



**NATIONAL
SPRINT
REGATTAS**

**BRITISH
CANOEING**

2023

**BRITISH CANOEING
NATIONAL SPRINT REGATTA**

15–16 April

British Canoeing Sprint Racing National Regatta
including Selection events for Paracanoe and Seniors

Photography by Antony Edmonds

15th & 16th April 2023
Saturday

07:30 Course opens
07:45 Warm-up period opens
08:15 Start gate practise opens at 200m
08:45 Start gate practise and warm-up closes

1	09:00	Boys B	K1	1000	H1
2	09:04	Boys B	K1	1000	H2
3	09:08	Boys B	K1	1000	H3
4	09:12	Boys B	K1	1000	H4
5	09:16	Boys A	K1	1000	H1
6	09:20	Boys A	K1	1000	H2
7	09:28	Senior Men	K1	1000	H1
8	09:32	Senior Men	K1	1000	H2
9	09:36	Senior Men	K1	1000	H3
10	09:40	Men B + Masters A	K1	1000	F
11	09:44	Men C + Masters B	K1	1000	F
12	09:52	Girls B	K1	1000	H1
13	09:56	Girls B	K1	1000	H2
14	10:00	Girls D	K2	1000	H1
15	10:04	Girls D	K2	1000	H2
16	10:08	Boys C	K2	1000	F
17	10:12	Boys D	K2	1000	F
18	10:16	Boys B	K1	1000	F1
19	10:20	Boys B	K1	1000	F2
20	10:24	Boys A	K1	1000	F
21	10:36	Senior Women	K1	500	H1
22	10:40	Senior Women	K1	500	H2
23	10:44	Senior Women	K1	500	H3
24	10:48	Girls A	K1	500	H1
25	10:52	Girls A	K1	500	H2
26	10:56	Boys Intermediate	K1	500	H1
27	11:00	Boys Intermediate	K1	500	H2
28	11:12	Girls B	K1	1000	F
29	11:16	Girls C	K2	1000	F
30	11:20	Girls D	K2	1000	F
31	11:24	Senior Men	C1	1000	F
32	11:28	Men C/D + Masters B-D	K4	1000	F
33	11:36	Boys A/B	K2	1000	H1
34	11:40	Boys A/B	K2	1000	H2
35	11:44	Boys A/B	K2	1000	H3
36	11:48	Senior Men	K1	1000	F1
37	11:52	Senior Men	K1	1000	F2
38	12:04	Girls A	K1	500	F
39	12:08	Boys Intermediate	K1	500	F
40	12:12	Girls Intermediate	K1	500	F
41	12:16	Senior Women	K1	500	F1
42	12:20	Senior Women	K1	500	F2
43	12:24	Girls B	K1	500	H1
44	12:28	Girls B	K1	500	H2
45	12:32	Girls C	K4	500	F
46	12:36	Girls D	K4	500	F
47	12:40	Paddle-Ability - Sat R1	K1	500	F
48	12:52	Men D + Masters C/D	K2	1000	F
49	12:56	Boys A/B	K2	1000	F1
50	13:00	Boys A/B	K2	1000	F2

51	13:04	Girls A	K1	1000	F
52	13:36	Senior Women	C1	200	F
53	13:40	Junior A-D	C1	200	F
54	13:48	Para Men KL2/3 R1	K1	200	F
55	13:52	Para Women KL1/2/3 R1	K1	200	F
56	14:00	Women C/D + WMasters B-D	K1	200	F
57	14:04	Boys C	K1	200	H1
58	14:08	Boys C	K1	200	H2
59	14:12	Boys D	K1	200	H1
60	14:16	Boys D	K1	200	H2
61	14:20	Boys D	K1	200	H3
62	14:28	Mini Kayak + Lightning A	K1	200	F
63	14:32	Lightning B	K1	200	F
64	14:40	Paddle-Ability - Sat R1	K1	200	F
65	14:52	Senior Men	K2	500	H1
66	14:56	Senior Men	K2	500	H2
67	15:00	Girls B	K1	500	F
68	15:04	Boys A/B	K2	500	H1
69	15:08	Boys A/B	K2	500	H2
70	15:12	Boys A/B	K2	500	H3
71	15:20	Girls C	K1	500	H1
72	15:24	Girls C	K1	500	H2
73	15:28	Girls D	K1	500	H1
74	15:32	Girls D	K1	500	H2
75	15:36	Girls D	K1	500	H3
76	15:40	Women D + WMasters C/D	K2	500	F
77	16:04	Boys C	K1	200	F
78	16:08	Boys D	K1	200	F1
79	16:12	Boys D	K1	200	F2
80	16:16	Para Men KL2/3 R2	K1	200	F
81	16:20	Para Women KL1/2/3 R2	K1	200	F
82	16:28	Women B + WMasters A	K1	200	F
83	16:32	Paddle-Ability - Sat R2	K1	200	F
84	16:48	Boys A/B	K2	500	F1
85	16:52	Boys A/B	K2	500	F2
86	16:56	Girls C	K1	500	F
87	17:00	Girls D	K1	500	F1
88	17:04	Girls D	K1	500	F2
89	17:08	Canoe	C2	500	F
90	17:16	Senior Women	K2	500	F
91	17:20	Senior Men	K2	500	F
92	17:24	Girls A/B	K4	500	F
93	17:32	Boys C	K2	500	F
94	17:36	Boys D	K2	500	F
95	17:40	Men C/D + Masters B-D	K2	500	F
96	17:44	Women C/D + WMasters B-D	K1	500	F
97	17:48	Paddle-Ability - Sat R2	K1	500	F
98	18:04	Para Men KL2/3 R3	K1	200	F
99	18:08	Para Women KL1/2/3 R3	K1	200	F

Sunday

07:00 Course opens
07:15 Warm-up period opens
07:45 Warm-up closes

100	08:00	Mixed Boys + Girls C/D 500m	K2	500	H1
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101	08:04	Mixed Boys + Girls C/D	K2	500	H2	150	12:16	Men B + Masters A	K1	200	F
102	08:08	Mixed Boys + Girls A/B	K2	500	H1	151	12:20	Men C + Masters B	K1	200	F
103	08:12	Mixed Boys + Girls A/B	K2	500	H2	152	12:24	Men D + Masters C/D	K1	200	F
104	08:16	Senior Men	K1	500	H1	153	12:32	Para Men VL2/3 R2	V1	200	F
105	08:20	Senior Men	K1	500	H2	154	12:40	Para Women VL2/3 R2	V1	200	F
106	08:24	Senior Men	K1	500	H3	155	12:48	Women D + WMasters C/D	K2	1000	F
107	08:28	Senior Men	K1	500	H4	156	12:52	Senior Women	K1	1000	F
108	08:32	Men B + Masters A	K1	500	F	157	13:04	Senior Men	K4	500	F
109	08:36	Men C + Masters B	K1	500	H1	158	13:08	Boys A	K1	500	H1
110	08:40	Men C + Masters B	K1	500	H2	159	13:12	Boys A	K1	500	H2
111	08:44	Men D + Masters C/D	K1	500	H1	160	13:16	Boys A	K1	500	H3
112	08:48	Men D + Masters C/D	K1	500	H2	161	13:20	Boys B	K1	500	H1
113	08:56	Junior A-D	C1	500	F	162	13:24	Boys B	K1	500	H2
114	09:04	Mini Kayak + Lightning A/B	K2	500	F	163	13:28	Boys B	K1	500	H3
115	09:08	Intermediate	K2	500	F	164	13:32	Boys B	K1	500	H4
116	09:12	Mixed Boys + Girls C/D	K2	500	F	165	13:36	Boys C	K1	500	H1
117	09:16	Mixed Boys + Girls A/B	K2	500	F	166	13:40	Boys C	K1	500	H2
118	09:20	Paddle-Ability - Sun R1	K1	500	F	167	13:44	Boys D	K1	500	H1
119	09:28	Senior Women	C1	500	F	168	13:48	Boys D	K1	500	H2
120	09:32	Senior Men	C1	500	F	169	13:52	Boys D	K1	500	H3
121	09:36	Senior Women	K4	500	F	170	13:56	Girls D	K2	500	H1
122	09:44	Men C + Masters B	K1	500	F	171	14:00	Girls D	K2	500	H2
123	09:48	Men D + Masters C/D	K1	500	F	172	14:08	Mixed Men D/Masters C/D + Women			
124	09:56	Senior Men	K1	500	F1			D/WMasters C/D	K2	500	F
125	10:00	Senior Men	K1	500	F2	173	14:12	Mixed Men A/B/Masters A + Women			
126	10:08	Boys C	K4	500	F			A/B/WMasters A	K2	500	F
127	10:12	Boys D	K4	500	F	174	14:16	Mini Kayak + Lightning A/B	K4	500	F
128	10:28	Para Men VL2/3 R1	V1	200	F	175	14:20	Paddle-Ability - Sun R2	K1	500	F
129	10:32	Para Women VL2/3 R1	V1	200	F	176	14:28	Boys A	K1	500	F1
130	10:40	Girls B	K1	200	H1	177	14:32	Boys A	K1	500	F2
131	10:44	Girls B	K1	200	H2	178	14:36	Boys B	K1	500	F1
132	10:48	Girls D	K1	200	H1	179	14:40	Boys B	K1	500	F2
133	10:52	Girls D	K1	200	H2	180	14:44	Boys C	K1	500	F
134	10:56	Girls D	K1	200	H3	181	14:48	Boys D	K1	500	F1
135	11:00	Men B + Masters A	K1	200	H1	182	14:52	Boys D	K1	500	F2
136	11:04	Men B + Masters A	K1	200	H2	183	14:56	Girls A/B	K2	500	H1
137	11:08	Men C + Masters B	K1	200	H1	184	15:00	Girls A/B	K2	500	H2
138	11:12	Men C + Masters B	K1	200	H2	185	15:04	Girls C	K2	500	F
139	11:16	Men D + Masters C/D	K1	200	H1	186	15:08	Girls D	K2	500	F
140	11:20	Men D + Masters C/D	K1	200	H2	187	15:20	Para Men VL2/3 R3	V1	200	F
141	11:24	Intermediate	K2	200	F	188	15:24	Para Women VL2/3 R3	V1	200	F
142	11:32	Senior Women	K1	1000	H1	189	15:36	Boys A/B	K4	500	H1
143	11:36	Senior Women	K1	1000	H2	190	15:40	Boys A/B	K4	500	H2
144	11:52	Girls A	K1	200	F	191	15:52	Senior Men	K1	5000	F
145	11:56	Girls B	K1	200	F	192	15:54	Senior Women	K1	5000	F
146	12:00	Girls C	K1	200	F	193	16:04	Senior Men	C1	5000	F
147	12:04	Girls D	K1	200	F1	194	16:04	Senior Women	C1	5000	F
148	12:08	Girls D	K1	200	F2	195	16:36	Girls A/B	K2	500	F
149	12:12	Men A	K1	200	F	196	16:40	Boys A/B	K4	500	F

Social media

Why not subscribe to our Instagram account, **canoesprintUK**, or Twitter account, **canoesprintUK**, where we'll be sharing sprint-related photos and videos going forward.

Please use the following hashtags alongside any photos or videos that you publish on social media ahead of, during, and after the National Regattas.

Hashtags #nottsregatta #canoesprintlegends

Clubs Competing

The following clubs and squads are competing at this regatta:

ID	Club Name	Team Leader
4AS	4As Newark	Julie Gray
ADS	Addlestone Canoe Club	Caroline Pemble
ANK	Anker Valley	Gordon Riley
BAN	Banbury and District Canoe Club	Mark Larner
BCC	Belfast Canoe Club	Afton Fitzhenry
BSF	Bishops Stortford	Richard Winstanley
CAM	Cambridge Canoe Club	Theo Sales
CDF	Cardiff Bay Kayakers	Chris Howells
CHE	Chester Sail & Canoe Club	Richard Rogers
CLM	Chelmsford Canoe Club	Tim Chamberlin
CNI	Canoe Association of Northern Ireland	tba
DEV	Devizes Canoe Club	Trevor Hunter
EAL	Ealing Canoe Club	Martin Hook
ELM	Elmbridge Canoe Club	George Durden
EXE	Exeter Canoe Club	Richard Bullock
FLA	Fladbury Paddle Club	Steve Train
FOX	Falcon (Oxford)	Kurt Ayran
FOY	Fowey River Canoe Club	Claire Hunt
GAI	Gailey Canoe Club	Simon Eskriett
GLW	Glasgow Kayak Club	Adam Rzepinski and Natasha Lawton
LBZ	Leighton Buzzard Canoe Club	Catherine Sanderson
LIN	Lincoln Canoe Club	Sue Day-Fisher
LKR	Linlithgow Kayak Racing	Derek Marshall
LON	Longridge Canoe Club	Kevin Hipkins
NOR	Norwich Canoe Club	Adam Want
NOT	Nottingham Kayak Club	Mags Dilai
ORS	Olympic Racing Squad	Justine Lucas
PAR	Paracanoe GB	Steve Train
RDG	Reading Canoe Club	Julia Mazur
RIC	Richmond Canoe Club	Gabor Szeltner
RLS	Royal Leamington Spa	Emma Miles
ROY	Royal Canoe Club	Tim Pitt - Saturday / Keith Holt - Sunday.
SLP	Salmon Leap Canoe Club	Tom Egan
SOL	Solihull Canoe Club	Tom Lusty
SOU	Southampton Canoe Club	James Hives
SPS	Scottish Performance Squad	Anton Vazquez
WEY	Wey Kayak Club	Jeanette Hall
WOK	Wokingham Canoe Club	Muhammad Kabeer
WOR	Worcester Canoe Club	Rachel Lovell

1: H1 K1 Boys B 1000

15.04.2023 09:00

1		
2	Alexander Worgan (15)	ROY
3	Peter Skinner (17)	RDG
4	Fletcher Cramer (16)	SOU
5	William Larner (17)	BAN

6	Arthur Hunter-Hopkins (14)	DEV
7	Sean Butterly (14)	SLP
8	Sam Sparks (13)	RLS
9	Leon Dixon (17)	LBZ

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 09:00 > H2: 09:04 > H3: 09:08 > H4: 09:12 > F1: 10:16 > F2: 10:20


2: H2 K1 Boys B 1000

15.04.2023 09:04

1		
2	Lochie Lovell (16)	WOR
3	Will Stevely (15)	SPS
4	Mikolaj Osmola (16)	GLW
5	Charlie Beeson (16)	RDG

6	Will Short (15)	ELM
7	Isaac Aveson (15)	ROY
8	Conor Donnellan (15)	SLP
9	Lewis Andrews (16)	LIN

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 09:00 > H2: 09:04 > H3: 09:08 > H4: 09:12 > F1: 10:16 > F2: 10:20


3: H3 K1 Boys B 1000

15.04.2023 09:08

1		
2	Olivier Mazur (14)	RDG
3	Ivan Barritt (17)	WOR
4	Harry Sewell-Catchpole (16)	NOR
5	Sam Bates (16)	ROY

6	Daniel O Halloran (16)	CLM
7	Szymon Sroka (15)	SPS
8	Ethan Hunt (15)	FOY
9		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:00 > H2: 09:04 > H3: 09:08 > H4: 09:12 > F1: 10:16 > F2: 10:20


4: H4 K1 Boys B 1000

15.04.2023 09:12

1		
2	Danny Mavra (16)	RIC
3	Luca Clancy (16)	SLP
4	Regan Toop (17)	DEV
5	Jago Taylor (17)	NOR

6	Sam Stevely (15)	SPS
7	Joseph Galliers (18)	LBZ
8	Flynn Holt (17)	ROY
9		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:00 > H2: 09:04 > H3: 09:08 > H4: 09:12 > F1: 10:16 > F2: 10:20


5: H1 K1 Boys A 1000

15.04.2023 09:16

1		
2	Toby Bullock (15)	EXE
3	Sam Patterson (15)	SPS
4	Sean Durkan (16)	SLP
5	Gabriel Popham-Coveley (17)	FOX

6	Arthur Morley (18)	WEY
7	Jack Rayment (16)	LBZ
8	Koen Ayrar (16)	FOX
9	Philippe Ehrnrooth (15)	DEV

 1st-3rd + 3 BT to Final


 H1: 09:16 > H2: 09:20 > F: 10:24


6: H2 K1 Boys A 1000

15.04.2023 09:20

1		
2	Liam Boland (16)	SLP
3	Rory Strachan (15)	SPS
4	Joe Enoch (16)	NOT
5	Sam Cribbett (18)	RLS

6	Ben Higgins (18)	SLP
7	Lukas Schleiter Nielsen (17)	FOX
8	Muhammad Ali Kabeer (16)	WOK
9	Andre Hinxes (16)	SOU

 1st-3rd + 3 BT to Final


 H1: 09:16 > H2: 09:20 > F: 10:24


7: H1 K1 Senior Men 1000

Selection Race 15.04.2023 09:28

1		
2	Rory Dowling-Clarke (19)	SPS
3	Ronan Foley (22)	SLP
4	James Russell (25)	NOT
5	Daniel Johnson (28)	CLM

