	Gannon	Joseph	ELM	1998
Butterworth	Huw	SER	2000	Gardener	Dom	WOR	1999
Carman	Alex	LIN	1998	Gatehouse	Jame	ROY	1998
Carn	Jack	WOR	1999	Gilbert	Harry	FOY	1996
Cave	Robert	WOR	1993	Grennell	Simon	CEL	1996
Cave	Peter	WOR	1996	Grundy	Matthew	STO	1991
Chapman	lain	KIR	1998	Harrad	Oscar	NOR	1997
Cheese	Matthew	WOR	1999	Hastings	Stuart	CLM	1988
Chmiel	Tadek	NOT	1996	Henderson	Blair	KIR	1997
Civico	Jack	PEN	1998	Hisset	lain	PAN	1986
Clark	Henry	SER	1999	Holmes	Ben	WOR	1989
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Surname First name	Club	Year	Surname	First name	Club	Year
Men D Kayak Cont'd – MDK			Men D Kayak Co	ont'd – MDK		
Howard Matthew	WOR	1999	Nicholls	Braddie	RIC	1998
Howarth Thomas	BAN	1998	Nichols	Ben	NOT	1994
Hubner Jacob	NOT	1999	Nolan	Aaron	SHK	1997
Humphreys William	WOR	1996	Norman	Tom	WOR	1998
Hutchinson Dominic	RDG	1998	O-Connor	Fintan	FOX	1995
llett Robbie	LIN	1993	Parker	Will	SER	1997
Jefferies Matthew	PEN	1995	Parry	William	WOR	2000
Johnson Thomas	NOR	1998	Pasztor	Attila	EAL	1997
Johnson Luke	BAN	2000	Peters	Oliver	RIC	1999
Josh Patrick	RUN	1997	Phillips	Ben	RIC	1998
Kay Harvey	NOT	1997	Phillips	James	BOA	1999
Keevan Joseph	WYC	2000	Pickin	Matthew	FOX	1989
Kelley Thomas	SUT	1989	Pike	Oliver	FLA	1996
Kemp Aiden	ROY	1999	Plant	Stephen	EAL	1998
Kirkwood Augus	CLM	1992	Price	Harry	RLS	2000
Lamph Mark	WEY	1991	Raby	Seb	BAN	1987
Langford Richard	CAM	1989	Reading	Geoff	RIC	1988
Lavarack Michael	RIC	1992	Rees	William	PAR	2000
Leaver Bryan	WEY	1990	Reeves	Alex	ADS	1993
Leech Arthur	RIC	2000	Rendle	Charlie	RIC	1991
Lee-Gill Sam	RIC	1990	Rich	Sam	ROY	2000
Leonard James	PAN	1989	Rijks	Jim	NOR	1996
Leonard Stephen	PAN	1999	Rockey	Ale	NOR	1997
Little Alexander	DEV	1994	Rooks	Alan	SUT	1998
Loedolff Alastair	WEY	1998	Rooks	William	SUT	1998
Lucas Christopher	ADS	1998	Ross	Matthew	BAD	1997
Lucas Remi	RDG	1998	Rounsley	Jack	LIN	1997
MacCrimmon Asa	EAL	1999	Rowland	Tom	ROY	1987
Mahon Naihm	WOR	2000	Schuller	Joe	FOX	2000
Malcolm Daniel	KIR	1990	Shaw	Harry	RLS	2000
Mannering David	PAN	1992	Shaw	Lawrence	FLA	2012
Marlow Joe	ANK	1998	Shephard	Evan	RDG	1985
McCracken Joe	BAN	1998	Staff	Callum	FOX	1991
McCready Henry	NOT	1997	Stenning	Richard	WEY	1997
McDonagh Phillip	BPR	1986	Stevens	Reeve	DEV	2000
McHale Sam	CLM	1998	Stewart	Adam	SHK	1997
McLeod Callum	ELM	1999	Stock	Mitchell	FOX	1999
McLuskie Aaron	CAM	2000	Strathdee	Nathan	PEN	1999
Miller Daniel	SOU	1995	Strickland	Tim	RIC	1999
Miller Oswald	PEN	1999	Stronge	Sam	NOR	1994
Mishev Rosko	ROY	2000	Sykes	Thomas	PEN	1994
Mitchell James	BAN	1999	Taylor	Max	CAM	1993
Morris Jude	WOR	2000	Todd	Kieran	FOX	1999
Morris Alex	BTH	2000	Toomey	Oscar	BSF	2000
Muehler Max	RIC	1998	Tucker	Frankie	FOX	2000
Murphy Adam	LBZ	1991	Turner	Luke	NOR	1999
Nash Frank	FOX	2000	Tyler	Sean Adam	LIN	1995
Niblett Adam	RLS	2000	Vaughan	Peter	CAM	1986

Surname	First name	Club	Year	Surname	First name	Club	Year
Men D Kayak Cont	'd – MDK			Men Masters A Ka	yak Cont'd - MVAK		
Vu	Jackou	WEY	1998	O-Cuinn	Shane	RIC	1971
Walker	Oliver	RDG	1999	Oliver	David	LIN	1977
Walker	Tom	NOR	1999	O'Regan	Graham	ROY	1978
Walters	Michael	BPR	1990	Parker	John	WOR	1977
Ward	Andrew	STO	1996	Pedlar	David	WOR	1976
Waszkiewicz	James	RIC	1998	Phillips	Tim	WOR	1963
Waszkiewicz	Oliver	RIC	2000	Quittenton	Gary	LIN	1968
Webb	Isaac	SOL	1996	Ricketts	Simon	ANK	1971
Weir	Roger	BAN	1991	Rogers	Richard	CHE	1973
Weir	Euan	BAN	1998	Seaford	Daniel	RDG	1979
Wells	Harry	RIC	2000	Sirrell	Brett	RLS	1971
White	Dylan	SER	1999	Soregi	Balazs	LBZ	1977
Whittaker	James	SER	1985	Surrage	Joe	BSF	1981
Wigglesworth	Mark	PAN	1988	Swadling	Graham	NOT	1960
Williams	James	RUN	1996	Turan	Barnabus	WOR	1982
Williams	Ryan	WOR	1998	Vida	Gabor	RIC	1977
Williams	Zac	CLM	1999	Webb	Michael	RIC	1977
Wilson	Gareth	RDG	1986	Men Masters B Ka	yak – MVBK		
Winter	Ewan	RIC	1999	Allinson	Patrick	NOT	1959
Wise	Dean	FOX	1986	Anderson	Grant	NOT	1983
Withers	Connor	BOA	2000	Asser	James	FOY	1964
Xiao	Andrew	RIC	1988	Barnes	Peter	RIC	1952
Young	Kieran	RIC	1999	Belbin	David	NOT	1965
Men Masters A Ka	yak - MVAK			Blackman	Neil	RLS	1963
Baban	Eugen	CNI	1977	Blackman	Bruce	GAI	1967
Christie	Jamie	SOR	1972	Britnell	Neal	FOX	1964
Clark	lan	NOT	1977	Butt	Adrian	SOU	1964
Domonkos	Istvan	RIC	1978	Chalmers	Neil	KIR	1980
Dooley	Ben	CNI	1979	Cooley	Eddie	BSF	1945
Enoch	Matthew	NOT	1976	Dark	Simon	BOA	1968
Farrington	Roy	RLS	1970	Dimmock	Paul	WEY	1959
Folland	Jonathan	SOR	1973	Dzyma	Andrei	RIC	1963
Fowler	Nicholas	WOR	1977	Emanuelsson	Niklas	RIC	1981
Golder	Richard	BPR	1976	Epps	Terry	NOR	1954
Golder	Daniel	BAN	1978	Epps	Alan	NOR	1959
Hayward	lan	NOR	1967	Escott	Mark	BOA	1968
Irvine	Brett	RIC	1979	Fay	Nick	RIC	1967
Isbell	Ollie	RIC	1984	Fekete	Laszlo	RDG	1975
Jones	Nigel	NOT	1978	Fieldus	Roy	WEY	1962
King	James	FOX	1979	Freeland	Jeremy	FOX	1970
Littlewood	Rex	IND	1968	Gallimore	David	BAN	1968
Livsey	lan	NOT	1969	Gandy	Michael	WOR	1961
Lodge	Tim	WEY	1972	Garvery	Karl	RIC	1968
Longley	Nick	RIC	1980	Hayes	Paul	RIC	1978
Maritz	Dave	RIC	1977	Hinves	James	SOU	1973
McIntyre	Deane	FOX	1967	Kelly	Andrew	RUN	1958
Moule	Steve	CLM	1979	Kent	Richard	SOU	1962
Murray	Kenlea	RIC	1973	Kilbourn	Robert	NOR	1975

Surname	First name	Club	Year	Surname	First name	Club	Year
Men Masters B Kay	yak Cont'd MVBK			Men Masters C Kay	ak Cont'd - MVCK		
Lannighan	Paul	FOX	1958	Brown	Andrew	EAL	1971
Lowe	Paul	NOT	1968	Bunyon	Chris	CLM	1966
Maraun	Thomas	FOX	1978	Burgess	Reuben	IND	1966
Martin	Edward	RIC	1968	Button	Peter	BAN	1957
Martin	Michael	LBZ	1965	Camp	Neil	RIC	1962
Martyn	David	WEY	1967	Cave	Jonathan	WOR	1961
Mayers	James	RUN	1974	Chorvath	Martin	EAL	1980
Meyer	Richard	NOT	1975	Clark	Stewart	CLM	1965
Missen	Stan	BOA	1959	Clinton	Lee	ANK	1974
Munro	Tim	RIC	1966	Clive	John	GAI	1965
Neale	Clive	TON	1969	Cole	Mark	CLM	1978
Norfolk	Adam	NOT	1980	Conway	Jerry	SOU	1969
Oliver	Matthew	LIN	1974	Crosby	Stuart	ANK	1968
Pendle	Dyson	NOR	1957	Cuddington	David	NOT	1984
Phillips	Andrew	BOA	1970	Davies	Simon	WOR	1957
Putnam	Terry	ROY	1947	Davison	Chris	RUN	1970
Reisinger	Peter	ROY	1981	Dean	Simon	LKR	1984
Remington	Richard	FOX	1970	Devriadis	Anastasios	MAI	1975
Riley	Gordon	ANK	1971	Dodson	Andy	ADS	1963
Rinvolucri	Martin	NOT	1968	Doran	Andrew	LIN	1969
Smith	Robert	CAM	1966	Driskel	Daniel	EAL	1984
Solway	Andrew	FOX	1956	Dums	Stefan	RIC	1967
Speirs	Gilbert	KIR	1953	Elliot	Richard	SOU	1963
Sweetlove	Ray	CNI	1974	Escott	John	BOA	1966
Thomas	Neil	RIC	1962	Fegent	Mike	RIC	1956
Todd	Dylan	ROY	1977	Ferris	Clive	RIC	1967
Topham	Nik	RDG	1967	Fitzsimons	Martin	RIC	1983
Trawinski	Jacek	CAM	1978	Frankland	Nigel	RDG	1960
Trickett	Adrian	WOR	1967	Fudger	Michael	WOR	1972
Vincent	Richard	SOR	1957	Gadd	Paul	ADS	1961
Whipp	Steven	BSF	1963	Garner	Nick	RIC	1968
Wilshaw	Jack	RIC	1978	Garton	Laurence	NOT	1984
Men Masters C Kay	yak - MVCK			Gavin	Chris	RIC	1970
Alexander	Gary	ADS	1969	Gorman	Peter	WEY	1955
Anderson	Mike	NOR	1975	Greenham	Brian	RDG	1950
Arundale	David	RUN	1957	Greyson-Newman	Tony	RIC	1968
Avery	Robin	BAN	1948	Grimsey	Damon	SOU	1971
Avery	John	CLM	1970	Grimwood	Andrew	LIN	1967
Azizi	Habib	PEN	1980	Grover	Liam	WOR	1980
Bagshaw	Steven	NOT	1965	Guest	Robert	LIN	1960
Barnett	Nicholas	FOX	1964	Hammond	Brian	RDG	1963
Barry	Adam	CLM	1984	Hastwell	Andrew	RUN	1975
Bates	Duncan	RIC	1978	Haws	David	WEY	1964
Battershell	David	WEY	1964	Haycock	Jerry	BAN	1956
Bauer	Jurgen	WOR	1964	Head	Tom	CLM	1980
Blackman	Howard	BPR	1965	Hendron	Henry	RIC	1980
Breckeles	Mark	NOR	1983	Hendron	Richard	RIC	1980
Brookes	Paul	GAI	1967	Herbert	Nick	FOX	1964

