



**NATIONAL
SPRINT
REGATTAS**

**BRITISH
CANOEING**



2023

**BRITISH CANOEING
NATIONAL SPRINT REGATTA**

1-3 July

Open & British National Seniors and Masters Championships

Photography by Antony Edmonds

1st – 3rd July 2023
Championship Finals
Saturday

07:30 Course opens
07:45 Warm-up period opens
08:15 Start gate practise opens at 200m
08:45 Start gate practise and warm-up closes

1	09:00	Boys A/B	K2	500	H1
2	09:04	Boys A/B	K2	500	H2
3	09:08	Boys A/B	K2	500	H3
4	09:12	Senior Men Canoe R1	C2	500	F
5	09:12	Senior Women Canoe R1	C2	500	F
6	09:20	Girls A/B	K2	500	H1
7	09:24	Girls A/B	K2	500	H2
8	09:28	Girls D	K1	500	H1
9	09:32	Girls D	K1	500	H2
10	09:44	Senior Men Kayak R1	K1	1000	H1
11	09:48	Senior Men Kayak R1	K1	1000	H2
12	09:52	Senior Men Kayak R1	K1	1000	H3
13	09:56	Masters O44	K1	1000	F
14	10:00	Masters O54	K1	1000	F
15	10:04	Junior Boys Canoe	C2	1000	F
16	10:08	Boys C	K1	1000	H1
17	10:12	Boys C	K1	1000	H2
18	10:24	Boys D	K2	500	F
19	10:28	Boys A/B	K2	500	F1
20	10:32	Boys A/B	K2	500	F2
21	10:36	Girls A/B	K2	500	F
22	10:40	Girls C	K1	500	H1
23	10:44	Girls C	K1	500	H2
24	10:48	Girls D	K1	500	F
25	10:52	Girls Intermediate	K1	500	F
26	10:56	WMasters O34	K1	500	F
27	10:56	WMasters O44	K1	500	F
28	10:56	WMasters O54	K1	500	F
29	11:04	Senior Women Kayak	K4	500	F
30	11:08	Senior Men Canoe R2	C2	500	F
31	11:08	Senior Women Canoe R2	C2	500	F
32	11:16	Masters O54/O64	K4	500	F
33	11:20	Paddle-Ability (Sat) R1	K1	500	F
34	11:32	Boys C	K1	1000	F
35	11:36	Masters O34/O44	K4	1000	F
36	11:40	Boys D	K2	1000	F
37	11:44	Senior Men Kayak R1	K1	1000	F1
38	11:48	Senior Men Kayak R1	K1	1000	F2
39	12:00	Girls A/B	K4	500	F
40	12:04	Boys Intermediate	K1	500	H1
41	12:08	Boys Intermediate	K1	500	H2
42	12:12	Girls C	K1	500	F
43	12:16	Junior Boys Canoe	C1	500	F
44	12:20	Girls D	K2	500	F
45	12:24	WMasters O34	K2	500	F
46	12:24	WMasters O44	K2	500	F
47	13:04	Boys C	K2	500	F
48	13:08	Girls B	K1	500	H1
49	13:12	Girls B	K1	500	H2

50	13:16	Boys Intermediate	K1	500	F
51	13:20	Paddle-Ability (Sat) R2	K1	500	F
52	13:28	Girls C	K2	500	F
53	13:32	Senior Women Kayak R1	K1	500	H1
54	13:36	Senior Women Kayak R1	K1	500	H2
55	13:40	Senior Men Canoe	C1	500	F
56	13:52	Senior Women Canoe R1	C1	200	F
57	13:56	Senior Men Kayak	K1	200	H1
58	14:00	Senior Men Kayak	K1	200	H2
59	14:04	Boys A	K1	200	H1
60	14:08	Boys A	K1	200	H2
61	14:12	Boys B	K1	200	H1
62	14:16	Boys B	K1	200	H2
63	14:20	Boys B	K1	200	H3
64	14:24	Boys C	K1	200	H1
65	14:28	Boys C	K1	200	H2
66	14:36	Boys D	K1	200	H1
67	14:40	Boys D	K1	200	H2
68	14:44	Boys D	K1	200	H3
69	14:52	Masters O34/O44	K1	200	F
70	14:56	Mini Kayak + Lightning A	K1	200	H1
71	15:00	Mini Kayak + Lightning A	K1	200	H2
72	15:04	Lightning B	K1	200	F
73	15:08	Paddle-Ability (Sat) R1	K1	200	F
74	15:16	Boys A	K1	200	F
75	15:20	Boys B	K1	200	F1
76	15:24	Boys B	K1	200	F2
77	15:36	Senior Women Kayak R1	K1	500	F
78	15:40	Girls A	K1	500	F
79	15:44	Girls B	K1	500	F
80	15:52	Senior Men Kayak R2	K1	1000	F
81	15:56	Masters O64	K1	1000	F
82	16:08	Boys C	K1	200	F
83	16:12	Boys D	K1	200	F1
84	16:16	Boys D	K1	200	F2
85	16:20	Senior Men Kayak	K1	200	F
86	16:24	Senior Women Kayak	K1	200	H1
87	16:28	Senior Women Kayak	K1	200	H2
88	16:44	Boys A	K1	1000	H1
89	16:48	Boys A	K1	1000	H2
90	16:52	Boys B	K1	1000	H1
91	16:56	Boys B	K1	1000	H2
92	17:00	Boys B	K1	1000	H3
93	17:04	Senior Women Canoe R1	C1	1000	F
94	17:20	Girls C	K4	500	F
95	17:24	Girls D	K4	500	F
96	17:32	Senior Men Kayak	K4	500	F
97	17:48	Senior Women Kayak	K1	200	F1
98	17:52	Senior Women Kayak	K1	200	F2
99	17:56	Mini Kayak + Lightning A	K1	200	F
100	18:00	Paddle-Ability (Sat) R2	K1	200	F
101	18:08	Boys A	K1	1000	F
102	18:12	Boys B	K1	1000	F1
103	18:16	Boys B	K1	1000	F2
104	18:44	Senior Mixed Kayak	K2	500	F

Sunday

07:30 Course opens
07:45 Warm-up period opens
08:15 Warm-up period closes

105	08:32	Boys A/B	K2	1000	H1
106	08:36	Boys A/B	K2	1000	H2
107	08:40	Boys A/B	K2	1000	H3
108	08:48	Girls B	K1	1000	H1
109	08:52	Girls B	K1	1000	H2
110	08:56	Girls C	K1	1000	F
111	09:00	Senior Men Kayak	K2	1000	F
112	09:04	WMasters O34/O44	K1	1000	F
113	09:16	Senior Women Kayak R2	K1	500	F
114	09:20	Masters O44	K1	500	H1
115	09:24	Masters O44	K1	500	H2
116	09:28	Masters O54	K1	500	H1
117	09:32	Masters O54	K1	500	H2
118	09:36	Boys D	K1	500	H1
119	09:40	Boys D	K1	500	H2
120	09:44	Boys D	K1	500	H3
121	09:48	Mini Kayak + Lightning A	K2	500	F
122	10:00	Senior Women Canoe R2	C1	200	F
123	10:04	Girls B	K1	200	H1
124	10:08	Girls B	K1	200	H2
125	10:12	Girls C	K1	200	H1
126	10:16	Girls C	K1	200	H2
127	10:20	Girls D	K1	200	H1
128	10:24	Girls D	K1	200	H2
129	10:28	Para Men KL2/3 R1	K1	200	F
130	10:36	Senior Men Kayak R3 Race-Off	K1	1000	F
131	10:40	Senior Men Canoe R1	C1	1000	F
132	10:44	Boys A/B	K2	1000	F1
133	10:48	Boys A/B	K2	1000	F2
134	10:52	Senior Women Kayak	K1	1000	F
135	11:04	Masters O34	K1	500	F
136	11:08	Masters O44	K1	500	F
137	11:12	Masters O54	K1	500	F
138	11:16	Masters O64	K1	500	F
139	11:20	Boys D	K1	500	F1
140	11:24	Boys D	K1	500	F2
141	11:32	Intermediate Crews	K2	500	F
142	11:36	Senior Men Kayak R1	K2	500	H1
143	11:40	Senior Men Kayak R1	K2	500	H2
144	11:44	Paddle-Ability (Sun) R1	K1	500	F
145	12:00	Senior Women Canoe	C2	200	F
146	12:04	Senior Women Kayak	K2	200	F
147	12:08	Girls D	K1	200	F
148	12:12	Girls C	K1	200	F
149	12:16	Girls B	K1	200	F
150	12:20	Girls A	K1	200	F
151	12:24	WMasters O54	K1	200	F
152	12:28	Senior Men Canoe	C1	200	F

153	12:32	Para Men KL2/3 R2	K1	200	F
154	12:36	Intermediate Crews	K2	200	F
155	12:44	Masters O34/O44	K2	500	F
156	12:48	Lightning B	K2	500	F
157	12:52	Boys A	K1	500	H1
158	12:56	Boys A	K1	500	H2
159	13:00	Boys B	K1	500	H1
160	13:04	Boys B	K1	500	H2
161	13:08	Boys B	K1	500	H3
162	13:12	Boys B	K1	500	H4
163	13:16	Boys C	K4	500	F
164	13:20	Boys D	K4	500	F
165	13:28	Senior Women Canoe	C1	500	F
166	13:36	Senior Women Kayak R1	K2	500	F
167	13:40	Senior Men Kayak R1	K2	500	F
168	13:52	Girls A	K1	1000	F
169	13:56	Girls B	K1	1000	F
170	14:00	Girls D	K2	1000	F
171	14:04	Masters O54/O64	K2	1000	F
172	14:08	WMasters O34/O44	K2	1000	F
173	14:12	Senior Men Canoe R2	C1	1000	F
174	14:28	Boys A	K1	500	F
175	14:32	Boys B	K1	500	F1
176	14:36	Boys B	K1	500	F2
177	14:40	Boys C	K1	500	F
178	14:44	Mini Kayak + Lightning A	K4	500	F
179	14:48	Paddle-Ability (Sun) R2	K1	500	F
180	14:56	Senior Men Kayak	K1	500	H1
181	15:00	Senior Men Kayak	K1	500	H2
182	15:04	Senior Men Kayak	K1	500	H3
183	15:08	Senior Men Kayak	K1	500	H4
184	15:24	Senior Men Canoe	C1	5000	F
185	15:28	Senior Women Canoe	C1	5000	F
186	15:56	Senior Men Kayak	K1	5000	F
187	16:00	Senior Women Kayak	K1	5000	F
188	17:08	Senior Men Kayak	K1	500	F1
189	17:12	Senior Men Kayak	K1	500	F2

Monday

08:00 Course opens
08:15 Warm-up period opens
08:45 Warm-up period closes

190	09:00	Senior Women Kayak R2	K2	500	F
191	09:15	Senior Men Kayak R2	K2	500	F
192	09:30	Senior Men Canoe R3 Race-Off	C2	500	F
193	09:45	Senior Women Canoe R3 Race-Off	C1	200	F
194	11:00	Senior Women Kayak R3 Race-Off	K1	500	F
195	11:15	Senior Women Canoe R3 Race-Off	C2	500	F
196	11:30	Senior Men Canoe R3 Race-Off	C1	1000	F
197	12:45	Senior Men Kayak R3 Race-Off	K2	500	F
198	13:00	Senior Women Kayak R3 Race-Off	K2	500	F

Social media

Why not subscribe to our Instagram account, **canoesprintUK**, or Twitter account, **canoesprintUK**, where we'll be sharing sprint-related photos and videos going forward.

Please use the following hashtags alongside any photos or videos that you publish on social media ahead of, during, and after the National Regattas.

Hashtags #nottsregatta #canoesprintlegends

Clubs Competing

The following clubs and squads are competing at this regatta:

ID	Club Name	Team Leader
4AS	4As Newark	Julie Gray
ADS	Addlestone Canoe Club	Caroline Pemble
ANK	Anker Valley	Gordon Riley
BAN	Banbury and District Canoe Club	Mark Larner
BCC	Belfast Canoe Club	Afton Fitzhenry
BPR	Burton Phoenix Racers	Bill Lawrenson
BPS	Broadland Paddle Sport	Kelly Barkway
BSF	Bishops Stortford	Kevin Short
CAM	Cambridge Canoe Club	Imogen Hunter
CDF	Cardiff Bay Kayakers	Chris Howells
CHE	Chester Sail & Canoe Club	Richard Rogers
CLM	Chelmsford Canoe Club	Owen Shephard-Wyatt
CNI	Canoe Association of Northern Ireland	CANI
DEV	Devizes Canoe Club	Trevor Hunter
EAL	Ealing Canoe Club	Martin Hook
ELM	Elmbridge Canoe Club	George Durden
EXE	Exeter Canoe Club	Richard Bullock
FLA	Fladbury Paddle Club	Steve Train
FOR	Forth Canoe Club	Malcolm Bell
FOX	Falcon (Oxford)	Kurt Ayrar
FOY	Fowey River Canoe Club	Peter Wilkes
GAI	Gailey Canoe Club	Simon Eskriett
GLW	Glasgow Kayak Club	Adam Rzepinski & Natasha Lawton
LBZ	Leighton Buzzard Canoe Club	Catherine Sanderson
LIN	Lincoln Canoe Club	Sue Day-Fisher & Robyn Smith
LKR	Linlithgow Kayak Racing	Derek Marshall
LON	Longridge Canoe Club	Kevin Hipkins
NOR	Norwich Canoe Club	Adam Want
NOT	Nottingham Kayak Club	Mags Dilai
ORS	Olympic Racing Squad	Justine Lucas
PAR	Paracanoe GB	Steve Train
RDG	Reading Canoe Club	Julia Mazur
RIC	Richmond Canoe Club	Gabor Szeltner
RLS	Royal Leamington Spa	Emma Miles
ROY	Royal Canoe Club	Beata Rose (Saturday) & Keith Holt (Sunday)
RUN	Runcorn Canoe Club	James Mayers
SLP	Salmon Leap Canoe Club	Ollie Clarke
SOL	Solihull Canoe Club	Tom Lusty
SOR	Soar Valley Canoe Club	Jonathan Folland
SOU	Southampton Canoe Club	James Hinvies
SPS	Scottish Performance Squad	Anton Vazquez
WEY	Wey Kayak Club	Jeanette Hall
WOK	Wokingham Canoe Club	Muhammad Kabeer
WOR	Worcester Canoe Club	Rachel Lovell