6	Philip Miles (21)	RLS
7	Timothy Dowden (21)	RLS
8	James How (22)	NOR
9		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 09:28 > H2: 09:32 > H3: 09:36 > F1: 11:48 > F2: 11:52


8: H2 K1 Senior Men 1000

Selection Race 15.04.2023 09:32

1		
2	George Durden (29)	ELM
3	Drew Howells (18)	CDF
4	Luke Shaw (23)	NOR
5	Charlie Smith (24)	NOT

6	Matthew Johnson (26)	CLM
7	Miklos Szabadvari (19)	RDG
8	Benjamin Cabrera (19)	FOY
9		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 09:28 > H2: 09:32 > H3: 09:36 > F1: 11:48 > F2: 11:52


9: H3 K1 Senior Men 1000

Selection Race 15.04.2023 09:36

1		
2		
3	Finn Cadell (23)	SPS
4	Lewis Smith (20)	LIN
5	Tom Lusty (28)	SOL

6	Stuart Bristow (26)	ROY
7	Alex McIntyre (22)	CLM
8	Xavier Hives (19)	SOU
9		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 09:28 > H2: 09:32 > H3: 09:36 > F1: 11:48 > F2: 11:52

10: F K1 Men B + Masters A 1000

15.04.2023 09:40

1		
2		
3		
4	Odhran Henson (21)	SLP
5	Finn O'Brien (21)	CLM

6	Michael Motha (19)	ADS
7	Zak Benstead (22)	ELM
8		
9		


 F: 09:40

11: F K1 Men C + Masters B 1000

15.04.2023 09:44

1		
2	Tom Walker (23)	NOR
3	Harvey Grant (18)	RIC
4	Owain Herbert (22)	CLM
5	Deaglan O Drisceoil (57)	SLP

6	Deni Panev (20)	FOX
7	Ewan McDougal (21)	WOR
8	Colin Caffrey (44)	SLP
9	Richard Winstanley (39)	BSF

 F: 09:44


12: H1 K1 Girls B 1000

15.04.2023 09:52

1		
2	Annie Bates (14)	ROY
3	Tilla Kubisch-Wiles (17)	RDG
4	Frankie Scrivener (15)	FOX
5	Chloe Ritchie (16)	WEY

6	Emily Bowles-Trow (16)	ADS
7	Alicja Pyrz (15)	SPS
8	Poppy Cove (14)	RIC
9		

 9 BT in Heats 1-2 to Final

 H1: 09:52 > H2: 09:56 > F: 11:12

13: H2 K1 Girls B 1000

15.04.2023 09:56

1		
2	Beth Perry (17)	SOU
3	Dianora De Bilio (14)	ROY
4	Charlotte Fulford (15)	RDG
5	Milly Pepper (17)	LIN

6	Imogen Hunter (17)	CAM
7	Kate O Halloran (18)	SLP
8	Zoe Herriot (14)	SPS
9		

9 BT in Heats 1-2 to Final

H1: 09:52 > H2: 09:56 > F: 11:12

14: H1 K2 Girls D 1000

15.04.2023 10:00

1		
2		
3	I. Ritchie J. Sargeant	WEY NOR
4	O. Glennon J. Guest	SLP SLP
5	N. Caffrey S. Shannon	SLP SLP

6	L. Cullen E. O Halloran	SLP SLP
7	M. Bates K. Holt	ROY ROY
8	K. Dixon I. Johansson-Ward	LBZ LBZ
9		

9 BT in Heats 1-2 to Final

H1: 10:00 > H2: 10:04 > F: 11:20

15: H2 K2 Girls D 1000

15.04.2023 10:04

1		
2		
3	E. McAulay L. Phillips	NOR NOR
4	E. Roche A. Shannon	SLP SLP
5	G. Gordon A. Strachan	SPS GLW

6	E. Earls C. Guest	SLP SLP
7	K. Guest E. Smyth	SLP SLP
8		
9		

9 BT in Heats 1-2 to Final

H1: 10:00 > H2: 10:04 > F: 11:20

16: F K2 Boys C 1000

15.04.2023 10:08

1		
2		
3		
4	G. Hampton C. Payne	CLM CLM
5	F. Heard M. Nagy	EXE RDG

6	D. Reynolds S. Smyth	SLP SLP
7	S. Dickson T. Mablesen	FOX NOR
8		
9		

F: 10:08

17: F K2 Boys D 1000

15.04.2023 10:12

1	M. Pyrz A. Solecki	GLW GLW
2	C. Packer D. Walker	RDG NOR
3	D. Barnett L. Smith	WOR WOR
4	E. Bates M. Hammett	LBZ LBZ
5	C. Hartney A. Karklins	RIC RIC

6	O. Attwood B. Eskriett	WEY GAI
7	L. De Bilio H. Pitt	ROY ROY
8	F. Fowler-Rimell F. Lovell	WOR WOR
9	M. Amatller T. Patterson	LKR LKR

F: 10:12

18: F1 K1 Boys B 1000

15.04.2023 10:16


1	
2	
3	
4	
5	

6	
7	
8	
9	

H1: 09:00 > H2: 09:04 > H3: 09:08 > H4: 09:12 > F1: 10:16 > F2: 10:20


19: F2 K1 Boys B 1000

15.04.2023 10:20

1**2****3****4****5****6****7****8****9**
 H1: 09:00 > H2: 09:04 > H3: 09:08 > H4: 09:12 > F1: 10:16 > F2: 10:20

20: F K1 Boys A 1000

15.04.2023 10:24

1**2****3****4****5****6****7****8****9**
 H1: 09:16 > H2: 09:20 > F: 10:24

21: H1 K1 Senior Women 500

Selection Race 15.04.2023 10:36

1**2** Lucy Guest (20)

NOT

3 Becky Pemble (19)

ADS

4 Katie Pocklington (20)

NOT

5 Lucy Lee-Smith (25)

NOR

6 Kate Hipkins (20)

LON


7 Elise Montagna (19)

ROY

8 Eabha O Drisceoil (18)

SLP

9
 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 10:36 > H2: 10:40 > H3: 10:44 > F1: 12:16 > F2: 12:20

22: H2 K1 Senior Women 500

Selection Race 15.04.2023 10:40

1**2****3** Molly Warburton (18)

ROY

4 Rebekah Solway (24)

ELM

5 Zoe Clark (22)

ROY

6 Jessica Urquhart (19)

NOT


7 Melissa Johnson (25)

CLM

8 Amy Green (19)

WOR

9
 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 10:36 > H2: 10:40 > H3: 10:44 > F1: 12:16 > F2: 12:20

23: H3 K1 Senior Women 500

Selection Race 15.04.2023 10:44

1**2****3** Kerry Christie (19)

NOT

4 Alexandra Armstrong (19)

SPS

5 Abi Burgess (23)

WEY

6 Katie Brookes (20)

WOR


7 Olivia Geddes (19)

CDF

8 Bea Clark (20)

ROY

9
 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 10:36 > H2: 10:40 > H3: 10:44 > F1: 12:16 > F2: 12:20

24: H1 K1 Girls A 500

15.04.2023 10:48

1**2****3** Nerys Hall (18)

WEY

4 Annabel Hutchinson (17)

RDG

5 Kristina Armstrong (17)


SPS


6 Edith King (17)

ROY

7 Sienna Payne (16)

CLM

8**9**
 1st-3rd + 3 BT to Final


 H1: 10:48 > H2: 10:52 > F: 12:04


25: H2 K1 Girls A 500

15.04.2023 10:52

1		
2		
3	Hannah Toovey (15)	SPS
4	Matilda Enoch (18)	NOT
5	Greta Roeser (17)	WEY

6	Mollie Ball (16)	DEV
7	Isla Bethune (17)	ELM
8		
9		

 1st-3rd + 3 BT to Final

 H1: 10:48 > H2: 10:52 > F: 12:04


26: H1 K1 Boys Intermediate 500

Intermediate Series 15.04.2023 10:56

1		
2	Mason Hammett (13)	LBZ
3	William Bowles-Trow (13)	ADS
4	Ollie Reed (13)	RLS
5	Maxwell Young (13)	BAN

6	Finn Lovell (13)	WOR
7	Jake Witek (14)	SLP
8	Gabriel Otugo (10)	GLW
9		

 9 BT in Heats 1-2 to Final

 H1: 10:56 > H2: 11:00 > F: 12:08


27: H2 K1 Boys Intermediate 500

Intermediate Series 15.04.2023 11:00

1		
2	Ben Eskriett (13)	GAI
3	Sam Whitehead (13)	ADS
4	Oliver Blanchard (13)	NOR
5	Adam Gora (10)	GLW

6	Daniel Kroemer (13)	RLS
7	Doogal Barnett (12)	WOR
8	Nicholas Witek (11)	SLP
9		

 9 BT in Heats 1-2 to Final


 H1: 10:56 > H2: 11:00 > F: 12:08

28: F K1 Girls B 1000

15.04.2023 11:12

1		
2		
3		
4		
5		

6		
7		
8		
9		


 H1: 09:52 > H2: 09:56 > F: 11:12

29: F K2 Girls C 1000

15.04.2023 11:16

1		
2		
3		
4	A. Beeson S. Parkinson	RDG RIC
5	L. Geddes H. Nagy	CDF RDG

6	M. Dawson E. Twort	LIN LIN
7	C. Long E. Widdows	FOX NOR
8		
9		


 F: 11:16

30: F K2 Girls D 1000

15.04.2023 11:20

1		
2		
3		
4		
5		

6		
7		
8		
9		

 H1: 10:00 > H2: 10:04 > F: 11:20

31: F C1 Senior Men 1000

Selection Race 15.04.2023 11:24

1		
2		
3	Arthur Leech (23)	RIC
4	Ben Phillips (24)	RIC
5	Jonathon Jones (26)	FLA

6	Thomas Lambert (21)	LIN
7	Lucas Huan (21)	RLS
8		
9		

🕒 F: 11:24

32: F K4 Men C/D + Masters B-D 1000

15.04.2023 11:28

1		
2		
3		
4	A. Boland C. Caffrey L. McCarthy J. Toomey	SLP SLP SLP SLP
5	M. Blatchly M. Bull R. Guest D. Jack	NOT NOT NOT NOT

6	G. Alexander P. Gadd R. Lucas D. Pemble	ADS ADS RIC ADS
7		
8		
9		

🕒 F: 11:28

33: H1 K2 Boys A/B 1000

15.04.2023 11:36

1		
2	F. Holt J. Rayment	ROY LBZ
3	F. Cramer B. Shipway	SOU SOU
4	W. Larner R. Toop	BAN DEV
5	J. Enoch H. Singleton	NOT NOT

6	K. Ayran T. Bullock	FOX EXE
7	E. Hunt O. Mazur	FOY RDG
8	L. Dixon J. Galliers	LBZ LBZ
9		

🏊 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

🕒 H1: 11:36 > H2: 11:40 > H3: 11:44 > F1: 12:56 > F2: 13:00

34: H2 K2 Boys A/B 1000

15.04.2023 11:40

1		
2		
3	S. Stevely W. Stevely	SPS SPS
4	C. Beeson J. Niland	RDG FOX
5	G. Popham-Coveley L. Schleiter Nielsen	FOX FOX

6	W. Short A. Worgan	ELM ROY
7	H. Sewell-Catchpole J. Taylor	NOR NOR
8	C. Donnellan D. Reynolds	SLP SLP
9		

🏊 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

🕒 H1: 11:36 > H2: 11:40 > H3: 11:44 > F1: 12:56 > F2: 13:00

35: H3 K2 Boys A/B 1000

15.04.2023 11:44

1		
2		
3	L. Clancy S. Durkan	SLP SLP
4	S. Butterly S. Smyth	SLP SLP
5	A. Hinves N. Lamb	SOU SOU

6	P. Ehrnrooth A. Hunter-Hopkins	DEV DEV
7	I. Barritt L. Lovell	WOR WOR
8	S. Patterson S. Sroka	SPS SPS
9		

🏊 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

🕒 H1: 11:36 > H2: 11:40 > H3: 11:44 > F1: 12:56 > F2: 13:00

36: F1 K1 Senior Men 1000

Selection Race 15.04.2023 11:48


1	
2	
3	
4	
5	

6	
7	
8	
9	

🕒 H1: 09:28 > H2: 09:32 > H3: 09:36 > F1: 11:48 > F2: 11:52


37: F2 K1 Senior Men 1000

Selection Race 15.04.2023 11:52

1**2****3****4****5****6****7****8****9**
 H1: 09:28 > H2: 09:32 > H3: 09:36 > F1: 11:48 > F2: 11:52


38: F K1 Girls A 500

15.04.2023 12:04

1**2****3****4****5****6****7****8****9**
 H1: 10:48 > H2: 10:52 > F: 12:04

39: F K1 Boys Intermediate 500

Intermediate Series 15.04.2023 12:08

1**2****3****4****5****6****7****8****9**
 H1: 10:56 > H2: 11:00 > F: 12:08

40: F K1 Girls Intermediate 500

Intermediate Series 15.04.2023 12:12

1**2** Caoilin Caffrey (11)**3** Eabha Smyth (12)**4** Audrey Long (12)**5** Nicholas Witek (11)

SLP

SLP

GLW


SLP

6 Emily Donnellan (13)**7** Ruth Shephard (11)**8** Hannah Tristram (14)**9**

SLP


RDG

RLS

 F: 12:12

41: F1 K1 Senior Women 500

Selection Race 15.04.2023 12:16

1**2****3****4****5****6****7****8****9**
 H1: 10:36 > H2: 10:40 > H3: 10:44 > F1: 12:16 > F2: 12:20

42: F2 K1 Senior Women 500

Selection Race 15.04.2023 12:20

1**2****3****4****5****6****7****8****9**
 H1: 10:36 > H2: 10:40 > H3: 10:44 > F1: 12:16 > F2: 12:20

43: H1 K1 Girls B 500

15.04.2023 12:24

1		
2	Milly Pepper (17)	LIN
3	Beth Perry (17)	SOU
4	Hannah Pemble (18)	ADS
5	Imogen Hunter (17)	CAM

6	Kate O Halloran (18)	SLP
7	Zoe Herriot (14)	SPS
8	Annie Bates (14)	ROY
9	Charlotte Fulford (15)	RDG

9 BT in Heats 1-2 to Final

H1: 12:24 > H2: 12:28 > F: 15:00

44: H2 K1 Girls B 500

15.04.2023 12:28

1		
2	Alicja Pyrz (15)	SPS
3	Chloe Ritchie (16)	WEY
4	Emily Bowles-Trow (16)	ADS
5	Dianora De Bilio (14)	ROY

6	Tilla Kubisch-Wiles (17)	RDG
7	Poppy Cove (14)	RIC
8	Frankie Scrivener (15)	FOX
9		

9 BT in Heats 1-2 to Final

H1: 12:24 > H2: 12:28 > F: 15:00

45: F K4 Girls C 500

15.04.2023 12:32

1		
2		
3		
4		
5	A. Beeson L. Geddes H. Nagy E. Twort	RDG CDF RDG LIN

6	P. Davison M. Dawson C. Long E. Widdows	LIN LIN FOX NOR
7		
8		
9		

F: 12:32

46: F K4 Girls D 500

15.04.2023 12:36

1		
2		
3		
4	N. Caffrey L. Cullen E. O Halloran E. Roche	SLP SLP SLP SLP
5	O. Glennon J. Guest A. Shannon S. Shannon	SLP SLP SLP SLP

6	M. Bates E. Mcaulay L. Phillips J. Sargeant	ROY NOR NOR NOR
7	E. Earls C. Guest K. Guest E. Smyth	SLP SLP SLP SLP
8		
9		

F: 12:36

47: F K1 Paddle-Ability - Sat R1 500

Paddle-Ability Series 15.04.2023 12:40

1		
2		
3	Oliver Klumpler (13)	BSF
4	Daniel Warwick (22)	4AS
5	Jacob Hage (20)	4AS

6	Jacob Mansfield (20)	4AS
7	Cassie Glaves (14)	4AS
8		
9		

F: 12:40

48: F K2 Men D + Masters C/D 1000

15.04.2023 12:52

1		
2		
3		
4		
5	P. Gadd R. Lucas	ADS RIC

6	T. Sargeant A. Want	NOR NOR
7		
8		
9		

F: 12:52

49: F1 K2 Boys A/B 1000

15.04.2023 12:56

1**2****3****4****5****6****7****8****9**

🕒 H1: 11:36 > H2: 11:40 > H3: 11:44 > F1: 12:56 > F2: 13:00

50: F2 K2 Boys A/B 1000

15.04.2023 13:00

1**2****3****4****5****6****7****8****9**

🕒 H1: 11:36 > H2: 11:40 > H3: 11:44 > F1: 12:56 > F2: 13:00

51: F K1 Girls A 1000

15.04.2023 13:04

1 Annabel Hutchinson (17)

RDG

2 Isla Bethune (17)

ELM

3 Mollie Ball (16)

DEV

4 Nerys Hall (18)

WEY

5 Kristina Armstrong (17)

SPS

6 Sienna Payne (16)

CLM

7 Greta Roeser (17)

WEY

8 Hannah Toovey (15)

SPS

9 Matilda Enoch (18)

NOT

🕒 F: 13:04

52: F C1 Senior Women 200

Selection Race 15.04.2023 13:36

1**2****3** Samantha Sullivan (24)

