

2020 Canoe Sprint & Marathon Handbook



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Team GB K2 squad paddlers, Zoe Clark & Enya Dale in the XO-Flex Speedskin Jacket – only from ICON.

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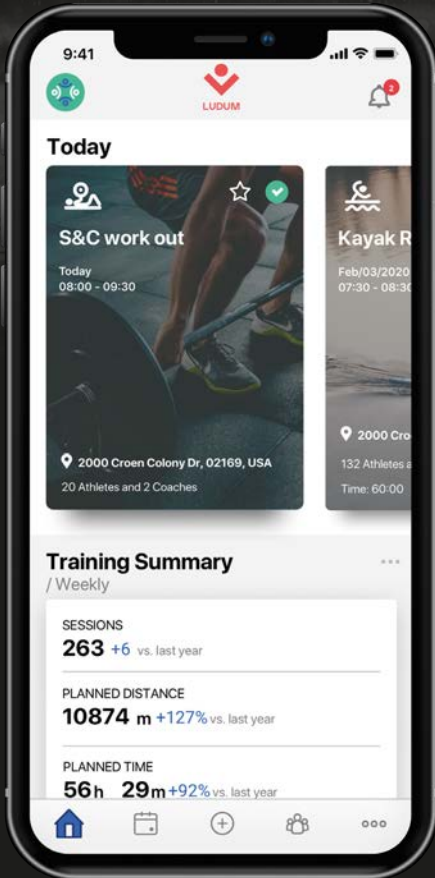
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RACING CALENDAR 2020

Date	Race name	Region	Notes	Code
05/01/2020	Frank Luzmore www.richmondcanoecub.com/	London & South East	1	VON1
25/01/2020	ENTS Training Camp 4, venue TBC, 2 days			COL2
08/02/2020	Ocean Racing World Cup, Lanzarote	International	Ocean Racing	TAY2
09/02/2020	Yorkshire Cup Series. Race 1. Ripon to Aldwark	Yorkshire	2	JEF1
15/02/2020	ENTS Training Camp 5, Portugal, 8 days			COL2
16/02/2020	Waterside A www.watersideseries.org.uk/	Southern	3	WAT1
23/02/2020	Thameside 1 www.reading-canoe.org.uk/	Southern	4	GRE2
23/02/2020	Yorkshire Cup Series. Race 2. Calder Hebble Canoe Trail	Yorkshire	5	JEF1
01/03/2020	Waterside B www.watersideseries.org.uk/	Southern	6	WAT1
07/03/2020	ENTS Training Day, Dorney.			COL2
08/03/2020	Thameside 2 www.reading-canoe.org.uk/	Southern	7	GRE2
14/03/2020	National Marathon K1 Training Day www.canoeracing.org.uk/marathon/	MRC	Marathon	WIL3
15/03/2020	Royal Leamington Spa Hasler www.rlscc.com	Midlands	Marathon H2020	MIL2
15/03/2020	Waterside C www.watersideseries.org.uk/	Southern	8	WAT1
21/03/2020	JDS National Skills/Training Day. Elmbridge. www.canoeracing.org.uk/marathon/	Southern	Marathon	URQ1
22/03/2020	Weaver Descent Canoe Race www.runcorncanoecub.org.uk/	North West	9	MAR3
22/03/2020	Yorkshire Cup Series. Race 3. Ripon to York	Yorkshire	10	JEF1
22/03/2020	Cambridge Hasler www.cambridgecanoecub.org.uk/	Eastern	Marathon H2020	SAL1
29/03/2020	Waterside D www.watersideseries.org.uk/	Southern	11	WAT1
28/03/2020	Open & National Senior Championship Sprint Regatta	National	Sprint	CAI1
29/03/2020	Open & National Senior Championship Sprint Regatta canoeracing.org.uk/sprint/current-year-national-regattas/	National	Sprint	CAI1
29/03/2020	Brigg 1 Hasler www.gscc-online.com/	Yorkshire	Marathon H2020	SIM3
04/04/2020	K1 assessment for World Cup & German Nationals www.canoeracing.org.uk/marathon/	MRC	Marathon	SMY1
05/04/2020	Anker Valley Hasler Marathon	Midlands	Marathon H2020	RIC1
06/04/2020	ENTS Training Camp 6. HPP 3 days.			COL2
10/04/2020	Devizes to Westminster Canoe Race	National	12	DWO1
11/04/2020	Devizes to Westminster Canoe Race	National	12	DWO1
12/04/2020	Devizes to Westminster Canoe Race	National	12	DWO1
13/04/2020	Devizes to Westminster Canoe Race www.dwrace.co.uk/	National	12	DWO1
12/04/2020	Elmbridge Half Marathon www.elmbridgecanoecub.com/	London & South East	Marathon*	LAW1
18/04/2020	Amsterdam Waterlands Marathon www.amsterdamcanoemarathon.com/	International	Marathon*	
18/04/2020	Wey Sprints www.wevkavak.co.uk/	London & South East	Sprint	CHI1
18/04/2020	JDS National Skills/Training Camp. 2 days. Longridge.	Southern	Marathon	URQ1
19/04/2020	JDS National Skills/Training Camp. 2 days. Longridge. www.canoeracing.org.uk/marathon/	Southern	Marathon	URQ1
19/04/2020	Gailey CC Hasler www.gaileycc.co.uk/	Midlands	Marathon H2020	CLI2
19/04/2020	South Lakes 1 Hasler www.duddoncanoecub.org.uk/	North West	Marathon H2020	SHE2
25/04/2020	Open & National Junior and Paracanoe Championship Sprint Regatta	National	Sprint	CAI1
26/04/2020	Open & National Junior and Paracanoe Championship Sprint Regatta canoeracing.org.uk/sprint/current-year-national-regattas/	National	Sprint	CAI1
02/05/2020	ENTS Training Camp 8. Venue TBC 2 Days.			COL2
03/05/2020	68th Bedford Hasler Marathon www.vikingkavak.co.uk/	Eastern	Marathon H2020	PER1
03/05/2020	Tamar Hasler https://sites.google.com/site/fowevrivercanoecub/home	South West	Marathon H2020	RIL2
03/05/2020	Wey Hasler Marathon	London & South East	Marathon H2020	HAW2

RACING CALENDAR 2020

	www.wevkavak.co.uk/			
03/05/2020	Malton Hasler	Yorkshire	Marathon H2020	ROE1
03/05/2020	Spey Marathon Descent	Scotland	13	SUR1
06/05/2020	ICF European Olympic Qualifier, Racice 2 days	International	Sprint	
07/05/2020	ICF Canoe Sprint World Cup 1, Racice 4 days www.canoeicf.com/event-calendar	International	Sprint	
07/05/2020	Lowport Summer 10K 1 www.linlithgowkayakracing.org.uk/	Scotland	Marathon *	MAR1
09/05/2020	Richmond Hasler Marathon www.richmondcanoeclub.com/	London & South East	Marathon H2020	VON1
10/05/2020	Worcester Hasler Race www.worcestercanoeclub.org/	Midlands	Marathon H2020	NEV1
10/05/2020	Chippenham Hasler www.devizescanoeclub.co.uk	South West	Marathon H2020	SLA1
10/05/2020	Linlithgow Hasler Marathon www.linlithgowkayakracing.org.uk/	Scotland	Marathon H2020	FLE1
16/05/2020	German National Marathon Championships, Kassel 2 day event.	International	Marathon*	
16/05/2020	Elmbridge Sprint Regatta www.elmbridgecanoeclub.com/	London & South East	Sprint	LAW1
16/05/2020	Epic Bay Assessment, Exmouth		Ocean Racing	TAY2
17/05/2020	Nottingham Kayak Club Hasler Marathon https://sites.google.com/site/nottinghamkayakclub/	Midlands	Marathon H2020	MAS1
17/05/2020	Basingstoke Canal Hasler www.b3c.org.uk/	Southern	Marathon H2020	HAN1
17/05/2020	Chester Hasler https://chestersailingandcanoeclub.com/	North West	Marathon H2020	HAR3
17/05/2020	Norwich Hasler www.norwichcanoeclub.co.uk/	Eastern	Marathon H2020	GRO1
17/05/2020	Dart Estuary (Totnes) Hasler www.exetercanoeclub.org.uk/	South West	Marathon H2020	MIL4
21/05/2020	ICF Canoe Sprint World Cup 2, Duisburg 3 days	International	Sprint	
20/05/2020	ICF Canoe Sprint Para Champs + ICF Olympic Qualifier, Duisburg 4 days https://www.canoeicf.com/event-calendar	International	Sprint	
22/05/2020	EDP Training Camp 9, Venue TBC. 2 days			COL2
22/05/2020	Marathon World Cup. 3 day event. Bascov, Pitesti, Romania http://vm2020.no/	International	Marathon*	
24/05/2020	Maidstone Hasler www.maidstonecanoeclub.net/	London & South East	Marathon H2020	PRI1
24/05/2020	Reading Circuit Hasler Race www.reading-canoe.org.uk/	Southern	Marathon H2020	GRE2
24/05/2020	Forth & Clyde Canal Hasler Marathon 1 www.forthcanoeclub.com/	Scotland	Marathon H2020	CHA3
30/05/2020	Strathclyde Park Regatta	Scotland	Sprint	STE1
30/05/2020	Colwyn Bay Assessment		Ocean Racing	TAY2
30/05/2020	JDS National Skills/Training Day. Pangbourne or Reading. TBC. www.canoeing.org.uk/marathon/	Southern	Marathon	URQ1
31/05/2020	Bishops Stortford Hasler www.stortfordcanoe.weebly.com/	Eastern	Marathon H2020	ALD1
31/05/2020	Fal Hasler www.trurocanoeclub.wordpress.com/	South West	Marathon H2020	SHA2
31/05/2020	Trentham Hasler www.trenthamcanoeclub.co.uk/	North West	Marathon H2020	MYA1
04/06/2020	European Senior Championships, Bascov Romania 4 days https://www.canoeicf.com/event-calendar	International	Sprint	
05/06/2020	French National Surf Ski Championships Assessment. Cherbourg.		Ocean Racing	TAY2
06/06/2020	Open & National Under 23 Championship Sprint Regatta	National	Sprint	CAI1
07/06/2020	Open & National Under 23 Championship Sprint Regatta canoeing.org.uk/sprint/current-year-national-regattas/	National	Sprint	CAI1
06/06/2020	Conwy Ascent www.dcpaddlers.co.uk/	North West	14	WIN1
07/06/2020	Derwent Mike Jones Memorial Hasler www.kkc.org.uk	Yorkshire	Marathon H2020	MED1
11/06/2020	Lowport Summer 10K 2 www.linlithgowkayakracing.org.uk/	Scotland	Marathon *	MAR1
13/06/2020	Bath to Bradford Classic www.boarc.org.uk/canoeing/	South West	15	SIM2
13/06/2020	K1 assessment for Euros and Sanabria www.canoeing.org.uk/marathon/	MRC	Marathon*	SMY1

RACING CALENDAR 2020

14/06/2020	Royal Hasler Marathon www.royalcanoecub.com/	London & South East	Marathon H2020	HUM1
14/06/2020	The Bradford Hasler www.boarc.org.uk/canoeing/	South West	Marathon H2020	SIM2
14/06/2020	Burton Hasler www.burtoncanoecub.co.uk/	Midlands	Marathon H2020	BAL1
14/06/2020	Thames Valley Circuit Hasler www.wokinghamcanoecub.co.uk/com	Southern	Marathon H2020	SMI2
14/06/2020	Glasgow Canal Hasler Marathon www.glasgowkayakclub.com/	Scotland	Marathon H2020	RZE1
20/06/2020	Ocean Racing Longest Day Race. GB Assessment Race, Sidmouth		Ocean Racing	TAY2
21/06/2020	Hereford Wye Hasler Marathon www.herefordkayakclub.org/	Midlands	Marathon H2020	WIB1
21/06/2020	Leighton Buzzard Hasler www.lbcc.org.uk	Eastern	Marathon H2020	TIN1
21/06/2020	Southampton CC Hasler www.southamptoncc.co.uk/	Southern	Marathon H2020	GIL1
21/06/2020	Kirkcaldy CC Sprint Regatta www.kirkcaldycanoecub.co.uk	Scotland	Sprint	
27/06/2020	K2 assessment for Euros and Sanabria www.canoeracing.org.uk/marathon/	MRC	Marathon*	SMY1
28/06/2020	Oxford Midsummer Hasler www.falconrcc.co.uk/	Southern	Marathon H2020	BAR2
28/06/2020	Lower Exe Hasler www.exetercanoecub.org.uk/	South West	Marathon H2020	MIL4
28/06/2020	Shropshire Paddlesport Marathon Queens Head Hasler www.shropshirepaddlesport.org/newblog/	Midlands	Marathon H2020	LEG1
02/07/2020	European Junior & U23 Championships, Moscow 4 days https://www.canoeicf.com/event-calendar	International	Sprint	
04/07/2020	Open & National Masters Championship Sprint Regatta	National	Sprint	CAI1
05/07/2020	Open & National Masters Championship Sprint Regatta canoeracing.org.uk/sprint/current-year-national-regattas/	National	Sprint	CAI1
05/07/2020	River Ness Marathon	Scotland	Marathon*	URQ1
09/07/2020	Lowport Summer 10K 3 www.linlithgowkayakracing.org.uk/	Scotland	Marathon *	MAR1
10/07/2020	ICF Canoe Sprint Non-Olympic events World Champs. 3 days. Szeged https://www.canoeicf.com/event-calendar	International	Sprint	
11/07/2020	National Canoe Marathon Championships, Norwich www.norwichcanoecub.co.uk/	National	Marathon*	GRO1
11/07/2020	Nationals. Assessment for Worlds and French Nationals www.canoeracing.org.uk/marathon/	MRC	Marathon*	GRO1
12/07/2020	National Canoe Marathon Championships, Norwich	National	Marathon*	GRO1
12/07/2020	Nationals. Assessment for Worlds and French Nationals	MRC	Marathon*	GRO1
16/07/2020	ICF Jun & U23 World Canoe Sprint Champs. 4 day evt. Brandenburg www.canoeicf.com/event-calendar	International	Sprint	
18/07/2020	Icon/GB Ocean Racing Championships. Woolacombe, Devon		Ocean Racing	TAY2
19/07/2020	Pete White Memorial Hasler Race (Ironbridge)	Midlands	Marathon H2020	TAR2
19/07/2020	Calder 2 Hasler www.penninecrrc.org/	Yorkshire	Marathon H2020	
23/07/2020	European Canoe Marathon Championships. 4 day event. Budapest www.cano-europe.org/calendar/2020-eca-cano-e-marathon-european-championships-123	International	Marathon*	
25/07/2020	Royal Regatta www.royalcanoecub.com/	London & South East	Sprint	WIL2
26/07/2020	Tewkesbury Hasler www.gloucestercanoecub.co.uk/	South West	Marathon H2020	KER1
30/07/2020	Lowport Summer 10K 4 www.linlithgowkayakracing.org.uk/	Scotland	Marathon *	MAR1
02/08/2020	Medway Marathon www.tonbridgecanoecub.org.uk/	London & South East	16	NEA1
03/08/2020	Olympic Canoe Sprint 6 days, Tokyo www.canoeicf.com/cano-e-sprint-olympics/tokyo-2020	International	Sprint	
05/08/2020	Olympic Hopes ENTS Training Camp 10. Venue TBC 3 days			COL2
06/08/2020	EDP Training Camp. Nottingham 2 days.			COL2
08/08/2020	Sella Descent, Spain www.descensodelsella.com/	International	Marathon*	
09/08/2020	Glasgow Green Hasler Marathon www.canoescotland.org/disciplines/marathon	Scotland	Marathon H2020	CHA4
09/08/2020	Camel Hasler	South West	Marathon H2020	RIL2

RACING CALENDAR 2020

11/08/2020	www.sites.google.com/site/foweyrivercanoecub/home Scottish Racing Week 10K 1	Scotland	Sprint	FIS1
13/08/2020	www.canoescotland.org/disciplines/sprint Scottish Racing Week 10K 2	Scotland	Sprint	CHA3
14-16/08/20	ICF Master Canoe Sprint Championships, Ternopil, Ukraine	International	Sprint	
15/08/2020	Ocean Racing French National Championships. GB Development Race	International	Ocean Racing	TAY2
16/08/2020	Scottish Racing Week 10K 3 www.canoescotland.org/disciplines/sprint	Scotland	Sprint	SYM1
16/08/2020	Willowgate Hasler Marathon www.canoescotland.org/disciplines/marathon	Scotland	Marathon H2020	IVE1
22/08/2020	Colin Chapman Memorial Wye Descent	South West	17	HER1
22/08/2020	Wye-n-Later	South West	18	HER1
23/08/2020	Tonbridge Hasler Marathon www.tonbridgecanoecub.org.uk/	London & South East	Marathon H2020	NEA1
23/08/2020	Kirkcaldy CC Sprint Regatta www.kirkcaldycanoecub.co.uk	Scotland	Sprint	
27/08/2020	ICF Canoe World Marathon Champs, Baerum, Norway. 4 day event www.canoeicf.com/canoe-marathon-world-championships/baerum-2020	International	Marathon*	
28/08/2020	EDP Trip Neerpelt. Women only.			COL2
29/08/2020	Longridge Hasler www.longridgecanoecub.org.uk/	Southern	Marathon H2020	HIP1
29/08/2020	Scottish Sprint Championships www.canoescotland.org/disciplines/sprint	Scotland	Sprint	STE1
30/08/2020	Tay Descent		19	CHA4
03/09/2020	Paralympic canoe Sprint. 3 days Tokyo. https://www.canoeicf.com/canoe-sprint-olympics/tokyo-2020	International	Sprint	
05/09/2020	Ocean Racing World Championships, Northern Portugal	International	Ocean Racing	TAY2
05/09/2020	InterServices Championship & MacGregor National Inter-Club Sprint Regatta	National	Sprint	CAI1
06/09/2020	InterServices Championship & MacGregor National Inter-Club Sprint Regatta canoeracing.org.uk/sprint/current-year-national-regattas/	National	Sprint	CAI1
06/09/2020	South Lakes 2 Hasler www.duddoncanoecub.org.uk/	North West	Marathon H2021	SHE2
06/09/2020	Calder 1 Hasler Marathon www.penninecrc.org/	Yorkshire	Marathon H2021	SPE1
10/09/2020	Lowport Summer 10K 5 www.linlithgowkayacracing.org.uk/	Scotland	Marathon*	MAR1
13/09/2020	Sobeka Flanders Cup. www.facebook.com/sobekaflanderscup/	International	Sprint	
13/09/2020	Gloucester Hasler www.gloucestercanoecub.co.uk/	South West	Marathon H2021	KER1
13/09/2020	Soar Valley Hasler	Midlands	Marathon H2021	VIN1
13/09/2020	Pangbourne Hasler www.pangbournecanoecub.co.uk/	Southern	Marathon H2021	MET1
13/09/2020	Glasgow Green Scottish K2 Championships www.canoescotland.org/disciplines/marathon	Scotland	Marathon*	CHA4
17/09/2020	Ocean Racing European Championships	International	Ocean Racing	TAY2
19/09/2020	Olympic Hopes Regatta ENTS Camp 11. Szeged TBC 2 days			
20/09/2020	Hasler Final Richmond www.richmondcanoecub.com/	National	Marathon*	VON1
20/09/2020	Macclesfield Adelphi Hasler www.madcc.btck.co.uk	North West	Marathon H2021	EVA1
26/09/2020	French National Marathon Championships, Redon, Brittany 2 days	International	Marathon*	
27/09/2020	Wolfreton Hasler Marathon www.kkc.org.uk	Yorkshire	Marathon H2021	MED2
27/09/2020	Elmbridge Hasler www.elmbridgecanoecub.com/	London & South East	Marathon H2021	PIE1
04/10/2020	Ocean Racing Dutch Coast Race	International	Ocean Racing	TAY2
04/10/2020	Forth & Clyde Canal Hasler Marathon 2. www.forthcanoecub.com/	Scotland	Marathon H2021	CHA3
04/10/2020	London Regatta 2020 www.regatta.london/		Sprint	
10/10/2020	Glasgow to Edinburgh Canal Challenge. 2 day event. www.canoescotland.org/disciplines/marathon	Scotland	Marathon*	CHA3
11/10/2020	Malton to Howsham Descent	Yorkshire	20	ROE1
11/10/2020	Lincoln Hasler www.lincolncanoecub.com/	Midlands	Marathon H2021	SIM1
17/10/2020	Royal Paddling Challenge	London & South East	Marathon*	WIL2

RACING CALENDAR 2020

17/10/2020	www.royalcanoecub.com/ Chelmer Hasler Marathon www.chelmsfordcanoecub.co.uk/	Eastern	Marathon H2021	HEA1
18/10/2020	Brigg 2 Hasler www.gsccl-online.com/	Yorkshire	Marathon H2021	SIM3
25/10/2020	Fowey Hasler https://sites.google.com/site/foweyrivercanoecub/home	South West	Marathon H2021	RIL2
25/10/2020	Banbury Hasler www.banburycanoecub.com	Southern	Marathon H2021	WAR1
01/11/2020	South West Schools Kayak Championships www.kirtonkavaks.co.uk	South West	Marathon*	SCR1
08/11/2020	Leighton Buzzard Canoe Club Remembrance Day Marathon www.lbcc.org.uk	Eastern	21	TIN1
15/11/2020	National Schools Kayak Championships http://dwrace.co.uk/	London & South East	Marathon*	SCR1
29/11/2020	Ross Warland Memorial Canal Challenge www.banburycanoecub.com	Southern	22	WAR1
03/01/2021	Frank Luzmore www.richmondcanoecub.com/	London & South East	23	VON1

RACING CALENDAR 2020 NOTES

Legend	Notes																														
*	Indicates that this is not a standard divisional race. Usually classes are a combination of senior/junior, mens/ladies/mixed and singles/doubles.																														
K1 or K2	Race organisers to run K1 divisions 1 to 10 inclusive with K2 divisions 2 to 9. Note that there is no division 1 or division 10 K2 race. Note that division 10 is for under 12 years old paddlers only.																														
	<table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>1</th> <th>2</th> <th>3</th> <th>4</th> <th>5</th> <th>6</th> <th>7</th> <th>8</th> <th>9</th> <th>10</th> </tr> </thead> <tbody> <tr> <td>K1</td> <td>K1</td> <td>K1</td> <td>K1</td> <td>K1</td> <td>K1</td> <td>K1</td> <td>K1</td> <td>K1</td> <td>K1</td> </tr> <tr> <td></td> <td>K2</td> <td>K2</td> <td>K2</td> <td>K2</td> <td>K2</td> <td>K2</td> <td>K2</td> <td>K2</td> <td></td> </tr> </tbody> </table>	1	2	3	4	5	6	7	8	9	10	K1	K1	K1	K1	K1	K1	K1	K1	K1	K1		K2	K2	K2	K2	K2	K2	K2	K2	
1	2	3	4	5	6	7	8	9	10																						
K1	K1	K1	K1	K1	K1	K1	K1	K1	K1																						
	K2	K2	K2	K2	K2	K2	K2	K2																							
H2020	Indicates a Hasler qualifying race for 2019 / 2020 for the region shown.																														
H2021	Indicates a Hasler qualifying race for 2020 / 2021 for the region shown.																														
1	13 Miles and 3 portages. Shepperton to Richmond K2s only																														
2	13 miles Ripon to Aldwark.																														
3	13.5 miles and 21 portages time trial. Great Bedwyn to Newbury.																														
4	14 miles and 14 portages time trial. Aldermaston to Reading.																														
5	20 miles with 15 portages. Calder to Hebble																														
6	18.5 miles and 23 portages time trial. Newbury circuit.																														
7	18 miles and 8 portages. Reading to Longridge																														
8	22.5 miles and 30 portages time trial. Pewsey to Newbury.																														
9	17.1 miles with 4 portages. Winsford Flash to Runcorn Canoe Club.																														
10	32 miles with 4 portages. Ripon to York.																														
11	34.5 miles and 30 portages time trial. Devizes to Newbury.																														
12	125 miles including 54 miles canal, 54 miles Thames and 17 miles tideway with 76 portages. Non-stop for senior doubles. Junior doubles and singles race in 4 stages over 4 days.																														
13	12 miles descent race finishing at Aberlour..																														
14	A 15km upstream race on the Conwy Estuary, using the incoming tide. The first part is through the estuary with strong flows. Separate starts for K1s, K2s and TC2s.																														
15	Classic marathon 12miles several portages																														
16	18 miles 9 portages Maidstone to Tonbridge.																														
17	Colin Chapman Memorial Descent Race. Wye descent - Kerne bridge to Monmouth.																														
18	Colin Chapman Memorial Race. Wye descent/Ascent - Kerne bridge to Monmouth and back.																														
19	Descent race over 2 different courses.																														
20	4 & 8 miles. Howsham to Malton Descent.																														
21	K2 , 13 mile race from Milton Keynes to Leighton Buzzard.																														
22	20 mile time trial from Banbury Canoe Club to Aynho Wharf and back. May be raced as a relay team as well.																														
23	13 Miles and 3 portages. Shepperton to Richmond K2s only																														

Please note – whilst every care has been taken in compiling the MRC calendar above, it should be noted that some events and competitions listed, are not run under the auspices, or rules, of the MRC but are nevertheless listed for completeness.

MRC listed events are subject to the MRC levy and must comply with our rules and their listing is a confirmation that a risk assessment has been carried out by the event organiser. Other, non-MRC events listed, are not required to be run in line with the MRC racing rules, nor have been required by the MRC to carry out any risk assessment. You should therefore check the status of their inclusion before taking part in the event or relying upon the details provided.

M=MARATHON COMMITTEE, O= REGATTA OFFICIALS, R=RACE ORGANISER, S=SPRINT COMMITTEE

ALD1	Aldam	Angela	BSF	Hasler@stortfordcanoe.org.uk	07401 878781	R
BAL1	Ball	Steve	BUR	bccevents@btconnect.com	01279 755089	R
BAR2	Barnett	Nick	FOX	n_barnett@btconnect.com	07790 883501	R
CA11	Caisley	Phil	TON	Regatta.Chair@britishcanoeing.org.uk	07803 280268	O
CHA4	Chapman	Brian	KIR	brchapman@mac.com		R
CHA3	Chapman	Margaret	KIR	mhcayaking@aol.com	01236 457081	RS
CHI1	Childerstone	Mike	WEY	m.childerstone@gmail.com	0789 992 4884	R
CLI2	Clive	Louise	GAI	l.clive@gailycc.co.uk	07816 786987	RS
COL2	Collins	Imogen	RDG	imogen.collins@britishcanoeing.org.uk	07874 227362	S
DIM1	Dimmock	Paul	WEY	paul.dimmock2016@gmail.com		S
DOD2	Dodson	Wendy	ADS	Regatta.Secretary@britishcanoeing.org.uk	01932 347695	O
DWO1	DW Organisation Ltd			dwentries@gmail.com	07818 428743	R
EDW1	Edwardes	Paul		Regatta.ChiefJudge@britishcanoeing.org.uk		O
ENO1	Enoch	David	NOT	david.enoch2@btopenworld.com	0115 933 2258	M
EVA1	Evans	Neil	MAD	neilsworld66@yahoo.co.uk	0161 436 1086	R
FIS1	Fisher	David	LKR	lkrtreasurer@yahoo.co		R
FLE1	Fletcher	Alan	LKR	alan@spheating.org	07960 095709	R
GIL1	Gilbert-Johns	Richard	SOU	racecaptain@southamptoncc.co.uk	07715698404	R
GRE2	Greenham	Brian	RDG	info@reading-canoe.org.uk	07751 507692	R
GRO1	Groves	Chris	NOR	marathonrep@norwichcanoeclub.co.uk	07717 297478	R
HAN1	Hansell	Bill	BAS	w.p.hansell@gmail.com	07946758754	R
HAR3	Harris	Timea	CHE	timeaharris@hotmail.co.uk	07504884489	R
HAW2	Hawkins	Darrin	WEY	weymarathon@weykayak.co.uk		R
HEA1	Head	Tom	CLM	Chelmsfordraceentries@gmail.com		R
HER1	Herbert	Doug	IND	dughk1@hotmail.com	07713983421	R
HIP1	Hipkins	Kevin	LON	hipkins.kevin@gmail.com	07702118344	RS
HO11	Hoile	Ann	LBZ	Regatta.Volunteercordinator@britishcanoeing.org.uk	01525 379921	O
HO12	Hoile	John	LBZ	Regatta.ViceChair@britishcanoeing.org.uk	01525 379921	O
HUM1	Humphries	Tim	ROY	raceentries@royalcanoeclub.com	02089775269	R
HYN	Hynds	Scott	ELM	scott.hynds@btinternet.com		M
IVE1	Ives	Debi	SCA	debiives@gmail.com	07736060161	R
JEF1	Jefferies	David	PEN	chair@penninecanoeclub.org.uk		R
JOH1	Johnson	Malcolm		k1mally@hotmail.com		S
KER1	Kershaw	Ian	GLO	racing@gloucestercanoeclub.co.uk	01454 261953	R
LAW1	Lawler	Di	ELM	diandroland2016@gmail.com	01784 454772	R
LAW2	Lawler	Roland	ELM	diandroland2016@gmail.com	0208 979 4993	MS
LAW5	Lawrence	David	ROY	davidlawrence.tamarisk@gmail.com	07850786116	S
LAW4	Laws	Alan	LIN	alan@nalonuk.org	01526 342455	S
LEG1	Leggatt	Andrew	SHP	andrewleggatt@btinternet.com	01691661244	R
MAR3	Marnell	Stephen	RUN	s.marnell@btinternet.com	07787111142	R
MAR1	Marshall	Derek	LKR	derekjmarshall22@gmail.com	01506 842546	R
MAR2	Martin	Kari	LBZ	Regatta.registrations@britishcanoeing.org.uk	07763318181	O
MAS1	Mason	Norman	NOT	masonnorman@btinternet.com	01664 822536	R
MED2	Medina	Claire	KIN	kkmarathon@gmail.com	01482473853	R
MED1	Medina	Julian	KIN	medina180@msn.com	01482 473853	R
MET1	Metcalfe	Vicky	PAN	homefarm6@hotmail.co.uk	01189 428001	R
MIL2	Miles	Emma	RLS	raceorganiser@rlscc.co.uk	07771 878929	R
MIL4	Millar	David	EXE	dmdemon@googlemail.com	07595491042	R
MIS1	Missen	Stan	BOA	sjmboa@gmail.com	01225 862000	M
MYA1	Myatt	Marie	TRE	marie_myatt@yahoo.com		R

ELMBRIDGE CANOE CLUB

2020 Programme

Details on www.elmbridgecanoeclub.com

Easter Sunday
April 12th

30th JUNIOR HALF MARATHON K1 TRIAL
Boys and Girls Classes - under 12,13,14,15 & 16
Check the website for details of age records!

Saturday
July 18th

Thames 10K Summer Series
K2 10K Combined Division races

Saturday
May 16th

FUN REGATTA AND TIME TRIALS
200m and 500m K1 time trials and races
K2 and K1 3000m

Sunday
September 27th

DIVISIONAL MARATHON
(LSE Hasler event for 2019)
Div1-9 K1 - Div2- K2 and Div4-9 K2
Lightning, and Under 16 2018 Beginner's Race

Sunday
November 8th

Thames 10K Winter Series
K2 10K Combined Division races

**Entries to be
sent to:**

Email: elmcanoeclubracing@gmail.com

Details :

www.elmbridgecanoeclub.com

***All HASLER MARATHON entries to be submitted by the
Club Team Leader via RACMAN system***

***The Team Leader shall be responsible for the checking
in, payment and alterations at the event.***

PADDLESAFE – SAFEGUARDING AND PROTECTING CHILDREN

British Canoeing is committed to ensuring that everyone can enjoy Paddlesport in a safe environment in which they are protected from any form of poor practice or abuse. We continue to work towards and maintain the standards set for sport and to implement the requirements set within government guidelines and legislation.

Everyone in Paddlesport has a responsibility to help safeguard and protect those involved in the sport. Sometimes this can be a daunting prospect. To support those involved in our sport British Canoeing and the home nations have developed a range of policies, procedures and guidance. These can be found on www.britishcanoeing.org.uk and each home nation website. We ask that club Secretaries/Welfare Officers know where to find the information and make sure it is shared and discussed at club executive and general meetings.

The procedures stem from the following principles:

- The child's welfare is paramount.
- Anyone under the age of 18 is classed as a child.
- All children, regardless of age, any disability they have, gender, racial origin, religious belief and sexual identity have a right to be protected from abuse.
- Coaches, clubs and centres need to be provided with advice to raise awareness of best practice, guidance and support should they become involved in an abuse situation.

Safeguarding Support Officer - While the welfare of young people is the first consideration, British Canoeing recognise that coaches, volunteers and helpers may also require support if an allegation is made against them. In these cases individuals should contact the British Canoeing Safeguarding Support Officer whose role is to listen, support, help and provide advice (contact details below). They will not be involved in the case and will be completely independent of the investigation.

Event Management - Event organisers should take note that there is a requirement to provide a Welfare Officer at all events where children are participating. For further details refer to the guidance sheets on the website – Paddlesafe Events.

Good Practice Guidelines

By following these guidelines you will help to protect both the children/adult at risk in our sport and our coaches/helpers from wrongful allegations.

- Avoid situations where you are alone with one child/adult at risk. British Canoeing acknowledges that occasionally there may be no alternative, for example, where a child/adult at risk falls ill and has to be taken home. We would stress, however, that one to one contact must not be allowed to occur on a regular basis.
- If any form of physical support is required ask the paddler's permission, explain what you are doing and why to both the child/adult at risk and their parents/carers.
- Where possible ask parents/carers to be responsible for children/adults at risk in changing rooms. Always ensure that whoever supervises young people work in pairs.
- Where there are mixed teams/groups away from home, they should always be accompanied by an adult male and female coach/helper.
- Don't allow physically rough or sexually provocative games, or inappropriate talking or touching.
- If it's necessary to do things of a personal nature for children/adult at risk, make sure you have another adult accompanying you. Get the consent of the parent/carer and if possible the child/adult at risk. Let them know what you are doing and why.

PADDLESAFE – SAFEGUARDING AND PROTECTING CHILDREN

- Ensure that any claims of abuse by a child/adult at risk are taken seriously and that it is dealt with by people who know what to do.
- Ensure that the nature and intensity of training does not exceed the capacity of a child's/adult at risk's ability and stage of development.
- Follow the British Canoeing guidelines for photography and video use (see Guidelines for use of Photographic and Filming Equipment)
- What if you accidentally hurt a child? - You should report such an incident immediately to another club coach/official and make a written note of it. You should also inform the child's parents/carers, preferably in person.
- Is touching OK? If a coaching technique would benefit from physical contact or support then first asks the paddler's permission (e.g. would you mind if I held your shoulders to show you what I mean?). It is useful to take time to explain why and how this is used to the paddler and their parent or carer. (See British Canoeing or home nation guidelines for physical contact). Touching can be OK and appropriate as long as it is neither intrusive nor disturbing or for the wrong reason

Ensure your club adheres to British Canoeing best practice guidelines and requirements with particular reference to:

- British Canoeing Safeguarding Children Policy and Safeguarding Adult Policy.
- British Canoeing Codes of Conduct.
- Safe recruitment and vetting practices including appropriate Disclosure checks, where eligible, in accordance with home nation and government guidelines.
- Safeguarding training.
- Club Welfare Officers attend specific training to support their role- Safeguarding and Protecting Children and Time to Listen workshops.
- Publicise your Club/Event Welfare Officer contact details.
- Publicise the NSPCC Child Protection Helpline.

IMPORTANT CONTACTS

British Canoeing Safeguarding Lead

(For anyone wishing to report a Safeguarding incident or concern)

Nancy Squires Tel: 0115 8968842* Email: safeguarding@britishcanoeing.org.uk

**(If calling out of office hours, leave a message and your call will be responded to as soon as possible the next working day.)*

British Canoeing Safeguarding Support Officer

(For British Canoeing coaches, volunteers and staff who have received an allegation against them with respect to Safeguarding and require support.)

Keith Hampton: 07740 820113

British Canoeing Lead Safeguarding Officer (England)

(For enquiries and guidance about Safeguarding policies, documents and processes)

Nancy Squires Tel: 0115 8968842 Email: safeguarding@britishcanoeing.org.uk

SCA Safeguarding Officer

Andy Murray Tel: 0131 625 4434 Email: andy.murray@canoescotland.org

Canoe Wales Safeguarding Officer

Jen Browning Phone: 07496 018281 Email: childprotection@canoewales.com

PADDLESAFE – SAFEGUARDING AND PROTECTING CHILDREN

CANI Safeguarding Officer

Stephen Craig Email: safeguarding@cani.org.uk or call Chief Officer, Lauren Smythe on 07875092928

24hour helplines:

CHILDLINE 0800 1111

NSPCC **CHILD PROTECTION** 0808 800 5000

(please keep trying if you can't get through straight away)

If you or someone else needs immediate medical attention or you or someone else is at risk of immediate harm or danger, call emergency services for the police or ambulance (999 or 112) immediately.

BRITISH CANOEING EQUALITY STATEMENT

All competitions and representative selection will be held in accordance with the British Canoeing Equality Policy ensuring that everyone, including all protected characteristics under the Equality Act 2010, have a genuine and equal opportunity to participate in Paddlesport at all levels. Unlawful discrimination is unacceptable and will not be tolerated whether intentional or unintentional.

Transsexual participation is permitted in domestic competitions subject to the criteria detailed within the British Canoeing Transgender and Transsexual Policy.

International competition and selection for transsexual people is subject to eligibility defined by the IOC and is detailed in the British Canoeing policy.

For any enquiries regarding equality at British Canoeing please contact equality@britishcanoeing.org.uk

PADDLE-ABILITY

Paddle-Ability is the term used by British Canoeing to describe all Paddlesport activity for disabled people. The term focuses on a person's ability to take part in Paddlesport rather than their disability. British Canoeing encourages and supports anyone with any disability or impairment to participate in competition in specific Paddle-Ability events and mainstream competition. Specific Paddle-Ability events are held at National Regattas in Nottingham from April to September. Racing is based on ability (in time bands).

Entries must be submitted, in advance, with other club entries via the Club Team Leaders. If your club does not already have an appointed team leader please contact

info@britishcanoeing.org.uk

Entrants may have an escort boat to provide support to the starting posts; limited support is also permitted during races. Escort paddlers will be expected to wear yellow escort bibs.

The current Paddle-Ability events available are:

- K1: 200m, 500m
- K2: 200m, 500m
- V1: 200m, 500m

Paddle-Ability sprint time bands can be found in the tables below:

Paddle-Ability Sprint Time bands 200 metres:				
Band	Kayak Men	Kayak Men Junior	Kayak Women	Kayak Women Junior
A+	0.52	1.06	1.12	1.20
A	1.00	1.14	1.20	1.30
B	1.06	1.22	1.30	1.44
C	1.14	1.36	1.44	1.54
D	1.22	1.48	1.54	2.06
E	1.36	2.00	2.06	2.18
F	1.48	2.12	2.18	2.30

Paddle-Ability Sprint Time bands 500 metres:				
Band	Kayak Men	Kayak Men Junior	Kayak Women	Kayak Women Junior
A+	2.15	2.45	2.40	3.00
A	2.30	3.05	3.00	3.20
B	2.45	3.30	3.20	3.45
C	3.05	4.00	3.45	4.20
D	3.30	4.30	4.20	4.45
E	4.00	5.00	4.45	5.15
F	4.30	5.30	5.15	5.45

Weils Disease (*Leptospirosis*)

All water users should be aware of this potentially fatal infection. This is a bacterial infection normally believed to be spread by rat urine, it can also be transmitted by cat, fox and rabbit urine. Transmission is usually through an open wound or abrasion but can also be caused by ingestion of contaminated water.

SYMPTOMS

Lethargy, diarrhoea, headaches, vomiting and muscle pain; sometimes referred to as flu like symptoms. If left untreated this can be fatal.

PREVENTION

Prevention measures against water borne infections are to:

- ❖ Cover all cuts and abrasions with waterproof plasters
 - ❖ Always wear footwear to avoid cutting the feet
 - ❖ Avoid capsizing or rolling practice in suspected waters
 - ❖ Where possible, shower soon after the activity
- ❖ As a minimum always wash your hands after paddling and before eating or drinking

If you feel ill after paddling you should tell your Doctor as soon as possible and let them know where and when you have been on the water.

*The NHS publish the following guidance
www.nhs.uk/conditions/Leptospirosis/*

Further information & support is available when required by contacting:

safety@britishcanoeing.org.uk



The Sprint Racing Committee's K4 boats used at all National Regattas are available on short term loan by clubs and coaches to use for training or local sprint event.

Terms and condition apply and it is subject to availability but if you would like to know more email Louise Clive at: Regatta.Treasurer@britishcanoeing.org.uk.

Mobile Timing System

Are you considering running a local sprint regatta in your area?

Would a Mobile Timing system assist your event?

The Sprint Racing Committee has put together a Mobile Timing System package available for loan.

The package includes:

- 'Starters' control box (starts the timing system).
- A video camera to record the finish of each race.
 - Laptops and printer to handle the data.
- Generator etc. to power the laptops plus Timing system.



Terms and condition apply and it is subject to availability but if you would like to know more, email Louise Clive at:

Regatta.Treasurer@britishcanoeing.org.uk.

SPRINT CHAIRMAN'S FOREWORD

This year saw the second ACM of the new format that combined the business meeting of the committee with the annual presentation of the discipline trophies. It was at Reading CC and the style was as well received as the previous year. However with only 15 clubs present it seemed that there was little interest in the running of the section. For the committee members to act upon what is wanted by the more than 50 registered sprint clubs there needs to be feedback which only seems to come from a very small number. That in itself does not mean that feedback is poor but surely there is more to be gained from some of the smaller clubs.

We still suffer from a lack of regattas away from the main 5 at Nottingham. The recently completed review of Sprint Racing competitions will be dealing with this major requirement for the development of Sprint racing as a whole. However it does need the clubs to actively organise regattas. Massive infrastructure is not necessary as the event should be tailored to what facilities are available. Help and equipment is available from the SRC to run regattas and this assistance will be given freely. It is acknowledged that the flatwater calendar is very full and this is being looked at for 2021 to make it easier and financially viable for clubs to run regattas.

The Sprint Racing Committee and the Regatta Committee members have once more committed to providing the best racing they can, please give them your support. They are all open to conversation about how things might be done. If you don't speak, then we won't know what you think. It is appropriate that thanks are given to all the regatta officials and make it clear that more are needed, so if you feel the urge you will be welcomed into the fold. The officials are named in the programmes and would very much welcome your appreciation.

I feel that I should mention that the SRC have committed strong financial support for the non-programme athletes that have represented GB in major internationals in non-Olympic events. The current UK Sport support package only covers programme athletes in Olympic events and though this does great work for those on that programme, the World Championship covers more events than those in the Olympics.

Financial support from committee and British Canoeing funds also provides help for those aspiring coaches who are embarking on the Level 2 Race Coach Award. Budget pressures make it difficult to provide more than the current level but I am sure we will see the result of the coaches work and efforts. My thanks to them for what they do.

I hope you enjoy all your racing this coming season.

Alan Laws
Chairman

2020 SPRINT RACING COMMITTEE



Alan Laws	Chairman, and Independent Panel, SRC Observer	LAW4
Ian Wynne	Vice Chair Rep for: Discipline Chairs Committee, English Forum and SRC Liaison for the Technical Group	WYN2
Louise Clive	Treasurer (Bookings for SRC Mobile Timing system or K4 Boats)	CLI2
Cathy Wynne	Secretary canoesprint.secretary@vol.britishcanoeing.org.uk SRC Safeguarding Representative	WYN1
Margaret Chapman	SRC Liaison for SCA Race Coach Development and other Scottish Affairs	CHA3
Imogen Collins	BC Race Coach Development	COL2
Paul Dimmock	Sprint Independent Panel Chairman	DIM1
Kevin Hipkins	Co-opted	HIP1
Malcolm Johnson	Lead for Social Media Development	JOH1
Roland Lawler	Standards for Sprint & National Rankings Officer	LAW2
David Lawrence	Lead for Good Governance strategy, Development of Sprint venues and SRC Liaison with Safety Group	LAW5

The Sprint Competition Review Work Group:

A Working Group (WG) was appointed by the Sprint Racing Committee (SRC) in October 2018 to review the UK sprint canoe/kayak competition structure and make recommendations to improve that structure. The SRC would now like to share the group's report.

The full report and a full summary of all data analysed can be found on this link:
<https://sites.google.com/view/sprintcanoedata-community/home?authuser=0>

2020 REGATTA COMMITTEE



Philip Caisley	Regatta Chair Regatta.Chair@Britishcanoeing.org.uk	CAI1
John Hoile	Regatta Vice Chair Regatta.ViceChair@Britishcanoeing.org.uk	HOI2
Louise Clive	Regatta Treasurer Regatta.Treasurer@Britishcanoeing.org.uk	CLI2
Wendy Dodson	Regatta Secretary Regatta.Secretary@Britishcanoeing.org.uk	DOD2
Ann Hoile	Mini Sprint Liaison Regatta.VolunteerCoordinator@Britishcanoeing.org.uk	HOI1
Paul Edwardes	Chief Judge Regatta.ChiefJudge@britishcanoeing.org.uk	EDW1
Cathy Wynne	Chief Official and Technical Manager Regatta.ChiefOfficial@Britishcanoeing.org.uk	WYN1

Who to contact for information or queries about National Regattas

Wendy Dodson	Sprint Enquires Regatta.Secretary@Britishcanoeing.org.uk	DOD2
Ann Hoile	Mini Sprint Liaison and Volunteer Coordinator Regatta.VolunteerCoordinator@Britishcanoeing.org.uk	HOI1
Kari Martin	Paddler Registrations Regatta.Registrations@Britishcanoeing.org.uk	MAR2
Louise Clive	Club Colours Regatta.ClubColours@Britishcanoeing.org.uk	CLI2
Philip Caisley	Sprint Team Leaders' Technical and IT Support Regatta.Chair@Britishcanoeing.org.uk	CAI1
Cathy Wynne	National Regattas Regatta.ChiefOfficial@Britishcanoeing.org.uk	WYN1

SPRINT RACING COMMITTEE TERMS OF REFERENCE

1. Title

The Committee shall be called the British Canoeing Sprint Racing Committee (SRC).

2. Accountability

2.1 The Board will approve the Terms of Reference of the SRC. The SRC will be accountable to the Board of British Canoeing for carrying out the responsibilities which are delegated within these Terms of Reference. This accountability will be managed in the following ways:

The Board will annually:

- 2.1.1 Approve the Terms of Reference for the SRC.
- 2.1.2 Approve the rolling 4 year plan of the SRC.
- 2.1.3 Approve the Annual Plan of the SRC.
- 2.1.4 Approve the Annual Budget for the SRC.
- 2.1.5 Consider grant support to the SRC.
- 2.1.6 Receive and consider the minutes of the SRC meetings and its sub-committees.
- 2.1.7 Receive and publish the Annual Report from the SRC as part of its British Canoeing Annual Report.

3. Purpose

3.1 The Purpose of the SRC is to interest itself in all matters relating to the management and development of sprint racing in the UK with particular focus on:

- 3.1.1 Increasing participation through the provision of competition.
- 3.1.2 Administration of rules and regulations.
- 3.1.3 Development of athletes, clubs, coaches and officials.

3.2 The SRC has UK wide responsibility for those areas outlined within its Purpose and Responsibilities and will work closely with the national associations in Scotland, Wales and Northern Ireland and the regions in England, as agreed between the Parties.

4. Responsibilities

4.1 The following responsibilities are reserved by British Canoeing and may involve the SRC but are not the direct responsibility of the SRC:

- 4.1.1 Administer the World Class Programmes funded by UK Sport.
- 4.1.2 Preparation of selection polices.
- 4.1.3 Manage the selection and participation by elite athletes at international competitions.
- 4.1.4 Establish and be responsible for the maintenance of anti-doping policy and rules.
- 4.1.5 Approval of changes to these Terms of Reference.

4.2 The following are responsibilities which will usually be carried out by the National Associations' Sprint Racing Committees. Each National Association, Sprint Racing Committee is subject to their own, separate, regulations and objectives which may include the following:

- 4.2.1 Manage the rules and regulations for competitions within their National Association.
- 4.2.2 Organise and maintain control of their National Association Championships.
- 4.2.3 Develop and support coaching development within its regions and clubs.
- 4.2.4 Administer the finances of their National Association SRC.
- 4.2.5 Nominate representatives to the SRC.

4.3 The Primary Responsibilities of the SRC shall be to:

- 4.3.1 Organise and manage UK National Championships and other competitions on behalf of British Canoeing.
- 4.3.2 Agree and publish *1competition rules and regulations and make recommendations for the organisation and management of national and all other sprint regattas.
- 4.3.3 Follow the current International Panel [IP] Terms of Reference as laid down by the BC Board of Management.
- 4.3.4 Contribute as a formal consultee to the Sprint Racing selection polices
- 4.3.5 Manage disputes, protests and appeals with regard to the *2sprint racing rules and *1competition regulations.
- 4.3.6 Maintain *3disciplinary rules and other regulations.
- 4.3.7 Support non-Olympic and non-UK sport funded events/athletes.
- 4.3.8 Train and develop competition officials.
- 4.3.9 Nominate competition officials to become involved as international technical officials within ECA and

SPRINT RACING COMMITTEE TERMS OF REFERENCE

ICF.

- 4.3.10 Nominate representatives to become involved in the committees of the ECA and ICF.
- 4.3.11 Support the Racing Technical Group in the development of programmes which improve coaching standards in Sprint Racing within the English regions and clubs.
- 4.3.12 Encourage the development of suitable new and existing sprint competition sites in conjunction with British Canoeing facilities development.
- 4.3.13 Support the development of competition programmes which increase participation in Sprint Racing at all levels.
- 4.3.14 Work with British Canoeing Safety Advisory Group to ensure the provision of a safety framework for the delivery of events.

5. Appointment of the Committee

- 5.1 The SRC shall comprise of up to 12 elected persons, each being a Full Individual Member (Voting Member) of British Canoeing or a National Association. This total will include the Chair, Secretary and Treasurer and other elected members but does not include the National Association delegates or any co-opted members.
- 5.2 The following offices and other SRC members shall be elected at Annual Consultative Meetings (ACM)
 - Chair
 - Secretary
 - Treasurer
 - 9 other SRC members of the committee
- 5.3 In the event of no nominations being received for an office post the SRC may appoint from within the committee members or co-opt a Full Individual Member (Voting Member) of British Canoeing or a National Association to fulfil the vacant role.
- 5.4 The National Association delegates (1 from each of Scotland, Wales and Northern Ireland) will also be voting members of the SRC.
- 5.5 In addition to the office roles of Chair, Secretary and Treasurer, the Committee shall appoint from within their membership (including any co-opted members):
 - Regatta Committee Chair
 - Safeguarding/Welfare Representative
 - And such other posts the Committee considers necessary for its administration
- 5.6 Members of the Committee are elected for a term of three years and shall be eligible to stand for re-election. One third of the elected members retire at each Annual Consultative Meeting.
- 5.7 The terms of each member shall be coordinated so that usually 4 members of the committee retire each year. Should a member resign before the end of their term, the person elected to replace them will be appointed only for the remainder of that term. SRC may co-opt someone to fill a mid-year vacancy until the next ACM. The Chair, Secretary and Treasurer shall retire in consecutive years.
- 5.8 A further 3 members may be co-opted by the SRC, each being a Full Individual Member (Voting Member) of British Canoeing or a National Association, to serve on the Committee for one year. These members shall be eligible to be co-opted for further terms. Co-opted members shall have the same voting rights as other Committee members.
- 5.9 Persons who are employees of British Canoeing or National Associations may serve as elected or co-opted members of the Committee if appointed by SRC to do so and with the consent of the CEO.
- 5.10 The role descriptors for each member of the committee will be developed and approved by the SRC annually.
- 5.11 The SRC may nominate the Chair or their representative to sit on other Committees of British Canoeing.