1: H1 K2 Boys A/B 500

Selection Race 01.07.2023 09:00

1		
2	F. Heard S. Sparks	EXE RLS
3	I. Aveson T. Hatton	ROY ROY
4	E. Saunders F. Shetty	WEY WEY
5	I. Barritt S. Cribbett	WOR RLS

1st-2nd + 3 BT to Final 1, 3rd-5th + 3 BT to Final 2

H1: 09:00 > H2: 09:04 > H3: 09:08 > F1: 10:28 > F2: 10:32

6	T. Bullock O. Mazur	EXE RDG
7	D. O Halloran C. Payne	CLM CLM
8	S. Dickson T. Kinder	FOX RDG
9	F. Cramer A. Kabeer	SOU WOK

2: H2 K2 Boys A/B 500

Selection Race 01.07.2023 09:04

1		
2	C. Hartney J. Hills	RIC RIC
3	W. Larner H. Sewell-Catchpole	BAN NOR
4	L. Andrews B. Shipway	LIN SOU
5	J. Enoch H. Singleton	NOT NOT

1st-2nd + 3 BT to Final 1, 3rd-5th + 3 BT to Final 2

H1: 09:00 > H2: 09:04 > H3: 09:08 > F1: 10:28 > F2: 10:32

6	A. Hinves N. Lamb	SOU SOU
7	E. Hunt J. Taylor	FOY NOR
8	A. Hunter-Hopkins D. Martin	DEV DEV
9	L. Dixon J. Ellis	LBZ BAN

3: H3 K2 Boys A/B 500

Selection Race 01.07.2023 09:08

1		
2	J. Ross W. Short	ELM ELM
3	J. Niland T. Rudnyev	FOX RDG
4	P. Ehrnrooth A. Worgan	DEV ROY
5	N. Kinzler J. Rayment	RIC LBZ

1st-2nd + 3 BT to Final 1, 3rd-5th + 3 BT to Final 2

H1: 09:00 > H2: 09:04 > H3: 09:08 > F1: 10:28 > F2: 10:32

6	R. Coyle R. Strachan	SPS SPS
7	S. Patterson S. Sroka	SPS SPS
8	K. Ayran L. Lovell	FOX WOR
9		

5: F C2 Senior Women Canoe R1 500

National Championship & Selection 01.07.2023 09:12

1		
2	B. Gill K. Reid	ORS ORS
3		
4		
5		

F: 09:12

6		
7		
8		
9		

4: F C2 Senior Men Canoe R1 500

National Championship & Selection 01.07.2023 09:12

1		
2		
3		
4		
5		

F: 09:12

6		
7	J. Jones B. Phillips	FLA RIC
8		
9		

6: H1 K2 Girls A/B 500

Selection Race 01.07.2023 09:20

1		
2		
3	H. Pemble M. Pepper	ADS LIN
4	T. Kubisch-Wiles F. Scrivener	RDG FOX
5	M. Ball A. Hutchinson	DEV RDG

1st-3rd + 3 BT to Final


H1: 09:20 > H2: 09:24 > F: 10:36


6	C. Fulford H. Toovey	RDG GLW
7	S. Lillis-Brooks C. Long	RLS FOX
8		
9		

7: H2 K2 Girls A/B 500

Selection Race 01.07.2023 09:24

1		
2		
3	E. Bowles-Trow K. Sklenarova	ADS NOR
4	Z. Herriot A. Pyrz	SPS SPS
5	A. Bates D. De Bilio	ROY ROY

 1st-3rd + 3 BT to Final

 H1: 09:20 > H2: 09:24 > F: 10:36


6	I. Patrick S. Payne	SPS CLM
7	B. Perry C. Ritchie	SOU WEY
8		
9		

8: H1 K1 Girls D 500

01.07.2023 09:28

1	Ruth Shephard (11)	RDG
2	Abigail Strachan (14)	GLW
3	Isabella Murphy (16)	BAN
4	Hannah Tristram (14)	RLS
5	Isabelle Johansson-Ward (16)	LBZ

 9 BT in Heats 1-2 to Final

 H1: 09:28 > H2: 09:32 > F: 10:48


6	Eva Mcaulay (14)	NOR
7	Rebecca Perrin (13)	CLM
8	Tamsin Pedlar (14)	WOR
9	Eloise Lamb (13)	SOU

9: H2 K1 Girls D 500

01.07.2023 09:32

1		
2	Izzy Ritchie (14)	WEY
3	Lucy Tristram (16)	RLS
4	Jasmine Sargeant (14)	NOR
5	Lotte Phillips (15)	NOR

 9 BT in Heats 1-2 to Final

 H1: 09:28 > H2: 09:32 > F: 10:48


6	Kayleigh Dixon (15)	LBZ
7	Evie Giles (15)	WOR
8	Giulia Gordon (14)	SPS
9	Ava Wong (15)	CDF

10: H1 K1 Senior Men Kayak R1 1000

National Championship & Selection 01.07.2023 09:44

1		
2	Finn O'Brien (21)	CLM
3	Oliver Jackson (19)	LIN
4	Finn Cadell (23)	SPS
5	Tom Lusty (28)	SOL

 1st-2nd + 3 BT to Final 1, 3rd-5th + 3 BT to Final 2


 H1: 09:44 > H2: 09:48 > H3: 09:52 > F1: 11:44 > F2: 11:48


6	Matthew Johnson (27)	CLM
7	Timothy Dowden (22)	RLS
8	Stuart Bristow (27)	ROY
9	Peter Wilkes (31)	CLM

11: H2 K1 Senior Men Kayak R1 1000

National Championship & Selection 01.07.2023 09:48

1		
2	Ewan McDougal (21)	WOR
3	Deni Panev (20)	FOX
4	James Russell (25)	NOT
5	Daniel Johnson (28)	CLM

 1st-2nd + 3 BT to Final 1, 3rd-5th + 3 BT to Final 2

 H1: 09:44 > H2: 09:48 > H3: 09:52 > F1: 11:44 > F2: 11:48


6	James How (23)	NOR
7	Jason Grice (22)	SOL
8	Drew Howells (18)	CDF
9	Harvey Grant (19)	RIC

12: H3 K1 Senior Men Kayak R1 1000

National Championship & Selection 01.07.2023 09:52

1		
2	Xavier Hinves (19)	SOU
3	Albert Hicks (29)	NOR
4	Alex McIntyre (23)	CLM
5	Charlie Smith (24)	NOT

 1st-2nd + 3 BT to Final 1, 3rd-5th + 3 BT to Final 2

 H1: 09:44 > H2: 09:48 > H3: 09:52 > F1: 11:44 > F2: 11:48

6	Philip Miles (21)	RLS
7	Owain Herbert (22)	CLM
8	Lewis Smith (20)	LIN
9	Joe Fitzpatrick (30)	BSF

13: F K1 Masters O44 1000

National Championship 01.07.2023 09:56

1		
2		
3	James Hinves (49)	SOU
4	Julian Anderson (52)	SOU
5	Jonathan Folland (50)	SOR

6	Nigel Jones (44)	NOT
7	Edgar Boehm (45)	RDG
8		
9		

🕒 F: 09:56

14: F K1 Masters O54 1000

National Championship 01.07.2023 10:00

1		
2		
3	Jamie Piper (56)	EXE
4	Charlie Mayo (58)	DEV
5	Eddie Martin (55)	SLP

6	Chris Sze (62)	BSF
7	Paul Brookes (55)	NOT
8		
9		

🕒 F: 10:00

15: F C2 Junior Boys Canoe 1000

Selection Race 01.07.2023 10:04

1		
2		
3		
4	O. Chisholm A. Sarkisyan	RIC RIC
5		

6	A. Elliott O. Laws	RIC RIC
7		
8		
9		

🕒 F: 10:04

16: H1 K1 Boys C 1000

01.07.2023 10:08

1		
2		
3	William Roeser (14)	WEY
4	Aidan Teeuwen (16)	RDG
5	Theo Sales (17)	CAM

6	Lorenzo De Bilio (12)	ROY
7	Tom Patterson (14)	LKR
8		
9		

🏊 9 BT in Heats 1-2 to Final

🕒 H1: 10:08 > H2: 10:12 > F: 11:32

17: H2 K1 Boys C 1000

01.07.2023 10:12

1		
2		
3	Mikolaj Pyrz (12)	GLW
4	Marcell Nagy (14)	RDG
5	Aksels Karklins (16)	RIC

6	Isaac Popham-Coveley (14)	FOX
7	Owen Attwood (13)	WEY
8		
9		

🏊 9 BT in Heats 1-2 to Final

🕒 H1: 10:08 > H2: 10:12 > F: 11:32

18: F K2 Boys D 500

01.07.2023 10:24


1		
2	D. Barnett L. Smith	WOR WOR
3	D. Kroemer O. Reed	RLS RLS
4	E. Kirtland C. Packer	BSF RDG
5	W. Bowles-Trow S. Whitehead	ADS ADS

6	J. Lynn R. Taylor	BAN BAN
7	E. Bates T. Morrison	LBZ WEY
8	F. Fowler-Rimell F. Lovell	WOR WOR
9		

🕒 F: 10:24


19: F1 K2 Boys A/B 500

Selection Race 01.07.2023 10:28

1**2****3****4****5****6****7****8****9**
 H1: 09:00 > H2: 09:04 > H3: 09:08 > F1: 10:28 > F2: 10:32


20: F2 K2 Boys A/B 500

Selection Race 01.07.2023 10:32

1**2****3****4****5****6****7****8****9**
 H1: 09:00 > H2: 09:04 > H3: 09:08 > F1: 10:28 > F2: 10:32

21: F K2 Girls A/B 500

Selection Race 01.07.2023 10:36

1**2****3****4****5****6****7****8****9**
 H1: 09:20 > H2: 09:24 > F: 10:36

22: H1 K1 Girls C 500

01.07.2023 10:40

1**2****3** Delilah Webb (15)**4** Estelle Widdows (16)**5** Skye Parkinson (16)

WEY

NOR

RIC

6**7****8****9**


Rachael Hampton (17)

Madeline Dawson (16)

CLM

LIN

 9 BT in Heats 1-2 to Final

 H1: 10:40 > H2: 10:44 > F: 12:12

23: H2 K1 Girls C 500

01.07.2023 10:44

1**2****3** Emma O Halloran (15)**4** Sofia Lillis-Brooks (17)**5** Libby Geddes (17)

SLP

RLS

CDF

6**7****8****9**


Emily Twort (15)

Hanna Nagy (14)

LIN


RDG

 9 BT in Heats 1-2 to Final

 H1: 10:40 > H2: 10:44 > F: 12:12

24: F K1 Girls D 500

01.07.2023 10:48

1**2****3****4****5****6****7****8****9**
 H1: 09:28 > H2: 09:32 > F: 10:48

25: F K1 Girls Intermediate 500

Intermediate Series 01.07.2023 10:52

1		
2		
3		
4	Johanna Milbradt (14)	CAM
5	Milena Olesky (12)	BAN

6	Joshie Allan (12)	WEY
7		
8		
9		

🕒 F: 10:52

28: F K1 WMasters O54 500

National Championship 01.07.2023 10:56

1		
2	Caroline Banson (58)	BPS
3	Lynne Fender (58)	NOT
4		
5		

6		
7		
8		
9		

🕒 F: 10:56

26: F K1 WMasters O34 500

National Championship 01.07.2023 10:56

1		
2		
3		
4		
5	Shuna Neave (37)	NOT

6	Katherine Wilson (37)	RDG
7		
8		
9		

🕒 F: 10:56

27: F K1 WMasters O44 500

National Championship 01.07.2023 10:56

1		
2		
3		
4		
5		

6		
7		
8	Kelly Barkway (50)	BPS
9	Rachel Lovell (45)	WOR

🕒 F: 10:56

29: F K4 Senior Women Kayak 500

National Championship & Selection 01.07.2023 11:04

1			
2			
3			
4			
5	D. Kerr E. Lewis	ORS ORS	
	E. Russell R. Simon	ORS ORS	

6	B. Clark A. Green	ROY WOR
	K. Hipkins J. Urquhart	LON NOT
7		
8		
9		

🕒 F: 11:04

30: F C2 Senior Men Canoe R2 500

Selection Race 01.07.2023 11:08


1		
2		
3		
4		
5		

6		
7		
8		
9		

🕒 F: 11:08


31: F C2 Senior Women Canoe R2 500

Selection Race 01.07.2023 11:08

1**2****3****4****5****6****7****8****9** F: 11:08

32: F K4 Masters O54/O64 500

National Championship 01.07.2023 11:16

1**2****3****4****5**A. Dodson | C. Mayo
D. Pemble | G. SmithADS | DEV
ADS | NOR**6**P. Gorman | G. Holmes
I. McLean | C. SzeWEY | WEY
BAN | BSF**7****8****9** F: 11:16

33: F K1 Paddle-Ability (Sat) R1 500

Paddle-Ability Series 01.07.2023 11:20

1**2** Tara Chettle (24)

4AS

3 Daniel Warwick (22)

4AS

4 Jacob Mansfield (20)

4AS

5 Matt Fisher (19)

LKR

6


Jacob Hage (20)

4AS

7


Cassie Glaves (14)

4AS

8**9** F: 11:20


34: F K1 Boys C 1000

01.07.2023 11:32

1**2****3****4****5****6****7****8****9** H1: 10:08 > H2: 10:12 > F: 11:32

35: F K4 Masters O34/O44 1000

National Championship 01.07.2023 11:36

1**2****3****4**R. Bullock | C. Heard
G. Lovell | J. PiperEXE | EXE
WOR | EXE**5**J. Butler | M. Enoch
N. Jones | S. WalshNOT | NOT
NOT | NOT**6**C. Schofield | J. Sklenar
G. Smith | A. WantNOR | NOR
NOR | NOR**7****8****9** F: 11:36

36: F K2 Boys D 1000

01.07.2023 11:40

1**2** E. Kirtland | C. Packer

BSF | RDG

3 D. Barnett | F. Fowler-Rimell

WOR | WOR

4 M. Amatller | D. Walker

LKR | NOR

5 D. Kroemer | O. Reed

RLS | RLS

6

F. Lovell | L. Smith

WOR | WOR

7


E. Bates | T. Morrison

LBZ | WEY

8

J. Lynn | R. Taylor

BAN | BAN

9 F: 11:40

37: F1 K1 Senior Men Kayak R1 1000

National Championship & Selection 01.07.2023 11:44

1**2****3****4****5****6****7****8****9**

H1: 09:44 > H2: 09:48 > H3: 09:52 > F1: 11:44 > F2: 11:48

38: F2 K1 Senior Men Kayak R1 1000

National Championship & Selection 01.07.2023 11:48

1**2****3****4****5****6****7****8****9**

H1: 09:44 > H2: 09:48 > H3: 09:52 > F1: 11:44 > F2: 11:48

39: F K4 Girls A/B 500

01.07.2023 12:00

1**2****3****4** E. King | I. Patrick ROY | ESK
S. Payne | G. Roeser CLM | WEY**5** T. Kubisch-Wiles | S. Lillis-Brooks RDG | RLS
C. Long | F. Scrivener FOX | FOX**6** E. Bowles-Trow | H. Pemble ADS | ADS
M. Pepper | K. Sklenarova LIN | NOR**7** G. Gordon | Z. Herriot SPS | SPS
A. Pyrz | H. Toovey SPS | SPS**8****9**