Surname First name	Club	Year	Surname First name Club Year				
Men Masters C Kayak Cont'd - MVCK			Men Masters C Kayak Cont'd - MVCK				
Herwanger Jorg	RIC	1969	Schofield Christopher NOR 196				
Hicks Andrew	NOR	1961	Senk Stefan RDG 1980				
Hodgson Jed	WEY	1964	Shepperson Fred NOT 195				
Hollins Tom	RDG	1975	Skeath Colin PEN 196				
Holmes Graham	SOU	1957	Sklenar Jan NOR 1973				
Holmes Guy	SOU	1959	Smith David P WOR 1979				
Hook Martin	EAL	1971	Stainsby Rob RIC 196				
Ivanics Csaba	EAL	1976	Stonehouse Graham RIC 1964				
Jacobs Martin	ADS	1966	Taylor Ian SOU 1962				
Kaloczy Zoltan	NOT	1962	Toomey Paul RDG 1953				
Kucska Imre	NOT	1983	Toovey Jason LKR 1970				
Kuklis Maris	RIC	1982	Treadgold James RDG 196				
Latchem Mark	BAN	1983	Tucker Nick NOT 1962				
Lee Robert	WOR	1960	Unwin Nigel BOA 1964				
Lucas Roland	RIC	1961	Vasey Robin TRE 1984				
Luck Christopher	WEY	1980	Villaruel Matthew EAL 1969				
Machin Tony	RDG	1966	Warland Carl BAN 1979				
Mainprize Peter	RDG	1957	Watson Randall RIC 1972				
Mares Pete	NOR	1971	Westall Matthew PAN 1984				
Marnell Stephen	RUN	1967	Williams Robin WEY 1958				
Marshall Derek	LKR	1956	Williams Dean CLM 196				
Martin Sean	RIC	1966	Willis Steve SOU 1958				
Mason Norman	NOT	1952	Winstanley Richard BSF 1984				
Masters Roger	LON	1967	Wooltorton Nigel MER 196				
Matlali Max	ROY	1977	Men Masters D Kayak - MVDK				
Mccarroll Stuart	FOX	1982	Abson William RIC 1983				
Moore Jethroe	CDF	1977	Allen Andy DEV 1960				
Morley Jason	BAN	1966	Applewhite Adrian CLM 1972				
Mossman Andrew	BAN	1950	Atkins Lee RDG 1969				
Murphy Gerry	ERN	1960	Ball Mark DEV 1970				
Natoli Federico	ROY	1983	Barkway Andrew BPS 1970				
Nercessian Tony	RIC	1970	Barnes Dave SHP 1963				
Nicholson Leon	SOU	1963	Barrell Stephen LBZ 1959				
Parker James	WOR	1948	Bates Chris FOX 196				
Parker James P	WOR	1982	Beer Andrew ROY 1960				
Pearce Mark	LON	1971	Bell Garry SER 195:				
Pemble Doug	ADS	1964	Bell Jason BAN 1969				
Penhallurick Andrew	SOL	1965	Bell Stuart DEV 1970				
Penn Terry	FOX	1953	Bennett Peter CHE 1959				
Peters Guy	RIC	1961	Best David LIN 1978				
Preston Chris	RIC	1972	Betts Nathan RDG 1970				
Quibell Peter	RIC	1958	Blackburn Keiron CLM 1962				
Rance Steve	SOU	1959	Blackman Ian RIC 1964				
Reese Philip			Blatchly Mark NOT 1963				
Reynolds Daniel	FOX	1978	,				
	FOX CAM	1978 1981	Boonham Chris RDG 196				
Ricketts Dave			,				
Ricketts Dave Ross Andy	CAM	1981	Boonham Chris RDG 196				

Surname	First name	Club	Year	Surname	First name	Club	Year
Men Masters D Kayak Cont'd - MVDK				Men Masters D Kay			
Brown	Tony	NOR	1956	Hampson	lan	SOU	1963
Brown	Julian	LBZ	1958	Hancy	Martin	NOR	1969
Bulmer	Graham	CHE	1947	Hanger	Simon	BAN	1964
Burton	Allan	WEY	1951	Harper	Gary	BAN	1963
Campbell	Derek	LBZ	1964	Harrison	Mike	NOR	1958
Campbell	Kyle	LIN	1972	Harte	William	BAN	1967
Carman	Colin	LIN	1961	Hatfield	Roger	LON	1958
Carter	Chris	NOT	1968	Haughton	Martin	PEN	1960
Carter	Graham	SOU	1972	Hayman-Joyce	Richard	WEY	1967
Chamberlin	Tim	CLM	1972	Helle	Stephane	FOX	1981
Chapman	Brian	KIR	1958	Henderson	Alan	KIR	1962
Chernyshenko	Dmitri	SOU	1981	Henson	Adrian	WEY	1962
Chmiel	Marysh	NOT	1961	Herbent	Attila	RLS	1977
Clark	lan	RIC	1966	Hill	Tant	RDG	1972
Clow	Jason	WEY	1972	Hills	Chris	BAN	1962
Collier	Alistair	WOR	1958	Hipkins	Kevin	LON	1966
Collinge	Martyn	FOY	1966	Hooley	Geoffrey	GLW	1958
Coulton	Gary	RIC	1956	Hutchinson	Stuart	RDG	1971
Davison	Max	BAN	1965	llett	Peter	NOT	1962
Derham	Simon	RUN	1967	Ingpen	Andrew	RDG	1964
Deville	Mark	CLM	1963	Jarratt	Peter	LIN	1944
Dexheimer	Arnim	RIC	1965	Jarratt	Theo	LIN	1972
Doman	Paul	CLM	1955	Jault	David	BAN	1963
Doughty	Andrew	NOT	1950	Jefferies	David	PEN	1964
Dromard	Robin	BSF	1943	Johnson	Chris	BAN	1961
Dunford	Roy	NOR	1963	Jones	Gavin	WEY	1968
Edmonds-Seal	Bob	FOX	1970	Joseph	Lo	SOU	1968
Edwards	Mark	WOR	1963	Kay	Tom	NOT	1969
Elliott	Chris	LBZ	1966	Keir	Andrew	NOT	1981
Farquharson	Stewart	NOR	1940	Kelly	Pete	RUN	1969
Fenwick	Jonthan	LON	1967	Kerry	Malcolm	BCC	1950 1947
Ferguson	Gareth	GAI	1979 1963	Kilbourn	Clive	NOR	
Flack	Andy	BAN	1963	Kitson	Stephen	PEN	1946
Foster	Mike John	RIC NOR	1954	Lack	Kevin	LIN WEY	1967 1977
Frankland Fraser	Kenny	KIR	1954	Langham Langlands	Joseph Charles	WYC	1968
Gardner	Stephen	LIN	1954	Lavarack	lan	RIC	1959
Gilbert	Julian	WOR	1957	Lawrence	Richard	ELM	1957
Gilbert	John	PEN	1958	Lobban	Keith	BAN	1953
Gilbert-Johns	Richard	SOU	1965	Lovegrove	Andrew	BAN	1966
Goodall	Malcolm	PEN	1964	Luck	Mike	WEY	1952
Gore	Spencer	CLM	1975	Marmon	Bob	FOX	1952
Green	Robert	NOR	1955	Marsh	Kevin	RIC	1977
Griffiths	Daniel	CLM	1971	Marshall	Philip	LIN	1964
Gutteridge	Marc	RDG	1971	McClusky	Steve	PAN	1957
Hadley	Dave	NOT	1965	McKinney	Brian	NOR	1962
Hague	lan	RIC	1975	Melik	Richard	RIC	1965
Hall	Simeon	LBZ	1969	Mietus	Peter	NOT	1955
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Surname	First name	Club	Year	Surname	First name	Club	Year	
Men Masters D Kayak Cont'd - MVDK				Men Masters D Kayak Cont'd - MVDK				
Miles	Archie	LIN	1949	Smith	Derek	ELM	1962	
Murphy	Dom	BAN	1961	Smith	Gary	NOR	1967	
Murphy	Andrew	LBZ	1963	Smith	Steve	WEY	1968	
Nadal	Mick	NOT	1951	Sneddon	Jim	WOR	1963	
Nelson	Phil	NOR	1962	Sparkes	David	NOR	1954	
Nevitt	Andy	WOR	1955	Stenning	Paul	LBZ	1977	
New	Steve	DEV	1969	Stevenson	Philip	CAM	1966	
Nixon	Simon	RUN	1971	Storey	Desmond	NOT	1956	
Nolan	Anthony	WOR	1940	Stormont	Dennis	FOX	1963	
Norman	Matt	WOR	1967	Strathdee	Stuart	PEN	1967	
North	Oliver	CAM	1981	Stroud	Martin	CLM	1963	
O'Connor	Angus	NOT	1975	Surrage	Paul	BSF	1955	
O-Connor	Breffni	FOX	1961	Sze	Wai-chung	BSF	1961	
Ogin	Stephen	RIC	1955	Talbot	Jon	WOR	1938	
Oliver	Laurence	LIN	1943	Tatam	Chris	SWA	1950	
Oliver	Richard	LIN	1947	Taylor	Nick	NOR	1963	
Orme	Neil	ANK	1966	Terry	Phil	NOR	1964	
Osborne	Roger	NOR	1949	Thackray	lan	DEV	1964	
Oughton	Duncan	NOT	1961	Thompson	Paul	WEY	1960	
Parkinson	Andrew	CHE	1939	Tilbury	Robin	PAN	1963	
Pearce	Raymond	BAN	1963	Toomey	Mike	BSF	1957	
Petersen	Simon	BAN	1964	Towell	James	RDG	1961	
Pickering	Mark	LBZ	1964	Tozer	Nathan	WEY	1968	
Plummer	Paul	LBZ	1965	Tritton	Roger	FOX	1964	
Postill	Paul	TRU	1951	Underwood	Neal	SHK	1960	
Potterton	Tony	RDG	1960	Urquhart	Neil	BAN	1964	
Raciborska	Jan	RDG	1961	Walker	Peter	PAN	1966	
Ralph	Paul	RDG	1951	Walker	Matt	RDG	1970	
Ramroth	Heribert	FOX	1964	Walker	Thomas	RIC	1981	
Rix	Gavin	NOR	1964	Walsh	Dave	WOR	1956	
Robertson	Don	LIN	1936	Walsh	Mike	NOR	1957	
Robertson	Craig	RDG	1972	Walters	David	BPR	1963	
Ronan	Shane	EAL	1980	Want	Adam	NOR	1970	
Rosati	Antonio	LON	1959	Warland	Graham	BAN	1948	
Russell	Phil	CLM	1968	Waszkiewicz	Tony	RIC	1955	
Sanigar	Andy	DEV	1963	Watson	Martin	RDG	1959	
Scholey	Robert	CHE	1945	Wesley	John	NOT	1950	
Scott	Tim	NOR	1962	Whawell	Andrew	NOT	1970	
Scott	Will	BSF	1970	White	Ricky	BSF	1974	
Shaw	Calum	WEY	1970	Wilkinson	Philip	LIN	1963	
Sibley	Rob	FOX	1970	Willcock	Rob	LON	1965	
Sillito	Daniel	BPR	1982	Williams	Alan	WOR	1950	
Sillitoe	Neil	LBZ	1973	Williams	Roger	CHE	1960	
Simmons	Ray	LIN	1975	Williams	Ron	RUN	1963	
Skellern	Christopher	WOR	1950	Wright	Ant	BSF	1961	
Smart	Peter	VIK	1965	Wright	Simon	LIN	1972	
Smith	Paul	BAN	1959					
Smith	Mark	LBZ	1960					