DEV

4 Isabel Evans (25)

CHE

5 Afton Fitzhenry (28)

BCC

6 Anna Palmer (26)

RDG

7**8****9**

🕒 F: 13:36

53: F C1 Junior A-D 200

15.04.2023 13:40

1**2****3** Owen Chisholm (17)

RIC

4**5** Areg Sarkisyan (16)

RIC

6**7** Andrew Elliott (16)

RIC

8**9**

🕒 F: 13:40

54: F K1 Para Men KL2/3 R1 200

Selection Race 15.04.2023 13:48

1**2** Jonathan White (39)

EXE

3 Dave Phillipson (34)

PAR

4 Jon Tarrant (33)

RLS

5 Robert Oliver (35)

PAR

6 Jonathon Young (38)

PAR

7 Stuart Wood (29)

PAR

8 Charlie Knowlden (19)

RLS

9

🕒 F: 13:48

55: F K1 Para Women KL1/2/3 R1 200

Selection Race 15.04.2023 13:52

1**2** Emma Wiggs (42)

PAR

3 Charlotte Henshaw (36)

PAR

4 Lindsay Thorpe (29)

4AS

5 Laura Sugar (32)

PAR

6 Hope Gordon (28)

SPS

7 Llinos Owen (40)

CDF

8**9** Jeanette Chippington (52)

PAR


🕒 F: 13:52

56: F K1 Women C/D + WMasters B-D 200

15.04.2023 14:00

1		
2		
3	Emma Christie (18)	NOT
4	Abbie Fisher (18)	LIN
5	Karen Caffrey (45)	SLP

6	Kerry Christie (19)	NOT
7	Katy Walker (20)	NOR
8	Lilly Stratford (18)	CLM
9		

 F: 14:00


57: H1 K1 Boys C 200

15.04.2023 14:04

1		
2		
3	Tymur Rudnyev (15)	RDG
4	Freddie Heard (13)	EXE
5	Jack Niland (16)	FOX

6	Marcell Nagy (14)	RDG
7	Ben Shipway (17)	SOU
8	Sean Smyth (15)	SLP
9		

 9 BT in Heats 1-2 to Final

 H1: 14:04 > H2: 14:08 > F: 16:04


58: H2 K1 Boys C 200

15.04.2023 14:08

1		
2		
3	Aeron Murphy (14)	RLS
4	Sean Noud (13)	SLP
5	Daibhi Reynolds (16)	SLP

6	Tom Mablesen (17)	NOR
7	Sam Dickson (14)	FOX
8	Tyler Kinder (14)	RDG
9		

 9 BT in Heats 1-2 to Final

 H1: 14:04 > H2: 14:08 > F: 16:04


59: H1 K1 Boys D 200

15.04.2023 14:12

1		
2	George Hampton (15)	CLM
3	Tom Hatton (14)	ROY
4	Conor Hartney (14)	RIC
5	Ryan Taylor (16)	BAN

6	Ewan Bates (13)	LBZ
7	Dominic Walker (14)	NOR
8	Louis Smith (12)	WOR
9		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 16:08 > F2: 16:12


60: H2 K1 Boys D 200

15.04.2023 14:16

1		
2	Conrad Packer (13)	RDG
3	Edward Kirtland (14)	BSF
4	Zayan Barker (14)	RLS
5	Henry Pitt (13)	ROY

6	Freddy Fowler-Rimell (13)	WOR
7	Adam Solecki (13)	GLW
8	Marc Amatller (17)	LKR
9		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 16:08 > F2: 16:12

61: H3 K1 Boys D 200

15.04.2023 14:20

1		
2		
3	Lorenzo De Bilio (12)	ROY
4	Isaac Popham-Coveley (14)	FOX
5	Daibhi Reynolds (16)	SLP

6	Aksels Karklins (16)	RIC
7	Tom Patterson (13)	LKR
8	Owen Attwood (13)	WEY
9		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

 H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 16:08 > F2: 16:12

62: F K1 Mini Kayak + Lightning A 200

Mini-Sprint Series 15.04.2023 14:28

1		
2	Adriana De Bilio (9)	ROY
3	Toby Carpenter (11)	LIN
4	Noah Nobbs (11)	NOR
5	Knoah Ayrar (11)	FOX

6	Fergus Barnett (11)	WOR
7	Jack Wade (11)	RDG
8	William Carrington (11)	NOR
9		

🕒 F: 14:28

63: F K1 Lightning B 200

Mini-Sprint Series 15.04.2023 14:32

1		
2	Adrian Rys (9)	GLW
3	Jan Gora (12)	GLW
4	Hugo Blanchard (11)	NOR
5	Warrick Scoffins (11)	NOR

6	Rupert Kirtland (9)	BSF
7	Cecelia Blanchard (9)	NOR
8	Jasper Kirtland (9)	BSF
9	Lexi Jones (10)	NOT

🕒 F: 14:32

64: F K1 Paddle-Ability - Sat R1 200

Paddle-Ability Series 15.04.2023 14:40

1		
2		
3	Oliver Klumpler (13)	BSF
4	Cassie Graves (14)	4AS
5	Daniel Warwick (22)	4AS

6	Jacob Mansfield (20)	4AS
7	Jacob Hage (20)	4AS
8		
9		

🕒 F: 14:40

65: H1 K2 Senior Men 500

Selection Race 15.04.2023 14:52

1		
2		
3	Z. Benstead A. Greaves	ELM RLS
4	B. Gallacher X. Hinves	FOR SOU
5	D. Johnson T. Lusty	ORS ORS

6	L. Fletcher P. Miles	ORS ORS
7	S. Bristow J. Eccles	ROY ANK
8	T. Dowden J. How	RLS NOR
9		

🏆 1st-3rd + 3 BT to Final

🕒 H1: 14:52 > H2: 14:56 > F: 17:20

66: H2 K2 Senior Men 500

Selection Race 15.04.2023 14:56

1		
2		
3	R. Dowling-Clarke A. Leiper	SPS SPS
4	T. Booth B. Want	NOR NOR
5	N. Dembele T. Thomson	ORS ORS

6	J. Russell C. Smith	NOT NOT
7	B. Cabrera L. Shaw	FOY NOR
8	T. Gannicott-Porter A. McIntyre	CLM CLM
9		

🏆 1st-3rd + 3 BT to Final

🕒 H1: 14:52 > H2: 14:56 > F: 17:20

67: F K1 Girls B 500

15.04.2023 15:00

1		
2		
3		
4		
5		

6		
7		
8		
9		

🕒 H1: 12:24 > H2: 12:28 > F: 15:00

68: H1 K2 Boys A/B 500

15.04.2023 15:04

1		
2	S. Patterson S. Sroka	SPS SPS
3	L. Andrews S. Sparks	LIN RLS
4	C. Donnellan D. Reynolds	SLP SLP
5	H. Cooke-Bayley D. O Connor	NOT RIC

6	A. Hinves N. Lamb	SOU SOU
7	C. Beeson J. Niland	RDG FOX
8	W. Lerner R. Toop	BAN DEV
9	I. Barritt L. Lovell	WOR WOR

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 15:04 > H2: 15:08 > H3: 15:12 > F1: 16:48 > F2: 16:52

69: H2 K2 Boys A/B 500

15.04.2023 15:08

1		
2	W. Short A. Worgan	ELM ROY
3	L. Dixon J. Galliers	LBZ LBZ
4	S. Butterly S. Smyth	SLP SLP
5	J. Enoch H. Singleton	NOT NOT

6	K. Ayran T. Bullock	FOX EXE
7	F. Cramer B. Shipway	SOU SOU
8	R. Coyle R. Strachan	SPS SPS
9		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 15:04 > H2: 15:08 > H3: 15:12 > F1: 16:48 > F2: 16:52

70: H3 K2 Boys A/B 500

15.04.2023 15:12

1		
2	E. Hunt O. Mazur	FOY RDG
3	H. Sewell-Catchpole J. Taylor	NOR NOR
4	L. Clancy S. Durkan	SLP SLP
5	G. Popham-Coveley L. Schleiter Nielsen	FOX FOX

6	I. Aveson P. Ehrnrooth	ROY DEV
7	S. Stevely W. Stevely	SPS SPS
8	F. Holt J. Rayment	ROY LBZ
9		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 15:04 > H2: 15:08 > H3: 15:12 > F1: 16:48 > F2: 16:52

71: H1 K1 Girls C 500

15.04.2023 15:20

1		
2		
3	Estelle Widdows (15)	NOR
4	Catherine Long (16)	FOX
5	Sofia Lillis-Brooks (18)	RLS

6	Madeline Dawson (16)	LIN
7	Hanna Nagy (14)	RDG
8		
9		

9 BT in Heats 1-2 to Final

H1: 15:20 > H2: 15:24 > F: 16:56

72: H2 K1 Girls C 500

15.04.2023 15:24

1		
2		
3	Emily Twort (15)	LIN
4	Libby Geddes (17)	CDF
5	Phoebe Davison (15)	LIN

6	Alice Beeson (13)	RDG
7	Skye Parkinson (16)	RIC
8		
9		

9 BT in Heats 1-2 to Final

H1: 15:20 > H2: 15:24 > F: 16:56

73: H1 K1 Girls D 500

15.04.2023 15:28

1		
2	Eva Mcaulay (14)	NOR
3	Niamh Caffrey (17)	SLP
4	Kathy Guest (14)	SLP
5	Emily Roche (15)	SLP

6	May Perrin (15)	CLM
7	Kayleigh Dixon (15)	LBZ
8	Sadb Shannon (14)	SLP
9	Kyla Holt (13)	ROY

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 15:28 > H2: 15:32 > H3: 15:36 > F1: 17:00 > F2: 17:04

74: H2 K1 Girls D 500

15.04.2023 15:32

1		
2	Lotte Phillips (15)	NOR
3	Claire Guest (14)	SLP
4	Isabelle Johansson-Ward (16)	LBZ
5	Orla Glennon (16)	SLP

6	Giulia Gordon (14)	SPS
7	Emma Earls (14)	SLP
8	Aoibhe Shannon (16)	SLP
9	Abigail Strachan (13)	GLW

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 15:28 > H2: 15:32 > H3: 15:36 > F1: 17:00 > F2: 17:04

75: H3 K1 Girls D 500

15.04.2023 15:36

1		
2	Emma O Halloran (14)	SLP
3	Molly Bates (12)	ROY
4	Jen Guest (16)	SLP
5	Rebecca Perrin (13)	CLM

6	Jasmine Sargeant (14)	NOR
7	Izzy Ritchie (14)	WEY
8	Lucy Cullen (16)	SLP
9		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 15:28 > H2: 15:32 > H3: 15:36 > F1: 17:00 > F2: 17:04

76: F K2 Women D + WMasters C/D 500

15.04.2023 15:40

1		
2		
3		
4		
5	E. Taylor S. Walker	NOR NOR

6	M. Broadey S. Nobbs	NOR NOR
7		
8		
9		

F: 15:40

77: F K1 Boys C 200

15.04.2023 16:04

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H1: 14:04 > H2: 14:08 > F: 16:04

78: F1 K1 Boys D 200

15.04.2023 16:08

1	
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H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 16:08 > F2: 16:12

79: F2 K1 Boys D 200

15.04.2023 16:12

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H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 16:08 > F2: 16:12

80: F K1 Para Men KL2/3 R2 200

Selection Race 15.04.2023 16:16

1		
2	Charlie Knowlden (19)	RLS
3	Stuart Wood (29)	PAR
4	Jonathon Young (38)	PAR
5	Robert Oliver (35)	PAR

6	Jon Tarrant (33)	RLS
7	Dave Phillipson (34)	PAR
8	Jonathan White (39)	EXE
9		

🕒 F: 16:16

81: F K1 Para Women KL1/2/3 R2 200

Selection Race 15.04.2023 16:20

1		
2	Jeanette Chippington (52)	PAR
3		
4	Llinos Owen (40)	CDF
5	Laura Sugar (32)	PAR

6	Hope Gordon (28)	SPS
7	Lindsay Thorpe (29)	4AS
8	Emma Wiggs (42)	PAR
9	Charlotte Henshaw (36)	PAR

🕒 F: 16:20

82: F K1 Women B + WMasters A 200

15.04.2023 16:28

1		
2	Alexandra Armstrong (19)	SPS
3	Bea Clark (20)	ROY
4	Katie Pocklington (20)	NOT
5	Abi Burgess (23)	WEY

6	Eabha O Drisceoil (18)	SLP
7	Molly Warburton (18)	ROY
8	Zoe Clark (22)	ROY
9	Amy Green (19)	WOR

🕒 F: 16:28

83: F K1 Paddle-Ability - Sat R2 200

Paddle-Ability Series 15.04.2023 16:32

1		
2		
3		
4	Cassie Glaves (14)	4AS
5	Jacob Hage (20)	4AS

6	Daniel Warwick (22)	4AS
7	Jacob Mansfield (20)	4AS
8		
9		

🕒 F: 16:32

84: F1 K2 Boys A/B 500

15.04.2023 16:48

1		
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5		

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7		
8		
9		

🕒 H1: 15:04 > H2: 15:08 > H3: 15:12 > F1: 16:48 > F2: 16:52

85: F2 K2 Boys A/B 500

15.04.2023 16:52

1		
2		
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4		
5		

6		
7		
8		
9		

🕒 H1: 15:04 > H2: 15:08 > H3: 15:12 > F1: 16:48 > F2: 16:52

86: F K1 Girls C 500

15.04.2023 16:56


1		
2		
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4		
5		

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7		
8		
9		

🕒 H1: 15:20 > H2: 15:24 > F: 16:56


87: F1 K1 Girls D 500

15.04.2023 17:00

1**2****3****4****5****6****7****8****9**
 H1: 15:28 > H2: 15:32 > H3: 15:36 > F1: 17:00 > F2: 17:04

88: F2 K1 Girls D 500

15.04.2023 17:04

1**2****3****4****5****6****7****8****9**
 H1: 15:28 > H2: 15:32 > H3: 15:36 > F1: 17:00 > F2: 17:04

89: F C2 Canoe 500

Selection Race 15.04.2023 17:08

1**2** O. Chisholm | A. Sarkisyan


RIC | RIC

3**4****5** J. Jones | B. Phillips

FLA | RIC

6**7****8****9** B. Gill | K. Reid

CLM | ORS

 F: 17:08

90: F K2 Senior Women 500

Selection Race 15.04.2023 17:16

1**2** J. Egan | E. O Drisceoil

SLP | SLP

3 L. Guest | K. Pocklington

NOT | NOT

4 B. Pemble | M. Warburton

ADS | ROY

5 K. Brookes | S. Martyn

WOR | WEY

6 A. Green | K. Hipkins


WOR | LON

7 H. Brown | Z. Clark

NOT | ROY


8 E. Montagna | J. Urquhart

ROY | NOT

9
 F: 17:16

91: F K2 Senior Men 500

Selection Race 15.04.2023 17:20

1**2****3****4****5****6****7****8****9**
 H1: 14:52 > H2: 14:56 > F: 17:20

92: F K4 Girls A/B 500

15.04.2023 17:24

1**2****3****4** I. Bethune | M. Enoch

ELM | NOT

N. Hall | H. Toovey

WEY | SPS

5 P. Cove | D. De Bilio

RIC | ROY

S. Parkinson | F. Scrivener

RIC | FOX

6 E. Bowles-Trow | S. Payne

ADS | CLM

B. Perry | C. Ritchie


SOU | WEY

7 G. Gordon | Z. Herriot

SPS | SPS

A. Pyrz | A. Strachan

SPS | GLW

8**9**
 F: 17:24

93: F K2 Boys C 500

15.04.2023 17:32

1		
2		
3	T. Mablesen D. Walker	NOR NOR
4	S. Dickson T. Kinder	FOX RDG
5	G. Hampton C. Payne	CLM CLM

6	D. Reynolds S. Smyth	SLP SLP
7	A. Murphy I. Popham-Coveley	RLS FOX
8	F. Heard M. Nagy	EXE RDG
9		

🕒 F: 17:32

94: F K2 Boys D 500

15.04.2023 17:36

1	M. Amatller T. Patterson	LKR LKR
2	O. Attwood B. Eskriett	WEY GAI
3	E. Bates M. Hammett	LBZ LBZ
4	C. Hartney A. Karklins	RIC RIC
5	F. Fowler-Rimell F. Lovell	WOR WOR

6	L. De Bilio H. Pitt	ROY ROY
7	E. Kirtland C. Packer	BSF RDG
8	D. Barnett L. Smith	WOR WOR
9	M. Pyrz A. Solecki	GLW GLW

🕒 F: 17:36

95: F K2 Men C/D + Masters B-D 500

15.04.2023 17:40

1		
2		
3	T. Sargeant A. Want	NOR NOR
4	O. Clarke J. Toomey	SLP SLP
5	A. Dodson D. Pemble	ADS ADS