F: 12:00

40: H1 K1 Boys Intermediate 500

Intermediate Series 01.07.2023 12:04

1**2****3** Finnley Michael Brookes (12) LIN**4** Oliver Blanchard (13) NOR**5** Fergus Barnett (11) WOR**6** Tom McElhannan (11) WOR**7** William Bowles-Trow (13) ADS**8** Maxwell Young (13) BAN**9**

9 BT in Heats 1-2 to Final

H1: 12:04 > H2: 12:08 > F: 13:16

41: H2 K1 Boys Intermediate 500

Intermediate Series 01.07.2023 12:08

1**2****3** Adam Deri (13) LBZ**4** Henry Hartland (11) BAN**5** Finn Lovell (14) WOR**6** Jack Wade (11) RDG**7** Harrison Schofield (13) NOR**8****9**

9 BT in Heats 1-2 to Final

H1: 12:04 > H2: 12:08 > F: 13:16

42: F K1 Girls C 500

01.07.2023 12:12

1**2****3****4****5****6****7****8****9**


H1: 10:40 > H2: 10:44 > F: 12:12

43: F C1 Junior Boys Canoe 500

01.07.2023 12:16

1		
2	Andrew Elliott (16)	RIC
3		
4	Owen Chisholm (17)	RIC
5		

6	Areg Sarkisyan (16)	RIC
7		
8	Oscar Laws (16)	RIC
9		


 F: 12:16

44: F K2 Girls D 500

01.07.2023 12:20

1		
2		
3	E. Mcaulay L. Phillips	NOR NOR
4	I. Ritchie J. Sargeant	WEY NOR
5	E. Lamb I. Murphy	SOU BAN

6	J. Allan R. Shephard	WEY RDG
7	K. Dixon I. Johansson-Ward	LBZ LBZ
8	H. Tristram L. Tristram	RLS RLS
9		


 F: 12:20

45: F K2 WMasters O34 500

National Championship 01.07.2023 12:24

1		
2		
3	S. Neave K. Wilson	NOT RDG
4	P. Cuenca C. Peck	NOR NOR
5	S. Hartland C. Johnson	BAN BAN

6		
7		
8		
9		


 F: 12:24

46: F K2 WMasters O44 500

National Championship 01.07.2023 12:24

1		
2		
3		
4		
5		

6		
7	E. Taylor S. Walker	NOR NOR
8	C. Banson K. Barkway	BPS BPS
9		


 F: 12:24

47: F K2 Boys C 500

01.07.2023 13:04

1		
2		
3	M. Nagy T. Sales	RDG CAM
4	O. Attwood T. Patterson	WEY LKR
5	M. Pyrz A. Solecki	GLW GLW

6	L. De Bilio A. Murphy	ROY RLS
7	M. Prins-Mills A. Teeuwen	RDG RDG
8	I. Popham-Coveley D. Walker	FOX NOR
9		

 F: 13:04


48: H1 K1 Girls B 500

01.07.2023 13:08

1		
2	Poppy Cove (15)	RIC
3	Emily Bowles-Trow (16)	ADS
4	Catherine Long (16)	FOX
5	Imogen Hunter (18)	CAM

6	Annie Bates (15)	ROY
7	Charlotte Fulford (15)	RDG
8	Alicja Pyrz (15)	SPS
9		

 9 BT in Heats 1-2 to Final

 H1: 13:08 > H2: 13:12 > F: 15:44


49: H2 K1 Girls B 500

01.07.2023 13:12

1		
2	Milly Pepper (17)	LIN
3	Frankie Scrivener (15)	FOX
4	Dianora De Bilio (14)	ROY
5	Beth Perry (17)	SOU

6	Tilla Kubisch-Wiles (17)	RDG
7	Hannah Pemble (18)	ADS
8	Zoe Herriot (14)	SPS
9		

 9 BT in Heats 1-2 to Final


 H1: 13:08 > H2: 13:12 > F: 15:44

50: F K1 Boys Intermediate 500

Intermediate Series 01.07.2023 13:16

1		
2		
3		
4		
5		

6		
7		
8		
9		


 H1: 12:04 > H2: 12:08 > F: 13:16

51: F K1 Paddle-Ability (Sat) R2 500

Paddle-Ability Series 01.07.2023 13:20

1		
2		
3	Cassie Glaves (14)	4AS
4	Jacob Hage (20)	4AS
5	Jacob Mansfield (20)	4AS

6	Matt Fisher (19)	LKR
7	Daniel Warwick (22)	4AS
8		
9		


 F: 13:20

52: F K2 Girls C 500

01.07.2023 13:28

1		
2		
3		
4	M. Dawson E. Widdows	LIN NOR
5	R. Hampton D. Webb	CLM WEY

6	L. Geddes H. Nagy	CDF RDG
7		
8		
9		


 F: 13:28


53: H1 K1 Senior Women Kayak R1 500

National Championship & Selection 01.07.2023 13:32

1		
2	Katie Brookes (20)	WOR
3	Evie Wong (19)	CDF
4	Rebeka Simon (26)	ELM
5	Emily Lewis (30)	WOR

6	Emma Russell (22)	CLM
7	Abi Burgess (23)	WEY
8	Melissa Johnson (25)	CLM
9	Samantha Martyn (23)	WEY

 1st-3rd + 3 BT to Final


 H1: 13:32 > H2: 13:36 > F: 15:36


54: H2 K1 Senior Women Kayak R1 500

National Championship & Selection 01.07.2023 13:36

1		
2	Katy Walker (21)	NOR
3	Lucy Holgate (23)	NOT
4	Zoe Clark (22)	ROY
5	Deborah Kerr (25)	ANK

6	Lucy Lee-Smith (25)	NOR
7	Amy Green (19)	WOR
8	Molly Warburton (18)	ROY
9	Olivia Geddes (19)	CDF

 1st-3rd + 3 BT to Final

 H1: 13:32 > H2: 13:36 > F: 15:36

55: F C1 Senior Men Canoe 500

National Championship & Selection 01.07.2023 13:40

1		
2		
3	Thomas Lambert (21)	LIN
4	Arthur Leech (23)	RIC
5	Jonathon Jones (26)	FLA

6	Ben Phillips (24)	RIC
7	George Bell (20)	FLA
8		
9		

🕒 F: 13:40

56: F C1 Senior Women Canoe R1 200

National Championship & Selection 01.07.2023 13:52

1		
2		
3		
4	Afton Fitzhenry (28)	BCC
5		

6	Isabel Evans (25)	CHE
7		
8		
9		

🕒 F: 13:52

57: H1 K1 Senior Men Kayak 200

National Championship & Selection 01.07.2023 13:56

1	Deni Panev (20)	FOX
2	Alex Rea (19)	CNI
3	Finn O'Brien (21)	CLM
4	Jordi Eccles (26)	ANK
5	Lewis Fletcher (29)	SPS

6	Tom Holland (21)	WEY
7	Matt Fisher (19)	LKR
8	Alex Sheppy (25)	DEV
9	Samuel Irven (19)	CLM

🏆 1st-3rd + 3 BT to Final

🕒 H1: 13:56 > H2: 14:00 > F: 16:20

58: H2 K1 Senior Men Kayak 200

National Championship & Selection 01.07.2023 14:00

1		
2	James Stormont (29)	FOX
3	Benjamin Want (20)	NOR
4	Zak Benstead (22)	ELM
5	Ben Gallacher (22)	SPS

6	Alex Greaves (21)	RLS
7	Drew Howells (18)	CDF
8	Oliver Jackson (19)	LIN
9	Charlie Knowlden (19)	RLS

🏆 1st-3rd + 3 BT to Final

🕒 H1: 13:56 > H2: 14:00 > F: 16:20

59: H1 K1 Boys A 200

01.07.2023 14:04

1		
2		
3	Nathaniel Lamb (16)	SOU
4	Ali Kabeer (17)	WOK
5	Sam Cribbett (18)	RLS

6	Lochie Lovell (16)	WOR
7	Jack Rayment (16)	LBZ
8	James Ross (16)	ELM
9		

🏆 1st-3rd + 3 BT to Final

🕒 H1: 14:04 > H2: 14:08 > F: 15:16

60: H2 K1 Boys A 200

01.07.2023 14:08

1		
2		
3	Rory Strachan (15)	SPS
4	Ivan Barritt (17)	WOR
5	Findlay Lewis (17)	SPS

6	Liam Boland (16)	SLP
7	Koen Ayrar (16)	FOX
8	Andre Hives (17)	SOU
9		

🏆 1st-3rd + 3 BT to Final

🕒 H1: 14:04 > H2: 14:08 > F: 15:16

61: H1 K1 Boys B 200

01.07.2023 14:12

1	Harry Sewell-Catchpole (16)	NOR
2	Jack Niland (16)	FOX
3	James Hills (16)	RIC
4	Leon Dixon (17)	LBZ
5	Trishan Bhoola (17)	RIC

6	Ben Shipway (17)	SOU
7	Flynn Holt (17)	ROY
8	Daniel O Halloran (16)	CLM
9	William Larnier (17)	BAN

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 15:20 > F2: 15:24

62: H2 K1 Boys B 200

01.07.2023 14:16

1	Sam Dickson (14)	FOX
2	Sam Sparks (14)	RLS
3	Lewis Andrews (16)	LIN
4	Philip Levkovskyy (18)	EAL
5	Sam Bates (16)	ROY

6	Tymur Rudnyev (15)	RDG
7	Joseph Ellis (17)	BAN
8	Fletcher Cramer (16)	SOU
9	Conor Hartney (14)	RIC

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 15:20 > F2: 15:24

63: H3 K1 Boys B 200

01.07.2023 14:20

1	Dylan Clarke (16)	SLP
2	Ethan Hunt (15)	FOY
3	Jago Taylor (18)	NOR
4	Ryan Coyle (16)	SPS
5	Isaac Aveson (15)	ROY

6	Freddie Heard (13)	EXE
7	Mikolaj Osmola (16)	GLW
8	Danny Mavra (17)	RIC
9	Tyler Kinder (14)	RDG

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 15:20 > F2: 15:24

64: H1 K1 Boys C 200

01.07.2023 14:24

1		
2		
3	Aidan Teeuwen (16)	RDG
4	Tom Patterson (14)	LKR
5	Owen Attwood (13)	WEY

6	Aeron Murphy (14)	RLS
7	Tom Hatton (14)	ROY
8	Theo Sales (17)	CAM
9		

9 BT in Heats 1-2 to Final

H1: 14:24 > H2: 14:28 > F: 16:08

65: H2 K1 Boys C 200

01.07.2023 14:28

1		
2		
3	William Roeser (14)	WEY
4	Isaac Popham-Coveley (14)	FOX
5	Marcell Nagy (14)	RDG

6	Lorenzo De Bilio (12)	ROY
7	Aksels Karklins (16)	RIC
8	Mikolaj Pyrz (12)	GLW
9		

9 BT in Heats 1-2 to Final

H1: 14:24 > H2: 14:28 > F: 16:08

66: H1 K1 Boys D 200

01.07.2023 14:36

1		
2	Ollie Reed (13)	RLS
3	Sam Whitehead (14)	ADS
4	Marc Amatller (18)	LKR
5	Conrad Packer (13)	RDG

6	Freddy Fowler-Rimell (13)	WOR
7	Edward Kirtland (15)	BSF
8	Tate Morrison (17)	WEY
9		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 14:36 > H2: 14:40 > H3: 14:44 > F1: 16:12 > F2: 16:16

67: H2 K1 Boys D 200

01.07.2023 14:40

1		
2	Rory Smith (16)	NOR
3	Adam Solecki (13)	GLW
4	Ben Eskriett (13)	GAI
5	Max Prins-Mills (16)	RDG

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 14:36 > H2: 14:40 > H3: 14:44 > F1: 16:12 > F2: 16:16

6	Louis Smith (12)	WOR
7	Daniel Kroemer (14)	RLS
8	James Lynn (16)	BAN
9		

68: H3 K1 Boys D 200

01.07.2023 14:44

1		
2		
3	Ewan Bates (13)	LBZ
4	Matteo Selini (13)	RIC
5	Dominic Walker (15)	NOR

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 14:36 > H2: 14:40 > H3: 14:44 > F1: 16:12 > F2: 16:16

6	Ryan Taylor (16)	BAN
7	Doogal Barnett (12)	WOR
8	Danny Saunders (15)	WEY
9		

69: F K1 Masters O34/O44 200

National Championship 01.07.2023 14:52

1		
2	Andrew Boland (51)	SLP
3	Mark Giles (51)	WOR
4	Geoff Lovell (53)	WOR
5	Owen Shephard-Wyatt (36)	CLM

F: 14:52

6	Edgar Boehm (45)	RDG
7	Jonathan Folland (50)	SOR
8	Nigel Jones (44)	NOT
9	Julian Anderson (52)	SOU

70: H1 K1 Mini Kayak + Lightning A 200

Mini-Sprint Series 01.07.2023 14:56

1		
2	Alexander Kowal (8)	GLW
3	Jack Maloney (10)	NOT
4	Toby Carpenter (11)	LIN
5	Sophie Marriot (11)	NOT

9 BT in Heats 1-2 to Final

H1: 14:56 > H2: 15:00 > F: 17:56

6	Conor Bates (9)	LBZ
7	Adriana De Bilio (10)	ROY
8	Harry Ross (11)	ELM
9		

71: H2 K1 Mini Kayak + Lightning A 200

Mini-Sprint Series 01.07.2023 15:00

1		
2		
3	Amy Reed (11)	RLS
4	Joey Mason (12)	GLW
5	Noah Nobbs (11)	NOR

9 BT in Heats 1-2 to Final

H1: 14:56 > H2: 15:00 > F: 17:56

6	Lexi Jones (10)	NOT
7	Matthew Anderson (12)	LBZ
8	Knoah Ayran (11)	FOX
9		

72: F K1 Lightning B 200

Mini-Sprint Series 01.07.2023 15:04

1		
2	Sofia Kowal (10)	GLW
3	Leo Byrne (11)	RLS
4	Alex Pedlar (12)	WOR
5	Chloe Shipway (11)	SOU