SPRINT RACING COMMITTEE TERMS OF REFERENCE

6. Managing the meetings of the SRC

- 6.1 The SRC shall meet at least twice in each calendar year.
- 6.2 At least 14 days' notice of the date of meetings shall be given to all members of the Committee. Copies of the agenda and available papers to be sent to members of the committee at least 7 days in advance. Additional papers will be circulated to SRC members as soon as practical.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee. Draft minutes, which have previously been circulated to the Committee for comment, to be published on the SRC and British Canoeing website within 2 months of the date of the meeting. Final minutes will be posted to replace the draft minutes once these have been approved by the Committee. Copies of the minutes shall also be sent to the Executive Assistant to the CEO of British Canoeing for circulation to the Board.
- 6.4 The quorum at SRC meetings shall be a majority of the number of voting members who are elected or co-opted to the Committee.
- 6.5 Decisions shall usually be reached through consensus, but when voting takes place, this shall be by show of hands only and each elected or co-opted member and National Association delegate shall have one vote. Only those attending the meetings shall have the right to vote.
- 6.6 For urgent business or on other occasions as required between meetings, the committee may conduct business and take votes electronically by means such as email or conference call.
- 6.7 The SRC may create sub-committees of the SRC, either as a standing committee or for a specific period and with a specific brief.
- 6.8 The SRC shall usually appoint one of its number to chair the sub-committee and all members of the sub-committee shall be Full Individual Members (Voting Members) of British Canoeing or a National Association.
- 6.9 Each sub-committee shall be fully accountable to SRC and shall have in place Terms of Reference which are approved by the SRC.

7. Managing the Finances of the SRC

- 7.1 The finances of the SRC will be managed in accordance with the Guidelines provided by British Canoeing and agreed with the SRC.
- 7.2 The Treasurer shall manage the income and expenditure and accounts of the SRC and work closely with the Finance Manager within British Canoeing to provide financial reports to the Board.
- 7.3 The SRC shall present an Annual Budget for approval by the Board. This will include the budget of the Regatta Committee and any other sub committees of the SRC.
- 7.4 The Year End accounts of the SRC, its sub committees, including the Regatta Committee shall be submitted annually to the Finance Manager within British Canoeing made up to 31st October. The accounts will be audited as part of the British Canoeing audit process.
- 7.5 The SRC may provide funding to support the work of its sub-committees. The SRC will be responsible for the income and expenditure of the sub committees and report this in full to the Board.
- 7.6 The SRC may pay the approved costs of members attending SRC and sub-committee meetings.

8. Annual Consultative Meetings (ACM)

- 8.1 The SRC will be responsible for organising the SRC Annual Consultative Meeting (ACM) with UK sprint clubs, for the purpose of electing members to the SRC, reporting progress and discussing major changes proposed for the future.
- 8.2 The SRC ACM shall usually be held between September and December each year. The date of the ACM will usually be published approximately 3 months in advance.

SPRINT RACING COMMITTEE TERMS OF REFERENCE

- 8.3 The business of the ACM Meeting shall be to:
- Receive the report of the Chair.
 - Receive a summary statement of accounts.
 - Receive the report and accounts of the regatta sub-committee.
 - Elect persons nominated to serve on the SRC.
 - Discuss and consider any major developments being considered by the SRC.
 - Consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the SRC.
 - Only at the discretion of the Chair, may additional items, not in the notice of the meeting, be discussed, or referred for further consideration by the SRC.
- 8.4 Nominations of candidates for election to the SRC at the Annual Consultative Meeting must be submitted to the Secretary of the SRC in writing supported by the signatures of two Full Individual Members (Voting Members) of British Canoeing or a National Association and must reach the Secretary at least 42 days prior to the ACM.
- 8.5 Any item for the agenda at the Annual Consultative Meeting must be submitted to the Secretary of the SRC in writing supported by the signatures of two Full Individual Members (Voting Members) of British Canoeing or a National Association and must reach the Secretary at least 42 days prior to the ACM.
- 8.6 Notice of the meeting shall be communicated to each 'Voting Club' at least 21 days prior to the Meeting.
- 8.7 A 'Voting Club' is an affiliated UK club who has registered its interest in sprint racing with the Committee by competing at a British Canoeing or a National Association's national regatta in the period since the last Annual Consultative Meeting.
- 8.8 The notice of the ACM shall include the following: The Agenda of the meeting, details of the date, time and place of Consultative Meeting, details of those standing for election, information about proxy voting, details of any matters raised by members.
- 8.9 The quorum of the ACM shall be a minimum of 8 Voting Clubs present. No business shall be transacted at the ACM unless this quorum of members is present. If the quorum is not met the ACM may be re arranged.
- 8.10 The Chair of the Committee shall preside at the ACM. If the Chair is known to be unable to attend or remains absent 30 minutes after the scheduled start time of the meeting, the Voting Clubs present may choose another Committee member of the SRC to take the chair.
- 8.11 Each 'Voting Club' is entitled to vote either through a club representative present at the ACM or via a Proxy.
- 8.12 A Voting Club representative must be a Full Individual Member (Voting Member) of British Canoeing or a National Association.
- 8.13 The proxy arrangements will be circulated in advance with the Notice of the Meeting and the details shall be determined by the SRC. Proxy votes can be given to the Chair of the Meeting or to another Voting Club. A maximum of 2-votes may be held by any one club., their own and 1 proxy vote.
- 8.14 All Proxy votes must be registered in advance with the Secretary of the SRC and received at least 72 hours before the time of the ACM.
- 8.15 The Chair shall not be entitled to vote other than when a casting vote is required
- 8.16 Voting shall be by a show of hands and proxy cards, unless two or more Voting Club representatives present at the meeting or the Chair, request a poll.
- 8.17 A Special Consultative Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 Voting Clubs. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the Voting Clubs, by the Voting Clubs' representatives who are Full Individual Members (Voting Member) of British Canoeing or a National

SPRINT RACING COMMITTEE TERMS OF REFERENCE

Association.

- 8.18 The Committee shall convene a Special Consultative Meeting within 60 days of receipt of such notice.
- 8.19 A Special Consultative Meeting will be conducted in line with the proceedings of an ACM as outlined within these Terms of Reference.
- 9. Trophies**
- 9.1 The Committee shall keep records and ensure the security of the trophies which are the property of the SRC and which are awarded each year.
- 9.2 The Committee shall also determine and publish which trophies are to be presented for each competition each year
-

Appendix:

***1 National Sprint Regatta, Terms/Conditions of Participation, various other rules and regulations.** (Section B pages 11 to 16: 2020 Canoe Sprint & Marathon Handbook)

***2 British Canoeing Sprint Racing Competition Rules**
(Section A pages 9 to 26: 2020 Canoe Sprint & Marathon Handbook)

***3 British Canoeing Sprint Section Discipline Regulations**
(Section A page 26: 2020 Canoe Sprint & Marathon Handbook)

BRITISH CANOEING SPRINT RACING COMPETITION RULES

Issue date: 1 January 2020

Introduction

The purpose of this document is to provide the Rules that govern:

- a) Sprint Racing (named Canoe Sprint by the International Canoe Federation)
- b) The conduct of that Racing

It follows as closely as possible the wording and sequence of the International Canoe Federation Canoe Sprint Competition Rules taking effect from 1st January 2019. However, it also contains some additional regulations or changes to those rules as determined from time to time by British Canoeing Sprint Racing Committee.

The following words, acronyms and abbreviations are referred to in this document:

BC British Canoeing (the Governing Body for Canoeing in Great Britain)

BOA British Olympic Association (the National Olympic Committee for Great Britain)

ICF International Canoe Federation

IOC International Olympic Committee

NOC National Olympic Committee

SRS Sprint Racing Section of BC (responsible to BC for the control of Sprint Racing competitions in canoes and kayaks over distances up to and including 5000 metres)

SRC Sprint Racing Committee (elected by the Sprint Racing Section to carry out the objectives of the Section on a day-to-day basis).

RC Regatta Committee (a sub-committee of the SRC responsible for organising and conducting National Championships and other competitions on behalf of BC)

Aims and Definition of Sprint Racing

The aim of a canoe sprint competition is for people to race each other in kayaks and canoes over a clearly defined unobstructed course in the shortest possible time according to the rules. The course should be as flat and still as can be obtained. Although the course length may be any distance up to and including 5,000 metres and competition organised for any craft, the official events and distances recognised by BC and ICF are the following:

For men and women:	K1, K2, K4, C1, C2, C4,	200, 500 and 1000 metres
	K1, K2, K4, C1, C2,	5000 metres or 2500 for some Junior events
Paracanoe, men and women	Kayak KL1, KL2, KL3	200 metres
	Va'a VL1, VL2, VL3	200 metres

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Part I - GENERAL REGULATIONS

There are three levels of competition: - International, National Status and Club/Regional.

International Competitions

- 1.1 The ICF has ruled that all International Competitions must take place in accordance with the ICF Canoe Sprint Competition Rules. All competitions organised by either BC or a BC Club are considered international if competitors of a foreign country are invited to participate.
- 1.2 These competitions must be supervised or managed by at least one accredited official in possession of a valid ICF Canoe Sprint Official card.
- 1.3 **Foreign Nationals** (Complies with ICF GR 3).
 - 1.3.1 No member of a foreign Federation or club may compete or be invited to compete in an open or national competition within the United Kingdom without permission from the RC.
 - 1.3.2 Only athletes who are members of a club or associations affiliated with a National Federation have the right to participate in an International competition.
 - 1.3.3 An athlete having satisfied 1.3.2 and having obtained the (written) consent of the athlete's National Federation is permitted to compete individually in an International competition.
 - 1.3.4 A competitor may take part on behalf of BC provided they are domiciled in the UK, if he/she obtains the authorisation of his/her Federation of origin. This authorisation has to be sent before 30th November prior to the year concerned to the ICF Headquarters with a copy to the Chairman of the ICF Canoe Sprint Committee.
 - 1.3.5 If he/she has lived for 2 (two) years or more in the UK, the approval of his/her Federation of origin is no longer required.
 - 1.3.6 An athlete cannot compete for more than one (1) National Federation in any calendar year in canoeing.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

2 National Status Competition

- 2.1 All competitions announced as National Status competitions shall be held in accordance with BC Sprint Racing Competition Rules.
- 2.2 National Status Competitions are those at which promotions within the National ability classes takes place.
- 2.3 National Status Competitions are organised on behalf of BC.
- 2.4 All competitors at National Status Competitions must be registered with the RC and must be a BC, SCA, Canoe Wales, or CANI members or, if racing in a Junior Intermediate or D class or Mini Sprint Series, a member of a club with a registered youth section and is affiliated to the BC.
- 2.5 Organisers of National Status Competitions shall declare the competition is being held under BC rules.
- 2.6 National Status Competitions require permission from the SRC. Applications shall be directed to the Secretary of the SRC. Such permission would require:
 - 2.6.1 Observance of BC Sprint Racing Competition Rules.
 - 2.6.2 Inclusion the words "Under BC Rules" on all printed matter issued in connection with the competition.
 - 2.6.3 Compliance with Part III Rule 13.5 regarding Regatta Officials.
- 2.7 National Status Competitions will be included in the official BC Calendar of events.
- 2.8 Within 14 days of the close of a competition a completed regatta programme with the official results, shall be sent by the Organisers to the Secretary of the SRC.

3 Club and Regional Regattas

- 3.1 BC members are allowed to participate with non-BC members.
- 3.2 No promotions will be made at Club or Regional Regattas. Performance will not affect National Ranking.
- 3.3 The Rules and Classes may be altered to suit the event requirements.
- 3.4 Organisers of Club & Regional Regattas can include their event in the Handbook Competition Calendar (at no charge) and may place an advert in the Handbook for the event on payment of the appropriate fee.
- 3.5 Club & Regional status competition can be included in the official BC Calendar of events.
- 3.6 Organisers are asked to encourage all who take part to become BC members. Where fees are charged, BC members should be charged a reduced fee.
- 3.7 To ensure uniformity, organisers are asked to follow BC Sprint Racing Competition Rules as far as possible. Organisers are asked to make it clear in all literature what the event rules will be. Within 14 day of the close of a competition a completed regatta programme with the official results should be sent to the Secretary of the SRC
canoesprint.secretary@vol.britishcanoeing.org.uk
- 3.8 British Canoeing's information paper 'Running a local Sprint Regatta' is available from the SRC website on this link: <http://canoeracing.org.uk/sprint/wp-content/uploads/2018/10/2018-Running-a-Sprint-Regatta-Final-Edit.pdf>

4 Competitions outside the United Kingdom

- 4.1 No Club or member of a Club or individual member of BC may compete at a Canoe Sprint event outside the United Kingdom without permission from the SRC. See Rule 1.3.3

5 Membership of more than one club or change of club

- 5.1 When a competitor is a member of two or more clubs, they shall, by **March 1st** have declared the name of the club in whose colours they will race under for that year.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

- 5.2 A competitor joining a second club after March 1st must continue to race for his/her first club, unless prior consent of his/her old club has been obtained. The consent shall not be withheld in the case of a change of residence from one area to another.

6 Athlete Eligibility and Sponsorships

- 6.1 The rules of the International Canoe Federation or the National Olympic Committee shall apply to all matters relating to Amateur Status. At present there are no regulations specific to Amateur Status other than as broadly listed in 6.3.
- 6.2 **Foreign Teams** may receive compensation/assistance authorised by BC to cover financial expense to participate in an UK competition. Under no circumstances shall any payment exceed the sum of actual expenditure.
- 6.3 **A Competitor May Not:**
- 6.3.1 In the practice of sport and in the opinion of BC manifestly contravene the spirit of fair play in the exercise of sport, particularly by the use of doping or violence.
- 6.3.2 Have allowed his/her person, name, picture or sport performance to be used for advertising, except when BC or its Committees enter into a contract for sponsorship or equipment. All payments must be made to BC and not to the individual.
- 6.3.3 Participate in any competition on condition of a financial consideration.
- 6.4 **A Competitor May Accept**, financial support during a period of preparation and/or actual competition which shall be limited by the rules of BC and its Committees:-
- 6.4.1 Assistance administered through the BOA or BC Performance Programmes: living expenses, insurance cover in respect of accidents, illness and disability; personal property, sports equipment and clothing; cost of medical treatment, physiotherapy and authorised coaches.
- 6.4.2 Compensation authorised by his/her NOC or BC Performance Programmes, in the case of necessity, to cover financial loss resulting from his/her absence from work or basic occupation in the Olympic Games and sports competition or other canoeing activities. In no circumstances shall payment made under this provision exceed the sum which the competitor would have earned in the same period. The compensation may be paid with the approval of BC or BOA at their discretion.
- 6.4.3 Prizes won in competition or other canoeing activities, within the rules established by BC and its Committees and the ICF.
- 6.5 In all cases which are not covered by the above regulations (6.2 and 6.3), the corresponding rules of the ICF or the BOA shall apply.
- 6.6 **Procedures to be undertaken by those seeking, obtaining and disbursing sponsorships, sports scholarships and awards.**
- 6.6.1 Details of all personal sponsorship arrangements, sports sponsorships and other awards, offered to or negotiated by individuals or organisations, must be submitted by beneficiaries to the BC Committee responsible for administering the particular activity, for registration and approval. When doubt exists regarding the appropriate Committee to whom information should be furnished, BC Headquarters will arrange for the necessary action to be undertaken.
- 6.6.2 A central registry of all personal sponsorship arrangements will be maintained by BC Headquarters, and will be available for inspection by authorised officers of BC.
- 6.6.3 The term "personal sponsorship arrangements negotiated by beneficiaries" shall include:
- 6.6.3.1 Payments made to athletes selected through the UK Sport Performance Matrix and administered by BC Performance Director.**
- 6.6.3.2 Sponsorship provided by individuals (not family), commercial, industrial, and public authorities, National and Regional Sports Aid Foundations, Local Authorities, Trust Funds, Educational Institutions and agencies, Clubs and other miscellaneous supportive groups.**

BRITISH CANOEING SPRINT RACING COMPETITION RULES

7 Classification of Paddlers

- 7.1 **Junior:** A Junior is a competitor under 18 years of age at the beginning of the current calendar year. A Junior will have junior ability racing status unless promoted to senior ability racing status. Each Junior ability status competitor will be nominated to compete in one of the Junior ability classes as laid down from time to time by the SRC. Juniors who have Senior ability status may race in their appropriate Junior age group in age group designated events, for international selections or National Championship.
- 7.2 **Senior:** A Senior is a competitor who is over 18 years of age at the beginning of the calendar year, will have Senior racing status. Each Senior status competitor will be nominated to compete in one of the Senior ability classes as laid down from time to time by the SRC.
- 7.3 **Master (Veteran):** The first year a paddler can compete in a Master event is the year that his/her thirty-fifth (35th) birthday falls in, provided he or she is not already nominated to compete in Men's A or Women's A who, irrespective of their age cannot compete in Master events.
- 7.4 **Promotions:** Entry into and promotion between classes will be at the discretion of the SRC which will be based on results gained in competition at National regattas and venues nominated by the SRC. An athlete may, on application by his Team Leader with the SRC's agreement, revert to a lower class.
- 7.5 **Mixed Events:** Mixed events where male and female competitors take part in the same boat are permitted.
- 7.6 **Status:** Status in Kayaks has no bearing on status in Canoes and the converse. Similarly, the status in the Paddle-Ability class and/or the Paracanoe classes has no bearing on the status in the ability Kayak and/or Canoe classes, e.g. a Senior A class competitor in Canoe may be in a different Senior class in Kayak.

8 National Championship Titles and Trophies

- 8.1 In order to be eligible to win a National Championship title a Competitor must:
Be a British Citizen and be a current member of British Canoeing including, SCA, CW & CANI, (Juniors registered with family membership, do not need full individual British Canoeing membership) and not currently representing or in the selection process to represent another country; or
- 8.1.1 Have been resident in the United Kingdom and a member of British Canoeing, including, SCA, CW & CANI (Juniors registered with family membership, do not need full individual British Canoeing membership) for at least 2 (two) calendar years. For clarification, the residency shall be calculated as being the 2 years immediately preceding January 1st in the year of the relevant competition
- 8.2 In entering a National Championship, competitors agree to abide by BC Eligibility Policy and comply with the requirements and procedures of the National Championships organisers.
- 8.3 If a Competitor is not a British Citizen and has not been Resident in the United Kingdom and a member of British Canoeing, including, SCA, CW & CANI for the necessary 2 (two) years (in accordance with 8 1.1. above) and there are exceptional circumstances then they may apply to the Head of Governance and Compliance requesting discretion to be exercised. Any applications should be submitted at least four weeks prior to any National Championships event in which they wish to compete.
- 8.4 Decisions are final and in the absolute discretion of the British Canoeing Chief Executive who shall consider each case on its own merits and decisions do not create a precedent for any future cases.

N.B. see also Part V - Special Rules for National Championship Events

BRITISH CANOEING SPRINT RACING COMPETITION RULES

Part II - CLASSES AND BUILDING REGULATIONS

9 Weight and Dimension Limits

Athletes are responsible to ensure their boats conform to the technical requirement below to compete in a competition. Penalties as described in Part IV, Regulation 31 will be imposed when rules are not complied with.

	Paracanoes		K1	K2	K4	C1	C2	C4
	Kayak	Va'a						
Max length	520	730	520	650	1100	520	650	900
Min weight	12	13**	12	18	30	14	20	30
Min width	50*							
Measurements in cm, weights in kg.								
* Measured 10cm from bottom of hull. ** Including hull, alma & iatco (spreaders).								
Note: The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement. The weight of a boat shall not include any loose fittings, any fixed absorbent material must be dry.								

10 Athlete Identification and Trademarks

- 10.1 Boats, accessories and clothing may carry trademarks, advertising symbols and written text.
- 10.1.1 All advertising materials used should be placed in such a way that they do not interfere with athletes' identification and do not affect the outcome of the race.
- 10.1.2 If an athlete's name is displayed, it shall be placed on each side of the boat under the cockpit.
- 10.1.3 Athletes should wear clothing in compliance with the club or NF Team uniform colours registered with the SRC, or those of the national federation they represent if competing as an invited international athlete.
- 10.1.4 The advertising of tobacco smoking and strong sprit drinks is not permitted.
- 10.1.5 Images, symbols and written text unrelated to sport funding or political messages are not permitted.
- 10.1.6 No part of the athlete's body should be attached to the boat in anyway. Such attachments must be removed.

11 Construction

- 11.1 The boat must be constructed so that it remains buoyant and floats in a horizontal position when filled with water while supporting the crew. Boats inherent buoyancy must be supplemented by additional and visible fixed flotation material or by the provision of sealed bulk heads.
- 11.2 All boats must be built symmetrically upon the axis of its length.
- 11.3 The hull section and longitudinal lines of the hull of the kayak and canoe must not be concave (horizontally and vertically respectively).
- 11.4 The deck construction may not be higher on any horizontal point than the highest point of the front edge of the first cockpit.
- 11.5 No foreign substance may be added to the surface of the boat which give the athlete an unfair advantage. The use of hull lubricant is not permitted.
- 11.6 No part of the boat (including the seat and the footrest) may have moving parts which can be used to help propel the boat in a way which would give athletes an unfair advantage.
- 11.7 A boat or athlete may be equipped with a device which provides real time feedback on performance for use by television or sport presentation. Devices may be used by the athlete for analysis following a race but in no circumstances, may the device be used to provide real time feedback to the athlete during a race.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

Kayaks

- 11.8 Kayaks shall have one rudder. The rudder must be placed under the hull of the boat.
- 11.8.1 The boat must be designed for athletes to a sit-in (Kayak type) not a sit-on top (Surf Ski type).
- 11.8.2 Weed deflectors can be a maximum 20cm long and cannot be deeper than the rudder.

Canoes

- 11.9. Canoes must be symmetrical along their longitudinal axes.
- 11.9.1 Steering rudders or any guiding apparatus directing the course of the canoe are not allowed.
- 11.9.2 C1 and C2 boats may be entirely open. The minimum length of the opening shall be 280cm and the edge of the side of the craft (gunwale) can extend maximum 5cm into the craft along the whole opening. The boat can have a maximum of 3 strengthening bars with a width of maximum 7cm each.
- 11.9.3 C4 canoes may be entirely open. The minimum length of the opening shall be 390cm and the edge of the side of the craft (gunwale) can extend maximum 6cm into the craft along the opening. The boat can have maximum 4 strengthening bars with a width of maximum 7cm each.

Innovations

- 11.10 Significant innovations in equipment including, but not limited to, boats, related equipment and clothing, must meet the requirements and conditions concerning innovation contained in the ICF Canoe Sprint Racing Rules

12. Boat Control

- 12.1 The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement
- 12.2 No alterations in canoes and kayaks are permitted after the measuring and weighing and before the competition has taken place.

Before Weighing the Boat:

- 12.3 All loose fittings shall be removed. Permanent knee rests attached in a definitive way to the floorboard and buoyancy attachments consisting of water absorbing material must be absolutely dry or removed.

Part III - ORGANISATION OF COMPETITIONS

13 Officials

Duties of the Organising Committee

- 13.1 An Organising Committee is responsible for the preparation and running of the competition. The Organising Committee shall, in particular:
 - 1) Fix the date and the programme of the regatta in agreement with the SRC.
 - 2) Draw up and distribute the advance programme including the date and time of the team leaders' meeting.
 - 3) Make available a stretch of water and technical equipment conforming to the present Sprint Racing Competition Rules.

13.2 Competition Committee

The competition will be managed by a Competition Committee consisting of:

- 1) Chief Official
- 2) Chief Judge
- 3) Deputy Chief Judge

For National status competitions two members of the competition committee must be registered Regatta Officials of the BC Sprint Racing Section.

For an international regatta, two members of the Competition Committee must be in possession of a valid International Canoe Sprint Official card.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

13.3 Duties of the Competition Committee:

- a) Direct and supervise the competition.
- b) Postpone the competition and decide, if possible, when the competition can resume in the event of inclement weather or other unforeseen circumstances.
- c) Decide on matters concerning disqualification in cases where the rules have been broken during the competition.
- d) Hear any protests that may be made and settle any disputes that may arise.
- e) Hear the opinion of the Course Umpire who controlled the race in which the infraction was said to have occurred, before any decision is made regarding an alleged infraction of the rules.
- f) Make decisions based on the BC Sprint Racing Competition Rules and the Terms and Condition of Participation. Penalties as described in Part IV, Regulation 31.
- g) Penalties in accordance with BC Rules or the SRC Disciplinary Regulations may also be imposed i.e. disqualification for a longer period than the duration of the competition in question.
- h) Should a competitor be injured during a heat, the Committee may allow him to participate in another heat.

13.4 If its nature and extent demand, each competition shall be held under the supervision of the following officials:

Chief Official	Aligner(s)
Chief Judge	Starter(s)
Deputy Chief Judge	Course Umpire(s)
Competition Manager	Turning Point Umpire(s)
Boat Controllers	Finish Line Judge(s)
Announcer	Media Officer

If circumstances permit, one person may function in two of the above positions.

13.5 The Chief Official, Chief Judge, Deputy Chief Judge, Competition Manager, Starter, Umpires, should, if possible, be registered BC Regatta Officials.

13.6 Unauthorised persons must not enter any official's area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.

13.7 The National Champion Competition Jury:

- a) A protest made during the competition must be handed in by the Club's Team Leader to the Competition Committee not later than 20 minutes after publication of the results.
- b) An appeal against a decision of the Competition Committee must be addressed to the Chairman of the Jury and handed in not later than 20 minutes after the Team Leader has been informed, in writing by the Chair of the Competition Committee, of the decision against the competitor or crew and has signed the receipt.
- c) Final authority for National Championship Competitions shall rest with a Jury composed of a Chairman and four members
- d) The members of the Jury shall be appointed by a quorum of the SRC prior to the commencement of the competition. (In the event of a quorum not being present, the Chairman, Vice Chairman, or another official of the SRC and two Committee members may appoint the Jury).
- e) The Chairman of the Jury will be the Chairman or Vice-Chairman of the SRC or an elected SRC member.
- f) Subordinate to this Jury are the Chief Official and other officials shown in Rule 13.2.
- g) The decision of the Jury is final.

BRITISH CANOEING SPRINT RACING COMPETITION RULES

13.8 **Duties of Officials**

13.8.1 **The Chief Official**, who is also the Chair of the Competition Committee, will decide on all matters arising during the actual competition, which is not dealt with in these rules. *With the confirmation of the Competition Committee, may disqualify any competitor who behaves improperly or who, by their conduct or speech, shows contempt towards the competition officials, other competitors or onlookers (see Rule 31.6).* All officials are responsible to the Chief Official.

13.8.2 **The Chief Judge** will:

- a) Cooperates with the Chief Official and substitutes for the Chief Official where necessary.
- b) Collect the forms necessary for the administration of the competition.
- c) Formulate the decisions of the Competition Committee passed in the subject-matter of any protests and arrange to have an accurate record made.

13.8.3 **The Deputy Chief Judge** will:

- a) Cooperate with the Chief Official and the Competition Manager and will handle the administrative tasks of the competition.
- b) Check the personal identification documents of the competitors and their age if necessary.
- c) Keep in contact with the responsible IT person in case of computer data processing.
- d) Check the results, race by race during the competition and prepare the list of the boats qualified to the next phase of the competition.

13.8.4 **The Competition Manager** will

- a) Keep in constant contact with the organisers to solve any problems arising
- b) Supervises the races and is responsible for ensuring that the competition schedule is followed without unnecessary delay.
- c) Complete the competition administration for the races (competition schedule, drawings, results technical documents, boat control, press, protest etc.).
- d) Ensure that the announcer gives all the necessary information about the races such as the start order, the name of any athletes failing to start and the results.

13.8.5 **The Boat Controller(s)**

- a) The ID Controller(s) must only allow athletes to compete in the race whose identification has been checked and whose body number conforms to the rules. They will also check for any performance enhancing foreign substance on the boat and any forbidden devices as mentioned in Part II. The Official in charge must inform the Competition Committee in the case of a missing boat. (International competitions only).
- b) Post -race Boat Controller(s) will check boats after races. Three (3) boats could be selected at random from the participants in the races for boat control after the finish. For National Championship finals the first 4 boats will be called to boat control. Should any of the boats not fulfil the BC requirements in Part II, they can be excluded (DSQ) from the competition.

13.8.6 **The Starter(s)** will:

- a) Decides all matters concerning the start of the races,
- b) Be solely responsible for false starts.
- c) Ensure that the starting equipment is in working order.
- d) Communicate with the Competition Committee before each race. After having received a signal from them that all is ready, order the boats to their places.
- e) Utilise English in all communications with the athletes, plus other languages if possible and deemed appropriate in the circumstances (Internationals only)
- f) Carry out the start according to the Racing Rules.
- g) Ensure that the circumstances at the start are free from any hindrance.

13.8.7 **The Aligner** the duty of the aligner is to bring the boats to the starting line with the least possible delay. Their duties will be to check the uniformity of the competitors including their attire as well as the number on the back and the boat (lane) number. If an automatic starting system is in use the aligners (international events) will be positioned in two separate boats behind the starting line. They will have an unobstructed view inside the system's boots.

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When all boats are aligned and completely inside the boots the aligner will raise a white flag signifying to the starter that they are in position to start. When the boats are not in the boots, the aligner shall raise a red flag. If there is no automatic starting system, the aligners may be repositioned

13.8.7 **The Course Umpire(s)** will:

- a) Ensure that during a race the rules are complied with.
- b) Show a white flag after the race has completed if there is no infraction of the rules to report
- c) Show a red flag and a lane number after the race has completed if there is an infraction of the rules.
- d) Report immediately any infraction to the Competition Committee if the rules are broken.
- e) Present a written report to the Competition Committee within 10 minutes in such a case.
- f) Follow the 1,000m races in a motorboat: The races should be accompanied by two (2) Course Umpires in two (2) separate catamaran type boats.
- g) No follow the 200m races: Two (2) Course Umpires in two (2) separate motorboats will be positioned before the start line. Two (2) Course Umpires in two (2) separate motorboats will be positioned behind the finish line.
- h) For the 500m races either system as used for 1,000, or the 200m races may be adopted for the course Umpires to do their task. The Chief Official will decide on the most appropriate system to be used, based on their opinion of the course features.
- i) Follow and judge the race also from the Finish Tower: as instructed by the Chief Official.
- j) Be completely unhampered during the race: No one except the Umpire and the driver shall be admitted to the boat reserved for him.
- k) Stop the competition: passing all boats in the race and waving the red flag or using a sound signal until all boats have stopped paddling in the case of hindrances. Report immediately the infraction to the Competition Committee. After this all boats shall return to the start.
- l) In long distance races with many athletes more than one Course Umpire will be nominated.

13.8.9 **The Turning Point Umpires**, when a race is run along a course with one or more turning points, one or more Umpires and one recorder must be stationed at every turning point, where they gain the best view of the turn.

- a) The Turning Point Umpire shall see that the competitors turn according to the rules. The recorder shall make a list of all who pass the turning point.
- b) Immediately after the race, the Turning Point Umpire shall report to the Competition Committee as to who has turned and if any infraction of the rules has taken place.

13.8.10 **The Finishing Line Judges** will:

- a) Be placed in a position where all lanes at the finish line can be clearly seen.
- b) Time each race with at least two (2) stopwatches. When stopwatches have not recorded the same time, the slowest time will be taken as correct. The stopwatches are to be started when the electronic or optical signal from the start is received.
- c) Decide the order in which the boats have crossed the finishing line when there is no Photo Finish system.
- d) Use a simple majority to decide a dispute in the absence of a Photo Finish system and where the Finish Line Judges differ regarding determining the places of two (2) or more boats. In the case of equal voting the Chief Judge has the casting vote.
- e) Determine the results and compare them with the photo finish results. If there is a Photo Finish system. The photo finish will be decisive.
- f) Record the position of the athletes in the boat with a video camera at the time of arriving at the finish line. The Chief Finish Line Judge will decide with the recording whether the athlete in his/her boat upon arriving or not and report it to the Competition Committee.
- g) One (1) of the Finish Line Judges will; be appointed as Chief Finish Line Judge who will:
 - i) Ensure that the timing equipment is working correctly. They may divide the work amongst the Finish Line Judges.
 - ii) Compare the official times/positions with the other Finish Line Judges at the end of each race and immediately inform the Deputy Chief Judge on them.

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- 13.8.11 **The Announcer** shall, on the instructions of the Competition Manager, announce the start of each race, the order of the starting and the position of the competitors during the race. After the race is finished, he/she will announce the results.
- 13.8.12 **The Media Officer** must supply all the necessary information to the representatives of the press, radio and television about the race and its progress. He/she is authorised therefore to ask for information from the different officials who must procure for him/her as soon as possible the copies from the official results.
- 13.8.13 **It is the Officials' obligation** to perform their tasks in conformity with the Sprint Racing Competition Rules.
- a) Every judge has the obligation to check their equipment necessary to perform their tasks is in working order. In the case of a shortcoming is found, it must be reported to the Chief Official or Competition Manager.

Unauthorised persons must not enter any Officials' area unless they are called for by either the Competition Committee or the Jury.

14. Invitations

An invitation to an Open Regatta shall contain the following information:

- a) Time and place of the regatta.
- b) Situation and plan of the course.
- c) Classes and distance of the races.
- d) Sequence and starting times of races.
- e) Whether the races are to be held on still or running water, up or down stream and minimum depth of water.
- f) Amount of entry fee.
- g) Address to which entries should be sent and the last date for receiving entries. This date shall not be earlier than 14 days prior to the first day of the competition.
- h) Conditions/terms of participation

15. Entries

- 15.1 Entries for Open National Regattas can only be made in accordance with the regulations given in the invitation. An entry shall, however, always contain the following information:

- a) Name of club or federation to which competitors belongs.
- b) Classes and distances in which the competitors propose to compete.
- c) Name, sex, age, citizenship, national federation/BC membership number of competitors
- d) Similar details of reserves if any.
- e) All entries should be in writing (Online). Where verbal communication is used, it must also be confirmed in writing by the given deadline (midnight on the due date). In the event of conflicting information, the information with letterhead and/or signature will take precedence.
- f) Late entries are not normally accepted. The acceptance of late entries shall be at the discretion of the Competition Committee who may charge up to double the entry fee.
- g) **Racing Colours**

When making the entries, Clubs/squads must have given the colours of the uniform to be worn by the competitors, these colours must not be changed during the competition. **N.B.** *Every sprint racing club must register their racing colours with the RC (and any changes planned). All competitors must always wear the correct club/squad colours and for them to be visible at all times while racing.*

- 15.2 The Regatta Committee will accept entries up to the entry deadline which conform with the Sprint Racing rules and conditions/terms of participation. The Regatta Committee can reject or delete from the competition, entries of participants if it is found they have failed to observe the Sprint Racing rules and/or the conditions/terms of participation.

16. Regatta Programme

- 16.1 Not later than 48 hours before the first race of the regatta, the programme shall be available, giving the names and citizenship/clubs of the competitors and the results of the draw.

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17. Heats and Finals

- 17.1 At least three kayaks or canoes must be entered before a race can be held. If the number of entries in races up to and including 1,000 metres is so great that heats are necessary, the number of kayaks or canoes in each heat and in the final must not exceed nine (9).
- 17.2 The division of competitors into heats shall be determined by drawing lots.
- 17.3 For National regattas the procedure for selecting competitors to race in finals will be based on one of two criteria: either by time or by positions as obtained in heats. The criterion used for each event will be decided by the SRC and published in advance of the event and in the programme
- 17.4 Where the width of the course permits, eight or nine kayaks or canoes shall participate in the final if more than this number has been entered in the entire event, as follows:
- | | |
|------------------|---|
| 3 to 9 entries | Direct final. |
| 10 to 18 entries | Two heats, one Final |
| 19 to 45 entries | Required number of heats (3-5), two Finals |
| 46 and more | Required number of heats (6 or more), three Final |
- 17.5 When making the draw, the difference between the number of competitors in the heats of the race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the largest numbers.
- 17.6 Any crew which has not taken part in a heat as instructed shall not be allowed to compete in the final. The composition of a crew which has qualified for semi-finals or for the final must not be changed
- 17.7 Heats and the final shall be run on the same stretch of water.
- 17.8 For races of more than 1,000 metres, heats shall not be held, and all boats taking part shall start simultaneously.
- 17.9 Should the width of water not permit a simultaneous start, starts at regular intervals shall be permitted.

18. Team Leaders' Meeting

At least 1 hour before the first race of the competition, the team leaders' meeting is to be held. At this meeting the names of team leaders should be confirmed. The organisers will describe the regatta course and all other arrangements, which should be adhered to for the duration of the competition. The Chief Official will describe the competition programme and ask for any changes to the entries.

19. Alterations to Entries and Withdrawals

- 19.1 Notification of any alterations in the crews after the Team Leaders meeting must be given in written form to the Regatta Secretary's Desk at least **one hour before the race**.
- 19.2 The withdrawal from a race is considered final and no renewed entry of the same crew is allowed.
- 19.3 Every competitor whose entry has been confirmed, at the time of the team leaders meeting or subsequently not deleted via the Regatta Secretary's Desk is obliged to take part in their event.

20. Alterations in the sequence of events

The sequence of races given in the programme and the intervals between races as given in the racing programme are binding on the organisers. Alterations cannot be made unless the respective Team Leaders at the competition give their consent.

21. Course, Markings and Layout

The course consists of up to nine lanes, number one shall be on the left then number two and so on. *When there is television coverage of an event, the lane numbering may be in the opposite direction – from right to left, so that the list of competitors and their lanes shown on the television screen match the appearance of the races to be televised.*

- 21.1 For National Regattas and where possible for other competitions the turning points shall be marked by at least six flags (or buoys) which shall be readily distinguishable and shall, if

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- possible be diagonally divided with one half in red and the other half in yellow.
- 21.2 Both the start and the finishing lines shall be marked with red flags or buoys, at the points where these lines intersect the outer limits of the course.
- 21.3 Before the start of the races the racing course shall be measured and marked by means of clearly visible flags mounted on buoys.
- The course at the start shall permit a clear width when possible, of at least 9 metres for each lane.
 - For National Regattas the starting and finishing lines shall be at right angles to the course.
 - The finishing line shall be at least 45 metres long and be marked by two flags. The Finishing Line Judges must be placed as near to the finishing line as possible.
 - For National Regattas races up to 1,000 metres, the course must be straight and in one direction.
- 21.4 For races exceeding 1,000 metres turning points are permitted. For National Regatta races exceeding 1,000 metres the following conditions should be fulfilled, if possible:
- The distance between the starting line and the first flag of the first turning point (1st leg) shall be straight and at least 1,859.25 metres.
 - The distance between the last flag of the first turning point and the first flag of the second turning point (2nd leg) shall be straight and maximum 1759.25 metres.
 - The distance between the last flag of the second turning point and the first flag of the third turning point (3rd leg) shall be a maximum of 500 metres.
 - The specifications of all other stretches shall be in accordance with point "c".
 - The radius of each turn should, if possible be at least 40.5 metres.
 - Both the start and the end of the race shall be in front of the Finishing Tower.
 - The red flags of the finish line shall be placed as much to the outside as possible in order to get the widest feasible finish line.
 - Any starting pontoons are to be removed.
- 21.5 For competitions, including the National Championships, these conditions should be complied with, unless a special dispensation for the course has been obtained from the SRC through the Secretary.
22. **Boat Numbers**
All kayaks and canoes shall carry a vertical number plate made of non-transparent material marked with black numbers on white or yellow background indicating the lane. The numbers on the plate must measure 15 cm in height and 25 mm in thickness. The plates shall be placed on the centre line of the afterdeck or thwart. The size of the number plate shall be 18 x 20 cm. Any personal numbers provided by the organisers shall be placed on the competitor as required by the organisers.
23. **Instructions for Competitors**
Written instructions shall be available for competitors at least 2 hours before the start of the competition, containing the following information:
- Detailed information on the courses and their markings
 - Starting time
 - Starting line
 - Finishing line
 - Competitors racing number (if used)
 - Type of boat control
 - Position of any award ceremony

Part IV - RACING REGULATIONS

24. **Means of Propulsion**
- 24.1 Kayaks shall be propelled solely by means of double-bladed paddles.

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- 24.2 Canadian Canoes shall be propelled solely by means of single-bladed paddles.
- 24.3 The paddles may not be fixed to the boat in any way.
25. **Start**
- 25.1 Competitors shall be on the water at the start area, not less than three (3) minutes prior to the specified time of their race. The start area is defined as being the area of water within 100 metres before the starting line.
Two minutes before the defined starting time the competing boats must take the lane allocated.
- 25.2 Competitors shall be at the start area in time to allow satisfactory preparation for the start.
- 25.3 The start must commence without reference to any absentees.
- 25.4 If competitor(s) fails to start a final having taken part in the heat without a valid reason approved by the Competition Committee, will be penalised. A competitor, who arrives too late at the start, shall be considered to have voluntarily withdrawn and may be penalised under this rule.
- 25.5 When signalled by the Starter, the competitor will take the start position designated so that the bow of the boat is on the start line. When an automatic starting system is employed the competitor will place the bow of the boat in the starting boot. When all boats are properly aligned, the aligner, if used, will then raise a white flag.
- 25.6 If the Starter is not satisfied with the line-up he/she will call "STOP", and hand over to the Aligner for repositioning.
- 25.7 The starting command will be "Ready – Set – Go" ("Go" can be a shot or strong signal). At the "Ready" command the competitors begin their preparation to paddle. At the "Set" command the competitors place their paddle in the catch position. The competitor must not paddle forward or this action will be deemed to be a false Start. The boat must not move forward at this point in the starting procedure. The Starter when satisfied with the competitors positioning and attention will say "Go" (or shot or powerful sound). The competitors must only react to the start command/signal "Go" and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal/command "Go".
- 25.8 In the event of a false start, the Starter must immediately give a powerful sound signal. On hearing this signal all competitors must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending crew/s and give them a warning. In the event of a second false start by the same crew the boat will be disqualified from the race and must leave the starting area and the course immediately.
- 25.9 The Starter may also recall competitors for a new start in the event of any unforeseen circumstance – a malfunction of the starting equipment for example. In such a case the same powerful sound signal must be given. If a malfunction of the starting equipment was caused through a boat making a false start, the crew must be given a warning, even though that boat may not have crossed the start line. If the malfunction was not the cause of any competitor making a false start, no penalty shall be imposed.
- 25.10 The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will report any disqualification to the Chief Official.
26. **Paddling on the Course**
- 26.1 In races up to 1,000 metres, competitors must keep the whole of their boat within the five (5)-metre wide central area of their lane from the start to the finish of the course. Upon any deviation, the boat must go back immediately to this central area of the lane.
- 26.2 If a boat fails to actively return and/or gains an advantage in the race the boat may be disqualified from the event.
- 26.3 A boat which leaves its allocated lane must be disqualified from the event.
- 26.4 If a race is declared null and void, no change of the composition of a crew is permitted at the new start.
- 26.5 If there is a capsized competitor or crew is eliminated from the race.
- 26.6 The Course Umpire has the right to interrupt a correctly started race if unforeseen hindrances arise. The Course Umpires with a red flag and sound signal may affect such an interruption. Competitors must immediately stop paddling and await further instructions.

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- 26.7 If a paddle is broken a competitor cannot be provided with a new one by a supporter.
- 26.8 Paracanoes only: Spray decks must not be used unless permitted by the Chief Official due to severe water condition
27. **Pacing**
- 27.1 Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.
- 27.2 When a race is in progress, it is strictly forbidden for any crews not taking part in the race to interfere or impede the race by proceeding over a part of the marked course, this includes creating wash even from outside the marking buoys.
28. **Competitions for Long Distance**
- 28.1 Races of more than 1,000 metres, competitors may deviate from their lane providing they do not impede other competitors.
- 28.2 When a race is run on a course with turning points these shall be passed to port (i.e. in an anti-clockwise direction).
- 28.3 A competitor will not be disqualified for touching a turning buoy, unless, in the opinion of the Turning Point Umpires, an advantage has been gained there from. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning points.
- 28.4 If there is a capsize the competitor or crew is eliminated from the race if he/she or they are not able to get in the boat without outside help.
- 28.5 Any competitor who unnecessarily deviates from their course may be disqualified. is responsible for a collision or who damages the canoe or kayak or paddle of another can be disqualified and can be required to pay damages.
- 28.6 Group Racing and Overtaking
- a) When a boat is overtaking another boat, it is the duty of the overtaking craft to keep clear of other competitors at all times.
- b) When a boat is racing in a group of competitors it is the duty of all competitors in the group to keep clear of other competitors at all times. This rule applies to any manoeuvring within the group.
- 28.7 Collision or damage. Any competitor who is considered by the course umpire or race official, to have been responsible for a collision, or who damages the boat or paddle of another competitor may be disqualified.
29. **Finish**
- 29.1 The boat has finished the race when its bow crosses the finish line with all crew members in it. The Finish Line Judges will determine the result of the competition based on the order of the boats arriving according to the rules.
- 29.2 If two or more boats reach the finishing line at the same time they are awarded the same classification in the final. In the case of a dead heat finish for any position, which determines the advance to the next level of the competition the following rules will apply:
- a) Wherever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race each boat will advance. If necessary, lane number 10 will be used.
- b) Wherever there are not enough lanes available there will be a re-race between the boats involved 30 minutes after the race.
- c) In the case of a dead heat in the re-race, drawing of lots will determine the outcome.
- 29.3 At BC SRC sponsored events, 1 or more competitors may be selected at random to bring their boats to Boat Control after each race, except in the case of a National Championship finals where the first 4 boats to finish will be selected.

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30. **Tasks of Competitors after the Race**

- 30.1 The competitor must leave the course after the finish of the race and cannot disturb the next race.
- 30.2 The crews selected by the Competition Committee for boat control to proceed immediately to post race boat control, failure to do so will be penalised.
- 30.3 If selected for doping control, the competitor must comply with the obligations stipulated by the BC Anti-Doping policy.
- 30.4 Before the award ceremony the top three crews of the final must be present at the location and time indicated.
- 30.5 At National Championships, competitors must wear club, team/squad Racing Colours or Tracksuit at the award ceremony.

31. **Penalties.** Any infringement of the Sprint Racing Competition Rules or the Terms/Conditions of Participation will result in the imposition of a penalty. At the discretion of the Competition Committee this penalty may be either Disqualification, or a Warning delivered to a competitor via his/her Team Leader. At National Sprint Regattas a further option is the award of Penalty Points in accordance with National Sprint Regattas Disciplinary Procedures as described in Section B. In determining the specific form, a penalty will take, the Competition Committee will consider factors including, but not limited to, the nature of the race, the experience level of the competitor(s) involved and any further impact the decision may have.

- 31.1 Any competitor who attempts to win a race by any other than honourable means, who breaks the Racing Regulations, or who disregards the honourable nature of the Racing Regulations, will be penalised.
- 31.2 Should a competitor have completed a race in a kayak or canoe which is shown upon inspection not to conform with the classifications (see rules 9 to 12) and building regulations, he/she will be penalised.
- 31.3 A competitor who is deemed to have received external assistance during a race, including but not limited to objects thrown into the course, will be penalised.
- 31.4 A crew that has been accompanied along and adjacent to the racecourse by other boats while the race is in progress will be penalised.
- 31.5 Disqualifications by the Competition Committee may be confirmed in writing with the reasons. The Team Leader acknowledges receipt on a copy with the exact time, which is the start of the protest time.
Failure to deliver the copy confirmation of the disqualification to the team leader does not invalidate the disqualification.
- 31.6 The Competition Committee may discipline any competitor or Official whose behaviour is detrimental to the good order and conduct of the competition. The Competition Committee may disqualify him/her for that competition.

32 **Protests**

- 32.1 A protest against the right of an athlete/crew to compete in a race must be addressed to the Competition Committee and handed to the Chief Official, not later than one (1) hour before the start of the first race of the competition.
- 32.2 A protest, made during the competition must be in written form, addressed to the Competition Committee and handed to the Chief Official not later than 20 minutes after the Team Leader has been informed on the decision against his/her athlete or team and has signed the receipt.
- 32.3 All protests must be accompanied by a fee of £15.00. The fee will be refunded if the protest is upheld. *If the protest is not upheld the fee may not be refunded, at the discretion of the Competition Committee.*
- 32.4 When a protest or a report is made against an athlete or a team, the team leader of the athlete/team in question shall be presented with the protest or report to read.

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33 Appeals

In the case of National Championship Competitions, an appeal can be made to the National Championship Competition Jury in accordance with Rule 13.7. A fee of £70.00 shall accompany the appeal. The fee will be refunded if the appeal is upheld. The Jury decision is final.

Competitors have the right to appeal to the SRC through their club or team management against a decision of the Competition Committee, within 30 days following the end of the competition if after the end of the competition new facts become known that would substantially affect a decision made at the competition.

Matters of fact during a competition cannot be contested in an appeal.

A fee of £70.00 shall accompany the appeal. The fee will be refunded if the appeal is upheld. The BC SRC decision is final

Part V - SPECIAL RULES FOR NATIONAL CHAMPIONSHIP EVENTS

34. National & Open Championship Medals, National Champions and Trophies:

Only members of BC who qualify under Rule 8 can become a National Champion or be awarded a National Championship trophy.

34.1 National & Open Championship medals will be awarded to the first three boats, regardless of nationality

34.2 National Championship Trophies winners & the National Champion will be the best placed British paddler.

34.3 In the event there are fewer than three boats in a National Championship event, no medals will be awarded. If only three boats are in the event, then only a Gold medal will be awarded. If four or more boats are in an event the Gold, Silver & Bronze will be awarded.

Notes to the British Canoeing Sprint Racing Competition Rules

Races Exceeding 1,000 Metres at the National Water Sports Centre Nottingham, Rules 21.4 and 21.5

Because of limitations at the National Water Sports Centre - mainly the start pontoon being fixed for the Start of 5,000 metre or 2,500 metre events - it is not possible to comply with the Rule and provide the three courses required. The 2nd leg under the Rule is 47.75 metres too long. The requirements given in the Rule are those of the ICF, which the BC must shadow in its own Rules.

Long Distance Courses at the National Water Sports Centre, approved by the SRC

To provide flexibility there are three turning points with the start and finish of the turns as follows:

1. 10 metres beyond the finish line
2. 450 metres from the finish line
3. 1123 metres from the finish line

The standard domestic long distance race will consist of, 1 long lap to the turn at 1123metres mark from the finish line, plus 2 short laps turning at the 450 metres turn from the finish line and then finishing on the Finish Line in front of the Control Tower.

The British Canoeing – Sprint Racing Section Disciplinary Regulation & Code of Ethics, are available on the SRC website via this link http://canoeracing.org.uk/sprint/wp-content/uploads/2017/05/disciplinary_regulations_2017.pdf

www.regattareresults.org.uk

View the provisional results on your phone shortly after each race result is released

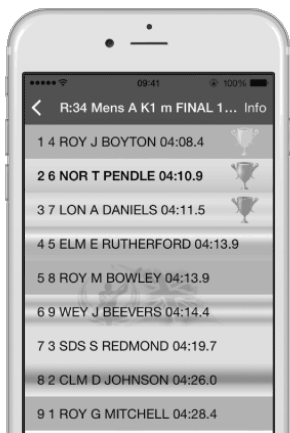


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- ⇒ *save it to your Home Screen*
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Available during the regattas only; thereafter the official results will be published on the website - www.canoeracing.org.uk/sprint



RegattaLive App



Sam Willis has developed an app called RegattaLive that takes the provisional results published on www.regattareresults.org.uk and puts them in a format that you can search. This new version works with the updated results system.

It's a free download for iPad and iPhone users from the Apple App Store - <https://itunes.apple.com/us/app/regatta-live/id930113294>

And an Android version is also available from Google Play - <https://play.google.com/store/apps/details?id=org.britishcanoeing.regattalive>

Remember that it will only work during the weekend, as and when the unofficial results are made available. After the regatta, the official results will be published on the website: www.canoeracing.org.uk/sprint



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NATIONAL SPRINT REGATTAS 2020

Date	British Canoeing Sprint Racing	Paddler Registration closing date	Entries closing date
28 th – 29 th March	Open & National Senior Championship Sprint Regatta. Including Senior Selections	Sunday 8 th March	Friday 13 th March
25 th – 26 th April	Open & National Junior & Paracanoe Championship Sprint Regatta. Including Junior, Paracanoe & Senior 5K Selections	Sunday 5 th April	Friday 10 th April
6 th – 7 th June	Open & National Under 23 Championship Sprint Regatta Including Under 23 & Senior Selections	Sunday 17 th May	Friday 22 nd May
4 th – 5 th July	Open & National Masters Championships Sprint Regatta. Including Junior Selections	Sunday 14 th June	Friday 19 th June
5 th – 6 th September	The Inter-Services Championship, and the National Inter-Club MacGregor Paddle Challenge Sprint Regatta.	Sunday 16 th August	Friday 21 st August

Sprint Racing National Regattas are held in accordance with British Canoeing Sprint Racing Competition Rules and the National Regatta Terms/Conditions of Participation.