Surname	First name	Club	Year	Surname	First name	Club	Year
Boys A Kayak - BAK				Boys B Kayak Cont	'd - BBK		
Benstead	Zak	ELM	2001	Morris	Ptolemy	WEY	2003
Bicknell	Alex	WEY	2001	Motha	Michael	ROY	2004
Booth	Toby	NOR	2003	Murad	Josh	NOR	2001
Brockway	Jack	LKR	2002	O'Brien	Finn	LEA	2001
Clayton Harris	Ben	LEE	2003	Partridge	Oscar	TRU	2004
Dowden	Timothy	RLS	2001	Phillips	Luke	RIC	2002
Greaves	Alex	RLS	2001	Pickering	Max	LBZ	2002
Hinves	Matthew	SOU	2001	Pirmuhamedov	Jonathan	CLM	2003
Hinves	Xavier	SOU	2003	Rosenfeld	Joseph	EAL	2001
Kemp	Fred	RDG	2001	Sebti	Karim	RIC	2004
Kowal	Matthew	LKR	2002	Smith	Connor	NOR	2002
Lewis	Perry	WEY	2002	Smith	Lewis	LIN	2003
Martyn	Jordan	WEY	2001	Smith	Kieran	NOR	2004
McCracken	William	BAN	2001	Stanley	Dominic	FOX	2004
Mongan	Patrick	LIN	2001	Steer	Thomas	FOY	2001
Quittenton	Ben	LIN	2001	Thomas	Tony	GLW	2004
Sielicki	Maksymilian	FOR	2002	Tietema	Rory	RDG	2002
Stewart	Rory	ADS	2002	Tonkin	Alex	RDG	2003
Tarver	Zac	ELM	2003	Urquhart	George	BAN	2001
Want	Benjamin	NOR	2003	Wilkinson	Ethan	WEY	2002
Boys B Kayak - BBK				Boys C Kayak - BCK	(
Ap-Cooke	Geraint	SWA	2002	Aries	Robert	RLS	2003
Banton	Joseph	LIN	2002	Barker	Owen	PAN	2001
Bauer	Pascal	WOR	2002	Beeney	Joseph	RDG	2002
Bell	James	LON	2001	Blackmore	Chris	CLM	2003
Betts	Sam	RDG	2003	Bowers	Rowan	ELM	2003
Brooks	George	FLA	2001	Brindley	Peter	втн	2001
Cabrera	Benjamin	TRU	2004	Brunsteig	Colin	CAM	2002
Chmiel	Stani	NOT	2003	Caton	Euan	BSF	2001
Crossley	Edward	RLS	2003	Chappell	Ettienne	SER	2001
Dauncey	Sam	WEY	2001	Clinton	Charlie	ANK	2002
Dowling-Clarke	Rory	FOR	2003	Cramer	Charlie	SOU	2004
Ferri	Luca	ELM	2004	Cribbett	Sam	RLS	2005
Freeland	Harry	FOX	2005	Dewson	Alfie	LEE	2003
Gilbert-Johns	Jack	SOU	2002	Fisher	Matt	GLW	2003
Grimsey	Daniel	SOU	2001	Fitzgerald	Tommy	PAN	2001
Gurney	David	BSF	2002	Freeland	Charlie	FOX	2004
Hanchet	Louis	ROY	2001	Griffin	Ben	RLS	2003
Hawkins	Tate	WEY	2003	Griffiths	Oscar	CLM	2001
Holland	Tom	SOU	2002	Hubbard	Edward	ROY	2004
Hubbard	Tom	ROY	2002	Leiper	Aidan	LKR	2004
Jones	Daniel	DEV	2001	Lovegrove	Jack	BAN	2001
Kleta	Devin	RIC	2002	Murdoch	Martin	ROY	2004
Lear	Harry	ROY	2004	Parker	Jacob	SOU	2004
Lopez	Carlos	RIC	2002	Pennycook	George	LKR	2002
MacNab	Jarvis	PAN	2001	Perkins	Thomas	RDG	2001
March	Daniel	CLM	2002	Richards	Joe	NOR	2001
Millard	Jacob Henry	FOX	2002	Rogers	Teifion	CHE	2004
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Surname	First name	Club	Year	Surname	First name	Club	Year
Boys C Kayak Cont	d - BCK			Boys D Kayak Cont'	d - BDK		
Smith	Joshua	LIN	2001	Ewart-Brookes	Tommy	FOX	2001
Snapper	Woody	NOT	2001	Ewington	Declan	SER	2001
Sroka	Kacper	LKR	2004	Ferria Haynes	Milo	WOR	2001
Swan	Sam	WEY	2003	Firth	George	LON	2004
Taylor	Zach	NOR	2002	Fooks	Algernon	DEV	2002
Tideswell	Sebastian	CAM	2004	Geoghegan	James	SOU	2003
Villaruel	Leo	EAL	2004	Goater	Toby	BAN	2001
Whitlock	William	SOU	2001	Green	lwan	SER	2002
Woodward	Alex	RLS	2003	Haines	Robert	WOR	2002
Wroe-Pattullo	Arthur	FOX	2004	Hall	Robbie	LBZ	2002
Young	Henry	WEY	2001	Hall	Billy	NOR	2004
Boys D Kayak - BDI				Hammond	Harvey	CLM	2002
Adair	Callum	WOR	2001	Hart	Tom	BAN	2001
Adhami	Lucien	EAL	2002	Hayman-Joyce	David Edward	WEY	2004
Adhami	Darcy	EAL	2004	Henderson	Max	RIC	2001
Allen	Charlie	DEV	2004	Herriot	Archie	GLW	2005
Aston	Benjamin	SOL	2001	Herwanger	Francis	RIC	2003
Ayran	Koen	FOX	2006	Hext	Toby	BAN	2002
Baker	Adam	LBZ	2004	Higgins	Connor	BSF	2003
Barnicoat	Alfie	FOX	2001	Hill	Sam	RDG	2003
Bartusik	Oliwier	ESK	2005	Horton	Douglas	WEY	2002
Betts	Toby	RDG	2006	Jackson	Oliver	LIN	2003
Bicknell	Sam	WEY	2004	Jacq	Louis	CAM	2005
Boyer	Calum	EAL	2004	Kabeer	Muhammad Ali	WOK	2006
Boyle	Charlie	RIC	2002	Karpati	Levente	RDG	2001
Brown	Alfie	EAL	2003	Kirke	Ridwan	NOR	2001
Bull	Nathan	NOT	2002	Landwehr-Traxler	Max	GLW	2003
Byrd	Guy	BAN	2002	Levkovskyy	Philip	EAL	2005
Carn	George	WOR	2001	Lewis	Findlay	LKR	2005
Carter	Bradley	SOU	2001	Lomaha	Alexander	RIC	2003
Carter	Jack	ROY	2004	Long	Joshua	WOR	2002
Chamberlin	Oliver	CLM	2002	Mahon	Shaun	WOR	2001
Cleaver	James	DEV	2001	Malcolm-Gourley	Aidan	GLW	2004
Clinton	Tom	ANK	2005	Mann	Finley	SER	2002
Cloak	Ewan	CLM	2001	Mavra	Danny	RIC	2006
Conroy	Charlie	WEY	2002	Mayfield	Archie	NOT	2003
Cook	Joseph	RDG	2001	, Meikle-Briggs	Adrian	RIC	2001
Cooke-Bayley	Haydyn	GAI	2005	Mongan	Richard	LIN	2004
Coops	Elliot	GAI	2005	Morris	Josh	WOR	2002
Critchfield	Harry	BAN	2003	Moxon	Noah	BAN	2004
D-Allio	Thomas	RIC	2003	Muller	Ben	SER	2001
de Salis	Max	LKR	2004	Muller	Danny	SER	2002
Dear	Sabastian	WOR	2004	Newman	Finn	RLS	2003
Dimaculangan	John Carlo	BAN	2002	Norton	Zach	FLA	2001
Donovan	James	LON	2002	O'Connor	Dylan	RIC	2005
Donovan	Thomas	LON	2002	Panev	Deni	FOX	2002
Edgar	Daniel	BIN	2005	Partridge	Jamie	TRU	2002
Edmonds-Seal	Henry	FOX	2003	Peddie	Joseph	GLW	2005
Lamonas scar	,	. 57	2000	· caare	333CP11	CLVV	2003

Surname	First name	Club	Year		Surname	First name	Club	Year
Boys D Kayak Cont	'd - BDK			1	Women A Kayak –	WAK		
Pepper	William	BAN	2004		Barlow	Samantha	IND	1997
Perry	Joshua	BAN	2005		Broughton	Lizzie	RIC	1988
Petersen	Daniel	BAN	2001		Brown	Hannah	BOA	1990
Phillips	Michael	BAN	2003		Cawthorn	Rachel	WEY	1988
Popham-Coveley	Gabriel	FOX	2005		Hannah	Angela	BAN	1986
Price	Daniel	WEY	2003		Kerr	Deborah	SKR	1997
Railton	Joe	TRU	2004		Lee-Smith	Lucy	NOR	1997
Raven	Dominic	LON	2003		Lewis	Emily	WOR	1993
Rayment	Jack	LBZ	2006		Rees-Clark	Sam	LOU	1995
Rea	Alex	BIN	2004		Russell	Emma	CLM	2000
Redjeb	Erin	ROY	2005		Simon	Rebeka	ELM	1996
Rees	Piers	ROY	2001		Turner	Amy	BAN	1993
Richards	Thomas	POO	2001		Walker	Jessica	ROY	1990
Rijks	Alec	NOR	2002		Ward	Amy	ELM	1995
Riley	Peter	LBZ	2004		Women B Kayak –	WBK		
Robinson	Leo	FOR	2001		Brockway	Emma	LKR	1999
Roman	Rui	RIC	2003		Brown	Leanne	BAD	1988
Rowe	Tom	FOX	2001		Browne	Gemma	ROY	1994
Scurr	Joshua	RIC	2001		Burgess	Abi	IND	1999
Sheehan	Conor	SHK	2002		Clayton	Tanisha Nicole	IND	1994
Singleton	Huw	NOT	2006		Collins	Imogen	RDG	1993
Skippings	Jack	CLM	2003		Dale	Ava	FOX	1998
Sklenar	Dan	NOR	2004		Drane	Hannah	NOR	1995
Stratford	Ben	LBZ	2004		Duffield	Florence	NOR	2000
Sunga	Lance	BAN	2002		Freeman	Anoushka	DEV	1999
Tamblin	Mitchell	NOR	2005		Gray	Elizabeth	LIN	1999
Taylor	Jago	NOR	2005		Herwanger	Nikki	RIC	1993
Thomas	Cai	EAL	2003		Illidge	Jenny	WOR	1992
Tideswell	Rupert	CAM	2007		Illinesi	Emily	ELM	1993
Tomlinson	Leon	PEN	2005		Johnson	Melissa	CLM	1997
Topham	Finlay	RDG	2004		Kneen	Rachel	FOR	2000
Want	Jacob	NOR	2005		Kover	Krisztina	ELM	1984
Want	Toby	NOR	2005		Lamph	Fay	WEY	1988
Waszcyszak	Maciej	SHK	2002		Lane	Alexandra	LON	1994
Whittaker	Joe	RIC	2001		Martyn	Samantha	WEY	2000
Williams	Christian	CLM	2003		McAllister-Jepps	Emilla	NOT	1989
Williams	Morgan	LEE	2003		Myburgh	Renee	ROY	1999
Yates-Jones	Fin	SER	2002		Piercy	Elise	ELM	1997
Boys Under 12 Kay	ak - BU12				Rowe	Livvy	NOR	1998
Bartusik	William	ESK	2007		Smith	Rhonwyn	LKR	1995
Marsh	Jake	WYC	2007		Syme	Rachel	KIR	1997
Martin	Dylan	WYC	2008		Thompson	Sophie	WEY	2000
Smith	Rory	NOR	2007		Warrior	Jessica	ROY	1995
Stevely	Will	ESK	2007		Wells	Nicole	LIN	1995
Stevely	Sam	ESK	2007		Williams	Nicole	ROY	1995
Sutton	Josh	WYC	2007					
Thomas	Gruff	EAL	2007					
Momas	Jiun	LAL	2007					