F: 15:04

6	Hugo Blanchard (11)	NOR
7	Orla Anderson (10)	SOU
8	Julia Pyrz (8)	GLW
9	Emma Saunders (12)	WEY

73: F K1 Paddle-Ability (Sat) R1 200

Paddle-Ability Series 01.07.2023 15:08

1	
2	Tara Chettle (24) 4AS
3	Daniel Warwick (22) 4AS
4	Cassie Glaves (14) 4AS
5	Jacob Hage (20) 4AS

6	Matt Fisher (19) LKR
7	Jacob Mansfield (20) 4AS
8	Lindsay Thorpe (30) 4AS
9	

🕒 F: 15:08

74: F K1 Boys A 200

01.07.2023 15:16

1	
2	
3	
4	
5	

6	
7	
8	
9	

🕒 H1: 14:04 > H2: 14:08 > F: 15:16

75: F1 K1 Boys B 200

01.07.2023 15:20

1	
2	
3	
4	
5	

6	
7	
8	
9	

🕒 H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 15:20 > F2: 15:24

76: F2 K1 Boys B 200

01.07.2023 15:24

1	
2	
3	
4	
5	

6	
7	
8	
9	

🕒 H1: 14:12 > H2: 14:16 > H3: 14:20 > F1: 15:20 > F2: 15:24

77: F K1 Senior Women Kayak R1 500

National Championship & Selection 01.07.2023 15:36

1	
2	
3	
4	
5	

6	
7	
8	
9	

🕒 H1: 13:32 > H2: 13:36 > F: 15:36

78: F K1 Girls A 500

01.07.2023 15:40

1	
2	Hannah Toovey (15) SPS
3	Iona Patrick (17) SPS
4	Greta Roeser (17) WEY
5	Kamila Sklenarova (16) NOR

6	Mollie Ball (16) DEV
7	Sienna Payne (16) CLM
8	Chloe Ritchie (16) WEY
9	Annabel Hutchinson (17) RDG

🕒 F: 15:40

79: F K1 Girls B 500

01.07.2023 15:44


1	
2	
3	
4	
5	

6	
7	
8	
9	

🕒 H1: 13:08 > H2: 13:12 > F: 15:44

80: F K1 Senior Men Kayak R2 1000

Selection Race 01.07.2023 15:52

1**2****3****4****5****6****7****8****9** F: 15:52

81: F K1 Masters O64 1000

National Championship 01.07.2023 15:56


1**2****3****4****5** Graham Holmes (66)

WEY

6


Derek Marshall (66)

LKR

7**8****9** F: 15:56


82: F K1 Boys C 200

01.07.2023 16:08

1**2****3****4****5****6****7****8****9** H1: 14:24 > H2: 14:28 > F: 16:08


83: F1 K1 Boys D 200

01.07.2023 16:12

1**2****3****4****5****6****7****8****9** H1: 14:36 > H2: 14:40 > H3: 14:44 > F1: 16:12 > F2: 16:16


84: F2 K1 Boys D 200

01.07.2023 16:16

1**2****3****4****5****6****7****8****9** H1: 14:36 > H2: 14:40 > H3: 14:44 > F1: 16:12 > F2: 16:16

85: F K1 Senior Men Kayak 200


National Championship & Selection 01.07.2023 16:20


1**2****3****4****5****6****7****8****9** H1: 13:56 > H2: 14:00 > F: 16:20

86: H1 K1 Senior Women Kayak 200

National Championship & Selection 01.07.2023 16:24

1		
2	Honor Lewis (18)	WEY
3	Llinos Owen (40)	CDF
4	Evie Wong (19)	CDF
5	Emily Lewis (30)	WOR

 1st-3rd + 3 BT to Final 1. Rest to Final 2

 H1: 16:24 > H2: 16:28 > F1: 17:48 > F2: 17:52

6	Abi Burgess (23)	WEY
7	Laura Sugar (32)	PAR
8	Katy Walker (21)	NOR
9		

87: H2 K1 Senior Women Kayak 200

National Championship & Selection 01.07.2023 16:28

1		
2	Melissa Johnson (25)	CLM
3	Lucy Holgate (23)	NOT
4	Molly Warburton (18)	ROY
5	Lucy Lee-Smith (25)	NOR

 1st-3rd + 3 BT to Final 1. Rest to Final 2


 H1: 16:24 > H2: 16:28 > F1: 17:48 > F2: 17:52


6	Amy Green (19)	WOR
7	Olivia Geddes (19)	CDF
8	Charlotte Henshaw (36)	PAR
9		

88: H1 K1 Boys A 1000

01.07.2023 16:44

1		
2		
3	Philippe Ehrnrooth (15)	DEV
4	Ali Kabeer (17)	WOK
5	Ivan Barritt (17)	WOR

 1st-3rd + 3 BT to Final


 H1: 16:44 > H2: 16:48 > F: 18:08


6	Arthur Morley (18)	WEY
7	Sam Cribbett (18)	RLS
8	Findlay Lewis (17)	SPS
9		

89: H2 K1 Boys A 1000

01.07.2023 16:48

1		
2		
3	Liam Boland (16)	SLP
4	Rory Strachan (15)	SPS
5	Joe Enoch (16)	NOT

 1st-3rd + 3 BT to Final

 H1: 16:44 > H2: 16:48 > F: 18:08


6	Lochie Lovell (16)	WOR
7	Olivier Mazur (15)	RDG
8		
9		

90: H1 K1 Boys B 1000

01.07.2023 16:52

1	Alexander Worgan (15)	ROY
2	Dylan Clarke (16)	SLP
3	Dylan Martin (14)	DEV
4	Tymur Rudnyev (15)	RDG
5	Leon Dixon (17)	LBZ

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 16:52 > H2: 16:56 > H3: 17:00 > F1: 18:12 > F2: 18:16


6	Jack Niland (16)	FOX
7	Trishan Bhoola (17)	RIC
8	Fletcher Cramer (16)	SOU
9	William Larnier (17)	BAN

91: H2 K1 Boys B 1000

01.07.2023 16:56

1	Arthur Hunter-Hopkins (14)	DEV
2	Sam Dickson (14)	FOX
3	Jago Taylor (18)	NOR
4	Joseph Ellis (17)	BAN
5	Edward Saunders (17)	WEY

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

 H1: 16:52 > H2: 16:56 > H3: 17:00 > F1: 18:12 > F2: 18:16

6	Daniel O Halloran (16)	CLM
7	Conor Hartney (14)	RIC
8	Tyler Kinder (14)	RDG
9	Flynn Holt (17)	ROY

92: H3 K1 Boys B 1000

01.07.2023 17:00

1	Mikolaj Osmola (16)	GLW
2	Ben Shipway (17)	SOU
3	James Hills (16)	RIC
4	Cassian Payne (15)	CLM
5	Patrick Allan (16)	WEY

6	Freddie Heard (13)	EXE
7	Ethan Hunt (15)	FOY
8	Harry Sewell-Catchpole (16)	NOR
9	Danny Mavra (17)	RIC

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 16:52 > H2: 16:56 > H3: 17:00 > F1: 18:12 > F2: 18:16

93: F C1 Senior Women Canoe 1000

National Championship & Selection 01.07.2023 17:04

1		
2		
3		
4		
5	Anna Palmer (26)	RDG

6		
7		
8		
9		

F: 17:04

94: F K4 Girls C 500

01.07.2023 17:20

1		
2		
3		
4	P. Davison M. Dawson E. Twort E. Widdows	LIN LIN LIN NOR
5	L. Geddes H. Nagy H. Tristram L. Tristram	CDF RDG RLS RLS

6	R. Hampton S. Parkinson R. Perrin D. Webb	CLM RIC CLM WEY
7		
8		
9		

F: 17:20

95: F K4 Girls D 500

01.07.2023 17:24

1		
2		
3		
4	J. Allan I. Murphy M. Olesky R. Shephard	WEY BAN BAN RDG
5	E. Mcaulay L. Phillips I. Ritchie J. Sargeant	NOR NOR WEY NOR

6	K. Dixon I. Johansson-Ward E. Lamb J. Milbradt	LBZ LBZ SOU CAM
7		
8		
9		

F: 17:24

96: F K4 Senior Men Kayak 500

National Championship & Selection 01.07.2023 17:32

1		
2		
3		
4		
5	Z. Benstead B. Gallacher A. Greaves X. Hinves	ELM FOR RLS SOU

6	N. Dembele P. Miles L. Shaw T. Thomson	ORS ORS ORS ORS
7		
8		
9		

F: 17:32

97: F1 K1 Senior Women Kayak 200

National Championship & Selection 01.07.2023 17:48

1		
2		
3		
4		
5		

6		
7		
8		
9		

H1: 16:24 > H2: 16:28 > F1: 17:48 > F2: 17:52

98: F2 K1 Senior Women Kayak 200

National Championship & Selection 01.07.2023 17:52

1**2****3****4****5****6****7****8****9**

H1: 16:24 > H2: 16:28 > F1: 17:48 > F2: 17:52

99: F K1 Mini Kayak + Lightning A 200

Mini-Sprint Series 01.07.2023 17:56

1**2****3****4****5****6****7****8****9**

H1: 14:56 > H2: 15:00 > F: 17:56

100: F K1 Paddle-Ability (Sat) R2 200

Paddle-Ability Series 01.07.2023 18:00

1**2** Daniel Warwick (22)

4AS

3 Cassie Glaves (14)

4AS

4 Jacob Hage (20)

4AS

5 Jacob Mansfield (20)

4AS

6 Matt Fisher (19)

LKR

7 Lindsay Thorpe (30)

4AS

8**9**

F: 18:00

101: F K1 Boys A 1000

01.07.2023 18:08

1**2****3****4****5****6****7****8****9**

H1: 16:44 > H2: 16:48 > F: 18:08

102: F1 K1 Boys B 1000

01.07.2023 18:12

1**2****3****4****5****6****7****8****9**

H1: 16:52 > H2: 16:56 > H3: 17:00 > F1: 18:12 > F2: 18:16

103: F2 K1 Boys B 1000

01.07.2023 18:16

1**2****3****4****5****6****7****8****9**

H1: 16:52 > H2: 16:56 > H3: 17:00 > F1: 18:12 > F2: 18:16

104: F K2 Senior Mixed Kayak 500

National Championship & Selection 01.07.2023 18:44

1**2****3****4** O. Geddes | D. Howells

CDF | CDF

5 Z. Clark | P. Miles

ROY | RLS

6 L. Smith | M. Warburton

LIN | ROY

7 H. Brown | J. Russell

NOT | NOT

8**9**

F: 18:44

105: H1 K2 Boys A/B 1000

Selection Race 02.07.2023 08:32

1		
2	K. Ayran L. Lovell	FOX WOR
3	W. Larner H. Sewell-Catchpole	BAN NOR
4	S. Patterson S. Sroka	SPS SPS
5	I. Barritt S. Cribbett	WOR RLS

1st-2nd + 3 BT to Final 1, 3rd-5th + 3 BT to Final 2

H1: 08:32 > H2: 08:36 > H3: 08:40 > F1: 10:44 > F2: 10:48

6	T. Bullock O. Mazur	EXE RDG
7	I. Aveson T. Hatton	ROY ROY
8	E. Saunders F. Shetty	WEY WEY
9		

106: H2 K2 Boys A/B 1000

Selection Race 02.07.2023 08:36

1		
2	L. Dixon S. Sparks	LBZ RLS
3	J. Ellis N. Prior	BAN ELM
4	F. Cramer A. Kabeer	SOU WOK
5	F. Holt N. Kinzler	ROY RIC

1st-2nd + 3 BT to Final 1, 3rd-5th + 3 BT to Final 2

H1: 08:32 > H2: 08:36 > H3: 08:40 > F1: 10:44 > F2: 10:48

6	J. Ross W. Short	ELM ELM
7	S. Dickson T. Kinder	FOX RDG
8	A. Hunter-Hopkins D. Martin	DEV DEV
9		

107: H3 K2 Boys A/B 1000

Selection Race 02.07.2023 08:40

1		
2		
3	E. Hunt J. Taylor	FOY NOR
4	F. Heard M. Nagy	EXE RDG
5	P. Allan A. Morley	WEY WEY

1st-2nd + 3 BT to Final 1, 3rd-5th + 3 BT to Final 2

H1: 08:32 > H2: 08:36 > H3: 08:40 > F1: 10:44 > F2: 10:48

6	A. Hinvies N. Lamb	SOU SOU
7	P. Ehrnrooth A. Worgan	DEV ROY
8	J. Niland T. Rudnyev	FOX RDG
9		

108: H1 K1 Girls B 1000

02.07.2023 08:48

1		
2		
3	Alicja Pyrz (15)	SPS
4	Poppy Cove (15)	RIC
5	Dianora De Bilio (14)	ROY

9 BT in Heats 1-2 to Final

H1: 08:48 > H2: 08:52 > F: 13:56

6	Hannah Pemble (18)	ADS
7	Frankie Scrivener (15)	FOX
8	Tilla Kubisch-Wiles (17)	RDG
9		

109: H2 K1 Girls B 1000

02.07.2023 08:52

1		
2		
3	Imogen Hunter (18)	CAM
4	Annie Bates (15)	ROY
5	Zoe Herriot (14)	SPS

9 BT in Heats 1-2 to Final

H1: 08:48 > H2: 08:52 > F: 13:56

6	Beth Perry (17)	SOU
7	Milly Pepper (17)	LIN
8	Charlotte Fulford (15)	RDG
9		

110: F K1 Girls C 1000

02.07.2023 08:56

1		
2	Emily Twort (15)	LIN
3	Madeline Dawson (16)	LIN
4	Libby Geddes (17)	CDF
5	Rachael Hampton (17)	CLM

F: 08:56

6	Hanna Nagy (14)	RDG
7	Estelle Widdows (16)	NOR
8	Skye Parkinson (16)	RIC
9	Emma O Halloran (15)	SLP

111: F K2 Senior Men Kayak 1000

National Championship & Selection 02.07.2023 09:00

1	P. Miles L. Shaw	ORS ORS
2	B. Cabrera M. Collinge	ORS ORS
3	M. Johnson P. Wilkes	CLM CLM
4	A. Kovacs J. Martyn	WEY WEY
5	Z. Benstead L. Smith	ELM LIN

