

 <b>NATIONAL SPRINT REGATTAS</b>	<b>British Canoeing Sprint Racing National Regatta</b> Including selection events for Seniors & Junior crew boats											
	<b>Open &amp; British National Seniors and Masters' Championships</b> National Water Sports Centre, Holme Pierrepont Country Park, Nottingham											
	<b>Saturday 1<sup>st</sup> – Sunday 2<sup>nd</sup> + Monday 3<sup>rd</sup> July 2023</b>											
	Paddler registrations close Entry closing date						Sunday 11 <sup>th</sup> June 2023 Friday 16 <sup>th</sup> June 2023					
<b>UPDATED</b>												
<b>Short code</b>	<b>Class</b>	<b>Sunday races are shaded: * Race Off's Monday 3<sup>rd</sup> June</b>										
	<b>NATIONAL SPRINT</b>	<b>200m</b>			<b>500m</b>			<b>1000m</b>			<b>5km</b>	
MOK/MU23	Senior Men Kayak	SNK1			SNK1	*SNK2	SNK4	*SNK1	SNK2			SK1
WOK/WU23	Senior Women Kayak	SNK1	SNK2		*SNK1	*SNK2	SNK4	SNK1				SK1
MOK/U23+WOK/U23	Senior Mixed# Kayak					SNK2						
CMO/CMU23	Senior Men Canoe	SNC1			SNC1	*SNC2		*SNC1				SC1
CWO/CWU23	Senior Women Canoe	*SNC1	SNC2		SNC1	*SNC2		SNC1				SC1
CMO/CMU23 + CWO/CWU23	Senior Mixed# Canoe					SNC2						
MO34	Masters O34 Kayak	NK1			NK1	NK2		NK1			NK4	
MO44	Masters O44 Kayak	NK1			NK1	NK2		NK1				
MO54	Masters O54 Kayak				NK1			NK1		NK2	NK4	
MO64	Masters O64 Kayak				NK1			NK1				
WO34	Women Masters O34 Kayak				NK1	NK2	NK4	NK1		NK2		
WO44	Women Masters O44 Kayak				NK1	NK2		NK1				
WO54	Women Masters O54 Kayak	NK1			NK1		NK4			NK2		
WO64	Women Masters O64 Kayak	NK1			NK1							
BAK	Boys A Kayak	K1			K1	SK2		K1		SK2		
BBK	Boys B Kayak	K1			K1			K1				
BCK	Boys C Kayak	K1			K1	K2	K4	K1				
BDK	Boys D Kayak	K1			K1	K2	K4			K2		
GAK	Girls A Kayak	K1			K1	SK2	K4	K1				
GBK	Girls B Kayak	K1			K1			K1				
GCK	Girls C Kayak	K1			K1	K2	K4	K1				
GDK	Girls D Kayak	K1			K1	K2	K4			K2		
CBA/B/C/D	Junior Boys Canoe	C1			C1	C2				SC2		
CGA/B/C/D	Junior Girls Canoe	C1	C2		C1	SC2						
<b>PARACANOE</b>		<b>200m</b>										
KMKL1	Men KL1 Kayak	K1	K1									
KMKL2	Men KL2 Kayak	K1	K1									
KMKL3	Men KL3 Kayak	K1	K1									
KWKL1	Women KL1 Kayak	K1	K1									
KWKL2	Women KL2 Kayak	K1	K1									
KWKL3	Women KL3 Kayak	K1	K1									
VMVL1	Men VL1 Va'a	V1	V1									
VMVL2	Men VL2 Va'a	V1	V1									
VMVL3	Men VL3 Va'a	V1	V1									
VWVL1	Women VL1 Va'a	V1	V1									
VWVL2	Women VL2 Va'a	V1	V1									
VWVL3	Women VL3 Va'a	V1	V1									
<b>INTERMEDIATE SERIES</b>		<b>200m</b>			<b>500m</b>							
BIK	Boys Intermediate Kayak		K2		K1	K2						
GIK	Girls Intermediate Kayak				K1							
<b>MINI SPRINT SERIES</b>		<b>200m</b>			<b>500m</b>							
MLA	Mini Kayak + Lightning A	K1				K2	K4					
LTB	Lightning B	K1				K2	K4					
<b>PADDLE-ABILITY</b>		<b>200m</b>			<b>500m</b>							
PAD	Paddle-Ability (Sat)	K1	K1		K1	K1						
PAD	Paddle-Ability (Sun)				K1	K1						

\* = A Selection event subject to a 'best of three' race format, the third 'race off', if required will be held on Monday 3<sup>rd</sup> July, except, Sunday for the MK1 1000m, if required. **SN** = Selection event with R1 Final on Saturday R2 Final on Sunday:

**SN** = Selection event with R1 Final on Sunday, R2 Final on Monday.

**Mixed#** = 1 male + 1 female

**N** = Open & British National Sprint Racing Championship events, allows non-UK paddlers to compete for Championship medals which are awarded, regardless of nationality or the number of entries, to the first three boats.

**N.B.** The British National Champion title and National trophies will be awarded to the best placed British competitor.