6	A. Doran O. Jackson	LIN LIN
7	P. Gadd R. Lucas	ADS RIC
8	A. Boland C. Caffrey	SLP SLP
9		

🕒 F: 17:40

96: F K1 Women C/D + WMasters B-D 500

15.04.2023 17:44

1		
2		
3		
4	Emma Christie (18)	NOT
5	Katy Walker (20)	NOR

6	Karen Caffrey (45)	SLP
7		
8		
9		

🕒 F: 17:44

97: F K1 Paddle-Ability - Sat R2 500

Paddle-Ability Series 15.04.2023 17:48

1		
2		
3	Cassie Glaves (14)	4AS
4		
5	Jacob Mansfield (20)	4AS

6	Jacob Hage (20)	4AS
7	Daniel Warwick (22)	4AS
8		
9		

🕒 F: 17:48

98: F K1 Para Men KL2/3 R3 500

Selection Race 15.04.2023 18:04

1		
2	Jonathan White (39)	EXE
3	Dave Phillipson (34)	PAR
4	Jon Tarrant (33)	RLS
5	Jonathon Young (38)	PAR

6	Robert Oliver (35)	PAR
7	Stuart Wood (29)	PAR
8	Charlie Knowlden (19)	RLS
9		

🕒 F: 18:04

99: F K1 Para Women KL1/2/3 R3 500

Selection Race 15.04.2023 18:08

1		
2	Emma Wiggs (42)	PAR
3	Charlotte Henshaw (36)	PAR
4	Hope Gordon (28)	SPS
5	Laura Sugar (32)	PAR

6	Lindsay Thorpe (29)	4AS
7	Llinos Owen (40)	CDF
8		
9	Jeanette Chippington (52)	PAR

🕒 F: 18:08

100: H1 K2 Mixed Boys + Girls C/D 500

16.04.2023 08:00

1		
2		
3	G. Hampton R. Perrin	CLM CLM
4	D. Walker E. Widdows	NOR NOR
5	S. Dickson C. Long	FOX FOX

9 BT in Heats 1-2 to Final

H1: 08:00 > H2: 08:04 > F: 09:12

6	O. Glennon D. Reynolds	SLP SLP
7	B. Flint I. Ritchie	WEY WEY
8	T. Hatton K. Holt	ROY ROY
9		

101: H2 K2 Mixed Boys + Girls C/D 500

16.04.2023 08:04

1		
2		
3	M. Bates H. Pitt	ROY ROY
4	S. Shannon S. Smyth	SLP SLP
5	C. Payne M. Perrin	CLM CLM

9 BT in Heats 1-2 to Final

H1: 08:00 > H2: 08:04 > F: 09:12

6	S. Lillis-Brooks A. Murphy	RLS RLS
7	L. Cullen S. Noud	SLP SLP
8	E. Bates I. Johansson-Ward	LBZ LBZ
9		

102: H1 K2 Mixed Boys + Girls A/B 500

16.04.2023 08:08

1		
2	A. Bates S. Bates	ROY ROY
3	C. Donnellan K. O Halloran	SLP SLP
4	T. Bullock S. Payne	EXE CLM
5	M. Ball H. Cooke-Bayley	DEV NOT

1st-3rd + 3 BT to Final

H1: 08:08 > H2: 08:12 > F: 09:16

6	F. Holt E. King	ROY ROY
7	S. Sroka H. Toovey	SPS SPS
8	C. Fulford R. Strachan	RDG GLW
9		

103: H2 K2 Mixed Boys + Girls A/B 500

16.04.2023 08:12

1		
2	K. Ayran F. Scrivener	FOX FOX
3	M. Kabbeer C. Ritchie	WOK WEY
4	I. Hunter W. Larner	CAM BAN
5	H. Pemble H. Singleton	ADS NOT

1st-3rd + 3 BT to Final

H1: 08:08 > H2: 08:12 > F: 09:16

6	J. Enoch M. Enoch	NOT NOT
7	T. Kubisch-Wiles O. Mazur	RDG RDG
8	I. Aveson D. De Bilio	ROY ROY
9		

104: H1 K1 Senior Men 500

Selection Race 16.04.2023 08:16

1		
2	Patrick Mongan (21)	LIN
3	Drew Howells (18)	CDF
4	Xavier Hinves (19)	SOU
5	Daniel Johnson (28)	CLM

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:16 > H2: 08:20 > H3: 08:24 > H4: 08:28 > F1: 09:56 > F2: 10:00

6	Trevor Thomson (24)	EAL
7	Ben Gallacher (22)	SPS
8	Alex Greaves (21)	RLS
9	Jordi Eccles (26)	ANK

105: H2 K1 Senior Men 500

Selection Race 16.04.2023 08:20

1		
2	Alex McIntyre (22)	CLM
3	Kacper Sroka (19)	SPS
4	Matthew Johnson (26)	CLM
5	Tom Lusty (28)	SOL

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:16 > H2: 08:20 > H3: 08:24 > H4: 08:28 > F1: 09:56 > F2: 10:00

6	Noah Dembele (24)	ORS
7	George Durden (29)	ELM
8	Alex Rea (19)	CNI
9		

106: H3 K1 Senior Men 500

Selection Race 16.04.2023 08:24

1		
2	Rory Dowling-Clarke (19)	SPS
3	Benjamin Cabrera (19)	FOY
4	Luke Shaw (23)	NOR
5	Charlie Smith (24)	NOT

6	Philip Miles (21)	RLS
7	Miklos Szabadvari (19)	RDG
8	Timothy Dowden (21)	RLS
9		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:16 > H2: 08:20 > H3: 08:24 > H4: 08:28 > F1: 09:56 > F2: 10:00

107: H4 K1 Senior Men 500

Selection Race 16.04.2023 08:28

1		
2	Tom Holland (20)	WEY
3	Lewis Smith (20)	LIN
4	Aidan Leiper (18)	SPS
5	Lewis Fletcher (29)	SPS

6	Stuart Bristow (26)	ROY
7	Finn Cadell (23)	SPS
8	James How (22)	NOR
9		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:16 > H2: 08:20 > H3: 08:24 > H4: 08:28 > F1: 09:56 > F2: 10:00

108: F K1 Men B + Masters A 500

16.04.2023 08:32

1		
2		
3	Toby Booth (19)	NOR
4	Finn O'Brien (21)	CLM
5	Michael Motha (19)	ADS

6	Zak Benstead (22)	ELM
7	Odhran Henson (21)	SLP
8		
9		

F: 08:32

109: H1 K1 Men C + Masters B 500

16.04.2023 08:36

1		
2		
3	Tom Walker (23)	NOR
4	Harvey Grant (18)	RIC
5	Richard Winstanley (39)	BSF

6	Deaglan O Drisceoil (57)	SLP
7	Andrew Boland (51)	SLP
8		
9		

9 BT in Heats 1-2 to Final

H1: 08:36 > H2: 08:40 > F: 09:44

110: H2 K1 Men C + Masters B 500

16.04.2023 08:40

1		
2		
3	Ewan McDougal (21)	WOR
4	Paul Brookes (55)	NOT
5	Owain Herbert (22)	CLM

6	Colin Caffrey (44)	SLP
7	Deni Panev (20)	FOX
8		
9		

9 BT in Heats 1-2 to Final

H1: 08:36 > H2: 08:40 > F: 09:44

111: H1 K1 Men D + Masters C/D 500

16.04.2023 08:44

1		
2	Roland Lucas (62)	RIC
3	Doug Pemble (58)	ADS
4	Oliver Jackson (19)	LIN
5	Andy Dodson (59)	ADS

6	Charlie Mayo (58)	DEV
7	Simon Eskriett (58)	GAI
8	Peter Gorman (68)	WEY
9		

9 BT in Heats 1-2 to Final

H1: 08:44 > H2: 08:48 > F: 09:48


112: H2 K1 Men D + Masters C/D 500

16.04.2023 08:48

1		
2		
3	Thomas Holloway (19)	BSF
4	Charlie Knowlden (19)	RLS
5	Balint Nagy (52)	RDG

6	Jeff Toomey (52)	SLP
7	Paul Gadd (61)	ADS
8	Derek Marshall (66)	LKR
9		

 9 BT in Heats 1-2 to Final


 H1: 08:44 > H2: 08:48 > F: 09:48

113: F C1 Junior A-D 500

16.04.2023 08:56

1		
2		
3	Andrew Elliott (16)	RIC
4		
5	Owen Chisholm (17)	RIC

6		
7	Areg Sarkisyan (16)	RIC
8		
9		


 F: 08:56

114: F K2 Mini Kayak + Lightning A/B 500

Mini-Sprint Series 16.04.2023 09:04

1		
2		
3	K. Ayran T. Carpenter	FOX LIN
4	J. Kirtland R. Kirtland	BSF BSF
5	C. Blanchard W. Scoffins	NOR NOR

6	F. Barnett J. Wade	WOR RDG
7	H. Blanchard W. Carrington	NOR NOR
8		
9		


 F: 09:04

115: F K2 Intermediate 500

Intermediate Series 16.04.2023 09:08

1	A. Gora G. Otugo	GLW GLW
2	C. Caffrey E. Donnellan	SLP SLP
3	D. Kroemer O. Reed	RLS RLS
4	O. Blanchard N. Nobbs	NOR NOR
5	J. Witek N. Witek	SLP SLP

6	J. Allan R. Shephard	WEY RDG
7	W. Bowles-Trow S. Whitehead	ADS ADS
8	D. Barnett F. Barnett	WOR WOR
9	J. Gora A. Long	GLW GLW


 F: 09:08

116: F K2 Mixed Boys + Girls C/D 500

16.04.2023 09:12

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8		
9		


 H1: 08:00 > H2: 08:04 > F: 09:12

117: F K2 Mixed Boys + Girls A/B 500

16.04.2023 09:16

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5		

6		
7		
8		
9		

 H1: 08:08 > H2: 08:12 > F: 09:16

118: F K1 Paddle-Ability - Sun R1 500

Paddle-Ability Series 16.04.2023 09:20

1		
2		
3		
4	Cassie Glaves (14)	4AS
5	Jacob Mansfield (20)	4AS

6		
7		
8		
9		

🕒 F: 09:20

119: F C1 Senior Women 500

Selection Race 16.04.2023 09:28

1		
2		
3	Samantha Sullivan (24)	DEV
4	Katie Jayne Reid (28)	ORS
5	Afton Fitzhenry (28)	BCC

6	Anna Palmer (26)	RDG
7		
8		
9		

🕒 F: 09:28

120: F C1 Senior Men 500

Selection Race 16.04.2023 09:32

1		
2		
3	Ben Phillips (24)	RIC
4	Jonathon Jones (26)	FLA
5	Thomas Lambert (21)	LIN

6	Arthur Leech (23)	RIC
7	Lucas Huan (21)	RLS
8		
9		

🕒 F: 09:32

121: F K4 Senior Women 500

Selection Race 16.04.2023 09:36

1		
2		
3		
4	B. Clark A. Green K. Hipkins J. Urquhart	ROY WOR LON NOT
5	L. Guest E. Montagna B. Pemble K. Pocklington	NOT ROY ADS NOT

6	B. Clark A. Green K. Hipkins J. Urquhart	ROY WOR LON NOT
7	A. Armstrong K. Brookes R. Lovell S. Martyn	LKR WOR WOR WEY
8		
9		

🕒 F: 09:36

122: F K1 Men C + Masters B 500

16.04.2023 09:44

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5		

6		
7		
8		
9		

🕒 H1: 08:36 > H2: 08:40 > F: 09:44

123: F K1 Men D + Masters C/D 500

16.04.2023 09:48

1		
2		
3		
4		
5		

6		
7		
8		
9		

🕒 H1: 08:44 > H2: 08:48 > F: 09:48

124: F1 K1 Senior Men 500

Selection Race 16.04.2023 09:56

1**2****3****4****5****6****7****8****9**

🕒 H1: 08:16 > H2: 08:20 > H3: 08:24 > H4: 08:28 > F1: 09:56 > F2: 10:00

125: F2 K1 Senior Men 500

Selection Race 16.04.2023 10:00

1**2****3****4****5****6****7****8****9**

🕒 H1: 08:16 > H2: 08:20 > H3: 08:24 > H4: 08:28 > F1: 09:56 > F2: 10:00

126: F K4 Boys C 500

16.04.2023 10:08

1**2****3** S. Dickson | A. Murphy FOX | RLS
J. Niland | I. Popham-Coveley FOX | FOX**4** F. Heard | T. Kinder EXE | RDG
M. Nagy | T. Rudnyev RDG | RDG**5****6****7****8****9**

🕒 F: 10:08

127: F K4 Boys D 500

16.04.2023 10:12

1**2****3****4****5** D. Barnett | F. Fowler-Rimell WOR | WOR
F. Lovell | L. Smith WOR | WOR**6** O. Attwood | E. Bates WEY | LBZ
O. Blanchard | B. Eskriett NOR | GAI**7** L. De Bilio | T. Hatton ROY | ROY
A. Karklins | H. Pitt RIC | ROY**8** M. Amatller | E. Kirtland LKR | BSF
C. Packer | T. Patterson RDG | LKR**9**

🕒 F: 10:12

128: F V1 Para Men VL2/3 R1 200

Selection Race 16.04.2023 10:28

1**2****3** Jack Evers (33) PAR**4** Stuart Wood (29) PAR**5****6** Shaun Cook (36) NOR**7** Edward Clifton (37) CLM**8****9**

🕒 F: 10:28

129: F V1 Para Women VL2/3 R1 200

Selection Race 16.04.2023 10:32

1**2****3** Jeanette Chippington (52) PAR**4** Emma Wiggs (42) PAR**5** Hope Gordon (28) SPS**6** Charlotte Henshaw (36) PAR**7****8** Ellen Field (22) PAR**9**

🕒 F: 10:32

130: H1 K1 Girls B 200

16.04.2023 10:40

1		
2	Frankie Scrivener (15)	FOX
3	Alicja Pyrz (15)	SPS
4	Chloe Ritchie (16)	WEY
5	Poppy Cove (14)	RIC

6	Annie Bates (14)	ROY
7	Hannah Pemble (18)	ADS
8	Tilla Kubisch-Wiles (17)	RDG
9		

9 BT in Heats 1-2 to Final

H1: 10:40 > H2: 10:44 > F: 11:56

131: H2 K1 Girls B 200

16.04.2023 10:44

1		
2	Kate O Halloran (18)	SLP
3	Zoe Herriot (14)	SPS
4	Beth Perry (17)	SOU
5	Milly Pepper (17)	LIN

6	Dianora De Bilio (14)	ROY
7	Imogen Hunter (17)	CAM
8	Charlotte Fulford (15)	RDG
9		

9 BT in Heats 1-2 to Final

H1: 10:40 > H2: 10:44 > F: 11:56

132: H1 K1 Girls D 200

16.04.2023 10:48

1		
2	Jasmine Sargeant (14)	NOR
3	Emma O Halloran (14)	SLP
4	Rebecca Perrin (13)	CLM
5	Emma Earls (14)	SLP

6	Kayleigh Dixon (15)	LBZ
7	Sadb Shannon (14)	SLP
8	Emily Roche (15)	SLP
9	Kyla Holt (13)	ROY

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 10:48 > H2: 10:52 > H3: 10:56 > F1: 12:04 > F2: 12:08

133: H2 K1 Girls D 200

16.04.2023 10:52

1		
2	Jen Guest (16)	SLP
3	Orla Glennon (16)	SLP
4	Lotte Phillips (15)	NOR
5	Isabelle Johansson-Ward (16)	LBZ

6	Giulia Gordon (14)	SPS
7	Aoibhe Shannon (16)	SLP
8	Claire Guest (14)	SLP
9	Abigail Strachan (13)	GLW

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 10:48 > H2: 10:52 > H3: 10:56 > F1: 12:04 > F2: 12:08

134: H3 K1 Girls D 200

16.04.2023 10:56

1		
2	Izzy Ritchie (14)	WEY
3	Niamh Caffrey (17)	SLP
4	Eva Mcaulay (14)	NOR
5	Kathy Guest (14)	SLP

6	Lucy Cullen (16)	SLP
7	Molly Bates (12)	ROY
8	May Perrin (15)	CLM
9		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 10:48 > H2: 10:52 > H3: 10:56 > F1: 12:04 > F2: 12:08

135: H1 K1 Men B + Masters A 200

16.04.2023 11:00

1		
2		
3	Finn O'Brien (21)	CLM
4	Zak Benstead (22)	ELM
5	Aidan Leiper (18)	SPS

6	Michael Motha (19)	ADS
7	Alex Greaves (21)	RLS
8	Toby Booth (19)	NOR
9		

9 BT in Heats 1-2 to Final

H1: 11:00 > H2: 11:04 > F: 12:16

136: H2 K1 Men B + Masters A 200

16.04.2023 11:04

1		
2		
3	Drew Howells (18)	CDF
4	Benjamin Want (19)	NOR
5	Rory Dowling-Clarke (19)	SPS