Surname	First name	Club	Year	Surname	First name	Club	Year
Women C Kayak - 1	WCK			Women C Kayak C	ont'd - WCK		
Aspell	Megan	ELM	1998	Quigley	Harriet	BOA	2000
Beatty	Ella	BSF	1998	Redmond	Amy	LKR	1997
Blackman	Rose	GAI	1999	Romain	Emily	SER	1994
Boonham	Fran	RDG	2000	Ruff	Gemma	ROY	1994
Boulter	Fenella	ROY	1995	Ruff	Laura	ROY	1997
Brookes	Chelsea	GAI	1996	Seika	Rebecca	BAN	1994
Brown	Clare	WYC	1997	Solway	Rebekah	ELM	1999
Burgess	Ellie	IND	1999	Stevenson	Matilda	CAM	1996
Campbell	Jessica	LBZ	1996	Swarbreck	Jane	RIC	1987
Chen	Andrea	NOT	2012	Taylor	Рорру	RIC	1996
Chromicsek	Bernadette	NOT	1993	Terry	Stacey	NOR	1994
Churnside	Amelia	RDG	1991	Thomas	Charlotte	WEY	1991
Clark	Kate	FOX	1998	Tomos	Nia	IND	1989
Collins	Jessica	RDG	1991	Tonner	Emma	LIN	1995
Croucher	Victoria	WEY	1993	Wallace-Loizou	Maia	RIC	1999
de Bruijn	Suzanne	NOR	1986	Wallman	Maia	ROY	2000
De Ferrer	Madeleine	NOR	1997	Warbrick	Laura	BSF	1996
Dilai	Maggie	NOT	1986	Webb	Emily	IND	1993
Dingley	Amelia	LIN	1994	White	Heidi	BSF	1997
Dresser	Emily	ROY	1996	Wignall	Amy	RUN	1996
Ellis	Charlotte	LBZ	1994	Williams	Katie	ELM	1992
Farrant	Talitha	WEY	1998	Wilson	Katherine	RDG	1985
Fitzhenry	Afton	CNI	1995	Withers	Jenny	ELM	1997
Galloway	Alison	CAM	1988	Wong	Lily	RIC	2000
Gill	Bethany	IND	1996	Women D Kayak -	WDK		
Hall	Eloise	LBZ	1999	Abu-Helil	Bushra	CAM	1994
Hawthorn	Emma	WOR	1993	Allen	Emily	LON	1991
Henderson	Paula	KIR	1994	Arnold	Caitlin	SER	2000
Hewitt	Emily	SOU	1996	Asquith	Eleanor	PAN	1993
Hicks	Harriet	NOR	1996	Auld	Alison	RIC	1987
Hield	Emma	FOX	1998	Avery	Lauren	CLM	1998
Hield	Lucy	FOX	2000	Ball	Jodie	WYC	2000
Holden	Bronte	FOY	2000	Barnard	Leanne	LIN	1995
Holmes	Stephanie	WOR	1992	Barnes	Eleanor	SHP	1995
Kabeer	Hafsa	LON	1999	Barnett	Amy	BIR	1991
King	Amoret	RDG	1991	Battison	Rohan	RDG	1988
Linnell	Louise	NOR	1988	Bennett	Melanie	BSF	1987
Littlewood	Megan	IND	1999	Bennett	Rachel	FOX	1988
Madden	Isobel	ROY	2000	Bicknell	Madison	NOR	1999
Mann	Jasmine Keziah	SER	1999	Bourne	Makayla	SER	2000
Martin	Alison	RIC	1997	Bowles	Isabella	RIC	2000
McMullen	Georgina	ELM	1998	Bracewell	Chloe	IND	1991
McQuaid	Kate	LEE	1998	Bradbeer	Kara	KIR	1995
Morton	Florence	IND	1991	Bradley	Aisling	ROY	1997
Murphy	Alice	BAN	1992	Bray	Alice	FOY	1999
Neave	Shuna	NOT	1986	Brookfield	Chloe	BAN	1998
Owen	Bethan	ADS	1996	Brown	Lucy	WYC	1999
Oxtoby	Lydia	LBZ	1992	Bullen	Vickey	BOA	1990