Venue for all National Regattas: - **National Water Sports Centre, Holme Pierrepont Country Park, Adbolton Lane, Nottingham NG12 2LU** - situated just off the main A52 road from Nottingham to Grantham. It is signposted on all main roads leading into Nottingham. **Phone Number:** 0115 9821212

The National Water Sports Centre charge for onsite parking for each day during a regatta weekend using an Automatic Vehicle Registration Number Plate Recognition system.

Accommodation:

Bed & Breakfast is available on site at the N.W.S.C – all rooms are en-suite.

Campsite, run by N.W.S.C, situated across the road from the course with all the usual campsite facilities. No booking required except for electrical hook-up points & wooden pods.

Hotels The website at www.experiencenottinghamshire.com/ lists many hotels, B & Bs, farmhouses etc. across a wide price range.

Lunches and snacks are available from the Centre Cafeteria

National Regatta Programme; For sale at £3.00 at the Regatta Secretary's desk during the regatta or from the website; <http://canoeracing.org.uk/sprint/index.php/current-year-national-regattas/>

The Annual National Inter-Club Medal competition:

All British medal winners of National Championship events, including Paracanoe plus the Mini Sprint and Paddle-Ability Series medal winners gain points for their Clubs. Points will be allocated to each competitor awarded a Gold, Silver or Bronze medal. The winning club will be the club with the most points gained during the year. There will be a prize of a kayak for the club with the most points (medal winners) at the end of the season, presented at the Annual Consultative Meeting.

NATIONAL SPRINT REGATTAS 2020

Boats: there is no storage available onsite. It is entirely the owners' responsibility to ensure all their equipment is used with care, handled or moved around the venue safely and stored securely.

All boats must have adequate and visible buoyancy to keep the boat afloat when filled with water and to support the weight of the paddler(s). Competitors will be disqualified or incur penalty points if it's found they have paddled in a boat with insufficient buoyancy.

All canoes and kayaks are required to have a number slot on the centre line to the afterdeck of the boat and to comply with the minimum Weight Regulations. Boats are checked by 'Boat Control' at all national regattas. Scales are available at 'Boat Control' on which to check the weight of a boat before racing.

Lane Numbers: Paddlers/clubs require their own lane numbers (1-9). Sets are available for sale at £30 from the Secretary's desk.

Guidelines for entry to National Regattas.

See pages D1 & D2 in the Handbook for the 'Standards for Racing' chart for entry level times to race at National Regattas. All the ability classes shown together in a band have the same fastest and slowest standard times and/or HCs. The times between indicate how the times might change depending on the Handicap applied to allow for the weather conditions.

National Regatta Minimum Time Standards are monitored; **Penalty Points can be awarded** for not achieving the minimum national regatta standard times. Applicable only to the slowest classes for each group; i.e. when paddlers can't be demoted (allowance will be made for the prevailing weather conditions).

Club Registration Information to register or amend their Team Leaders and make online entries, via <http://canoeracing.org.uk/sprint/national-regattas/>

The Sprint Registration Scheme is a unique database for sprint clubs and paddlers. Team Leaders require a secure login to access the registration database, for login information email regattachair@britishcanoeing.org.uk

A Club's Sprint Coach or Sprint Team Leader can register paddlers online via <http://canoesprint.britishcanoeing.org.uk>

Team Leaders when **first registering their paddlers** must confirm paddlers have achieved the BC 2 Star or Paddle Explore qualification or have **paddling competency** equivalent to these awards.

Only Registered Paddlers can enter a British Canoeing National Sprint Racing Regatta. Paddler Registrations closes approx. 1 week before the regatta entry deadline.

All Competitors **must be current members of a National Federation. (i.e. British Canoeing, or WCA SCA, CANI).** The only exceptions are Mini Sprint or Junior Intermediate and D paddlers who are members of BC affiliated club with a registered junior section. The number used to register these juniors will be the club's affiliation number followed by their own club paddler number. When juniors are promoted, to division 'C' or above, they must become a member of British Canoeing. **Team Leaders will need to update the online Paddler Registration database with the juniors new BC number.**

NATIONAL SPRINT REGATTAS 2020

Ranking List: Not all the registered paddlers in the Paddlers Database are shown in the Ranking List. The Ranking List (Section E) is intended as a 'working' list and includes registered paddlers who have entered a National Regattas during the last two years or those considered likely to race in the current season.

Paddle Database: The Regatta Committee holds paddler information in a secure database for the purpose of organising and running regattas. This information includes names, gender, DOB, club and/or squad, ability and age classes. The system also holds data on entries and will in time hold results. Secure access to this database is provided to team or squad leaders who can only see the paddler records for their club or squad, and regatta administrators for the purpose of organising these regattas. Data is exported from this database for the annual handbook, for the timing system at the national regattas, and very occasionally for analysis to support the development of sprint racing. Timing data from the timing system is also used within the live results and live draws system during regattas.

We are guided by the 7 principles of GDPR, <https://ico.org.uk/for-organisations/guide-to-the-general-data-protection-regulation-gdpr/principles/>.

We do not pass on any personal data to 3rd parties.

National Regatta Entries are made by Team Leaders via the online entry system on <http://canoesprint.britishcanoeing.org.uk>

Payment of the entry fees must be made by Team Leaders when the entries are submitted

National Entries must conform with British Canoeing Sprint Racing Competition Rules (pages A9 – A25) and National Regatta Conditions/Terms of Participation (pages B11 – B16)

See also Team Leaders' Responsibilities on page B10 and Notes for Canoe classes on page B12

Regatta Event Fees: Will be reviewed annually: For 2020 fees are as follows:

Group	K1/C1	K2/C2	K4/C4
Senior Events:	£7.50 (late £12.50)	£15.00 (late £20.00)	£30.00 per boat (no late fee)
Junior Events:	£7.50 (late £12.50)	£15.00 (late £20.00)	£30.00 per boat (no late fee)
	Lightning K1	Hody style K2	Rocket K4
Mini Sprints:	£7.50 (late £12.50)	£15.00 (late £20.00)	£30.00 per boat (no late fee)

Please note that K4 / C4 fees include the cost of boat hire.

In the event of inclement and/or windy conditions the organisers may at their discretion cancel or postpone races or insist on the wearing of buoyancy aids.

An Orange flag will be displayed on the flagpole by the Finish Tower when buoyancy aids are compulsory for any (or all) classes of paddlers.

NATIONAL SPRINT REGATTAS 2020

Following trials over the last 2 years of Under 12 sprint K1 events this will now be expanded to include U14s for the 2020 National Regattas

Intermediate Sprint Kayak (U14) K1 events

Boys Intermediate Kayak (BIK) and Girls Intermediate Kayak (GIK)

These races will replace the BU12 and GU12 classes.

They would allow paddlers who are under 14 and have not reached the qualifying time for D classes but who meet the qualifying times for the Intermediate classes, 500m: K1: 2:46 for boys and 2:59 for girls.

The races are designed to provide a transition into D classes.

They will support last year's paddlers who raced in the U12 events, Lightning age paddlers who are already racing sprint K1s, U14 paddlers who are too old for Lightning events and new U14 paddlers.

The BIK and GIK will run over 500m in K1s at the June, July and September regattas. The April regatta being the National Championship event for juniors.

It will be the club's team leader's/coach's responsibility to make sure that their paddlers have achieved BC 2 Star or Paddle Explore qualification or have the paddling competency equivalent to that award and are confident and competent to paddle down the HPP course in a sprint K1.

For this event:

- Any sprint K1 boat, other than a Lightning may be paddled.
- Boys must be able to paddle 500m in a minimum of 2:46 and they will be all boys events
- Girls must be able to paddle 500m in a minimum of 2:59 and they will be all girls events
- Existing Lightning paddlers may enter the event providing they have reached the required time in a sprint K1 and their team leaders have registered them in the database with this K1 time as BIK or GIK.
- Those juniors registered in the Intermediate classes will be able to paddle with D classes for crew boat events. Lightning and Intermediate paddlers will not be able to race together in K2 as 50% of the boat's crew must be qualified for Girls or Boys D classes. Intermediate paddlers could paddle K4 in the D classes as long as at least 2 of the crew are registered as Girls or Boys D.
- All Intermediates for this class must always wear a buoyancy aid when they are on the water. The buoyancy aids must conform to the standards of the I.C.F. or E.N. 393 and 395.
- Once they have achieved the time for a Junior D class they will be promoted and not be allowed to race the Intermediate classes
- Any Junior D class paddlers who are under 14 are not allowed to enter the Intermediate class
- The Intermediate K1 events will score points for their club at the McGregor Inter-club regatta.

The Intermediate classes will be trialed this year and a review will be undertaken to determine future developments.



British Canoeing National Sprint Racing Regatta
Including selection events – Seniors; Olympic qualifier and World Cups

Open & National Senior Championship Sprint Regatta
National Water Sports Centre, Holme Pierrepont Country Park, Nottingham
28th - 29th March 2020

Paddler registrations close
Entry closing date

Sunday 8th March 2020
Friday 13th March 2020

Short Code	Class	Sunday's races are Shaded					
MEN	KAYAK	200m		500m		1000m	
MOK + MU23	Men Open	K1^{SN}		K1^{SN}	K2^{SN}	K4^{SN}	K1^{SN} K2^{SN}
MBK + MVAK	Mens B+ Masters A	K1		K1		K4	K2
MCK + MVBK	Mens C + Masters B	K1		K1		K4	K2
MDK + MVC/DK	Mens D + Masters C/D	K1	K2	K1		K4	
WOMEN	KAYAK	200m		500m		1000m	
WOK + WU23	Women Open	K1^{SN}		K1^{SN}	K2^{SN}	K4^{SN}	K1^{SN}
WBK	Womens B	K1		K1	K2		K2
WCK+WVBK	Womens C+W' Masters B	K1		K1	K2		
WDK/WVC/DK	Womens D + W M's C/D	K1	K2	K1	K2		
BOYS	JUNIOR KAYAK	200m		500m		1000m	
BAK	Boys A			K1	K2	K4	K1 K2
BBK	Boys B	K1		K1	K2	K4	K1 K2
BCK	Boys C	K1	K2	K1		K4	
BDK	Boys D	K1	K2	K1		K4	
GIRLS	JUNIOR KAYAK	200m		500m		1000m	
GAK	Girls A			K1		K4	K1
GBK	Girls B	K1		K1	K2	K4	K1
GCK	Girls C	K1		K1		K4	K2
GDK	Girls D	K1	K2	K1		K4	
	CANOE	200m		500m		1000m	
CMO + CMU23	Men Open	C1^{SN}				C1^{SN} C2^{SN}	
CWO + CWU23	Women Open	C1^{SN}		C1^{SN} C2^{SN}			
CWA/B/C/D	Canoe A to D – Female	C1	C2	C1	C2		
CMA/B/C/D	Canoe A to D – Male	C1		C1	C2		
CMA/B/C	Canoe A to C – Male						C1
	PARACANOE	R1	R2				
KMKLO	Men Open Kayak	K1	K1				
KWKLO	Women Open Kayak	K1	K1				
VMKLO	Men Open Va'a	V1	V1				
VVKLO	Women Open Va'a	V1	V1				
	PADDLE-ABILITY	200m		500m			
PAD	Paddle-Ability (Sat)	K1	K2	K1	K2		
PAD	Paddle-Ability (Sun)			K1	K2		

^N = Open & National Championship events: Races are 'Open' to non-UK Residents. Championship medals are awarded regardless of nationality to the first three boats with a minimum of 4 boats in the event

^{N.B.} The National Champion will be the best placed British Competitor.

^S = Selection events

All event schedules are published as provisional at this time and may be amended nearer the regatta



British Canoeing National Sprint Racing Regatta
Including selection events – Senior 5km, Junior and Paracanoe

Open and National Junior and Paracanoe Championship Sprint Regatta
National Water Sports Centre, Holme Pierrepont Country Park, Nottingham
25th – 26th April 2020

Paddler registrations close
Entry closing date

Sunday 5th April 2020
Friday 10th April 2020

Short Codes	Class	Sunday's races are Shaded							
MEN	KAYAK	200m		500m		1000m	5Km		
MU23K	Men Under 23	K1		K1 ^A	K2	K4	K1	K2	K1 ^S
MA/BK	Mens A/B	K1		K1	K2		K1	K2	
MVAK/MVBK	Masters A/B	K1		K1	K2	K4	K1	K2	
MCK/D	Mens C/D	K1	K2	K4	K1	K2			
MVCK/MVDK	Masters C/D	K1	K2		K1	K2			
WOMEN	KAYAK	200m		500m		1000m	5Km		
WU23K	Women Under 23	K1		K1 ^A	K2	K4	K1		K1 ^S
WA/BK	Womens A/B	K1	K2	K1	K2	K4	K1		
WCK/WVBK	Womens C+WM's B	K1		K1			K1		
WDK/WVC/DK	Womens D +WM's C/D	K1	K2	K1	K2	K4			
BOYS	JUNIOR KAYAK	200m		500m		1000m			
BU18	Boys Under 18	K1 ^{NS}		K1 ^{NS}	K2 ^N	K4 ^{NS}	K1 ^{NS}	K2 ^{NS}	
BU16	Boys Under 16	K1 ^N		K1 ^{NS}	K2 ^N	K4 ^N	K1 ^N	K2 ^N	
BU14	Boys Under 14	K1 ^N	K2 ^N	K1 ^N	K2 ^N	K4 ^N			
GIRLS	JUNIOR KAYAK	200m		500m		1000m			
GU18K	Girls Under 18	K1 ^{NS}	K2 ^N	K1 ^{NS}	K2 ^{NS}	K4 ^{NS}	K1 ^{NS}		
GU16	Girls Under 16	K1 ^N	K2 ^N	K1 ^{NS}	K2 ^N	K4 ^N	K1 ^N		
GU14	Girls Under 14	K1 ^N	K2 ^N	K1 ^N	K2 ^N	K4 ^N			
	CANOE	200m		500m		1000m	5Km		
CMU23	Men Under 23	C1				C1	C2	C1 ^S	
CMA/B/C	Men A-C					C1			
CWU23	Women Under 23	C1	C2	C1	C2			C1 ^S	
CWA/B/C	Women A-C					C1			
CBU18	Boys Under 18	C1 ^{NS}	C2 ^N	C1 ^N	C2 ^N		C1 ^{NS}	C2 ^{NS}	
CBU16/14	Boys 16/14	C1 ^N	C2 ^N	C1 ^{NS}	C2 ^N				
CGU18	Girls Under 18	C1 ^{NS}	C2 ^{NS}	C1 ^{NS}					
CGU16/14	Girls U16/14	C1 ^N	C2 ^N	C1 ^{NS}	C2 ^{NS}				
CAN	Canoe A to D – mixed	C1	C2	C1	C2				
	PARACANOE	R1	R2	R3					
KMKL1/2/3	Men KL1/2/3 Kayak	K1 ^{NS}	K1 ^{NS}	K1 ^{NS}					
KWKL1/2/3	Women KL1/2/3 Kayak	K1 ^{NS}	K1 ^{NS}	K1 ^{NS}					
VMKL1/2/3	Men VL1/2/3 Va'a	V1 ^{NS}	V1 ^{NS}	V1 ^{NS}					
VMKL1/2/3	Women VL1/2/3 Va'a	V1 ^{NS}	V1 ^{NS}	V1 ^{NS}					
	PADDLE-ABILITY	200m		500					
	Paddle-Ability -Sat	K1	K2	K1	K2				
	Paddle-Ability - Sun			K1	K2				
	MINI SPRINT SERIES	200m		500					
LTA	Lightning A	K1			K2	K4			
LTB	Lightning B	K1			K2	K4			


^N = Open & National Championship events: Races are 'Open' to non-UK Residents. Championship medals are awarded regardless of nationality to the first three boats with a minimum of 4 boats in the event

N.B. The National Champion will be the best placed British Competitor.

^S = Selection events

^A = Assessment events

All event schedules are published as provisional at this time and may be amended nearer the regatta

		British Canoeing National Sprint Racing Regatta Including selection events – Under 23 Men & Women							
		Open & National Under 23 Championship Sprint Regatta National Water Sports Centre, Holme Pierrepont Country Park, Nottingham 6th 7th June 2020							
		Paddler registrations close				Sunday 17 th May 2020			
		Entry closing date				Friday 22 nd May 2020			
Short Codes		Class		Sunday's races are Shaded					
MEN		KAYAK		200m		500m		1000m	
MU23K	Men Under 23	K1 ^{SN}		K1 ^{SN}	K2 ^{SN}	K4 ^{SN}	K1 ^{SN}	K2 ^{SN}	
MA/BK	Mens A/B	K1	K2	K1	K2	K4	K1	K2	
MC/DK	Mens C/D	K1	K2	K1	K2			K2	
MVAK +MVBK	Masters A/B	K1	K2	K1	K2		K1	K2	
MVCK +MVDK	Masters C/D	K1	K2	K1	K2			K2	
WOMEN		KAYAK		200m		500m		1000m	
WU23K	Women Under 23	K1 ^{SN}		K1 ^{SN}	K2 ^{SN}	K4 ^{SN}	K1 ^{SN}		
WA/BK	Womens A/B	K1	K2	K1	K2	K4			
WCK+ WVBK	Womens C +W' Masters B	K1	K2	K1	K2	K4	K1		
WDK+WVC/DK	Womens D +W' M's C/D	K1		K1	K2		K4	K2	
BOYS		KAYAK		200m		500m		1000m	
BAK	Boys A	K1		K1	K2	K4	K1	K2	
BBK	Boys B		K1	K2	K4	K1	K2		
BCK	Boys C	K1	K2	K1	K2	K4	K1	K2	
BDK	Boys D	K1	K2	K1	K2		K2		
BIK	Boys Intermediate			K1					
GIRLS		KAYAK		200m		500m		1000m	
GAK	Girls A	K1	K2	K1	K2	K4		K2	
GBK	Girls B			K1	K2				
GCK	Girls C	K1	K2	K1	K2	K4		K2	
GDK	Girls D	K1	K2	K1	K2				
GIK	Girls Intermediate			K1					
		CANOE		200m		500m		1000m	
CMU23	Men Under 23	C1 ^{SN}					C1 ^{SN}	C2 ^N	
CWU23	Women Under 23	C1 ^{SN}	C2 ^{SN}	C1 ^{SN}	C2 ^{SN}				
CAN	Canoe A to D – Mixed	C1	C2	C1	C2			C2	
CABC	Canoe A-C -Mixed							C1	
		PARACANOE		R1	R2				
KMKL1/2/3	Men KL1/2/3 Kayak	K1	K1						
KWKL1/2/3	Women KL1/2/3 Kayak	K1	K1						
VMKL1/2/3	Men VL1/2/3 Va'a	V1	V1						
VWKL1/2/3	Women VL1/2/3 Va'a	V1	V1						
		PADDLE-ABILITY		200m		500m			
PAD	Paddle-Ability - Sat	K1	K2	K1	K2				
PAD	Paddle-Ability - Sun			K1	K2				
		MINI SPRINT SERIES							
LTA	Lightning A			K1	K2	K4			
LTB	Lightning B			K1	K2	K4			

^N = Open & National Championship events: Races are 'Open' to non-UK Residents. Championship medals are awarded regardless of nationality to the first three boats with a minimum of 4 boats in the event

N.B. The National Champion will be the best placed British Competitor.

^S = Selection events

All event schedules are published as provisional at this time and may be amended nearer the regatta



British Canoeing National Sprint Racing Regatta
Including selection events – Juniors for Olympic Hopes
Open and National Masters Championship Sprint Regatta
National Water Sports Centre, Holme Pierrepont Country Park, Nottingham
4th -5th July 2020

Paddler registrations close
Entry closing date

Sunday 14th June 2020
Friday 19th June 2020

Short Codes	Class	Sunday's races are Shaded									
SENIOR KAYAK		200m			500m			1000m			
MA/BK	Mens A/B	K1			K1		K4	K1	K2		
MC/DK	Mens C/D	K1	K2		K1		K4	K1			
MO34	Masters over 34	K1 ^N			K1 ^N			K1 ^N			
MO44	Masters over 44	K ^N	K2 ^N		K1 ^N	K2 ^N		K1 ^N			K4 ^N
MO54	Masters over 54	K1 ^N			K1 ^N			K1 ^N			
MO64	Masters over 64	K1 ^N	K2 ^N	K4 ^N	K1 ^N	K2 ^N					
WA/BK	Womens A/B	K1	K2		K1		K4	K1			
WC/DK	Womens C/D	K1	K2		K1		K4				
WO34K	Women over 34	K1 ^N			K1 ^N						
WO44K	Women over 44	K1 ^N	K2 ^N	K4 ^N	K1 ^N	K2 ^N				K2 ^N	
MIXED KAYAK*		200m			500m						
MA/BK + WA/BK	Men A/B + Women A/B				K2						
MC/DK + WC/DK	Men C/D + Women C/D				K2						
BA/BK + GA/BK	Boys A/B + Girls A/B	K2									
BCK + GCK	Boys C + Girls C							K4			
JUNIOR KAYAK		200m			500m			1000m			
BAK	Boys A	K1			K1	K2	K4	K1	K2		
BBK	Boys B					K2			K1	K2	
BCK	Boys C	K1	K2		K1	K2		K1			
BDK	Boys D	K1	K2		K1	K2	K4			K2	
BIK	Boys Intermediate				K1						
GAK	Girls A	K1			K1	K2	K4	K1			
GBK	Girls B					K2					
GCK	Girls C	K1	K2		K1	K2		K1			
GDK	Girls D	K1	K2		K1	K2	K4				
GIK	Girls Intermediate				K1						
CANOE		200m			500m			1000m			
CWO	Canoe A to D – Female	C1	C2		C1	C2					
CMO	Canoe A to D – Male	C1	C2		C1	C2				C2	
CABC	Canoe A to C – Male							C1			
CANO	Andrew Bonham Memorial							C4			
PARACANOE		R1	R2								
KMKL1/2/3	Men KL1/2/3 Kayak	K1	K1								
KWKL1/2/3	Women KL1/2/3 Kayak	K1	K1								
VMKL1/2/3	Men VL1/2/3 Va'a	V1	V1								
VWKL1/2/3	Women VL1/2/3 Va'a	V1	V1								
PADDLE-ABILITY		200m			500m						
	Paddle-Ability - Sat	K1	K2		K1	K2					
	Paddle-Ability - Sun				K1			K2			
MINI SPRINT SERIES		200m			500m						
	Lightning A	K1				K2	K4				
	Lightning B	K1				K2	K4				

^N = Open & National Championship events: Races are 'Open' to non-UK Residents. Championship medals are awarded regardless of nationality to the first three boats with a minimum of 4 boats in the event

N.B. The National Champion will be the best placed British Competitor.

^S = Selection events

* Mixed Boats: requires an equal number of the crew from each gender, i.e. 2 boys x 2 girls

All event schedules are published as provisional at this time and may be amended nearer the regatta



British Canoeing Sprint Racing Regatta

The Inter-Services Championship and National Inter-Club MacGregor Paddle Challenge Sprint Regatta

National Water Sports Centre, Holme Pierrepont Country Park, Nottingham

5th -6th Sept 2020

Paddler registrations close

Sunday 16th August 2020

Entry closing date

Friday 21st August 2020

Short Codes	Class	Sunday's races are Shaded										
MEN	KAYAK	200m				500m				1000m		
ISM	Inter Services Men	K1 ^{IS}				K1 ^{IS}	K2 ^{IS}	K4 ^{IS}		K1 ^{IS}	K2 ^{IS}	K4 ^{IS}
MA/B	Mens A/B	K1				K1	K2	K4		K1		
MCK	Mens C	K1				K1	K2				K2	
MDK	Mens D	K1		K4		K1	K2					
MVAK	Masters A	K1	K2	K4		K1	K2			K1		
MVBK	Masters B	K1				K1						
MVCK	Masters C	K1				K1	K2				K2	
MVDK	Masters D	K1	K2	K4		K1	K2					
	WOMEN											
	KAYAK											
		200m				500m				1000m		
ISW	Inter Services Women	K1 ^{IS}	K2 ^{IS}	K4 ^{IS}		K1 ^{IS}	K2 ^{IS}	K4 ^{IS}				
WA/BK	Womens A/B	K1	K2			K1	K2	K4				
WCK/WVBK	Womens C +W Masters B	K1			K4	K1	K2					
WDK	Womens D	K1				K1	K2					
WVC/DK	Womens Masters C/D	K1	K2	K4		K1	K2					
	MEN & WOMEN											
	MIXED KAYAK											
		200m				500m				1000m		
MA/B+WA/B	Mens A/B + Womens A/B						K2				K2	
MC/D+WC/D	Mens C/D + Womens C/D				K2			K2				
	BOYS											
	JUNIOR KAYAK											
		200m				500m				1000m		
BAK	Boys A					K1	K2	K4		K1	K2	
BBK	Boys B	K1				K1	K2	K4		K1	K2	
BCK	Boys C	K1	K2			K1	K2	K4				
BDK	Boys D	K1	K2			K1	K2	K4				
BIK	Boys Intermediate					K1						
	GIRLS											
	JUNIOR KAYAK											
		200m				500m				1000m		
GAK	Girls A	K1	K2			K1	K2	K4				
GBK	Girls B					K1	K2	K4				
GCK	Girls C	K1	K2			K1	K2	K4				
GDK	Girls D	K1	K2			K1	K2	K4				
GIK	Girls Intermediate					K1						
	CANOE											
		200m				500m				1000m		
CWO	Canoe A to D – Females	C1	C2			C1	C2					
CMO	Canoe A to D – Male	C1	C2			C1	C2					
CABC	Canoe A to C – Male										C1	
CAN	Canoe A to D – Mixed							C4				
	PARACANOE	R1	R2									
KMKL1/2/3	Men KL1/2/3 Kayak	K1	K1									
KWKL1/2/3	Women KL1/2/3 Kayak	K1	K1									
VMKL1/2/3	Men VL1/2/3 Va'a	V1	V1									
VVKL1/2/3	Women VL1/2/3 Va'a	V1	V1									
	PADDLE-ABILITY											
		200m				500m				1000m		
PAD	Paddle-Ability – Sat	K1	K2			K1	K2					
PAD	Paddle-Ability – Sun					K1	K2					
	MINI SPRINT SERIES											
		200m				500m				1000m		
LTA	Lightning A					K1	K2	K4				
LTB	Lightning B					K1	K2	K4				

NATIONAL SPRINT REGATTAS

SUMMARY OF TEAM LEADERS' RESPONSIBILITIES

PRE-REGATTA – At the Club & Submitting Entries

- Update any changes of Team Leader and/or Deputy Team Leader, including contact details for both, via the online Database.
- Discuss any plans to change the club's racing colours to the Club Colours Official on Regatta.ClubColours@Britishcanoeing.org.uk
- Ensure that the club you are representing is affiliated to British Canoeing
- Ensure all paddlers have achieved the relevant standard (time & proficiency) to compete at National Regattas. (**Note:** Penalty Points may be awarded if the minimum standards for racing at National Regattas are not achieved in races).
- Ensure paddlers hold current BC membership before submitting their entries.
- Update any changes to club paddler information (i.e. newly promoted Girls/Boys C membership number:) via the online Database.
- Ensure that paddlers understand the BC Sprint Racing Competition Rules and the Terms/Conditions of Participation at National Regattas.
- Encourage paddlers to purchase their own Sprint Handbook.
- Advertise the National Regattas to club members.
- Complete the regatta entries online by the closing date & **arrange payment of the race fees promptly after the closing date.**
- Check timetable for clashes and problems. Check the regatta Start Lists to ensure that every entry you made is shown correctly.
- Check for and pass on to your club members any additional rules, safety information or changes notified via the programme or noticeboards.

BEFORE THE START OF RACING

- Ensure paddlers and their boats are adequately prepared for the conditions
- Ensure that all paddlers comply with and are fully aware of safety measures
- Check that boats have sufficient and visible, additional buoyancy to keep the boat floating level with the water and support the crew when capsized.
- Arrive on time for the Team Leaders' meeting. Be ready with all known deletions and crew changes. Make any late entries (if lanes are available) during the meeting.
- Advise paddlers of any changes and/or alterations to the programme.

DURING COMPETITION

- Ensure paddlers arrive in time for their races, wearing club colours which are visible and with the correct lane number.
- Ensure that K4s/C4's, if required, are booked in advance. Boat hire is included in the Race Entry Fee.
- Be available during the competition to act on behalf of your club regarding, further crew changes or deletions.
- Be available during the competition to answer queries or receive notification of disqualifications, problems or protests involving paddlers from your club.
- Collect from, and promptly return to, the Secretary's Desk all Long Distance Numbers. A deposit of £10.00 is required.

AFTER THE REGATTA

- Display the Official results on Club notice board
- Advise your club paddlers of any promotions or demotions

NATIONAL SPRINT REGATTAS

Terms/Conditions of Participation

1. Team Leader Appointment

a) Clubs do need to register the name of the Club's Team Leader (and if you wish, a nominated Deputy or Assistant), to receive a password for the online Database, accessible via <http://canoesprint.britishcanoeing.org.uk>.

b) If the registered Team Leader is unable to attend a regatta then he/she should nominate a Temporary Team Leader for that regatta while making the online entries for the regatta.

2. Communication

The Organising and Competition Committees will only communicate with Team Leaders (or their nominated deputies/temporary team leaders).

3. Safety

3.1 The Team Leaders are responsible for the safety of their club members and should ensure that:

a) Paddlers are suitably dressed for the weather, water and race conditions.

b) Paddlers are able to perform basic capsizing drills and are briefed on what to do when approached by an umpire boat

c) Paddlers can swim at least 50 metres in clothing without a personal flotation device.

d) Boats must have sufficient buoyancy to float level with the water while supporting the crew when capsized. Boats' inherent buoyancy must be supplemented by additional and visible fixed flotation material or by the provision of sealed bulkheads.

e) All competitors are in possession of a lifejacket or buoyancy aid that conforms to the standard of the I.C.F or EN 393 & 395.

f) Paddlers are aware that the Competition Committee may at their discretion cancel or postpone racing or insist on the wearing of buoyancy aids. Whenever buoyancy aids are compulsory (for defined classes of paddlers, or all) an Orange flag will be displayed on the flagpole by the Finish tower.

3.2 In the event of an electrical storm paddlers will be required to leave the course immediately. A public address announcement will be made, umpire boats will ring a bell. Racing will not recommence until deemed safe by the Competition Committee.

4. Club Colours

4.1. The Paddler's registered club 'colours' must be worn and be visible when competing.

a) Crew boats where more than one club is represented, paddlers must wear the club colours for the club in whose name they are registered.

b) Clubs racing for the **first time at a National Regatta** may request exemption by applying to the Club Colours Official on Regatta.ClubColours@Britishcanoeing.org.uk to arrange a limited period when the club's competitors can wear a plain white shirt with no markings. The club must register its colours within this limited period.

5. Entries.

a) Team Leaders need to complete their club's online entries before the entry deadline.

b) Team Leaders are responsible for the payments for all their club's entries which must be **made when submitting the Entries**, either by bank direct transfer or by phone to the BC Office using a credit or debit card or post a cheque to the BC Office.

c) Telephone entries are not accepted.

d) The entry closing date is normally the Friday 2 weeks before the event.

e) No entries are accepted after the deadline other than at the Team Leaders meeting if spare lanes are available, then Team Leaders may be able to request a 'Late' entry.

f) Entries made without the correct fee(s) being paid when the entries are submitted can be charged as 'Late' Entries (and extra £5 per seat).

g) No refund of race fees will be made in the event of cancellation of part or the whole of the competition for whatever reason

If you require more information or assistance, please email either:

regatta_chair@britishcanoeing.org.uk for technical queries, for passwords for logging in to the Online Entry System or regatta.chiefofficial@britishcanoeing.org.uk for queries regarding the events or the rules.

NATIONAL SPRINT REGATTAS

Terms/Conditions of Participation

6. Notes on Classes

a) Kayak competitors are divided into Men & Women; these two subdivisions are then further divided by age into groups Senior, Masters (over 34yrs) & Junior (under 18yrs), They are then further divided into age and/or ability classes, as shown on the Standards for Sprint Racing (pages D1 & D2).

b) Masters; the first year a paddler can compete in a Masters' event is the year of their thirty fifth birthday (35th) providing they are **not** already ranked in Men's 'A' or Women's 'A.' who, irrespective of their age cannot compete in Masters events.

c) Canoe paddlers are divided into Men & Women. These two subdivisions being further divided into two age groups Junior & Senior. They are then divided into age and/or ability classes as shown on the Standards for Sprint Racing (pages D1 & D2).

N.B. - Canoe races: will be separated by gender, except for the regattas when there are Canoe National Championship events. Junior & Seniors will be combined in seeded Finals (i.e. male, senior & junior paddlers). The genders may be combined when entries are low. Athletes will be seeded from regatta to regatta and placed in the most appropriate seeded finals. If there are 27 or more entries for an event, into seeded heats progressing by time to 2 Finals. Fastest Men/Boys = Final M, Fastest Women/Girls = Final W

d) Promotions/Demotions within classes will be based on improvement/decline in standard of performance as calculated during the regatta while allowing for any changing conditions.

N.B. See page D3 for more information on how promotions are calculated.

Promotions once ratified by the SRC Ranking Officer, will be notified as part of the Official Results published after the regatta and will take effect at the next regatta.

Demotions proposed by the SRC Ranking Officer will be notified to the club's Team Leader for the club's agreement or comments/reasons to reconsider the proposed demotion.

e) When applying for registration, the time submitted is the time recorded for a 500m test/race, in order that new paddlers can be classified in the class best suited to their ability. Beginners **do not** automatically start in the "D" group.

f) The charts 'Standards for Sprint Racing' on pages D1 & D2 demonstrate the way in which the subdivision bands are made according to speed. The ability classes shown together in a band have the same fastest and slowest standard times. The times in between indicate how the times might change depending on the Handicap applied to allow for the weather conditions. Penalty Points may be awarded if the minimum standards for National Regattas are not achieved in classes when paddlers can't be demoted.

g) Combined Events - To facilitate programming, the Organising Committee reserves the right to combine classes in any distance at any regatta.

h) Paddlers, can **ONLY** race in their designated (K1 and C1) class for all single events

Exceptions may be made only at the request of a national coach.

i) Competitors may race in a 'Standards for Sprint Racing time band' above their designated K1/C1 class (racing up) in crew boats but only when at least 50% of the crew boat is of the designated class. With the following exceptions: -

- i) Men or Boys may not paddle in Women or Girls races
- ii) Seniors or Masters may not paddle in Junior races
- iii) Seniors or Juniors may not paddle in Masters races

The timetabling of races can't allowance for racing out of class in crew boats

NATIONAL SPRINT REGATTAS

Terms/Conditions of Participation

6. Notes on Classes, Cont'd

j) Open and National Championships:

Age classes	Born between	Age class abbreviations
Junior paddlers will race in the following Age Classes		
Under 14	2006-2007	BU14 GU14 CBU14 CGU14
Under 16	2004-2005	BU16 GU16 CBU16 CGU16
Under 18	2002-2003	BU18 GU18 CBU18 CGU18
A junior paddler who has been promoted to Senior status on ability may for National Championships and selection events, race in his/her junior age group		
Senior paddlers will race in the following Age Classes		
Under 23	1997-2001	MU23 WU23 CMU23 CWU23
Senior Open	1996 or earlier	MOK WOK CMO CWO
Masters Men paddlers will race in the following Age Classes		
Over 34	1976-1985	MO34
Over 44	1966-1975	MO44
Over 54	1956-1965	MO54
Over 64	1955 or earlier	MO64
Masters Women paddlers will race in the following Age Classes		
Over 34	1976-1985	WO34
Over 44	1975 or earlier	WO44
Paracanoe paddlers will race in the following classification groups		
Paracanoe	Kayak	KMKL1 KMKL2 KMKL3 KWKL1 KWKL2 KWKL3
Paracanoe	Va'a	VMVL1 VMVL2 VMVL3 VVWL1 VVWL2 VVWL3

7. Before Team Leaders meeting: Check your Programme

a) Once the Regatta Programme is available online, Team Leaders should check their club's entries in order to raise any issues for correction at the Team Leaders Meeting.

Note. You may find it useful to print a copy of your entries for this purpose as the meeting goes very quickly and leaves no time for hesitation.

b) The Organising Committee will do its best to arrange the programme so that all races in each class are scheduled to give a minimum rest period of 40 minutes between races. Any competitor racing in crew boats above their designated class or in two designated classes i.e. both kayak and canoe, cannot expect the programme to accommodate this situation.

8. Team Leaders' Meeting

a) There will be 1 meeting per regatta, at 8am on Saturday (unless otherwise stated) at the regatta course. If the meeting cannot be completed in a reasonable time it will be adjourned and the time of the reconvened meeting announced.

b) Each club's nominated Team Leader will make the deletion, alterations and late entries for their club at the meeting.

c) The Team Leader will be responsible for all the money owed for all entries placed. This money must be paid by 4pm. on Saturday. Failure to pay on time will incur a £20.00 surcharge that must be paid by the end of racing on Saturday. Failure to meet this deadline will result in all paddlers from that club being disqualified from Sunday's racing.

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8. Team Leaders' Meeting, Cont'd

d) Procedure for Team Leaders Meeting

- i) Team Leader signs in on arrival.
- ii) Meeting commences promptly at 8.00 a.m.
- iii) Technical announcements.
- iv) If there are any objections to the programmed order of events, they must be raised at this stage.

e) Late entry provision: -

- i) Events will be dealt with in race order.
- ii) The Chief Official will call out in order each set of heats (or finals, if there are no heats). Team Leaders need to delete any of their competitors not intending to race and make changes of names in crew boats. Team Leaders should call out the lane number first, then the club followed by the competitors' name(s).
- iii) If there are any vacant lanes the Chief Official will ask Team Leaders to raise one hand for each late entry they wish to make. If there are more late entries required than vacant lanes available, a draw will take place.
- iv) Late entries for long distance events (5 km.) only can be made up to one hour before the race, on payment of the standard late entry fee. Entries can be made on the form available from the Regatta Secretary's desk.

9. Additional Late Entries (after the Team Leaders' Meeting)

Extra late entries after the Team Leaders meeting for laned races will only be accepted in exceptional circumstances and at the discretion of the Competition Committee.

Any such entries will be charged at a double entry fee.

10. Lane Numbers

- a) All boats must be fitted with a Number slot on the centre aft line of the boat and the correct number displayed in all races.
- b) Races of 1000m or less require a Lane number. Sets of numbers 1-9, are available for sale at £30 from the Regatta Secretary's desk.
- c) For races over 1000m in length, long distance races number boards are obtained from the Regatta Secretary's desk by Team Leaders. A deposit of £10 will be charged and £5 deducted from the deposit for any numbers lost or not returned.

11. Crew Names

- a) Notification of any late deletions or changes to crew names must be made at the Regatta Secretary's desk at least 60 minutes before the race.
- b) Any crews boat without notification of a full set of names may be allowed to start the race but will not appear in the results, nor will they go forward to the next round of the competition.
- c) Paddlers who take the place of other paddlers without the proper 'change of crew' notification being made at the Regatta Secretary's Desk, could be liable to 1 penalty point for each paddler in the boat and the boat disqualified from the event.

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12. K4/C4 Hire

- a) K4s for hire will be stored on racks outside the boathouse.
- b) K4s must not be put down on the ground & crews must not sit in the K4s except when they are on the water.
- c) Young paddlers must be supervised by a responsible adult when launching and recovering the boats. The Organising Committee reserves the right for their Boathouse Official to refuse a boat to any youth crew that is not accompanied by an adult.
- d) Check your boat before you use it. If it is not in order or damaged, please report the fact to the Official, so that you are not accountable for any loss or damage.
- e) C4/K4s can be booked for any race during the day as soon as the boathouse is open, and the Boathouse Official is present.
- f) Crews must supply their own wingnuts and toggles when they report to collect the boat they have booked.
- g) Crews must use the boat allocated or risk disqualification from the race.
- h) Plastex K4s will only be allocated to Senior or Junior A, or combined A/B, class races.

13. Protests & Disqualifications

- a) Notification of disqualification will only be made to the Club's Team Leader or his/her nominated deputy. Failure to notify a disqualification does not invalidate the disqualification.
- b) Any protest or appeal must be made by the named Club's Team Leader.

Note: While every effort is taken to do so it should be realised that it is impossible to adequately umpire all races in every regatta. Where infringements are observed these will be reported to the Competition Committee who will, if necessary, inform the offending paddler's Team Leader. Not all infringements may be observed by Officials, Team Leaders have a responsibility to explain this situation to paddlers who could become frustrated by what might seem to be an arbitrary system of justice.

14. National Regatta Draws and Results

The lane Draws for Finals following the heats of an event and the Unofficial Results are available online during the regatta from www.regattaresults.org.uk. The Official Results including promotions will be available as soon as possible after the event from www.canoeracing.org.uk/sprint/

15. Car Parking

- a) Team Leaders MUST take an active part to see that club members observe the car parking lines. **Access for emergency vehicles must NOT be impeded.** Particular attention should be paid to the access road in the vicinity of the Centre Buildings.

Note: The access road and pontoon on the seating side of the tower is a No Parking Area.

- b) Parked cars must not obstruct the launching access for K4s to the concrete pontoons in front of the boathouses.
- c) Owners should park their vehicles within the marked designated parking areas, responsibly, safely and without causing obstruction at all times.
- d) At certain times during a competition it may become necessary for safety reasons to restrict movement of vehicles on all, or parts of the access roads around the course. Notice will be given if this is required

16. System for junior membership of a British Canoeing Affiliated Club

- a) A junior club member need not be a full member of BC in order to race in the Mini Sprint Series or Junior Intermediate and D Classes provided they are a member of a BC affiliated club with a Registered Youth Section. The membership number used for sprint registrations will be the club's

NATIONAL SPRINT REGATTAS

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affiliation number followed by his (her) own individual club number.

b) When promoted to class 'C' or above, the junior must become a full member of British Canoeing in their own right. **Team Leaders will need to update the online Paddler Database with the juniors new BC number as soon as possible.**

17. 'Tiddly Winks' and Boards

Coloured counters (known affectionately as Tiddly Winks) are awarded for the first three places in all Final Ones in the junior classes. These awards can be collected from the Regatta Secretary's desk. Also, available, at a cost of approximately £6.50, is a small wooden board on which the self-adhesive counters can be mounted for posterity!

18. All National Regattas are held in accordance with British Canoeing Sprint Racing Competition Rules and these terms/conditions of participation.

British Canoeing Sprint Regatta "Liability" Statement

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. **In all cases competitors compete entirely at their own risk.**

The Regatta Organisation, the Sprint Racing Committee and British Canoeing exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be current members of British Canoeing except for juniors ranked in Girls D, Boys D, Girls Intermediate or Boys Intermediate and 'Lightning A' or 'Lightning B' who are members of BC affiliated clubs with a registered junior section. Regatta Entries are accepted on the basis that each competitor and Parent / Guardian of a junior, is aware of and has accepted the above conditions. Team Leaders are to ensure that all their club competitors are aware of and accept the above statements.

In the event of unsuitable weather conditions, the organisers may at their discretion cancel or postpone races or insist on the wearing of buoyancy aids. An Orange flag will be displayed on the flagpole by the Finish Tower to indicate that buoyancy aids are compulsory for any (or all) classes of paddlers.

INTER-CLUB NATIONAL COMPETITION

The MacGregor Paddle Challenge



John MacGregor M.A., Trinity College, Cambridge; (1825-1892) Barrister-at-Law, Captain of the Royal Canoe Club, through his extremely popular books and magazine articles from 1865 to 1892, practically invented the sport of canoeing (or kayaking).

The beginning of recreational canoeing can be traced directly to an Englishman, called John MacGregor, in the middle of the nineteenth century. He was a man with a penchant for boat design and exploration, who developed his craft based on the Eskimo Kayak, which he named *Rob Roy*. He took the boat on long journeys along the rivers and across the lakes of Europe, lecturing and writing about his travels as he went. His tales attracted quite a following and soon there were many kayaks in Great Britain based on his kayak design that is still referred to as a *Rob Roy*.

Canoes are the larger category under which kayaks are canoes, not all canoes are kayaks. Paddlers in kayaks sit with their legs stretched out in front of them and canoeists generally paddle from a kneeling position. Most canoes are open hulled; while kayaks have covered decks. Canoe paddles are typically single bladed, while kayak paddles are double ended.

Some might say these differences occur because of the type of water available, but a look at the evolution of British canoeing culture during the past one hundred and twenty years would suggest that the major changes are due to those who have written and taught, coupled with the availability of canoes or kayaks.

The first period from 1865 evolved from the founder of British canoeing, John MacGregor. His book, *A Thousand Miles in the Rob Roy Canoe*, fired the imagination of the Victorians. The *'Rob Roy'* was a stable kayak, went in a straight line and had a large cockpit. Made of wood, it was easy to handle and a boat in which any beginner would have felt safe. In this period, wooden canoes were imported and were used for family outings and touring, the limitation to the growth was the cost of the wooden craft. The second period from the 1930s to the 1950s is identified with the wooden frame and canvas kayaks and the start of the BCU Coaching Scheme. Percy Blandford wrote books and produced a host of designs for the Scout movement, which brought canoeing to a much wider number of people. The low cost, make-it-yourself PBK (Percy Blandford Kayak) designs, were, like the *'Rob Roy'*, stable, went in a straight line, and had large cockpits. The British Canoeing Coaching Scheme was started in the 1950s by John Dudderidge. The original proficiency tests were designed around the use of the open cockpit straight-line kayak.

The third period, which had a massive impact on both the expansion and the change in direction of British canoeing culture started around the early 1960s, when in 1962, the BCU appointed its first Director of Coaching, Oliver Cock, giving added drive to what was to become a very powerful teaching scheme. For various reasons, the Coaching Scheme became more and more interested in rough water canoeing. At the same time, glass reinforced plastic became available. Moulds were produced for the home builder and the designs reflected the interest in rough water. Thousands of kayaks were produced with rockered hulls and small cockpits. By 1980, the Coaching Scheme had 3,000 members almost all teaching in the close fitting cockpit kayak. So powerful had that culture become that, if the word 'canoeing' is mentioned to almost anyone in Britain, their immediate image would be that of a young man or woman strapped into a kayak, wearing a crash helmet and wetsuit, performing turns and rolls on rapidly moving rivers. This was a great image for the adventurous teenager but daunting for many others who might wish to paddle. Indeed, a far, far cry from the canoeing of MacGregor.

MacGregor spent part of his youth in Halifax, Nova Scotia, where his father was stationed in the 1830s in a fort. He may have picked up some canoeing experience there.

Reading his books, one notices he carried in his canoe a number of religious tracts (in a movement called "Muscular Christianity") written in the local language and was always ready to hand them out. He did not travel on Sundays, but did lecture on his travels and gave much of the profits to charities, especially to boys in the inner cities.

He published accounts of several other canoe cruises, including one to Scandinavia and another to Jordan and Egypt. The appendix to that book gives some construction details for his canoe designs.

His wooden split paddles were presented to Royal Canoe Club in 1959. Subsequently these were used as the trophy at the 1977 BCU National Inter-Club Sprint Racing Regatta, being first presented to the winning club, Fladbury and still fought over annually. A full list of winners can be found on page C14.

INTER-CLUB NATIONAL COMPETITION

The MacGregor Paddle Challenge is a National Inter-Club Sprint Racing competition for competitors register in a national sprint 'standards for racing' ability class.

Scoring for the MacGregor Paddle Challenge.

1. Each Club will gain 5 points to their score for each promotion accredited to any: Junior (Intermediate & A to D), Masters (A to D) or Senior (A to D) ability class paddlers from their club since and including the previous MacGregor regatta.
2. Each Club will have deducted from their score, penalty points accrued by any Junior (Intermediate & A to D), Masters (A to D) or Senior (A to D) ability class paddler from their club since and including the previous MacGregor regatta.
3. The scoring at the Inter-Club Regatta will be on the following basis:
Each Club will score its best results from: Junior (Intermediate & A to D), Masters (A to D) or Senior (A to D) ability class paddlers.
 - 12 K1/C1 results in all finals
 - 6 K2/C2 results in all finals
 - 3 K4/C4 results in all finals

Points will be awarded on the following basis provided there are at least three crews participating: First 20 points, second 19 points, third 18 points and so on.

4. Other rules:
 - a. Composite crews, with members from more than one Club, do not score points.
 - b. At least 50% of the crew must be registered in the class in which they are racing. i.e. 2 paddlers in a K4 or 1 paddler in a K2. Crews may be made up with paddlers from a lower ability band with the following exceptions:
 - i. Men may not paddle in Women's races.
 - ii. Boys may not paddle in Girls' races.
 - iii. Seniors or Masters may not paddle in Junior races.
 - iv. Seniors or Juniors may not paddle in Masters races
 - c. No one may enter any singles class other than their designated class as registered on the Paddler Database. Exceptions may be made at the request of a national coach.

NATIONAL SPRINT REGATTAS DISCIPLINARY PROCEDURES

Offences Incurring Penalty Points

The Chief Official as Chair of the Competition Committee has the final discretion for all disciplinary matters of a minor nature, under the operation of a penalty points system (see Rule 31 of the British Canoeing Sprint Racing Competition Rules). The Competition Committee may issue penalty points to paddlers in respect of the following offences that are considered to be detrimental to the efficient operation of regattas and / or potentially hazardous.

Code Infringement

- C Racing in incorrect colours
- N Racing with incorrect or missing number
- Z Failure to observe water zoning procedures
- S Unauthorised substitution for another paddler
- F Failure to report, having qualified, for a final
- D Conduct during racing likely to cause injury or damage to equipment
- L Use of offensive language
- U Underweight boat (see note 1)
- R Failure to report for boat weighing immediately (see note 2)
- B Insufficient buoyancy (see note 3)
- T Race times below minimum Sprint Standards of Racing for National Regattas (see note 4)

Notes

1. Weights must be properly fixed to the boat or seat. Stones in a bag loose in a boat or any other temporary system will not be accepted.
2. Boats required for weighing will be notified shortly after the finish of the race. The required boats' lane numbers will be displayed on the pontoon by the Finish Line and the lane numbers will be announced by Commentary.
3. Boats buoyancy will be checked. Penalty points will be applied, or competitors can be disqualified from a race if Officials find a boat has been on the course without visible additional buoyancy (or fixed bulkheads).
4. Applicable only to the slowest classes for each group, i.e. when paddlers can't be demoted, (Mens D, Masters D, Womens D, Women Masters D, Boys D & Girls D)

Accumulation of Penalty Points and Penalty Fines

1. When a paddler accumulates a total of 4 or more penalty points, he / she is liable for a fine of £10 per point in excess of 3 points.
2. Fines are to be paid at the Regatta Secretary's Desk
3. **A paddler liable for a fine cannot race until the fine has been paid.**
4. Penalty points are accumulated over 4 consecutive regattas and are not restricted to a single year. Thus, for example, penalty points incurred in the last regatta of the year will remain active until the start of the 4th regatta of the following year.

Notification

Team leaders may be notified when a penalty point has been issued to a paddler from his / her team. A record of all the active penalty points is listed at the end of the official results for each regatta.

Disciplinary Matters of a More Serious Nature.

In respect to all other disciplinary matters the Chief Official, Competition Committee and the Competition Jury must act as described in the Sprint Racing Competition Rules which include penalties in accordance with British Canoeing Rules or Disciplinary Regulations.

N.B. A reported incidence of dissent / abuse towards a Regatta Official, another competitor or their equipment, or a spectator must be treated as conduct prejudicial to the interests of the sport and dealt with under British Canoeing Disciplinary Regulations.