6	T. Dowden J. How	RLS NOR
7	F. Cadell A. McIntyre	SPS CLM
8	S. Cribbett A. Greaves	RLS RLS
9	D. Panev J. Stormont	FOX FOX

🕒 F: 09:00

112: F K1 WMasters O34/O44 1000

National Championship 02.07.2023 09:04

1		
2		
3		
4	Katherine Wilson (37)	RDG
5	Rachel Lovell (45)	WOR

6	Kelly Barkway (50)	BPS
7		
8		
9		

🕒 F: 09:04

113: F K1 Senior Women Kayak R2 500

Selection Race 02.07.2023 09:16

1		
2		
3		
4		
5		

6		
7		
8		
9		

🕒 F: 09:16

114: H1 K1 Masters O44 500

National Championship 02.07.2023 09:20

1		
2		
3	Geoff Lovell (53)	WOR
4	James Hinves (49)	SOU
5	Ben Tubby (49)	BSF

6	Edgar Boehm (45)	RDG
7	James Mayers (48)	RUN
8		
9		

🏠 9 BT in Heats 1-2 to Final

🕒 H1: 09:20 > H2: 09:24 > F: 11:08

115: H2 K1 Masters O44 500

National Championship 02.07.2023 09:24

1		
2		
3	Nigel Jones (44)	NOT
4	Julian Anderson (52)	SOU
5	Alastair Pipe (54)	RUN

6	Andrew Boland (51)	SLP
7	Mark Giles (51)	WOR
8		
9		

🏠 9 BT in Heats 1-2 to Final

🕒 H1: 09:20 > H2: 09:24 > F: 11:08

116: H1 K1 Masters O54 500

National Championship 02.07.2023 09:28

1		
2		
3	Paul Brookes (55)	NOT
4	David Martyn (56)	WEY
5	Doug Pemble (58)	ADS

6	Charlie Mayo (58)	DEV
7	Jamie Piper (56)	EXE
8		
9		

🏠 9 BT in Heats 1-2 to Final

🕒 H1: 09:28 > H2: 09:32 > F: 11:12

117: H2 K1 Masters O54 500

National Championship 02.07.2023 09:32

1		
2		
3	Eddie Martin (55)	SLP
4	Howard Blackman (58)	BPR
5	Chris Sze (62)	BSF

9 BT in Heats 1-2 to Final

H1: 09:28 > H2: 09:32 > F: 11:12

6	Nick Garner (54)	RIC
7	Simon Eskriett (59)	GAI
8		
9		

118: H1 K1 Boys D 500

02.07.2023 09:36

1		
2	Sam Whitehead (14)	ADS
3	Ben Eskriett (13)	GAI
4	Ollie Reed (13)	RLS
5	Louis Smith (12)	WOR

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 09:36 > H2: 09:40 > H3: 09:44 > F1: 11:20 > F2: 11:24

6	Tate Morrison (17)	WEY
7	Conrad Packer (13)	RDG
8	Rory Smith (16)	NOR
9		

119: H2 K1 Boys D 500

02.07.2023 09:40

1		
2	Ryan Taylor (16)	BAN
3	Ewan Bates (13)	LBZ
4	Zayan Barker (14)	RLS
5	Matteo Selini (13)	RIC

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 09:36 > H2: 09:40 > H3: 09:44 > F1: 11:20 > F2: 11:24

6	Freddy Fowler-Rimell (13)	WOR
7	Dominic Walker (15)	NOR
8	Adam Solecki (13)	GLW
9		

120: H3 K1 Boys D 500

02.07.2023 09:44

1		
2		
3	Edward Kirtland (15)	BSF
4	Daniel Kroemer (14)	RLS
5	Danny Saunders (15)	WEY

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 09:36 > H2: 09:40 > H3: 09:44 > F1: 11:20 > F2: 11:24

6	Max Prins-Mills (16)	RDG
7	Marc Amatller (18)	LKR
8	Doogal Barnett (12)	WOR
9		

121: F K2 Mini Kayak + Lightning A 500

Mini-Sprint Series 02.07.2023 09:48

1		
2		
3	A. De Bilio I. Lambert	ROY LIN
4	A. Kowal J. Mason	GLW GLW
5	L. Jones S. Marriot	NOT NOT

F: 09:48

6	E. Grant J. Maloney	NOT NOT
7	K. Ayran T. Carpenter	FOX LIN
8		
9		

122: F C1 Senior Women Canoe R2 200

Selection Race 02.07.2023 10:00

1	
2	
3	
4	
5	

F: 10:00


6	
7	
8	
9	

123: H1 K1 Girls B 200

02.07.2023 10:04

1		
2		
3	Dianora De Bilio (14)	ROY
4	Milly Pepper (17)	LIN
5	Frankie Scrivener (15)	FOX

 9 BT in Heats 1-2 to Final

 H1: 10:04 > H2: 10:08 > F: 12:16


6	Poppy Cove (15)	RIC
7	Emily Bowles-Trow (16)	ADS
8	Alicja Pyrz (15)	SPS
9		

124: H2 K1 Girls B 200

02.07.2023 10:08

1		
2		
3	Catherine Long (16)	FOX
4	Annie Bates (15)	ROY
5	Imogen Hunter (18)	CAM

 9 BT in Heats 1-2 to Final

 H1: 10:04 > H2: 10:08 > F: 12:16


6	Tilla Kubisch-Wiles (17)	RDG
7	Zoe Herriot (14)	SPS
8	Beth Perry (17)	SOU
9		

125: H1 K1 Girls C 200

02.07.2023 10:12

1		
2		
3	Hanna Nagy (14)	RDG
4	Libby Geddes (17)	CDF
5	Phoebe Davison (16)	LIN

 9 BT in Heats 1-2 to Final

 H1: 10:12 > H2: 10:16 > F: 12:12


6	Emily Twort (15)	LIN
7	Sofia Lillis-Brooks (17)	RLS
8	Emma O Halloran (15)	SLP
9		

126: H2 K1 Girls C 200

02.07.2023 10:16

1		
2		
3	Skye Parkinson (16)	RIC
4	Madeline Dawson (16)	LIN
5	Estelle Widdows (16)	NOR

 9 BT in Heats 1-2 to Final

 H1: 10:12 > H2: 10:16 > F: 12:12


6	Delilah Webb (15)	WEY
7	Rachael Hampton (17)	CLM
8		
9		

127: H1 K1 Girls D 200

02.07.2023 10:20

1		
2	Lucy Tristram (16)	RLS
3	Giulia Gordon (14)	SPS
4	Ava Wong (15)	CDF
5	Izzy Ritchie (14)	WEY

 9 BT in Heats 1-2 to Final

 H1: 10:20 > H2: 10:24 > F: 12:08


6	Tamsin Pedlar (14)	WOR
7	Eva Mcaulay (14)	NOR
8	Jasmine Sargeant (14)	NOR
9	Kayleigh Dixon (15)	LBZ

128: H2 K1 Girls D 200

02.07.2023 10:24

1		
2	Eloise Lamb (13)	SOU
3	Ruth Shephard (11)	RDG
4	Rebecca Perrin (13)	CLM
5	Lotte Phillips (15)	NOR

 9 BT in Heats 1-2 to Final

 H1: 10:20 > H2: 10:24 > F: 12:08

6	Isabelle Johansson-Ward (16)	LBZ
7	Abigail Strachan (14)	GLW
8	Hannah Tristram (14)	RLS
9	Evie Giles (15)	WOR

129: F K1 Para Men KL2/3 R1 200

02.07.2023 10:28

1	
2	
3	
4	Charlie Knowlden (19) RLS
5	Stuart Wood (29) PAR

6	Jon Tarrant (34) RLS
7	
8	Jonathan White (40) EXE
9	

F: 10:28

130: F K1 Senior Men Kayak R3 Race-Off 1000

Selection Race 02.07.2023 10:36

1	
2	
3	
4	
5	

6	
7	
8	
9	

F: 10:36

131: F C1 Senior Men Canoe R1 1000

National Championship & Selection 02.07.2023 10:40

1	
2	Ben Phillips (24) RIC
3	
4	Arthur Leech (23) RIC
5	

6	Jonathon Jones (26) FLA
7	
8	George Bell (20) FLA
9	

F: 10:40

132: F1 K2 Boys A/B 1000

Selection Race 02.07.2023 10:44

1	
2	
3	
4	
5	

6	
7	
8	
9	

H1: 08:32 > H2: 08:36 > H3: 08:40 > F1: 10:44 > F2: 10:48

133: F2 K2 Boys A/B 1000

Selection Race 02.07.2023 10:48

1	
2	
3	
4	
5	

6	
7	
8	
9	

H1: 08:32 > H2: 08:36 > H3: 08:40 > F1: 10:44 > F2: 10:48

134: F K1 Senior Women Kayak 1000

National Championship & Selection 02.07.2023 10:52

1	
2	Katy Walker (21) NOR
3	Olivia Geddes (19) CDF
4	Samantha Martyn (23) WEY
5	Alice Murphy (30) NOT

6	Katie Brookes (20) WOR
7	Melissa Johnson (25) CLM
8	Lucy Holgate (23) NOT
9	Evie Wong (19) CDF

F: 10:52

135: F K1 Masters O34 500

National Championship 02.07.2023 11:04

1	
2	
3	
4	
5	Owen Shephard-Wyatt (36) CLM

6	
7	Shaune Walsh (36) NOT
8	
9	

F: 11:04

136: F K1 Masters O44 500

National Championship 02.07.2023 11:08

1**2****3****4****5****6****7****8****9**

🕒 H1: 09:20 > H2: 09:24 > F: 11:08

137: F K1 Masters O54 500

National Championship 02.07.2023 11:12

1**2****3****4****5****6****7****8****9**

🕒 H1: 09:28 > H2: 09:32 > F: 11:12

138: F K1 Masters O64 500

National Championship 02.07.2023 11:16

1**2****3****4** Peter Gorman (68)**5** Graham Holmes (66)

WEY

WEY

6 Laszlo Czillaho (66)

RIC

7**8****9**

🕒 F: 11:16

139: F1 K1 Boys D 500

02.07.2023 11:20

1**2****3****4****5****6****7****8****9**

🕒 H1: 09:36 > H2: 09:40 > H3: 09:44 > F1: 11:20 > F2: 11:24

140: F2 K1 Boys D 500

02.07.2023 11:24

1**2****3****4****5****6****7****8****9**

🕒 H1: 09:36 > H2: 09:40 > H3: 09:44 > F1: 11:20 > F2: 11:24

141: F K2 Intermediate Crews 500

Intermediate Series 02.07.2023 11:32

1**2** O. Blanchard | N. Nobbs

NOR | NOR

3 T. Prior | H. Ross

ELM | ELM

4 H. Hartland | M. Olesky

BAN | BAN

5 F. Brookes | T. McElhannan

LIN | WOR

6 F. Barnett | J. Wade

WOR | RDG

7 J. Allan | E. Saunders

WEY | WEY

8 H. Blanchard | H. Schofield

NOR | NOR

9 A. Deri | F. Lovell

LBZ | WOR

🕒 F: 11:32


142: H1 K2 Senior Men Kayak R1 500

National Championship & Selection 02.07.2023 11:36

1		
2		
3	A. Kovacs J. Martyn	WEY WEY
4	T. Dowden J. How	RLS NOR
5	P. Miles L. Shaw	ORS ORS

6	B. Cabrera M. Collinge	FOY FOY
7	F. Cadell A. McIntyre	SPS CLM
8		
9		

 1st-3rd + 3 BT to Final 1. Rest to Final 2


 H1: 11:36 > H2: 11:40 > F: 13:40


143: H2 K2 Senior Men Kayak R1 500

National Championship & Selection 02.07.2023 11:40

1		
2		
3	T. Holland A. Sheppy	WEY DEV
4	S. Bristow J. Eccles	ROY ANK
5	N. Dembele T. Thomson	ORS ORS

6	B. Gallacher X. Hinves	FOR SOU
7	Z. Benstead A. Greaves	ELM RLS
8		
9		

 1st-3rd + 3 BT to Final 1. Rest to Final 2


 H1: 11:36 > H2: 11:40 > F: 13:40

144: F K1 Paddle-Ability (Sun) R1 500

Paddle-Ability Series 02.07.2023 11:44

1		
2		
3		
4	Daniel Warwick (22)	4AS
5	Jacob Mansfield (20)	4AS

6		
7		
8		
9		


 F: 11:44

145: F C2 Senior Women Canoe 200

National Championship & Selection 02.07.2023 12:00

1		
2		
3		
4		
5	B. Gill K. Reid	ORS ORS

6		
7		
8		
9		


 F: 12:00

146: F K2 Senior Women Kayak 200

National Championship & Selection 02.07.2023 12:04

1		
2		
3		
4		
5	N. Hall H. Lewis	WEY WEY

6	C. Le-May T. Yull	NOR NOR
7		
8		
9		


 F: 12:04

147: F K1 Girls D 200

02.07.2023 12:08

1		
2		
3		
4		
5		

6		
7		
8		
9		

 H1: 10:20 > H2: 10:24 > F: 12:08

148: F K1 Girls C 200

02.07.2023 12:12

1**2****3****4****5****6****7****8****9**

H1: 10:12 > H2: 10:16 > F: 12:12

149: F K1 Girls B 200

02.07.2023 12:16

1**2****3****4****5****6****7****8****9**

H1: 10:04 > H2: 10:08 > F: 12:16

150: F K1 Girls A 200

02.07.2023 12:20

1**2****3** Chloe Ritchie (16)**4** Nerys Hall (18)**5** Iona Patrick (17)

WEY

WEY

SPS

6 Hannah Toovey (15)

SPS

7 Kamila Sklenarova (16)

NOR

8**9**

F: 12:20

151: F K1 WMasters O54 200

National Championship 02.07.2023 12:24

1**2****3****4****5** Lynne Fender (58)

NOT

6 Caroline Banson (58)

BPS

7**8****9**

F: 12:24

152: F C1 Senior Men Canoe 200

National Championship & Selection 02.07.2023 12:28

1**2****3****4** George Bell (20)

FLA

5**6** Ben Phillips (24)

RIC

7**8****9**

F: 12:28

153: F K1 Para Men KL2/3 R2 200

02.07.2023 12:32

1**2****3** Jonathan White (40)

EXE

4**5** Jon Tarrant (34)