9 BT in Heats 1-2 to Final

H1: 11:00 > H2: 11:04 > F: 12:16

6	Odhran Henson (21)	SLP
7	Jordi Eccles (26)	ANK
8	Alex Rea (19)	CNI
9		

137: H1 K1 Men C + Masters B 200

16.04.2023 11:08

1		
2		
3	Ewan McDougal (21)	WOR
4	Harvey Grant (18)	RIC
5	Tom Walker (23)	NOR

9 BT in Heats 1-2 to Final

H1: 11:08 > H2: 11:12 > F: 12:20

6	Richard Winstanley (39)	BSF
7	Andrew Boland (51)	SLP
8	Owain Herbert (22)	CLM
9		

138: H2 K1 Men C + Masters B 200

16.04.2023 11:12

1		
2		
3	Paul Brookes (55)	NOT
4	Deaglan O Drisceoil (57)	SLP
5	Kacper Sroka (19)	SPS

9 BT in Heats 1-2 to Final

H1: 11:08 > H2: 11:12 > F: 12:20

6	Colin Caffrey (44)	SLP
7	Deni Panev (20)	FOX
8		
9		

139: H1 K1 Men D + Masters C/D 200

16.04.2023 11:16

1		
2	Jonathan White (39)	EXE
3	Charlie Knowlden (19)	RLS
4	Doug Pemble (58)	ADS
5	Balint Nagy (52)	RDG

9 BT in Heats 1-2 to Final

H1: 11:16 > H2: 11:20 > F: 12:24

6	Derek Marshall (66)	LKR
7	Charlie Mayo (58)	DEV
8	Oliver Clarke (46)	SLP
9	Andy Dodson (59)	ADS

140: H2 K1 Men D + Masters C/D 200

16.04.2023 11:20

1		
2	Thomas Holloway (19)	BSF
3	Paul Gadd (61)	ADS
4	Jeff Toomey (52)	SLP
5	Peter Gorman (68)	WEY

9 BT in Heats 1-2 to Final

H1: 11:16 > H2: 11:20 > F: 12:24

6	Simon Eskriett (58)	GAI
7	Oliver Jackson (19)	LIN
8	Roland Lucas (62)	RIC
9		

141: F K2 Intermediate 200

Intermediate Series 16.04.2023 11:24

1	W. Bowles-Trow S. Whitehead	ADS ADS
2	J. Gora A. Long	GLW GLW
3	C. Caffrey E. Donnellan	SLP SLP
4	J. Witek N. Witek	SLP SLP
5	J. Allan R. Shephard	WEY RDG

6	D. Kroemer O. Reed	RLS RLS
7	O. Blanchard N. Nobbs	NOR NOR
8	A. Gora G. Otugo	GLW GLW
9	D. Barnett F. Barnett	WOR WOR


F: 11:24


142: H1 K1 Senior Women 1000

Selection Race 16.04.2023 11:32

1		
2	Bea Clark (20)	ROY
3	Samantha Martyn (22)	WEY
4	Melissa Johnson (25)	CLM
5	Zoe Clark (22)	ROY

6	Katie Brookes (20)	WOR
7	Becky Pemble (19)	ADS
8	Eabha O Drisceoil (18)	SLP
9	Kerry Christie (19)	NOT

 1st-3rd + 3 BT to Final


 H1: 11:32 > H2: 11:36 > F: 12:52


143: H2 K1 Senior Women 1000

Selection Race 16.04.2023 11:36

1		
2	Olivia Geddes (19)	CDF
3	Lucy Guest (20)	NOT
4	Jessica Urquhart (19)	NOT
5	Lucy Lee-Smith (25)	NOR

6	Elise Montagna (19)	ROY
7	Alexandra Armstrong (19)	SPS
8	Rebekah Solway (24)	ELM
9	Kate Hipkins (20)	LON

 1st-3rd + 3 BT to Final


 H1: 11:32 > H2: 11:36 > F: 12:52

144: F K1 Girls A 200

16.04.2023 11:52

1		
2	Mollie Ball (16)	DEV
3	Greta Roeser (17)	WEY
4	Edith King (17)	ROY
5	Kristina Armstrong (17)	SPS

6	Isla Bethune (17)	ELM
7	Annabel Hutchinson (17)	RDG
8	Hannah Toovey (15)	SPS
9		


 F: 11:52

145: F K1 Girls B 200

16.04.2023 11:56

1		
2		
3		
4		
5		

6		
7		
8		
9		


 H1: 10:40 > H2: 10:44 > F: 11:56

146: F K1 Girls C 200

16.04.2023 12:00

1	Skye Parkinson (16)	RIC
2	Phoebe Davison (15)	LIN
3	Emily Twort (15)	LIN
4	Libby Geddes (17)	CDF
5	Estelle Widdows (15)	NOR

6	Madeline Dawson (16)	LIN
7	Hanna Nagy (14)	RDG
8	Catherine Long (16)	FOX
9	Sofia Lillis-Brooks (18)	RLS

 F: 12:00

147: F1 K1 Girls D 200

16.04.2023 12:04

1		
2		
3		
4		
5		

6		
7		
8		
9		

 H1: 10:48 > H2: 10:52 > H3: 10:56 > F1: 12:04 > F2: 12:08

148: F2 K1 Girls D 200

16.04.2023 12:08

1**2****3****4****5****6****7****8****9**

🕒 H1: 10:48 > H2: 10:52 > H3: 10:56 > F1: 12:04 > F2: 12:08

149: F K1 Men A 200

16.04.2023 12:12

1**2****3****4** Ben Gallacher (22)**5** Lewis Fletcher (29)

SPS

SPS

6 Tom Holland (20)

WEY

7 James How (22)

NOR

8**9**

🕒 F: 12:12

150: F K1 Men B + Masters A 200

16.04.2023 12:16

1**2****3****4****5****6****7****8****9**

🕒 H1: 11:00 > H2: 11:04 > F: 12:16

151: F K1 Men C + Masters B 200

16.04.2023 12:20

1**2****3****4****5****6****7****8****9**

🕒 H1: 11:08 > H2: 11:12 > F: 12:20

152: F K1 Men D + Masters C/D 200

16.04.2023 12:24

1**2****3****4****5****6****7****8****9**

🕒 H1: 11:16 > H2: 11:20 > F: 12:24

153: F V1 Para Men VL2/3 R2 200

Selection Race 16.04.2023 12:32

1**2****3** Shaun Cook (36)**4** Edward Clifton (37)**5**

NOR

CLM

6 Jack Evers (33)

PAR

7 Stuart Wood (29)

PAR

8**9**

🕒 F: 12:32

154: F V1 Para Women VL2/3 R2 200

Selection Race 16.04.2023 12:40

1**2** Ellen Field (22)**3****4** Hope Gordon (28)**5** Charlotte Henshaw (36)

PAR

SPS

PAR

6 Emma Wiggs (42)

PAR

7 Jeanette Chippington (52)

PAR

8**9**


🕒 F: 12:40

155: F K2 Women D + WMasters C/D 1000

16.04.2023 12:48

1
2
3
4
5 M. Broadey S. Walker NOR NOR

6 S. Nobbs E. Taylor NOR NOR
7
8
9


 F: 12:48

156: F K1 Senior Women 1000

Selection Race 16.04.2023 12:52

1
2
3
4
5

6
7
8
9


 H1: 11:32 > H2: 11:36 > F: 12:52

157: F K4 Senior Men 500

Selection Race 16.04.2023 13:04

1
2
3
4 B. Cabrera J. Russell FOY NOT L. Shaw C. Smith NOR NOT
5 S. Bristow J. Eccles ROY ANK

6 N. Dembele L. Fletcher ORS ORS P. Miles T. Thomson ORS ORS
7 Z. Benstead T. Dowden ELM RLS A. Greaves J. How RLS NOR
8
9


 F: 13:04

158: H1 K1 Boys A 500

16.04.2023 13:08

1
2 Andre Hinves (16) SOU
3 Lukas Schleiter Nielsen (17) FOX
4 Philippe Ehrnrooth (15) DEV
5 Dylan O Connor (18) RIC

6 Joe Enoch (16) NOT
7 Arthur Morley (18) WEY
8 Koen Ayrans (16) FOX
9

 1st-3rd + 3 BT to Final


 H1: 13:08 > H2: 13:12 > H3: 13:16 > F1: 14:28 > F2: 14:32

159: H2 K1 Boys A 500

16.04.2023 13:12

1
2
3 Toby Bullock (15) EXE
4 Huw Singleton (16) NOT
5 Gabriel Popham-Coveley (17) FOX

6 Sam Cribbett (18) RLS
7 Sean Durkan (16) SLP
8 Sam Patterson (15) SPS
9

 1st-3rd + 3 BT to Final


 H1: 13:08 > H2: 13:12 > H3: 13:16 > F1: 14:28 > F2: 14:32

160: H3 K1 Boys A 500

16.04.2023 13:16

1
2
3 Jack Rayment (16) LBZ
4 Liam Boland (16) SLP
5 Haydyn Cooke-Bayley (17) NOT

6 Ben Higgins (18) SLP
7 Muhammad Ali Kabeer (16) WOK
8 Rory Strachan (15) SPS
9

 1st-3rd + 3 BT to Final

 H1: 13:08 > H2: 13:12 > H3: 13:16 > F1: 14:28 > F2: 14:32


161: H1 K1 Boys B 500

16.04.2023 13:20

1		
2	Regan Toop (17)	DEV
3	Will Stevely (15)	SPS
4	Nathaniel Lamb (16)	SOU
5	Luca Clancy (16)	SLP

6	William Larnar (17)	BAN
7	Flynn Holt (17)	ROY
8	Peter Skinner (17)	RDG
9	Joseph Galliers (18)	LBZ

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 13:20 > H2: 13:24 > H3: 13:28 > H4: 13:32 > F1: 14:36 > F2: 14:40


162: H2 K1 Boys B 500

16.04.2023 13:24

1		
2	Conor Donnellan (15)	SLP
3	Sam Stevely (15)	SPS
4	Olivier Mazur (14)	RDG
5	Will Short (15)	ELM

6	Fletcher Cramer (16)	SOU
7	Alexander Worgan (15)	ROY
8	Lewis Andrews (16)	LIN
9	Arthur Hunter-Hopkins (14)	DEV

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 13:20 > H2: 13:24 > H3: 13:28 > H4: 13:32 > F1: 14:36 > F2: 14:40


163: H3 K1 Boys B 500

16.04.2023 13:28

1		
2	Ivan Barritt (17)	WOR
3	Ethan Hunt (15)	FOY
4	Sam Bates (16)	ROY
5	Jago Taylor (17)	NOR

6	Szymon Sroka (15)	SPS
7	Mikolaj Osmola (16)	GLW
8	Danny Mavra (16)	RIC
9	Sean Butterly (14)	SLP

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 13:20 > H2: 13:24 > H3: 13:28 > H4: 13:32 > F1: 14:36 > F2: 14:40


164: H4 K1 Boys B 500

16.04.2023 13:32

1		
2	Sam Sparks (13)	RLS
3	Daniel O Halloran (16)	CLM
4	Ryan Coyle (16)	SPS
5	Harry Sewell-Catchpole (16)	NOR

6	Leon Dixon (17)	LBZ
7	Lochie Lovell (16)	WOR
8	Isaac Aveson (15)	ROY
9		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 13:20 > H2: 13:24 > H3: 13:28 > H4: 13:32 > F1: 14:36 > F2: 14:40


165: H1 K1 Boys C 500

16.04.2023 13:36

1		
2	Sean Smyth (15)	SLP
3	Tyler Kinder (14)	RDG
4	Marcell Nagy (14)	RDG
5	Daibhi Reynolds (16)	SLP

6	Theo Sales (17)	CAM
7	Sam Dickson (14)	FOX
8	Ben Shipway (17)	SOU
9		

 9 BT in Heats 1-2 to Final

 H1: 13:36 > H2: 13:40 > F: 14:44


166: H2 K1 Boys C 500

16.04.2023 13:40

1		
2	Aeron Murphy (14)	RLS
3	Jack Niland (16)	FOX
4	Ben Flint (15)	WEY
5	Cassian Payne (15)	CLM

6	Tymur Rudnyev (15)	RDG
7	Sean Noud (13)	SLP
8	Freddie Heard (13)	EXE
9		

 9 BT in Heats 1-2 to Final

 H1: 13:36 > H2: 13:40 > F: 14:44

167: H1 K1 Boys D 500

16.04.2023 13:44

1		
2	Aksels Karklins (16)	RIC
3	Tom Hatton (14)	ROY
4	Ewan Bates (13)	LBZ
5	Dominic Walker (14)	NOR

6	George Hampton (15)	CLM
7	Freddy Fowler-Rimell (13)	WOR
8	Ryan Taylor (16)	BAN
9		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 13:44 > H2: 13:48 > H3: 13:52 > F1: 14:48 > F2: 14:52

168: H2 K1 Boys D 500

16.04.2023 13:48

1		
2	Adam Solecki (13)	GLW
3	Louis Smith (12)	WOR
4	Zayan Barker (14)	RLS
5	Marc Amatller (17)	LKR

6	Edward Kirtland (14)	BSF
7	Henry Pitt (13)	ROY
8	Conrad Packer (13)	RDG
9		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 13:44 > H2: 13:48 > H3: 13:52 > F1: 14:48 > F2: 14:52

169: H3 K1 Boys D 500

16.04.2023 13:52

1		
2		
3	Daibhi Reynolds (16)	SLP
4	Tom Patterson (13)	LKR
5	Isaac Popham-Coveley (14)	FOX

6	Owen Attwood (13)	WEY
7	Lorenzo De Bilio (12)	ROY
8	Conor Hartney (14)	RIC
9		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 13:44 > H2: 13:48 > H3: 13:52 > F1: 14:48 > F2: 14:52

170: H1 K2 Girls D 500

16.04.2023 13:56

1		
2		
3	O. Glennon J. Guest	SLP SLP
4	K. Guest E. Smyth	SLP SLP
5	M. Bates K. Holt	ROY ROY

6	K. Dixon I. Johansson-Ward	LBZ LBZ
7	L. Cullen E. O Halloran	SLP SLP
8	I. Ritchie J. Sargeant	WEY NOR
9		

9 BT in Heats 1-2 to Final

H1: 13:56 > H2: 14:00 > F: 15:08

171: H2 K2 Girls D 500

16.04.2023 14:00

1		
2		
3	E. Earls C. Guest	SLP SLP
4	M. Perrin R. Perrin	CLM CLM
5	E. Mcaulay L. Phillips	NOR NOR

6	N. Caffrey S. Shannon	SLP SLP
7	G. Gordon A. Strachan	SPS GLW
8	E. Roche A. Shannon	SLP SLP
9		

9 BT in Heats 1-2 to Final

H1: 13:56 > H2: 14:00 > F: 15:08

172: F K2 Mixed Men D/Masters C/D + Women D/W Masters C/D 500

16.04.2023 14:08

1		
2		
3		
4		
5	T. Sargeant S. Walker	NOR NOR

6	E. Taylor A. Want	NOR NOR
7		
8		
9		

F: 14:08

173: F K2 Mixed MenA/B/Masters A + Women A/B/W Masters A 500

16.04.2023 14:12

1		
2		
3	Z. Clark P. Miles	ROY RLS
4	L. Smith M. Warburton	LIN ROY
5	M. Johnson M. Johnson	CLM CLM

6	S. Bristow E. Montagna	ROY ROY
7	K. Brookes T. Dowden	WOR RLS
8		
9		

🕒 F: 14:12

174: F K4 Mini Kayak + Lightning A/B 500

Mini-Sprint Series 16.04.2023 14:16

1		
2		
3		
4	K. Ayran F. Barnett A. De Bilio J. Wade	FOX WOR ROY RDG
5	C. Blanchard J. Kirtland R. Kirtland I. Lambert	NOR BSF BSF LIN