MINI SPRINT SERIES 2020

The Mini Sprint Series is run alongside the National Sprint Regattas held at Holme Pierrepont in Nottingham during the 2nd, 3rd, 4th and 5th Regattas.

The Mini Sprint series has been specifically developed to suit the needs of young people who have chosen this discipline at this time. It is part of the Paddlesport foundation which helps them progress into whichever discipline they may eventually choose. The programme has taken into account that full sized K1s, K2s and K4s are too large for young people. Together, Canoe England's Paddlesport Participation Programme and British Canoeing Sprint Racing Committee have formed the Mini Sprint Series. This has evolved from the Lightning series that was originally only a K1 event. Now as a weekend event it is giving racing experience on the National course so that the paddlers have a smooth transition into the Class D events.

The aim of the series is:

- To introduce young paddlers to the venue.
- To develop experience of sprint competition at a national event.
- To develop teamwork.
- To have the opportunity to develop competitive paddling skills.
- To become motivated to progress through to the main classes.
- To meet and make friends with paddlers from other clubs.
- **To enjoy, have fun and become confident sprint paddlers.**

Team leaders notes on entries and kayaks

- The paddlers will now compete over 200m and 500 m in Lightning K1, at alternate regattas, with heats and finals run and timed on the main regatta course.
- **The 200m events will be held at the April and July regattas and the 500m events will be held at the June and September regattas.**
- Hody-style K2s and Rocket K4 will remain at 500m at all regattas, with heats and finals are run and timed on the main regatta course.
- The cost per seat is exactly as other junior paddling categories.
- **Please ensure you enter your paddlers in the correct category, which is based on time, not age. Only Lightning kayaks are to be paddled in the K1 events.**
- Clubs should bring their own Hody-style K2. If using a make other than Hody please inform the Chief Official before the event, Regatta.ChiefOfficial@britishcanoeing.org.uk
- Rocket K4s only will be used and can be supplied by the SRC. Clubs may bring and use their own Rockets.
- **Please note, participation certificates will be available for the Team Leader to collect at each regatta from the Secretaries Desk.**

When booking a K4

A Team Leader will book a whole K4, as with all other classes. When combining with paddlers from other clubs it is the responsibility of the Team Leader involved to arrange who pays for the entry and to collect payments. It is not the organisers or the volunteer official's remit to sort out your payments. Any changes to your entry must be made at the main Team Leader's meeting. Further changes for entered crews may be made at the Secretary's desk providing all paddlers and team leaders know of the changes.

Mini Sprint Cup Series

This series is a whole season event and the **Marsport Trophy** will be awarded at the 5th regatta to the club with the most points. Individual paddler points will be awarded for each event during the 2nd, 3rd, 4th and 5th Regattas, with double points being awarded at The MacGregor Inter-Club Regatta.

Mini Sprint Cup Rules 2020

- Points are accumulated at each event leading to a final at the 5th Regatta.
- **Mini Sprint points do not count towards The MacGregor Inter-Club points.**
- At the MacGregor Regatta the Mini sprints receive double points for their paddling and these go towards the Mini Sprint Cup competition which runs separately from the main Inter-Club Competition.
- The Mini Sprint Cup includes overall prizes for both male and females in each category and an overall club prize. Details are as follows:

MINI SPRINT SERIES 2020

Entry Conditions

To enter the Mini Sprint Series the young people must be under 12 on 1st January 2020 and have achieved at least Paddle Explorer standard. They must be able to paddle a K1 Lightning over 500m in less than 4 minutes. **It is the club coach's responsibility to ensure that their paddlers are competent and confident to paddle at HPP.**

Categories

- A: (LTA) for those who can complete 500m in under 3 minutes 30 seconds
- B: (LTB) for those who complete 500m between 3 minutes 30 seconds and 4 minutes

Entries

- All entry fees are per seat and will be entered with your club's main regatta entries.
- **Please read notes on entering Rocket K4**

Events

2nd, 3rd and 4th Regattas with the finals at the 5th Regatta 2020.

Points Scoring

All National Mini Sprint winners (individual) are awarded as stated below. These scores are added to their Mini Sprint Inter Club score.

All points scored will count only towards The Mini Sprint Team and individual events.

At the National Regattas in K1, K2 and K4.

- 1st place scores 10 points, 2nd place scores 9 points etc. down to 10th place where everyone after that scores 1 point, the total number of points scored across K1, K2 and K4 will be added together to determine the results at each regatta. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 10 points **for each paddler.**

At the Inter-Clubs Regatta in K1, K2 and K4

- 1st place scores 20 points, 2nd place scores 19 points etc. down to 20th place where everyone after that scores 1 point, the total number of points scored across K1, K2 and K4 will be added together to determine the results. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 20 points **for each paddler.**

Team Event

The team points scoring system is based on the club's results at each regatta. These are then added to their Mini Sprint Inter Clubs points score.

Prizes:

- Tiddly Winks will be awarded for 1st, 2nd & 3rd places **in the K1 Final One only** of each category and for the three fastest K2/4 crews in each category within the Mini Sprint series.
- Medals will be awarded to the overall series winners - 1st, 2nd, 3rd male and female. The Marsport Trophy will be awarded to the Club that has accrued the most combined category points.
- All participants will be awarded a Certificate each month they enter. These are available for collection by the Team Leader from the Secretary's Desk.

Promotions

- Promotion from Mini Sprint Category B to A will be based on K1 500m times.
- Promotions from group B to A will automatically be done in the June and September regattas. The best set of existing regatta points will be carried through and added to the paddler's 4th and 5th regatta points gained in A.
- Promotion into Boys D and Girls D is based on normal regatta entry guidelines. This is only done after a discussion with the team leader.
- When a paddler is too old to participate in the Mini Sprint Series, **they do not automatically move to D classes.** Paddlers must reach the required standard. See the Standards Charts on pages D1 and D2. They would be allowed to paddle only in D Class crew boats, with established D Class paddlers 50% of the crew must be registered D class paddlers.

New Intermediate Class for under 14.

For this event paddlers must be registered as Intermediate Class and have reached the required standard. Please refer to pages D1 and D2 for times.

Details about the Intermediate Class can be found on Page B4

NATIONAL REGATTA OFFICIALS

Anyone interested in finding out more about assisting at National Regattas is invited to come and sit alongside experienced officials to find out what is involved. Officials are the most important people in the running of our National Regattas and supported learning during the events and at 'out of season' workshop days assist in developing skills and knowledge without unnecessary pressure.

No experience is required but working with a team and a sense of humour is important. Just helping half a day, whether morning or afternoon would be greatly appreciated.

Officials who have gained experience in key areas and show commitment go on to take the International Canoe Federation Technical Officials Examination. This enables them to officiate at ICF or ECA International Regattas. These officials must have worked a minimum of 6 days during the current year to apply to be nominated for an International appointment. Regatta Officials interested in knowing more about what this entails please contact the Chief Official.

Several officials are working in Pre-Regatta groups such as updating club colours, registration of paddlers and putting together the printed program. We also have an IT team who are continuing to develop a program that will not only reduce the workload for entering and paying but also an online results service.

We are continually looking for assistance with First Aid throughout the regattas. This headed by a fulltime paramedic who takes overall responsibility for reporting accidents. All clubs have qualified first aiders who could help with this important and legally required service.

The MacGregor National Regatta Volunteer Inter-Club Award. This will be presented to the club who has gained the most points from their members who are Regatta Officials. All Regatta Volunteers will earn points, 1 point will be awarded for each half day worked. The points become transferable to the club once a minimum of 12 points (6 days) has been accumulated. Points will also be awarded to those that attend workshops. A total of 20+ points is achievable by each official. Officials who are not members of a club may donate their points to a club of their choice.

If you would like to know more about helping at a National Regatta please contact Ann Hoile at Regatta_VolunteerCoordinator@britishcanoeing.org.uk or at the Secretary's Desk during regatta weekend.

ICF and National Officials

Phil Caisley
Liz McGown
Steve Jones

Paul Edwardes
Rosy Gray
Cathy Wynne

Sara Edwardes
Martin Hook

National Officials

Nathan Betts
Lee Bradshaw
Alan Burgoyne
Maja Bratisani
Juliana Carson
Hannah Cawthorn
Louise Clive
Ian Creamer
Wendy Dodson
Derrick Dobbie
Afton Fitzhenry
Malcolm Guy

Brian Hardy
Carol Hardy
Michele Hayman-
Joyce
Linda Heath
Ann Hoile
John Hoile
Ant Hooton
Emma Hooton
Colette Johnson
Mally Johnson
Hannah Lawrence

Keith Lawrence
Clifford Lee Smith
Jackie Lee Smith
Ben Lewis
Lois Lewis
Derek Marshall
Kari Martin
Mike Martin
Janice McKeever
Adam Miles
Jennie Moore
Clive Neale

Jonnie Nelson
Alison Nightingale
Stephen Nobbs
Mark Pickering
David Price
Phil Roberts
Brett Sirrell
Keith Stone
Keith Sunderland
Neil Sunderland
Phillipa Sunderland
Philip Terry
Mary Walkinton

BRITISH CANOEING HOLME PIERREPONT COURSE RECORDS

**2019
OPEN**

		Crew	Country	Time	Date
K1	500m	Tom Lusty	GBR	1:38.93	08/07/18
K2	500m	Edward Cox/Ed McKeever	GBR	1:31.63	07/05/06
K4	500m	J Bowley/M Johnson/L Fletcher/M Robinson	GBR	1:23.53	07/05/17
C1	500m	A Volkov	URS	1:52.36	19/06/83
C2	500m	Sarus/Hjdu	HUN	1:43.01	19/06/83
C4	500m	Train/Thomas/Lane/Yurkwick	GBR	1:42.28	17/05/98
K1	1000m	Tim Brabants	GBR	3:32.82	13/05/00
K2	1000m	Paul Wycherley/Ben Farrell	GBR	3:16.63	14/04/07
K4	1000m	B Farrell/S Hastings/P Wycherley/A Daniels	GBR	2:59.33	10/05/09
C1	1000m	S Antipov	URS	4:01.28	10/07/77
C2	1000m	Train/Train	GBR	3:37.24	01/01/81
C4	1000m	Hoffman/Tackas/Jakab/Salanki	HUN	3:38.95	08/08/89
Women					
		Crew	Country	Time	Date
K1	500m	Rachel Cawthorn	GBR	1:49.94	03/07/15
K2	500m	Lani Belcher/ Angela Hannah	GBR	1:42.96	19/04/16
K4	500m	J Walker/L Sawers/R Cawthorn/A Edmonds	GBR	1:35.94	15/04/12

BRITISH CANOEING HOLME PIERREPONT COURSE RECORDS

2019

DOMESTIC SENIOR

Men	Crew	Club	Time	Date
K1 200m	Jon Schofield	SOR	35.17	07/07/18
K2 200m	Liam Heath/Jon Schofield	ORS	32.31	19/04/16
K4 200m	J Clark/K Vansomeran/I Wynne/D Roeser	ORS	32.20	16/05/98
K1 500m	Tom Lusty	SOL	1:38.93	08/07/18
K2 500m	Edward Cox/Ed McKeever	GBR	1:31.63	07/05/06
K4 500m	J Bowley/M Johnson/L Fletcher/M Robinson	ODP	1:23.53	07/05/17
K1 1000m	Tim Brabants	ELM	3:32.82	13/05/00
K2 1000m	Paul Wycherley/Ben Farrell	ORS	3:16.63	14/04/07
K4 1000m	B Farrell/S Hastings/P Wycherley/A Daniels	ORS	2:59.33	10/05/09
C1 200m	Chris Calvert	FLA	41.59	07/05/16
C2 200m	M Lane/S Crowther	ORS	38.35	04/06/94
C4 200m	Crowther/Crowther/Yurkwick/Lane	ORS	36.98	05/06/99
C1 500m	Matthew Lawrence	LBZ	1:55.65	17/04/11
C2 500m	Iain Weir/ Joseph Hayman-Joyce	ODP	1:46.55	04/06/16
C4 500m	Train/Thomas/Lane/Yurkwick	ORS	1:42.28	17/05/98
C1 1000m	Eric Jamieson	WEY	4:01.54	16/07/92
C2 1000m	S Train/A Train	FLA	3:27.24	01/07/94
C4 1000m	E Jamieson/R Williams/S Train/A Train	GBR	3:44.80	08/07/89
Women	Crew	Club	Time	Date
K1 200m	Jessica Walker	ROY	40.41	28/04/19
K2 200m	Train/Train	ORS	38.27	13/05/00
K4 200m	Dallaway/Dresser/Thorogood/Train	ORS	36.62	02/07/95
K1 500m	Rachel Cawthorn	WEY	1:49.94	03/07/15
K2 500m	Lani Belcher/Angela Hannah	ORS	1:42.96	19/04/16
K4 500m	J Walker/L Sawers/R Cawthorn/A Edmonds	ORS	1:35.94	15/04/12
K1 1000m	Rachel Cawthorn	WEY	3:56.54	10/05/10
K2 1000m	Louisa Sawers/Abigail Coulson	ORS	3:47.75	22/07/06
C1 200m	Katie Reid	IND	47.59	28/04/18
C2 200m	Bethany Gill/Afton Fitzhenry	HPP/CNI	48.98	04/06/16
C1 500m	Katie Reid	HPP	2:14.28	08/05/16
C2 500m	Bethany Gill/Afton Fitzhenry	HPP/CNI	2:07.21	04/06/16

BRITISH CANOEING HOLME PIERREPONT COURSE RECORDS

2019

DOMESTIC JUNIOR Records starting from 2015

U18 Men	Crew	Club	Time	Date
K1 200m	Daniel Atkins	RDG	36.70	29/06/19
K2 200m	T Thomson/N Dembele	NTS	34.53	05/06/16
K4 200m	No U18 Event		--	--
K1 500m	Ieuan James	FOR	1:43.38	05/06/16
K2 500m	I James/C Smith	NTS	1:33.95	05/06/16
K4 500m	I James/ C Smith/N Dembele/T Thomson	NTS	1:25.76	08/05/16
K1 1000m	Magnus Gregory	LON	3:40.02	04/06/16
K2 1000m	M Gregory/L Harding	LON	3:22.36	04/06/16
K4 1000m	M Gregory/L Harding/T Thomson/M Littlewood	NTS	3:06.27	04/06/16
C1 200m	Adrian Meikle-Briggs	RIC	45.51	05/06/16
C2 200m	B Phillips/A Meikle-Briggs	RIC	44.91	05/09/15
C4 200m	No U18 Event		--	--
C1 500m	Ben Phillips	RIC	2:01.75	08/05/16
C2 500m	B Phillips/A Meikle-Briggs	NTS	1:54.46	04/06/16
C4 500m	No U18 Event		--	--
C1 1000m	Ben Phillips	RIC	4:18.75	05/06/16
C2 1000m	B Phillips/A Meikle-Briggs	RIC	3:56.64	05/06/16
C4 1000m	No U18 Event		--	--
U18 Women	Crew	Club	Time	Date
K1 200m	Deborah Kerr	SKR	42.56	03/07/15
K2 200m	G Carmichael/K Hopkins	LON	41.18	07/07/18
K4 200m	No U18 Event		--	--
K1 500m	Deborah Kerr	SKR	1:54.87	03/07/15
K2 500m	R Myburgh/A Dale	NTS	1:51.75	05/06/16
K4 500m	E Dale/Z Clark/R Kneen/F Duffield	FOX/ROY/FOR/NOR	1:42.03	08/07/18
K1 1000m	Samantha Martyn	WEY	4:08.29	08/07/18
K2 1000m	E Russell/L Wong	CLM/RIC	4:08.39	04/06/16
C1 200m	Alix Aitchison	NOT	53.89	29/06/19
C2 200m	A Aitchison/C Carey	IND	52.04	13/05/18
C1 500m	Georgina Pryor	LEE	2:30.90	05/06/16
C2 500m	A Aitchison/C Carey	NOT	2:14.00	28/04/19

BRITISH CANOEING HOLME PIERREPONT COURSE RECORDS

2019

DOMESTIC PARACANOE Records starting from 2015

Men Kayak	Class	Crew	Time	Date
200m	KL3	Rob Oliver	40.55	04/06/16
200m	KL2	Nick Beighton	43.30	29/04/19
200m	KL1	Ian Marsden	48.66	29/04/19
Women Kayak				
Women Kayak	Class	Crew	Time	Date
200m	KL3	Laura Sugar	49.67	29/04/19
200m	KL2	Charlotte Henshaw	49.34	07/07/18
200m	KL1	Jeanette Chippington	54.49	04/06/16
Men Va'a				
Men Va'a	Class	Crew	Time	Date
200m	VL3	Stuart Wood	49.77	29/04/19
200m	VL2	Stewart Clark	57.71	29/06/19
200m	VL1	No event	--	--
Women Va'a				
Women Va'a	Class	Crew	Time	Date
200m	VL3	Charlotte Henshaw	57.72	29/06/19
200m	VL2	Emma Wiggs	58.34	29/06/19
200m	VL1	No event	--	--

SPRINT RACING PERPETUAL TROPHIES

The following Trophies are awarded annually by the Racing Committee:

Men's Kayak

Unwin Bowl

To the winner of the Senior A Men's K1 10,000 m at the National Championship Event

1981	Richard Lewis	GAI	1991	Ivan Lawler	ELM
1982	Alan Williams	ROY	1992	Ivan Lawler	ELM
1983	Alan Williams	ROY	1993	Grayson Bourne	ELM
1984	Alan Williams	ROY	1994	Grayson Bourne	ELM
1985	No event		1995	Grayson Bourne	ELM
1986	Jeremy West	ROY	1996	Ivan Lawler	ELM
1987	Grayson Bourne	ROY	1997	No event	
1988	Grayson Bourne	ROY	1998	James Block	NOT
1989	Grayson Bourne	ROY	1999	Greg Slater	LIC
1990	Graham Burns	ELM	2000	No event	
Reassigned – Winner Men's A K1 500m at National Championship Event					
2001	Timothy Brabants	ELM	2010	Keith Moule	CLM
2002	Timothy Brabants	ELM	2011	Jonathon Boyton	ROY
2003	Richard Darby Dowman	ELM	2012	Andrew Daniels	RDG
2004	Edward McKeever	BOA	2013	Edward Rutherford	ELM
2005	Ian Wynne	ROY	2014	Daniel Johnson	CLM
2006	Edward McKeever	BOA	2015	Jonathan Boyton	ROY
2007	Edward McKeever	BOA	2016	Jonathan Boyton	ROY
2008	Tim Brabants	NOT	2017	Tom Lusty	SOL
2009	Ben Brown	Elm	2018	Tom Lusty	SOL
			2019	Tom Lusty	SOL

Farnham Cup

To the winner of the Senior A Men's K1 1000m at the National Championship Event

1981	Neil Robson	FLA	2000	Richard Darby Dowman	ELM
1982	Kevin Smith	WAR	2001	Timothy Brabants	ELM
1983	Kevin Smith	WAR	2002	Timothy Brabants	ELM
1984	Grayson Bourne	ROY	2003	Richard Darby Dowman	ELM
1985	Kevin Smith	WAR	2004	Timothy Brabants	NOT
1986	Grayson Bourne	ROY	2005	Peter Almasi	ELM
1987	Grayson Bourne	ROY	2006	Ben Farrell	ELM
1988	Ivan Lawler	ELM	2007	No event	
1989	Grayson Bourne	ELM	2008	Ben Farrell	ELM
1990	Grayson Bourne	ELM	2009	Jonathon Boyton	ROY
1991	Grayson Bourne	ELM	2010	Tim Pendle	NOR
1992	Patrick Holmes	RIC	2011	Jonathon Boyton	ROY
1993	Graham Burns	ELM	2012	Timothy Brabants	ROY
1994	Grayson Bourne	ELM	2013	Jonathan Boyton	ROY
1995	David Smith	ELM	2014	Paul Wycherley	WEY
1996	Ivan Lawler	ELM	2015	Jonathan Boyton	ROY
1997	Ross Sabberton	NOR	2016	Jonathan Boyton	ROY
1998	Timothy Brabants	ELM	2017	Tom Lusty	SOL
1999	Matthew Foulger	NOT	2018	Tom Lusty	SOL
			2019	Tom Lusty	SOL

SPRINT RACING PERPETUAL TROPHIES

Ken and Eileen Phillips Memorial Trophy					
Winner Men's A K1 200m at National Championship Event					
2012	Edward McKeever	BOA	2016	Kristian Reeves	ADS
2013	Edward McKeever	BOA	2017	Jonathan Schofield	SOR
2014	Liam Heath	WEY	2018	Lewis Fletcher	LKR
2015	Kristian Reeves	ADS	2019	Stelian Naftanaila	NOT

The James Cup					
To the winning crew of the Under 18 K4 6000m at the National Championship Event					
1981	Evans/Brevitt	LIN/LIC	1987	Barnett/Unsted	ELM/GAI
	Slater/Morley	STA		Farnham/Taylor	
1983	Piercey/McLachlan	RLP/RLS	1988	Lodge/Hutton	EXE/ANK
	Rainsford/Bradley			Richardson/Wynne	ROY/TON
1984	Adams/Bibby	ROY/MER	1990	Slater/Bradbury	LIC
	Burns/Miller	ELM		Yates/Illson	ADL/WOR
1985	Crawford/Adams	GAI/ARM	1991	Richardson/Wynne	ROY/TON
	Rust/Topham	LBZ/WAR		Slater/Jenson	LIC/RIC
1986	Gibbins/Livsey	EXE/RLP	1992	Jenson/Slater	ORS
	Boxshall/Elliott			Sargeant/Smith	
Reassigned – Winning crew of the Veteran K4 at the National Championship Event					
2001	Davies/Hawthorn	WOR	2010	Escott/Lewis/	BOA
	Parker/Grandy			Darling/Missen	
2002	Davies/Hawthorn	WOR	2011	Bird/Brookes	WOR/RUN
	Parker/Saunders			Blackman/Rodgers	
2003	Grimwood/Oliver	LIN/RUN	2012	Kent/Hinves	SOU
	Oliver/Brookes			Willis/Rance	
2004	Adams/Martin/	BSF	2013	O'Cuinn/Vida/	RIC
	England/Hall			Soregi/Domonkos	
2005	Adams/Martin	BSF	2014	Bird/Parker/	WOR/CHE
	Terry/Jordan	LBZ/MAI		Tricketts/Rogers	
2006	Illidge/Marnell	RUN/CHE	2015	Irvine/Murray	RIC
	Brookes/Swallow			Martin/Soregi	
2007	Littlewood/Mason	NOT	2016	Enoch/Norfolk	NOT
	Nadal/Bagshaw			Livsey/Cresser	
2008	Kent/Nicholson/	SOU	2017	Enoch/Belbin	NOT
	Willis/Rance			Butler/Cresser	
2009	Phillips/Bird/	WOR	2018	Enoch/Jones	NOT
	West/Trickett			Butler/Cresser	
			2019	A Buff/D Grimsey	SOU
				J Hinves/R Kent	

SPRINT RACING PERPETUAL TROPHIES

Dexter Trophy					
For the best Senior B performance at the National Championship Regatta					
1981	Richard Lucas	GAI	2000	David Duff	RAF
1982	Russell Jones	FLA	2001	Stuart West	WOR
1983	Roland Lucas	RIC	2002	Stuart West	WOR
1984	Peter Evans	LIN	2003	Mark Hoile	ROY
1985	Paul Gadd	RIC	2004	Paul Prestwood	GAI
1986	Trevor Melham	ROY	2005	Jonathon Schofield	SOR
1987	Peter Maycock	EXE	2006	Jonathan Simmons	WEY
1988	Simon Horsley	NBY	2007	Joe Surrage	BSF
1989	Gavin Turrell	RIC	2008	Brett Irvine	RIC
1990	Brian Saunt	ADL	2009	Pip Ede	RDG
1991	Roger Masters	ROY	2010	Ben Bradshaw	NOR
1992	Chris Dorrell	TON	2011	Paul Yates	WEY
1993	Ed Shaw	ROY	2012	Jonathan Tye	WOR
1994	Paul Evans	HER	2013	Mark Ressel	ROY
1995	Matthew Enoch	NOT	2014	Lewis Duffield	CLM
1996	Gary Shaw	ELM	2015	Stelian Naftanaila	NOT
1997	Paul Enoch	NOT	2016	Lewis Fletcher	LKR
1998	Malcolm Starkey	FOX	2017	Andras Kovacs	WEY
1999	David Coulson	RDG	2018	Nicky Cresser	NOT
			2019	Andras Kovacs	WEY
Reassigned 2020: For the best Men Under 23's performance at the National Championship Event					

Women's Kayak

Bruce Lucas Trophy					
To the winner of the Women's A K1 6000m at the National Championship Event					
1984	Anne Plant	LIC	1992	Alison Thorogood	NEW
1985	Anne Plant	LIC	1993	Andrea Dallaway	ELM
1986	Susie Perrett	RLP	1994	Andrea Dallaway	ELM
1987	Susie Perrett	RLP	1995	Alison Thorogood	NEW
1988	Susie Perrett	RLP	1996	Anna Hemmings	ELM
1989	Susie Perrett	RLP	1997-		
1990	Hilary Dresser	ROY	2000	No event	
1991	Andrea Dallaway	ELM	2001	Anna Hemmings	ELM
Reassigned – Winner of Women's A K1 500m at the National Championship Event					
2002	Beth Campbell	NOT	2012	Rachel Cawthorn	WEY
2003/4	No event		2013	Rachel Cawthorn	WEY
2005	Abigail Coulson	RDG	2014	Jessica Walker	ROY
2006	Abigail Coulson	RDG	2015	Jenny Swallow	CHE
2007	Abigail Coulson	RDG	2016	Hayleigh Mason	NOT
2008	Louisa Sawers	ELM	2017	Rachel Cawthorn	WEY
2009/10	No event		2018	Rachel Cawthorn	WEY
2011	Jenna Hawkey	EXE	2019	Emily Lewis	WOR

SPRINT RACING PERPETUAL TROPHIES

The Boulogne Cup					
To the winning crew of the Women's A K4 500m at the National Championship Event					
1981	Perrett/Hornby	RLP/WES	1995	Hardy/Cheyne	ORS
	Perrett/Crawley	NEW		Train/McGee	
1982	Perrett/Smither	RLP/LEA	1996	Gilby/Hemmings	ELM/WEY
	Craske/Crawley	FLA/NEW		Hynds/Burns	
1983	Smither/Parker	LEA/NOT	1997	Cattle/Jones	ORS
	Craske/Crawley	FLA/NEW		Bale/Hannon	
1984	Smither/Lawler	LEA/ELM	1998	Davey/Train	RIC/FLA
	Perrett/Watson	LIC		Gilby/Thorogood	ELM/LEA
1985	Plant/Clough	RLP/LIN	1999	Train/Campbell	ORS
	Perrett/Troop			Bapty/Thorogood	
1986	Lawler/Perrett	ELM/RLP	2007	Braithwaite/Hawkey	ORS
	Crawley/Plant			Sawers/Cawthorn	
1987	Thorogood/Lawler	NEW/ELM	2008/11	No event	
	Dawson/Eastwood	ROY/ELM	2012	Edmonds/Walker/ Cawthorn/Sawers	ORS
1988/9	No event		2013	No Event	
1990	Dresser/Dallaway	ELM	2014	Walker/Cawthorn/ Sawers/Hannah	ORS
	Lawler/Barry				
1991	Dallaway/Davey	ORS	2015	Belcher/Brown	ORS
	Troop/Thorogood			Mason/Brown	
1992	Dallaway/Davey	ORS	2016	No event	
	Thorogood/Troop		2017	Cawthorn/Lewis	WEY/WOR
1993	Dresser/Gilby	ORS		Simon/Walker	ELM/ROY
	Dallaway/Bennett		2018	Brown/Lewis	WYC/WOR
1994	Thorogood/Green	ORS		Russell/Turner	CLM/BAN
	Hemmings/Gilby		2019	Burgess/Farrant	
				Martyn/Thompson	WEY

Femina Trophy					
Most meritorious Senior Women's A performance at the National Championship Regatta					
1981	Sue Hornby	WES	1997	Tricia Davey	RIC
1982	Lesley Smither	LEA	1998	Becky Train	FLA
1983	Lesley Smither	LEA	1999	Alison Thorogood	LEA
1984	Debbie Watson	LBZ	2000	Abigail Cattle	RDG
1985	Susie Perrett	RLP	2001	Rebecca Hunter	ROY
1986	Susie Perrett	RLP	2002/9	No event	
1987	Angela Dawson	ADL	2010	Victoria Towers	NOT
1988	Susie Perrett	RLP	2011	No event	
1989	Sandra Troop	NOT	2012	Rachel Cawthorn	WEY
1990	Hilary Dresser	ROY	2013	Rachel Cawthorn	WEY
1991	Andrea Dallaway	ELM	2014	Rachel Cawthorn	WEY
1992	Alison Thorogood	NEW	2015	Rebeka Simon	ELM
1993	Andrea Dallaway	ELM	2016	Emily Lewis	WOR
1994	Hilary Dresser	RIC	2017	Emily Lewis	WOR
1995	Becky Train	FLA	2018	Rachel Cawthorn	WEY
1996	Alison Thorogood	NEW	2019	Emily Lewis	WOR

SPRINT RACING PERPETUAL TROPHIES

Lendenkamp Trophy					
Winner Women's A K1 200m at National Championship Event					
2012	Rachel Cawthorn	WEY	2016	Lizzie Broughton	RIC
2013	Rachel Cawthorn	WEY	2017	Angela Hannah	BAN
2014	Rachel Cawthorn	WEY	2018	Rachel Cawthorn	WEY
2015	Leanne Brown	MAI	2019	Emily Lewis	WOR

Lee & Joan Davies Memorial Trophy					
For the best Women's B performance at the National Championship Regatta					
1998	Kerry Watts	NOR	2009	No event	
1999	Laura Blair	LEA	2010	Hannah Brown	BOA
2000	Elizabeth Homes	CHE	2011	Hannah Brown	BOA
2001	Jackie Eastwood	RIC	2012	Coral Birkhill	LON
2002	Beth Campbell	NOT	2013	Phoebe Ayres	WEY
2003	Beth Campbell	NOT	2014	Amy Ward	ELM
2004	Joanne Bates	ELM	2015	Sophie Rooney	BAN
2005	Anna Hemmings	ELM	2016	Amy Turner	BAN
2006	Hayleigh Mason	NOT	2017	Ava Dale	FOX
2007	Hayleigh Mason	NOT	2018	Melissa Johnson	CLM
2008	Claire Spencer	HER	2019	Melissa Johnson	CLM
Reassigned 2020: For the best Women's Under 23's performance at the National Championship Event					

Boy's Kayak

Rhodes Trophy					
To the winner of the Under 18 K1 500m at the National Championship Event					
1981	Nicholas Gregory	WAR	2001	Simon Fennemore	WEY
1982	Michael Smith	SHE	2002	Liam Heath	WEY
1983	Toby Mundy	TON	2003	Edward Cox	WEY
1984	Steven Adams	ROY	2004	Ben Brown	ELM
1985	Mark Adams	ARM	2005	Matthew Guy	LBZ
1986	James Butler	NOT	2006	Robert Beer	ELM
1987	Ian Livesey	EXE	2007	Tom Hide	ADS
1988	Chris Dorrell	TON	2008	Tom Simmons	BOA
1989	Simon Ricketts	ANK	2009	Tom Simmons	BOA
1990	Paul Slater	LIC	2010	Mark Clive	GAI
1991	Paul Slater	LIC	2011	Matthew Bowley	BUR
1992	Paul Slater	LIC	2012	Daniel Johnson	CLM
1993	Stephen Tingay	LBZ	2013	Sean Redmond	LGW
1994	Andrew Morgan	FLA	2014	Edmund Haws	WEY
1995	Daniel Greaves	LEA	2015	Noah Demebe	LEA
1996	Phillip Murphy	GAI	2016	Ieuan James	FOR
1997	Damian Chapman	NOT	2017	Ieuan James	FOR
1998	Craig Watt	ELM	2018	Philip Miles	RLS
1999	Owen Peake	BOA	2019	Philip Miles	RLS
2000	Andrew Kelly	ELM			

SPRINT RACING PERPETUAL TROPHIES

Henry Thelen Trophy					
Winner Boys Under 18 K1 200m at National Championship Event					
2012	Matthew Bowley	BPR	2016	Ieuan James	FOR
2013	Lewis Duffield	CLM	2017	Ieuan James	FOR
2014	Jordi Eccles	ANK	2018	Ben Gallagher	FOR
2015	Ieuan James	FOR	2019	Daniel Atkins	RDG

Barry Murray Trophy					
Winner Boys Under 18 K1 1000m at National Championship Event					
2016	Magnus Gregory	LON	2018	Philip Miles	RLS
2017	Luke Shaw	NOR	2019	Philip Miles	RLS

Girl's Kayak

Phillips Plate					
Winner Girls Under 18 K1 200m at National Championship Event					
2012	Amy Ward	ELM	2016	Emma Brockway	LKR
2013	Rebeka Simon	ELM	2017	Rachel Kneen	FOR
2014	Deborah Kerr	SDS	2018	Enya Dale	FOX
2015	Deborah Kerr	SKR	2019	Zoe Clark	ROY

The Dennis Smith Trophy					
To the winner of the Girls A K1 500m at the National Championship Event					
1990	Tricia Davey	RIC	2005	Louisa Sawers	ELM
1991	Helen Gilby	ELM	2006	Claire Spencer	HER
1992	Sue Bennett	FLA	2007	Jessica Walker	ROY
1993	Emily Ormerod	RIC	2008	Maria Middlehurst	ADS
1994	Lucy Hardy	FLA	2009	Jenny Swallow	CHE
1995	Rachel Train	FLA	2010	Katherine Trotter	ELM
1996	Sarah Griffith	FLA	2011	Emily Lewis	WOR
1997	Jenny Lumb	LBZ	2012	Amy Ward	ELM
1998	Elaine Appleby	LBZ	2013	Rebeka Simon	ELM
1999	Abigail Cattle	RDG	2014	Deborah Kerr	SDS
2000	Jenny Spencer	HER	2015	Deborah Kerr	SKR
2001	Rosalind Bates	ELM	2016	Ava Dale	FOX
2002	Zara Dale	ELM	2017	Florence Duffield	NOR
2003	Shuna Braithwaite	SDS	2018	Emma Russell	CLM
2004	Tara Nutt	ELM	2019	Kate Hipkins	LON

SPRINT RACING PERPETUAL TROPHIES

Junior Kayak & Canoe

Jones Cup Junior Racing Canoeist of Year					
Voted for by members of the Junior Olympic Racing Squad: sponsored by Rowland Jones					
1981	Nicholas Gregory	WAR	2000	Richard Darby Dowman	ELM
1982	David Battershell	WEY	2001	Jenny Spencer	HER
1983	Gregory Slater	LIC	2002	Liam Heath	WEY
1984	Susie Perrett	RLP	2003	Edward Cox	WEY
1985	Gary Quittenton	LIN	2004	Paul Wycherley	WEY
1986	Andrea Dallaway	LIC	2005	Allen Spencer	HER
1987	Paul Enoch	NOT	2006	Rachel Cawthorn	WEY
1988	Jason Wilson	ANK	2007	Tom Hide	ADS
1989	Simon Ricketts	ANK	2008	Jessica Walker	ROY
1990	Tony Richardson	ROY	2009	Dean Terry	WEY
1991	Tricia Davey	RIC	2010	Marton Simon	ELM
1992	Anthony Crowther	FLA	2011	Katherine Trotter	ELM
1993	Stuart Crowther	FLA	2012	Marton Simon	ELM
1994	Timothy Brabants	ELM	2013	Rebeka Simon / Amy Ward	ELM
1995	Paul Darby Dowman	ELM	2014	Edmund Haws	WEY
1996	Daniel Golder	BAN	2015	Deborah Kerr	SKR
1997	Abigail Cattle	RDG	2016	Magnus Gregory	LON
1998	Richard Darby Dowman	ELM	2017	Ieuan James	FOR
1999	Richard Darby Dowman	ELM	2018	Emma Russell	CLM
			2019	Daniel Atkins	RDG

Canoe

Dewar Cup					
Winner Men's A C1 200m at National Championship Event					
2012	Richard Jeffries	NOT	2016	Christopher Calvert	FLA
2013	Richard Jeffries	NOT	2017	Dmitrijs Bogdanovs	FOX
2014	Richard Jefferies	NOT	2018	Iain Weir	BAN
2015	Christopher Calvert	FLA	2019	Joseph Hayman-Joyce	WEY

Doug Saxby Trophy					
To the winner of the Senior A C1 500m at the National Championship Event					
1999	Stephen Train	FLA	2011	James Train	FLA
2000	Stephen Train	FLA	2012	Matthew Lawrence	LBZ
2001	Karl Yurkwich	RLS	2013	Marko Csokasi	RIC
2002	Matthew Lawrence	LBZ	2014	James Styan	FLA
2003/4	No event		2015	James Styan	FLA
2005	Matthew Lawrence	LBZ	2016	Iain Weir	BAN
2006	Matthew Lawrence	LBZ	2017	Iain Weir	BAN
2007	Matthew Lawrence	LBZ	2018	George Caines	NOT
2008/10	No Event		2019	Arthur Leech	RIC

SPRINT RACING PERPETUAL TROPHIES

Sidney Rowe Cup					
To the winner of the Senior A C1 1000m at the National Championship Event					
1979	W Reichenstein	IRV	1997	Stephen Train	FLA
1980	W Reichenstein	IRV	1998	Stephen Train	FLA
1981	Stephen Train	FLA	1999	Stephen Train	FLA
1982	Marcus Gohar	RIC	2000	Stephen Train	FLA
1983	Marcus Gohar	RIC	2001	Anthony Crowther	FLA
1984	Andrew Train	FLA	2002/4	No event	
1985	Andrew Train	FLA	2005	James Train	FLA
1986	Andrew Train	FLA	2006	Matthew Lawrence	LBZ
1987/8	No event		2007/10	No event	
1989	Andrew Train	FLA	2011	Matthew Lawrence	LBZ
1990	No event		2012	Matthew Lawrence	LBZ
1991	Andrew Train	FLA	2013	James Train	FLA
1992	Stephen Train	FLA	2014	James Styan	FLA
1993	Andrew Train	FLA	2015	James Styan	FLA
1994	Stephen Train	FLA	2016	Iain Weir	BAN
1995	Eric Jamieson	WEY	2017	Iain Weir	BAN
1996	Derek Hall	RDG	2018	Nerijus Budrikis	WOR
			2019	Arthur Leech	RIC

The Andrew Bonham Memorial Award		
500m C4 Memorial Race		
2019	M Lawrence/J Styan/R Weir/I Weir	LBZ/FLA/BAN/BAN

Women's Canoe

Sam Rippington Trophy					
Winner Women's Senior C1 200m at National Championship Event					
2016	Chloe Bracewell	HPP	2018	Chloe Bracewell	IND
2017	Katie Reid	HPP	2019	Emily Hewitt	SOU

Girl's Canoe

Skinner's Salver					
For the best performance by a Female Junior C1 at the National Championships					
2011	Emily Hewitt	SOU	2016	Ruth Bennett and Lydia Downing-Clarke	FLA FOR
2012	Emily Hewitt	SOU	2017	Ruth Bennett	FLA
2013	Emily Hewitt	SOU	2018	Alix Aitchison & Charlotte Carey	IND
2014	Emily Hewitt	SOU	2019	Alix Aitchison	NOT
2015	Georgina Pryor	LEE			

SPRINT RACING PERPETUAL TROPHIES

Boy's Canoe

Adjutants Cup					
To the winner of the Under 18 C1 500m at the National Championship Event					
1981	Andrew Train	FLA	1992	Thomas Love	RLS
1982	Michael Train	FLA	1993	Jonathon Love	RLS
1983	Warren Ashman	FLA	1994	Karl Yurkwich	RLS
1984	Miles Broadbent	FLA	1995	Karl Yurkwich	RLS
1985	Jonathan Summers	EXE	1996	Jonathon Love	RLS
1986	Paul Parker	WYR	1997	Toby Shipway	LBZ
1987	Mark Parsloe	FLA	1998	Matthew Lawrence	LBZ
1988	Mark Parsloe	FLA	1999	Toby Shipway	LBZ
1989	Alex Martin	FLA	2000	Matthew Lawrence	LBZ
1990	Alex Martin	FLA	2001	Lee Watson	RLS
1991	Thomas Love	RLS			
Reassigned – Male Junior Paddler with best C1 performance at the National Championship Event					
2002	James Train	FLA	2011	Marko Csokasi	RIC
2003	Simon Avery	FLA	2012	Max Jamieson	WEY
2004	James Train	FLA	2013	Marko Csokasi	RIC
2005	Gareth Hunt	FLA	2014	Ben Phillips	RIC
2006	James Styán	FLA	2015	Ben Phillips	RIC
2007	Iain Weir	BAN	2016	Adrian Meikle-Briggs	RIC
2008	Iain Weir	BAN	2017	Arthur Leech	RIC
2009	Iain Weir	BAN	2018	Thomas Lambert	LEE
2010	Adam Stannard	RLS	2019	Thomas Lambert	LEE

Paracanoe

Jonathon Broome Memorial Trophy					
Paracanoe Men's Kayak A					
2013	Ian Marsden	TRE			
Reassigned – Paracanoe Athlete of the Year					
as voted for by the athletes and staff of the British Canoeing Paralympic programme					
2015	Jonny Young	IND	2017	Tim Lodge	WEY
2016	Tim Lodge	WEY	2018	Emma Wiggs	IND
			2019	Charlotte Henshaw	IND

SPRINT RACING PERPETUAL TROPHIES

Inter-Club Competition

MacGregor Paddle			
For the winning club at the Inter-Club Championship Regatta			
1977	Fladbury Paddle Club	1999	Richmond Canoe Club
1978	Fladbury Paddle Club	2000	Elmbridge Canoe Club
1979	Fladbury Paddle Club	2001	Elmbridge Canoe Club
1980	Fladbury Paddle Club	2002	Elmbridge Canoe Club
1981	Fladbury Paddle Club	2003	Elmbridge Canoe Club
1982	Fladbury Paddle Club	2004	Leighton Buzzard C.C.
1983	Richmond Canoe Club	2005	Elmbridge Canoe Club
1984	Richmond Canoe Club	2006	Wey Kayak Club
1985	Fladbury & Lincoln – Joint Winners	2007	Leighton Buzzard Canoe Club
1986	Fladbury Paddle Club	2008	Wey Kayak Club
1987	Richmond Canoe Club	2009	Wey Kayak Club
1988	Lincoln Canoe Club	2010	Reading Canoe Club
1989	Richmond Canoe Club	2011	Reading Canoe Club
1990	Richmond Canoe Club	2012	Reading Canoe Club
1991	Elmbridge Canoe Club	2013	Norwich Canoe Club
1992	Fladbury Paddle Club	2014	Richmond Canoe Club
1993	Richmond Canoe Club	2015	Richmond Canoe Club
1994	Fladbury Paddle Club	2016	Chelmsford & Wey – Joint Winners
1995	Wey Kayak Club	2017	Richmond Canoe Club
1996	Wey Kayak Club	2018	Norwich Canoe Club
1997	Elmbridge Canoe Club	2019	Wey Kayak Club
1998	Elmbridge & Wey – Joint Winners		

Marsport Trophy			
For the winning club of the Mini Sprint Series			
2009	Lincoln Canoe Club	2015	Norwich Canoe Club
2010	Leighton Buzzard Canoe Club	2016	Norwich Canoe Club
2011	Leighton Buzzard Canoe Club	2017	Linlithgow Kayak Racing Club
2012	Royal Leamington Spa CC	2018	Wiltshire Youth Canoe Club
2013	Royal Leamington Spa CC	2019	Wiltshire Youth Canoe Club
2014	Norwich Canoe Club		

National Regattas Inter-Club Medal Competition			
Club with highest number of medal winners over the year			
2018	Norwich Canoe Club	2019	Norwich Canoe Club

MacGregor National Regatta Volunteer Inter-Club Award			
Club with most Volunteer points			
2019	Leighton Buzzard		

BRITISH CANOEING PERFORMANCE DEPARTMENT

2020 World Class Programme Canoe Sprint Athletes			
Athlete	Funding level	Athlete	Funding Level
Liam Heath	Podium	Rebeka Simon	Podium
Thomas Lusty	Podium Potential	Jessica Walker	Podium
Lewis Fletcher	Podium Potential	Katie Reid	Podium Potential
Charlie Smith	Podium Potential	Chloe Bracewell	Podium Potential
Trevor Thomson	Podium Potential	Deborah Kerr	Podium Potential
Ieuan James	Podium Potential	Emily Lewis	Podium Potential
Noah Dembele	Podium Potential	Emma Russell	Podium Potential
Daniel Atkins	Podium Potential	Afton Fitzhenry	Podium Potential
Philip Miles	Podium Potential	Zoe Clark	Podium Potential
Stelian Naftanaila	Podium Potential	Enya Dale	Podium Potential
Magnus Gregory	Podium Potential	Lucy Lee-Smith	Podium Potential

Overview of the 2020 Selection Process

The 2020 selection policy is available on the British Canoeing website and can be accessed by the following link <https://www.britishcanoeing.org.uk/olympic-paralympic/policies/selection-policies>

The purpose of the Selection Policy is to outline the processes which will lead to the selection of the athletes to represent Great Britain at the identified senior international canoe sprint competitions in 2020. The Selection Policy is designed to allow athletes to maximize preparations and performance at the 2020 Tokyo Olympic Games through a clear selection process. The 1st round of continental qualification for the Tokyo 2020 Olympic Games will take place in May at World Cup 1 and the 2nd round of Global Qualification will take place at World Cup 2.

Senior Events:

Competition/Regatta	Venue	Date	Date of Selection Announcement by IP
2020 Continental Qualifier	Racice, CZE	6-7 May 2020	Tuesday 31 st March 2020
World Cup 1	Racice, CZE	7-10 May 2020	
2020 Global Qualifier 2	Duisburg, GER	20 May 2020	
World Cup 2	Duisburg, GER	21-24 May 2020	
2020 European Championships	Bascov, ROM	4-7 June 2020	
2020 Non-Olympic events World Championships	Szeged, HUN	10-12 July 2020	Tuesday 9 th June 2020
2020 Olympic Games	Tokyo, JPN	3- 8 August 2020	Date tbc after completion of the remaining ICF Boat Quota qualification process following 2 nd Global Qualifier event.

BRITISH CANOEING PERFORMANCE DEPARTMENT

All 2020 Senior Team selections will originate from one domestic selection competition 28/29 March 2020 which will be used to select athletes/crews to the Second round Olympic qualification events, ICF World Cups, European Championships, and Non-Olympic events World Championships.

U23 & Junior Events:

Competition/Regatta	Venue	Date	Date of Selection Announcement by IP
2020 Competitions U23 Team			
U23 European Championships	Moscow, RUS	2 nd – 5 th July	9 th June
U23 World Championships	Brandenburg, GER	16 th – 19 th July	
World University Championships	Minsk, Belarus	21 st – 23 rd Aug	TBC (maybe 9 th June?)
2020 Competitions Junior Team			
International Regatta	Brandenburg, GER	15 th – 17 th	28 th April
Junior European Championships	Moscow, RUS	2 nd – 5 th July	
Junior World Championships	Brandenburg, GER	16 th – 19 th July	
Olympic Hopes	Szeged, HUN	September – dates tbc	w/c 6 th July

Subject to performance standard, British Canoeing may select up to 1 boat per event at the ICF/ECA Junior and U23 World and European Championships.

All 2020 Team selections will originate from domestic selection competitions which will be used to select athletes/crews to the Junior & U23 European and World Championship Teams. Because of the proximity of competitions, the same athletes will be selected to the Junior & U23 World & Europeans - There will be no second stage of competition.

	Individual
Junior Selection	April 25 th /26 th 2020
U23 Selection	June 6 th /7 th 2020

BRITISH CANOEING PERFORMANCE DEPARTMENT

2020 World Class Programme Paracanoe Athletes	
Athlete	Athlete
Jeanette Chippington MBE (Longridge Canoe Club)	Nicholas Beighton (Independent) Stewart Clark (Chelmsford Canoe Club)
Chelsey Dixon (Independent)	Jack Eyers (Independent)
Charlotte Henshaw (Independent)	Ian Marsden (Independent)
Hope Gordon (Forth Canoe Club)	Robert Oliver (Solihul Canoe Club)
Laura Sugar (Independent)	David Phillipson (Independent)
Emma Wiggs (Independent)	Martin Tweedie (Independent) Stuart Wood (Independent) Jonathon Young (CANI)

GREAT BRITAIN PARACANOE TEAM SELECTION POLICY 2020

Team selection is based upon performances at identified selection regattas and at international competitions. In order to be considered for selection, athletes must participate in all applicable regattas and events. GBR teams will be selected for the following competitions in 2020: The full policy can be found on the British Canoeing website: <https://www.britishcanoeing.org.uk/olympic-paralympic/paracanoe-intro/statements-and-announcements>

2020 Competitions - Paracanoe			
Competition/Regatta	Venue	Date	Date of Selection Announcement by IP
Senior World Championships	Duisburg, GER	21 st – 24 th May 2020	Tuesday 28 th April 2020
Paralympic Games	Tokyo, JPN	3 rd – 5 th Sept 2020	Tuesday 28 th April 2020 (provisional athlete nominations subject to BPA approval) A second announcement will follow the second round qualification event and formal announcement.
European Championships*	Bascov, ROU	4 th – 7 th June 2020	Tuesday 28 th April 2020

Subject to policy detail and performance standard, British Canoeing may select up to 1 boat per event for Paralympics GB nomination and up to 2 boats per event at the ICF World Championships and ECA European Championships.

*European Championships - In Paralympic events and VL3 Women, boats outside of the top 2 will be considered for selection based on Paris 2024 strategic aims. This is likely to be a small development team of up to 6 athletes and up to 1 per sport class. Full detail will be made available prior to selection.

2020 Paracanoe Team Selection Overview (All Teams)

All 2020 Paracanoe team selection will originate with domestic selection which will be used to select athletes.

Subject to mitigating circumstances, all selection will be based upon the results from the selection regatta on 24th-27th April 2020.

Subject to any mitigating circumstances selection for International Competition incorporates a number of elements including:

1. Ranking at appropriate Paracanoe selection regatta
2. The consideration of an athlete against the Performance standard
3. Reference to the strategic priorities as set out in Section 1

BRITISH CANOEING PERFORMANCE DEPARTMENT

OVERVIEW FLOW CHART OF 2020 PARACANOE TEAM SELECTION

NPC Sport class Quota Slot Qualified in 2019				
April Regatta 25-27 Apr 2020		2020 Worlds 18 -24 May 2020		Tokyo 2020 Games 27 Aug – 06 Sep 2020
1st Boat - (NPC slot qualified 2019)	*Games & Worlds Nominated		ParalympicsGB	
2nd Boat – Worlds Nominated & ** Games Reserve	As per strategic priority (e g Double Up)		Reserve / 2024 Trajectory	
			***4-7 June Euros (Development & Classification)	2024 Trajectory

NPC Sport class Quota Slot Outstanding in 2020				
April Regatta 25-26 Apr 2020		2020 Worlds 18 -24 May 2020		Tokyo 2020 Games 27 Aug – 06 Sep 2020
1st Boat - ** Outstanding Quota slots required	** Worlds Nominated	Outstanding Quota slots secured – Games Nominated	The athlete that secures the quota slot at Worlds - Gets ParalympicsGB Nomination	
			Quota slot Not Secured 2024 Trajectory	
2nd Boat – ** Outstanding Quota slots required	** Worlds Nominated	Outstanding Quota slots secured – Games Nominated	The athlete that secures the quota slot at Worlds - Gets ParalympicsGB Nomination	
			Quota slot Not Secured 2024 Trajectory	

* NPC Slot attained in 2019.