RLS

6 Charlie Knowlden (19)

RLS

7**8****9**

F: 12:32

154: F K2 Intermediate Crews 200

Intermediate Series 02.07.2023 12:36

1**2** T. Prior | H. Ross

ELM | ELM

3 H. Hartland | M. Olesky

BAN | BAN

4 J. Allan | E. Saunders

WEY | WEY

5 H. Blanchard | H. Schofield

NOR | NOR

6 F. Barnett | J. Wade

WOR | RDG

7 F. Brookes | T. McElhannan

LIN | WOR

8 O. Blanchard | N. Nobbs

NOR | NOR

9 A. Deri | F. Lovell

LBZ | WOR


F: 12:36

155: F K2 Masters O34/O44 500

National Championship 02.07.2023 12:44

1		
2	G. Smith A. Want	NOR NOR
3	J. Mayers A. Pipe	RUN RUN
4	R. Bullock G. Lovell	EXE WOR
5	C. Heard J. Piper	EXE EXE

6	C. Mayo B. Nagy	DEV RDG
7	N. Jones S. Walsh	NOT NOT
8	C. Sze B. Tubby	BSF BSF
9	J. Anderson J. Hinvies	SOU SOU


 F: 12:44

156: F K2 Lightning B 500

Mini-Sprint Series 02.07.2023 12:48

1		
2		
3		
4		
5	S. Kowal J. Pyrz	GLW GLW

6	O. Anderson C. Shipway	SOU SOU
7		
8		
9		


 F: 12:48

157: H1 K1 Boys A 500

02.07.2023 12:52

1	Will Short (16)	ELM
2	Sam Patterson (16)	SPS
3	Koen Ayran (16)	FOX
4	Ali Kabeer (17)	WOK
5	Findlay Lewis (17)	SPS

6	Arthur Morley (18)	WEY
7	Nathaniel Lamb (16)	SOU
8	Rory Strachan (15)	SPS
9	Olivier Mazur (15)	RDG

 1st-3rd + 3 BT to Final


 H1: 12:52 > H2: 12:56 > F: 14:28


158: H2 K1 Boys A 500

02.07.2023 12:56

1		
2	Philippe Ehrnrooth (15)	DEV
3	James Ross (16)	ELM
4	Lochie Lovell (16)	WOR
5	Ivan Barritt (17)	WOR

6	Sam Cribbett (18)	RLS
7	Liam Boland (16)	SLP
8	Jack Rayment (16)	LBZ
9	Andre Hinvies (17)	SOU

 1st-3rd + 3 BT to Final

 H1: 12:52 > H2: 12:56 > F: 14:28


159: H1 K1 Boys B 500

02.07.2023 13:00

1	Sam Bates (16)	ROY
2	Tyler Kinder (14)	RDG
3	Fletcher Cramer (16)	SOU
4	Joseph Ellis (17)	BAN
5	Danny Mavra (17)	RIC

6	Lewis Andrews (16)	LIN
7	Arthur Hunter-Hopkins (14)	DEV
8	Dylan Clarke (16)	SLP
9	Sam Dickson (14)	FOX

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 13:00 > H2: 13:04 > H3: 13:08 > H4: 13:12 > F1: 14:32 > F2: 14:36


160: H2 K1 Boys B 500

02.07.2023 13:04

1	Ben Shipway (17)	SOU
2	Sam Sparks (14)	RLS
3	Cassian Payne (15)	CLM
4	Flynn Holt (17)	ROY
5	Dylan Martin (14)	DEV

6	James Hills (16)	RIC
7	Jack Niland (16)	FOX
8	William Larnier (17)	BAN
9	Jago Taylor (18)	NOR

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 13:00 > H2: 13:04 > H3: 13:08 > H4: 13:12 > F1: 14:32 > F2: 14:36

161: H3 K1 Boys B 500

02.07.2023 13:08

1	Conor Hartney (14)	RIC
2	Alexander Worgan (15)	ROY
3	Ryan Coyle (16)	SPS
4	Edward Saunders (17)	WEY
5	Mikolaj Osmola (16)	GLW

6	Ethan Hunt (15)	FOY
7	Nathan Prior (16)	ELM
8	Daniel O Halloran (16)	CLM
9	Harry Sewell-Catchpole (16)	NOR

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 13:00 > H2: 13:04 > H3: 13:08 > H4: 13:12 > F1: 14:32 > F2: 14:36

162: H4 K1 Boys B 500

02.07.2023 13:12

1		
2	Freddie Heard (13)	EXE
3	Isaac Aveson (15)	ROY
4	Leon Dixon (17)	LBZ
5	Tymur Rudnyev (15)	RDG

6	Philip Levkovskyy (18)	EAL
7	Patrick Allan (16)	WEY
8	Szymon Sroka (15)	SPS
9	Trishan Bhoola (17)	RIC

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 13:00 > H2: 13:04 > H3: 13:08 > H4: 13:12 > F1: 14:32 > F2: 14:36

163: F K4 Boys C 500

02.07.2023 13:16

1		
2		
3		
4		
5	M. Nagy C. Packer	RDG RDG
	M. Prins-Mills A. Teeuwen	RDG RDG

6	O. Attwood T. Patterson	WEY LKR
	I. Popham-Coveley D. Walker	FOX NOR
7		
8		
9		

F: 13:16

164: F K4 Boys D 500

02.07.2023 13:20

1		
2		
3		
4	Z. Barker F. Barnett	RLS WOR
	O. Reed J. Wade	RLS RDG
5	W. Bowles-Trow T. Morrison	ADS WEY
	D. Saunders S. Whitehead	WEY ADS

6	E. Bates A. Deri	LBZ LBZ
	M. Grant E. Kirtland	NOT BSF
7	D. Barnett F. Fowler-Rimell	WOR WOR
	F. Lovell L. Smith	WOR WOR
8		
9		

F: 13:20

165: F C1 Senior Women Canoe 500

National Championship & Selection 02.07.2023 13:28

1		
2		
3		
4	Anna Palmer (26)	RDG
5		

6	Afton Fitzhenry (28)	BCC
7		
8		
9		

F: 13:28

166: F K2 Senior Women Kayak R1 500

National Championship & Selection 02.07.2023 13:36

1		
2		
3	N. Hall H. Lewis	WEY WEY
4	L. Lee-Smith E. Lewis	ORS ORS
5	C. Le-May T. Yull	NOR NOR

6	D. Kerr E. Russell	ORS ORS
7	K. Brookes S. Martyn	WOR WEY
8		
9		

F: 13:36

167: F K2 Senior Men Kayak R1 500

National Championship & Selection 02.07.2023 13:40

1**2****3****4****5****6****7****8****9**

🕒 H1: 11:36 > H2: 11:40 > F: 13:40

168: F K1 Girls A 1000

02.07.2023 13:52

1**2** Mollie Ball (16)

DEV

3 Hannah Toovey (15)

SPS

4 Annabel Hutchinson (17)

RDG

5 Chloe Ritchie (16)

WEY

6 Sienna Payne (16)

CLM

7 Kamila Sklenarova (16)

NOR

8 Nerys Hall (18)

WEY

9

🕒 F: 13:52

169: F K1 Girls B 1000

02.07.2023 13:56

1**2****3****4****5****6****7****8****9**

🕒 H1: 08:48 > H2: 08:52 > F: 13:56

170: F K2 Girls D 1000

02.07.2023 14:00

1**2****3****4** E. Mcaulay | L. Phillips

NOR | NOR

5 J. Allan | R. Shephard

WEY | RDG

6 I. Ritchie | J. Sargeant

WEY | NOR

7 K. Dixon | I. Johansson-Ward

LBZ | LBZ

8**9**

🕒 F: 14:00

171: F K2 Masters O54/O64 1000

National Championship 02.07.2023 14:04

1**2****3****4** P. Gorman | G. Holmes

WEY | WEY

5 H. Blackman | B. Lawrenson

BPR | BPR

6 P. Brookes | D. Martyn

NOT | WEY

7 C. Mayo | C. Sze

DEV | BSF

8**9**

🕒 F: 14:04

172: F K2 WMasters O34/O44 1000

National Championship 02.07.2023 14:08

1**2****3****4** C. Banson | K. Barkway

BPS | BPS

5 A. Hinkova | E. Taylor

NOR | NOR

6 S. Hartland | C. Johnson

BAN | BAN

7**8****9**

🕒 F: 14:08

173: F C1 Senior Men Canoe R2 1000

Selection Race 02.07.2023 14:12

1**2****3****4****5****6****7****8****9**

🕒 F: 14:12

174: F K1 Boys A 500

02.07.2023 14:28

1**2****3****4****5****6****7****8****9**

🕒 H1: 12:52 > H2: 12:56 > F: 14:28

175: F1 K1 Boys B 500

02.07.2023 14:32

1**2****3****4****5****6****7****8****9**

🕒 H1: 13:00 > H2: 13:04 > H3: 13:08 > H4: 13:12 > F1: 14:32 > F2: 14:36

176: F2 K1 Boys B 500

02.07.2023 14:36

1**2****3****4****5****6****7****8****9**

🕒 H1: 13:00 > H2: 13:04 > H3: 13:08 > H4: 13:12 > F1: 14:32 > F2: 14:36

177: F K1 Boys C 500

02.07.2023 14:40

1 Owen Attwood (13)

WEY

2 Tom Patterson (14)

LKR

3 Isaac Popham-Coveley (14)

FOX

4 Aidan Teeuwen (16)

RDG

5 Theo Sales (17)

CAM

6 Lorenzo De Bilio (12)

ROY

7 Mikolaj Pyrz (12)

GLW

8 Tom Hatton (14)

ROY

9 Marcell Nagy (14)

RDG

🕒 F: 14:40

178: F K4 Mini Kayak + Lightning A 500

Mini-Sprint Series 02.07.2023 14:44

1**2****3****4** M. Anderson | K. Ayran

LBZ | FOX

C. Bates | H. Ross

LBZ | ELM

5 H. Blanchard | T. Carpenter

NOR | LIN

I. Lambert | N. Nobbs

LIN | NOR

6

A. Kowal | S. Kowal

GLW | GLW

7

J. Mason | J. Pyrz

GLW | GLW

8

E. Grant | L. Jones

NOT | NOT

9

J. Maloney | S. Marriot

NOT | NOT

🕒 F: 14:44

179: F K1 Paddle-Ability (Sun) R2 500

Paddle-Ability Series 02.07.2023 14:48

1**2****3****4****5** Daniel Warwick (22)

4AS

6

Jacob Mansfield (20)

4AS

7**8****9**

🕒 F: 14:48


180: H1 K1 Senior Men Kayak 500

National Championship & Selection 02.07.2023 14:56

1	Alex Rea (19)	CNI
2	Jordi Eccles (26)	ANK
3	Drew Howells (18)	CDF
4	Finn Cadell (23)	SPS
5	Tom Lusty (28)	SOL

6	Trevor Thomson (24)	EAL
7	Alex McIntyre (23)	CLM
8	Finn O'Brien (21)	CLM
9	Harvey Grant (19)	RIC

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 14:56 > H2: 15:00 > H3: 15:04 > H4: 15:08 > F1: 17:08 > F2: 17:12


181: H2 K1 Senior Men Kayak 500

National Championship & Selection 02.07.2023 15:00

1	Timothy Dowden (22)	RLS
2	Jason Grice (22)	SOL
3	Zak Benstead (22)	ELM
4	Tom Holland (21)	WEY
5	Daniel Johnson (28)	CLM

6	Lewis Fletcher (29)	SPS
7	Peter Wilkes (31)	CLM
8	Owain Herbert (22)	CLM
9	Dan Sklenar (18)	NOR

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 14:56 > H2: 15:00 > H3: 15:04 > H4: 15:08 > F1: 17:08 > F2: 17:12


182: H3 K1 Senior Men Kayak 500

National Championship & Selection 02.07.2023 15:04

1		
2	Matt Fisher (19)	LKR
3	Alex Sheppy (25)	DEV
4	Stuart Bristow (27)	ROY
5	Matthew Johnson (27)	CLM

6	James How (23)	NOR
7	Oliver Jackson (19)	LIN
8	Alex Greaves (21)	RLS
9	James Stormont (29)	FOX

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 14:56 > H2: 15:00 > H3: 15:04 > H4: 15:08 > F1: 17:08 > F2: 17:12


183: H4 K1 Senior Men Kayak 500

National Championship & Selection 02.07.2023 15:08

1		
2	Samuel Irvén (19)	CLM
3	Deni Panev (20)	FOX
4	Ben Gallacher (22)	SPS
5	Philip Miles (21)	RLS

6	Benjamin Cabrera (19)	FOY
7	Lewis Smith (20)	LIN
8	Ewan McDougal (21)	WOR
9	Finlay Topham (18)	RDG

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 14:56 > H2: 15:00 > H3: 15:04 > H4: 15:08 > F1: 17:08 > F2: 17:12

184: F C1 Senior Men Canoe 5000

Selection Race 02.07.2023 15:24

Y6	Jonathon Jones (26)	FLA
Y7	George Bell (20)	FLA

Y8	Arthur Leech (23)	RIC
Y9	Ben Phillips (24)	RIC


 F: 15:24

185: F C1 Senior Women Canoe 5000

Selection Race 02.07.2023 15:28

W6	Bethany Gill (27)	CLM
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W7	Anna Palmer (26)	RDG
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 F: 15:28

186: F K1 Senior Men Kayak 5000

Selection Race 02.07.2023 15:56

Y101	James Russell (25)	NOT
Y102	Matthew Johnson (27)	CLM
Y103	Alex McIntyre (23)	CLM
Y104	Daniel Johnson (28)	CLM
Y105	Stuart Bristow (27)	ROY
Y106	Finn Cadell (23)	SPS
Y107	Jordi Eccles (26)	ANK
Y108	James How (23)	NOR

Y109	Joe Fitzpatrick (30)	BSF
Y110	Peter Wilkes (31)	CLM
Y111	Lewis Smith (20)	LIN
Y112	Timothy Dowden (22)	RLS
Y113	Albert Hicks (29)	NOR
Y114	Dan Sklenar (18)	NOR
Y115	Charlie Smith (24)	NOT
Y116	Drew Howells (18)	CDF

 F: 15:56

187: F K1 Senior Women Kayak 5000

Selection Race 02.07.2023 16:00

W10 Katie Brookes (20)	WOR
W11 Hannah Brown (33)	NOT
W12 Alice Murphy (30)	NOT

W13 Melissa Johnson (25)	CLM
W14 Olivia Geddes (19)	CDF
W15 Samantha Martyn (23)	WEY

🕒 F: 16:00

188: F1 K1 Senior Men Kayak 500

National Championship & Selection 02.07.2023 17:08

1
2
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8
9

🕒 H1: 14:56 > H2: 15:00 > H3: 15:04 > H4: 15:08 > F1: 17:08 > F2: 17:12

189: F2 K1 Senior Men Kayak 500

National Championship & Selection 02.07.2023 17:12

1
2
3
4
5

6
7
8
9

🕒 H1: 14:56 > H2: 15:00 > H3: 15:04 > H4: 15:08 > F1: 17:08 > F2: 17:12

190: F K2 Senior Women Kayak R2 500

Selection Race 03.07.2023 09:00

1
2
3
4
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6
7
8
9

🕒 F: 09:00

191: F K2 Senior Men Kayak R2 500

Selection Race 03.07.2023 09:15

1
2
3
4
5

6
7
8
9

🕒 F: 09:15

192: F C2 Senior Men Canoe R3 Race-Off 500

Selection Race 03.07.2023 09:30

1
2
3
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5

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7
8
9

🕒 F: 09:30

193: F C1 Senior Women Canoe R3 Race-Off 200

Selection Race 03.07.2023 09:45


1
2
3
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5

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9

🕒 F: 09:45


194: F K1 Senior Women Kayak R3 Race-Off 500

Selection Race 03.07.2023 11:00

1**2****3****4****5****6****7****8****9** F: 11:00


195: F C2 Senior Women Canoe R3 Race-Off 500

Selection Race 03.07.2023 11:15

1**2****3****4****5****6****7****8****9** F: 11:15


196: F C1 Senior Men Canoe R3 Race-Off 1000

Selection Race 03.07.2023 11:30

1**2****3****4****5****6****7****8****9** F: 11:30


197: F K2 Senior Men Kayak R3 Race-Off 500

Selection Race 03.07.2023 12:45

1**2****3****4****5****6****7****8****9** F: 12:45

198: F K2 Senior Women Kayak R3 Race-Off 500

Selection Race 03.07.2023 13:00

1**2****3****4****5****6****7****8****9** F: 13:00

Welcome

British Canoeing Sprint Racing National Regatta including selection events for Senior and Junior crews

Welcome to the third National Regatta of the year, the Open & British National Seniors and Masters Championships.