Women D Kayak Cont'd - WDK	Surname	First name	Club	Year	Surname	First name	Club	Year
Bushrod Isabelle CDF 1999 Hampson Isabel SOU 1998 Butler Mosie FOX 1992 Hanchet Jessica ROY 1995 Butler Melissa RDG 1998 Henshaw Charlotte PAR 1987 Byrne Jess ROY 1995 Hook Hannah LBZ 2000 Byrne Phoebe ROY 2000 Hooton Emma ANK 1990 Campbell Megan LBZ 1999 Hughes Bibl ROY 1995 Cerbowa Lada GLW 1997 Hunt Georgia BAN 1997 Chmiel Ozzle NOT 1999 Husband Katie FOX 2000 Chmiel Kasia NOT 1999 Husband Katie FOX 2000 Chrimes Jenny NOT 1987 Illinesi Jenny ELM 1992 Chrimes	Women D Kayak	Cont'd – WDK			Women D Kayak	Cont'd – WDK		
Butler Rosie FOX 1992 Hanchet Jessica ROY 1999 Butler May WOR 1995 Harrison Beth NOR 1995 Byrne Jess ROY 1995 Hook Hannah LBZ 2000 Byrne Phoebe ROY 2000 Hooton Emma ANK 1990 Carson Emma LBZ 1999 Hughes Bibi ROY 1999 Carson Emma ELM 1994 Humphrey Vanessa LEA 1997 Cerhowa Lada GLW 1997 Hutsband Katie FOX 2000 Chmiel Oxzie NOT 1999 Husband Katie FOX 2000 Chrimes Jenny NOT 1999 Husband Katie FOX 2000 Chrimes Jenny NOT 1987 Illinesi Jenny LEM 1992 Clack Lau	Burgess	Imogen	IND	1999	Hampson	Erin	SOU	1996
Butler May WOR 1995 Harrison Beth NOR 1995 Butler Melissa RDG 1998 Henshaw Charlotte PAR 1892 Byrne Jess ROY 1995 Hook Hannah LBZ 2000 Byrne Phoebe ROY 2000 Hooton Emma ANK 1990 Carpone Megan LBZ 1999 Hughes Bibl ROY 1999 Carson Emma ELM 1994 Humbrey Vanessa LEA 1995 Cechowa Lada GLW 1997 Hunt Georgia BAN 1997 Chrimel Ozzie NOT 1999 Husband Katie FOX 2000 Chrimel Kasia NOT 1987 Hillnes Jenny ELM 1992 Clack Laure LIN 1999 Jerwin Casis Jenny ELM 1992 Cla	Bushrod	Isabelle	CDF	1999	Hampson	Isabel	SOU	1998
Butler Melissa RDG 1998 Henshaw Charlotte PAR 1987 Byrne Jess ROY 2000 Hook Hannah LBZ 1999 Garmelell Megan LBZ 1999 Hughes Bibi ROY 1995 Carson Emma ELM 1994 Humphrey Vanessa LEA 1995 Cechowa Lada GLW 1997 Hunt Georgia BAN 1997 Chmiel Ozzie NOT 1999 Husband Katie FOX 2000 Chrimes Jenny NOT 1987 Illinesi Jenny LBZ 1992 Clack Lauren LIN 1999 Irwin Caity FOY 2000 Clack Lauren LIN 1999 Irwin Caity FOY 2000 Clarkson Alle BCC 1988 James Susanna WEIN 1992 Clarkson	Butler	Rosie	FOX	1992	Hanchet	Jessica	ROY	1999
Byrne Jess ROY 1995 Hook Hannah LBZ 2000 Byrne Phoebe ROY 2000 Hooton Emma ANK 1990 Campbell Megan LBZ 1999 Hughes Bibi ROY 1995 Carson Emma ELM 1994 Humphrey Vanessa LEA 1995 Cechowa Lada GLW 1997 Huth Georgia BAN 1997 Chmiel Asia NOT 1999 Husband Katie FOX 2000 Chrimes Jenny NOT 1987 Illinesi Jenny ELM 1992 Chrimes Jenny NOT 1987 Illinesi Jenny ELM 1992 Chrimes Jenny NOT 1987 Illinesi Jenny ELM 1992 Clark Lauren Ill 1992 Irvinin Caity FOY 2000 Colar	Butler	May	WOR	1995	Harrison	Beth	NOR	1995
Byrne Phoebe ROY 2000 Hooton Emma ANK 1990 Campbell Megan LBZ 1999 Hughes Bibi ROY 1999 Carson Emma ELM 1994 Humphrey Vanessa LEA 1995 Cechowa Lada GLW 1997 Hunt Georgia BAN 1997 Chmiel Ozzie NOT 1999 Husband Katie FOX 2000 Chmiel Kasia NOT 1999 Husband Katie FOX 2000 Chrimes Jenny NOT 1987 Illines! Jenny LBZ 1992 Clack Lauren LIN 1999 Irwin Caity FOY 2000 Clack Lauren LIN 1999 Jarratt Ella LIN 2000 Clack Hayley LBZ 1993 Jault Hannah BAN 2000 Crocker H	Butler	Melissa	RDG	1998	Henshaw	Charlotte	PAR	1987
Campbell Megan LBZ 1999 Hughes Bibi ROY 1999 Carson Emma ELM 1994 Humphrey Vanessa LEA 1995 Cechowa Lada GLW 1997 Huth Georgia BAN 1997 Chmiel Kasia NOT 1900 Hussey Laura LBZ 1992 Chrimes Jenny NOT 1987 Illinesi Jenny LBZ 1992 Clark Lauren LIN 1999 Irwin Caity FOY 2000 Clarkson Alice BCC 1988 James Susanna WEY 1999 Clarkson Alice BCC 1988 James Susanna WEY 1999 Clarkson Alice BCC 1988 James Susanna WEY 1999 Coller Jay LBZ 1993 Jault Hannah BAN 1999 Crockford	Byrne	Jess	ROY	1995	Hook	Hannah	LBZ	2000
Carson Emma ELM 1994 Humphrey Vanessa LEA 1995 Cechowa Lada GLW 1997 Hunt Georgia BAN 1997 Chmiel Kasia NOT 2000 Hussey Laura LBZ 1992 Chrimes Jenny NOT 1987 Illinesi Jenny ELM 1992 Clack Lauren LIN 1999 Irwin Caity FOY 2000 Clarkson Alice BCC 1988 James Susanna WEY 1999 Collier Jenny WOR 1990 Jarratt Ella LIN 2000 Collier Jenny WOR 1990 Jarratt Ella LIN 2000 Collier Jennifer LBZ 1993 Jault Hannah BAN 2000 Corosker Hayley LBZ 1993 Jault Hannah BAN 1998 Crossley	Byrne	Phoebe	ROY	2000	Hooton	Emma	ANK	1990
Cechowa Lada GLW 1997 Hunt Georgia BAN 1997 Chmiel Ozzie NOT 1999 Husband Katie FOX 2000 Chmiel Kasia NOT 1990 Hussey Laura LBZ 1992 Chrimes Jenny NOT 1987 Illinesi Jenny ELM 1992 Clack Lauren LIN 1999 Irwin Caity FOY 2000 Collier Jenny WOR 1990 Jarratt Ella LIN 2000 Coroker Hayley LBZ 1993 Jault Hannah BAN 2000 Crockford Imogen ADS 2000 Johnson Isla BAN 1996 Corosley Jol SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Curtis	Campbell	Megan	LBZ	1999	Hughes	Bibi	ROY	1999
Chmiel Ozzie NOT 1999 Husband Katie FOX 2000 Chmiel Kasia NOT 2000 Hussey Laura LBZ 1992 Chrimes Jenny NOT 1987 Illinesi Jenny ELM 1992 Clark Lauren LIN 1999 Irwin Caity FOV 2000 Clarkson Alice BCC 1988 James Susanna WEY 1999 Collier Jenny WOR 1990 Jarratt Ella LIN 2000 Crockford Imogen ADS 2000 Johnson Isla BAN 1998 Crossley Jo Jo SOU 1991 Kay Olivia NOT 1998 Crossley Jo Jo SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Davies	Carson	Emma	ELM	1994	Humphrey	Vanessa	LEA	1995
Chmiel Kasia NOT 2000 Hussey Laura LBZ 1992 Chrimes Jenny NOT 1987 Illinesi Jenny ELM 1992 Clark Lauren LIN 1999 Irwin Caity FOY 2000 Clarkson Alice BCC 1988 James Susanna WEY 1999 Collier Jenny WOR 1990 Jarratt Ella LIN 2000 Crocker Hayley LBZ 1993 Jault Hannah BAN 2000 Crockford Imogen ADS 2000 Johnson Isla BAN 1998 Crossley Jo Jo SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1991 Curtis Jennifer LBZ 1999 Khlaf Sophie RIC 1996 Curtis	Cechowa	Lada	GLW	1997	Hunt	Georgia	BAN	1997
Chrimes Jenny NOT 1987 Illinesi Jenny ELM 1992 Clack Lauren LIN 1999 Irwin Caity FOY 2000 Collier Jenny WOR 1990 Jarratt Ella LIN 2000 Crocker Hayley LBZ 1993 Jault Hannah BAN 2000 Crockford Imogen ADS 2000 Johnson Isla BAN 1996 Corossley Jo Jo SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Day Natalie WYC 1999 Khlaf Sophie RIC 1996 Daryan	Chmiel	Ozzie	NOT	1999	Husband	Katie	FOX	2000
Clack Lauren LIN 1999 Irwin Caity FOY 2000 Clarkson Alice BCC 1988 James Susanna WEY 1990 Collier Jenny WOR 1990 Jarratt Ella LIN 2000 Crockford Imogen ADS 2000 Johnson Isla BAN 1998 Crossley Jo Jo SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer IBZ 1996 Kearney Scarlett WOR 1996 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Davies Lowri Ann WEY 2000 Kreane Leva Cora CDF 1992	Chmiel	Kasia	NOT	2000	Hussey	Laura	LBZ	1992
Clarkson Alice BCC 1988 James Susanna WEY 1999 Collier Jenny WOR 1990 Jarratt Ella LIN 2000 Crocker Hayley LBZ 1993 Jault Hannah BAN 2000 Crockford Imogen ADS 2000 Johnson Isla BAN 1998 Crossley Jo Jo SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Davies Lowri Ann SER 2000 Kraus Lena FOX 1999 Dimmock Mille WEY 2000 Kraus Lena FOX 1997 Duran </td <td>Chrimes</td> <td>Jenny</td> <td>NOT</td> <td>1987</td> <td>Illinesi</td> <td>Jenny</td> <td>ELM</td> <td>1992</td>	Chrimes	Jenny	NOT	1987	Illinesi	Jenny	ELM	1992
Collier Jenny WOR 1990 Jarratt Ella LIN 2000 Crocker Hayley LBZ 1993 Jault Hannah BAN 2000 Crockford Imogen ADS 2000 Johnson Isla BAN 1998 Crossley Jo Jo SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Day Natalie WYC 1999 Khlaf Sophie RIC 1996 De Ferrer Gaby WEY 2000 Knight Jess FOX 1999 Dimmock Mille WEY 2000 Kraus Lena FOY 1991 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Durant	Clack	Lauren	LIN	1999	Irwin	Caity	FOY	2000
Crocker Hayley LBZ 1993 Jault Hannah BAN 2000 Crockford Imogen ADS 2000 Johnson Isla BAN 1998 Crossley Jo Jo SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Day Natalie WYC 1999 Khlaf Sophie RIC 1996 De Ferrer Gaby WEY 2000 Kraus Lena FOY 1991 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Durant Abbie NOT 1998 Lewis Charlotte WOR 1997 Durant </td <td>Clarkson</td> <td>Alice</td> <td>BCC</td> <td>1988</td> <td>James</td> <td>Susanna</td> <td>WEY</td> <td>1999</td>	Clarkson	Alice	BCC	1988	James	Susanna	WEY	1999
Crockford Imogen ADS 2000 Johnson Isla BAN 1998 Crossley Jo Jo SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Day Natalie WYC 2000 Kralls Jess FOX 1996 De Ferrer Gaby WEY 2000 Kraus Lena FOX 1999 Dimmock Mille WEY 2000 Kraus Lena FOX 1999 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1991 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1991 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Durant	Collier	Jenny	WOR	1990	Jarratt	Ella	LIN	2000
Crossley Jo Jo SOU 1991 Kay Olivia NOT 1996 Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Day Natalie WYC 1999 Khlaf Sophie RIC 1996 De Ferrer Gaby WEY 2000 Knight Jess FOX 1999 Dimmock Mille WEY 2000 Kraus Lena FOY 1991 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Dobbs Chloe FOY 2000 Lee Cara CDF 1995 Durrant Esme NOT 2000 Lewis Katy WOR 1997 Duxbury Laura PAN 1991 Long Jessica FOX 1999 Edgar Sar	Crocker	Hayley	LBZ	1993	Jault	Hannah	BAN	2000
Curtis Jennifer LBZ 1996 Kearney Scarlett WOR 1996 Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Day Natalie WYC 1999 Khlaf Sophie RIC 1996 De Ferrer Gaby WEY 2000 Knight Jess FOX 1999 Dimmock Mille WEY 2000 Kraus Lena FOY 1991 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Dobbs Chloe FOY 2000 Lee Cara CDF 1995 Durrant Abbie NOT 1998 Lewis Charlotte WOR 1997 Durrant Esme NOT 2000 Lee Cara CDF 1995 Durrant Abbie NOT 1998 Lewis Katy WOR 1997 Durant As	Crockford	Imogen	ADS	2000	Johnson	Isla	BAN	1998
Davies Lowri Ann SER 2000 Kellly Sarah BOA 1991 Day Natalie WYC 1999 Khlaf Sophie RIC 1996 De Ferrer Gaby WEY 2000 Knight Jess FOX 1999 Dimmock Mille WEY 2000 Kraus Lena FOY 1999 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Dobbs Chloe FOY 2000 Lee Cara CDF 1995 Durrant Abbie NOT 1998 Lewis Charlotte WOR 1997 Durant Esme NOT 2000 Lewis Katy WOR 1997 Durrant Esme NOT 1998 Lewis Katy WOR 1997 Durrant Esme NOT 1998 Lewis Katy WOR 1997 Durbant Esme	Crossley	Jo Jo	SOU	1991	Kay	Olivia	NOT	1996
Day Natalie WYC 1999 Khlaf Sophie RIC 1999 De Ferrer Gaby WEY 2000 Knight Jess FOX 1999 Dimmock Mille WEY 2000 Kraus Lena FOY 1991 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Dobbs Chloe FOY 2000 Lee Cara CDF 1995 Durrant Abbie NOT 1998 Lewis Katy WOR 1997 Durbury Laura PAN 1991 Long Jessica FOX 1999 Edgar Sarah RLS 2013 Long Sophie FOX 2000 Ellis Sarah FLA 1997 Lucass Vicky RDG 1990 Ellis Sarah FLA 1998 Masters Hannah LON 1987 Farmer Alexandra	Curtis	Jennifer	LBZ	1996	Kearney	Scarlett	WOR	1996
De Ferrer Gaby WEY 2000 Knight Jess FOX 1999 Dimmock Mille WEY 2000 Kraus Lena FOY 1991 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Dobbs Chloe FOY 2000 Lee Cara CDF 1995 Durrant Abbie NOT 1998 Lewis Charlotte WOR 1997 Durrant Esme NOT 2000 Lewis Katy WOR 1999 Duxbury Laura PAN 1991 Long Jessica FOX 1999 Edgar Sarah RLS 2013 Long Sophie FOX 2000 Ellerton Chloe STO 1997 Lucass Vicky RDG 1999 Ellis Sarah FLA 1998 Madden Kiera ROY 1998 Falltrick Leah </td <td>Davies</td> <td>Lowri Ann</td> <td>SER</td> <td>2000</td> <td>Kellly</td> <td>Sarah</td> <td>BOA</td> <td>1991</td>	Davies	Lowri Ann	SER	2000	Kellly	Sarah	BOA	1991
Dimmock Mille WEY 2000 Kraus Lena FOY 1991 Dixon Chelsey PAR 1996 Lawton Natasha GLW 1997 Dobbs Chloe FOY 2000 Lee Cara CDF 1995 Durrant Abbie NOT 1998 Lewis Charlotte WOR 1997 Durrant Esme NOT 2000 Lewis Katy WOR 1997 Duxbury Laura PAN 1991 Long Jessica FOX 1999 Edgar Sarah RLS 2013 Long Sophie FOX 2000 Ellerton Chloe STO 1997 Lucass Vicky RDG 1999 Ellerton Chloe STO 1997 Lucass Vicky RDG 1990 Ellis Sarah FLA 1998 Madden Kiera ROY 1998 Falltrick Leah<	Day	Natalie	WYC	1999	Khlaf	Sophie	RIC	1996
DixonChelseyPAR1996LawtonNatashaGLW1997DobbsChloeFOY2000LeeCaraCDF1995DurrantAbbieNOT1998LewisCharlotteWOR1997DurrantEsmeNOT2000LewisKatyWOR1999DuxburyLauraPAN1991LongJessicaFOX1999EdgarSarahRLS2013LongSophieFOX2000EllertonChloeSTO1997LucassVickyRDG1990EllisSarahFLA1998MaddenKieraROY1998FalltrickLeahCLM1996MarshallLindsayNOT1987FarmerAlexandraSOL2000MartinBethRIC1987FielderKatieWYC1998MastersHannahLON2000FishburnRonaCHE2000MercerLottieRIC1999FlackAnneliesBAN1996MeuhlerMarleneRIC1999FortRachelRDG1989MillestSarahNOT1988Gilbert-JohnsSophieSOU1999MissenHannahBOA1992GoodsaveLaurenWEY1989MobbsHollyWEY1998GoodladBethanyLBZ1988MonahanMiaRIC1997Greehy <td>De Ferrer</td> <td>Gaby</td> <td>WEY</td> <td>2000</td> <td>Knight</td> <td>Jess</td> <td>FOX</td> <td>1999</td>	De Ferrer	Gaby	WEY	2000	Knight	Jess	FOX	1999
DobbsChloeFOY2000LeeCaraCDF1995DurrantAbbieNOT1998LewisCharlotteWOR1997DurrantEsmeNOT2000LewisKatyWOR1999DuxburyLauraPAN1991LongJessicaFOX1999EdgarSarahRLS2013LongSophieFOX2000EllertonChloeSTO1997LucassVickyRDG1990EllisSarahFLA1998MaddenKieraROY1998FalltrickLeahCLM1996MarshallLindsayNOT1987FarmerAlexandraSOL2000MartinBethRIC1987FielderKatieWYC1998MastersHannahLON2000FishburnRonaCHE2000MercerLottieRIC1999FortRachelRDG1989MillestSarahNOT1988Gilbert-JohnsSophieSOU1999MissenHannahBOA1992GodsaveLaurenWEY1989MobbsHollyWEY1998GoddadBethanyLBZ1988MonahanMiaRIC1997GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000GurneyEmi	Dimmock	Mille	WEY	2000	Kraus	Lena	FOY	1991
DurrantAbbieNOT1998LewisCharlotteWOR1997DurrantEsmeNOT2000LewisKatyWOR1999DuxburyLauraPAN1991LongJessicaFOX1999EdgarSarahRLS2013LongSophieFOX2000EllertonChloeSTO1997LucassVickyRDG1990EllisSarahFLA1998MaddenKieraROY1998FalltrickLeahCLM1996MarshallLindsayNOT1987FarmerAlexandraSOL2000MartinBethRIC1987FielderKatieWYC1998MastersHannahLON2000FishburnRonaCHE2000MercerLottieRIC1999FlackAnneliesBAN1996MeuhlerMarleneRIC1999FortRachelRDG1989MillestSarahNOT1988Gibbert-JohnsSophieSOU1999MissenHannahBOA1992GodsaveLaurenWEY1989MobbsHollyWEY1998GoddadBethanyLBZ1988MonahanMiaRIC1997GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000Gritsini	Dixon	Chelsey	PAR	1996	Lawton	Natasha	GLW	1997
DurrantEsmeNOT2000LewisKatyWOR1999DuxburyLauraPAN1991LongJessicaFOX1999EdgarSarahRLS2013LongSophieFOX2000EllertonChloeSTO1997LucassVickyRDG1990EllisSarahFLA1998MaddenKieraROY1998FalltrickLeahCLM1996MarshallLindsayNOT1987FarmerAlexandraSOL2000MartinBethRIC1987FielderKatieWYC1998MastersHannahLON2000FishburnRonaCHE2000MercerLottieRIC1999FlackAnneliesBAN1996MeuhlerMarleneRIC1999FortRachelRDG1989MillestSarahNOT1988GioanSerinFOX1997MitchellSophieLON1992GodsaveLaurenWEY1989MobbsHollyWEY1998GoodladBethanyLBZ1988MonahanMiaRIC1997GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000GritsininaKateSOU1995NichollsSophieRIC2000Gurney<	Dobbs	Chloe	FOY	2000	Lee	Cara	CDF	1995
DuxburyLauraPAN1991LongJessicaFOX1999EdgarSarahRLS2013LongSophieFOX2000EllertonChloeSTO1997LucassVickyRDG1990EllisSarahFLA1998MaddenKieraROY1998FalltrickLeahCLM1996MarshallLindsayNOT1987FarmerAlexandraSOL2000MartinBethRIC1987FielderKatieWYC1998MastersHannahLON2000FishburnRonaCHE2000MercerLottieRIC1999FlackAnneliesBAN1996MeuhlerMarleneRIC1999FortRachelRDG1989MillestSarahNOT1988Gilbert-JohnsSophieSOU1999MissenHannahBOA1992GodsaveLaurenWEY1989MobbsHollyWEY1998GoodladBethanyLBZ1988MonahanMiaRIC1997GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000GritsininaKateSOU1995NichollsSophieRIC2000GurneyEmilyLIN1997NixonRachaelBAN1998Gu	Durrant	Abbie	NOT	1998	Lewis	Charlotte	WOR	1997
EdgarSarahRLS2013LongSophieFOX2000EllertonChloeSTO1997LucassVickyRDG1990EllisSarahFLA1998MaddenKieraROY1998FalltrickLeahCLM1996MarshallLindsayNOT1987FarmerAlexandraSOL2000MartinBethRIC1987FielderKatieWYC1998MastersHannahLON2000FishburnRonaCHE2000MercerLottieRIC1999FlackAnneliesBAN1996MeuhlerMarleneRIC1999FortRachelRDG1989MillestSarahNOT1988Gilbert-JohnsSophieSOU1999MissenHannahBOA1992GioanSerinFOX1997MitchellSophieLON1992GodsaveLaurenWEY1989MobbsHollyWEY1998GoodladBethanyLBZ1988MonahanMiaRIC1997GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000GritsininaKateSOU1995NichollsSophieRIC2000GurneyEmilyLIN1997NixonRachaelBAN1998G	Durrant	Esme	NOT	2000	Lewis	Katy	WOR	1999
EllertonChloeSTO1997LucassVickyRDG1990EllisSarahFLA1998MaddenKieraROY1998FalltrickLeahCLM1996MarshallLindsayNOT1987FarmerAlexandraSOL2000MartinBethRIC1987FielderKatieWYC1998MastersHannahLON2000FishburnRonaCHE2000MercerLottieRIC1999FlackAnneliesBAN1996MeuhlerMarleneRIC1999FortRachelRDG1989MillestSarahNOT1988Gilbert-JohnsSophieSOU1999MissenHannahBOA1992GioanSerinFOX1997MitchellSophieLON1992GodsaveLaurenWEY1989MobbsHollyWEY1998GoodladBethanyLBZ1988MonahanMiaRIC1997GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000GritsininaKateSOU1995NichollsSophieRIC2000GurneyEmilyLIN1997NixonRachaelBAN1998GurneyIsabelleBSF1999NoonBeckyBPR1996 <td>Duxbury</td> <td>Laura</td> <td>PAN</td> <td>1991</td> <td>Long</td> <td>Jessica</td> <td>FOX</td> <td>1999</td>	Duxbury	Laura	PAN	1991	Long	Jessica	FOX	1999
EllisSarahFLA1998MaddenKieraROY1998FalltrickLeahCLM1996MarshallLindsayNOT1987FarmerAlexandraSOL2000MartinBethRIC1987FielderKatieWYC1998MastersHannahLON2000FishburnRonaCHE2000MercerLottieRIC1999FlackAnneliesBAN1996MeuhlerMarleneRIC1999FortRachelRDG1989MillestSarahNOT1988Gilbert-JohnsSophieSOU1999MissenHannahBOA1992GioanSerinFOX1997MitchellSophieLON1992GodsaveLaurenWEY1989MobbsHollyWEY1998GoodladBethanyLBZ1988MonahanMiaRIC1997GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000GritsininaKateSOU1995NichollsSophieRIC2000GurneyEmilyLIN1997NixonRachaelBAN1998GurneyIsabelleBSF1999NoonBeckyBPR1996	Edgar	Sarah	RLS	2013	Long	Sophie	FOX	2000
FalltrickLeahCLM1996MarshallLindsayNOT1987FarmerAlexandraSOL2000MartinBethRIC1987FielderKatieWYC1998MastersHannahLON2000FishburnRonaCHE2000MercerLottieRIC1999FlackAnneliesBAN1996MeuhlerMarleneRIC1999FortRachelRDG1989MillestSarahNOT1988Gilbert-JohnsSophieSOU1999MissenHannahBOA1992GioanSerinFOX1997MitchellSophieLON1992GodsaveLaurenWEY1989MobbsHollyWEY1998GoodladBethanyLBZ1988MonahanMiaRIC1997GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000GritsininaKateSOU1995NichollsSophieRIC2000GurneyEmilyLIN1997NixonRachaelBAN1998GurneyIsabelleBSF1999NoonBeckyBPR1996	Ellerton	Chloe	STO	1997	Lucass	Vicky	RDG	1990
Farmer Alexandra SOL 2000 Martin Beth RIC 1987 Fielder Katie WYC 1998 Masters Hannah LON 2000 Fishburn Rona CHE 2000 Mercer Lottie RIC 1999 Flack Annelies BAN 1996 Meuhler Marlene RIC 1999 Fort Rachel RDG 1989 Millest Sarah NOT 1988 Gilbert-Johns Sophie SOU 1999 Missen Hannah BOA 1992 Gioan Serin FOX 1997 Mitchell Sophie LON 1992 Godsave Lauren WEY 1989 Mobbs Holly WEY 1998 Goodlad Bethany LBZ 1988 Monahan Mia RIC 1997 Greehy Lucy FOX 1994 Morris Nina FOX 1998 Griffiths Emma WOR 1997 Newman Lauren POO 2000 Gritsinina Kate SOU 1995 Nicholls Sophie RIC 2000 Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Ellis	Sarah	FLA	1998	Madden	Kiera	ROY	1998
Fielder Katie WYC 1998 Masters Hannah LON 2000 Fishburn Rona CHE 2000 Mercer Lottie RIC 1999 Flack Annelies BAN 1996 Meuhler Marlene RIC 1999 Fort Rachel RDG 1989 Millest Sarah NOT 1988 Gilbert-Johns Sophie SOU 1999 Missen Hannah BOA 1992 Gioan Serin FOX 1997 Mitchell Sophie LON 1992 Godsave Lauren WEY 1989 Mobbs Holly WEY 1998 Goodlad Bethany LBZ 1988 Monahan Mia RIC 1997 Greehy Lucy FOX 1994 Morris Nina FOX 1998 Griffiths Emma WOR 1997 Newman Lauren POO 2000 Gritsinina Kate SOU 1995 Nicholls Sophie RIC 2000 Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Falltrick	Leah	CLM	1996	Marshall	Lindsay	NOT	1987
Fishburn Rona CHE 2000 Mercer Lottie RIC 1999 Flack Annelies BAN 1996 Meuhler Marlene RIC 1999 Fort Rachel RDG 1989 Millest Sarah NOT 1988 Gilbert-Johns Sophie SOU 1999 Missen Hannah BOA 1992 Gioan Serin FOX 1997 Mitchell Sophie LON 1992 Godsave Lauren WEY 1989 Mobbs Holly WEY 1998 Goodlad Bethany LBZ 1988 Monahan Mia RIC 1997 Greehy Lucy FOX 1994 Morris Nina FOX 1998 Griffiths Emma WOR 1997 Newman Lauren POO 2000 Gritsinina Kate SOU 1995 Nicholls Sophie RIC 2000 Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Farmer	Alexandra	SOL	2000	Martin	Beth	RIC	1987
Flack Annelies BAN 1996 Meuhler Marlene RIC 1999 Fort Rachel RDG 1989 Millest Sarah NOT 1988 Gilbert-Johns Sophie SOU 1999 Missen Hannah BOA 1992 Gioan Serin FOX 1997 Mitchell Sophie LON 1992 Godsave Lauren WEY 1989 Mobbs Holly WEY 1998 Goodlad Bethany LBZ 1988 Monahan Mia RIC 1997 Greehy Lucy FOX 1994 Morris Nina FOX 1998 Griffiths Emma WOR 1997 Newman Lauren POO 2000 Gritsinina Kate SOU 1995 Nicholls Sophie RIC 2000 Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Fielder	Katie	WYC	1998	Masters	Hannah	LON	2000
Fort Rachel RDG 1989 Millest Sarah NOT 1988 Gilbert-Johns Sophie SOU 1999 Missen Hannah BOA 1992 Gioan Serin FOX 1997 Mitchell Sophie LON 1992 Godsave Lauren WEY 1989 Mobbs Holly WEY 1998 Goodlad Bethany LBZ 1988 Monahan Mia RIC 1997 Greehy Lucy FOX 1994 Morris Nina FOX 1998 Griffiths Emma WOR 1997 Newman Lauren POO 2000 Gritsinina Kate SOU 1995 Nicholls Sophie RIC 2000 Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Fishburn	Rona	CHE	2000	Mercer	Lottie	RIC	1999
Gilbert-Johns Sophie SOU 1999 Missen Hannah BOA 1992 Gioan Serin FOX 1997 Mitchell Sophie LON 1992 Godsave Lauren WEY 1989 Mobbs Holly WEY 1998 Goodlad Bethany LBZ 1988 Monahan Mia RIC 1997 Greehy Lucy FOX 1994 Morris Nina FOX 1998 Griffiths Emma WOR 1997 Newman Lauren POO 2000 Gritsinina Kate SOU 1995 Nicholls Sophie RIC 2000 Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Flack	Annelies	BAN	1996	Meuhler	Marlene	RIC	1999
Gioan Serin FOX 1997 Mitchell Sophie LON 1992 Godsave Lauren WEY 1989 Mobbs Holly WEY 1998 Goodlad Bethany LBZ 1988 Monahan Mia RIC 1997 Greehy Lucy FOX 1994 Morris Nina FOX 1998 Griffiths Emma WOR 1997 Newman Lauren POO 2000 Gritsinina Kate SOU 1995 Nicholls Sophie RIC 2000 Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Fort	Rachel	RDG	1989	Millest	Sarah	NOT	1988
Godsave Lauren WEY 1989 Mobbs Holly WEY 1998 Goodlad Bethany LBZ 1988 Monahan Mia RIC 1997 Greehy Lucy FOX 1994 Morris Nina FOX 1998 Griffiths Emma WOR 1997 Newman Lauren POO 2000 Gritsinina Kate SOU 1995 Nicholls Sophie RIC 2000 Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Gilbert-Johns	Sophie	SOU	1999	Missen	Hannah	BOA	1992
GoodladBethanyLBZ1988MonahanMiaRIC1997GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000GritsininaKateSOU1995NichollsSophieRIC2000GurneyEmilyLIN1997NixonRachaelBAN1998GurneyIsabelleBSF1999NoonBeckyBPR1996	Gioan	Serin	FOX	1997	Mitchell	Sophie	LON	1992
GreehyLucyFOX1994MorrisNinaFOX1998GriffithsEmmaWOR1997NewmanLaurenPOO2000GritsininaKateSOU1995NichollsSophieRIC2000GurneyEmilyLIN1997NixonRachaelBAN1998GurneyIsabelleBSF1999NoonBeckyBPR1996	Godsave	Lauren	WEY	1989	Mobbs	Holly	WEY	1998
Griffiths Emma WOR 1997 Newman Lauren POO 2000 Gritsinina Kate SOU 1995 Nicholls Sophie RIC 2000 Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Goodlad	Bethany	LBZ	1988	Monahan	Mia	RIC	1997
GritsininaKateSOU1995NichollsSophieRIC2000GurneyEmilyLIN1997NixonRachaelBAN1998GurneyIsabelleBSF1999NoonBeckyBPR1996	Greehy	Lucy	FOX	1994	Morris	Nina	FOX	1998
Gurney Emily LIN 1997 Nixon Rachael BAN 1998 Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Griffiths	Emma	WOR	1997	Newman	Lauren	POO	2000
Gurney Isabelle BSF 1999 Noon Becky BPR 1996	Gritsinina	Kate	SOU	1995	Nicholls	Sophie	RIC	2000
•	Gurney	Emily	LIN	1997	Nixon	Rachael	BAN	1998
Hall Tess FOX 2000 Norman Emily WOR 1998	Gurney	Isabelle	BSF	1999	Noon	Becky	BPR	1996
	Hall	Tess	FOX	2000	Norman	Emily	WOR	1998