** NPC Slot outstanding in 2020

***Development Team of up to 6 athletes selected for European Championship

STANDARDS FOR SPRINT RACING

MALE CLASSES

Band	National Sprint Racing Classes		1000m	500m	200m		HC
1	Olympic 3:24 & 1:36 K1 <i>World Champion Men K1</i>		3.26	1.36	35.00		0
			3.30	1.38	35.66		1
			3.34	1.40	36.33		2
	Men A Kayak		3.38	1.42	37.00		3
			3.42	1.44	37.66		4
		3.46	1.46	38.33	P		
2	<i>World Champion C1</i>		3.50	1.48	39.00		5
	Men B Kayak	Men A Canoe	3.54	1.50	39.66	D	6
	Masters A Kayak		3.58	1.52	40.33		7
	Boys A Kayak		4.02	1.54	41.00		8
			4.06	1.56	41.66	P	9
3	Men C Kayak	Men B Canoe	4.10	1.58	42.33		10
	Masters B Kayak		4.14	2.00	43.00	D	11
	Boys B Kayak	Boys A Canoe	4.18	2.02	43.66		12
			4.22	2.04	44.33		13
			4.26	2.06	45.00	P	14
4	Men D Kayak	Men C Canoe	4.30	2.08	45.66		15
	Masters C Kayak	Boys B Canoe	4.34	2.10	46.33	D	16
	Boys C Kayak		4.38	2.12	47.00		17
			4.42	2.14	47.66		18
			4.46	2.16	48.33	P	19
5	Masters D Kayak	Men D Canoe	4.50	2.18	49.00		20
	Boys D Kayak	Boys C Canoe	4.54	2.20	49.66	D	21
			4.58	2.22	50.33		22
			5.02	2.24	51.00		23
			5.06	2.26	51.66	P	24
6	Boys D Canoe		5.10	2.28	52.33		25
			5.14	2.30	53.00	D	26
			5.18	2.32	53.66		27
			5.22	2.34	54.33		28
			5.26	2.36	55.00	P	29
7	Regional Regattas recommended		5.30	2.38	55.66		30
			5.34	2.40	56.33	D	31
			5.38	2.42	57.00		32
			5.42	2.44	57.66		33
			5.46	2.46	58.33	P	34
8	Regional Regattas recommended		5.50	2.48	59.00		35
			5.54	2.50	59.66	D	36
			5.58	2.52	60.33		37
			6.02	2.54	61.00		38
			6.06	2.56	61.66	P	39
9	Boys Intermediate Kayak			2.26	51.66		24
		To Boys D Kayak				P	
		Minimum time		2.46			
	Minimum Mini Sprint A			3.30			
	Minimum Mini Sprint B			4.00			

All classes within the same band are subject to the same performance standards.

There is no significance to the order in which classes are listed within each time band.

The handicap (HC) column is used to vary the standard time for each band to account for racing conditions at the time.

Promotions (P) and demotions (D) are possible on 1000m, 500m, and 200m races.

STANDARDS FOR SPRINT RACING

FEMALE CLASSES

Band	National Sprint Racing Classes		1000m	500m	200m		HC
1	Olympic 3:24 & 1:36 K1 <i>World Champion Men K1</i>						
	<i>World Champion Women K1</i>		3.50	1.48	39.00		0
2	Women A Kayak		3.57	1.51	40.30	D	1
			4.01	1.53	41.05		2
			4.05	1.55	41.80		3
			4.09	1.57	42.55		4
			4.13	1.59	43.30	P	5
3	Women B Kayak Women Masters A Girls A Kayak		4.17	2.01	44.05	D	6
			4.21	2.03	44.80		7
			4.25	2.05	45.55		8
			4.29	2.07	46.30		9
			4.33	2.09	47.05	P	10
4	Women A Canoe Women C Kayak Women Masters B Girls B Kayak		4.37	2.11	47.80	D	11
			4.41	2.13	48.55		12
			4.45	2.15	49.30		13
			4.49	2.17	50.05		14
			4.53	2.19	50.80	P	15
5	Women D Kayak Women Masters C Girls C Kayak	Women B Canoe Girls A Canoe	4.57	2.21	51.55	D	16
			5.01	2.23	52.30		17
		5.05	2.25	53.05		18	
		5.09	2.27	53.80		19	
		5.13	2.29	54.55	P	20	
6	Women C Canoe Girls B Canoe	Women Masters D Girls D Kayak	5.17	2.31	55.30	D	21
			5.21	2.33	56.05		22
		5.25	2.35	56.80		23	
		5.29	2.37	57.55		24	
		5.33	2.39	58.30	P	25	
7	Women D Canoe Girls C Canoe Regional Regattas recommended for others		5.37	2.41	59.04	D	26
			5.41	2.43	59.78		27
			5.45	2.45	60.52		28
			5.49	2.47	61.26		29
			5.53	2.49	62.00	P	30
8	Girls D Canoe Regional Regattas recommended for others		5.57	2.51	62.74	D	31
			6.01	2.53	63.48		32
			6.05	2.55	64.22		33
			6.09	2.57	64.96		34
			6.13	2.59	65.70	P	35
9	<i>To Girls D Kayak</i>			2.39	58.30	P	25
	Girls Intermediate Kayak			2.59			
	<i>Minimum time</i>			2.59			
	Minimum Mini Sprint A			3.30			
	Minimum Mini Sprint B			4.00			

All classes within the same band are subject to the same performance standards.

There is no significance to the order in which classes are listed within each time band.

The handicap (HC) column is used to vary the standard time for each band to account for racing conditions at the time.

Promotions (P) and demotions (D) are possible on 1000m, 500m, and 200m races.

STANDARDS FOR SPRINT RACING

PROMOTIONS IN SPRINT CLASSES

Promotion decisions are taken on times achieved in National Regatta heats or finals.

The STANDARDS FOR SPRINT RACING chart (pages D1 & D2) contains guideline times for all three sprint distances and classes. It assumes perfect weather and water conditions, that is, warm air and water with a steady and gentle following wind that just ruffles the surface.

Account is made for any variation in conditions from race to race. Performances are affected by the conditions at the time of each race, these may vary throughout each day. Cold water and head winds make times slower.

In order to assess whether a course is running fast or slow, the Promotions Team constantly monitor water and weather conditions and the times achieved by paddlers. They then refer to the column on the right of the STANDARD FOR SPRINT RACING chart marked HC, the handicap (or points) are used to determine by **how** much to adjust the times to a slower (or faster) time for each set of results.

Adjustments to the required times for promotion make the process as fair as possible but may lead to the application of different 'target' times from heat to heat, or heat to final.

Points to note:

- **Each class is graded separately.** Slower classes may have a bigger adjustment than faster classes (because slower paddlers are more adversely affected by poorer conditions). For example, on a day where the course is very slow the following HC adjustments may be made:
Class A 10 points: Class B 11 points: Class C 12 points: Class D 13 points
- One race cannot directly be compared with another.
- Achieving a faster time than a paddler in a higher class will not necessarily result in promotion to that class, neither will beating a higher ranked paddler in an age group competition.
- Promotion to an A class requires qualifying times over two out of the three distances 1000m, 500m or 200m.

Promotion times identified by the Promotions Team are not actioned unless ratified by the National Rankings Officer (Page A2) and will come into effect after publication in the National Regatta Official Results.

PERSONAL PERFORMANCE AWARDS



The Personal Performance Awards are designed for paddlers wanting to gain recognition of their learning and development, in the craft and environment they choose. The process of completing the awards is based on learning and, as such, the ethos of 'supporting the paddler' is the main focus of all the awards, encouraging individuals in their development.

Discipline Specific Pathway Awards

Racing

Racing Explore Award

Racing

Racing Perform Award

Racing

Racing Excel Award

- **All of the awards are direct entry.** Paddlers can choose which award they would like to work towards, developing their skills and decision making.
- There are **no direct links to Coaching and Leadership qualifications** as prerequisites. The awards do provide appropriate milestones and acknowledgement of personal skills, setting up the paddler appropriately for British Canoeing Coaching and Leadership qualifications.
- There are **no age restrictions** for any of the awards. Providers should check paddlers' suitability, as well as having appropriate mechanisms for anyone under 18.
- All of the awards have been created and written with the **paddler at the heart** of the content and creates empowerment and ownership.

Becoming a Provider

Every Instructor, Coach and Leader will be able to deliver some of the Personal Performance Awards, depending on the existing qualifications and roles held, which will provide greater access for the paddling community. All Providers will need to complete an online eLearning package which support Providers with the delivery of the awards. For full details, please see <https://www.britishcanoeingawarding.org.uk/personal-performance-awards/>

If Coaches don't hold British Canoeing qualifications, they can submit an APL application in order to deliver the awards. <https://www.britishcanoeing.org.uk/coaching-leadership/support-recognition/accredited-prior-learning>



Personal Performance Awards



The Racing Awards are designed for paddlers looking to develop and progress their Racing skills. So whether you're looking to start your journey into racing or looking to improve your racing skills, there's something for everyone!

Racing takes place in a variety of venues and environments. The awards can be accessed by sprint, marathon, ocean racing as well as in both kayak and canoe.

Racing

Racing Explore Award

The Racing Explore Award introduces you to the exciting world of racing, helping you to have fun and feel confident at the start of your journey, giving you the ability to apply your choices to an enjoyable racing experience.

Developing your forward paddling technique and racing boat skills, learning to train for, and compete in, entry level marathon and sprint competitions.

Racing

Racing Excel Award

The Racing Excel Award helps you to build your confidence, skill and knowledge to race and deliver your best performance in high level marathon, sprint and ocean racing competitions, through effective application of skills and well developed decision making processes.

Racing

Racing Perform Award

This award further develops your skill in racing, giving you the confidence to race as well as transferring your skills to crew boats. Learn to train for, and compete in, higher level marathon, sprint and ocean racing competitions as well as advancing your understanding and skills in standing starts, wash hanging, forward paddling and manoeuvring.

Although not prerequisites, these awards provide appropriate acknowledgement of personal skills for paddlers wanting to attend Coaching & Leadership qualifications. Achieving these awards ahead of the relevant qualification will enable you to focus on the course content, rather than being concerned with your personal skills.

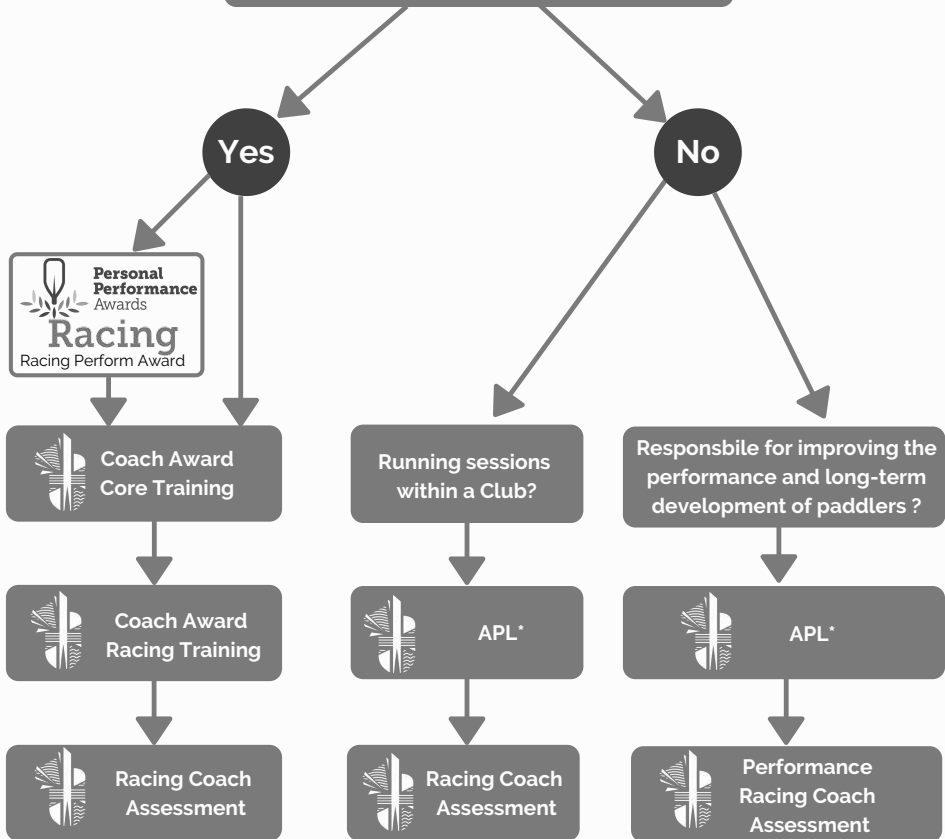
Racing Explore Award: Paddlesport Leader, Kayak Coach (Sheltered Water) and Canoe & Kayak Coach (Sheltered Water)

Racing Perform Award: Racing Coach Award

Racing Excel Award: Performance Sprint Coach or the Performance Marathon Coach



New to Racing Coaching?



British Canoeing Racing Coaches can work towards delivering...

Racing
Racing Explore Award

Racing
Racing Perform Award

Racing
Racing Excel Award

COACHING AND LEADING THE COMPETITION DISCIPLINES

NEW Self Analysis Tool and Digital Library

The NEW online resources enable individuals to recognise and celebrate their current practice, as well as consider options for further learning and development.

The Coach Self Analysis Tool enables an individual to gauge their current level of understanding, skill and knowledge in their chosen discipline, which includes Sprint and Marathon. This tool provides a personal overview of the coach's current practice, giving a holistic view as well as a specific breakdown in each of the areas. The analysis then offers considerations of how the coach may want to support their continual learning and development, as well as offering the option of Accredited Prior Learning, to support those with previous experience.

These considerations link to a range of resources within the NEW Digital Library, which includes videos, podcasts, eLearning, academic papers and much more! The library will continue to grow and develop as new resources are made available and can also be used as a stand-alone resource to browse topics relevant to you.

These supportive resources are available on the British Canoeing Awarding Body website:

<https://www.britishcanoeingawarding.org.uk/>

Accredited Prior Learning (APL): In some instances, aspirant Coaches may have prior experience that may enable them to enter the Coaching scheme and bypass training, going directly to assessment. If you feel you have the necessary experience, please refer to the Accredited Prior Learning (APL) Policy.

Developing your coaching and leadership skills through British Canoeing courses

There are various pathways, enabling both paddlers (boat-based) and non-paddlers (bank-based) to become Competition Coaches and Leaders. There are a range of direct entry awards available, which could be the first or next step for any aspirant Coach or Leader.

Racing Coach Award

Launched in January 2018, the Racing Coach Award is designed for people whose core function is to coach paddlers who want to gain/improve their Racing paddlesport skills. This will include coaching beginners new to the sport, or paddlers looking to develop their skills in a racing environment. The Racing Coach Award is open to boat-based and bank-based paddlers.

The Racing Coach Award consists of 2-days of Core Coach Training and 2-days of Racing Coach Training, which is concluded by a 1-day Assessment. There are direct entry options available and a British Canoeing membership is the only prerequisite of the Core Coach Training. Where relevant, Coaches who have already completed various British Canoeing qualifications can bypass the Core Coach Training and/or Racing Coach Training by applying for Accredited Prior Learning (APL). Coaches who have completed the Sprint Discipline Support Module Part 2 (training and logbook) can choose to bypass the respective Racing Coach Training if they feel confident with the content.

There is a supportive eLearning package available to aid learning.

COACHING AND LEADING THE COMPETITION DISCIPLINES

NEW Performance Racing Coach

The NEW Performance Racing Coach will be available from 29th June 2020 and is designed to support the development of well-practiced and experienced Coaches, refining their ability to use sophisticated coaching practices to effectively enhance individuals' long-term development as paddlers.

The learning journey is fluid and personalised to every coach who undertakes the programme. The key components of the award are the same but, as an experienced Coach, they will steer the direction and focus of learning in areas most relevant to them. The award is concluded by successfully completing a practical assessment which includes organising, planning and delivering a minimum of 3-hours' quality coaching for a least two learners.

Paddlesport Leader

The Paddlesport Leader Award is aimed at paddlers taking on formal leadership responsibilities in benign, sheltered water environments and aims to support Leaders to run safe, quality, enjoyable trips based on their group's needs and aspirations. In a racing club, a Paddlesport Leader could provide a safety overview on a training session chaperoning other paddlers, for example.

The Paddlesport Leader is a direct entry award and training is **not** compulsory. Leaders can opt for British Canoeing Paddlesport Leader Training courses, which are available to support candidates in their development of the required skills. These courses typically cover leadership skills, and the associated personal skills, safety and rescue skills. Alternatively, candidates may wish to opt for more bespoke training opportunities. For example, in-house training at their club, working alongside/shadowing other Leaders, or conference/symposium workshops.

The only prerequisites for the 1-day assessment are National Association membership and a 1-day First Aid Award.

There are supportive resources available, including the [Leadership eLearning](#), a Skills Checklist and Leading Experience record.

Marathon or Sprint Support Modules: Any level of Coach can attend a 1-day DSM course. These are available in both Sprint and Marathon and focus on the basic aspects involved in coaching, particularly forward paddling technique in canoe and kayak. It is designed to give the Coach an initial understanding of Sprint and Marathon Coaching. Dates for the Modules can be found on the British Canoeing Coaching pages.

Supporting Modules: To help a Coach or Leader with their personal development, there are a number of Foundation Modules and Intermediate Modules available as supporting units. This includes the Strength and Conditioning Foundation Module which is aimed at clubs who wish to commence Strength and Conditioning work at the club without having to rely on expensive equipment or hiring sports halls or gyms. Further details can be found on the British Canoeing website.

CPD (Continuous Personal Development) for Coaches is available to Club Coaches to further their existing knowledge, ideas and understanding. Information on coaching opportunities and supporting modules can be found on the coaching pages of the British Canoeing website.

First Aid Requirements: The requirements relating to First Aid qualifications and the different coaching levels held can be found on the British Canoeing website.

For further information, please contact coaching@britishcanoeing.org.uk

CLUB COLOURS

4AS
4AS Newark



ABF
Aberfan



ACU
Army Canoe Union



ADS
Addlestone



ANK
Anker Valley



BAD
Barking & Dagenham



BAN
Banbury & District



BAS
Basingstoke Canal



BCC
Belfast



BEJ
Bourne End Juniors



BOA
Bradford on Avon



BPR
Burton Phoenix



BPS
Broadland Paddle



BR8
Bridge 8



BRE
Brecon



BRI
Bristol



BRU
Brunel



BRY
Bryanston



BSF
Bishop's Stortford



BTH
Bath



CLUB COLOURS

BUR
Burton



CAM
Cambridge



CDF
Cardiff



CEL
Celbridge



CHE
Chester



CKP
Cokethorpe



CLM
Chelmsford (sprint)



CLM
Chelmsford



CNI
Canoe N. Ireland



DCP
Dyffryn Conwy



DEV
Devizes



DUD
Duddon



EAL
Ealing



ELM
Elmbridge



ERN
Erne Paddlers



ESK
Edinburgh Schools



EXE
Exeter



FLA
Fladbury



FOR
Forth



FOX
Falcon Oxford



CLUB COLOURS

FOY
Fowey



GAI
Gailey



GLO
Gloucester



GLS
Glanford & Scunthorpe



GLW
Glasgow



HAS
Hastings



HEM
Hemel Hempstead



HEN
Henley



HER
Hereford



HPP
Holme Pierrepont



HUN
Huntingdon



HYM
Herts Young Mariners



ICH
Ichthus



IPS
Ipswich



KCC
Kilcullen



KIM
Kimbolton



KIR
Kirkcaldy



LBZ
Leighton Buzzard



LDN
London Tideway



LEA
Leaside



CLUB COLOURS

LEE
Lee Valley



LIN
Lincoln



LKR
Linlithgow



LON
Longridge



LOU
Loughborough



MAD
Macclesfield



MAI
Maidstone



MER
Mercia



MLO
Marlow



MVR
Manvers



NBY
Newbury



NMC
North Merchiston



NOR
Norwich



NOT
Nottingham



OSC
Ocean Sports Club



OXU
Oxford University



PAN
Pangbourne



PEN
Pennine



PLY
Plymouth



PNZ
Penzance



CLUB COLOURS

POO
Poole



PPL
Paddleplus



RAF
Royal Air Force



RDG
Reading



RIC
Richmond



RLS
Royal Leamington Spa



RNK
Royal Navy



ROY
Royal



RTA
Regional Training



RUN
Runcorn



SDS
Scottish Development



SER
Seren DWR



SHK
Sharks



SHP
Shropshire



SLP
Salmon Leap



SOL
Solihull



SOR
Soar Valley



SOU
Southampton



SOW
Special Olympics Wales



STO
Stoke Racers



CLUB COLOURS

SUT
Sutton Bingham



SWA
Swansea



TAM
Tamar Valley



TAU
Taunton



TON
Tonbridge



TRE
Trentham



TRU
Truro



TTN
Thomastown



UKF
United Kingdom Armed Forces



VIK
Viking



WCR
Winchester



WEY
Wey Kayak



WIN
Windsor



WOK
Wokingham



WOL
Wolverhampton



WOP
Wear Whoppers



WOR
Worcester



WYC
Wiltshire Youth Club



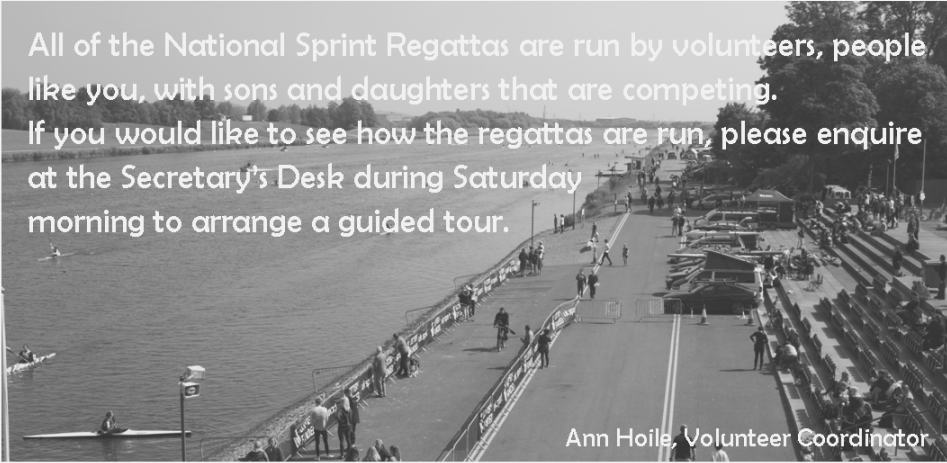
To register new club colours please contact:
Colour Registration – Louise Clive
Email: Regatta.Clubcolours@britishcanoeing.org.uk

CLUB ABBREVIATIONS

4AS	Newark 4 As Canoe Club	LKR	Linlithgow Kayak Racing
ABF	Aberfan Canoe Club	LON	Longridge Canoe Club
ACU	Army Canoe Union	LOU	Loughborough University
ADS	Addlestone Canoe Club	MAD	Macclesfield & District Canoe Club
ANK	Anker Valley Canoe Club	MAI	Maidstone Canoe Club
BAB	Bradford & Bingley Canoe Club	MAL	Malton and Norton Canoe Club
BAD	Barking and Dagenham Canoe Club	MDN	Meridian Canoe Club
BAN	Banbury & District Canoe Club	MER	Mercia Canoe Club
BAS	Basingstoke Canal Canoe Club	MLO	Marlow Canoe Club
BCC	Belfast Canoe Club	MVR	Manvers Waterfront Boat Club
BEJ	Bourne End Junior Sports Club	NAI	Nairn Kayak Club
BIN	Belfast Independent	NBY	Newbury Canoe Club
BOA	Bradford on Avon Canoe Club	NMC	North Merchiston
BPR	Burton Phoenix Racers	NOR	Norwich Canoe Club
BPS	Broadland Paddle Sport	NOT	Nottingham Kayak Club
BR8	Bridge 8 Canoe Club	NSK	North East Sea Kayak
BRE	Brecon Canoe Club	OSC	Ocean Sports Club
BRI	Bristol Canoe Club	OXU	Oxford University Canoe & Kayak Club
BRU	Brunel University	PAN	Pangbourne Canoe Club
BRY	Bryanston School Canoe Club	PEN	Pennine Canoe Club
BSF	Bishops Stortford Canoe Club	PLY	Plymouth College Canoe Club
BTH	Bath Canoe Club	PNZ	Penzance Canoe Club
BUD	Bude Canoe Club	POO	Poole Harbour Canoe Club
BUR	Burton Canoe Club	PPL	Paddleplus
CAM	Cambridge Canoe Club	PRA	Paddlesport Racers Association
CDF	Cardiff Bay Kayakers	RAF	Royal Air Force Canoe Association
CEL	Celbridge Canoe Club	RDG	Reading Canoe Club
CHE	Chester Sailing & Canoeing Club	RIC	Richmond Canoe Club
CKP	Cokethorpe School Kayak Club	RLS	Royal Leamington Spa Canoe Club
CLM	Chelmsford Canoe Club	RMK	Royal Marines Kayak Club
CNI	Canoe Northern Ireland	RNK	Royal Navy Kayak Association
DCP	Dyffryn Conwy Canoe Club	ROY	Royal Canoe Club
DEV	Devizes Canoe Club	RTA	Regional Training
DUD	Duddon Canoe Club	RUN	Runcorn Canoe Club
EAL	Ealing Canoe Club	SDS	Scottish Development Squad
ELM	Elmbridge Canoe Club	SER	Seren DWR Cardiff
ERN	Erne Paddlers	SHK	The Sharks
ESK	Edinburgh Schools Kayak	SHP	Shropshire Paddlesport Club
EXE	Exeter Canoe Club	SKR	Strathclyde Kayak Racing Club
FLA	Fladbury Paddle Club	SLP	Salmon Leap Canoe Club
FOR	Forth Canoe Club	SOL	Solihull Canoe Club
FOX	Falcon (Oxford)	SOR	Soar Valley Canoe Club
FOY	Fowey River Canoe Club	SOU	Southampton Canoe Club
GAI	Gailey Canoe Club	SOW	Special Olympic Wales
GLO	Gloucester Canoe Club	STO	Stoke Racers
GLS	Glanford & Scunthorpe Canoe Club	SUT	Sutton Bingham & District Canoe Club
GLW	Glasgow Kayak Club	SWA	Swansea Kayak Club
HAS	Hastings and District Canoe Club	SWY	Stornoway
HEM	Hemel Hempstead Canoe Club	TAM	Tamar Valley Nomads
HEN	Henley Canoe Club	TAU	Taunton Canoe Club
HER	Hereford Kayak Club	TON	Tonbridge Canoe Club
HPP	Holme Pierrepont Racing Canoe Club	TRE	Trentham Canoe Club
HUN	Huntingdon Canoe Club	TRU	Truro Canoe Club
HYM	Herts Young Mariners Base	TTN	Thomastown Paddlers
ICH	Ichthus Canoe Club	UKF	United Kingdom Armed Forces
IPS	Ipswich Canoe Club	VIK	Viking Kayak Club
KCC	Kilcullen Canoe Club	WCP	West Coast Paddlers
KIM	Kimbolton School Canoe Club	WCR	Winchester & District Canoe Club
KIN	Kingston Kayak Club (Hull)	WEY	Wey Kayak Club
KIR	Kirkcaldy Canoe Club	WIN	Windsor and District Canoe Club
LAK	Lakeland Canoe Club	WOK	Wokingham Canoe Club
LBZ	Leighton Buzzard Canoe Club	WOL	Wolverhampton Canoe Club
LDN	London Tideway Boat Club	WOP	Wear Whoppers
LEA	Leaside Canoe Club	WOR	Worcester Canoe Club
LEE	Lee Valley Paddlesports Club	WRC	White Rose Canoe Club (Leeds)
LIN	Lincoln Canoe Club	WYC	Wiltshire Youth Canoe Club



All of the National Sprint Regattas are run by volunteers, people like you, with sons and daughters that are competing. If you would like to see how the regattas are run, please enquire at the Secretary's Desk during Saturday morning to arrange a guided tour.



Ann Hoile, Volunteer Coordinator

www.canoeracing.org.uk



The official website for the BC Marathon and Sprint Racing Committees



Get alerted when a new message is posted



search for
BCU Marathon Racing Committee
and BCU Sprint Racing Committee
to join each Facebook Group

Photos have been kindly supplied by Anthony Edmonds and Ollie Harding



SPRINT RANKINGS 2020

Surname	First name	Year	Club
Men A Kayak – MAK			
Atkins	Daniel	2001	RDG
Beer	Robert	1989	BOA
Beevers	Joe	1993	WEY
Bowley	Matthew	1994	BPR
Bowley	James	1997	BPR
Boyton	Jonathan	1988	ROY
Brennan	Tom	1992	SLP
Bristow	Stuart	1996	ROY
Carson	Christopher	1998	WEY
Chmiel	Zygyy	1997	NOT
Cresser	Nicky	1981	NOT
Dembele	Noah	1998	LEA
Devonald	Henry	1995	SWA
Duffield	Lewis	1995	CLM
Fletcher	Lewis	1993	LKR
Foley	Ronan	2000	SLP
Gallacher	Ben	2000	FOR
Glover	Sam	1997	RDG
Gregory	Magnus	1998	OUC
Harding	Luke	1998	LON
Haynes	Ben	1989	LBZ
Heath	Liam	1984	WEY
James	Ieuan	1999	FOR
Johnson	Matthew	1996	CLM
Johnson	Daniel	1994	CLM
Kereszturi	Andras	2001	EAL
Kirton	Lewis	1988	ROY
Lambert	Michael	1991	WEY
Lark	Scoob	1996	ROY
Littlewood	Max	1998	NOT
Lusty	Tom	1994	SOL
Marciniak	Miki	1999	WEY
Miles	Philip	2001	RLS
Mitchell	George	1993	WOR
Moule	Keith	1980	CLM
Naftanaila	Stelian	1995	NOT
Nightingale	Edward	2002	WYC
O'Connor	Ryan	1999	SLP
Orme	Ross	1998	ANK
Pendle	Tim	1989	NOR
Poole	Robert	1989	LBZ
Quittenton	Peter	1998	LIN
Robinson	Matthew	1993	CDF
Russell	James	1997	NOT
Schofield	Jonathan	1985	SOA
Simmons	Tom	1991	BOA
Sliwa	Jakub	1998	NOT
Smith	Charlie	1999	LBZ

Surname	First name	Year	Club
Men A Kayak Cont'd – MAK			
Soler Fabre	Ignacio	1994	SOL
Stoychev	Georgi	1993	RUN
Thomson	Trevor	1998	EAL
Urquhart	Arthur	1999	ROY
Watkins	Barry	1989	SLP
Men B Kayak – MBK			
Abraham	Alexander	1993	NOT
Armstrong	Spencer	1999	NOT
Ball	Stephen	1994	ANK
Balls	Daniel	1993	NOR
Banks	Oliver	1998	WEY
Barkway	Robert	2000	BPS
Beaumont	Adam	1997	CLM
Benstead	Zak	2001	ELM
Bicknell	Alex	2001	WEY
Bohle	Oliver	1999	LKR
Bowen	Gabriele	1998	WEY
Brown	Freddie	2000	WYC
Buggy	David	1990	CEL
Bunyon	Alex	1999	NOT
Burr	Kieran	2000	WEY
Cadell	Finn	1999	LKR
Calder	Jordan	1998	CNI
Callow	Mat	1999	NOR
Carter	Phillip	1988	ROY
Chamberlin	Lochlan	1999	CLM
Clive	Mark	1993	GAI
Collinge	Matthew	2000	FOY
Corbett	Colin	1986	ROY
Daley	Sam	1996	LEE
Darnell	Ben	2000	RLS
Doran	James	1999	LIN
Dowden	Timothy	2001	RLS
Drage	James	2000	FOY
Eccles	Jordi	1996	ANK
Fitzpatrick	Joe	2000	CLM
Gannicott-Porter	Tim	2000	CLM
Gilbert	Harry	1996	ROY
Glaisher	Dougal	1999	NOT
Greaves	Alex	2001	RLS
Gunn	Sam	1999	ELM
Harper	Max	2000	BAN
Hayward	Kieren	1999	NOR
Henson	Odhran	2001	SLP
Hinves	Matthew	2001	SOU
Hook	Reef	1999	EAL
How	James	2000	NOR
Howlett	Taine	1999	RLS

SPRINT RANKINGS 2020

Surname	First name	Year	Club
Men B Kayak Cont'd – MBK			
Huntingford	Francis	1998	NOT
Jefferies	Robert	1993	PEN
Kemp	Freddie	2001	RDG
Killey	Kieron	2000	NOT
Kovacs	Andras	1998	WEY
Leishman	Elliot	1988	FOR
Leissing	Thomas Markus	1988	FOX
Lennie	Alasdair	1994	GLW
Mainprize	Thomas	2001	LBZ
Martyn	Jordan	2001	WEY
McCarthy	Sean	1994	RIC
McCartney	Matthew	2001	CEL
McCracken	William	2001	BAN
McIntyre	Alex	2000	NOT
McNally	Odhran	1996	SLP
Mongan	Patrick	2001	LIN
New	James	1995	RDG
Nobbs	Ashley	1996	NOR
O'Grady	Jonathan	1989	LON
Oliver	Robert	1988	SOL
O'Neil	Brian	1998	SLP
Parkes	Matthew	1996	NOR
Peters	Connor	1996	LON
Petersen	Joe	1999	RLS
Pickering	Thomas	2000	LBZ
Plewman	Daniel	1997	WEY
Quittenton	Ben	2001	LIN
Richards	Joe	2001	NOR
Saunders	Harry	2000	RLS
Scammell	Will	2000	ELM
Sharpe	Tom	1990	RIC
Shaw	Luke	2000	NOR
Skippings	Adam	2000	CLM
Slattery	Mark	1998	SLP
Smith	Ryan	2000	ELM
Smithson	James	2000	RLS
Spencer	Joe	1997	CLM
Stanway	Thomas	1995	CLM
Stormont	Nicholas	1996	FOX
Stroud	William	1999	CLM
Szigeti	Ignac	1997	SOU
Townend	Ashley	1990	LBZ
Walkinton	James	1994	CLM
Walsh	Shaune	1986	NOT
Wilkes	Peter	1992	FOY
Wilkinson	Kayne	1998	ELM
Williams	James	1996	RUN

Surname	First name	Year	Club
Men C Kayak – MCK			
Antunovic	Luka	1998	BAN
Atkins	Matthew	1999	RDG
Barnes	Josh	1995	SOU
Bell	James	2001	LON
Blacker	Chris	1981	SOU
Boyd	Alex	1998	WOR
Brooks	George	2001	FLA
Butkevicius	Klaidas	2001	SLP
Carn	George	2001	WOR
Carvell	Nicholas	1999	WEY
Dauncey	Sam	2001	WEY
Dixon	Stephen	1992	BOA
Dobson	Edward	1992	DEV
Edwards	Duncan	1990	RDG
Escott	James	1993	BOA
Flack	Robin	1998	BAN
Foley	Marcus	1998	ELM
Green	Blaize	1996	CLM
Griffiths	Oscar	2001	CLM
Grimsey	Daniel	2001	SOU
Hanchet	Louis	2001	ROY
Harte	Shaun	1999	BAN
Hetherington	Robert	2000	CEL
Ilett	Robbie	1993	NOT
Ingham	Ryan	2000	WEY
Jones	Daniel	2001	DEV
Karatzoulas	Kostantinos	1993	LIN
Lodge	Matthew	1995	NOR
Mac-giollaphadraig	Iomhar	1993	SLP
Macnab	Conor	1999	RDG
Macnab	Jarvis	2001	PAN
Mcandie	Calum	2000	KIR
Mitchell	Daniel	1994	ANK
Mulligan	Oisin	2001	SLP
Murad	Josh	2001	NOR
O'Brien	Finn	2001	LEA
O'Brien	Alex	2001	CEL
Palmer	Daniel	1997	FOY
Perkins	Nicholas	2001	NOR
Rowlands	Mathew	1991	SER
Siman	Joseph	1988	BOA
Slattery	Ronan	2000	SLP
Slattery	Cormac	2000	SLP
Stevens	Reeve	2000	DEV
Stormont	James	1994	FOX
Terry	Dean	1998	NOR
Tilbury-Clarke	Simon	1999	PAN
Urquhart	George	2001	BAN

SPRINT RANKINGS 2020

Surname	First name	Year	Club
Men C Kayak Cont'd – MCK			
Weir	Iain	1992	BAN
Wilson	Craig	1997	CNI
Wood	Stuart	1994	BTH
Men D Kayak – MDK			
Alan	Griffiths	1987	CDF
Alden	Will	1998	FOX
Aston	Adam	1999	CNI
Battison	Alex	1999	BAN
Beard	William	2001	WYC
Brindley	Peter	2001	WYC
Caton	Euan	2001	BSF
Civico	Jack	1998	PEN
Clarke	Matthew	1996	RDG
Colby	Daniel	1994	DEV
Cook	Oliver	1999	SOL
Deville	Andrew	1997	CLM
Dewdney	Elliott	2001	WEY
Durkan	Shane	2001	CEL
Fenwick	Benjamin	2000	LON
Fisher	Joshua	2000	LKR
Fitzgerald	Tommy	2001	PAN
Hogan	Finlay	2001	ROY
Hubner	Jacob	1999	NOT
Johnson	Luke	2000	BAN
Kirke	Ridwan	2001	NOR
Leaver	Bryan	1990	WEY
Leech	Arthur	2000	RIC
Legg	Sam	1990	LBZ
Leonard	Stephen	1999	PAN
Little	Alexander	1994	DEV
Lucas	Christopher	1998	ADS
Martin	Oscar	2001	SLP
McGill	Ryan	2001	SLP
Melly	Dominic	1990	WEY
Mishev	Rosko	2000	ROY
Morriss	Alex	2000	WYC
Norton	Zach	2001	FLA
Perkins	Thomas	2001	RDG
Phillips	Ben	1998	RIC
Phillipson	Dave	1989	PAR
Rees	William	1997	PAR
Robinson	Leo	2001	FOR
Smith	Joshua	2001	LIN
Smith	Seamus	2001	POO
Snapper	Woody	2001	NOT
Spink	Matt	1998	NOT
Stenning	Richard	1997	WEY
Walker	Tom	1999	NOR

Surname	First name	Year	Club
Men D Kayak Cont'd – MDK			
Weir	Roger	1991	BAN
Whitlock	William	2001	SOU
Whittaker	Joe	2001	RIC
Wigglesworth	Mark	1988	PAN
Wise	Dean	1986	FOX
Xiao	Andrew	1988	RIC
Young	Henry	2001	WEY
Men Masters A Kayak - MVAK			
Baban	Eugen	1977	BCC
Boehm	Edgar	1977	RDG
Butler	James	1969	NOT
Caffrey	Colin	1978	SLP
Christie	Jamie	1972	SOR
Croucher	Adrian	1961	WEY
Egan	Peter	1979	SLP
Enoch	Matthew	1976	NOT
Fowler	Nicholas	1977	WOR
Irvine	Brett	1979	RIC
Jones	Nigel	1978	NOT
Lawrence	Matthew	1982	LBZ
Lodge	Tim	1972	WEY
Longley	Nick	1980	RIC
Love	Tom	1974	RLS
McCarthy	Liam	1958	SLP
Moule	Steve	1979	CLM
Murray	Kenlea	1973	RIC
Ricketts	Simon	1971	ANK
Rogers	Richard	1973	CHE
Sirrell	Brett	1971	RLS
Soregi	Balazs	1977	HEM
Sweetlove	Ray	1974	CNI
Vanlonkhuyzen	Simon	1976	SLP
Webb	Michael	1977	RIC
Young	Jonathon	1984	CNI
Men Masters B Kayak - MVBK			
Allinson	Patrick	1959	NOT
Anderson	Grant	1983	NOT
Beighton	Nick	1981	PAR
Belbin	David	1965	NOT
Blackman	Neil	1963	RLS
Blackman	Bruce	1967	GAI
Butt	Adrian	1964	SOU
Cechova	Aleksandra	1962	GLW
Dimmock	Paul	1959	WEY
Dzyna	Andrei	1963	RIC
Epps	Terry	1954	NOR
Freeland	Jeremy	1970	FOX
Hampton	Keith	1959	LIN

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Surname	First name	Year	Club
Men Masters B Cont'd Kayak - MVBK			
Hinves	James	1973	SOU
Holmes	Guy	1959	SOU
Kent	Richard	1962	SOU
Lowe	Paul	1968	NOT
Maraun	Thomas	1978	FOX
Martin	Michael	1965	LBZ
Martinkevic	Vasilij	1976	HEM
Martyn	David	1967	WEY
Mayers	James	1974	RUN
Missen	Stan	1959	BOA
Munro	Tim	1966	RIC
Neale	Clive	1969	TON
Nicholson	Andy	1962	WEY
O'Drisceoil	Deaglan	1965	SLP
O'Leary	Patrick	1972	SLP
Oliver	Matthew	1974	LIN
Pendle	Dyson	1957	NOR
Pringle	David	1980	SLP
Riley	Gordon	1971	ANK
Rinolucrici	Martin	1968	NOT
Senk	Stefan	1980	RDG
Speirs	Gilbert	1953	KIR
Topham	Nik	1967	RDG
Westall	Matthew	1984	PAN

Men Masters C Kayak - MVCK			
Alexander	Gary	1969	ADS
Anderson	Mike	1975	NOR
Avery	John	1970	CLM
Avery	Robin	1948	BAN
Bauer	Jurgen	1964	WOR
Blackman	Howard	1965	BPR
Branchflower	David	1964	WEY
Brookes	Paul	1967	GAI
Bunyon	Chris	1966	CLM
Clark	Stewart	1965	CLM
Crosby	Stuart	1968	ANK
Davison	Chris	1970	RUN
Dodson	Andy	1963	ADS
Doran	Andrew	1969	LIN
Elliot	Richard	1963	SOU
Fegent	Mike	1956	RIC
Frankland	Nigel	1960	RDG
Gadd	Paul	1961	ADS
Garner	Nick	1968	RIC
Gorman	Peter	1955	WEY
Greenham	Brian	1950	RDG
Greyson-Newman	Tony	1968	RIC
Grimsey	Damon	1971	SOU

Surname	First name	Year	Club
Men Masters C Cont'd Kayak - MVCK			
Grimwood	Andrew	1967	LIN
Guest	Robert	1960	LIN
Hammond	Brian	1963	RDG
Hastwell	Andrew	1975	RUN
Haws	David	1964	WEY
Haycock	Jerry	1956	LBZ
Head	Tom	1980	CLM
Herbert	Doug	1975	CLM
Hollins	Tom	1975	RDG
Holmes	Graham	1957	WEY
Hook	Martin	1971	EAL
How	Matt	1965	NOR
Kaloczy	Zoltan	1962	NOT
Kucska	Imre	1983	NOT
Lucas	Roland	1961	RIC
Mainprize	Peter	1957	RDG
Marnell	Stephen	1967	RUN
Marshall	Derek	1956	LKR
Mason	Norman	1952	NOT
McAra	Neil	1967	BAN
Murphy	Gerry	1960	BCC
Nicholson	Leon	1963	SOU
Partridge	Gary	1965	TRU
Pemble	Doug	1964	ADS
Peters	Guy	1961	RIC
Rance	Steve	1959	SOU
Ricketts	Dave	1968	ANK
Roberts	Mark	1985	ROY
Shephard	Evan	1985	RDG
Sklenar	Jan	1971	NOR
Toovey	Jason	1976	LKR
Villaruel	Matthew	1969	EAL
Williams	Robin	1958	WEY
Willis	Steve	1958	SOU
Winstanley	Richard	1984	BSF
Men Masters D Kayak - MVDK			
Applewhite	Adrian	1972	CLM
Atkins	Lee	1969	RDG
Betts	Nathan	1970	RDG
Blatchly	Mark	1963	NOT
Boonham	Chris	1965	RDG
Callow	James	1965	RAF
Channon	Peter	1961	RIC
Chernyshenko	Dmitri	1981	RIC
Davison	Max	1965	BAN
Deville	Mark	1963	CLM
Edmonds-Seal	Bob	1970	FOX
Evans	David	1962	GLO

SPRINT RANKINGS 2020

Surname	First name	Year	Club
Men Masters D Kayak Cont'd - MVDK			
Fenwick	Jonthan	1967	LON
Ferguson	Gareth	1979	GAI
Gilbert-Johns	Richard	1965	SOU
Green	Robert	1955	NOR
Griffiths	Daniel	1971	CLM
Gutteridge	Marc	1971	RDG
Harrison	Mike	1958	NOR
Hawthorn	Michael	1952	WOR
Hayman-Joyce	Richard	1967	WEY
Hill	Tant	1972	RDG
Hipkins	Kevin	1966	LON
Hutchinson	Stuart	1971	RDG
Ilett	Peter	1962	NOT
Jarratt	Theo	1972	LIN
Jones	Gavin	1968	WEY
Kew	Jim	1973	WEY
Lack	Kevin	1967	LIN
Langham	Joseph	1977	WEY
Lawrenson	Bill	1955	BPR
Lee-Smith	Clifford	1949	NOR
Martin	Eddie	1968	SLP
Mietus	Peter	1955	NOT
Nadal	Mick	1951	NOT
Oliver	Laurence	1943	LIN
Oliver	Richard	1947	LIN
Raciborska	Jan	1961	RDG
Rix	Gavin	1964	NOR
Robertson	Craig	1972	RDG
Simmons	Ray	1975	LIN
Smith	Steve	1968	WEY
Smith	Gary	1967	NOR
Tatam	Chris	1950	SWA
Thompson	Paul	1960	WEY
Tilbury	Robin	1963	PAN
Walker	Thomas	1981	RIC
Want	Adam	1970	NOR
Waszkiewicz	Tony	1955	RIC
Wilkinson	Philip	1963	LIN
Wright	Simon	1972	LIN

Surname	First name	Year	Club
Boys A Kayak - BAK			
Booth	Toby	2003	NOR
Brockway	Jack	2002	LKR
Cabrera	Benjamin	2004	TRU
Chmiel	Stani	2003	NOT
Clayton Harris	Ben	2003	LEE
Devine	Nathon	2002	SLP
Dowling-Clarke	Rory	2003	FOR
Ferri	Luca	2004	ELM
Flanagan	Liam	2002	SLP
Hinves	Xavier	2003	SOU
Holland	Tom	2002	SOU
Kowal	Matthew	2002	LKR
Lewis	Perry	2002	WEY
Motha	Michael	2004	ROY
O'Keeffe	Eavan	2003	CEL
Phillips	Luke	2002	RIC
Pickering	Max	2002	LBZ
Pirmuhamedov	Jonathan	2003	CLM
Sielicki	Maksymilian	2002	GLW
Stanley	Dominic	2004	FOX
Stewart	Rory	2002	ADS
Swan	Sam	2003	WEY
Tarver	Zac	2003	ELM
Tonkin	Alex	2003	RDG
Want	Benjamin	2003	NOR
Wilkinson	Ethan	2002	WEY
Boys B Kayak - BBK			
Ap-Cooke	Geraint	2002	SWA
Aries	Robert	2003	RLS
Bannatyne	Cameron	2002	NOT
Banton	Joseph	2002	LIN
Bauer	Pascal	2002	WOR
Betts	Sam	2003	RDG
Bowers	Rowan	2003	ELM
Bray	Ruairi	2004	SLP
Butkevicius	Lukas	2003	SLP
Carter	Jack	2004	ROY
Cooke-Bayley	Haydyn	2005	GAI
Cribbett	Sam	2005	RLS
Crossley	Edward	2003	RLS
Dewson	Alfie	2003	LEE
Donnellan	Paul	2004	SLP
Evans	Toby	2002	SOU
Fisher	Matt	2003	GLW
Freeland	Harry	2005	FOX
Gilbert-Johns	Jack	2002	SOU
Gurney	David	2002	BSF
Hawkins	Tate	2003	WEY

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Surname	First name	Year	Club	Surname	First name	Year	Club
Boys B Kayak Cont'd - BBK				Boys C Kayak Cont'd - BCK			
Hubbard	Tom	2002	ROY	Harris	Carl	2004	SLP
Kleta	Devin	2002	RIC	Hill	Sam	2003	RDG
Lear	Harry	2004	ROY	Hilyer	Herbert	2005	NOR
Leiper	Aidan	2004	LKR	Hubbard	Edward	2004	ROY
Levkovskyy	Philip	2005	EAL	Hynds	Archie	2003	ELM
Lewis	Findlay	2005	LKR	Jackson	Oliver	2003	LIN
March	Daniel	2002	CLM	Jacq	Louis	2005	CAM
Morris	Ptolemy	2003	WEY	Kabeer	Muhammad Ali	2006	WOK
OToole	Eoin	2002	SLP	McCartney	Daniel	2003	CEL
O'Connor	Dylan	2005	RIC	McGivern	Noah	2003	BCC
Partridge	Oscar	2004	TRU	Murdoch	Martin	2004	ROY
Price	Daniel	2003	WEY	Panev	Deni	2002	FOX
Railton	Joe	2004	TRU	Parker	Jacob	2004	SOU
Rea	Alex	2004	CNI	Phillips	Michael	2003	BAN
Rushby	James	2004	RIC	Radford	Ben	2003	WEY
Sebti	Karim	2004	RIC	Reilly	Fergal	2002	SLP
Smith	Lewis	2003	LIN	Rogers	Teifion	2004	CHE
Smith	Connor	2002	NOR	Singleton	Huw	2006	NOT
Smith	Kieran	2004	NOR	Skippings	Jack	2003	CLM
Smith	Ben	2003	SLP	Sklenar	Dan	2004	NOR
Sroka	Kacper	2004	LKR	Stratford	Ben	2004	LBZ
Tamblin	Mitchell	2005	NOR	Tideswell	Rupert	2007	CAM
Taylor	Zach	2002	NOR	Totten	Drew	2003	BCC
Thomas	Tony	2004	GLW	Villaruel	Leo	2004	EAL
Thomas	Darragh	2003	SLP	Woodward	Alex	2003	RLS
Tideswell	Sebastian	2004	CAM	Young	Spencer	2003	SLP
Tietema	Rory	2002	RDG	Boys D Kayak - BDK			
Topham	Finlay	2004	RDG	Adhami	Lucien	2002	EAL
Woods	Joseph	2003	ROY	Allan	Patrick	2006	WEY
Wroe-Pattullo	Arthur	2004	FOX	Andrews	Lewis	2006	LIN
Boys C Kayak - BCK				Barber	Nathan	2004	ADS
Allen	Charlie	2004	DEV	Bartusik	William	2007	
Ayran	Koen	2006	FOX	Bell	Jasper	2003	BAN
Baban	Lucian	2004	BCC	Betts	Toby	2006	RDG
Barker	Owen	2000	PAN	Bicknell	Sam	2004	WEY
Bartusik	Oliwier	2005		Boland	Scott	2004	SLP
Beeney	Joseph	2002	RDG	Bourne	James	2006	POO
Blackmore	Chris	2003	CLM	Brown	Alfie	2003	EAL
Brunsteig	Colin	2002	CAM	Butler	Edward	2005	NOT
Caislean	Gael	2003	SLP	Byrd	Guy	2002	BAN
Clinton	Charlie	2002	ANK	Clarke	Callum	2005	SLP
Cramer	Charlie	2004	SOU	Coops	Elliot	2005	GAI
Critchfield	Harry	2003	BAN	Coyle	Ryan	2007	GLW
Freeland	Charlie	2004	FOX	Cramer	Fletcher	2006	SOU
Gloria	Julian	2003	FOX	de Salis	Max	2004	LKR
Griffin	Kit	2006	RLS	Edmonds-Seal	Henry	2003	FOX
Griffin	Ben	2003	RLS	Ellis	Joseph	2005	BAN
Hall	Billy	2004	NOR	Enoch	Joe	2006	NOT