6	H. Blanchard W. Carrington N. Nobbs W. Scoffins	NOR NOR NOR NOR
7		
8		
9		

🕒 F: 14:16

175: F K1 Paddle-Ability - Sun R2 500

Paddle-Ability Series 16.04.2023 14:20

1		
2		
3		
4	Jacob Mansfield (20)	4AS
5	Cassie Glaves (14)	4AS

6	
7	
8	
9	

🕒 F: 14:20

176: F1 K1 Boys A 500

16.04.2023 14:28

1	
2	
3	
4	
5	

6	
7	
8	
9	

🕒 H1: 13:08 > H2: 13:12 > H3: 13:16 > F1: 14:28 > F2: 14:32

177: F2 K1 Boys A 500

16.04.2023 14:32

1	
2	
3	
4	
5	

6	
7	
8	
9	

🕒 H1: 13:08 > H2: 13:12 > H3: 13:16 > F1: 14:28 > F2: 14:32

178: F1 K1 Boys B 500

16.04.2023 14:36


1	
2	
3	
4	
5	

6	
7	
8	
9	

🕒 H1: 13:20 > H2: 13:24 > H3: 13:28 > H4: 13:32 > F1: 14:36 > F2: 14:40


179: F2 K1 Boys B 500

16.04.2023 14:40

1**2****3****4****5****6****7****8****9**
 H1: 13:20 > H2: 13:24 > H3: 13:28 > H4: 13:32 > F1: 14:36 > F2: 14:40


180: F K1 Boys C 500

16.04.2023 14:44

1**2****3****4****5****6****7****8****9**
 H1: 13:36 > H2: 13:40 > F: 14:44


181: F1 K1 Boys D 500

16.04.2023 14:48

1**2****3****4****5****6****7****8****9**
 H1: 13:44 > H2: 13:48 > H3: 13:52 > F1: 14:48 > F2: 14:52

182: F2 K1 Boys D 500

16.04.2023 14:52

1**2****3****4****5****6****7****8****9**
 H1: 13:44 > H2: 13:48 > H3: 13:52 > F1: 14:48 > F2: 14:52

183: H1 K2 Girls A/B 500

16.04.2023 14:56

1**2****3** P. Cove | F. Scrivener

RIC | FOX

4 E. Bowles-Trow | S. Payne

ADS | CLM

5 E. King | G. Roeser

ROY | WEY

6 I. Bethune | M. Enoch


ELM | NOT


7 B. Perry | C. Ritchie

SOU | WEY

8 A. Bates | D. De Bilio

ROY | ROY

9
 1st-3rd + 3 BT to Final

 H1: 14:56 > H2: 15:00 > F: 16:36

184: H2 K2 Girls A/B 500

16.04.2023 15:00

1**2****3** Z. Herriot | A. Pyrz

SPS | SPS

4 H. Pemble | M. Pepper

ADS | LIN

5 M. Ball | A. Hutchinson


DEV | RDG


6 C. Fulford | H. Toovey

RDG | GLW

7 I. Hunter | T. Kubisch-Wiles

CAM | RDG

8**9**
 1st-3rd + 3 BT to Final

 H1: 14:56 > H2: 15:00 > F: 16:36

185: F K2 Girls C 500

16.04.2023 15:04

1		
2		
3		
4	C. Long E. Widdows	FOX NOR
5	L. Geddes H. Nagy	CDF RDG

6	P. Davison M. Dawson	LIN LIN
7		
8		
9		

🕒 F: 15:04

186: F K2 Girls D 500

16.04.2023 15:08

1		
2		
3		
4		
5		

6		
7		
8		
9		

🕒 H1: 13:56 > H2: 14:00 > F: 15:08

187: F V1 Para Men VL2/3 R3 200

Selection Race 16.04.2023 15:20

1		
2		
3	Stuart Wood (29)	PAR
4	Jack Eyers (33)	PAR
5		

6	Edward Clifton (37)	CLM
7	Shaun Cook (36)	NOR
8		
9		

🕒 F: 15:20

188: F V1 Para Women VL2/3 R3 200

Selection Race 16.04.2023 15:24

1		
2		
3	Jeanette Chippington (52)	PAR
4	Emma Wiggs (42)	PAR
5	Charlotte Henshaw (36)	PAR

6	Hope Gordon (28)	SPS
7		
8	Ellen Field (22)	PAR
9		

🕒 F: 15:24

189: H1 K4 Boys A/B 500

16.04.2023 15:36

1		
2		
3	E. Hunt O. Mazur S. Patterson S. Sroka	FOY RDG LKR LKR
4	P. Ehrnrooth A. Hunter-Hopkins D. Martin R. Toop	DEV DEV DEV DEV
5	J. Enoch A. Hinves N. Lamb H. Singleton	NOT SOU SOU NOT

6	I. Aveson T. Bullock W. Short A. Worgan	ROY EXE ELM ROY
7	I. Barritt F. Cramer L. Lovell B. Shipway	WOR SOU WOR SOU
8	L. Andrews L. Dixon J. Galliers S. Sparks	LIN LBZ LBZ RLS
9		

🏠 1st-3rd + 3 BT to Final

🕒 H1: 15:36 > H2: 15:40 > F: 16:40

190: H2 K4 Boys A/B 500

16.04.2023 15:40

1		
2		
3	S. Butterly C. Donnellan D. Reynolds S. Smyth	SLP SLP SLP SLP
4	T. Sales H. Sewell-Catchpole J. Taylor D. Walker	CAM NOR NOR NOR
5	F. Holt S. Medepalli D. O Connor J. Rayment	ROY RIC RIC LBZ

6	L. Boland L. Clancy S. Durkan B. Higgins	SLP SLP SLP SLP
7	M. Osmola S. Stevely W. Stevely R. Strachan	GLW SPS SPS SPS
8		
9		

🏠 1st-3rd + 3 BT to Final

🕒 H1: 15:36 > H2: 15:40 > F: 16:40

191: F K1 Senior Men 5000

Selection Race 16.04.2023 15:52

W11	Luke Shaw (23)	NOR
W12	Lewis Smith (20)	LIN
W13	George Durden (29)	ELM
W14	Drew Howells (18)	CDF
W15	Philip Miles (21)	RLS
W16	Ronan Foley (22)	SLP
W17	Jordi Eccles (26)	ANK
W18	Rory Dowling-Clarke (19)	SPS
W19	Timothy Dowden (21)	RLS
W20	James How (22)	NOR
W21	Ben Gallacher (22)	SPS
W22	Alex McIntyre (22)	CLM

W23	Benjamin Cabrera (19)	FOY
W24	Charlie Smith (24)	NOT
W25	James Russell (25)	NOT
W26	William Stroud (23)	CLM
W27	Stuart Bristow (26)	ROY
W28	Miklos Szabadvari (19)	RDG
W29	Matthew Johnson (26)	CLM
W30	Arthur Morley (18)	WEY
W31	Tom Lusty (28)	SOL
W32	Daniel Johnson (28)	CLM
W33	Finn Cadell (23)	SPS

🕒 F: 15:52

192: F K1 Senior Women 5000

Selection Race 16.04.2023 15:54

Y11	Eabha O Drisceoil (18)	SLP
Y12	Katie Brookes (20)	WOR
Y13	Zoe Clark (22)	ROY
Y14	Elise Montagna (19)	ROY
Y15	Hannah Brown (33)	NOT
Y16	Isla Bethune (17)	ELM
Y17	Becky Pemble (19)	ADS
Y18	Kerry Christie (19)	NOT

Y19	Samantha Martyn (22)	WEY
Y20	Lucy Guest (20)	NOT
Y21	Greta Roeser (17)	WEY
Y22	Rebekah Solway (24)	ELM
Y23	Olivia Geddes (19)	CDF
Y24	Melissa Johnson (25)	CLM
Y25	Jessica Urquhart (19)	NOT
Y26	Lucy Lee-Smith (25)	NOR

🕒 F: 15:54

193: F C1 Senior Men 5000

Selection Race 16.04.2023 16:04

W40	Jonathon Jones (26)	FLA
W41	Arthur Leech (23)	RIC

W42	Ben Phillips (24)	RIC
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🕒 F: 16:04

194: F C1 Senior Women 5000

Selection Race 16.04.2023 16:04

Y40	Bethany Gill (27)	CLM
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Y41	Anna Palmer (26)	RDG
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🕒 F: 16:04

195: F K2 Girls A/B 500

16.04.2023 16:36

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🕒 H1: 14:56 > H2: 15:00 > F: 16:36

196: F K4 Boys A/B 500

16.04.2023 16:40

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🕒 H1: 15:36 > H2: 15:40 > F: 16:40

Welcome

British Canoeing Sprint Racing National Regatta including selection events for Paracanoe and Seniors

Welcome to the first National Regatta of the year.

National Regattas are held under BC Sprint Racing Competition Rules and Terms/Conditions of Participation.

Covid Secure Mitigations

Covid code of behaviour

You must:

- Do not attend if you have COVID-19 symptoms, or have received a positive test result.
- Do not attend if you live in the same household as someone with COVID-19, unless you are fully vaccinated or aged under 18 years and 6 months.
- Please understand that social distancing may not be possible during a rescue or administration of first aid.

Distribution of promotion and MiniSprint certificates

Past Junior Promotion and Mini Sprint Certificates can be collected by Team Leaders from the Information Point in the Event Organisers cabin (near the foot of the Finish Tower) on Sunday.

Rescues and assistance

Before any Regatta Official physically assists a competitor on/in the water, they will ask whether any help is needed, or if the competitor can make themselves safe.

The safety of everyone on the water is paramount and, where possible, all necessary help will be provided.

Officials will ensure the safety of competitors before salvaging any equipment.

First Aid

Where possible those attending should self-administer first aid or receive it from their own coach. Coaches are advised to bring an appropriate first aid kit and PPE.

There will be first aiders and a paramedic on site to assist where required.

Please use the [National Regatta Incident Reporting](#) form to register any self-managed incidents.

Key Contacts

Chief Official

Paul Edwardes

regatta.chiefofficial@vol.britishcanoeing.org.uk

Competition Queries

Cathy Wynne

sprintregatta@outlook.com

Volunteer Coordinator

Ann Hoile

regatta.volunteercoordinator@vol.britishcanoeing.org.uk

New for 2023

Parking

There are new directions from Serco (the HPP managers) related to traffic flow, parking, boat storage, and patio lawn use charges.

Access to parking is via the Main Car Park entrance then, at the Elms Gate (at what3words ///foods.stored.rungs) turn right on to the new one-way system. The exit will be via the Ski Tow gate (at what3words ///secret.engage.universally).

Use of the Boathouse entrance is restricted to Paddle Ability, Regatta Officials, and Paracanoe. However, long trailers can be parked (with one tow vehicle) near the boatsheds. Standard charges for the vehicle (see below), but no extra for the trailer.

Boat racks are also available near the boathouse and are free to use on a first-come first served basis. It is understood that there is space for approx. 500 boats.

Participant parking will only be allowed on the grassy bank on the south side of the lake. There will be no parking in front of the concrete stepped area near the Patio Lawn.

Please be mindful of others when erecting gazebos, windbreaks, etc and do not block/take up parking space.

Parking will be charged on entry at £5.00/day (or £9.00 for 2 days), with payment by cash or card to the Serco-contracted marshals.

Additionally, clubs/participants using the Patio Lawn by erecting gazebos, etc will be charged £25. This must be pre-booked by email through: cindy.appleby@serco.com. Please, do not store boats on the patio lawn.

Facilities and catering

The café will be open for breakfast from 7.00 am and will have hot food available until 4.00 pm, but will remain open for snacks and drinks until 6.00 pm. Alcoholic drinks will also be available.

Information point

We will not have a Secretary's Desk at this Regatta. Promotion certificates, Canoe Sprint and Marathon 2023 Handbooks and **sets of Lane Numbers** at a cost of £45 can be purchased from the Information Point at the Event Organisers' Cabin, below the main building near the Finish Tower.

Communication

All information regarding the event will be posted on the [SRC website](#) and the [National Regatta site](#) as with all regattas. The Programme for this event will only be available online from the SRC website link above. The Start Lists will be 'live' and updated during the regatta on the National Regatta site.

Regatta organisers will use one-way WhatsApp to disseminate important information during the event.

Scan this QR code to join this WhatsApp group

National Regatta
WhatsApp community



Contacting Officials: If a Team Leader has a crew change, a scratch or a question, please use one of the following online forms:

[Crew boat changes](#)

[Withdrawal/scratches](#)

[General enquiries and questions](#)

[National Regatta Incident Reporting](#) - only monitored over the Regatta Weekend

Access to the Finish Tower and Bridge level of the Main Building is restricted to Regatta Officials. Team Leaders will be granted access **only when called** to meet with a Regatta Official. **DO NOT** enter via the Centre Building, access only via the external stairs on the Tower.

Protests

A protest made during a competition must be in written form. A verbal protest will not be recognised. A protest addressed to the Competition Committee can be emailed to the Chief Official on regatta.chiefofficial@britishcanoeing.org.uk a fee of £15 will be applied when a protest is not upheld.

A protest regarding the published result of a race must be made within 20 minutes of that result being published. A protest following a disqualification must be made within 20 minutes of the coach or athlete being informed of the disqualification.

Intermediate Sprint Kayak (U14) K1 Event Series

Boys Intermediate Kayak (BIK) and Girls Intermediate Kayak (GIK)

Following the review of the Intermediate races in 2022, this year, we are further developing the Intermediate Series by introducing K2 events over 200m and 500m

Once paddlers have achieved the qualification time for a Junior D class they will be promoted and no longer be allowed to race the BIK or GIK classes.

BIK and GIK paddlers will be allowed to race in D class K4 crew boats if 50% of the paddlers in the crew boat are of the D class.

MINI and LTB events

The LTA class has been renamed as MINI to reflect that paddlers may use a Mini-kayak or Lightning boat. MINI time bands match the existing LTA time bands, which remain unchanged. Paddlers in the MINI class can use Mini-kayak or Lightning boat, but not a full-sized racing boat. As last year, the K1 events will alternate between 200m and 500m each regatta from April to September.

Lightning B will remain unchanged, competing with Lightning boats only.

Shared early morning use of the course

If you plan to warm up on the course before the Competition starts, please be aware that for some of the warmup sessions, rowers could be training on the lake between the 1000m and 2000m marks. They will travel down past the 1000m start in Lane 10 and return to the Boathouses using Lane 0. To avoid any potential disturbance from the rowers, please warm up in the area between lanes 1 to 9 from the Finish Tower to the 1000m Starts, until the rowers leave the course.

If you are parking a trailer on the hardstanding in front of the Boat Houses, please keep a look out for rowers carrying boats crossing this area to reach the boathouse and their coaches on bikes.

Check, Clean, Dry

There are important steps we can all take to help stop the spread of invasive species. If you follow our simple Check, Clean and Dry steps below, you'll be making big steps forward in protecting the natural habitats of our rivers, canals and waterways. Regardless of the type of canoeing

you do, whether competitive or recreational, inland or coastal, the chances are that you take your canoe/kayak onto different watercourses where there is a chance you may come in contact with these harmful species.

- Check you're not carrying living organisms.
- Clean all equipment, clothing, and shoes.
- Dry equipment and clothing carefully.

Social Media

Why not subscribe to our Instagram accounts, **canoesprintUK**, or Twitter account, **canoesprintUK**, where we'll be sharing sprint-related photos and videos going forwards.

As we are working to increase the social media presence of Sprint Racing nationally, please, use the following hashtags alongside any photos or videos that you publish on social media ahead of, during, and after the National Regattas.

Hashtags	#nottsregatta #canoesprintlegends
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Event Security

The National Water Sports Centre has asked us to raise awareness about Security at the event.

Please, ensure that you do not leave your belongings unattended during the weekend. Please, also keep your car locked when unattended.

If you see anyone acting suspiciously, please, report it immediately to Reception on 0115 982 1212, any Regatta Official, or at the Information Point.

Information for Team Leaders

What do I need to do if I am appointed as my Club's Sprint Team Leader?

- contact the Regatta Committee with your contact details and request a password to access the online entry system by emailing regatta.chair@vol.britishcanoeing.org.uk
- update your club's officials to include their contact details (email address and mobile number)
- maintain the paddler records for your club
- register new paddlers before the deadline for each regatta
- coordinate with Team Leaders from other clubs for mixed club crew boat entries

- submit entries for your club's paddlers once entries are open for a competition. Entries can be added incrementally at any time up to the entry deadline at which point all entries that have been made become your submitted entries
- once your club's entry for a regatta is completed, or the deadline past, arrange payment of the entry fees. The online entry system will calculate the total and give you a breakdown for each of your paddlers
- respond to entry queries raised by the Regatta Committee

What are my responsibilities as a Team Leader?

As a Team Leader for a club, you take on certain responsibilities for the paddlers from your club before, during and after the regatta weekend. This covers several areas including:

- ensuring paddlers hold a current SCA/CNI/CanoeW or BC 'On the water' membership before submitting their entries.
- submitting and paying for entries.
- attending the Team Leaders online meeting on the Tuesday evening before the regatta.
- monitoring the Team Leaders Broadcast WhatsApp group.
- briefing your paddlers about regatta rules and informing the parents/guardians of Juniors of these where appropriate.
- ensuring that all your club paddlers have achieved the relevant standard (time and proficiency) to compete at National Regattas.
- ensuring that all paddlers are able to swim at least 50 metres.
- ensuring that paddlers are suitably dressed for the conditions prevailing at the time of the event.
- ensuring that paddlers entered for events are competent to handle the prevailing conditions and can manoeuvre their craft. All paddlers must have been taught what to do in the event of capsize.
- ensuring that boats racing from your club carry additional buoyancy and are water worthy.
- ensuring that all paddlers wear buoyancy aids when requested by the Competition Committee in adverse weather conditions.
- ensuring that paddlers are on the water with enough time to make their start times, visibly wearing their club colours and displaying the correct lane number for their race.
- resolving issues that are raised by the Competition Committee. Where required, you will be asked to come to the top of the Finish Tower (via the external stairs), you will be called there by the Commentary Team and via WhatsApp broadcast.
- completing Incident Report Forms for any accidents/incidents involving attendees from your club that have occurred during the regatta.
- advising Juniors D's who have been promoted that they need to become British Canoeing members and update the paddler database with their membership number.

- encouraging paddlers to shower after using the Regatta Course and ensure that all cuts and abrasions are covered with waterproof plasters before proceeding on the water. An NWSC guide to water-related illness is available from the NWSC reception desk.

You will be responsible for ensuring that your club's entry fees are paid as soon as possible after the entry deadline, these **must be paid no later than 15:00 on the Day before the regatta**.