Surname	First name	Club	Year	Surname	First name	Club	Year
Women D Kayak Co	ont'd – WDK			Women D Kayak C	ont'd – WDK		
Oliver	Lucy	SOU	1998	Surridge	Jess	WYC	1998
Orenstein	Rachel	CLM	2000	Thomson	Emily	WYC	1996
Orme	Simone	ANK	1994	Thorpe	Lindsay	PAR	1993
Palmer	Josie	ROY	1997	Thraves	Eleanor	NOT	1985
Palmer	Bethan	CDF	1998	Tozer	Lucy	WEY	2000
Palmer	Anna	LON	1997	Turnbull	Beth	ADS	2000
Parker	Rebecca	NOT	1988	Valle-Fernandez	Lucia	CAM	1991
Parker	Sophie	CLM	1990	Vamos	Anna	CAM	2000
Patterson	Nikki	PAR	1989	Walker	Hannah	WOR	1994
Peake	Alana	BOA	1992	Walker	Eleanor	PAN	1995
Penney	Charlotte	BAN	1986	Wall	Georgia	CDF	1999
Peterson	Kelsea	SER	1998	Wardman	Keia	WYC	1999
Peterson	Ellie	SER	2000	Warmsley	Alex	PAN	1997
Pickering	Isobelle	LBZ	1999	Warmsley	Emma	PAN	1997
Polgreen	Lizzie	FOX	1988	Watkins	Mari	SWA	2000
Powell	Emily	RIC	1999	Webb	Milly	WYC	1996
Pratt	Charlotte	ROY	1996	Webb	Robyn	PEN	1992
Prince	Alice	FOX	1998	Webster	Annie	FOX	1987
Proctor-Crozier	Jessica	CHE	2000	White	Lexie	BSF	2000
Pryor	Georgina	LEE	1998	Wilcox	Megan	NOR	1996
Pullinger	Isobel	FOX	1998	Williams	Emma	ELM	1995
Raper	Louise	BAN	1999	Williams	Serena	SER	1997
Raynor	Emily	FOX	1992	Wood	Katie	BAN	1989
Regan	Molly	SOU	1996	Wood	Megan	BAN	1992
Reid	Katie Jayne	IND	1995	Wright	Eve	WYC	1998
Revell	Louise	NOT	1996	Wyatt	Zowie Heather	CLM	1991
Richards	Megan	POO	1996	Young	Jemima	WEY	1998
Richards	Rachel	WYC	1997	Zalissetskaia	Iona	WEY	1990
Ritchie	Lorna	BAN	1989	Women Masters A	•		
Rix	Amelia	NOR	1995	Burt	Anna	RAF	1984
Roghi	Eloise	NOR	2000	Kelly	Nanette	RIC	1984
Rosa-Jacobs	Sonia	RIC	2004	Steinberga	Saha	RIC	1982
Rose	Eleanor	FOX	1994	Women Masters B	Kayak - WVBK		
Rose	Annie	FOX	1998	Alderman	Maxine	SER	1984
Salisbury	Ceri	CAM	1990	Alexander	Jan	NOR	1962
Scianna	Stefania	WEY	2000	Archer	Kellie	ELM	1970
Scott	Emily	BSF	1999	Atkins	Debbie	RDG	1969
Scowen	Samantha	RDG	1987	Ayres	Elizabeth	NOT	1980
Sealey	Hannah	RDG	1994	Ballard	Julia	WOR	1962
Shepperson	Emily	NOT	1998	Banson	Caroline	NOR	1965
Simmons	Hannah	BOA	1993	Barber	Fiona	LBZ	1970
Sinclair	Eleanor	WOR	1995	Barker	Lindsay	NOR	1961
Slade	Rachel	WYC	1996	Barkway	Kelly	BPS	1972
Smith	Suzanne	ROY	1999	Barnett	Anna	FOX	1963
Smithson	Sue	RLS	1991	Battison	Gail	RDG	1966
Spanton	Rachel	RDG	1987	Bidle	Gillian	BPS	1975
Statham	Laura	WYC	1998	Brown	Sue	LBZ	1971
Storey	Emily	WEY	1996	Cane	Deborah	RDG	1970

