

Yorkshire and Humberside Regional Sprint Event 29th April 2023



Glanford and Scunthorpe Canoe Club under the auspices of the British Canoeing Sprint Racing Committee are hosting the above non-qualifying event aimed at extending interest and participation in Sprint Racing.

Event Organiser

Graham Simpkin

email: marathon@gsccl-online.com

Venue

The races will take place on the Ancholme river in front of GSCC's boathouse behind the Ancholme Leisure Centre, Scawby Rd, Brigg, North Lincolnshire, DN20 9JH (Whatthreewords - sweeten.trickle.radiating). There is ample parking at the Leisure Centre, but the area immediately adjacent to the boathouse is prioritised for trailers and disabled spectator parking. If possible please drop off boats then park in the main car park adjacent to the road bridge.

The Event

There will be 200 and 500 metre K1 races for adult, youth and junior competitors. At each distance there will be timed heats with at least one third of competitors proceeding to the next round. In the first round, competitors will be allowed two runs with the fastest time recorded. The final at each distance will involve three boats.

Junior Paddlers

We seek to encourage youngsters to participate. We have a small fleet of Lightnings and junior length paddles available. Clubs are invited to bring juniors without boats subject to the membership restrictions below.

Entry Fees (including SRC Levy) – payable on the day

£8.00 – Adult (18 years and over)

£6.00 – Youth (Under 18 on 1st January 2023)

£4.00 – Junior (Under 14 on 1st January 2023)

All entrants must have, at least, BC Associate Club membership. Otherwise a British Canoeing Event Fee of £5 will be payable.

Please enter in advance if possible to the organisers email address above providing each competitors name, age, club and BC number together with contact details - entries will also be accepted on the day but will require proof of BC membership.

Check-in time

9.30am – 10.30am. Race briefing at 10.45am

Boat Weight and Dimension limits

Kayaks will be permitted up to a maximum length of 520 cm and must be constructed so that they remain buoyant and can support the crew when filled with water. There are no minimum width or weight restrictions.

Numbers on Boats

These should be black letters on white upright boards. Laminated numbers will be supplied by the organiser. These **must be returned** after the race.

Access to the water

Via the club jetty

Course

The 200m course will start at the road bridge and finish in front of the club building. Competitors will need to assemble beyond the bridge.

The 500m course will be in the opposite direction from the club premises and finish in front of the club building. Competitors will assemble in the vicinity of the railway bridge.

The course has minimal hazards and is accessible for viewing from both banks.

The organisers reserve the right to modify the course if necessary.

Note Spectators are not allowed on the jetty except to assist junior and limited mobility paddlers with launch and exit.

Results

Results will be posted at the boathouse during the day as appropriate.

Prizes

Prize-giving will take place as soon as possible after all races have been completed.

Prizes will be awarded to 1st 2nd & 3rd in each distance and category where there are sufficient competitors.

Safety

“Canoeing and kayaking are ‘Assumed risk’ – ‘Water contact sports’ that may carry attendant risks. Participants should be aware of and accept these risks, and be responsible for their own action and involvement”. British Canoeing Statement.

Paddlers of all ages and abilities are very welcome to take part in this event, however, individual clubs should ensure that their paddlers are appropriately equipped, and suitably experienced to participate. If it is deemed necessary that an individual requires a support paddler, this should be provided by the individual’s club. It is the responsibility of Team

Leaders and competitors to consider and check whether they are properly equipped for the event: taking into account fitness, ability, the course and the prevailing conditions. All participants are required to offer help to fellow competitor in difficulty and provide assistance if requested.

Personal Flotation Devices . Competitors should comply with Racing Rule 11.12.4. The Race Organiser reserves the right to insist that all competitors wear PFD in the event of adverse water or weather conditions.

Any medical condition(s) that may affect a competitor's ability to race safely must be declared to the race organisers at check-in. First Aid facilities including defibrillator are available on site.

Organisers, participants and spectators will be required to comply with any health related regulations or guidance applicable on the day of the event.

Refreshments

Light refreshments will be available at the club and adjacent Leisure Centre

Toilet and changing facilities

There are toilets in the Leisure Centre. There are limited changing facilities at the boathouse.

Litter

Please take all litter away with you.

Enjoy your racing