National Regattas are held under BC Sprint Racing Competition Rules and Terms/Conditions of Participation.

Covid Secure Mitigations

Covid code of behaviour

You must:

- Do not attend if you have COVID-19 symptoms, or have received a positive test result.
- Do not attend if you live in the same household as someone with COVID-19, unless you are fully vaccinated or aged under 18 years and 6 months.
- Please understand that social distancing may not be possible during a rescue or administration of first aid.

Distribution of promotion and MiniSprint certificates

Past Junior Promotion and Mini Sprint Certificates can be collected by Team Leaders from the Information Point in the Event Organisers cabin (near the foot of the Finish Tower) on Sunday.

Rescues and assistance

Before any Regatta Official physically assists a competitor on/in the water, they will ask whether any help is needed, or if the competitor can make themselves safe.

The safety of everyone on the water is paramount and, where possible, all necessary help will be provided.

Officials will ensure the safety of competitors before salvaging any equipment.

First Aid

Where possible those attending should self-administer first aid or receive it from their own coach. Coaches are advised to bring an appropriate first aid kit and PPE.

There will be first aiders and a paramedic on site to assist where required.

Please use the [National Regatta Incident Reporting](#) form to register any self-managed incidents.

Key Contacts

Chief Official

Paul Edwardes

regatta.chiefofficial@vol.britishcanoeing.org.uk

Competition Queries

Cathy Wynne

sprintregatta@outlook.com

Volunteer Coordinator

Ann Hoile

regatta.volunteercoordinator@vol.britishcanoeing.org.uk

New for 2023

Parking

There are new directions from Serco (the HPP managers) related to traffic flow, parking, boat storage, and patio lawn use charges.

Access to parking is via the Main Car Park entrance then, at the Elms Gate (at what3words ///foods.stored.rungs) turn right on to the new one-way system. The exit will be via the Ski Tow gate (at what3words ///secret.engage.universally).

Use of the Boathouse entrance is restricted to Paddle Ability, Regatta Officials, and Paracanoe. However, long trailers can be parked (with one tow vehicle) near the boatsheds. Standard charges for the vehicle (see below), but no extra for the trailer.

Boat racks are also available near the boathouse and are free to use on a first-come first served basis. It is understood that there is space for approx. 500 boats.

Participant parking will only be allowed on the grassy bank on the south side of the lake. There will be no parking in front of the concrete stepped area near the Patio Lawn.

Please be mindful of others when erecting gazebos, windbreaks, etc and do not block/take up parking space.

Parking will be charged on entry at £5.00/day =£4.70/day + £0.30 booking fee with payment using the Tap2Park Service on <https://parkpcm.co.uk/index.php>, using code 4455. You can prepay.

Additionally, clubs/participants using the Patio Lawn by erecting gazebos, etc will be charged £25. This must be pre-booked by email through: cindy.appleby@serco.com. Please, do not store boats on the patio lawn.

Facilities and catering

The café will be open for breakfast from 7.00 am and will have hot food available until 4.00 pm, but will remain open for snacks and drinks until 6.00 pm. Alcoholic drinks will also be available.

Information point

We will not have a Secretary's Desk at this Regatta. Promotion certificates, Canoe Sprint and Marathon 2023 Handbooks and **sets of Lane Numbers** at a cost of £45 can be purchased from the Information Point at the Event Organisers' Cabin, below the main building near the Finish Tower.

Communication

All information regarding the event will be posted on the [SRC website](#) and the [National Regatta site](#) as with all regattas. The Programme for this event will only be available online from the SRC website link above. The Start Lists will be 'live' and updated during the regatta on the National Regatta site.

Regatta organisers will use one-way WhatsApp to disseminate important information during the event.

Scan this QR code to join this WhatsApp group

National Regatta
WhatsApp community



Contacting Officials: If a Team Leader has a crew change, a scratch or a question, please use one of the following online forms:

[Crew boat changes](#)

[Withdrawal/scratches](#)

[General enquiries and questions](#)

[National Regatta Incident Reporting](#) - only monitored over the Regatta Weekend

Access to the Finish Tower and Bridge level of the Main Building is restricted to Regatta Officials. Team Leaders will be granted access **only when called** to meet with a Regatta Official. **DO NOT** enter via the Centre Building, access only via the external stairs on the Tower.

Protests

A protest made during a competition must be in written form. A verbal protest will not be recognised. A protest addressed to the Competition Committee can be emailed to the Chief Official on regatta.chiefofficial@britishcanoeing.org.uk. A fee of £15 will be applied when a protest is not upheld.

A protest regarding the published result of a race must be made within 20 minutes of that result being published. A protest following a disqualification must be made within 20 minutes of the coach or athlete being informed of the disqualification.

Intermediate Sprint Kayak (U14) K1 Event Series

Boys Intermediate Kayak (BIK) and Girls Intermediate Kayak (GIK)

Following the review of the Intermediate races in 2022, this year, we are further developing the Intermediate Series by introducing K2 events over 200m and 500m

Once paddlers have achieved the qualification time for a Junior D class they will be promoted and no longer be allowed to race the BIK or GIK classes.

BIK and GIK paddlers will be allowed to race in D class K4 crew boats if 50% of the paddlers in the crew boat are of the D class.

MINI and LTB events

The LTA class has been renamed MINI to reflect that paddlers may use a Mini-kayak or Lightning boat. MINI time bands match the existing LTA time bands, which remain unchanged. Paddlers in the MINI class can use Mini-kayak or Lightning boat, but not a full-sized racing boat. As last year, the K1 events will alternate between 200m and 500m for each regatta from April to September.

Lightning B will remain unchanged, competing with Lightning boats only.

Shared early morning use of the course

If you plan to warm up on the course before the Competition starts, please be aware that for some of the warmup sessions, rowers could be training on the lake between the 1000m and 2000m marks. They will travel down past the 1000m start in Lane 10 and return to the Boathouses using Lane 0. To avoid any potential disturbance from the rowers, please warm up in the area between lanes 1 to 9 from the Finish Tower to the 1000m Starts, until the rowers leave the course.

If you are parking a trailer on the hardstanding in front of the Boat Houses, please keep a look out for rowers carrying boats crossing this area to reach the boathouse and their coaches on bikes.

Check, Clean, Dry

There are important steps we can all take to help stop the spread of invasive species. If you follow our simple Check, Clean and Dry steps below, you'll be making big steps forward in protecting the natural habitats of our rivers, canals and waterways. Regardless of the type of canoeing you do, whether competitive or recreational, inland or

coastal, the chances are that you take your canoe/kayak onto different watercourses where there is a chance you may come in contact with these harmful species.

- Check you're not carrying living organisms.
- Clean all equipment, clothing, and shoes.
- Dry equipment and clothing carefully.

Social Media

Why not subscribe to our Instagram accounts, **canoesprintUK**, or Twitter account, **canoesprintUK**, where we'll be sharing sprint-related photos and videos going forwards.

As we are working to increase the social media presence of Sprint Racing nationally, please, use the following hashtags alongside any photos or videos that you publish on social media ahead of, during, and after the National Regattas.

Hashtags	#nottsregatta #canoesprintlegends
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Event Security

The National Water Sports Centre has asked us to raise awareness about Security at the event.

Please, ensure that you do not leave your belongings unattended during the weekend. Please, also keep your car locked when unattended.

If you see anyone acting suspiciously, please, report it immediately to Reception on 0115 982 1212, any Regatta Official, or at the Information Point.

Information for Team Leaders

What do I need to do if I am appointed as my Club's Sprint Team Leader?

- contact the Regatta Committee with your contact details and request a password to access the online entry system by emailing regatta.chair@vol.britishcanoeing.org.uk
- update your club's officials to include their contact details (email address and mobile number)
- maintain the paddler records for your club
- register new paddlers before the deadline for each regatta
- coordinate with Team Leaders from other clubs for mixed club crew boat entries

- submit entries for your club's paddlers once entries are open for a competition. Entries can be added incrementally at any time up to the entry deadline at which point all entries that have been made become your submitted entries
- once your club's entry for a regatta is completed, or the deadline past, arrange payment of the entry fees. The online entry system will calculate the total and give you a breakdown for each of your paddlers
- respond to entry queries raised by the Regatta Committee

What are my responsibilities as a Team Leader?

As a Team Leader for a club, you take on certain responsibilities for the paddlers from your club before, during and after the regatta weekend. This covers several areas including:

- ensuring paddlers hold a current SCA/CNI/Canŵ Cymru or BC 'On the water' membership before submitting their entries.
- submitting and paying for entries.
- attending the Team Leaders online meeting on the Tuesday evening before the regatta.
- monitoring the Team Leaders Broadcast WhatsApp group.
- briefing your paddlers about regatta rules and informing the parents/guardians of Juniors of these where appropriate.
- ensuring that all your club paddlers have achieved the relevant standard (time and proficiency) to compete at National Regattas.
- ensuring that all paddlers are able to swim at least 50 metres.
- ensuring that paddlers are suitably dressed for the conditions prevailing at the time of the event.
- ensuring that paddlers entered for events are competent to handle the prevailing conditions and can manoeuvre their craft. All paddlers must have been taught what to do in the event of capsize.
- ensuring that boats racing from your club carry additional buoyancy and are water worthy.
- ensuring that all paddlers wear buoyancy aids when requested by the Competition Committee in adverse weather conditions.
- ensuring that paddlers are on the water with enough time to make their start times, visibly wearing their club colours and displaying the correct lane number for their race.
- resolving issues that are raised by the Competition Committee. Where required, you will be asked to come to the top of the Finish Tower (via the external stairs), you will be called there by the Commentary Team and via WhatsApp broadcast.
- completing Incident Report Forms for any accidents/incidents involving attendees from your club that have occurred during the regatta.
- advising Juniors D's who have been promoted that they need to become British Canoeing members and update the paddler database with their membership number.

- encouraging paddlers to shower after using the Regatta Course and ensure that all cuts and abrasions are covered with waterproof plasters before proceeding on the water. An NWSC guide to water-related illness is available from the NWSC reception desk.

You will be responsible for ensuring that your club's entry fees are paid as soon as possible after the entry deadline, these **must be paid no later than 15:00 on the Day before the regatta**.

As these regattas cost a lot of money to run, we need to ensure that entry fees are paid promptly. **If payment isn't received by 15:00 the Day before the regatta, your paddlers will not be able to compete.**

If the regatta, or part of the regatta, must be cancelled or is delayed due to weather conditions, or other circumstances outside of our control, unfortunately, we will not be able to refund entry fees.

When is the Online Team Leaders' meeting?

The Online Team Leaders' meeting will take place at **8 pm Tuesday 27th June**. It will be open to Team Leaders who should sign in via the chat feature at the start of the meeting. Please review the Event Briefing (distributed with a recent Regatta Bulletin) before the meeting and pass on the relevant information to your club members attending the regatta. The meeting will start with a review of the technical information for the regatta including any competition changes being implemented, followed by a review of the deletions and any name changes submitted via the online form since the publication of the Start Lists. Agreed changes resulting from this meeting are then made to the programme, which is then re-issued to the officials running the regatta.

Any additional crew changes or scratches occurring after the Team Leaders' meeting must be submitted via the online forms:

[Crew Changes](#)

[Withdrawals/Scratches](#)

at least 60 minutes before the race.

What additional rules do I need to know?

In addition to the rules outlined in the *Information for Competitors* section which follows you also need to be aware of the following.

Ensuring adequate buoyancy

BC Sprint Racing Competition Rules require that following a capsize, all kayaks and canoes must be able to remain floating level with the surface of the lake when filled with water while supporting the weight of the crew. It is your responsibility to ensure that all your paddlers have the correct buoyancy fitted in their boats. Buoyancy will be checked. Any boat other than with sealed bulkheads which visibly has insufficient buoyancy fitted, will not be allowed on the water until additional buoyancy is added. If a boat is found to have insufficient buoyancy at Boat Control after racing, this will be reported to the Competition Committee and will result in Penalty Points being issued to the paddler.

You should also ensure that all your paddlers always bring buoyancy aids/life jackets with them. Should the weather conditions on the Regatta Course prove inclement, it may become necessary to introduce the mandatory wearing of Buoyancy Aids/Life Jackets for some or all paddlers. All the time this is a requirement an Orange Flag will be displayed on the Flagpole by the Finish Tower. In these circumstances, competitors will not be allowed to go afloat without buoyancy aids/life jackets that conform to BS EN ISO 12402-5. The use of spraydecks is also strongly recommended for all sprint competitors when the Orange Flag is displayed.