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Surname	First name	Year	Club
Boys D Kayak Cont'd - BDK			
Firth	George	2004	LON
Flanagan	Conor	2005	SLP
Flanagan	Conor	2005	SLP
Flory	Tom	2002	FOX
Fooks	Algernon	2002	DEV
Foster	Adam	2002	SLP
Geoghegan	James	2003	SOU
Hackwell	Sam	2006	TRU
Hammond	Harvey	2002	CLM
Hayman-Joyce	David Edward	2004	WEY
Herriot	Archie	2005	GLW
Higgins	Ben	2005	SLP
Hinves	Andre	2006	SOU
Holt	Flynn	2006	ROY
Hopkirk	Daniel	2003	LIN
Hughes	Patrick	2005	NOR
Jault	Oliver	2003	BAN
Jones	Bailey	2002	FLA
Kileen	Conor	2003	SLP
King	Sean	2004	CEL
Lamb	Nathaniel	2006	SOU
Larner	William	2006	BAN
Lavelle	Dan	2003	SLP
Lovell	Jamie	2006	DEV
Luc	Tuan	2002	FOX
Mavra	Danny	2006	RIC
Mayfield	Archie	2003	NOT
McCleane	Caleb	2006	CNI
McManus	Sean	2004	SLP
Medepalli	Shirav	2005	RIC
Morley	Arthur	2005	WEY
Moxon	Noah	2004	BAN
Munro	Johnnie	2006	GLW
Muthreich	Fredrik	2006	ROY
Nelson	James	2005	RDG
Osmola	Mikolaj	2006	GLW
O'Sullivan	Conor	2005	SLP
Peddie	Joseph	2005	GLW
Pepper	William	2004	BAN
Perry	Joshua	2005	BAN
Popham-Coveley	Gabriel	2005	FOX
Rayment	Jack	2006	LBZ
Redjeb	Erin	2005	ROY
Sales	Theo	2006	CAM
Scaplehorn	William	2006	DEV
Sewell-Catchpole	Harry	2006	NOR
Shetty	Felix	2006	WEY
Stevely	Sam	2007	ESK

Surname	First name	Year	Club
Boys D Kayak Cont'd - BDK			
Szabadvari	Miklos	2003	RDG
Taylor	Jago	2005	NOR
Thorne	David	2002	NOR
Tomlinson	Leon	2005	PEN
Tomlinson	Leon	2005	PEN
Toop	Regan	2006	WYC
Turner	Luke	2004	GLW
Tyack	Archie	2003	FOX
Want	Jacob	2005	NOR
Want	Toby	2005	NOR
Wardell	Harrison	2003	LIN
Williams	Morgan	2003	LEE
Witfowski	Tomasz	2006	GLW
Zasadzinski	Damian	2006	GLW
Women A Kayak – WAK			
Ayres	Phoebe	1991	NOR
Belcher	Lani	1989	ELM
Broughton	Lizzie	1988	RIC
Brown	Hannah	1990	WYC
Egan	Jenny	1987	SLP
Hannah	Angela	1986	BAN
Kerr	Deborah	1997	ANK
Lee-Smith	Lucy	1997	NOR
Lewis	Emily	1993	WOR
Mason	Hayleigh	1986	NOT
Rees-Clark	Sam	1995	NOT
Russell	Emma	2000	CLM
Schofield	Rachel	1988	WEY
Simon	Rebeka	1996	ELM
Turner	Amy	1993	BAN
Walker	Jessica	1990	ROY
Women B Kayak – WBK			
Brockway	Emma	1999	LKR
Browne	Gemma	1994	ROY
Burgess	Abi	1999	WEY
Burgess	Ellie	1999	BTH
Cadell	Amelia Skye	2001	LKR
Carter	Molly	2001	ROY
Churchill	Elise	2001	SER
Clark	Zoe	2001	ROY
Clayton	Tanisha Nicole	1994	BAS
Collins	Imogen	1993	RDG
Dale	Ava	1998	FOX
Dale	Enya	2001	FOX
Drane	Hannah	1995	NOR
Duffield	Florence	2000	NOR
Farrant	Talitha	1998	WEY
Freeman	Anoushka	1999	RIC

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Surname	First name	Year	Club
Women B Kayak Cont'd – WBK			
Gray	Elizabeth	1999	LIN
Illinesi	Emily	1993	IND
Johnson	Melissa	1997	CLM
Kneen	Rachel	2000	FOR
Lane	Alexandra	1994	RDG
Martyn	Samantha	2000	WEY
McAllister-Jepps	Emilla	1989	NOT
Myburgh	Renee	1999	ROY
Peters	Freya	2001	RIC
Rooney	Sophie	1992	BAN
Smith	Aisling	1993	SLP
Spencer Winyard	Taylor Natalie	1992	FOR
Sudeikyte	Dovile	1992	ROY
Swarbreck	Jane	1987	RIC
Syme	Rachel	1997	KIR
Wallace-Loizou	Maia	1999	RIC
Wells	Nicole	1995	LIN
Williams	Nicole	1995	ROY

Women C Kayak – WCK			
Aspell	Megan	1998	RNP
Boonham	Fran	2000	RDG
Brookes	Chelsea	1996	GAI
Davison	Esme	2001	BAN
de Bruijn	Suzanne	1986	NOR
De Ferrer	Madeleine	1997	WEY
Dilai	Maggie	1986	RUN
Dingley	Amelia	1994	LIN
Ellis	Charlotte	1994	LBZ
Fitzhenry	Afton	1995	CNI
Gill	Bethany	1996	CLM
Hewitt	Emily	1996	SOU
Hicks	Harriet	1996	NOR
Holden	Bronte	2000	NOT
Hurrell	Zoe	2001	ADS
Hutchinson	Stephanie	2001	LON
Jones	Natasha	2001	WEY
Linnell	Louise	1988	NOR
Mann	Jasmine	1999	CDF
McMullen	Georgina	1998	ELM
McQuaid	Kate	1998	NOT
Murphy	Alice	1992	BAN
Neave	Shuna	1986	NOT
Oxtoby	Lydia	1992	LBZ
Ozvald	Maja Kira	2001	RUN
Polgreen	Lizzie	1988	FOX
Railton	Anna	1989	FOX
Roberts	Stephanie	1993	BRU
Seika	Rebecca	1994	BAN

Surname	First name	Year	Club
Women C Kayak Cont'd – WCK			
Slack	Ellen	2001	ROY
Terry	Stacey	1994	NOR
Thompson	Sophie	2000	WEY
Tomos	Nia	1989	LIN
White	Heidi	1997	BSF

Women D Kayak – WDK			
Arnold	Caitlin	2000	SER
Avery	Lauren	1998	CLM
Avery	Lauren	2001	ROY
Ball	Jodie	2000	NOT
Barnard	Leanne	1995	LIN
Bell	Cerys	2001	SER
Bracewell	Chloe	1991	LIN
Bradley	Aisling	1997	ROY
Bullen	Vickey	1990	BOA
Cechowa	Lada	1997	GLW
Chmiel	Kasia	2000	NOT
Crossley	Jo Jo	1991	RDG
Davies	Claire	1987	NOT
Day	Natalie	1999	ROY
Dimmock	Mille	2000	WEY
Dixon	Chelsey	1996	PAR
Durrant	Esme	2000	NOT
Ede	Molly	2001	NOR
Falltrick	Leah	1996	CLM
Flack	Annalies	1996	BAN
Fort	Rachel	1989	RDG
Godsave	Lauren	1989	WEY
Henshaw	Charlotte	1987	PAR
Hussey	Laura	1992	LBZ
Hyde	Lottie	2001	ROY
Hyde	Charlotte	2001	ROY
Jackson	Hollie	2001	FOX
Jefferies	Robyn	1992	BAN
Johnson	Isla	1998	BAN
Kelly	Sarah	1991	BOA
Kilvington	Manon	2001	ADS
Kirby	Kitty	2001	WYC
Lawton	Natasha	1997	GLW
Lever	Molly	2001	NOT
Long	Sophie	2000	FOX
Long	Jessica	1999	FOX
McCarthy	Kate	2000	SLP
Millest	Sarah	1988	NOT
Mobbs	Holly	1998	WEY
Nash	Keira	1990	PAR
O'Connell	Elly	1993	RIC
Palmer	Anna	1997	LON

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Surname	First name	Year	Club
Women D Kayak Cont'd – WDK			
Parker	Sophie	1990	CLM
Patterson	Nikki	1989	PAR
Peake	Alana	1992	BOA
Pryor	Georgina	1998	LEE
Regan	Molly	1996	SOU
Reid	Katie Jayne	1995	FOR
Ricketts	Olivia	2001	ANK
Roghi	Eloise	2000	NOR
Sealey	Hannah	1994	RDG
Simmons	Hannah	1993	BOA
Smith	Lili-May	2001	RDG
Smith	Ella	2001	WEY
Stephens	Hannah	2001	SWA
Thorpe	Lindsay	1993	PAR
Walkinton	Holly	1993	CLM
Webb	Milly	1996	WYC
White	Aine	2001	CEL
Wilcox	Megan	1996	NOR
Wyatt	Zowie Heather	1991	CLM
Young	Jemima	1998	WEY

Women Masters A Kayak – WVAK

Women Masters B Kayak - WVBK			
Grady	Fiona	1973	NOR
North	Nanette	1984	CAM
Robertson	Becky	1981	NOR
Wilson	Katherine	1985	RDG

Women Masters C Kayak - WVCK

Women Masters D Kayak - WVDK			
Alexander	Jan	1962	NOR
Alexander	Sally	1965	ADS
Atkins	Debbie	1969	RDG
Ayres	Elizabeth	1980	NOT
Banson	Caroline	1965	NOR
Bates	Joanne	1981	FOX
Butler	Michelle	1970	NOT
Colby	Sue	1970	DEV
Davies	Bethan	1983	RDG
Davis	Joanne	1967	NOR
Dodson	Wendy	1952	ADS
Drane	Coral	1963	NOR
Duff	Kerry	1977	NOR
Duffield	Stacey	1972	NOR
Dyndor	Zoe	1982	BAN
Elson Smith	Vicky	1970	RDG
Field	Kirstin	1973	RIC
Fooks	Juliet	1970	DEV

Surname	First name	Year	Club
Women Masters D Kayak Cont'd – WVDK			
Golder	Elena	1982	SER
Harper	Helen	1973	BAN
Harrison	Paula	1963	NOR
Hawthorn	Susan	1963	WOR
Hicks	Julie	1962	NOR
Hinkova	Andrea	1972	NOR
Howell	Catherine	1974	NOT
Hutchinson	Erika	1977	RDG
Jenkins	Justine	1969	NOT
Johnson	Colette	1964	BAN
Jones	Caroline	1966	NOT
Jones	Jenny	1967	DEV
Martyn	Caroline	1968	WEY
McManus	Kate	1967	NOT
Middlehurst	Sue	1962	ADS
Millar	Jane	1956	NOT
Mimms Graham	Miriam	1961	RDG
Moore	Jenni	1983	NOR
Morley	Tania	1965	NOR
Muszka	Timea	1974	RDG
O'Connell	Felicity	1984	BAN
Oughton	Lynda	1959	NOT
Parsons	Tina	1963	NOT
Pemble	Caroline	1975	ADS
Pendle	Ali	1961	NOR
Peters	Annette	1966	RIC
Phillips	Louise	1992	RIC
Skeldon	Anne	1964	WEY
Smith	Robyn	1974	LIN
Smith	Kaye	1972	WEY
Taylor	Emma	1964	NOR
Thraves	Eleanor	1985	NOT
Unwin	Heidi	1965	NOT
Urquhart	Siobhan	1965	BAN
Walker	Sarah	1973	NOR
Wiggs	Emma	1980	PAR
Zollinger	Silke	1980	RDG

SPRINT RANKINGS 2020

Surname	First name	Year	Club	Surname	First name	Year	Club
Girls A Kayak - GAK				Girls C Kayak Cont'd - GCK			
Brookes	Katie	2002	WOR	Gwyn	Molly	2005	WYC
Hipkins	Kate	2002	LON	Hall	Nerys	2005	WEY
Pemble	Becky	2003	ADS	Holland	Jasmine	2004	SER
Thompson	Zoe	2003	CNI	Huggins	Megan Louise	2003	SER
Girls B Kayak - GBK				Girls D Kayak - GDK			
Anderson	Grace	2003	NOR	James	Scarlett	2004	SER
Armstrong	Alexandra	2003	LKR	Jepson	Klara	2004	FOX
Armstrong	Kristina	2005	LKR	King	Edith	2005	ROY
Avery	Abigail	2003	ROY	Mooney	Sophie	2004	CNI
Ball	Flossie	2002	DEV	Pemble	Hannah	2005	ADS
Ball	Mollie	2006	WYC	Perry	Beth	2006	SOU
Boonham	Georgia	2005	RDG	Pocklington	Katie	2003	WYC
Burnham	Abigail	2003	WEY	Sielicka	Ksymena	2005	GLW
Clark	Bea	2002	ROY	Smith	Amelie	2002	WEY
Clarkson	Hannah	2004	GLW	Smith	Kathryn	2004	CNI
Cox	Amber	2002	ELM	Suttie	Hannah	2003	WEY
Gadd	Sophie	2002	ADS	Walker	Lucy	2003	NOR
Green	Amy	2004	WOR	Girls D Kayak - GDK			
Groves	Sofia	2003	NOR	Alexander Spencer	Eleri Jane	2004	PEN
Guest	Lucy	2002	NOT	Allen	Mae	2002	DEV
Hills	Melody	2002	RIC	Ball	Daisie	2009	DEV
Ip	Yun	2002	RIC	Barker	Isla	2004	ROY
Jones	Isabella	2004	WEY	Bennett	Elie-Mae	2006	LBZ
Lewis	Honor	2004	WEY	Benstead	Ruby	2003	ELM
NÁ Drisceoil	Eabha	2004	SLP	Blatchly	Stephanie	2005	NOT
Randle	Freya	2003	LKR	Bowers	Zara	2005	ELM
Roghi	Alis	2003	NOR	Bowles-Trow	Emily	2007	ADS
Shaikh Ali	Aida	2003	FOR	Chappell	Ellie	2002	LEE
Swift	Rebecca	2002	WEY	Comfort	Kiera	2004	WEY
Urquhart	Jessica	2003	BAN	Cooke	Madison	2005	GAI
Walker	Katy	2002	NOR	Copeland	Ashla	2002	SLP
Girls C Kayak - GCK				Cronin	Ellie	2003	LEE
Alexander	Heather	2003	ADS	Cureley	Emma	2004	SLP
Barker	Amy	2002	NOR	Davis	Abey	2003	NOR
Barrett	Emily	2003	RLS	Davis	Megan	2005	NOR
Bell	Erin	2004	SER	Dixon	Katy	2003	LBZ
Brattisani	Zoe	2003	WEY	Fenwick	Georgia	2003	LON
Caffrey	Niamh	2005	SLP	Fernandez	Isabella	2002	LIN
Clegg	Jenny	2002	DEV	Fisher	Naomi	2006	GLW
Comben	Kathryn	2003	CLM	Fitzhenry	Farrah	2006	CNI
Cooke	Molly	2005	GAI	Fleming	Emma	2003	CEL
Davison	Rosa	2005	BAN	Fooks	Beatrix	2006	DEV
Dickson	Charlie	2002	FOX	Gordon	Alice	2005	GLW
Enoch	Matilda	2005	NOT	Hall	Julia	2002	FOX
Falco	Elise	2004	WEY	Hill	Imogen	2002	CLM
Fisher	Abbie	2004	LIN	Hills	Eve	2004	RIC
Gallagher	Hannah	2004	WEY	Hodgson	Samantha	2003	SER
Gilbert-Johns	Poppy	2005	SOU	Hogan	Aisling	2004	ROY
				Holmes	Molly	2003	PEN

SPRINT RANKINGS 2020

Surname	First name	Year	Club
Girls D Kayak Cont'd - GDK			
Hunter	Imogen	2005	CAM
Hutchinson	Annabel	2006	RDG
Jepson	Nora	2005	FOX
Jess	Ceri	2005	CNI
Keil	Elinor	2004	RLS
Kew	Ellie	2004	WEY
King	Issy	2002	RIC
Koszorek	Izabela	2005	CNI
Laking	Isla	2004	LIN
Le-May	Charlotte	2003	NOR
Lillis-Brooks	Olivia	2003	RLS
Long	Catherine	2006	FOX
McDowell	Florence	2002	ROY
McGonigie Navarro	Caitriona	2003	SLP
Montagna	Elise	2003	ROY
Murdoch	Lauren	2005	ROY
Murray	Eabha	2002	SLP
Nelson	Rachel	2003	RDG
O'Drisceoil	Eabha	2004	SLP
Paton	Evie	2003	LIN
Patrick	Iona	2006	ESK
Pepper	Milly	2005	LIN
Poole	Elizabeth	2004	ELM
Pullen	Eleanor	2003	ROY
Pyrz	Alicja	2007	GLW
Rae	Maggie	2006	LBZ
Rhys-Dillon	Mali	2005	SER
Ricketts	Sophie	2004	ANK
Shetty	Sienna	2003	WEY
Skwarska	Hannah	2002	WEY
Spencer	Jasmine	2005	RLS
Thistlewood	Charlotte	2004	NOR
Toovey	Hannah	2008	LKR
Tristram	Lucy	2006	RLS
Vamos	Ezster	2004	CAM
Wilkinson	Freya	2002	LIN
Williamson	Franchesca	2004	CLM
Wright	Ivy	2002	LEE
Wynne	Lauren	2005	LKR
Yull	Tabitha	2003	NOR

Surname	First name	Year	Club
Canoe Men A - CMA			
Calvert	Christopher	1991	FLA
Hayman-Joyce	Joseph	1996	WEY
Jones	Jonathon	1996	FLA
Lawrence	Matthew	1982	LBZ
Styan	James	1990	FLA
Weir	Iain	1992	BAN

Surname	First name	Year	Club
Canoe Men B - CMB			
Bogdanovs	Dmitrijs	1985	FOX
Budrikis	Nerijus	1977	WOR
Caines	George	1990	NOT
Lambert	Thomas	2001	LEE
Love	Tom	1974	RLS
Marasa	Alexander	2001	GLW
Phillips	Ben	1998	RIC
Simko	Aleksandrs	1986	BSF
Talacka	Mindaugas	1998	GLW
Train	Andrew	1963	FLA
Train	James	1986	FLA
Train	Steve	1962	FLA
Weir	Roger	1991	BAN

Surname	First name	Year	Club
Canoe Men C - CMC			
Battison	Alex	1999	BAN
Blacker	Chris	1981	SOU
Chalakov	Yordan	1990	RUN
Khatali	Ghailen	2000	RIC
Kutlukaev	Ruslan	1974	ROY
Leech	Arthur	2000	RIC
Shaw	Seb	1992	FLA
Szeltner	Gabor	1976	RIC
Train	Matthew	1992	FLA
Bartusik	Oskar	1996	

Surname	First name	Year	Club
Canoe Men D - CMD			
Antunovic	Luka	1998	BAN
Brooks	George	2001	FLA
Cook	Oliver	1999	SOL
Fowler	Nicholas	1977	WOR
Jamieson	Eric	1960	WEY
Kirk	Harvey	2000	NOT
Leech	David	1992	RIC
Martin	Michael	1965	LBZ
Norton	Zach	2001	FLA
Taylor	Malcolm	1999	EXE
Williams	Robin	1958	WEY

Surname	First name	Year	Club
Canoe Boys C - CBC			
Kimberley	Maxim	2003	LON
Kleta	Devin	2002	RIC
Thomas	William	2002	NOT

SPRINT RANKINGS 2020

Surname	First name	Year	Club
Canoe Boys D - CBD			
Bell	George	2003	FLA
Chisholm	Owen	2006	RIC
Lei	Hou	2005	NOT
March	Daniel	2002	CLM
Norton	Frank	2006	RIC
Phillips	Luke	2002	RIC
Tomlinson	Luke	2004	NOT
Yurkwich-Ell	Jayden	2004	FLA

Canoe Women A - CWA			
Bracewell	Chloe	1991	LIN
Fitzhenry	Afton	1995	CNI
Reid	Katie Jayne	1995	FOR

Canoe Women B – CWB			
Aitchison	Alix	2001	NOT
Gill	Bethany	1996	CLM
Hewitt	Emily	1996	SOU

Canoe Women C – CWC			
Bennett	Ruth	1999	FLA
Dowling-Clarke	Lydia	1999	FOR
Halliday	Callie	1993	FLA
Palmer	Anna	1997	LON
Pryor	Georgina	1998	LEE
Tomos	Nia	1989	LIN

Canoe Women D - CWD			
Bore	Jasmine	2000	LEE
Bradley	Megan	1999	FLA
Brewer	Victoria	1998	LIN
Clayton	Tanisha Nicole	1994	BAS
Edmonds	Abigail	1990	WEY
Evans	Isabel	1997	LIN
Joy	Victoria	1997	LIN
McAllister-Jepps	Emilla	1989	NOT
Millest	Sarah	1988	NOT
Phillips	Louise	1992	RIC
Spencer Winyard	Taylor Natalie	1992	FOR
Sullivan	Samantha	1998	WYC
Turner	Amy	1993	BAN
White	Amy	1996	FOR

Canoe Girls B - CGB			
Carey	Charlotte	2002	NOT

Canoe Girls D - CGD			
Chalmers	Laura	2004	NOT
Hunt	Maisie	2005	NOT
Kendall	Ella	2003	NOT
Page	Hannah	2004	NOT
Renton	Evania	2002	NOT
Sellers	Charlotte	2005	NOT

Surname	First name	Year	Club
Paracanoe Kayak Men KMKL1			
Edwards	Darren	1990	PAR
Marsden	Ian	1972	IND

Paracanoe Kayak Men KMKL2			
Arnold	Steve	1979	IND
Beighton	Nick	1981	IND
Clark	Stewart	1965	CLM
Phillipson	Dave	1989	PAR

Paracanoe Kayak Men KMKL3			
Eyers	Jack	1989	PAR
Leaver	Bryan	1990	WEY
Lodge	Tim	1972	WEY
McGrath	Curtis	1988	FLA
O'Leary	Patrick	1972	SLP
Oliver	Robert	1988	SOL
Rees	William	1997	PAR
Tweedie	Martin	1973	IND
Wood	Stuart	1994	BTH
Young	Jonathon	1984	CNI

Paracanoe Kayak Women KWKL1			
Chippington	Jeanette	1970	LON

Paracanoe Kayak Women KWKL2			
Henshaw	Charlotte	1987	PAR
Patterson	Nikki	1989	PAR
Seipel	Susan	1986	FLA
Wiggs	Emma	1980	IND

Paracanoe Kayak Women KWKL3			
Dixon	Chelsey	1996	PAR
Fisher	Elizabeth (Beth)	1990	PAR
Gordon	Hope	1994	PAR
Nash	Keira	1990	PAR

Paracanoe Va'a Men VMVL2			
Clark	Stewart	1965	CLM
Edwards	Darren	1990	PAR
Seipel	Susan	1986	FLA

Paracanoe Va'a Men VMVL3			
Beighton	Nick	1981	IND
Eyers	Jack	1989	PAR
McGrath	Curtis	1988	FLA
O'Leary	Patrick	1972	SLP
Phillipson	Dave	1989	PAR

Paracanoe Va'a Men Cont'd - VMVL3			
Tweedie	Martin	1973	IND
Wood	Stuart	1994	BTH
Young	Jonathon	1984	CNI

Paracanoe Va'a Women VMVL2			
Chippington	Jeanette	1970	LON
Warren	Jennifer	1980	PAR
Wiggs	Emma	1980	IND

SPRINT RANKINGS 2020

Surname	First name	Year	Club
Paracanoe Va'a Women VMVL3			
Gordon	Hope	1994	PAR
Henshaw	Charlotte	1987	PAR
Patterson	Nikki	1989	PAR
Thorpe	Lindsay	1993	PAR

Lightning A Kayak - LTA			
Bell	Harris	2008	FOR
Brierton	Louis	2008	LIN
Cribbett	Will	2009	RLS
England	Darcy	2008	GLO
Gordon	Giulia	2008	GLW
Griffin	Josh	2008	RLS
Gwyn	Harriet	2010	WYC
Herriot	Zoe	2008	GLW
Hunter-Hopkins	Arthur	2009	DEV
Lovell	Connor	2008	DEV
Martin	Dylan	2008	WYC
Patterson	Tom	2009	LKR
Pitt	Henry	2009	ROY
Pyrz	Mikolaj	2010	GLW
Sargeant	Jasmine	2008	NOR
Sroka	Szymon	2008	LKR
Strachan	Abigail	2009	GLW

Lightning B Kayak - LTB			
Bowles-Trow	William	2010	ADS
Hackwell	Matthew	2008	TRU
Ives	Edward	2008	TRU
Ives	Emily	2011	TRU
Lamb	Eloise	2009	SOU
Mack	Lowri	2009	SER
Mcaulay	Eva	2008	NOR
Rae	George	2008	LBZ
Railton	Xavier	2010	TRU
Rhys-Dillon	Talar	2008	SER
Sales	Hugo	2009	CAM
Shephard	Ruth	2011	RDG
Topham	Jenna	2008	RDG
Tristram	Hannah	2009	RLS
Walker	Rhys	2009	PAN
Winstanley	Jamie	2010	BSF

Surname	First name	Year	Club
Paddle-Ability			
Barker	Luke	2006	4AS
Chettle	Tara	1999	4AS
Cook	Matthew	2006	SOL
Cooke	Molly	2005	GAI
Davies	Lewys	2005	4AS
Edwards	Darren	1990	PAR
Fisher	Matt	2003	GLW
Fisher	Joshua	2000	LKR
Fisher	Elizabeth (Beth)	1990	PAR
Glaves	Cassie	2008	4AS
Hage	Jacob	2003	4AS
Jackson	Oliver	2003	4AS
Jackson	Nicholas	2007	4AS
Jefferies	Robyn	1992	BAN
Leaver	Bryan	1990	WEY
Mansfield	Jacob	2002	4AS
Marshall	Zachary	2002	4AS
Nash	Keira	1990	PAR
Owen	Llinos	1982	RLS
Radcliffe	Ian	1969	NOT
Spencer	Daniel	2001	4AS
Tansley	Ben	1985	NOR
Thompson-Martin	Dakota	2007	4AS
Thorpe	Lindsay	1993	PAR
Warwick	Daniel	2000	4AS
Woodward	Ellen	2005	GLS

ELMBRIDGE CANOE CLUB

2020 Programme

Details on www.elmbridgecanoeclub.com

Easter Sunday
April 12th

30th JUNIOR HALF MARATHON K1 TRIAL
Boys and Girls Classes - under 12,13,14,15 & 16
Check the website for details of age records!

Saturday
July 18th

Thames 10K Summer Series
K2 10K Combined Division races

Saturday
May 16th

FUN REGATTA AND TIME TRIALS
200m and 500m K1 time trials and races
K2 and K1 3000m

Sunday
September 27th

DIVISIONAL MARATHON
(LSE Hasler event for 2019)
Div1-9 K1 - Div2- K2 and Div4-9 K2
Lightning, and Under 16 2018 Beginner's Race

Sunday
November 8th

Thames 10K Winter Series
K2 10K Combined Division races

**Entries to be
sent to:**

Email: elmcanoeclubracing@gmail.com

Details :

www.elmbridgecanoeclub.com

***All HASLER MARATHON entries to be submitted by the
Club Team Leader via RACMAN system***

***The Team Leader shall be responsible for the checking
in, payment and alterations at the event.***

MARATHON RACING COMMITTEE

Full Marathon Racing Committee and co-opted members 2020

Stan Missen - Chair	<u>sjmboa@gmail.com</u> <u>marathon.chair@vol.britishcanoeing.org.uk</u>
James Smythe	<u>marathon.secretary@vol.britishcanoeing.org.uk</u> <u>james7270@me.com</u>
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Richard Ward	<u>Richard.ward3@live.co.uk</u>
Graham Warland	<u>graham.warland@gmail.com</u>

Marathon Selection Committee

The Committee for 2020 will consist of the following members:

Chair:

James Smythe (BSF)

Voting Members:

Kat Wilson (RDG)
David Enoch (NOT)
Roland Lawler (ELM)
Dyson Pendle (NOR)

Non-voting, independent representatives:

Peter Wilkes (FOY)
Gemma Wiggs (British Canoeing)

REGIONAL MARATHON ADVISERS

EASTERN
Danny Beazley

email DBeazley@CLPInsurance.co.uk

LONDON & SE
Jim Rossiter

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01484 435862

WALES
Dan Golder

email dangolder@hotmail.com

Regional Marathon Advisors are usually elected annually by the active racing clubs in their region. Full details of their role and the process of their election are at the end of section F.

The Marathon Racing Regulations and Administration document can be downloaded from the Marathon website <http://canoeracing.org.uk/marathon/index.php/the-marathon-racing-committee/> or from the Secretary, at marathon.secretary@vol.britishcanoeing.org.uk.

INTERNATIONAL MARATHONS 2020

The MRC Selection Committee intends to select representative teams for the following international events in 2020.

FOR FULL DETAILS OF THE SELECTION POLICY, ASSESSMENT PROCESS AND ATHLETE ELIGIBILITY, PLEASE CONSULT THE MARATHON SELECTION POLICY AT www.canoeracing.org.uk/marathon

FOR THE AVOIDANCE OF DOUBT, THE INFORMATION BELOW IS ONLY ACCURATE AT THE DATE OF PUBLICATION IN DECEMBER 2019. THE WEBSITE VERSION IS THE DEFINITIVE RECORD.

Event	Dates	Team Composition	Assessment Events	Availability Deadline
German National Championships, Kassel, Germany	16-17 May	12 x U23 or U17 athletes; "B" team	4th April, tbc (singles)	1 st Apr 2020
World Cup, Pitesti, Romania	22-24 May	12 x Senior K1, "A" team		
International K4 cup, Spain	tbc	8 x Seniors (4 men, 4 women), "B" team	13 th June, tbc (singles) 27 th June, tbc (doubles)	24 th June 2020
European Championships, Budapest, Hungary	23-26 July	20 x all classes, "A" team		
World Championships, Baerum, Norway	27-30 Aug	12 x all classes, "A" team	National Championships 11-12 July, Reading European Championships, 23-26 July, Budapest	8 th July 2020
French National Championships, Redon, France	26-27 Sept	12 x U16 athletes	National Championships 11-12 July, Reading	8 th July 2020

MARATHON RULES 2020

PART A: RULES FOR COMPETITION

General Rules Applying to All Races

1) DEFINITION

A marathon race can be raced over any distance: usually between 3km and 200km. All competitors must race the correct course as determined by the race organiser, must go round all turn buoys and must exit and enter the water at a portage within the designated areas.

2) BEHAVIOUR

- a) Canoeing is a non-contact sport and competitors shall race in a safe and fair manner.
- b) At all events those involved at all levels and in all roles do so within the recommendations of British Canoeing Safeguarding advice (<https://www.britishcanoeing.org.uk/guidance-resources/safeguarding/policies-guidance-and-templates>)
- c) Racing shall be conducted in a manner that considers the safety of officials, spectators, paddlers and members of the public.
- d) When a canoe or kayak is overtaking another canoe or kayak it is the duty of the overtaking craft to keep clear of other competitors at all times.
- e) When a canoe or kayak is racing in a group of competitors it is the duty of all the competitors in the group to keep clear of other competitors at all times. This rule applies to any manoeuvring within the group.
- f) All paddlers will wear appropriate clothing when racing. This is a minimum of singlet and shorts. These should preferably be in club racing colours.
- g) During the course of a competition any items discarded by a competitor anywhere other than in a proper bin, must be recovered by the athlete, their support crew or coach immediately. It is the athlete's responsibility to ensure that this has happened. An event official witnessing non-compliance with this rule shall report the infringement to the race organiser and the offending competitor will be disqualified. Any repeat infringements by the same competitor shall be subject to disciplinary proceedings by the Marathon Racing Committee.

3) THE RACING STRUCTURE

- a) The marathon racing system has been designed to encourage all levels of competitor from the raw beginner to top class internationals. There are five categories of race: -
- b) **GROUP A** - These races will appear in the Racing Handbook calendar and/or the calendar published on the MRC website. For these races the race levy must be paid and competitors must be British Canoeing, WCA, SCA or CANI On The Water members (see Rule 13).
 - i) Divisional races registered by the Marathon Committee. Promotions will be calculated by the race management system (RMS) program for these races, with input from the Rankings Officer.
 - ii) Races and time trials registered by the Marathon Committee but not in the divisional system such as stage marathons, descents, Royal K1, Richmond K2, Thameside etc.
 - iii) The National Championships.
 - iv) Promotions between divisions may take place based on the results of all group A races.
- c) **GROUP B**
 - i) Those races in the regions and at clubs that do not appear in the calendar. These will include handicap and fun marathons. No promotions will take place at these races. Clubs are encouraged to hold handicap races throughout the year as an introduction to competing in the divisional system. These should be over a 3-10km course with handicaps based on age, experience and type of boat.
- d) **GROUP C**
 - i) All Lightning and Junior K2 races forming part of the Geoff Sanders Trophy or held at Regional Hasler events, the National Marathon Championships or the Hasler Final registered by the Marathon Racing Committee – see rules 49-58. For these races:
 - (1) All competitors must be British Canoeing, WCA, SCA or CANI On the Water or equivalent members.
 - (2) No race levy will be payable.

MARATHON RULES 2020

4) CLUB MEMBERSHIP

The racing year shall be from 1st September of any year to 31st August of the following year. When a competitor is a member of more than one club, he shall declare before 1st September to the Race Records Officer of the Marathon Committee the name of the club for whom he will race the following racing year. When a competitor changes his club in mid-season, he is permitted to compete for his new club, instead of his old, provided that prior consent of the old club is obtained. This consent shall not be withheld unreasonably, particularly in the case of a change of residence from one area to another. The agreed change must be advised to the Race Records Officer in writing before points can be allocated to the new club in club competitions.

5) SAFETY

a) **At all events** those involved at all levels and in all roles do so within the recommendations of British Canoeing Paddlesafe (<https://www.britishcanoeing.org.uk/guidance-resources/safety-1/paddlesafe>)

b) Competitor responsibility

- i) Competitors shall render their boats sufficiently buoyant to remain afloat and to support the crew in the event of capsizing. Buoyancy must be fixed in the boat reasonably sufficiently to satisfy rule 27 of the ICF Marathon Rules which states that: 'Each boat must carry sufficient buoyancy, either in the construction of the boat or fixed subsequently, to keep the boat floating level when filled with water.' British Canoeing Marathon Committee rules interpretation of this is that inherent buoyancy provided by 'Vac-bag' or 'sandwich' construction is not alone sufficient and must be supplemented by adequate fixed additional flotation material or by the provision of sealed bulkheads.
- ii) On open water, or in rough conditions, the wearing of adequate spray covers is strongly advised.
- iii) The wearing of life jackets or buoyancy aids is compulsory for all paddlers ranked in divisions 7, 8, 9 & 10 irrespective of the race they are entered in. This applies to singles and doubles races.
- iv) Life jackets shall comply with either the European Standard 'EN393 or 395 or the International Standard 'ISO 12402'.
- v) Competitors are expected to be able to swim adequately in the waters on which the race is being held. It is the responsibility of each competitor (or of a parent in the case of a junior) to inform their team leader of any medical condition that may affect this. If the competitor is entering an event where they have no team leader, it is their responsibility (or of a parent in the case of a junior) to take appropriate precautions and inform the organiser.
- vi) All paddlers are required to render assistance to other competitors in distress.

c) Team Leader responsibility and in the absence of a team leader, the individual.

- i) Team Leaders are expected to decide if paddlers in the higher divisions should wear life jackets or buoyancy aids
- ii) Should a member of your team (or a parent in the case of a junior with no team leader) inform you of any medical condition that may affect their safety, you should ensure that they take appropriate precautions.
- iii) Team Leaders are expected to ensure their paddlers ability and experience is appropriate for the course and conditions particularly in the case of young or less experienced paddlers.

d) Race Organiser responsibility

- i) Race organisers may require life jackets or buoyancy aids and spray covers to be worn and will have the FINAL say as to who should wear them (except where this is covered by rule 5a(v)) depending on weather and water conditions. Such equipment must be provided by the competitors.
- ii) The penalty for infringing any safety rule, or disregarding instructions from an appointed race official, is disqualification from the race.
- iii) Should a team leader, an individual paddler (or parent in the case of a junior with no team leader), inform you of a pre-existing medical condition prior to a race, Race Organisers are advised to seek assurances that they have taken appropriate measures to take part safely in the event, and to do so under the existing Risk Assessment/Safety plan. Organisers must include risk assessment for Div 10 races, taking into account their age and experience, and provide adequate safety cover (e.g. rescue boats and signage) over the whole course where considered necessary.

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- iv) Race organisers shall ensure that race briefings state what safety measures have been taken, such as marshals or accompanying boats particularly for Lightning or Div 9/10 races.

Canoeing and Kayaking is by its nature an unpredictable sport and therefore inherently involves an element of risk.

6) DISCIPLINE

Marathon racing is subject to British Canoeing Marathon Racing Committee Disciplinary Regulations and to British Canoeing Disciplinary Code. See <http://canoeracing.org.uk/marathon/index.php/disciplinary/>

These apply to all BC Marathon races.

For the avoidance of doubt, any complaint that an individual member of British Canoeing (competitor or non-competitor) has behaved in a manner described in clause 1.1 of the Disciplinary Regulations shall in the first instance, where possible, be lodged with the Race Protest Committee in the manner described in Marathon Racing Rule 18(g) (i) and (ii). The Protest Committee shall determine what action, if any, shall be taken. If the Protest Committee decides that the complaint should be referred to the Marathon Committee, the race organiser shall report the matter to the Secretary at marathon.secretary@vol.britishcanoeing.org.uk within three working days. The Marathon Committee will consider the matter in accordance with the Disciplinary Regulations.

Race Organisers should note the powers in clause 2.1 of the Procedures to apply immediate discipline where members or competitors have displayed violent or unreasonable behaviour.

7) ANTI-DOPING

Marathon racing is subject to the ICF and UK Anti-Doping Rules

See <https://www.britishcanoeing.org.uk/competition/anti-doping-1>

8) BROKEN PADDLES / BOAT

A competitor must not change boats during a race, but may change paddles in the case of breakage.

9) WASH HANGING

a) Competitors must not hang on the washes of powered craft.

b) **In an assessment race** wash hanging or interfering with any other boat or competitor who is not in your own class/race is not permitted. This rule does not apply to competitors whose classes have been merged into a single race start, these may race other classes on the same start line normally. Anything that may be construed as interference, such as wash hanging or assisting another competitor/crew will result in disqualification of all involved, if proven.

Furthermore, it is expected that when being caught by faster competitors from another class/race, paddlers will show good sporting behaviour by staying at least 3m clear, and giving up the racing line to avoid suggestion that any advantage was gained by either party.

10) ASSISTANCE TO COMPETITORS

A competitor may receive food and drink during a race. Competitors with a disability may receive assistance at portages, but no other assistance unless permitted before the race by the organiser.

11) BOAT DESIGNS

Any type of canoe or kayak can be used.

Kayaks shall be propelled solely by means of double bladed paddles.

Canoes shall be propelled solely by means of single bladed paddles.

The paddles must not be attached to the boat in any way, being supported only by the hands.

For GROUP A races boats must comply with the ICF regulations as detailed below:-

single kayak	max length520cm (unless it is a recognised surf ski
design)	
double kayak	max length650cm
single canoe	max length520cm
double canoe	max length650cm

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Boats over 460cm in length must not have concave sections unless classified as Wild Water Racing boats and falling within the ICF regulations for such boats.

12) BRITISH CANOEING MEMBERSHIP

- a) All competitors in GROUP A and Group C races must be On the Water members of British Canoeing, or equivalent WCA, SCA or CANI members. Membership numbers must be quoted on entries and results and a valid membership card or photocopy **must** be produced if requested at race check in. Juniors ranked in divisions 7, 8, 9 & 10 and Lightning competitors who are members of clubs with registered junior sections, should produce their registered junior section card instead.
- b) At all Regional Hasler events:
 - i) All competitors in divisions 1 to 6 must be able to produce a valid membership card or photocopy at race check in. Do not assume that prior entry with a new card will ensure records are updated. Other forms of online evidence of current BC membership can be produced. A competitor who has not raced in the last 5 years may buy an Event Ticket, but only one Event Ticket per season.
 - ii) All competitors in divisions 7, 8, 9 & 10 must be able to produce a valid membership card or photocopy at race check in or, if junior, produce their registered junior section card. Other forms of online evidence of current BC membership can be produced. Any competitor unable to do so will be required to buy an Event Ticket but only one Event Ticket purchase is allowed per season.
 - iii) Race results may be checked for valid membership. Club points will be deducted and the race shall not be counted as a Hasler qualifying race where:
 - (1) Any competitor is found subsequently to have competed without a valid up-to-date membership, or
 - (2) A competitor in divisions 7, 8, 9 & 10 is found to have bought more than one Event Ticket per season.
 - iv) An event ticket only provides temporary insurance cover to take part in a single event and is not a "day membership" or boat licence for the use of waterways, as provided for most waters, with full British Canoeing membership.
- c) At National Championships all competitors in divisions 7, 8, 9 & 10 must be able to produce a valid membership card or photocopy at race check in or when entries are made. Other forms of online evidence of current membership can be submitted when making an entry. A competitor who has not raced before may buy an Event Ticket, but only one Event Ticket per season. A competitor claiming to have membership but unable to provide evidence may also purchase an Event Ticket.

13) RACE LEVY SCHEME

At all GROUP A races, published in the Racing Handbook and/or the calendar published on the MRC website, there will be a race levy of £3.00 for each senior and veteran paddler by age, as recognized by their British Canoeing, WCA, SCA or CANI membership, and £2.00 for each junior paddler by age, as recognized by their membership. The levy to be charged on all paddlers checked in irrespective of whether they start or finish the race. The race levy for all categories of races is to be remitted by the Race Organiser to the Treasurer **within 7 days of the race**. Cheques should be made payable to "BC Marathon Racing Committee" and sent to David Enoch, 102 Bingham Road, Radcliffe-on-Trent, Nottingham NG12 2GT.

Those clubs wishing to pay the levy by electronic transfer should remit to

Barclays Bank Sort Code: 20-63-25

Account No: 73066665

Account name: BC Marathon Racing Committee.

When making electronic transfers please also email David Enoch with the race name and amount of levy to david.enoch2@btopenworld.com

14) RACE REGISTRATION

The organiser of a GROUP A race must apply to the Calendar Organiser for that race to be registered. This must be done by the autumn of the year preceding the event. The event must be organised and run under the Marathon Racing Rules. Registered races may advertise through British Canoeing and may appeal through the Marathon Committee in cases of dispute or

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difficulty. Refer to British Canoeing Disciplinary Code at <http://canoeracing.org.uk/marathon/index.php/disciplinary-matters/>

All registered races are required to collect the race levy described in rule 13 and the organiser must comply with the requirements of rule 18.

15) BOAT NUMBERING

At all GROUP A races competitors shall number their boat in the following manner. Paddlers racing in divisions 1-8 **must** display vertical number plates secured to the boat number holder with a pin or clip.

ALL numbering of vertical boards will be on both sides of the board and numbered in one of two acceptable formats:

- a) digital style format numbering, created from **black** insulating tape, no less than 12mm wide. The digits should be formed from small strips of tape in 50mm and 100mm lengths to make up the numbers. The number **must** be presented on an **OPAQUE WHITE** number board measuring **150mm** in height and **280mm** in length, with rounded top corners. Hand written crayon and felt tip pen numbering is not acceptable.
- b) **Alternatively**, an **OPAQUE WHITE** number board measuring **150mm** in height and **200mm** in length, **PRE-PRINTED** and issued by the event organiser is also acceptable.

Race organisers will be able to refuse entry to a race where these rules are not complied with. Yellow number boards will **not** be acceptable.

Paddlers ranked in Division 9, 10, Lightning, club and fun race paddlers may alternatively use 225mm diameter white discs which should be displayed on fore and aft decks or as directed by the organiser.

Any paddler not displaying a number plate at the start of any race, or whose number is not clearly legible, will not score club points. If the number becomes detached from the boat, it is the paddler's responsibility to make sure the marshals and finish judges know their number to ensure inclusion in the results.

16) FINISHES

A competitor is deemed to have finished a race when the bow of the canoe or kayak has crossed the finishing line on the water with the competitor(s) in it.

17) ASSESSMENT RACES

The Marathon Committee will co-ordinate with race organisers to determine assessment race venues and the dates will be shown in the Racing Handbook. At these races, assessment classes may be separated from other race classes and may be run over the same or different courses. Club colours must be worn at assessment races. In the case of foreign nationals racing for selection at assessment races, the rules applying to this are specified in PART F at the end of this section.

18) ORGANISATION OF GROUP A RACES

- a) Clubs hosting races **must** be affiliated to British Canoeing.
- b) The race shall be open to canoeists who are members of an ICF affiliated federation.
- c) The race shall be properly advertised and the organisers shall issue adequate instructions on request, up to one month before the event, to prospective competitors or interested group leaders.
- d) Organisers shall provide Team Leaders with their Risk Assessment should this be requested.
- e) In the event of circumstances which render it impossible or unsafe to run the race as planned, the Race Organiser shall take all reasonable steps to inform the competitors and supporters at the earliest possible moment.
- f) Race Organisers shall charge an entry fee for each competitor to include the levy cost. This fee may be reduced for juniors and augmented for late entries.
- g) Changes of class/division and late entries shall be permitted if the organiser so wishes. Information regarding late entries and class/division changes should be available to competitors at least 30 minutes before the start time of the class/division concerned.
- h) The Race Organiser shall provide a Protest Committee consisting of three officials or members of the organising body to hear and settle all protests by any competitor in that event. The following rules will be observed: -

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- i) The protests must be received within 30 minutes of completion of the relevant race and before the announcement of the final results. Failure to observe this will invalidate the protest.
 - ii) The protest must be in writing to the Race Organiser and must give full details of the alleged infringement of the rules.
 - iii) The Protest Committee must meet immediately to hear all the evidence and to consider the protest's validity in accordance with British Canoeing and Marathon Racing Rules.
- i) A protest against an organising body may only be dealt with by the Marathon Committee. Any such protest must be made within 3 working days in writing to the Secretary of the Marathon Committee at marathon_secretary@vol.britishcanoeing.org.uk and give full details of the alleged infringement of the rules. The person making the protest must also inform the secretary of the club or body concerned within 3 working days. Failure to comply with these conditions will invalidate the protest.
- j) Appeals against the decision of the Protest Committee are permitted and these will be heard by the Marathon Committee.
- k) Within 2 working days of the race the results are to be emailed to the Rankings Officer, the Race Records Officer, and the Regional Marathon Advisor, so that promotions can be ratified and the results uploaded onto the marathon website. See Addresses page F1.
- l) **Within 7 days of the race** the Race Organiser must remit the race levy together with the race results in accordance with rule 13.

19) ORGANISATION OF GROUP B RACES

- a) For these races competitors do not have to be British Canoeing, Canoe England, WCA, SCA or CANI members, there is no levy and no requirement to submit results to the race records officer. Race advertising, entry fees and classes are at the discretion of the organiser. The formal requirements to register club membership and for protest procedures are not necessary.
- b) Rules 1, 2, 5, 6, 7, 8, 9, 10, and 11 shall apply to all GROUP B races.

Rules Applying to Regional Divisional Hasler Races

20) Regional divisional Hasler races are GROUP A races and all of rules 1 -18 above shall apply.

21) REGIONS

- a) The regions are determined by the Marathon Racing Committee for England plus Scotland East, Scotland West, and Wales. For Hasler competition, the two regions in Scotland currently operate as a single Hasler Final qualifying region, and clubs in Wales race as part of the West Midlands region. Each region will run its own league championships throughout the year and will decide how many results are to be counted by clubs. It is hoped that eventually there will be enough races in each region for clubs to count their best 8 or 9 results from the total number of races.
- b) Clubs wishing to be included in the regional league and score Hasler points must be affiliated to British Canoeing, CANI, Canoe Wales or SCA as appropriate, have registered their club colours, have provided a contact email address and been assigned a unique 3 letter club abbreviation. **This process is done via the Regional Marathon Advisor.**

22) THE DIVISIONAL SYSTEM

- a) Entry into the divisional system should be based on the standards detailed in the "Standards for Racing" (page D1).
- b) Club coaches are responsible for ensuring the ranking status of their paddlers and where necessary to ensure they are re-ranked appropriately.
- c) The divisional system is arranged into 10 separate singles divisions 1-10 and eight separate doubles divisions numbered 2, 3, 4, 5, 6, 7, 8 and 9. Race Organisers must offer the following races at all events except where varied as agreed with the Regional Marathon Adviser. Division 10 is only open to paddlers aged Under 12 at 1st January and not ranked in Higher Divisions.
 - i) Division 2 & 3 doubles race over 20 km.
 - ii) Singles races for each of divisions 1 to 10
 - iii) Doubles races for each of divisions 4 to 9

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- d) The Ranking List of divisional classifications is updated weekly throughout the racing season. Each year the list is checked and any paddler not having competed for two successive seasons is removed from the list. Each autumn clubs are asked to submit a list of the paddlers who will not be active for the coming season and where appropriate, to amend a draft of the proposed Ranking List that will be used from the start of the following season.

23) THE HASLER TROPHY

The Hasler Trophy is the National Team League Championships and is competed for throughout the season on a regional basis. The Hasler season is defined by the races designated 'H' in the Racing Calendar of this Handbook. Races relating to the following season are designated 'H2021'.

24) TYPES OF COURSE

Whilst there will be some variations due to local conditions and types of course available, the normal distances will be:-

Div. 1, 2 & 3 Singles and 2 & 3 Doubles

Full senior course of about 20km with any degree of severity.

Div. 4, 5 & 6 Singles and 4, 5 and 6 Doubles

Course of about 13km which may include portages and/or weir shoots.

Div. 7, 8 & 9 Singles and 7, 8 & 9 Doubles

Course of about 6.5km with the minimum practical hazards.

25) COMPETITORS

- a) Each club will be allowed as many competitors as it wishes.
- b) A paddler can only compete in one race in a qualifying event.

26) SEPARATE STARTS

Each quorate race of six or more starters must be started separately. Two or more quorate races of less than six starters (i.e. with 3 or 4 or 5 starters) over the same distance may be started together, but for all other purposes are treated as separate races.

27) SYSTEM FOR AMALGAMATION DUE TO LOW ENTRIES

If there are fewer than three entries in a division then they will be started with a race of the same distance but will not be combined for the purposes of results or club points. If no race of the same distance is available, they should be started (but not combined) with the nearest possible race below.

It will still be the case that some divisions will be in quorate particularly in smaller regions. The practice of clubs communicating with each other about entries, in advance of events, to avoid in quorate classes, particularly in the higher divisions, is to be commended.

28) COMPETING IN A CREW BOAT

- a) When competing in doubles events the competition ranking shall normally be an average of the individual paddlers' rankings (all halves rounded down). Example: division 4 paddler and division 5 paddler average 4 (ignoring the half), race in 4_4 K2.
- b) Paddlers ranked in division 1, 2 or 3 must race over the 20km course.
- c) There is no Division 1_1 K2 at regional races (which also means there is no K2 race for a Division 2 paddler racing with a Division 1 paddler. A Division 1 paddler may race with a Division 3 paddler in Division 2_2 K2 and so on using the two principles above.)
- d) All paddlers competing in crew boats must show their singles ranking on the entry form and these rankings must be shown on the results.
- e) Paddlers ranked Division 10 may race with higher ranked paddlers. Division 4 paddlers may only race 8 mile races with lower ranked paddlers. Division 1-3 paddlers may only race 12 mile races with lower ranked paddlers.

29) SPECIAL PRIZES

Race organisers are encouraged to give prizes for special groups of paddlers e.g. first under 16, first C1. In particular they are strongly recommended to give a prize for the first woman in each division and for the highest placed TC2. This kind of encouragement is particularly important in the divisional system.

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30) POINTS

- a) In regional races only those clubs within the region will score points. Paddlers from other regions will not be taken into account when calculating points except that their time will be used for the 110% calculations if they are the fastest boats not promoted.
- b) To be included for points, clubs must be registered within their region as described at Rule 21b).
- c) All competitors in both singles and doubles **must** show their singles ranking at race check-in. Competitors not doing so will not score points in the regional competition and may not count the race as eligibility to compete in the final.
- d) **Only competitors racing in their club colours will score points.** In a crew boat, if one paddler wears club colours and one does not, only the paddler wearing the colours will receive points.
- e) The points system will be as follows.
 - i) Divisions 1-10 in singles and 2 – 9 doubles will count for points.
 - ii) Points will be awarded to each paddler in both singles and doubles - 50 for 1st, 49 for 2nd, 48 for 3rd and so on down to 2 points to all paddlers who finish within 110% of the time of the fastest boat not promoted in a singles race and within 110% of the winners' time in a doubles race. One point only will be awarded for paddlers who finish outside the 110% limit irrespective of their position. This to apply to all races except divisions 9 & 10 singles and 9 doubles which will receive 50 for 1st, 49 for 2nd, 48 for 3rd and so on down to 2 points for all paddlers who finish.
 - iii) Transferred paddlers starting with a different division under the provisions of rule 27 will count for Hasler points but their times will not be used for the 110% calculations.
 - iv) Paddlers in a separate assessment race at a Regional Hasler event will not score Hasler points.
 - v) Each club will count its twelve best scoring paddlers from any divisions in any combination of K1/C1/K2 or C2. Doubles boats can be counted even if some of these boats contain just one paddler who is eligible for Hasler points for a particular club.
 - vi) At each event the club with the highest score will get 10 regional points in the regional competition, 9 for 2nd and so on.