As these regattas cost a lot of money to run, we need to ensure that entry fees are paid promptly. **If payment isn't received by 15:00 the Day before the regatta, your paddlers will not be able to compete.**

If the regatta, or part of the regatta, must be cancelled or is delayed due to weather conditions, or other circumstances outside of our control, unfortunately, we will not be able to refund entry fees.

When is the Online Team Leaders' meeting?

The Online Team Leaders' meeting will take place at **8pm Tuesday 11th April**. It will be open to Team Leaders who should sign in via the chat feature at the start of the meeting. Please review the Event Briefing (distributed with a recent Regatta Bulletin) before the meeting and pass on the relevant information to your club members attending the regatta. The meeting will start with a review of the technical information for the regatta including any competition changes being implemented, followed by a review of the deletions and any name changes submitted via the online form since the publication of the Start Lists. Agreed changes resulting from this meeting are then made to the programme, which is then re-issued to the officials running the regatta.

Any additional crew changes or scratches occurring after the Team Leaders' meeting must be submitted via the online forms:

[Crew Changes](#)

[Withdrawals/Scratches](#)

at least 60 minutes before the race.

What additional rules do I need to know?

In addition to the rules outlined in the *Information for Competitors'* section which follows you also need to be aware of the following.

Ensuring adequate buoyancy

BC Sprint Racing Competition Rules require that following a capsize, all kayaks and canoes must be able to remain floating level with the surface of the lake when filled with water while supporting the weight of the crew. It is your responsibility to ensure that all your paddlers have the correct buoyancy fitted in their boats. Buoyancy will be checked. Any boat other than with sealed bulkheads which visibly has insufficient buoyancy fitted, will not be allowed on the water until additional buoyancy is added. If a boat is found to have insufficient buoyancy at Boat Control after racing, this will be reported to the Competition Committee and will result in Penalty Points being issued to the paddler.

You should also ensure that all your paddlers always bring buoyancy aids/life jackets with them. Should the weather conditions on the Regatta Course prove inclement, it may become necessary to introduce the mandatory wearing of Buoyancy Aids/Life Jackets for some or all paddlers. All the time this is a requirement an Orange Flag will be displayed on the Flagpole by the Finish Tower. In these circumstances, competitors will not be allowed to go afloat without buoyancy aids/life jackets that conform to BS EN ISO 12402-5. The use of spraydecks is also strongly recommended for all sprint competitors when the Orange Flag is displayed.

Ensuring paddlers have British Canoeing Membership

All competitors from your club need to be current full members of British Canoeing. The only exception to this is Junior club associate members ranked in Girls D, Boys D, Intermediate's or Mini-Sprint classes

Junior paddlers who are associate British Canoeing members, when promoted to 'C' or above, must then become a full 'On the Water' member of British Canoeing before the next regatta.

Please update your club paddlers' Paddler Registration details with the new British Canoeing number once promoted to Junior C

Penalty points and disqualification

You are asked to ensure that your club competitors are aware of and accept the racing rules and terms/condition of participation. Penalty points will be incurred, or disqualification may occur, for those paddlers ignoring the regatta rules. The rules are intended to ensure the fair, safe and efficient running of the regatta.

In instances where penalty points have been awarded, or where disqualification has occurred, you may be asked to meet with the Competition Committee at the top of the Finish Tower, and to relay the outcome to the relevant paddler(s). A statement of the currently active penalty points will also appear in the official results that are published shortly after the regatta.

Am I responsible for my club members' parking?

Please take an active role in ensuring that your club members and supporters observe the car parking rules outlined in the *Information for everyone* section below.

Information for Competitors

How is the course laid out?

The layout of the course is shown on the diagram on the back page of this Guide and the Regatta programme. Please take time to familiarise yourself with the course and the areas where you are and are not allowed to paddle.

Can I use the course to warm up before my race?

Once the safety boats are on the water, you are welcome to use the regatta lake to warm up. No paddling is permitted

on the lake without appropriate safety cover being in place. Safety boats will be in place from 7:45 am on Saturday, and from 7.00 am on Sunday. The safety boats will stay on the course until shortly after the last race on each day.

Please do not go too far down the course as we are unable to provide effective safety support to you. Remember too that you are not allowed to practice in the race area.

Can I practise starting from a gate?

If you have not used the start gates before, or if you would like a refresher on how to line yourself up into the buckets, we will be holding open practice sessions at the start of Saturday. See the timetable for details.

Are there any rules I need to know?

The National Sprint Regattas follow a detailed set of rules. The British Canoeing Sprint Racing Competition Rules and the National Sprint Regatta Terms/Condition of Participation. These can be read in full in the annual Canoe Sprint & Marathon Handbook. This can be purchased at the Information Point in the Event Organisers cabin (near the foot of the Finish Tower).

A few specific rules that you need to be aware of have been included in this *Information for Competitors'* section. These rules help with the fair, safe and efficient running of the regatta.

What are the minimum boat weights?

In sprint racing, there are minimum weights for boats (*BC SRC Regulation 9*). These vary according to the class of boat.

K1 12kg C1 14kg

K2 18kg C2 20kg

K4 30kg C4 30kg

Paracanoe: K1 12kg; V1 13kg (inc. hull, ama & iako)

It is your responsibility to make sure that your boat is at least that weight or heavier and to bring with you any additional weights that you need. If your boat requires additional weight to be added this must be firmly attached to your boat, a loose bag of stones or sand tucked under the seat is not acceptable. The weight of your boat is the weight measured using the Boat Control weighing scales on the day of the regatta, not the scales at your club or your kitchen scales at home, so please don't argue with the Boat Control officials. Boat Control is based at the bottom of the tower.

If you race in an underweight boat you can be disqualified.

At a National Sprint Regatta, you are not obliged to have your boat weighed before your race, although this is recommended, and you can do this at any time when the Officials are not busy weighing boats from a race. However, you may be called into Boat Control immediately after your race, which means going directly to the Boat Control pontoon, after crossing the finish line, for your boat to be checked.

You should also be aware that the weight of your boat may change depending on the temperature. Boats are lighter on a hot day, so if you are in doubt about the weight, especially

if the weight is close to the minimum permitted weight, play safe and weigh your boat before you race.

What if my boat is too heavy?

The bottom line is it doesn't really matter. Too many athletes worry about being at a disadvantage if their boat is heavier than the minimum required weight, so much so that some will try to race with an underweight boat.

How a boat travels through the water depends on a lot of things including the shape of the boat's hull, the displacement of the water, how high your seat is and your overall centre of gravity and, not least, your own ability and paddling technique. So, for example, if your K1 weighs 12.0kg, 12.5kg or anything in between, it's not going to make much difference to your overall performance, so don't get hung up about it.

Why do I need a lane number?

Your boat must display a white lane number board showing the lane number in which you are racing. The number boards help the officials to run the regatta effectively and to ensure the accuracy of results.

Your lane number is likely to change from race to race, so make sure you are displaying the correct number before you paddle to the start of your next race. Your Team Leader should be able to provide you with the required number board. Sets of White Lane Numbers are available for sale from the Regatta Information Point. Paracanoe athletes can collect boat numbers from the Paracanoe boat bays.

Why do I have to race in my club colours?

You are racing for your club and therefore need to wear your club colours. If there are queries with your race, the club colours help us to easily identify specific paddlers. This in turn allows us to resolve any issues and to contact the relevant club team leaders if required. It also allows us to post the race results more quickly.

How do I know if I have to wear a Buoyancy Aid/Life Jacket?

If weather conditions deteriorate during the regatta weekend, you may be required to wear a Buoyancy Aid/Life Jacket. If this is required, an announcement will be made on the Public Address (PA) System and by WhatsApp broadcast to inform you which classes of paddlers, or all paddlers, must wear them as a mandatory requirement. A further announcement will be made when the requirement is rescinded. While the requirement is in force an Orange Flag will be displayed on the Flagpole by the Finish Tower.

All Buoyancy aids/life jackets must conform to BS EN ISO 12402-5.

How much buoyancy do I need in my boat?

BC Sprint Racing Competition Rules require that following a capsize, all kayaks and canoes must be able to remain level on the surface of the water when filled with water and support the crew.

You, therefore, need to ensure that there is visible additional buoyancy fitted in your boat before you get on the water. This may be checked during the regatta. Any boat that does not have visible buoyancy material fixed in the boat will not be allowed on the water until additional buoyancy has been added. If your boat is found not to have the required buoyancy at Boat Control, after racing, this will be reported to the Competition Committee. Disqualification or penalty points will be applied.

Where do I get on and off the water?

Paracanoe athletes will access/egress the water via the pontoon in front of the paracanoe boat sheds.

All other athletes will access the water via the pontoons at the end of the lake or from the pontoon opposite the seats by the tower. Please be aware of others using the pontoons.

Athletes called for boat control will be able to egress the water on the pontoon by the tower. Paracanoe athletes may exit from the paracanoe pontoon if required although must always stay in view of officials.

All other athletes should egress at the end of the lake or from the pontoon opposite the seats by the tower.

How do I get to the start and when should I arrive?

Leave yourself enough time to get to the start line for your race, paddling slowly in Lane 0. This is the lane closest to the regatta centre.

Aim to arrive in the starting area five minutes before your race time and ideally get yourself lined up in the correct lane. The starting area runs from the start line itself to a set of blue buoys placed 100m beyond each start line. Please don't go too far away from the starter, as you'll need to be able to hear when your race is called. Regatta race time is displayed on a large digital clock, which is placed on the bank next to the starter's hut.

What happens at the start?

The starters will call you to the start line by the number of your race, remember your race number! Then the lane number for each competitor in that race. On windy days, it can sometimes be difficult for the lanes furthest away from the starter to hear these requests, so keep aware of what's going on around you and ask other paddlers if you are unsure.

When your race is called, you will be asked to move towards the start buckets and to stop and hold off about 5-10m away from the buckets. When the timing team has given clearance for the next race to proceed, the starter will then ask you to come into the buckets. Please listen carefully to the starter's instructions at this point. You will hear these clearly from the loudspeakers next to each bucket.

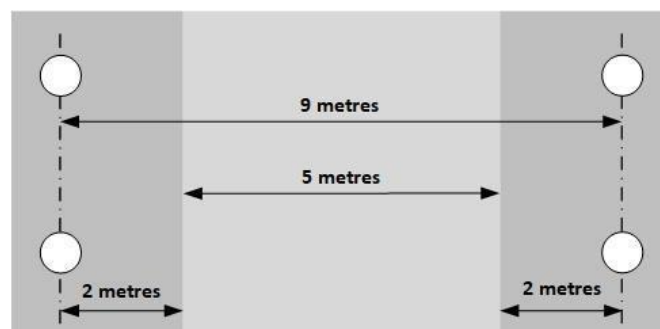
If you miss your start, you may not be allowed to race.

Remember that there are races starting every 3 or 4 minutes throughout the day. This leaves very little time to delay the start of any race.

Why do I have to stay in the centre of my lane?

The simple reason is you must not get yourself in a position where you interfere with the progress of, or seek to take advantage of, other competitors.

BC SRC Regulation 26 states that your boat must stay within the five-metre-wide central area of your lane from the start to the finish of the race. If your boat moves out of the centre five metres, you must immediately take action to return to the central area or if it's judged that you have gained an advantage. You can be disqualified. See the following diagram. *BC SRC Regulation 27* states that you are not allowed to take pace from other boats, so staying in the centre of the lane helps you avoid the temptation to try and wash hang. The way to make the race as fair as possible for every competitor, especially if you are racing side-by-side, is to stay within the central five metres of your lane.



We do appreciate that in certain weather conditions, you can easily be pushed off-centre by the wind and water turbulence and this is quite understandable. We expect you to make every effort to remedy the situation and get back to the centre of the lane as soon as possible.

If you deviate outside the central five metres, the race Umpire is required to report this to the Competition Committee in the Tower. The decision as to whether you are disqualified or not will rest with the Competition Committee and will probably depend on whether you gained an advantage from the deviation.

In summary:

- if your boat deviates from the central area of the lane, you must go back immediately to this central area of the lane.
- if your boat leaves the centre of the lane and does not return to it, you may be disqualified from the event.
- if your boat leaves its allocated lane, you will be disqualified from the race.

Additionally:

- if you capsize during the race, you will also be eliminated from the race (except in races of more than 1000m – Rule 28.4).
- if you break a paddle during your race, you may not be provided with a new one by a supporter (except in races of more than 1000m – Rule 28.6).

Umpires may interrupt a correctly started race if unforeseen issues arise. The umpire will announce this with a red flag and may sound a signal to advise you of such an interruption. Competitors must immediately stop paddling and await further instructions.

Why am I not allowed to be paced or to sit on someone else's wash?

BC SRC Regulation 27 states that taking pace or receiving assistance from boats not in the race or by any other means is not permitted.

When a race is in progress, crews who are not taking part in the race are strictly forbidden to proceed over the whole or part of the course, even if outside of the lane marking buoys. This includes making a wash even from outside of the marking buoys. Or following alongside a race, while paddling in the access lane, and crossing the Finish Line in the access lane while a race is in the process of finishing. This can obstruct the view of the Judges and certainly distracts their attention when they're trying to concentrate on the race itself. Giving pace or any other assistance, including coaching, could result in the boat which it appears is unfairly supported being disqualified from their race.

Why are there motorboats on the course?

There are normally three Umpire launches on the water throughout each regatta.

The Umpires will follow races down the course, or in the case of 200m races, sit at either end of the course to observe these races. They are responsible for the race once it is underway and have a duty to report any possible rule infringements during the race to the Competition Committee in the tower.

In addition, the Umpire and the Umpire launch will assist paddlers in the event of a capsize, or when necessary, give directions to evacuate the lake in the event of an electric storm.

The launches use Lane 10 to move around the course, this is the lane which is the furthest away from the tower. The launch drivers are very aware of the impact of their wash on your paddling and aim to minimise this as much as possible.

What happens at the finish?

At the end of each race, please move away from the finish line as quickly as possible. Remember that there can be multiple races on the course at any one time and that other races may finish very shortly after your own.

In most races, Boat Control will inspect one of the boats, selected at random. In the races that are designated National Championship Finals and some selection events, the first four across the line will all be called to Boat Control to be checked.

The commentary team will advise you which boat(s) needs to go to Boat Control. The Boat Control team will also display the lane number(s) of these boats on the pontoon immediately below the tower.

If you are called to Boat Control, please go there immediately following your race. If you don't you can be disqualified from the race.

What happens if I get called to boat control?

Boat Control inspects boats in accordance with *BC SRC Regulation 12*. This means you must remove every single

loose item from your boat before it is weighed. Typically, this includes things like:

- the white number board
- the spraydeck
- the foam on your seat, especially if it is absorbent
- any stones or weights that are now loose, having broken loose during the race, even though they had appeared to be fixed and firm when you started the race
- sponges, chamois leathers and any other absorbent item that may be under your seat
- canoe knee rests (fixed knee rests must be dried)
- residual water

Athletes will be expected to empty their own boat of water, remove all loose fittings, lane number and spray deck before positioning their boat on the scales.

All athletes should expect their boats to be checked during the event. Boats will be selected at random from each heat and final, the lane number will be announced and displayed on the board at the Finish Tower pontoon. If your boat is found to be under the required weight or lacking sufficient buoyancy, then this will be reported to the Competition Committee, who may apply a penalty.

Can I warm down?

You may warm down by turning carefully below the Finish Line and outside of the finish area (a 'D' shape marked by buoys and flags) then proceeding back to behind the start line SLOWLY down Lane 0, the lane closest to the Regatta Centre Building. DO NOT re-enter any of the racing lanes.

How do I find out if I've qualified for a final?

The times from each heat are processed very quickly after each race. Once the Competition Committee has received confirmation from the Umpire and Boat Control that no rules have been broken or resolved any issues where they have, these times are then displayed on the main scoreboard. Results of all races and draws for finals, will be published online via the Live Results Service, the Regatta Organisers will try to back this up via one-way WhatsApp.

Once all the heats in a class have been completed, draws for each Final are made. Mostly these are based on time. Depending on the number of entries in each class, there may be more than one Final.

The only exceptions are Men's A or A/B, Women's A or A/B, Boys A or A/B and Girls A or A/B events or if classes are for Senior Men, Men U23, Boys U18, Senior Women, Women U23, and Girls U18. These events are based on the finishing place within each heat. The progression from heats to finals for all events is shown beneath the heading for the heats in the Start List.

You will need to check if you have qualified for a Final in your class. Details of who is in each final, and their lane numbers, are displayed on the Live results service. **Please wait at least 15 mins after the last heat before checking the details of lane draws for the resultant finals.**

Can I obtain the race results on my mobile phone?

The Unofficial Results can be obtained during the regatta from regattaresults.org.uk.

This service, which is available during the regatta, enables you to view the provisional results directly on your phone throughout the regatta. The results are updated in near real-time shortly after the results for each race are released.

The service enables you to scroll up and down through the results very quickly. Just refresh the webpage every now and again.

To access this service, navigate to regattaresults.org.uk.

Remember that it will only work during the weekend, as and when the unofficial results are made available. After the regatta, the official results will be published on the website: <https://canoesprint.org.uk>

How do I find out if I've been promoted?