Surname	First name	Club	Year	Surname	First name	Club	Year
Women Masters E	Kayak Cont'd - W	/BK		Women Masters B	Kayak Cont'd - V	VVBK	
Caton	Catherine	NOT	1979	Limentani	Alison	CAM	1982
Cave	Theresa	WOR	1962	Littlewood	Julie	IND	1968
Chalk	Carla	RDG	1969	MacLeod	Fiona	BAN	1966
Chapman	Margaret	KIR	1961	Mainprize	Sarah	RDG	1961
Chmiel	Alison	NOT	1963	Martyn	Caroline	WEY	1968
Clough	Jen	FOX	1960	Mayers	Racheal	RUN	1975
Colley	Sharon	HER	1970	McManus	Kate	NOT	1967
Coyle	Ginny	NOT	1974	Metcalf	Vicky	PAN	1958
Davies	Bethan	RDG	1983	Miles	Emma	RLS	1972
Davis	Joanne	NOR	1967	Millar	Jane	NOT	1956
Dodson	Wendy	ADS	1952	Millard	Taal	NOT	1967
Donoghue	Eleanor	RDG	1983	Moore	Jenni	NOR	1983
Drane	Coral	NOR	1963	Morley	Tania	NOR	1965
Duff	Kerry	NOR	1977	Morris	Becci	FOX	1961
Duffield	Stacey	NOR	1972	Morris	Amanda	LBZ	1977
Dziurman	Sabina	RIC	1954	Murphy	Mel	BAN	1962
Elson Smith	Vicky	RDG	1970	Murray	Tracey	RIC	1978
Farmer	Rebecca	SOL	1970	Mylett	Amanda	LIN	1953
Field	Kirstin	RIC	1973	Nadal	Kath	NOT	1954
Flack	Tamsen	BAN	1967	O'Connell	Felicity	BAN	1984
Fooks	Juliet	DEV	1970	Osborne	Lucinda	NOR	1967
Foster	Jo	RIC	1978	Oughton	Lynda	NOT	1959
Gallop	Michelle	RDG	1972	Parker	Janet	WOR	1948
Golder	Elena	SER	1982	Parsons	Tina	NOT	1963
Gower	Jenny	FOX	1968	Paterson	Dee	VIK	1975
Grady	Fiona	NOR	1973	Pedlar	Kate	WOR	1978
Grover	Hannah	WOR	1978	Pemble	Caroline	ADS	1975
Guscott	Gina	LBZ	1974	Pendle	Ali	NOR	1961
Hadland	Elizabeth	ELM	1967	Peters	Annette	RIC	1966
Hall	Elizabeth	LBZ	1973	Petersen	Chris	BAN	1965
Harper	Helen	BAN	1973	Phillips	Louise	RIC	1992
Harrison	Paula	NOR	1963	Pickering	Catherine	RIC	1970
Hart	Claire	BAN	1963	Piercy	Wendy	ELM	1964
Herwanger	Tanya	RIC	1973	Pike	Sarah	LIN	1972
Hicks	Julie	NOR	1962	Poblete	Laura	RIC	1982
Hills	Irene	BAN	1963	Quittenton	Deborah	LIN	1969
Hills	Ludy	RIC	1978	Rees-Clark	Tracy	ELM	1965
Hinkova	Andrea	NOR	1972	Seaford	Anita	RDG	1968
Howell	Catherine	NOT	1974	Sharp	Diane	LKR	1974
Huisman	Martine	SOU	1966	Shepherd	Emma	FOX	1976
Hutchinson	Erika	RDG	1977	Sinclair	Cathy	WOR	1965
Hyslop	Sandra	NOT	1990	Skeath	Katrina	PEN	1977
Jacoby	Nikki	RDG	1962	Skeldon	Anne	WEY	1964
Jenkins	Justine	NOT	1969	Smith	Kaye	WEY	1972
Johnson	Colette	BAN	1964	Smith	Robyn	LIN	1974
Johnston	Jemima	RIC	1971	Stevenson	Gaby	RIC	1983
Jones	Caroline	NOT	1966	Suenson-Taylor	Kirsten	BAN	1961
Leech	Emma	RIC	1965	Swann	Debbie	LBZ	1963

Surname	First name	Club	Year
Nomen Masters B	Kayak Cont'd - \	WVBK	
Tan	Allyn	RIC	1972
Taylor	Emma	NOR	1964
Terry	Karen	NOR	1970
Unwin	Heidi	NOT	1965
Urquhart	Siobhan	BAN	1965
Vorley	Pearl	ROY	1955
Walsworth-Bell	Ella	TRU	1933
Warmsley	Heather	PAN	1965
Westall	Sarah	PAN	1984
Weston	Helen	WEY	1970
Whawell	Liz	NOT	1971
Whittaker	Esther	RIC	1972
Viggs	Emma	IND	1980
Vood	Julie Dawn	BAN	1963
/orrall	Maria	CAM	1969
irls A Kayak - GAI	<		
armicheal	Georgia	LON	2002
nurchill	Elise	SER	2001
lark	Zoe	ROY	2001
ale	Enya	FOX	2001
ipkins	Kate	LON	2002
eters	Freya	RIC	2001
irls B Kayak - GBI			
nderson	Grace	NOR	2003
mstrong	Alexandra	LKR	2003
all	Flossie	WYC	2003
rookes	Katie	WOR	2002
adell	Amelia Skye	LKR	2002
	,		
ırter	Molly	ROY	2001
ark	Bea	ROY	2002
arkson	Hannah	GLW	2004
X	Amber	ELM	2002
vison	Esme	BAN	2001
e Luca	Letizia	WEY	2002
add	Sophie	ADS	2002
roves	Sofia	NOR	2003
uest	Lucy	LIN	2002
Iills	Melody	RIC	2002
lurrell	Zoe	ADS	2001
Hutchinson	Stephanie	LON	2001
	Yun	EAL	2002
zvald	Maja Kira	RUN	2001
emble	Becky	ADS	2003
andle	Freya	LKR	2003
oghi	Alis	NOR	2003
haikh Ali	Aida	FOR	2003
Slack	Ellen	ROY	2001
Swift	Rebecca	WEY	2002

Surname	First name	Club	Year	Surname	First name	Club	Year
Girls D Kayak Con	t'd - GDK			Girls D Kayak Co	nt'd - GDK		
Bryant	Lily	SER	2002	King	Issy	RIC	2002
Camille	Tissut	RLS	2004	King	Edith	ROY	2005
Cass	Anna	TTN	2003	Kingsland	Hannah	NOR	2001
Chapman	April	KIR	2003	Kirby	Kitty	WYC	2001
Chappell	Ellie	LEE	2002	Kokina	Elizabete	LIN	2003
Chippington	Ria	LON	2002	Koszorek	Izabela	BIN	2005
Clode	Meriel	SER	2001	Kubisch	Tilla	RDG	2005
Combes	Amelia	SHK	2002	Layzell	Yazmin	BSF	2002
Cooke	Madison	GAI	2005	Le-May	Charlotte	NOR	2003
Cooke	Molly	GAI	2005	Lemon	Chloe	CNI	2001
Cronin	Ellie	LEE	2003	Lillis-Brooks	Olivia	RLS	2003
Davis	Abey	NOR	2003	Lobban	Edith	BAN	2004
Davis	Megan	NOR	2005	Mahon	Emma	WOR	2001
Davison	Carly	BIN	2004	McConnel	Siobhan	EAL	2001
Di-Gregorio	Erica	ELM	2003	McDowell	Florence	ROY	2002
Dixon	Katy	LBZ	2003	McLeod	Mary	ELM	2001
Douglas	Sacha	WEY	2001	Montagna	Elise	ROY	2003
Dulak	Patryk	SHK	2003	Mooney	Sophie	BIN	2004
Ede	Gaby	NOR	2003	Morris	Bethany	LBZ	2002
Enoch	Matilda	NOT	2005	Murdoch	Lauren	ROY	2005
Fenwick	Georgia	LON	2003	Needham	Ruby	WOR	2003
Fernandez	Isabella	LIN	2002	Nelson	Rachel	RDG	2003
Fisher	Abbie	LIN	2004	Osborne	Rosie	NOR	2003
Gallen	Georgia	CNI	2001	Parsons	Esme	ROY	2003
Gilbert-Johns	Poppy	SOU	2005	Paton	Evie	LIN	2003
Gill	Jojo	RIC	2002	Pearce	Madeleine	LON	2002
Gordon	Alice	GLW	2005	Pemble	Hannah	ADS	2005
Gwyn	Molly	WYC	2005	Pepper	Milly	LIN	2005
Hall	Julia	FOX	2002	Perry	Beth	SOU	2006
Harbridge-Hui	Phoebe	RDG	2003	Peterson	Brooke	SER	2002
Hardy	Eve	NOT	2004	Pocklington	Katie	WYC	2003
Henwood	Georgina	DEV	2001	Poole	Elizabeth	ELM	2004
Herz	Mika	WOR	2004	Powell	Annabel	RIC	2001
Hill	Imogen	CLM	2002	Pullen	Eleanor	ROY	2003
Hills	Eve	RIC	2004	Randle	Freya	FOR	2003
Hodgson	Samantha	SER	2003	Rhys-Dillon	Mali	SER	2005
Holmes	Molly	PEN	2003	Ricketts	Olivia	ANK	2001
Huggins	Megan	SER	2003	Ricketts	Sophie	ANK	2004
Hughes	Penny	ROY	2001	Saunders	Christian	RLS	2001
Hunter	Imogen	CAM	2005	Scheske	Zoe	RIC	2003
Hutchinson	Anna	BIN	2004	Scott	Freya	WEY	2001
Hyde	Charlotte	ROY	2001	Shaw	Alice	NOR	2003
Hyde	Lottie	ROY	2001	Shehata	Lilla	RIC	2002
Jepson	Klara	FOX	2004	Shepperd	Libby	LEE	2001
Jepson	Nora	FOX	2005	Skwarska	Hannah	WEY	2002
Jess	Ceri	BIN	2005	Smith	Kathryn	BIN	2004
Jones	Isabella	WEY	2004	Smithson	Emma	RLS	2004
Keil	Eleanor	RLS	2004	Spencer	Jasmine	RLS	2005