31) RACE RESULTS

Race Organisers must report their results using the RACMAN computer program. Race Organisers are encouraged to use the RACMAN program at the race to complete entries and calculate results at the meeting. If this is not practicable, results must be recorded later onto RACMAN for reporting to the MRC in compliance with rules 18 j) and k).

32) PROMOTIONS

- a) Promotions between the divisions throughout the season will be based on the table "Standards for Racing" ("the Table") [See page D1/D2 of 2020 Racing Handbook]. Column HC of the Table assumes a World Champion takes 60 seconds to paddle a given course and ranks paddlers in singles divisions from 1 to 9 based on the number of additional seconds it would take for competitors to cover that same course. P/D Factor expresses these same times as factors. For example, a top ranking paddler in division 7 would be expected to take 90 seconds giving a P/D Factor of 1.5.
- b) Promotions will be calculated on the following principles on the basis of singles results subject to the other provisions of this rule 32:
 - Divs.1, 2, 3 & 4 There are no automatic promotions to divisions 1, 2 & 3. Promotion times will be shown in the race file but promotions will not be indicated on any results printed on the day. The Rankings Officer in consultation with the Regional Marathon Adviser must ratify these for publishing with the official results on the Marathon Website.
 - Divs 4 and 5 Promotions to divisions 4 and 5 will be calculated by taking the times at each race of the mid-placed paddler in divisions 4, 5 and 6 divided by the Mean Factor for each of these three divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 3, 4, and 5 to give the times for promotion to divisions 5 and above.
 - Divs 6, 7 and 8 Promotions to divisions 6, 7, and 8 will be calculated by taking the times of the mid-placed paddler in divisions 7 and 8 divided by the Mean Factor for each of these two divisions. The average of these calculations will be

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multiplied by the Promotion Factor for divisions 6, 7 and 8 to give the times for promotion to divisions 8 and above.

Div 9

For paddlers racing in Open Under 12 Division 10, Promotions to Division 9 will be based on the time of the mid placed paddler in Division 7 & 8, not promoted to Division 6 or above. (Where there are fewer than 5 Division 7 & 8 paddlers, no promotion will take place. Where there are an even number of Division 7 & 8 paddlers used for calculation, the time halfway between the 2 mid placed paddlers will be used.) Promotion will be limited to 1 division. Promotions will be monitored by the **RMA** in discussion with the **Club Team Leader or Coach** particularly where a paddler is aged Under 10.

[The above is an outline description of the promotion process. The detailed bases for calculations are available on request from the MRC – email secretary.marathon@vol.britishcanoeing.org.uk]

- c) Promotions may take place on either singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and promotions made under Rule 32(j) where considered appropriate.
- d) Status in canoe will not affect status in kayak and vice versa.
- e) No automatic promotions will be made under Rule 32 (b) where there are fewer than 5 starters in any race. However, the Ranking Officer in consultation with the Regional Marathon Adviser may amend or dispense with this limit if persistently low numbers in a division are clearly preventing the promotion system from operating as intended.
- f) Promotions are not limited to one division. For example, a division 9 paddler with a time faster than that required for promotion to division 7, would be promoted straight to division 7. However, it is the responsibility of the Team Leader, coach and/or the individual to try as accurately as possible to enter a new paddler into the correct division for his/her ability. Accordingly, those paddlers promoted more than one division will forfeit Hasler points from that race.
- g) Where the RACMAN computer results system is used at a race, automatic promotions will be shown on the race results and take immediate effect. The only exceptions are those for division 1, 2 & 3 which must first be ratified by the Rankings Officer. All promotions (automatic and others) will be confirmed on the race results posted on the marathon website. It is the responsibility of paddlers and coaches to check these and ensure they are implemented with immediate effect.
- h) Once promoted, paddlers **must** race in their correct division, or higher division, except under the provisions of rules 27 and 28. Any competitor found racing in a lower division, singles or doubles, except under the provisions of rules 27 and 28, may be disqualified from the event and be banned from the next three Hasler races in the competitor's region. The exception is for promotions awarded at races held at the beginning of a new racing season and before the Hasler Final held in that year. These promotions will not apply at the Hasler Final of the current season but will apply to all other races. (E.g. A div. 6 paddler promoted to div. 5 in September 2020 at a race designated as H2021 can still race in div. 6 at the 2020 Hasler Final but must race in div. 5 at all other races.)
- i) All paddlers, both from within the region and from other regions are eligible for promotions.
- j) The Marathon Committee has discretion to promote or to withhold promotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

33) DEMOTIONS

- a) Divs. 1, 2 and 3 Demotions from Divisions 1, 2 and 3 will be made by the Rankings Officer in consultation with the Regional Marathon Adviser.
- b) Divs. 4 to 9 Application for demotion from Divisions 4 to 8 may be made to the **Regional Marathon Adviser by the club coach or team leader**. The Regional Marathon Adviser shall confirm his decision in writing/email/message to the **club coach/team leader and to the Race Records Officer** after agreeing this with the Rankings Officer.
- c) Demotions will be limited to one division.

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- d) Demotions may be based on singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and demotions made under Rule 33h) where considered appropriate.
- e) Status in canoe will not affect status in kayak and vice versa.
- f) Once demoted paddlers may nonetheless choose to race in any higher division. Paddlers competing in the Hasler Final shall race in the division according to their ranking status at the close of the prior season (normally 31 August). Thus demotions awarded in the new racing season immediately prior to the Hasler Final will not apply at that Hasler Final.
- g) All paddlers, both from within the region and from other regions are eligible for demotions.
- h) The Marathon Committee has discretion to demote or to withhold demotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

Rules Applying to the Hasler Final

- 34) The Hasler Final is a GROUP A Divisional race and all of rules 1-16 and rules 18, 24, 26, 31, 32 and 33 above shall apply.

35) CLUB ELIGIBILITY

The top scoring clubs from each region as determined by the regional Hasler competitions, plus a team from the Combined Services, may compete in the Hasler Final at the end of the season. The number of clubs from each region will, be based on the number of affiliated clubs who have actively participated in the previous season, as indicated by Hasler Race results recorded on the MRC Website. Each region will automatically have 2 qualifying places, irrespective of the number of active clubs. Each region will receive an extra qualifying place for each 3 clubs in excess of 4.

Active Clubs	Qualifying places	Active Clubs	Qualifying places	Active Clubs	Qualifying places	Active Clubs	Qualifying places
1-6	2	7-9	3	10-12	4	13-15	5
16-18	6	19-21	7	22-24	8	25-27	9

- a) Additionally a team from the host club (or from each host club if there are two organising clubs) may compete if they have **not** qualified from the regional competition.
- b) Each eligible club will be allowed as many competitors in the final as it wishes.

36) PADDLER ELIGIBILITY

- a) A paddler must complete 3 qualifying events during the season to be eligible for the final. There are exceptions for Div.1 senior men's kayak, Div.2 and above junior men's kayak, Div.3 and above women kayak, Div.4 and above junior women kayak and Div.3 and above canoe, and for paddlers in the Combined Services, who must complete 2 qualifying events.
- b) Qualifying events are regional Hasler races and all assessment events for that season. This does not include races designated for the following Hasler season. Also a paddler may count completing a National Championships race on one or both days as **one** qualifying race. The previous Hasler Final does **not** count as a qualifying race.
- c) The qualification must be in the same type of boat (i.e. canoe or kayak).
- d) Paddlers are only eligible to paddle in a singles race at the Hasler Final if they have completed 3 qualifying events in singles. The exceptions in rule 36(a) apply equally in this rule.
- e) A paddler can only compete in one race at the final.
- f) The Regional Marathon Adviser will check the eligibility of paddlers from his region for the final. This will include holding current British Canoeing, or equivalent, membership. The Race Records Officer will be able to produce listings on request to help clubs and Marathon Advisers carry out this task.

37) CLASSES

There will be races for each singles division 1 to 10 and each doubles division 1 to 9.

38) COMPETING IN CREW BOATS

At the Hasler Final where crew members in doubles races are ranked in separate divisions they must race in the classification of the higher ranked paddler.

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39) POINTS

- a) All competitors in singles and doubles **must** show their singles ranking on the entry form. Competitors not doing so will not score points.
- b) Only competitors racing in their club colours will score points.
- c) Point scoring at the final will be as described in rule 30e (i), (ii), (iii).
- d) Each club will count its six best scoring singles boats and its three best scoring doubles boats, provided that both of the crew are members of the same club.

40) TROPHIES

- a) **The Hasler Trophy** will be awarded to the club scoring the most points at the final
- b) **The Regional Trophy** will be awarded to the region with the highest aggregate score at the final from their three highest scoring clubs.
- c) **The Adam Thomasson Trophy** will be awarded to the winner of the Div.2 race at the final.
- d) **The Ross Warland Memorial Trophy** will be awarded to the highest placed junior in the Division 4 race at the final.
- e) **The Committee Cup** will be awarded to the highest placed junior woman K1 in the highest division at the final.
- f) **The Ken Pereira Cup** will be awarded to the highest placed junior C1 in the highest division at the final.
- g) **The Rhodes White Trophy** will be awarded to the senior man K1 with the fastest time over the 12 mile course.
- h) **The David Shankland Trophy** will be awarded to the senior or junior woman K1 with the fastest time over the 12 mile course.
- i) **The Barber Trophy** will be awarded to the junior K1 with the fastest time over the 12 mile course.
- j) **The Bill Sparks Trophy** will be awarded to the highest placed veteran K2 in the highest division at the final.

Rules Applying to the National Championships

41) The National Championships is a GROUP A race and all of rules 1-18 above shall apply.

42) DEFINITION

- a) The National Championships shall be called **The British National Open Marathon Racing Individual and Team Championships** and will identify the various National Championships.
- b) There must be at least 5 entries for a National Championship race to take place.
- c) Where a race is inquorate the paddler or crew will be offered the opportunity to either transfer to another class for which they are eligible [see rule 43a] or receive a refund of their fee.

43) PADDLER ELIGIBILITY

- a) Paddlers may compete in races specified for those of a higher ranking but will not be allowed to compete in races specified for those of a lower ranking. (E.g. an U18 may race as an U23 or Senior but not as an U16 or O34.)
- b) Senior and Veteran Women paddlers may compete in a doubles crew in Senior and Veteran Men's kayak races of the same or higher ranking.
- c) All ages are calculated at 1st January of the year of the Championships.
- d) In the case of foreign nationals racing for at National Championships, the rules applying to this are specified in PART F at the end of this section.

44) NATIONAL CHAMPIONSHIP CATEGORIES

- a) There will be separate races for men's kayak, women's kayak and senior canoe.
- b) **Senior paddlers** in kayaks will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Senior Men's National Kayak Marathon Champion of Great Britain
 - ii) Senior Women's National Kayak Marathon Champion of Great Britain.
 - iii) **Senior paddlers** in canoes will race over a course of approximately 13km. The winners shall be deemed the:
 - iv) Senior Men's National Canoe Marathon Champion of Great Britain. (for singles)
 - v) Senior Women's National Canoe Marathon Champion of Great Britain. (for singles)

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- vi) Senior National Canoe Marathon Champion of Great Britain. (Doubles open to men and women)
- c) **Paddlers aged under 23** in kayaks will race over a course of approximately 26km, in singles. The winners of these races shall be deemed the:
 - i) Under 23 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 23 Women's National Kayak Marathon Champion of Great Britain.
- d) **Paddlers aged under 18** in kayaks will race over a course of approximately 20km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 18 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 18 Women's National Kayak Marathon Champion of Great Britain**Paddlers aged under 18** in canoes will race over a course of approximately 6.5km in singles. The winner shall be deemed the:
 - iii) Under 18 National Canoe Marathon Champion of Great Britain.
- e) **Paddlers aged under 16** in kayaks will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 16 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 16 Women's National Kayak Marathon Champion of Great Britain
- f) **Paddlers aged under 14** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 14 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 14 Women's National Kayak Marathon Champion of Great Britain
- g) **Paddlers aged under 12** in kayaks will race over a course of approximately 6.5 km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 12 Men's National Kayak Marathon Champion of Great Britain
 - ii) Under 12 Women's National Kayak Marathon Champion of Great Britain.
- h) **Paddlers aged 34 or over:** Kayak men will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles and doubles. The winners of these races shall be deemed the:
 - i) Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Veteran Women's National Kayak Marathon Champion of Great Britain.
- i) **Paddlers aged 39 or over:** Kayak men will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles. The winners of these races shall be deemed the:
 - i) Over 39 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 39 Veteran Women's National Kayak Marathon Champion of Great Britain.
- j) **Paddlers aged 44 or over** in kayaks will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Over 44 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 44 Veteran Women's National Kayak Marathon Champion of Great Britain.
- k) **Paddlers aged 49 or over** in kayaks will race over a course of approximately 13km, in singles. The winners of these races shall be deemed the:
 - i) Over 49 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 49 Veteran Women's National Kayak Marathon Champion of Great Britain.
- l) **Paddlers aged 54 or over** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Over 54 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 54 Veteran Women's National Kayak Marathon Champion of Great Britain.
- m) **Paddlers aged 59 or over** in kayaks will race over a course of approximately 6.5km, in singles. The winners of these races shall be deemed the:
 - i) Over 59 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 59 Veteran Women's National Kayak Marathon Champion of Great Britain.
- n) **Paddlers aged 64 or over** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Over 64 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 64 Veteran Women's National Kayak Marathon Champion of Great Britain.
- o) **Paddlers aged 69 or over** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Over 69 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 69 Veteran Women's National Kayak Marathon Champion of Great Britain.

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- p) **Mixed Crews** There will be a Mixed K2 race for paddlers ranked in divisions 1 – 9 over a course of approximately 13km. This is open to all seniors, veterans and juniors. Crews must consist of one female and one male paddler. The winners of this race shall be deemed the Mixed National Marathon Champions of Great Britain.
- q) Where crew members in doubles races are in different categories they must race in a category for which they are both eligible.

45) LIGHTNING CATEGORIES

- a) **There will be no Lightning races for paddlers ranked Under 12 in Lightning. These will race Under 12 as in Rule 44g) above.**
- b) **Lightning Paddlers aged under 10 not yet promoted to Division 9 or above** may race over a course of approximately 3.5 km. **Lightning Paddlers aged under 10 not yet promoted may alternatively opt to race Under 12 classes as 44g) above. They may not race both Lightning and Under 12 singles.** The only competitors eligible for this event are paddlers in Lightning K1s ranked below Division 9. The winners of these races shall be deemed the:
 - i) Under 10 Men's Lightning Marathon Champion of Great Britain.
 - ii) Under 10 Women's Lightning Marathon Champion of Great Britain.
- c) Points will be awarded to count towards the Spanish Galleon team trophy for Lightning paddlers at the National Championships, These do not count towards the Geoff Sanders Trophy.
- d) Points will not be awarded for any mini K2 or K4 races arranged by the event organisers.
- e) Paddlers who enter Lightning races may enter Under 12 doubles as 44g) above.

46) TEAM COMPETITION

- a) Points will be awarded per paddler both in singles and doubles races for National Championship categories - 50 points for the winner then 49, 48, 47 etc. down to one point for each finisher.
- b) All competitors in singles and doubles **must** show their singles ranking to be eligible for team points.
- c) Only competitors racing in their club colours will score points.
- d) A trophy, **The Spanish House**, will be awarded to the club scoring the most points at the National Championships counting all categories in Rule 44.
- e) A trophy, **The Spanish Galleon**, will be awarded to the club scoring the most points in the under 10 age Lightning categories (Rule 45(b)).

47) PROMOTIONS & DEMOTIONS

Although no automatic promotions will take place at the championships, the Marathon Committee may exercise their right under rules 32 and 33 to promote or demote on the basis of the results.

48) HASLER QUALIFICATION

The event will not count as a Regional Hasler event nor be used to allocate points for Regional Hasler competitions. However, it may be counted by a paddler as a qualifying race for the Hasler Final.

Rules applying to the Geoff Sanders Memorial Trophy

49) THE SERIES

- a) Race organisers of regional Hasler races are encouraged to include Lightning and Mini K2 races in their programme. These races will qualify for the Geoff Sanders Series in which teams compete for the Geoff Sanders Memorial Trophy. Races can also be run at other times as part of an inter-club event.
- b) The Series will run from 1st September to 31st August the following year.
- c) Races in the Series will not be awarded Hasler points.
- d) Lightning races only will be included in the programme of the Hasler Final, but will not be used in scoring for the Hasler Trophy.

50) QUALIFICATION

- a) To qualify paddlers must compete in a Pyranha Lightning K1 or, in specified races, in a Mini K2 (maximum length 5.6m, minimum width 50cm).

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- b) Those who compete in other craft will not be eligible for points. Race organisers will need to show these as a separate 'Fun Race' if they wish to include these craft.
- c) Paddlers with a marathon ranking of Division 10 or above shall not be eligible to compete in the regional Series once promoted. (See rule 57)
- d) Lightning races at the Hasler Final are open to Lightning paddlers as described at e), f) & g) below, whether their club has qualified or not.
- e) Paddlers who have not yet been promoted from Lightnings.
- f) Paddlers Under 10, promoted from Lightning, but not yet promoted to Division 8 or above, may choose to race the appropriate Lightning class.
- g) Paddlers Under 12, promoted from Lightning but not yet promoted to Division 8 or above, may choose to race Lightning in the season of their promotion only.
- h) Paddlers **may not** enter both a Lightning Race and a Divisional Race.

51) COURSE

- a) The course shall be 2-4 kilometres in length with no hazards.

52) CLASSES

- a) There will be four K1 classes in the Series: Boys under 10, Girls under 10, Boys under 12 and Girls under 12 and two K2 classes: under 12 and under 10.
- b) All ages as at January 1st preceding each race.
- c) Teams must inform the Series Coordinator (See rule 55) of the date of birth of each paddler.

53) POINTS

- a) Points shall be awarded in each class at each event with 50 points for the winner, 49 points for second and so on, down to 1 point for each paddler who completes the course.
- b) Points shall be awarded in each class at the Geoff Sanders Trophy Final event, with 50 points to the winner, 49 points for second and so on down to 1 point for each paddler who completes the course.
- c) Points are awarded in crew boats on a per seat basis.
- d) Points shall be awarded to all paddlers in the Series irrespective of whether the paddler is out of region.
- e) At August 31st each paddler's three best scores from the season will be counted towards their team's total. This will be added to the points won in the Lightning class held at the Hasler Final.
- f) The winner of the Geoff Sanders Memorial Trophy will be the team with the highest score as determined in e) above.

54) PRIZES

- a) Race organisers are encouraged to award prizes for the first three places in each class when holding a race. Marathon Committee certificates are available on the MRC Website or from Regional Marathon Advisors to give to all entrants, to encourage participation.
- b) The Marathon Racing Committee will provide medals for the first three places in each class at the Geoff Sanders Final which takes place alongside the Hasler Final event.

55) RESULTS

- a) Results of all races in the Series should be forwarded to Peter Jones, the Geoff Sanders Coordinator. Email: petercjones@blueyonder.co.uk.

56) SAFETY

- a) The wearing of life jackets or buoyancy aids is compulsory for all paddlers.
- b) The requirements of Rule 5 must be observed in all respects.
- c) Race organisers must conduct a specific risk assessment for Lightning and Mini K2 races and, taking into account their age and experience, provide adequate safety cover (e.g. rescue boats and signage) over the whole course where considered necessary.

57) RACING IN THE HASLER COMPETITION

- a) The Geoff Sanders Series aims to introduce young paddlers into marathon racing but it is important that they do not remain too long in the class. Coaches and parents are best placed to decide when a junior is ready to race in the Hasler Series and the decision is for them to take.

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- b) As part of their long term development paddlers in all Lightning categories are encouraged to compete in Division 9 K1 or K2. However, should the paddler be promoted to division 8 or higher from either a K1 or a K2 race in the Hasler Series or at the National Championships he/she will no longer be eligible to compete in the Geoff Sanders Series.
- c) Lightning paddlers who are promoted to Division 8 or higher from any race in all Under 12 categories at the National Championships **are** allowed to race in the Geoff Sanders competition at that year's Hasler Final. They will not be eligible to compete in the following season's Geoff Sanders Series.

58) RACE LEVY / EVENT TICKET

- a) Lightning races are classed as Group C races: no race levy will be charged.
- b) Paddlers who are not British Canoeing members or not members of a British Canoeing affiliated club with a registered youth section shall be issued with an Event Ticket to provide insurance cover. British Canoeing has agreed not to make a charge for the Event Ticket for Lightning paddlers.
- c) To promote racing at this introductory level, the MRC recommends a standard entry fee of £2.50.

PART B: THE STARTING OF ASSESSMENT RACES, NATIONAL CHAMPIONSHIPS RACES AND HASLER FINALS RACES

There is a necessity to maintain the standard of starting at assessment races and major championships. The following will apply to all assessment races, to all races at the National Championships and to all races at the Hasler Finals.

1) REQUIREMENTS

- a) The start line should be clearly defined on both banks.
- b) A clearly defined marshalling line must be established behind the start line.
- c) The race must be started by a person approved as a starter by the MRC, and who will have an experienced assistant.
- d) The marshalling line should be controlled by at least two experienced officials.
- e) The above should all be equipped with PA equipment or loud hailers that it is the responsibility of the race organiser to provide.

2) STARTING PROCEDURE

- a) The starter shall ensure all craft are lined up on the starting line as stationary as possible for the water conditions. When the starter is satisfied the line(s) is correctly positioned he/she shall give the signal to start by a shot, starting horn or the word 'go'.
- b) If a competitor commences paddling or attempts to start before any instruction to do so, he/she has made a false start.
- c) A competitor who crosses the line before the starter's start signal shall also be deemed to have made a false start.
- d) Refusing to obey the starter's instructions will also constitute an unfair start.
- e) A competitor who attempts a false or unfair start will be warned a maximum of two times. A third offence will result in the imposition of a two-minute penalty. A further offence by the same competitor will result in disqualification from the event. The disqualified paddler must leave the water immediately.

3) APPROVED STARTERS LIST

The list of starters approved by the MRC will be available on the MRC website at canoeracing.org.uk/marathon prior to the first race of the season which requires one.

4) STARTERS' ADVISORY NOTES

In starting ANY race the following advisory notes should be applied by the race organiser and starter to achieve consistency.

The start of any race is critical and **fairness and consistency** are our aim. It is therefore highly important that you carry out procedures and endeavour to ensure everybody has a fair start.

The rules that will apply for major competition are laid out below. They can and should equally apply

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to ANY race. Once competitors who push the line or jump the start realise that that will get a 2-minute penalty, or be disqualified and asked to leave the start line, they will start to comply with your instructions.

Our aim is to make these rules the standard to which **every race** organiser works.

Some important points come from these rules, which should be noted and applied, on all starts:

If you control the boats at a no more than 'walking pace' as they come up to the line, then it is more likely you will control them on the line.

Make sure that your 'marshalling line' is not too close to the actual start line.

Do not 'hold' paddlers on the start line for too long - this will merely result in them 'pushing' it. Bring them very slowly up to the line and start the race quickly when there.

If the majority of boats advance over the line - the only way to bring them back is to get them ALL to paddle round and start again.

Do not penalise those who comply with your instructions and are on the line by starting the race when others are clearly in front of the line. Bring the non-compliant paddlers back round. Be prepared to warn twice and then penalise with a 2-minute penalty or disqualify.

Refer to boats by their numbers or by the club colours not by the paddlers name and be prepared to record – or have an assistant record – any penalties given by boat number.

If you issue a penalty it must apply – it cannot then be ignored or withdrawn. If you disqualify a paddler do not start the race until he/she has removed himself from the line and from the water. It is not permitted for the disqualified paddler to paddle round with the other racers.

Do not tell paddlers that there is '1 minute to go' and then start them before a full minute has elapsed. Be consistent, if you say you will not start them for 2 minutes make sure it is a full two minutes before you do start them.

Have a whistle ready to blow if there is a false start and you are recalling the whole race. Make sure that the paddlers know that is what a whistle means: STOP, there has been a total false start, come back to the line.

If you have paddlers 'hanging back' well behind the actual start line give them the opportunity **once** to come up to the line. If they are unwilling to do so after being asked, then concentrate on the front line to retain control and accept that those behind the line are more comfortable in the 'second line' position.

You are within your rights as the starter of an event to 'warn' coaches and spectators who are blatantly trying to encourage their paddlers to ignore your instructions and 'push' the start. Do not be afraid to do so.

BY BEING CONSISTENT AT ALL RACES AND ACROSS ALL STARTS PADDLERS WILL LEARN WHAT IS EXPECTED OF THEM.

PART C: RECOMMENDATIONS

These recommendations are to help clubs run well-organised races. You should not attempt to run a race without having attended others first.

1) INITIAL CHECK LIST

- a) Appoint Safety Officer & Welfare Officer for the event
- b) Produce Risk Assessment and Safety Plan
- c) Produce **Advance Information** to competitors and invitation to enter
- d) Produce Marshalling Instructions

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- e) Refer to the full checklist "Advice on Running a Hasler Race" to be found on the MRC Website at <http://canoeracing.org.uk/marathon/index.php/race-organisers-checklist-2018/>

2) ADVANCE INFORMATION

Advance information should at least contain the following details.

- a) Name, date and status of the race.
- b) Name of the organising body.
- c) Closing date for entries and whether or not late entries will be accepted.
- d) Person to whom entries and enquiries should be sent, with address, phone number and email.
- e) Entry fees and to whom these should be payable.
- f) An entry form asking for full details of competitors, though entries using the RMS system should be encouraged.
- g) Welfare Statement
- h) Locations of start and finish, and directions for getting to these places.
- i) Check-in, briefing and start times.
- j) Brief description of the course indicating any specific safety issues with a map if necessary
- k) Indication of communication method in event of cancellation, or postponing.
- l) Any special regulations that competitors should be aware of before they arrive.
- m) Any major changes since last year.

NOTE – several of the above points could be covered by providing a link to club website or appropriate Facebook group, but consideration should be given to paddlers who may not have access to these.

3) SAFETY

Safety measures are largely at the discretion of the organiser, since courses and conditions vary considerably. All paddlers ranked in Divisions 7, 8, 9 & 10 or competing in Lightning and fun races must wear a buoyancy aid [Rules 5 (a)(v) and 56 (a)]. Make sure you have adequate safety cover for all Lightning and Div 9 & 10 races. On the open sea it is wise to insist on buoyancy aids for all. On open water, rescue boats are very important. Ensure that no one is stranded or lost halfway round the course; it is important to account for all competitors. On calm water it is usually sufficient to have a back marker paddling the course. Marshals at turns and portages should carry safety equipment including space blanket or similar, throw line and mobile phone.

All Race organisers shall appoint a Safety Officer, prepare a Risk Assessment and Safety Plan well ahead of their event and put in hand appropriate safety measures. Risk Assessments must be forwarded to the Regional Marathon Advisor at least two weeks before the event.

4) BRIEFING AND CONTROL

- a) Deliver a briefing shortly before the race. Explain the starting procedure; starting order; describe any special features and hazards of the race course and emphasise any special regulations. Remind Team leaders/coaches that they should ensure their paddlers are sufficiently competent for the course/conditions/arrangements.
- b) Check that all boats are numbered clearly. It is the competitor's responsibility to number his boat, but it does make the finishers' job easier if number plates are legible.
- c) Use the starting order listed in Section 5.
- d) Make sure the course is clearly marked at all points where there could be doubt. Position marshals at turning points to check against a start list. Have clearly identifiable marshals at portages and shoots. The marshals should keep the passage clear for competitors, keep spectators and competitors off forbidden land and report any misdemeanours to race control. A marshal's directions should override any prior instructions.
- e) It is expected that queries and concerns from team leaders or parents at the briefing or during the event will be addressed diplomatically and effectively especially where young paddlers are concerned.

5) STARTING ORDER

- a) The start order of the various classes or divisions can have a significant effect on the race results. The general principle is to start the fastest classes first and the slowest classes last. This minimises the chance of fast boats paddling through slower classes, picking up stragglers on the wash and dragging them back to the class leaders.
- b) The following is the recommended start order. Not all these classes will necessarily run at any one race.

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Division 2 K2	Division 5 K2	Division 8 K2
Division 1 K1	Division 4 K1	Division 7 K1
Division 3 K2	Division 6 K2	Division 9 K2
Division 2 K1	Division 5 K1	Division 8 K1
Division 4 K2	Division 7 K2	Division 9 K1
Division 3 K1	Division 6 K1	Division 10 K1

6) STARTING

- a) Ensure that the paddlers can hear your instructions clearly.
- b) Ensure your start position is such that you can see the boat numbers and if necessary have a helper as a spotter.
- c) You or your helper should have a pen/paper to write down any number warnings and penalties.
- d) If the paddlers do not obey instructions then the rule must be followed with appropriate penalties.
- e) In the event of a false start use a whistle to recall the paddlers. The use of the whistle should be included in pre-race briefing.
- f) Try to ensure the paddlers approach the line very slowly.
- g) An upstream start is preferable if possible.
- h) If you make a requirement or statement as to what you are going to do, do not back down or change it under paddler or time pressure.
- i) Record accurate start times for all races – these will be needed for the RMS program.

7) TURNS

- a) Clearly mark all turns. Use a buoy or buoys at each turn. Make sure these are clearly distinguishable. A clear description and location of the turn buoys must be given at the briefing.
- b) All turns should be properly marshalled. Each turn marshal should have a list of the race numbers that started and be responsible for checking that each boat properly completes the turn. A list of boats that did not complete the turn and a written report of the incidents at the turn must be provided promptly to the race control.

8) FINISHING & RESULTS

- a) Have a clearly marked finishing line. Signify a crossing of the line audibly by bell, whistle or hooter.
- b) Have a reliable, readable clock and a back-up in case of malfunction.
- c) Have a shelter in case it rains.
- d) **Recording the finishing times and positions is the most important job you will do.**
- e) **Prepare in advance with numbered sheets. Have spare pens/pencils.**
- f) Record the number and order of every boat as it passes the finishing line. Two tried and tested methods are:
 - (i) Have lined sheets, marked into two columns with one person writing the boat numbers and another the finish time. If possible have a third person calling out the finishing times. Number all finish pages to avoid confusion, OR
 - (ii) Have a team of three. Two work together, one calling boat numbers whilst the other records the number and time. The third person works independently recording the numbers in finishing order.

We do not recommend having the times written on one set of sheets and the numbers separately written on another set and then trying to match these together.
- g) A further fail-safe is to have a tape recorder at the finish line. Give the recorder to one of the finish team and tell them to 'talk' every boat over the line, giving number and time.
- h) At all Hasler events you must use the Hasler Race Management computer program (RMS) to produce your results. If possible use the RMS at the race. This will automatically calculate the elapsed time and finishing order of all boats, all singles promotions and the Hasler points. The results will be produced in the format required by the Race Records Officer. The RMS is designed for Hasler races and can be downloaded from the Marathon Canoeing website. If you want any help with the RMS please contact your Regional Adviser.

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- i) Whether using the RMS or a manual system, have someone indoors to produce the results. Arrange a system for displaying the results as soon as you know them. Errors can be queried before prize giving. Hold the prize giving as soon as possible.
- 9) AFTER THE EVENT**
- a) After the event is over the final result sheet needs to be produced. Keep all manual start and finish sheets as back-up.
 - b) If you have run a Hasler event you must return your results using the RMS. This automatically produces the results in the correct format.
 - c) Send results by email to the Rankings Officer, the Regional Marathon Advisor, and the Race Records Officer within 2 working days so that promotions can be ratified and the results can be uploaded onto the marathon website. For all addresses, see page F3.
 - d) The race levy should be sent to the Marathon Racing Committee treasurer. See rule 13. Levy to be remitted within 7 days.
 - e) Send Event Ticket money to British Canoeing HQ, Nottingham together with the name, post code etc. of those who have paid for an event ticket, on the form provided by British Canoeing.

PART D: VENUE AND ORGANISATIONAL CRITERIA FOR THE NATIONAL CHAMPIONSHIPS AND THE HASLER FINALS

The Marathon Committee will look to the following ideal criteria when considering applications for the hosting of the National Championships and the Hasler Finals. Any club wishing to host the National Championships or the Hasler Finals will be expected to make a short presentation to the Annual Consultative Meeting or to the Marathon Committee outlining their proposals for the course and organisation to meet these criteria.

1) THE COURSE

- a) The course should be wide enough at the start to provide a fair start for all paddlers. It should also be wide enough throughout its length for competitors to overtake and pass each other in opposite directions.
- b) The course should be capable of being paddled in an understern rudder boat.
- c) Portages should allow a minimum of 12 metres at the 'get out' and 'get in' points. Portages should not be of excessive number or length.
- d) Access to portage areas for spectators should be good with adequate parking, or pool transport should be provided.
- e) The course should be reasonably accessible for spectator viewing.
- f) There should not be too many other conflicting water users.

2) ORGANISATION

- a) The organising club(s) should have a proven track record in organising normal Divisional marathons.
- b) The venue should have good access by road and not be too far for the majority of paddlers to travel.
- c) There should be adequate camping facilities nearby, particularly for the two day National Championships.
- d) There should be adequate parking at the start and finish.
- e) There should be adequate covered checking-in and refreshment areas at the start and finish and a results display area.
- f) There should be adequate toilet facilities at the start and finish areas.
- g) There should be an adequate PA system at the start, briefing and prize giving areas.
- h) There should be adequate First Aid cover in appropriate areas.
- i) The starting of all races is to be as the procedure set out in PART C.
- j) There should be a computerised results facility capable of showing class results and team scores immediately after the races.
- k) Prizes at the National Championships will be the official BC National Marathon Championship medals and Divisional medals.
- l) Prizes at the Hasler Finals will be the official BC Hasler Finals medals.

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PART E: BRITISH CANOEING MEMBERSHIP AND EVENT TICKETS

All seniors and veterans must be full members of British Canoeing or equivalent UK body if they wish to race in a Marathon event that has been advertised in the Calendar. Juniors who are ranked in division 6 or above must also hold individual comprehensive British Canoeing or equivalent youth membership.

A junior club member need not be a full member of British Canoeing in order to race in the lower divisions (7,8 & 9) of the Marathon racing system or in the other 2 categories of marathon races. He / she must, however, be a member of a club with a registered junior section and the number used for his or her identification will be the club's affiliation number followed by the paddler's own individual club number. However, the club abbreviation followed by the paddler's club number is easier and preferred by the Records Officer, both for identification and ease of recording. i.e. LIN/005, CHE/017. Note that event tickets are also required for Lightning paddlers who are neither British Canoeing members nor a member of a club with a registered junior section but the Event Ticket is issued to Lightning paddlers without charge. Any junior promoted into a higher division (6 & upwards) must then become a full member of British Canoeing.

Race Organisers MUST still check that a competitor's membership is current either by photocopy of the membership card with the entry or by seeing the card on the day of the race.

If the card is unavailable or forgotten the paddler must purchase an "Event Ticket" as a "stop gap" but only once per season. The records officer carries out a check on event ticket issue for all race results and those paddlers abusing this system will be penalised.

The system is as follows:

1. The tickets are for use by non-members at the entry level only of National Competitions requiring membership e.g. Divisional Racing.
2. For use at a British Canoeing event when the organiser believes a participant may be a member but the member cannot provide proof by way of a membership card.
3. Event organisers charge the current rate set by British Canoeing, which will be sent to British Canoeing HQ, Nottingham within 7 working days of the event.
4. Event Ticket fees are not refundable.
5. The overall consideration is to encourage, in the best possible way, membership of the Country's Governing Body for Canoe sport.

PART F: STATEMENT ON FOREIGN NATIONALS PARTICIPATING IN COMPETITION

A. ELIGIBILITY FOR NATIONAL TEAM SELECTION

1. Must be a Member of British Canoeing. (including, SCA, CW & CANI)
2. For International Competitions the ICF competition rules will apply*. These are as follows:
 - a. An athlete that has competed internationally at any level in the last 3 years requires authorisation from the ICF and the national federation of the original country in order to change sporting nationality.
 - b. For an athlete to be eligible for a change of sporting nationality they must have lived in that country for the last two years.
 - c. The request of the change of nationality must be made in writing to the ICF no later than 30 November the year before the competitor wants to compete (e.g. 30th November 2019 to be eligible for British Canoeing from 1 January 2020).
 - d. For the Olympic Games the Olympic Charter rules will be applied for nationality issues. For athletes to be eligible for the Olympic and Paralympic Games they must hold citizenship/nationality of the country that they participate for at the time of the qualification event.
 - e. A competitor may not compete for more than one Federation in any calendar year (1 January to 31 December) in canoeing.

MARATHON RULES 2020

3. The same procedure and rules apply, should the Competitor decide he/she wants to change back to compete for his/her Federation of origin:
 - a. The Competitor will not be able to do so if they have already competed internationally at any level in that calendar year and will have to wait until the following year.
 - b. The Competitor will need to obtain a release/approval in writing from the Federation they have been competing for.
 - c. The release/approval will be submitted by British Canoeing to the ICF for its approval (submitted by 30th November) for the Competitor to compete for a new country in the following year.
4. In order to be eligible to be on a UK Sport funded programme an athlete must possess a valid British Passport or be in the process of applying for British Citizenship. (If an Athlete is not a British Passport holder and their long term ambition is to compete in the Olympic or Paralympic Games for GB they need to be aware that they will only be eligible for funding and able to compete if they hold a current British passport. Therefore they should be actively pursuing and, likely to achieve a successful, application for a British passport).

B. ELIGIBILITY FOR NATIONAL CHAMPIONSHIPS TITLES.

1. In order to be eligible to win a title in National Championships a Competitor must:
 - a. Be a British Citizen and be a current member of British Canoeing (including, SCA, CW & CANI - Juniors registered with family membership, do not need full British Canoeing membership) and not currently representing or in the selection process to represent another country;
or
 - b. Have been resident in the United Kingdom and a member of British Canoeing, (including, SCA, CW & CANI - Juniors registered with family membership, do not need full British Canoeing membership) for at least 2 (two) years. For clarification, it is the 2 years immediately preceding the relevant event and as soon as the individual it is at the point of renewing for a third year they shall have satisfied this condition.
2. In entering a National Championship competitors agree to abide by this Eligibility Policy. Any competitor winning a title may, at the absolute discretion of the organisers, be requested to supply proof that they satisfy B1 a) or B 1 b). Any competitor not complying with this requirement within a reasonable time will be liable to disqualification from receiving a National Championship title and will only be eligible to receive a race placing. Any disqualifications under this clause B2 will be subject to specific race rules and if applicable the British Canoeing dispute resolution policy.
3. If a Competitor is not a British Citizen and has not been Resident in the United Kingdom and a member of British Canoeing, (including, SCA, CW & CANI) for the necessary 2 (two) years (in accordance with 1.b. above) and there are exceptional circumstances then they may apply to the Head of Governance and Compliance requesting discretion to be exercised. Any applications should be submitted at least four weeks prior to any National Championships which they wish to compete in.
4. Decisions are final and in the absolute discretion of the British Canoeing Chief Executive who shall consider each case on its own merits and decisions not create a precedent for any future cases.

MARATHON RULES 2020

PART G: ELECTION OF REGIONAL MARATHON ADVISER

1. Under the current Marathon Racing Rules, the Regional Marathon Advisor is an elected post.
2. The election will take place each year between the Hasler Final and the end of November so that details can be included in the Racing Handbook. The election will be called by the RMA. If for any reason it is not appropriate to hold an election at this time, the MRC must be kept informed of the circumstances via the RMA Liaison.
3. All clubs in the region registered as participating in marathon racing, must be invited to be involved in the process of election, with each club nominating one voting representative.
4. The process will vary between regions according to local circumstances and may take place by email or at a meeting.
5. The process must involve the proposal of candidates and voting. Independent tellers may be used if necessary. The RMA may offer themselves for re-election. All candidates must have seen the document – Regional Marathon Advisors Role. In some regions it may be appropriate to split the role and elect joint RMAs or for the elected RMA to nominate an assistant.
6. The RMA must inform the MRC of the outcome, with any changes to contact details, once the election has taken place.

PART H: UNDER 12 RACING DEVELOPMENT – GUIDANCE – FROM SEPTEMBER 2018

It is important that both Team Leaders and Race Organisers are familiar with this guidance.

SAFETY

It is expected that:

- should **Team Leaders** have doubts about the ability of their young paddlers, delaying promotion will be discussed with the **RMA**.
- **Race Organisers** will consider the safety of Under 12 paddlers at briefings, in marshalling and the provision of course safety whatever class or division they enter.

(These rules are currently under review and changes will be published on the MRC Website during the 2019/20 season.)

The intentions

- To encourage progress to Divisions for paddlers aged under 12
- To ease transition from Lightning classes to Divisions
- previously ranked both Under 10 or Under 12. It will include male and female Div 10 will be an open Under 12 class. The class will include paddlers paddlers like other divisions. They will race over a 4 mile course.
- Paddlers may use Lightnings, other mini K1s or full length K1s.
- Under 12 paddlers may start in Lightning classes U10F, U10M, U12F & U12M or straight into Division 10. They may also start in Div 9 or higher if their coach or team leader thinks they are already at that stage. (as now)
- Numbering will be from 1001. (Lightnings from 2001, 3001, 4001 & 5001)

Promotion from Lightning classes

- Paddlers in Under 10 Lightning classes will be indicated for promotion to Div 10 once they have scored 100 points. (This would be 5 races minimum if they won every race & 6 or more if they didn't.) Paddlers in Under 12 Lightning classes will be indicated for promotion to Div 10 once they have scored 60 points. (This would be 3 races minimum if they won each one & 4 or more if they didn't.)
- Paddlers will not start from 0 again if the points span 2 or more seasons.
- However, paddlers moving from Under 10 to Under 12 on January 1st may start their points at 0 as they move on.

MARATHON RULES 2020

- If a club coach or team leader feels that the promotion is too soon, the **Team Leader only** should discuss delaying promotion with the **RMA**.
- Lightning points will continue to be scored in Lightning classes as now, with a paddler's 3 best scores in one season carried forward to the Geoff Sanders Memorial Trophy total for the club.
- Division 10 paddlers will score points towards the club's regional standing and Hasler qualification.

Promotion from Div 10 & higher

- Once an under 12 paddler has been promoted to Div 10 they will be promoted to Division 9 using HC 45 extended from the table on page D1. The calculation will be from the mid point of Divisions 7 & 8 in the same way that Div 9 promotions are calculated.
- The **Team Leader only** may discuss this with the **RMA** if there are compelling reasons not to promote.
- Promotion from Div 9 and higher is in the normal way. As now, a **Team Leader** may discuss this with the **RMA** if there are compelling reasons not to promote.
- Paddlers Under 12 who have raced in Div 9 (not yet promoted to Div 8 and above) at the start of season 2019/20 may move to Div 10 if they wish.

Demotions

As now, a **Team Leader** may discuss with the **RMA** if there are compelling reasons to demote a paddler. No paddler will be automatically demoted back to Lightning classes. The exception to them entering Lightning classes will be at National Championships and the Geoff Sanders Memorial Trophy Final. (see conditions below)

Points

- Division 10 will score points at regional Hasler races in the same way that Division 9 paddlers do – there is no cut-off at 110%.

K2s

- There will be no Division 10 K2.
- A Division 10 paddler may enter Div 9 K2 with another Div 10 or a Div 9 paddler.
- A Division 10 paddler may enter higher Division K2 races in the normal way with the following conditions: *Div 4 paddlers may only enter 8 mile or 12 mile races. Div 1-3 paddlers may only enter 12 mile races.*

Geoff Sanders Memorial Trophy

- Any Under 12 paddler who has started the season in a Lightning and not been promoted above Div 9 may race in the Geoff Sanders Trophy Final. As now, any paddler who has been promoted to Div 8 or higher during the season **may not** enter the Geoff Sanders Final except under rule 57c relating to promotion at National Championships. (higher means Div 8 , 7 , 6 etc. in this context)
- This means that paddlers still in Lightnings, Div 10 or Div 9 may enter the Geoff Sanders Memorial Trophy Final if they raced Lightning in the season. They may only paddle in a Lightning. No other boat is permitted.
- There will be no double points for the final. Points will be awarded 20, 19, 18 etc. down to 1 point. All eligible paddlers entering will score a minimum of 1 point if they finish.
- Any one paddler may only carry forward a maximum of 60 points (their 3 best scores) to the total score for their club at the Geoff Sanders Memorial Trophy Final. (as now)
- Each club's score at the Final will be added to the points carried forward from the season.

Qualification for Hasler Final (from 2019)

- Paddlers may count Lightning races in the season towards 3 qualifying races for Hasler Final qualification if they are promoted at the end of the season. (as now)
- There will be no Div 10 K2 at the Hasler Final. Lightning paddlers or Div 10 paddlers may enter Div 9 K2 or above with normal Hasler Final K2 rules applying. (as now)

National Championships (from 2019)

- Lightning paddlers and those in Divisions 9 or 10 who started the season in Lightnings, may enter Under 12 National Championship races, or a Lightning race if offered by the organiser, but not both.
- Only Lightnings may be used in the Lightning classes.

MARATHON RACING: NATIONAL CHAMPIONSHIP TROPHIES

The Spanish House: National Championships Team Trophy

1990	Nottingham Kayak Club	2005	Leighton Buzzard Canoe Club
1991	Nottingham Kayak Club	2006	Reading Canoe Club
1992	Army Canoe Union	2007	Leighton Buzzard Canoe Club
1993	Nottingham Kayak Club	2008	Wey Kayak Club
1994	Nottingham Kayak Club	2009	Wey Kayak Club
1995	Nottingham Kayak Club	2010	Nottingham Kayak Club
1996	Nottingham Kayak Club	2011	Norwich Canoe Club
1997	Kimbolton School	2012	Norwich Canoe Club
1998	Nottingham Kayak Club	2013	Norwich Canoe Club
1999	Nottingham Kayak Club	2014	Norwich Canoe Club
2000	Elmbridge Canoe Club	2015	Norwich Canoe Club
2001	Elmbridge Canoe Club	2016	Norwich Canoe Club
2002	Leighton Buzzard Canoe Club	2017	Norwich Canoe Club
2003	Leighton Buzzard Canoe Club	2018	Nottingham Kayak Club
2004	Leighton Buzzard Canoe Club	2019	Norwich Canoe Club

The Spanish Galleon: Inter-Club K4 Racing to 2003

1991	Hereford	1995	Nottingham
1992	Elmbridge	1996	Nottingham
1993	Hereford	1997	Nottingham
1994	Elmbridge	1998/2003	No race

The Spanish Galleon: Lightning Team Trophy

2004	Banbury Canoe Club	2012	Norwich Canoe Club
2005	Banbury Canoe Club	2013	Banbury Canoe Club
2006	Southampton Canoe Club	2014	Norwich Canoe Club
2007	Leighton Buzzard C.C.	2015	Norwich Canoe Club
2008	Leighton Buzzard C.C.	2016	Norwich Canoe Club
2009	Lincoln Canoe Club	2017	Norwich Canoe Club
2010	Ealing Canoe Club	2018	Ealing Canoe Club
2011	Banbury Canoe Club	2019	Norwich Canoe Club

Wilkinson Sword: Presented to the Senior K1 National Champion

1979	Brian Greenham	Reading & LP	2000	Conor Holmes	Elmbridge
1980	K.Smith	Warren	2001	Conor Holmes	Elmbridge
1981	K.Smith	Warren	2002	Ivan Lawler	Elmbridge
1982	Alan Williams	Royal	2003	Paul Slater	Gailey
1983	Alan Williams	Royal	2004	Paul Slater	Gailey
1984	Alan Williams	Royal	2005	Ivan Lawler	Elmbridge
1985	Alan Williams	Royal	2006	Ben Brown	Elmbridge
1986	Ivan Lawler	Elmbridge	2007	Andrew Daniels	Reading
1987	Ivan Lawler	Elmbridge	2008	Ben Farrell	Elmbridge
1988	Ivan Lawler	Elmbridge	2009	Ben Brown	Elmbridge
1989	Duncan Blythe	Royal	2010	Ben Brown	Elmbridge
1990	Duncan Blythe	Royal	2011	Tim Pendle	Norwich
1991	I.Timbrell	Fowey River	2012	Tim Pendle	Norwich
1992	Ivan Lawler	Elmbridge	2013	Tim Pendle	Norwich
1993	James Butler	Nottingham	2014	Andrew Daniels	Longridge
1994	Gary Mawer	Richmond	2015	Keith Moule	Chelmsford
1995	Simon Dark	Bradford/Avon	2016	Tim Pendle	Norwich
1996	Ivan Lawler	Elmbridge	2017	Tim Pendle	Norwich
1997	James Butler	Nottingham	2018	Tim Pendle	Norwich
1998	Greg Slater	Lichfield	2019	Tim Pendle	Norwich
1999	Ivan Lawler	Elmbridge			

MARATHON RACING: NATIONAL CHAMPIONSHIP TROPHIES

The Long Distance Racing Challenge Trophy: Presented to the Senior K1 National Champion.
Prior to 2001 to the winner of Division 1 K1 at the National Championships.