Promotions between classes are calculated during the Regatta weekend and are based on several factors. If you have been promoted, details about this are included in the published set of Official results. These are available on the Sprint Racing website at <https://canoesprint.org.uk/archives/national-regatta-results/> shortly after the event. The availability of these results is also notified on our Facebook group page called *BC Sprint Racing Committee*.

Is there an event welfare office I can speak to?

You should feel safe enjoying your sport. If you are worried about how you or someone else is being treated at the event by another young person or adult, there is someone you or your parents/carers or coach/leader can talk to. Please speak to our Event Welfare Officers:

Helen Callow Tel: 0745 6418254
or Louise Clive Tel: 07816 786987

If Helen or Louise are not immediately available, you can also contact any of the following:

British Canoeing Safeguarding Lead:

(For anyone wishing to report a safeguarding incident or concern) Tel: 0115 8655354
(if calling out of office hours, leave a message and your call will be responded to as soon as possible the next working day)
or Email: safeguarding@britishcanoeing.org.uk

Home Nations

Scottish Canoe Association Safeguarding Officer

Andy Murray Tel: 01887 292040:
Email andy.murray@canoescotland.org

Canoe Wales Lead Safeguarding Officer

Cath Sykes, Tel: 0708 683984: Email childprotection@canoewales.com

CANI Safeguarding Officer

Stephen Craig or Louise Wallace:
Email: safeguarding@cani.org.uk

For immediate confidential advice (24hr Helplines) contact:
NSPCC Child Protection Helpline Tel: 0808 800 5000
Childline Tel: 0800 1111

The British Canoeing Safeguarding Policies and Guidance documents, including other related information, are available at www.britishcanoeing.org.uk.

National Regattas are held under BC Sprint Racing Competition rules and Terms/Conditions of Participation.

How do I enter future events?

Race entries are submitted by the Team Leader for your club, so let your Team Leader know if you would like to enter any future events. Team Leaders will then submit their club's entries online with payment to British Canoeing.

Where can I find event schedules for future regattas?

The event schedule for each of the National Sprint Regattas is published in the Canoe Sprint & Marathon Handbook, which can be accessed from <https://canoesprint.org.uk/governance/racing-handbook/>

Small changes to event schedules can occur in the weeks leading up to each event. Any changes are published on the Sprint Racing website. The availability of updated versions of the schedule, and other news items for Sprint Racing, are also notified on our Facebook group page called *BC Sprint Racing Committee*.

What do I need to know about regatta liability?

The regatta will endeavour to provide a safe environment within the Water Safety Code. You are specifically reminded that anyone using the lake and the adjoining river does so entirely at their own risk. Please note the following *BC Regatta Liability Statement*.

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. In all cases, competitors compete entirely at their own risk.

Each of the Regatta Organisation, the Sprint Racing Executive, and British Canoeing exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

Regatta entry conditions

Regatta Entries are accepted on the basis that each competitor is aware of and has accepted the above conditions.

Weil's disease/Leptospirosis

As with all water sports activities, if you capsize and after a few days you think you may have an infection or flu-like symptoms, please go to your doctor and tell them you are a canoeist. There may be a risk of Weil's Disease / Leptospirosis, which must be swiftly diagnosed and treated. Do also be aware of Lyme's Disease, which is an infectious

disease caused by bacteria, which is spread by ticks. The most common sign of infection is an expanding area of redness on the skin that begins at the site of the tick bite about a week after it has occurred. Please do report any cases to the BC Office as they monitor occurrences and identify areas that pose a risk to canoeists. Tel: 03000 119 500 or on-line via

<https://www.britishcanoeing.org.uk/access-and-environment/access-to-water/incident-reporting>

Can I get involved with helping to run the regatta?

Of course! We are always pleased to have extra people to assist during the regatta weekends. If you would like to learn a new skill, or just want to help, we would love to hear from you.

It might surprise you that the National Sprint Regattas are run entirely by volunteers. Although a lot of planning work is done prior to each event, during each regatta weekend approximately 50 people are involved in a wide variety of roles to keep the regatta on schedule. These roles include:

- programme planners
- computer room data inputters
- runners
- administrators
- motor boat drivers
- course umpires
- boat weighers
- starters
- commentators
- line judges
- photo finish operators
- scoreboard operators
- K4 shed boat controllers
- promoters (and demoters)
- medal presenters
- first aiders
- competition judges

We're always looking for additional pairs of hands to help things run efficiently and are very flexible with the amount of time you can commit during the weekend. If any of the above roles capture your imagination, or you are just interested in finding out what we do, we can introduce you to and train you in any of these roles. Pop up to the Information Point in the Event Organisers cabin (near the foot of the Finish Tower) and ask to speak to Ann Hoile.

Can I follow the race by bike or scooter?

The National Water Sports Centre (NWSC) allows cyclists to use the towpath on both sides of the regatta course when weather conditions permit and at their own risk. Cycling, skating, rollerblading and scootering is however not allowed in the main areas around the regatta centre. A dedicated cycle path has been set-up to allow cyclists to follow the race to the finish line.

Coaches/supporters must be conscious of those around them, including the general public, and should only follow races in which they have athletes competing.

Cyclists are required to dismount to pass the main regatta tower. We encourage you to follow the NWSC's Towpath Code for Cyclists

- always give way to pedestrians and service vehicles
- use your bell to alert other people of your approach, particularly if approaching from behind
- be prepared to stop, dismount and push your bike past walkers, particularly when families and young children are present
- take special care if dogs or other animals are present
- ride in single file and not in more than groups of four
- keep your speed down and never race along the towpath
- keep to the paths and minimise path erosion by not skidding
- wear an approved safety helmet

Remember that you are responsible for your own safety and the safety of others.

Are there any guidelines for taking photographs or filming racing of young people?

We encourage you to follow the British Canoeing guidelines, which provide sensible advice, whilst recognising that publicity and pictures/ recordings of young people enjoying paddle sport are essential to promote the sport and a healthy lifestyle.

The key concerns regarding the use of images of children and young people relate to:

- the possible identification of children when a photograph is accompanied by personal information
- the inappropriate use, adaptation or copying of images for use on child pornography or illegal website
- the taking of inappropriate photographs or recorded images of children

Guidelines for taking photographic/recorded images

- ensure parents/guardians and the young person have granted their consent for the taking and publication of photographic images
- all children featured in recordings must be appropriately dressed in outer clothing garments covering the torso from at least the bottom of their neck to their thighs, i.e. a minimum of vest/ shirt and shorts
- the photograph or recording should focus on the activity rather than a particular young person. Personal details, which might make the young person vulnerable, such as their exact address, should not be revealed
- clubs, coaches and volunteers should be allowed to use video equipment as a legitimate coaching aid and means of recording special occasions. Care, however, should be taken in the dissemination and storage of this material
- you should not use any images of a child or young person who is the subject of any court order or who has denied you their consent
- parents and spectators taking photographs/recordings should be prepared to identify themselves if requested and state their purpose for photography/filming

- any instances of the use of inappropriate images should be reported to the Club, British Canoeing or the Police

Guidelines for publishing photographic/recorded images

- if a photograph is used, avoid naming the child by using their first name only. Personal details of children such as email address, home address and telephone numbers should never be revealed on a website or in print
- think about the level of consideration that you give to the use of images in all publications, for example, the process used in choosing photographs for a publicity brochure for the club. Apply an increased level of consideration to the images of children used on websites

Information for Everyone

Are there any parking restrictions?

The National Water Sport Centre does place some restrictions on where vehicles can park around the venue. Parking marshals will be on hand to guide you to the right locations. Please follow their directions as to where to park.

The main area for competitors is Grassy Bank on the south side of the lake, with an overflow car park behind the Grassy Bank. Access to the overflow Car Park B is further down Adbolton Lane past the Centre's Main Entrance.

The pontoons and access road in front of the Centre on either side of the Finish Tower is either designated 'Reserved' parking or a 'No Parking Area'. Please note that for your safety there is a 'Pedestrian only' area in the vicinity around the Tower.

Please see the lake circulation plan on the back cover of the Regatta guide or Regatta Programme for full details.

Access for emergency vehicles must NOT be impeded.

Please pay attention to keeping the access roads clear near the Centre Buildings.

All vehicles should be parked responsibly, safely and without causing an obstruction.

At certain times during a competition, it may become necessary for safety reasons to restrict the movement of vehicles on parts of the access roads around the course. Notice will be given if this is required.

Are there charges for parking?

Participant parking will only be allowed on the grassy bank on the south side of the lake. There will be no parking in front of the concrete stepped area near the Patio Lawn. Please be mindful of others when erecting gazebos, windbreaks, etc and do not block/take up parking space. Parking will be charged on entry at £5.00/day (or £9.00 for 2 days), with payment by cash or card to the Serco-contracted marshals.

Follow the Marshals' instructions when parking alongside the lake and allow space to support social distancing

Can I camp overnight or set up my motorhome or caravan on the regatta site?

The National Water Sports Centre's camping licence only includes the campsite and ski tow camping areas. Tents, motor homes, caravans or vans found anywhere other than these camping areas will therefore be removed, as they will be in breach of NWSC's licence.

Can I have a BBQ?

No, BBQs are not allowed on the Regatta site.

What should I do if there is an accident or emergency?

During racing hours medical and first aid facilities are provided on-site. Medical facilities are intended to cover emergencies only. Medical support provided by a Paramedic as well as First Aid volunteers is available in the First Aid Cabin which is located below the main building opposite the Finish tower. Alternatively, contact the main reception desk in the main building (0115 982 1212) or any Regatta Official.

All accidents and emergencies must be reported to the Regatta Organisers as soon as is practicable using the [National Regatta Incident Reporting form](#). On the advice of the Paramedic, additional medical support will be requested if necessary. The Paramedic will also ensure that the Regatta Organisers, Chief Official and Main Reception Centre are made aware of any incidents. The online Incident Report Form MUST be completed by the Team Leader of the appropriate clubs for all accidents, collisions, near-miss incidents.

Emergency numbers	999
Emergency Services	0115 977 3078
Police, Nottinghamshire Authority	npa@nottinghamshire.pnn.police.uk
NWSC Reception Office	0115 982 1212
NHS Direct	0845 4647

National Water Sports Centre, Holme Pierrepont Country Park
Adbolton Lane, Nottingham, NG12 2LU

What is the BC Regatta Policy and Code of Conduct?

The British Canoeing Sprint Regatta Committee is fully committed to safeguarding the well-being of its paddlers, officials, volunteers and coaches. We ask that everyone shows respect and understanding to each other, conducting themselves in a way that reflects the principles of the event. We believe that taking part in paddle sports should be a positive and enjoyable part of both children's and adults' lives and that all paddlers should be able to improve their performance and have fun. The BC Regatta Committee also adopt and regularly review a Health & Safety Policy.

Everyone involved in the event should abide by the British Canoeing *Rules, Code of Conduct and Policies*, and to achieve this we have the following expectations:

Everybody

- always use correct and proper language
- set a good example by applauding performance of all paddlers
- always treat others with respect
- be considerate and respectful to other paddlers on and off the water, treating all paddlers as you would want to be treated yourself
- control tempers and avoid behaviour which may inconvenience or upset others
- co-operate with and listen to your coaches, team leader, volunteers and parents/carers and officials
- be on time for the event and your races or inform your team leader/coach if you are going to be late
- take care of all property belonging to the centre, regatta, clubs or members and the public
- junior paddlers are not allowed to smoke or consume alcohol, and no person may use non-medicinal drugs of any kind while at the event or representing the sport of canoeing

Team leaders, coaches, officials and volunteers

- in line with British Canoeing Policy/Codes on safe recruitment for any volunteer role, vetting practices including appropriate Disclosure checks, where eligible will be undertaken, in accordance with home nation and government guidelines
- all those working with young people and vulnerable adults should also have read and adhere to the *British Canoeing child and vulnerable adult policy* and *British Canoeing anti-bullying policy*. These can be accessed on the British Canoeing website. The regatta will follow the guidance of these policies in the event of any concerns or allegations
- follow the British Canoeing Code of Ethics and Guidelines and Policies
- consider the well-being and safety of paddlers before their personal development or performance
- encourage paddlers and officials to value their performance and not just results
- develop an appropriate working relationship with paddlers, based on mutual trust and respect
- display consistently high standards of behaviour and appearance
- hold the appropriate, updated qualifications and insurance
- the Regatta Committee will encourage, train and support volunteers to gain qualifications and assist officials to stay updated
- team Leaders/Coaches will obtain written medical details of young paddlers, which will be made known where deemed appropriate and/or necessary
- never condone the use of prohibited substances, as defined by British Canoeing

Parents, guardians and carers

- help your child to recognise good performance, not just results
- support your child's involvement at the event and help them to enjoy the sport of canoeing. Never force your child to take part in the sport

- never punish or belittle a child for losing or making mistakes
- publicly accept officials' judgement

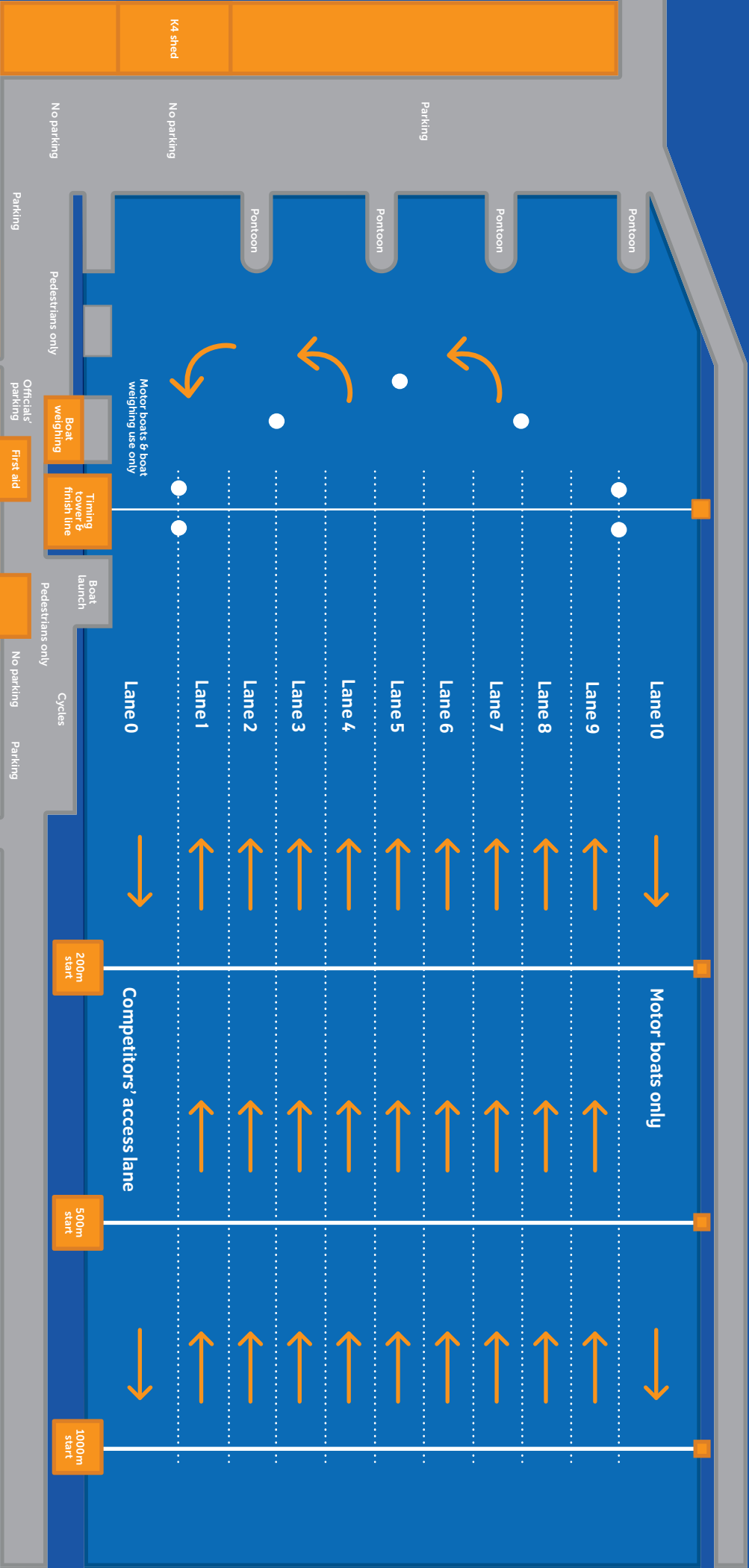
Trade stands

Trade stands are welcome at the event. Please contact the duty manager at NWSC for information about charges, and to pay and receive a VAT receipt.

National Water Sports Centre, Holme Pierrepont, Nottingham Lake
circulation plan for British Canoeing National Sprint Regattas



Scoreboard



All paddlers proceeding to the start must use the Competitors' Access Lane and stay outside of the buoyed lanes. Please do not launch from the motor boat pontoon. Competitors warning up, or launching from pontoons, must not cross the racing lanes at any point, nor must they attempt to delay race proceedings by approaching the start on the course itself. The area between the finish line and the 5km turn buoys at the boathouse end of the course must also be kept clear.