C	Final warms	Clark	Varu	C	Final manage	Clark	Vacu
Surname	First name	Club	Year	Surname	First name	Club	Year
Girls D Kayak Con				Canoe Men D Con			
Thistlewood	Charlotte	NOR	2004	Hill	Craig	RDG	1969
Vamos	Ezster	CAM	2004	Kirk	Harvey	IND	2000
Vassiliades	Christina	LIN	2002	Kalmar	Zoltan	WOR	1988
Watts	Sophie	TRU	2003	Marciniak	Miki	WEY	1999
Wilkinson	Freya	LIN	2002	Martin	Michael	LBZ	1965
Wilks	Maddy	DEV	2001	Saltanis	Jimmy	NOT	1987
Wright	lvy	LEE	2002	Shaw	Edward	FLA	1960
Wynne	Lauren	LKR	2005	Taylor	Malcolm	EXE	1999
Yull	Tabitha	NOR	2003	Weir	Euan	BAN	1998
Girls Under 12 Ka	•			Williams	Robin	WEY	1958
Bowles-Trow	Emily	ADS	2007	Wilson	Gareth	RDG	1986
Cabrera	Annabelle	FOY	2007	Canoe Boys A - CB	A		
Gadd	Isabel	ADS	2007	Lambert	Thomas	LEE	2001
Gywn	Florence	WYC	2007	Marasa	Alexander	FOR	2001
Pyrz	Alicja	GLW	2007	Meikle-Briggs	Adrian	RIC	2001
Sklenarova	Kamila	NOR	2007	Canoe Boys B - CB	В		
				Kimberley	Maxim	LON	2003
Canoe Men A - C	MA			Kleta	Devin	RIC	2002
Calvert	Christopher	FLA	1991	Canoe Boys D -CB	D		
Hayman-Joyce	Joseph	WEY	1996	Bell	George	FLA	2003
Jones	Jonathon	FLA	1996	Brooks	George	FLA	2001
Weir	lain	BAN	1992	Hobbs	Ryan	FLA	2001
Canoe Men B - CN	ИВ			Kocsis	Gergo Janos	NOT	2001
Caines	George	NOT	1990	Lomaha	Alexander	RIC	2003
Erdelyi	Zoltan	WEY	1984	Mercer	Jacob	RIC	2003
Kleta	Marvin	RIC	1999	Norton	Zach	FLA	2001
Phillips	Ben	RIC	1998	Phillips	Luke	RIC	2002
Stannard	Adam	RLS	1992	Russell	David	PAN	2001
Train	James	FLA	1986	Thomas	William	ind	2002
Weir	Roger	BAN	1991	Ward	Robert	FLA	2001
Canoe Men C - CN				Yurkwich-Ell	Jayden	FLA	2004
Bartusik	Oskar	ESK	1996	Canoe Women A -			
Battison	Alex	BAN	1999	Bracewell	Chloe	IND	1991
Blacker	Chris	SOU	1981	Fitzhenry	Afton	CNI	1995
Bogdanovs	Dmitrijs	FOX	1985	Reid	Katie Jayne	IND	1995
Hunt	Ryan	FLA	1995	Canoe Women B -			
Khatali	Ghailen	RIC	2000	Gill	Bethany	IND	1996
Kutlukaev	Ruslan	ROY	1974	Hewitt	Emily	SOU	1996
Leech	Arthur	RIC	2000	Mills	Sian	WOR	1991
Szalontai	Sandor	RIC	1992	Canoe Women C -			1001
Szeltner	Gabor	WEY	1976	Bennett	Ruth	FLA	1999
Tanasjevs	Armands	FOX	1988	Dowling-Clarke	Lydia	FOR	1999
Train	Matthew	FLA	1992	Halliday	Callie	FLA	1993
Canoe Men D - Cl		FLA	1332	Palmer	Anna	LON	1993
Antunovic	Luka	BAN	1998				1997
Cook	сика Oliver	SOL	1998	Pryor	Georgina	LEE	1998
				Tomos	Nia	IND	1989
Crooks	Richard	BOA	1986				
Fowler	Nicholas	WOR	1977				

Surname	First name	Club	Year	Surname	First name	Club	Year
Canoe Women D	- CWD			Paracanoe Kayak	Women KWKL1		
Bore	Jasmine	LEE	2000	Chippington	Jeanette	LON	1970
Bradley	Megan	FLA	1999	Paracanoe Kayak	Women KWKL2		
Brewer	Victoria	IND	1998	Henshaw	Charlotte	PAR	1987
Evans	Isabel	IND	1997	Patterson	Nikki	PAR	1989
Fairchild	Emily	RIC	1995	Wiggs	Emma	IND	1980
Joy	Victoria	IND	1997	Paracanoe Kayak			
Kearney	Scarlett	WOR	1996	Dickens	Anne	WEY	1967
Keenan	Molly	FOR	1999	Dixon	Chelsey	PAR	1996
Keenan	Neave	FOR	1999	Fisher	Beth	4AS	1990
Millest	Sarah	NOT	1988	Gordon	Норе	FOR	1994
Morton	Florence	IND	1991	Scowen	Samantha	RDG	1987
Phillips	Louise	RIC	1992	Thorpe	Lindsay	PAR	1993
Rienecker	Jasmine	RIC	1999	Warren	Jenfier	PAR	1980
Scarrow	Lily	NOT	1995	Wood	Kelda	HPP	1973
Sullivan	Samantha	IND	1998	Paracanoe Va'a			
Watson	Katherine	IND	1999	Clark	Stewart	CLM	1965
Webb	Emily	IND	1993	Edwards	Darren	PAR	1990
Wells	Kyra	RIC	1999	Paracanoe Va'a			
White	Amy	FOR	1996	Beighton	Nick	PAR	1981
Woolgar	Octavia	IND	1995	Evers	Jack	PAR	1989
Canoe Girls A - C				O'Leary	Patrick	SLP	1972
Aitchison	Alix	IND	2001	Phillipson	Dave	IND	1989
Canoe Girls B - C				Tweedie	Martin	PAR	1973
Carey	Charlotte	IND	2002	Wood	Stuart	PAR	1994
Canoe Girls D - C	GD			Paracanoe Va'a \	Women VMVL2		
Renton	Evania	IND	2002	Chippington	Jeanette	LON	1970
				Wiggs	Emma	IND	1980
Paracanoe Kayal	k Men KMKL1			Paracanoe Va'a \	Women VMVL3		
Edwards	Darren	PAR	1990	Gordon	Норе	FOR	1994
Marsden	lan	PAR	1972	Henshaw	Charlotte	PAR	1987
Paracanoe Kayal	k Men KMKL2			Patterson	Nikki	PAR	1989
Arnold	Steve	IND	1979				
Beighton	Nick	PAR	1981	Lightning A Kaya	k - LTA		
Clark	Stewart	CLM	1965	Ball	Daisie	DEV	2009
Phillipson	Dave	IND	1989	Bowles-Trow	Emily	ADS	2007
Simmons	Adam	IND	1991	Brierton	Louis	LIN	2008
Paracanoe Kayal	k Men KMKL3			Cabrera	Annabelle	FOY	2007
Eyers	Jack	PAR	1989	Duffield	Edith	NOR	2007
Humphrey	Joe	IND	1986	Fernandez	Sophia	LIN	2007
Leaver	Bryan	WEY	1990	Fitzhenry	Andrew	BIN	2007
Lodge	Tim	WEY	1972	Fraser	Corran	LKR	2007
-	Patrick	SLP	1972	Gadd	Isabel	ADS	2007
O'Learv	Robert	PAR	1988	Grover	Lillie	WOR	2007
O'Leary Oliver	William	PAR	1997	Gwyn	Florence	WYC	2007
Oliver				Jones	Jess		
Oliver Rees		PAR	1973			RIS	2007
Oliver Rees Tweedie	Martin	PAR PAR	1973 1994			RLS WYC	2007 2007
Oliver Rees		PAR PAR CNI	1973 1994 1984	Marsh Martin	Jake Dylan	WYC WYC	2007 2007 2008

SPRINI RAININGS 2015											
Surname	First name	Club	Year	Surname	First name	Club	Year				
Lightning A Kayak	Cont'd - LTA			Baines	Matthew	4AS	1992				
Rogers	Inigo	CHE	2007	Barker	Luke	4AS	2006				
Simmons	Conor	LIN	2007	Campbell	Taylor	GLW	2001				
Sklenarova	Kamila	NOR	2007	Chettle	Tara	4AS	1999				
Smith	Rory	NOR	2007	Clay	Richard	4AS	1997				
Sroka	Szymon	LKR	2008	Cooke	Molly	GAI	2005				
Sutton	Josh	WYC	2007	Cook	Matthew	SOL	2006				
Thomas	Gruff	EAL	2007	Dixon	Chelsey	PAR	1996				
Toovey	Hannah	LKR	2008	Downing	Douglas	4AS	1992				
Lightning B Kayak	- LTB			Drew	Polly	PAR	1982				
Basszaraba	Victoria	GLW	2008	Edwards	Darren	PAR	1990				
Beazley	Gemma	BSF	2007	Ferguson	Colin	GLW	1999				
Broomfield	Ralphie	NOR	2007	Fisher	Elizabeth (Beth)	4AS	1990				
Coyle	Ryan	GLW	2007	Fisher	Joshua	LKR	2000				
Dixon	Kayleigh	LBZ	2007	Fisher	Matt	GLW	2003				
Fitzhenry	Andrew	BCC	2007	Gordon	Hope	FOR	1994				
Fitzhenry	Matthew	BCC	2009	Hage	Jacob	4AS	2003				
Fuller	Naomi	CLM	2007	Jackson	Oliver	LIN	2003				
Gordon	Giulia	GLW	2008	Jackson	Nicholas	4AS	2007				
Greenwood	Amelia	LIN	2007	Jalland	Tom	4AS	2004				
Griffin	Josh	RLS	2008	Jelly	Stella	GLA	1994				
Gwyn	Harriet	WYC	2010	Knowles	Jo	WOK	1980				
Harrison	Joe	NOT	2007	Leaver	Bryan	WEY	1990				
Herriot	Zoe	GLW	2008	Malcolm	Richard	GLA	1971				
Hunt	Ethan	FOY	2008	Mansfield	Jacob	4AS	2002				
Ives	Edward	TRU	2008	Marshall	Joshua	4AS	1997				
Landwehr-Traxler	Anselm	GLW	2007	Marshall	Chloe	4AS	1999				
Mack	Lowri	SER	2009	Marshall	Zachary	4AS	2002				
Macnab	Jensen	PAN	2007	McMillan	Alex	GLW	2002				
Miller King	Evan	GLW	2008	Newman	Craig	4AS	1989				
Muszka	Bruno	RDG	2007	Nickson	Mark	HYM	1995				
Payne	Cassian	CLM	2007	Owen	Kieran	4AS	1996				
Pickering	Megan	LBZ	2007	Robinson	Catherine	BSF	1993				
Pyrz	Mikolaj	GLW	2010	Scott	Alex	HYM	1994				
Rhys-Dillon	Talar	SER	2008	Smart	Peter	VIK	1965				
Sales	Hugo	CAM	2009	Spencer	Daniel	4AS	2001				
Thomas	Mawgan	TRU	2007	Thompson-Martin	Dakota	4AS	2007				
Walker	Rhys	PAN	2009	Thornton	Jamie	4AS	1993				
Weeks	Toby	RLS	2007	Thorpe	Lindsay	PAR	1993				
Winstanley	Jamie	BSF	2010	Warwick	Daniel	4AS	2000				
				Webb	Robyn	PEN	1992				
				Woodward	Ellen	GLS	2005				

ELMBRIDGE CANOE CLUB

2019 Programme

Details on www.elmbridgecanoeclub.com

Easter Sunday April 21st 31st JUNIOR HALF MARATHON K1 TRIAL Boys and Girls Classes - under 12,13,14,15 & 16 Check the website for details of age records!

Saturday May 4th FUN REGATTA AND TIME TRIALS 200m and 500m K1 time trials and races K2 and K1 3000m

Sunday October 6th DIVISIONAL MARATHON (LSE Hasler event for 2020)

Div1-10 K1 Div2-3- K2 and Div4-9 K2

Entries to:

Email: ElmCanoeClubracing@gmail.com

Details from:

Wendy Piercy, Secretary, Elmbridge Canoe

Club

Email: ElmCCsecretary@gmail.com

Tele: 07473 070300

All entries to be submitted by the Club Team Leader

via HRM system

The <u>Team Leader</u> shall be responsible for the checking in, payment and alterations at the event.

www.regattaresults.org.uk

View the provisional results on your phone shortly after each race result is released

- ⇒ now updated in near-real-time
- ⇒ just refresh every now and again
- ⇒ scroll up and down very quickly
- ⇒ save it to your Home Screen
- ⇒ try the new Search facility

Available during the regattas only; thereafter the official results will be published on the website - www.canoeracing.org.uk/sprint





5 ELM E RUTHERFORD 04:13.9

5 8 ROY M BOWLEY 04:13.9

6 9 WEY J BEEVERS 04:14.4 7 3 SDS S REDMOND 04:19.7

8.2 CLM D JOHNSON 04:26.0

9 1 ROY G MITCHELL 04:28.4

Regatta

Results





RegattaLive App



Sam Willis has developed an app called RegattaLive that takes the provisional results published on **www.regattaresults.org.uk** and puts them in a format that you can search. This new version works with the updated results system.

It's a free download for iPad and iPhone users from the Apple App Store - https://itunes.apple.com/us/app/regatta-live/id930113294

And an Android version is also available from Google Play - https://play.google.com/store/apps/details?id=org.britishcanoeing.regattalive

Remember that it will only work during the weekend, as and when the unofficial results are made available. After the regatta, the official results will be published on the website: www.canoeracing.org.uk/sprint/







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HASLER MARATHON

Sun 9 June 2019

ROYAL SPRINTS

Sat 6 July 2019

PADDLING CHALLENGE

Sat 19 October 2019

Visit our website at www.royalcanoeclub.com for more information nearer the event

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