1956	C.Cautier	Weston Bay	1988	Ivan Lawler	Elmbridge
1957	A.Waterhouse	Royal Canoe Club	1989	Duncan Blythe	Royal Canoe Club
1958	R.O'Keefe	Richmond	1990	Duncan Blythe	Royal Canoe Club
1959	B.Smith	C.T.C.	1991	I.Timbrell	Fowey
1960	D.Shankland	Llandaff	1992	Ivan Lawler	Elmbridge
1961	J.Richards	Worcester	1993	James Butler	Nottingham
1962	Alan Edwards	Worcester	1994	Gary Mawer	Richmond
1963	S.Smith	Worcester	1995	Simon Dark	Bradford on Avon
1964	S.Smith	Worcester	1996	Ivan Lawler	Elmbridge
1965	P.Gardner	Riverside	1997	James Butler	Nottingham
1966	C.Evans	Royal Canoe Club	1998	Greg Slater	Lichfield
1967	C.Evans	Royal Canoe Club	1999	Ivan Lawler	Elmbridge
1968	P.Lawler	Royal Canoe Club	2000	Conor Holmes	Elmbridge
1969	N.Jackson	Grappenhall	2001	Conor Holmes	Elmbridge
1970	N.Jackson	Grappenhall	2002	Ivan Lawler	Elmbridge
1971	N.Jackson	Grappenhall	2003	Paul Slater	Gailey
1972	Norman Mason	Nottingham	2004	Paul Slater	Gailey
1973	D.Lawrence	Royal Canoe Club	2005	Ivan Lawler	Elmbridge
1974	Norman Mason	Nottingham	2006	Ben Brown	Elmbridge
1975	Norman Mason	Nottingham	2007	Andrew Daniels	Reading
1976	Norman Mason	Nottingham	2008	Ben Farrell	Elmbridge
1977	Brian Greenham	Reading & L.P.	2009	Ben Brown	Elmbridge
1978	Brian Greenham	Reading & L.P.	2010	Ben Brown	Elmbridge
1979	Brian Greenham	Reading & L.P.	2011	Tim Pendle	Norwich
1980	K.Smith	Warren C.C.	2012	Tim Pendle	Norwich
1981	K.Smith	Warren C.C.	2013	Tim Pendle	Norwich
1982	Alan Williams	Royal Canoe Club	2014	Andrew Daniels	Longridge
1983	Alan Williams	Royal Canoe Club	2015	Keith Moule	Chelmsford
1984	Alan Williams	Royal Canoe Club	2016	Tim Pendle	Norwich
1985	Alan Williams	Royal Canoe Club	2017	Tim Pendle	Norwich
1986	Ivan Lawler	Elmbridge	2018	Tim Pendle	Norwich
1987	Ivan Lawler	Elmbridge	2019	Tim Pendle	Norwich

MARATHON RACING: NATIONAL CHAMPIONSHIP TROPHIES

The Laws Trophy: Presented to the Senior K2 National Champions

1957	J.Nicholls	E.Carmichael	W.London	1989	C.Ballard	R.Kinch	Lichfield/Oxford
1958	J.Shelston	R.Lowery	Richmond	1990	P.Wells	G.Dresser	Richmond/Royal
1959	J.Shelston	R.O'Keefe	Richmond	1991	C.Ballard	G.Slater	Lichfield
1960	R.Payne	Y.Allen	22nd SAS	1992	I.Lawler	G.Bourne	Elmbridge
1961	B.R.Smith	J.L.P.Dalton	C.T.C.	1993	J.Butler	S.Bagshaw	Nottingham
1962	A.Aked	D.C.Arnold	Marines	1994	I.Lawler	S.Harris	Elmbridge
1963	L.Oliver	M.Parker	Lincoln	1995	S.West	J.Butler	RLS/Nottingham
1964	S.Hollier	R.Wade	Hatfield	1996	I.Lawler	S.Harris	Elmbridge
1965	L.Oliver	M.Parker	Lincoln	1997	J.Block	J.Butler	Nottingham
1966	T.Kirkby	M.Bosher	Royal	1998	S.Baker	S.Harris	Elmbridge
1967	A.Miller	T.Sowman	Harlow	1999	I.Lawler	C.Holmes	Elmbridge
1968	A.Edwards	L.Oliver	Lincoln	2000	S.Dark	D.Coulson	BOA/Reading
1969	M.Mean	L.Bolam		2001	C.Holmes	J.Block	Elmbridge/ Nott
1970	C.Evans	Alun-Williams	R.M.C.C.	2002	P.Slater	P.Prestwood	Gailey
1971	M.Bosher	B.Greenaway	Richmond	2003	P.Slater	P.Prestwood	Gailey
1972	N.Mason	T.Speaight	Nottingham	2004	P.Slater	P.Prestwood	Gailey
1973	N.Jackson	D.Smith	Grap/Worc	2005	I.Lawler	B.Brown	Elmbridge
1974	J.Fowler	A.Williams	Royal	2006	B.Brown	J.Sawers	Elmbridge
1975	J.Fowler	A.Williams	Royal	2007	A.Daniels	E.Cox	Reading/Wey
1976	J.Fowler	A.Williams	Royal	2008	I.Lawler	B.Farrell	Elmbridge
1977	S.Brown	B.Haynes	Nott/Royal	2009	B.Brown	J.Boyton	Elmbridge/Royal
1978	J.Fowler	A.Williams	Royal	2010	I.Lawler	J.Simmons	Elmbridge/Wey
1979	J.Fowler	A.Williams	Royal	2011	M.Childerstone	J.Simmons	Wey
1980	J.Fowler	A.Williams	Royal	2012	J.Tye	S.West	Worcester
1981	J.Fowler	A.Williams	Royal	2013	K.Moule	T.Sharpe	Chelmsford/Rich.
1982	A.Williams	C.Canham	Royal	2014	T.Pendle	A.Daniels	Norwich/Longridge
1983	A.Williams	S.Jackson	Royal/Army	2015	T.Pendle	A.Daniels	Norwich/Longridge
1984	A.Williams	S.Jackson	Royal/Army	2016	T.Pendle	E.Rutherford	Norwich/Elmbridge
1985	P.Wells	A.Croucher	Ric/Wey	2017	M.Gregory	Z.Chmiel	Longridge/Nott.
1986	I.Lawler	A.Williams	Elm/Royal	2018	M.Gregory	T.Pendle	Longridge/Norwich
1987	I.Lawler	G.Burns	Elmbridge	2019	C.Smith	T. Pendle	L. Buzzard/Norwich
1988	P.Wells	M.Wells	Richmond				

The Nottingham Kayak Club Trophy: Presented to the U23 Men's K1 Champion

2017	Lewis Duffield	Chelmsford
2018	Magnus Gregory	Longridge
2019	Charlie Smith	Leighton Buzzard

MARATHON RACING: NATIONAL CHAMPIONSHIP TROPHIES

Nottinghamshire County Council Cup: Presented to the Senior Lady K1 National Champion

1995	S.Bennett	Fladbury	2007	Anna Hemmings	Elmbridge
1996	Anna Hemmings	Elmbridge	2008	Louisa Sawers	Elmbridge
1997	Tricia Davey	Richmond	2009	Claire Gunney	Wey
1998	Lucy Hardy	Fladbury	2010	Claire Gunney	Wey
1999	Tina Parsons	Nottingham	2011	Jenny Illidge	Runcorn
2000	Andrea Dallaway	Elmbridge	2012	Lizzie Broughton	Richmond
2001	Anna Hemmings	Elmbridge	2013	Lizzie Broughton	Richmond
2002	Yael Ford	Tonbridge	2014	Lizzie Broughton	Richmond
2003	Joanne Bates	Elmbridge	2015	Lizzie Broughton	Richmond
2004	Joanne Bates	Elmbridge	2016	Lizzie Broughton	Richmond
2005	Tricia Davey	Richmond	2017	Lani Belcher	Nottingham
2006	Anna Hemmings	Elmbridge	2018	Lizzie Broughton	Richmond
			2019	Lizzie Broughton	Richmond

Ladies Plate: Presented to the Senior Ladies K2 National Champions

1995	Tamsin Phipps	W.Lester	Reading
1996	Helen Gilby	Alison Thorogood	Elmbridge/Newham
1997	Sonia Bapty	Tricia Davey	Reading/Richmond
1998	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
1999	Sonia Bapty	Alison Thorogood	Reading/Leaside
2000	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
2001	Andrea Dallaway	Abigail Cattle	Elmbridge/Reading
2002	Joanne Bates	Rosalind Bates	Elmbridge Canoe Club
2003	No Race		
2004	Joanne Bates	Claire Hynds	Elmbridge Canoe Club
2005	Joanne Bates	Nicola Taylor	Elmbridge Canoe Club
2006	Anna Hemmings	Nicola Taylor	Elmbridge Canoe Club
2007	Anna Hemmings	Louisa Sawers	Elmbridge Canoe Club
2008	Louisa Sawers	Hayleigh Mason	Elmbridge/Nottingham
2009	Louisa Sawers	Lani Belcher	Elmbridge Canoe Club
2010	Jenny Swallow	Lizzie Broughton	Chester/Richmond
2011	Fay Lamph	Lizzie Broughton	Wey/Richmond
2012	Fay Lamph	Lizzie Broughton	Wey/Richmond
2013	Fay Lamph	Lizzie Broughton	Wey/Richmond
2014	Fay Lamph	Lizzie Broughton	Wey/Richmond
2015	Fay Lamph	Lizzie Broughton	Wey/Richmond
2016	Fay Lamph	Lizzie Broughton	Wey/Richmond
2017	Lani Belcher	Hayleigh Mason	Nottingham
2018	Fay Lamph	Lizzie Broughton	Wey/Richmond
2019	Jane Swarbreck	Lizzie Broughton	Richmond

The Nottingham Kayak Club Trophy: Presented to the U23 Women's K1 Champion

2017	Alex Lane	Longridge
2018	Jenny Withers	Elmbridge
2019	Melissa Johnson	Chelmsford

The Millest Plate: Presented to the Senior Woman C1 National Champion

2018	Anna Palmer	Longridge
2019	Sarah Millest	Nottingham

MARATHON RACING: NATIONAL CHAMPIONSHIP TROPHIES

The National Marathon Women's K1 Team Trophy

2017	Nottingham Kayak Club	2018	Richmond Canoe Club	2019	Richmond Canoe Club
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The Pontevedra Cup: Presented to the U18 Girls K1 National Champion

2008	Victoria Croucher	Wey	2014	Elise Piercy	Elmbridge
2009	Jenny Illidge	Runcorn	2015	Melissa Johnson	Chelmsford
2010	Jenny Illidge	Runcorn	2016	Samantha Martyn	Wey
2011	Victoria Croucher	Wey	2017	Emma Russell	Chelmsford
2012	Amy Ward	Elmbridge	2018	Freya Peters	Richmond
2013	Samantha Rees-Clark	Basingstoke	2019	Freya Peters	Richmond

The Brian Gandy Trophy: Presented to the U18 Girls K2 National Champions

2011	Victoria Croucher	Alice Haws	Wey Kayak Club
2012	Amy Ward	Rebeka Simon	Elmbridge
2013	Samantha Rees-Clark	Nicole Williams	Basingstoke/Royal
2014	Livvy Rowe	Lucy Lee-Smith	Norwich
2015	Elise Piercy	Melissa Johnson	Elmbridge/Chelmsford
2016	Freya Peters	Emma Russell	Richmond/Chelmsford
2017	Freya Peters	Emma Russell	Richmond/Chelmsford
2018	Bronte Holden	Samantha Martyn	Foy/Wey
2019	Amber Cox	Freya Peters	Elmbridge/Richmond

The Carrion Cup: Presented to the U16 Girls K1 National Champion

2012	Emma Ricketts	Anker Valley	2016	Freya Peters	Richmond
2013	Elise Piercy	Elmbridge	2017	Stephanie Hutchinson	Longridge
2014	Elizabeth Gray	Lincoln	2018	Georgia Carmichael	Longridge
2015	Emma Russell	Chelmsford	2019	Becky Pemble	Addlestone

The Junior Ladies Plate: Presented to the U16 Girls K2 National Champions

2012	Emma Ricketts	Amy Wignall	Anker Valley/Runcorn
2013	Jenny Withers	Elise Piercy	Elmbridge
2014	Rose Blackman	Hafsa Kabeer	Gailey/Reading
2015	Lily Wong	Elizabeth Grey	Richmond/Lincoln
2016	Florence Duffield	Bronte Holden	Norwich/Fowey
2017	Stephanie Hutchinson	Kate Hipkins	Longridge
2018	Georgia Carmichael	Kate Hipkins	Longridge
2019	Klara Jepson	Jessie Urquhart	Falcon/Banbury

MARATHON RACING: NATIONAL CHAMPIONSHIP TROPHIES

The Espada Cup: Presented to the Under 14 Girls K2 National Champions

1977	D.Sellwood	C.Darling	B.O.A.C.C./ Chichester
1978	Perrett	D.Sellwood	
1979	Holness	Lewis	
1980	Holness	Lewis	
1981	Holness	Lewis	
1982	Nicola Burns	A.Dawson	Elmbridge/Preston Bridge
1983	H.Rainsford	C.Kemp	Leighton B./ Fladbury
1984	Andrea Dallaway	C.Kemp	Lichfield/Fladbury
1985	A.Jennings	C.Kemp	Leighton B./ Fladbury
1986	J.Fisher	R.Leverett	Lincoln C.C.
1987	Tricia Davey	J.Miller	Richmond/Shoreham
1988	R.Giles	B.Cambell	Fladbury C.C.
1989	K.Russell	Anna Hemmings	Elmbridge C.C.
1990	Anna Hemmings	Jenny Dyball	Elmbridge C.C.
1991	Rachel Train	Lucy Hardy	Fladbury C.C.
1992	S.Griffith	Carly Andrews	Fladbury/Solihull
1993	Carly Andrews	Elaine Appleby	Solihull/Leighton Buzzard
1994	Cathy Jones	Elaine Appleby	Leighton Buzzard C.C.
1995	Cathy Jones	Abigail Cattle	Leighton B/Reading
1996	Sharon Hayday	Nicola Taylor	Barking & Dagenham C.C.
1997	Jenny Spencer	Rebecca Hunter	Hereford/Royal
1998	Zoe Burgess	Joanne Etheridge	Solihull/Wey
1999	Joanne Etheridge	L.Smith	Wey/Barking & Dagenham
2000	Hayleigh Mason	Harriet Farish	Nottingham K.C.
2001	Louisa Sawers	Rohan Battison	Elmbridge/Reading
2002	Alison Galloway	Rohan Battison	Reading
2003	Katie Whitehead	Jessica Walker	Chelmsford/Royal
2004	Emma Dougall	Jessica Walker	Leighton Buzzard/Royal
2005	Jenny Swallow	Caroline Rowlands	Chester
2006	Laura Ferguson	Stephanie Holmes	Banbury/Worcester
2007	Hazel Childerstone	Victoria Croucher	Wey K.C.
2008	Isobel Smith	Naomi Smith	Basinstoke Canal CC
2009	Rebecca Killip	Alison Martin	Richmond
2010	Rebecca Killip	Alison Martin	Richmond
2011	Rebecca Killip	Alison Martin	Richmond
2012	Sarah Ellis	Elizabeth Gray	Fladbury/Lincoln
2013	Elizabeth Gray	Renee Myburgh	Lincoln/Independent
2014	Sophie Thompson	Samantha Martyn	Wey
2015	Freya Peters	Zoe Clark	Richmond/Royal
2016	Flossie Ball	Georgia Carmichael	Wiltshire Youth/Longridge
2017	Abigail Burham	Hannah Suttie	Wey
2018	Zara Bowers	Lizzie Poole	Elmbridge
2019	Mollie Ball	Matilda Enoch	Devizes/Nottingham

MARATHON RACING: NATIONAL CHAMPIONSHIP TROPHIES

The Sella Cup: Presented to the U18 Boys K1 National Champion

1990	A.Richardson	Royal	2005	Andrew Daniels	Reading
1991	S.Jenson	Richmond	2006	Andrew Daniels	Reading
1992	Paul Slater	Lichfield	2007	Edward Rutherford	Elmbridge
1993	M.Bull	Nottingham	2008	Edward Rutherford	Elmbridge
1994	Richard Golder	Banbury	2009	Mark Childerstone	Wey
1995	Lee Pilgrim	Barking & Dag'ham	2010	Jonathan Tye	Worcester
1996	Damien Chapman	Nottingham	2011	Jonathan Tye	Worcester
1997	Damien Chapman	Nottingham	2012	Albert Hicks	Norwich
1998	Craig Watt	Elmbridge	2013	Edmund Haws	Wey
1999	Scott Kemper	Gailey	2014	Edmund Haws	Wey
2000	Andrew Kelly	Elmbridge	2015	Magnus Gregory	Longridge
2001	Andrew Kelly	Royal	2016	Joe Petersen	Banbury
2002	Paul Wycherley	Wey	2017	William Scammell	Longridge
2003	Paul Wycherley	Wey	2018	William Scammell	Longridge
2004	Allen Spencer	Hereford	2019	Timothy Dowden	Norwich

Junior K2 Shield: Presented to the U18 Boys K2 National Champions

1995	A.Morgan	Nick Fowler	Banbury/Reading
1996	Daniel Golder	Damien Chapman	Banbury/Nottingham
1997	Damien Chapman	Peter Burbridge	Nottingham/Reading
1998	Paul Prestwood	Daniel Matthews	Gailey
1999	Adam Kennedy	Tim Sowry	Fladbury/Elmbridge
2000	Ed McKeever	Alistair Rosier	Bradford on Avon
2001	Andrew Kelly	Simon Fennemore	Royal/Wey
2002	Ben Brown	Paul Wycherley	Elmbridge/Wey
2003	John Sawers	Michael Goodall	Elmbridge Canoe Club
2004	James Dougall	Matthew Guy	Leighton Buzzard Canoe Club
2005	Andrew Daniels	Allen Spencer	Reading/Hereford
2006	Tom Hide	Ben Parfitt	Addlestone/Elmbridge
2007	Dean Terry	Mark Childerstone	Wey Kayak Club
2008	Tom Hide	Edward Rutherford	Addlestone/Elmbridge
2009	Matthew Welch	Tom Simmons	Wey/Bradford on Avon
2010	Mark Clive	Nico Kirschstein	Gailey/Reading
2011	Jonathan Tye	James Webster	Worcester/Bradford on Avon
2012	Albert Hicks	Daniel Johnson	Norwich/Chelmsford
2013	Jack Childerstone	Edmund Haws	Wey
2014	Jack Childerstone	Edmund Haws	Wey
2015	Magnus Gregory	Luke Harding	Longridge
2016	Joe Petersen	Joe Hansell	Banbury/Basingstoke
2017	Kieran Hayward	Matthew Callow	Norwich
2018	James Bell	William Scammell	Longridge
2019	Alexander Bicknell	Jordan Martyn	Wey

The Nalon Cup: Presented to the U16 Boys K1 National Champion

2012	Edmund Haws	Wey	2016	Luke Shaw	Norwich
2013	Magnus Gregory	Longridge	2017	Timothy Dowden	Norwich
2014	Max Littlewood	Nottingham	2018	Rory Stewart	Addlestone
2015	Charlie Smith	Leighton Buzzard	2019	Xavier Hives	Southampton

MARATHON RACING: NATIONAL CHAMPIONSHIP TROPHIES

The Sanabria Cup: Presented to the U16 Boys K2 National Champions

2012	Tim Escott	James Mlssen	Bradford on Avon
2013	Magnus Gregory	Luke Harding	Longridge
2014	Stefano Di Gregorio	Kayne Wilkinson	Elmbridge
2015	Charlie Smith	Joe Webb	Leighton Buzzard/Richmond
2016	Sam Drane	Luke Shaw	Norwich
2017	Philip Miles	Timothy Dowden	Royal Leamington Spa/Norwich
2018	Rory Stewart	Zac Tarver	Addlestone/Elmbridge
2019	Xavier Hinvès	Zac Tarver	Southampton/Elmbridge

The Silver Birdbath: Presented to the Under 14 Boys K2 National Champions

1981	M.Adams	S.Rust	Royal/Leicester
1982	M.Adams	S.Rust	Royal/Leicester
1983	G.Lovell	G.Adams	Royal
1984	S.Day	A.Barkway	Sta./N.S.S.
1985	J.Wilson	C.Murray	Anker Valley
1986	A.M.Richardson	J.Farnham	Royal/Elmbridge
1987	A.M.Richardson	J.Farnham	Royal/Elmbridge
1988	S.Jenson	P.Slater	Richmond/Gailey
1989	Brian Hemmings	David Smith	Elmbridge
1990	David Smith	Ian Sargeant	Elmbridge
1991	Nick Fowler	B.Reece	Fladbury
1992	Daniel Golder	J.Perrier	Banbury/Bishop Stortford
1993	Damien Chapman	Joel Wilson	Nottingham/Chester
1994	Joel Wilson	Adam Kennedy	Chester/Fladbury
1995	Dean O'Conner	Adam Kennedy	Barking/Fladbury
1996	Richard Darby Dowman	Ben Farrell	Elmbridge C.C.
1997	Greg Edwards	Tom Bainbridge	Worcester/Harlow
1998	A.Barry	James Garlick	Chelmsford/Leighton Buzzard.
1999	James Garlick	Ed Cox	Leighton Buzzard/Wey
2000	Tom Daniels	Richard Etheridge	Reading/Wey
2001	Gavin Hickman	Allen Spencer	Chelmsford/Hereford
2002	Christian Pegley	Andrew Daniels	Elmbridge/Wokingham
2003	Ben Holmes	Pip Ede	Worcester/Reading
2004	Edward Rutherford	Daniel Barber	Elmbridge Canoe Club
2005	Dean Terry	Mark Childerstone	Maidstone/Wey
2006	Peter Wilkes	Mark Wilkes	Chelmsford Canoe Club
2007	Jonathan Tye	Tom Deacon	Worcester/Addlestone
2008	Jake Thomas	Alex Loveday	Elmbridge Canoe Club
2009	Jack Childerstone	Edmund Haws	Wey Kayak Club
2010	Jack Childerstone	Sam Kirschstein	Wey/Reading
2011	Kayne Wilkinson	Alex Khlaf	Elmbridge/Richmond
2012	Luke Harding	Magnus Gregory	Longridge
2013	Joe Hansall	Oliver Khlaf	Basingstoke/Richmond
2014	Joe Webb	Harry Wells	Richmond
2015	William McCracken	Fred Kemp	Banbury/Reading
2016	Ed Nightingale	Jacob Millard	Bradford-on-Avon/Falcon
2017	Benjamin Carbera	Xavier Hinvès	Fowey/Southampton
2018	Benjamin Carbera	Luca Ferri	Fowey/Elmbridge
2019	Sam Cribbett	Dylan O'Connor	Royal Leamington Spa/Richmond

The U12 Boys Lightning Trophy

2018	Gruff Thomas	Ealing
2019	Josh Griffin	Royal Leamington Spa

MARATHON RACING: NATIONAL CHAMPIONSHIP TROPHIES

Ken Pereira Memorial Trophy: Presented to the Senior C1 National Champion					
1989	Ken Young	Nottingham	2007	John Badelek	Wey
1990	No race		2008	Yan Vorberger	Leamington
1991	Andrew Martin	Fladbury	09-10	No race	
1992	Andrew Martin	Fladbury	2011	Miguel Hernandez	Cambridge
1993	No race		2012	Adam Stannard	Leamington
1994	Derek Hall	Reading	2013	Iain Weir	Banbury
1995	Malcolm Lane	Leamington	2014	Nerijus Budrikis	Worcester
1996	James Lee	Basingstoke Canal	2015	M. Ponomarenkow	Richmond
1997	James Lee	Basingstoke Canal	2016	Seb Shaw	Faldbury
1998	Steve Train	Fladbury	2017	Arthur Leech	Richmond
99-03	No race		2018	Arthur Leech	Richmond
2004	Richard Crooks	Leighton Buzzard	2019	Arthur Leech	Nottingham
2005/6	No race				

Open Canoe Association Shield: Presented to the Open TC2 National Champions (from 1996 C2)				
1990	Karl Yurkwich	Attila Herbert	Royal Leamington Spa	
1994	J.Bromley	Tibor Herbert	Royal Leamington Spa	
1996	John.Badelek	Derek Hall	Wey/Reading	
1997	James Lee	M.Parsons	Basingstoke/Wey	
2000	Matt. Lawrence	Toby Shipway	Leighton Buzzard	
2001	Matt. Lawrence	James Train	Leighton Buzzard/Fladbury	
2002-2012	No Race	-	-	
2013	Roger Weir	George Caines	Banbury/Nottingham	
2014	No race			
2015	Marcin Ponomarenkow	Attila Szilagyi	Richmond/Independent	
2016	Ireneusz Marcinkowski	Chris Blacker	Chester/Southampton	
2017	Arthur Leech	Chris Blacker	Richmond/Southampton	
2018	James Prowse	Paul Stenning	Hemel Hempstead/Leighton Buzzard	
2019	Chris Blacker	Arthur Leech	Southampton/Nottingham	

The Richmond Trophy: Presented to the Mixed K2 National Champions			
2014	Lizzie Broughton	Keith Moule	Richmond/Chelmsford
2015	Lizzie Broughton	Keith Moule	Richmond/Chelmsford
2016	Lizzie Broughton	Keith Moule	Richmond/Chelmsford
2017	Hayleigh Mason	Ziggy Chmiel	Nottingham
2018	Alex Lane	Magnus Gregory	Longridge
2019	Kate Hipkins	Magnus Gregory	Longridge

MARATHON RACING – THE HASLER TROPHY

The story behind the Hasler Trophy

One of the most daring raids of World War Two took place on the night of 11th December 1942 in the enemy-occupied port of Bordeaux in France. Operation Frankton involved 12 men in six canoes being taken by submarine to a position 10 miles south of the Gironde estuary on 7th December. One of the canoes was ripped passing through the hatch of the submarine, but the other five then had an 85 mile paddle ahead of them. Two boats were lost in the tidal race and the remaining three carried on for three days, paddling in darkness and lying up during the day. One more boat hit a submerged rock and sank and the final two boats went on to Bordeaux harbour, where they attached their limpet mines and, assisted by the ebb tide, paddled silently back down the river. The mines detonated and severely damaged four vessels and sunk one. The four remaining men beached before reaching the sea, scuttled their canoes and travelled overland to try to reach safety. Two were captured, but Major 'Blondie' Hasler and Marine Bill Sparks made their way to Spain – the only two of the original ten who survived. Hasler was awarded the DSO and Sparks the DSM.



After the war, Hasler went on to found the Single Handed Transatlantic Yacht race after a bet with his friend Francis Chichester. The Hasler Trophy was presented by Lloyds Underwriters to commemorate the raid of the so-called 'Cockleshell Heroes' and has been competed for since 1957. Major Hasler died in 1987 and Bill Sparks died on 30th November 2002, only ten days short of the sixtieth anniversary of the raid. In 2003 the Marathon Committee decided to inaugurate a new trophy named in honour of Bill Sparks, which goes to the highest placed veteran K2 in the highest division at the Hasler Final.

Hasler Trophy: For Marathon Racing between clubs in annual competition under the auspices of British Canoeing					
1957	Canoe Touring	1973	Nottingham	1989	Richmond
1958	Richmond	1974	Nottingham	1990	Wey
1959	Leamington Spa	1975	Nottingham	1991	Worcester
1960	Leamington Spa	1976	Reading & LP	1992	Worcester
1961	Worcester	1977	Fladbury	1993	Wey
1962	Worcester	1978	Nottingham	1994	Not awarded
1963	Royal	1979	Nottingham	1995	Kirkcaldy
1964	Lincoln	1980	Reading & LP	1996	Elmbridge
1965	Lincoln	1981	Fladbury	1997	Elmbridge
1966	Lincoln	1982	Wey	1998	Elmbridge
1967	Lincoln	1983	Richmond	1999	Kirkcaldy
1968	Harlow	1984	Wey	2000	Elmbridge
1969	Richmond	1985	Elmbridge	2001	Elmbridge
1970	Richmond	1986	Richmond	2002	Elmbridge
1971	Richmond	1987	Worcester	2003	Elmbridge
1972	Wey	1988	Harlow OP	2004	Elmbridge
2005	Elmbridge				
2006	Reading				
2007	Elm/ Wey				
2008	Elmbridge				
2009	Norwich				
2010	Norwich				
2011	Elmbridge				
2012	Norwich				
2013	Norwich				
2014	Richmond				
2015	Chelmsford				
2016	Chelmsford				
2017	Chelmsford				
2018	Chelmsford				
2019	Wey				

The Regional Trophy: Awarded to the Region with the highest aggregate score from their three highest scoring clubs at the Hasler Final

1990	London & S. East	2000	Eastern Region	2010	London & S. East
1991	London & S. East	2001	London & S. East	2011	London & S. East
1992	Southern Region	2002	Southern Region	2012	London & S. East
1993	Midlands Region	2003	Southern Region	2013	London & S. East
1994	Southern Region	2004	Southern Region	2014	Eastern Region
1995	Scotland East	2005	Southern Region	2015	London & S. East
1996	Eastern Region	2006	London & S. East	2016	Eastern Region
1997	London & S. East	2007	London & S. East	2017	London & South East
1998	London & S. East	2008	Southern Region	2018	London & South East
1999	Midlands	2009	London & S. East	2019	London & South East

MARATHON RACING – THE HASLER TROPHY

Geoff Sanders Trophy: Presented to the club with the best Lightning results across the season, including the Hasler Final

2005	Banbury Canoe Club	2013	Banbury Canoe Club
2006	Southampton Canoe Club	2014	Banbury Canoe Club
2007	Leighton Buzzard Canoe Club	2015	Falcon Canoe Club
2008	Leighton Buzzard Canoe Club	2016	Banbury Canoe Club
2009	Ealing Canoe Club	2017	Glasgow Kayak Club
2010	Ealing Canoe Club	2018	Leighton Buzzard Canoe Club
2011	Banbury Canoe Club	2019	Leighton Buzzard Canoe Club
2012	Banbury Canoe Club		

Rhodes-White Trophy: Presented to the fastest SMK1 over 12-mile course at Hasler Final.
Prior to 2009 to Senior Regional Champion with the most points in Division 1 at Hasler Final.

1962	S.Smith	Worcester CC	1991	Greg Slater	Lichfield CC
1963	R.Wade	C.T.C.	1992	Greg Slater	Lichfield CC
1964	P.Hastings	C.U.CC	1993	Greg Slater	Lichfield CC
1965	W.Machin	Gailey CC	1994	Greg Slater	Lichfield CC
1966	S.Kitson	Dewsbury	1995	Peter Maycock	Exeter CC
1967	D.Clarke	C.U.CC	1996	Dyson Pendle	Norwich CC
1968	B.Greenaway	Richmond CC	1997	Conor Holmes	Elmbridge
1969	B.Gilliver	Soar Valley CC	1998	Dan Golder	Falcon CC
1970	R.Davis	Itchin Valley CC	1999	Greg Slater	Lichfield CC
1971	D.Smith	Worcester CC	2000	Ian Tordoff	Chester
1972	T.Fieldus	Wey KC	2001	Ian Tordoff	Chester
1973	K.Topham	Viking KC	2002	Stephen Baker	Elmbridge
1974	G.A.Trulove	Lichfield CC	2003	Stephen Baker	Elmbridge
1975	R.G.Haynes	Riverside CC	2004	Stephen Baker	Elmbridge
1976	Keith Owen	Bradford on Avon	2005	Stephen Baker	Elmbridge
1977	P.C.Watson	Bradford on Avon	2006	Ben Brown	Elmbridge
1978	Stan Missen	Bradford on Avon	2007	Andy Daniels	Reading
1979	J.Rosling	Bradford on Avon	2008	Not awarded	
1980	Tim Cornish	Richmond CC	2009	Robert Beer	Elmbridge
1981	Robin Belcher	Mercia CC	2010	Ivan Lawler	Elmbridge
1982	Robin Belcher	Mercia C.C	2011	Tim Pendle	Norwich
1983	Paul Wells	Richmond CC	2012	Tim Pendle	Norwich
1984	Paul Wells	Richmond CC	2013	Andy Daniels	Longridge
1985	Robin Belcher	Adlington CC	2014	Andy Daniels	Longridge
1986	Ivan Lawler	Elmbridge	2015	Andy Daniels	Longridge
1987	Guy Dresser	Royal	2016	Edward Rutherford	Elmbridge
1988	Greg Slater	Lichfield	2017	Tim Pendle	Norwich
1989	Nigel Brevitt	Lichfield CC	2018	Tim Pendle	Norwich
1990	Ian Timbrell	Fowey River	2019	James Russell	Chelmsford

MARATHON RACING – THE HASLER TROPHY

Adam Thomasson Trophy					
Presented to the Winner of Division 2 K1 at the Hasler Final					
1986	P.Evans	Lincoln	2003	Ben Brown	Elmbridge
1987	Simon Horsley	Deeside	2004	Ben Brown	Elmbridge
1988	Gary Quittenton	Lincoln	2005	Andrew Daniels	Reading
1989	Norman Mason	Nottingham	2006	Robin Williams	Wey K.C.
1990	John Elliot	RDG & LP	2007	Edward Rutherford	Elmbridge
1991	Ian Tordoff	Chester	2008	Mark Childerstone	Wey K.C.
1992	David Smith	Elmbridge	2009	Aaron Jordan	Maidstone
1993	Steve Tingay	LBZ	2010	Paul Yates	Wey K.C.
1994	Tim Brabants	Elmbridge	2011	Dwayne Morton	Elmbridge
1995	Andy Grimwood	Lincoln	2012	Daniel Johnson	Chelmsford
1996	Paul Darby Dowman	Elmbridge	2013	Luke Harding	Longridge
1997	Damien Chapman	Nottingham	2014	Zygy Chmiel	Nottingham
1998	Nigel Jones	Nottingham	2015	Charlie Smith	Leighton Buzzard
1999	Nathan Johnson	Elmbridge	2016	Andras Kovacs	Wey K.C.
2000	Andrew Kelly	Elmbridge	2017	Francis Huntingford	Exeter
2001	Simon Fennemore	Wey K.C.	2018	Arthur Urquhart	Royal
2002	Tom Daniels	Reading	2019	Edgar Boehm	Reading

Barber Trophy: Presented to the fastest Junior K1 over the 12 mile course at Hasler Final.					
Prior to 2009 to Junior Regional Champion with the most points in Division 2 at Hasler Final.					
1973	G Holmes	Hove	1997	Not awarded	
1974	K Whitehurst	LPCC	1998	Tim Ralph	Reading
1975	Stan Missen	BOA	1999	Nathan Johnson	Elmbridge
1976	S Swaffield	AYL	2000	Andrew Kelly	Elmbridge
1977	K Salisbury	RLP	2001	John Sawers	Elmbridge
1978	K Salisbury	RLP	2002	Tom Daniels	Reading
1979	K Salisbury	RLP	2003	Tom Daniels	Reading
1980	Nicholas Gregory	WAR	2004	Tom Daniels	Reading
1981	Nicholas Gregory	WAR	2005	Andrew Daniels	Reading
1982	David Battershell	Wey K.C.	2006	Philip Thorogood	Elmbridge
1983	Not awarded		2007	Not awarded	
1984	Not awarded		2008	Mark Childerstone	Wey K.C.
1985	Fergus Murray	Richmond	2009	Not awarded	
1986	John Elliott	RLP	2010	Albert Hicks	Norwich
1987	Oliver Morgan	Royal	2011	Matthew Bowley	Burton
1988	Stuart West	Royal	2012	Albert Hicks	Norwich
1989	Simon Ricketts	Anker Valley	2013	Luke Harding	Longridge
1990	Tony Richardson	Royal	2014	Zygy Chmiel	Nottingham
1991	Tony Richardson	Royal	2015	Magnus Gregory	Longridge
1992	Not awarded		2016	Joe Petersen	Banbury
1993	David Smith	Elmbridge	2017	Joe Petersen	Banbury
1994	Richard Golder	Banbury	2018	Luke Shaw	Norwich
1995	Not awarded		2019	Timothy Dowden	Norwich
1996	Peter Burbidge	Reading			

MARATHON RACING – THE HASLER TROPHY

David Shankland Trophy: Presented to the fastest WK1 (junior or senior) over 12 mile course at the Hasler Final.

Prior to 2009 to Ladies Regional Champion with the most points in Division 3 at Hasler Final.

1966	M Tucker		1992	Bernadette Pagon	BOA
1967	A Huskisson		1993	Anna Ballard	Lichfield
1968	P Squires		1994	Margaret Chapman	Kirkcaldy
1969	P Squires		1995	Not awarded	
1970	E Staden		1996	Sonja Bapty	Reading
1971	H Woodhouse		1997	Helen Gilby	Elmbridge
1972	S Burnett		1998	Not awarded	
1973	S Wright		1999	Abigail Cattle	Reading
1974	S Burnett		2000	Andrea Dallaway	Elmbridge
1975	Kath Nadal		2001	Abigail Cattle	Reading
1976	Lucy Perrett		2002	Not awarded	
1977	Lucy Perrett		2003	Not awarded	
1978	Wendy Clapham		2004	Hayleigh Mason	Nottingham
1979	Gaye Clough		2005	Anna Hemmings	Elmbridge
1980	Lucy Perrett	RLP	2006	Louisa Sawers	Elmbridge
1981	Lucy Perrett	RLP	2007/8	Not awarded	
1982	Anne Plant	Lichfield	2009	Jenny Illidge	Runcorn
1983	Lucy Perrett	RLP	2010	Jenny Illidge	Runcorn
1984	Heather Brough	Worcester	2011	Victoria Croucher	Wey
1985	Anne Plant	Lichfield	2012	Amy Ward	Elmbridge
1986	Janine Lawler	Elmbridge	2013	Elise Piercy	Elmbridge
1987	Susie Perrett	RLP	2014	Lizzie Broughton	Richmond
1988	Sandra Troop	Nottingham	2015	Lizzie Broughton	Richmond
1989	Anna Ballard	Lichfield	2016	Jenny Withers	Elmbridge
1990	Anna Ballard	Lichfield	2017	Hafsa Kabeer	Longridge
1991	Bernadette Pagon	Bristol	2018	Lizzie Broughton	Richmond
			2019	Lizzie Broughton	Richmond

Ross Warland Memorial Trophy: Presented to the highest placed Junior in the Division 4 race at the Hasler Final

2000	John Sawers	Elmbridge	2010	Edmund Haws	Wey
2001	Ben Brown	Elmbridge	2011	Freddie Purcell	Richmond
2002	Andrew Daniels	Wokingham	2012	James Russell	Chelmsford
2003	Matthew Guy	Leighton B.	2013	William Alden	Falcon
2004	Neil Williams	Royal	2014	Oscar McKittrick	Elmbridge
2005	Tim Pendle	Norwich	2015	Thomas Pickering	LBZ
2006	Tom Sharpe	Exeter	2016	William Stroud	Chelmsford
2007	Jonathan Tye	Worcester	2017	Lewis Smith	Lincoln
2008	Jake Thomas	Elmbridge	2018	Dominic Stanley	Falcon
2009	Nico Kirchstein	Reading	2019	Joshua Barzilai	Richmond

The Committee Cup: Presented to the highest placed junior woman K1 in the highest division at the Hasler Final

2003	Louisa Sawers	Elmbridge	2011	Victoria Croucher	Wey
2004	Hayleigh Mason	Nottingham	2012	Amy Ward	Elmbridge
2005	Louisa Sawers	Elmbridge	2013	Elise Piercy	Elmbridge
2006	Louisa Sawers	Elmbridge	2014	Elise Piercy	Elmbridge
2007	Stephanie Holmes	Worcester	2015	Hafsa Kabeer	Longridge
2008	Victoria Croucher	Wey	2016	Hafsa Kabeer	Longridge
2009	Jenny Illidge	Runcorn	2017	Hafsa Kabeer	Longridge
2010	Jenny Illidge	Runcorn	2018	Molly Carter	Royal
			2019	Amber Cox	Elmbridge

MARATHON RACING – THE HASLER TROPHY

Ken Pereira Cup: Presented to the highest placed junior C1 in the highest division at the Hasler Final					
2003	Richard Crooks	Leighton B.	2010	Marko Csokasi	Richmond
2004	James Train	Fladbury	2011	Ben Phillips	Richmond
2005	Roger Weir	Banbury	2012/13	Not awarded	
2006	Gareth Hunt	Fladbury	2014	Ben Phillips	Richmond
2007	Anthony Cayford	Bishops Stort.	2015	Oliver Cook	Solihull
2008	Matthew Duck	Richmond	2016	Oliver Cook	Solihull
2009	Iain Weir	Banbury	2017	Devin Kleta	Richmond
			2018/19	Not awarded	

Bill Sparks Trophy: Presented to the highest placed veteran K2 in the highest division at the Hasler Final			
2003	Leon Nicholson	James Hives	Woodmill Canoe Club
2004	Mike Hawthorn	Simon Davies	Worcester Canoe Club
2005	James Treadgold	Nick Daniels	Reading Canoe Club
2006	Phil Jenkins	Tim Scott	Norwich Canoe Club
2007	Adrian Croucher	Adrian Henson	Wey Kayak Club
2008	Roy Fieldus	Adrian Henson	Wey Kayak Club
2009	Jamie Mayers	Steve Marnell	Runcorn
2010	James Hives	Richard Kent	Southampton
2011	James Hives	Richard Kent	Southampton
2012	Adrian Henson	Pete Gorman	Wey Kayak Club
2013	James Hives	Richard Kent	Southampton
2014	Richard Lewis	Stan Missen	Bradford on Avon
2015	Dave Duff	Jason Smith	United Kingdom Forces
2016	Danny Beazley	James Smythe	Bishop's Stortford
2017	Daniel Seaford	James Treadgold	Reading
2018	Nicky Cresser	Matt Enoch	Nottingham
2019	Daniel Seaford	Stefan Senk	Reading

INTERNATIONAL MARATHON MEDALS

Prior to 1982 major international competition comprised the Grand Prix series of two or three races per year. In 1982 World Cups were introduced every year as the premier international event in addition to one or two Grand Prix.

From 1988 World Championships were introduced in alternate (even) years with World Cups remaining in alternate (odd) years. One or two Grand Prix races continued every year.

From 1995 European Championships were introduced in alternate (odd) years. From 1998 World Championships were held every year, the old World Cups (in alternate odd years) ceased and the Grand Prix races were renamed as World Cups.

In 2001 Junior World Championships were introduced every year.

From 2014 European Championships were held every year.

MARATHON WORLD CUPS (TO 1997) AND WORLD CHAMPIONSHIPS			
1982	1st World Cups Remich- Grevenmacher, Luxembourg	Men's K1 1st Robin Belcher 2nd Paul Wells Women's K1 2nd Kath Nadal 3rd Heather Brough C1 3rd Ken Periera	Men's K2 1st Paul Dimmock / Robin Ayres 3rd Rod Kinch / John Day Women's K2 1st Jane Jacobs / Lynne Davies
1983	2nd World Cups Copenhagen, Denmark ..	Men's K1 1st Robin Belcher	Men's K2 2nd Rod Linch / Paul Lanighan Women's K2 1st Ann Plant / Wendy Clapham
1984	3rd World Cups Shannon, Ireland	Men's K1 1st Rod Kinch 2nd Alan Williams Women's K1 1st Ann Plant C1 2nd Steve Smith	Men's K2 1st Paul Wells / Duncan Blyth 2nd Adrian Croucher / Chris Ballard Women's K2 2nd Gaye Clough / Wendy Clapham 3rd Tracey Phillips / Heather Brough C2 3rd Steve Train / Andy Train
1985	4th World Cups Remich- Grevenmacher, Luxembourg ..	Men's K1 3rd Robin Belcher Women's K1 1st Ann Plant C1 3rd Steve Smith	Men's K2 3rd Chris Ballard / Greg Slater Women's K2 2nd Christine Belcher / Gaye Clough C2 3rd Marcus Gohar / Robin Williams
1986	5th World Cups Hardenburg, Netherlands	Men's K1 2nd Paul Wells Women's K1 1st Ann Plant C1 2nd Marcus Gohar 3rd Robin Williams	Men's K2 2nd Robin Belcher / Guy Dresser Women's K2 1st Suzy Perett / Janine Lawler

INTERNATIONAL MARATHON MEDALS

1987	6th World Cups Shannon, Ireland	Women's K1 1st Ann Plant 2nd Jackie Eastwood C1 2nd Marcus Gohar 3rd Robin Williams	Men's K2 2nd Ivan Lawler / Graham Burns
1988	1st World Championships Nottingham, England		Men's K2 2nd Ivan Lawler / Graham Burns C2 1st Steve Train / Andy Train
1989	7th World Cups Crestuma, Portugal	Men's K1 2nd Duncan Blythe Women's K1 2nd Anne Ballard	Men's K2 1st Ivan Lawler / Graham Burns Women's K2 2nd Janine Lawler / Jackie Eastwood C2 1st Steve Train / Andy Train
1990	2nd World Championships Copenhagen, Denmark		Men's K2 2nd Ivan Lawler / Graham Burns
1991	8th World Cups Berlin, Germany	Junior Men's K1 1st Tony Richardson 2nd Scott Hynds	Men's K2 1st Ivan Lawler / Graham Burns Women's K2 3rd Sandra Troop/ Maria Blumenthal C2 1st Steve Train / Andy Train
1992	3rd World Championships Brisbane, Australia	Men's K1 1st Ivan Lawler	Women's K2 2nd Sandra Troop/Maria Blumenthal
1993	9th World Cups Maribo, Denmark	Men's K1 1st Ivan Lawler Women's K1 3rd Andrea Dallaway Junior Women's K1 1st Anna Hemmings Junior C1 3rd Malcolm Lane	Junior Men's K2 1st David Smith / Brian Hemmings
1994	4th World Championships & Junior World Cups Amsterdam Netherlands		Men's K2 1st Ivan Lawler / Steve Harris C2 2nd Steve Train / Andy Train Junior Men's K2 1st David Smith / Tim Brabants
1995	10th World Cups Unquera, Spain	Women's K1 2nd Anna Hemmings 3rd Sonja Bapty	Men's K2 1st Ivan Lawler / Steve Harris C2 1st Steve Train / Andy Train

INTERNATIONAL MARATHON MEDALS

1996	5th World Championships & Junior World Cups Vaxholm, Sweden	Women's K1 2nd Anna Hemmings	Men's K2 1st Ivan Lawler / Steve Harris C2 1st Steve Train / Andy Train Junior Men's K2 2nd Dan Golder / Damien Chapman
1997	World Cups Final Bagsvaerd, Denmark	Men's K1 3rd Tim Brabants Women's K1 1st Anna Hemmings Junior Men's K1 3rd Damien Chapman	Men's K2 2nd Ivan Lawler / Steve Harris Women's K2 1st Sonja Bapty / Tricia Davey C2 1st Steve Train / Andy Train
1998	6th World Championships & Junior World Cups Cape Town, South Africa	Men's K1 1st Ivan Lawler Women's K1 2nd Anna Hemmings Junior Men's K1 3rd Joel Wilson	Men's K2 2nd Tim Brabants / Conor Holmes Women's K2 3rd Andrea Dallaway / Helen Gilby C2 1st Steve Train / Andy Train Junior Men's K2 1st Paul Prestwood / Danny Matthews
1999	7th World Championships & Junior World Cups Gyor, Hungary	Men's K1 1st Ivan Lawler Women's K1 1st Anna Hemmings Junior Women's K1 2nd Abigail Cattle	
2000	8th World Championships & Junior World Cups Dartmouth, Canada	Junior Men's K1 3 rd Tim Sowry Junior Women's K1 1st Jenny Spencer	Junior Men's K2 1st Andrew Kelly / Tim Sowry
2001	9th World Championships & 1st Junior World Championships Stockton-on-Tees, England	Women's K1 1st Anna Hemmings	Women's K2 1st Anna Hemmings / Helen Gilby
2002	10th World Championships & 2nd Junior World Championships Zamora, Spain		

INTERNATIONAL MARATHON MEDALS

2003	11th World Championships & 3rd Junior World Championships Valladolid, Spain	Women's K1 3rd Jenny Spencer Junior Men's K1 1st Ben Brown Junior Women's K1 3rd Hayleigh Mason	
2004	12th World Championships & 4th Junior World Championships Bergen, Norway	Junior Men's K1 1st Paul Wycherley	
2005	13th World Championships & 5th Junior World Championships Perth, Australia	Women's K1 1st Anna Hemmings	Junior Men's K2 2nd Andrew Daniels / Allen Spencer
2006	14th World Championships & 6th Junior World Championships Tremolat, France	Women's K1 1st Anna Hemmings Junior Women's K1 1st Louisa Sawers	Junior Men's K2 2nd Andrew Daniels / Stuart Hastings Junior Women's K2 1st Louisa Sawers / Jessica Walker
2007	15th World Championships & 7th Junior World Championships Gyor, Hungary	Women's K1 1st Anna Hemmings Junior Women's K1 3rd Jessica Walker	Junior Women's K2 3rd Jessica Walker / Amoret King
2008	16th World Championships & 8th Junior World Championships Tyn, Czech Republic	Junior Men's K1 1st Edward Rutherford	Junior Men's K2 1st Tom Hide / Edward Rutherford
2009	17th World Championships & 9th Junior World Championships Crestuma Portugal	Men's K1 2nd Ben Brown Women's K1 3rd Lani Belcher U23 Men's K1 3rd Tom Daniels U23 Women's K1 2nd Louisa Sawers Junior Men's K1 3rd Dean Terry	
2010	18th World Championships & 10th Junior World Championships Banyoles Spain	Men's K1 1st Ben Brown	

INTERNATIONAL MARATHON MEDALS

2011	19th World Championships & 11th Junior World Championships Singapore	U23 Men's K1 3rd Tim Pendle Junior Men's K1 2nd Jonathan Tye	Junior Men's K2 2nd Jonathan Tye/James Webster
2012	20th World Championships & 12th Junior World Championships Rome, Italy		Junior Women's K2 3rd Amy Ward/Rebeka Simon
2013	21st World Championships & 13th Junior World Championships Copenhagen, Denmark		Junior Women's K2 2nd Samantha Rees-Clark/Amy Ward
2014	22nd World Championships & 14th Junior World Championships Oklahoma, USA	Women's K1 2nd Lizzie Broughton U23 Women's K1 2nd Samantha Rees-Clark	Women's K2 3rd Samantha Rees-Clark/Amy Ward
2015	23rd World Championships & 15th Junior World Championships Gyor, Hungary	Junior Men's K1 2nd Zygy Chmiel	Junior Men's K2 3rd Luke Harding / Magnus Gregory
2016	24th World Championships & 16th Junior World Championships Brandenburg, Germany		Junior Men's K2 2nd Luke Harding / Magnus Gregory
2017	25th World Championships & 17th Junior World Championships Pietermaritzburg, South Africa	Women's K1 1st Lani Belcher U23 Women's K1 3rd Alex Lane Junior Men's K1 2nd Charlie Smith	Women's K2 3rd Lani Belcher / Hayleigh Mason Junior Women's K2 3rd Freya Peters / Emma Russell
2018	26th World Championships & 18th Junior World Championships. Vila Verde, Portugal	U23 Woman's K1 3rd Samantha Rees-Clark Junior Woman's K1 3rd Emma Russell	Junior Women's K2 3rd Freya Peters / Emma Russell

INTERNATIONAL MARATHON MEDALS

2019	27th World Championships & 19th Junior World Championships Shaoxing, China	Women's K1 3rd Lizzie Broughton	
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MARATHON EUROPEAN CHAMPIONSHIPS			
1995	1st European Championships Murcia, Spain	<i>GREAT BRITAIN DID NOT COMPETE</i>	
1997	2nd European Championships Pavia, Italy	Men's K1 2nd Tim Brabants Women's K1 1st Anna Hemmings	Men's K2 3rd Ivan Lawler / Steve Harris Women's K2 1st Sonja Bapty / Tricia Davey
1999	3rd European Championships Gorzow, Poland	Men's K1 2nd Conor Holmes Women's K1 1st Anna Hemmings Junior Men's K1 3rd Nathan Johnson Junior Women's K1 1st Abigail Cattle	Junior Men's K2 2nd Adam Kennedy / Tim Sowry Junior Women's K2 3rd Jenny Spencer / Liz Holmes
2001	4th European Championships Gyor, Hungary	Junior Women's K1 1st Jenny Spencer	
2003	5th European Championships Gdansk, Poland	Junior Women's K1 3rd Hayleigh Mason	
2005	6th European Championships Tyn, Czech Republic	Women's K1 1st Anna Hemmings	
2007	7th European Championships Trencin, Slovakia	Junior Men's K1 1st Tim Pendle	Junior Men's K2 3rd Dean Terry / Mark Childerstone
2009	8th European Championships Ostroda, Poland		Junior Men's K2 3rd Jonathan Tye/James Webster
2011	9th European Championships St.Jean de Losne, France	U23 Men's K1 3rd Mark Childerstone Junior Woman's K1 2nd Alice Haws	

INTERNATIONAL MARATHON MEDALS

2013	10th European Championships Vilaverde Portugal	Junior Woman's K1 1st Amy Ward	Women's K2 1st Fay Lamph / Lizzie Broughton Junior Women's K2 1st Samantha Rees-Clark / Amy Ward
2014	11th European Championships Piestany Slovakia	Women's K1 2nd Lizzie Broughton Junior Men's K1 2nd Magnus Gregory	Men's K2 3rd Tim Pendle / Andy Daniels Women's K2 3rd Fay Lamph / Lizzie Broughton
2015	12th European Championships Bohinj Slovenia	Women's K1 2nd Lizzie Broughton Junior Men's K1 1st Magnus Gregory 2nd Zygy Chmiel	
2016	13th European Championships Pontevedra Spain.		Women's K2 3rd Fay Lamph / Lizzie Broughton
2017	14th European Championships Portugal	Women's K1 2nd Lani Belcher U23 Women's K1 3rd Alex Lane U23 Men's K1 3rd Zygy Chmiel Junior Men's K1 2nd Charlie Smith	Junior Women's K2 3rd Freya Peters / Emma Russell
2018	15th European Championships Metkovic, Croatia	Women's K1 3 rd Lizzie Broughton U23 Women's K1 3 rd Samantha Rees-Clark Junior Women's K1 1 st Emma Russell	Junior Men's K2 3 rd James Bell / Will Scammell
2019	16th European Championships Decize, France	Women's K1 (short race) 3 rd Lizzie Broughton Junior Men's K1 3 rd Tim Dowden	

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Sun 14 June 2020

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Sat 25 July 2020

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Sat 17 October 2020

THAMES SERIES 10@10

Sun 29 November 2020



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