Ensuring paddlers have British Canoeing Membership

All competitors from your club need to be current full members of British Canoeing. The only exception to this is Junior club associate members ranked in Girls D, Boys D, Intermediate's or Mini-Sprint classes

Junior paddlers who are associate British Canoeing members, when promoted to 'C' or above, must then become a full 'On the Water' member of British Canoeing before the next regatta.

Please update your club paddlers' Paddler Registration details with the new British Canoeing number once promoted to Junior C

Penalty points and disqualification

You are asked to ensure that your club competitors are aware of and accept the racing rules and terms/conditions of participation. Penalty points will be incurred, or disqualification may occur, for those paddlers ignoring the regatta rules. The rules are intended to ensure the fair, safe and efficient running of the regatta.

In instances where penalty points have been awarded, or where disqualification has occurred, you may be asked to meet with the Competition Committee at the top of the Finish Tower and relay the outcome to the relevant paddler(s). A statement of the currently active penalty points will also appear in the official results that are published shortly after the regatta.

Am I responsible for my club members' parking?

Please take an active role in ensuring that your club members and supporters observe the car parking rules outlined in the *Information for everyone* section below.

Information for Competitors

How is the course laid out?

The layout of the course is shown on the diagram on the back page of this Guide and the Regatta programme. Please take time to familiarise yourself with the course and the areas where you are and are not allowed to paddle.

Can I use the course to warm up before my race?

Once the safety boats are on the water, you are welcome to use the regatta lake to warm up. No paddling is permitted

on the lake without appropriate safety cover being in place. Safety boats will be in place from 7:45 am on Saturday, and from 7.00 am on Sunday. The safety boats will stay on the course until shortly after the last race on each day.

Please do not go too far down the course as we are unable to provide effective safety support to you. Remember too that you are not allowed to practice in the race area.

Can I practise starting from a gate?

If you have not used the start gates before, or if you would like a refresher on how to line yourself up into the buckets, we will be holding open practice sessions at the start of Saturday. See the timetable for details.

Are there any rules I need to know?

The National Sprint Regattas follow a detailed set of rules. The British Canoeing Sprint Racing Competition Rules and the National Sprint Regatta Terms/Condition of Participation. These can be read in full in the annual Canoe Sprint & Marathon Handbook. This can be purchased at the Information Point in the Event Organisers cabin (near the foot of the Finish Tower).

A few specific rules that you need to be aware of have been included in this *Information for Competitors* section. These rules help with the fair, safe and efficient running of the regatta.

What are the minimum boat weights?

In sprint racing, there are minimum weights for boats (*BC SRC Regulation 9*). These vary according to the class of boat.

K1 12kg C1 14kg

K2 18kg C2 20kg

K4 30kg C4 30kg

Paracanoe: K1 12kg; V1 13kg (inc. hull, ama & iako)

It is your responsibility to make sure that your boat is at least that weight or heavier and to bring with you any additional weights that you need. If your boat requires additional weight to be added this must be firmly attached to your boat, a loose bag of stones or sand tucked under the seat is not acceptable. The weight of your boat is the weight measured using the Boat Control weighing scales on the day of the regatta, not the scales at your club or your kitchen scales at home, so please don't argue with the Boat Control officials. Boat Control is based at the bottom of the tower.

If you race in an underweight boat you can be disqualified.

At a National Sprint Regatta, you are not obliged to have your boat weighed before your race, although this is recommended, and you can do this at any time when the Officials are not busy weighing boats from a race. However, you may be called into Boat Control immediately after your race, which means going directly to the Boat Control pontoon, after crossing the finish line, for your boat to be checked.

You should also be aware that the weight of your boat may change depending on the temperature. Boats are lighter on a hot day, so if you are in doubt about the weight, especially

if the weight is close to the minimum permitted weight, play safe and weigh your boat before you race.

What if my boat is too heavy?

The bottom line is it doesn't really matter. Too many athletes worry about being at a disadvantage if their boat is heavier than the minimum required weight, so much so that some will try to race with an underweight boat.

How a boat travels through the water depends on a lot of things including the shape of the boat's hull, the displacement of the water, how high your seat is and your overall centre of gravity and, not least, your own ability and paddling technique. So, for example, if your K1 weighs 12.0kg, 12.5kg or anything in between, it's not going to make much difference to your overall performance, so don't get hung up about it.

Why do I need a lane number?

Your boat must display a white lane number board showing the lane number in which you are racing. The number boards help the officials to run the regatta effectively and to ensure the accuracy of results.

Your lane number is likely to change from race to race, so make sure you are displaying the correct number before you paddle to the start of your next race. Your Team Leader should be able to provide you with the required number board. Sets of White Lane Numbers are available for sale from the Regatta Information Point. Paracanoe athletes can collect boat numbers from the Paracanoe boat bays.

Why do I have to race in my club colours?

You are racing for your club and therefore need to wear your club colours. If there are queries with your race, the club colours help us to easily identify specific paddlers. This in turn allows us to resolve any issues and to contact the relevant club team leaders if required. It also allows us to post the race results more quickly.

How do I know if I have to wear a Buoyancy Aid/Life Jacket?

If weather conditions deteriorate during the regatta weekend, you may be required to wear a Buoyancy Aid/Life Jacket. If this is required, an announcement will be made on the Public Address (PA) System and by WhatsApp broadcast to inform you which classes of paddlers, or all paddlers, must wear them as a mandatory requirement. A further announcement will be made when the requirement is rescinded. While the requirement is in force an Orange Flag will be displayed on the Flagpole by the Finish Tower.

All Buoyancy aids/life jackets must conform to BS EN ISO 12402-5.

How much buoyancy do I need in my boat?

BC Sprint Racing Competition Rules require that following a capsize, all kayaks and canoes must be able to remain level on the surface of the water when filled with water and support the crew.

You, therefore, need to ensure that there is visible additional buoyancy fitted in your boat before you get on the water. This may be checked during the regatta. Any boat that does not have visible buoyancy material fixed in the boat will not be allowed on the water until additional buoyancy has been added. If your boat is found not to have the required buoyancy at Boat Control, after racing, this will be reported to the Competition Committee. Disqualification or penalty points will be applied.

Where do I get on and off the water?

Paracanoe athletes will access/egress the water via the pontoon in front of the paracanoe boat sheds.

All other athletes will access the water via the pontoons at the end of the lake or from the pontoon opposite the seats by the tower. Please be aware of others using the pontoons.

Athletes called for boat control will be able to egress the water on the pontoon by the tower. Paracanoe athletes may exit from the paracanoe pontoon if required although must always stay in view of officials.

All other athletes should egress at the end of the lake or from the pontoon opposite the seats by the tower.

How do I get to the start and when should I arrive?

Leave yourself enough time to get to the start line for your race, paddling slowly in Lane 0. This is the lane closest to the regatta centre.

Aim to arrive in the starting area five minutes before your race time and ideally get yourself lined up in the correct lane. The starting area runs from the start line itself to a set of blue buoys placed 100m beyond each start line. Please don't go too far away from the starter, as you'll need to be able to hear when your race is called. Regatta race time is displayed on a large digital clock, which is placed on the bank next to the starter's hut.

What happens at the start?

The starters will call you to the start line by the number of your race, remember your race number! Then the lane number for each competitor in that race. On windy days, it can sometimes be difficult for the lanes furthest away from the starter to hear these requests, so keep aware of what's going on around you and ask other paddlers if you are unsure.

When your race is called, you will be asked to move towards the start buckets and to stop and hold off about 5-10m away from the buckets. When the timing team has given clearance for the next race to proceed, the starter will then ask you to come into the buckets. Please listen carefully to the starter's instructions at this point. You will hear these clearly from the loudspeakers next to each bucket.

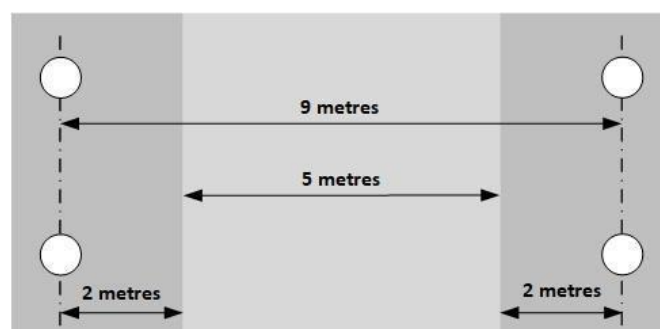
If you miss your start, you may not be allowed to race.

Remember that there are races starting every 3 or 4 minutes throughout the day. This leaves very little time to delay the start of any race.

Why do I have to stay in the centre of my lane?

The simple reason is you must not get yourself in a position where you interfere with the progress of, or seek to take advantage of, other competitors.

BC SRC Regulation 26 states that your boat must stay within the five-metre-wide central area of your lane from the start to the finish of the race. If your boat moves out of the centre five metres, you must immediately take action to return to the central area or if it's judged that you have gained an advantage. You can be disqualified. See the following diagram. *BC SRC Regulation 27* states that you are not allowed to take pace from other boats, so staying in the centre of the lane helps you avoid the temptation to try and wash hang. The way to make the race as fair as possible for every competitor, especially if you are racing side-by-side, is to stay within the central five metres of your lane.



We do appreciate that in certain weather conditions, you can easily be pushed off-centre by the wind and water turbulence and this is quite understandable. We expect you to make every effort to remedy the situation and get back to the centre of the lane as soon as possible.

If you deviate outside the central five metres, the race Umpire is required to report this to the Competition Committee in the Tower. The decision as to whether you are disqualified or not will rest with the Competition Committee and will probably depend on whether you gained an advantage from the deviation.

In summary:

- if your boat deviates from the central area of the lane, you must go back immediately to this central area of the lane.
- if your boat leaves the centre of the lane and does not return to it, you may be disqualified from the event.
- if your boat leaves its allocated lane, you will be disqualified from the race.

Additionally:

- if you capsize during the race, you will also be eliminated from the race (except in races of more than 1000m – Rule 28.4).
- if you break a paddle during your race, you may not be provided with a new one by a supporter (except in races of more than 1000m – Rule 28.6).

Umpires may interrupt a correctly started race if unforeseen issues arise. The umpire will announce this with a red flag and may sound a signal to advise you of such an interruption. Competitors must immediately stop paddling and await further instructions.

Why am I not allowed to be paced or to sit on someone else's wash?

BC SRC Regulation 27 states that taking pace or receiving assistance from boats not in the race or by any other means is not permitted.

When a race is in progress, crews who are not taking part in the race are strictly forbidden to proceed over the whole or part of the course, even if outside of the lane marking buoys. This includes making a wash even from outside of the marking buoys. Or following alongside a race, while paddling in the access lane, and crossing the Finish Line in the access lane while a race is in the process of finishing. This can obstruct the view of the Judges and certainly distracts their attention when they're trying to concentrate on the race itself. Giving pace or any other assistance, including coaching, could result in the boat which it appears is unfairly supported being disqualified from their race.

Why are there motorboats on the course?

There are normally three Umpire launches on the water throughout each regatta.

The Umpires will follow races down the course, or in the case of 200m races, sit at either end of the course to observe these races. They are responsible for the race once it is underway and have a duty to report any possible rule infringements during the race to the Competition Committee in the tower.

In addition, the Umpire and the Umpire launch will assist paddlers in the event of a capsize, or when necessary, give directions to evacuate the lake in the event of an electric storm.

The launches use Lane 10 to move around the course, this is the lane which is the furthest away from the tower. The launch drivers are very aware of the impact of their wash on your paddling and aim to minimise this as much as possible.

What happens at the finish?

At the end of each race, please move away from the finish line as quickly as possible. Remember that there can be multiple races on the course at any one time and that other races may finish very shortly after your own.

In most races, Boat Control will inspect one of the boats, selected at random. In the races that are designated National Championship Finals and some selection events, the first four across the line will all be called to Boat Control to be checked.

The commentary team will advise you which boat(s) needs to go to Boat Control. The Boat Control team will also display the lane number(s) of these boats on the pontoon immediately below the tower.

If you are called to Boat Control, please go there immediately following your race. If you don't you can be disqualified from the race.

What happens if I get called to boat control?

Boat Control inspects boats in accordance with *BC SRC Regulation 12*. This means you must remove every single

loose item from your boat before it is weighed. Typically, this includes things like:

- the white number board
- the spraydeck
- the foam on your seat, especially if it is absorbent
- any stones or weights that are now loose, having broken loose during the race, even though they had appeared to be fixed and firm when you started the race
- sponges, chamois leathers and any other absorbent item that may be under your seat
- canoe knee rests (fixed knee rests must be dried)
- residual water

Athletes will be expected to empty their own boat of water, remove all loose fittings, lane number and spray deck before positioning their boat on the scales.

All athletes should expect their boats to be checked during the event. Boats will be selected at random from each heat and final, the lane number will be announced and displayed on the board at the Finish Tower pontoon. If your boat is found to be under the required weight or lacking sufficient buoyancy, then this will be reported to the Competition Committee, who may apply a penalty.

Can I warm down?

You may warm down by turning carefully below the Finish Line and outside of the finish area (a 'D' shape marked by buoys and flags) then proceeding back to behind the start line SLOWLY down Lane 0, the lane closest to the Regatta Centre Building. DO NOT re-enter any of the racing lanes.

How do I find out if I've qualified for a final?

The times from each heat are processed very quickly after each race. Once the Competition Committee has received confirmation from the Umpire and Boat Control that no rules have been broken or resolved any issues where they have, these times are then displayed on the main scoreboard. Results of all races and draws for finals, will be published online via the Live Results Service, the Regatta Organisers will try to back this up via one-way WhatsApp.

Once all the heats in a class have been completed, draws for each Final are made. Mostly these are based on time. Depending on the number of entries in each class, there may be more than one Final.

The only exceptions are Men's A or A/B, Women's A or A/B, Boys A or A/B and Girls A or A/B events or if classes are for Senior Men, Men U23, Boys U18, Senior Women, Women U23, and Girls U18. These events are based on the finishing place within each heat. The progression from heats to finals for all events is shown beneath the heading for the heats in the Start List.

You will need to check if you have qualified for a Final in your class. Details of who is in each final, and their lane numbers, are displayed on the Live results service. **Please wait at least 15 mins after the last heat before checking the details of lane draws for the resultant finals.**

Can I obtain the race results on my mobile phone?

The Unofficial Results can be obtained during the regatta from regattaresults.org.uk.

This service, which is available during the regatta, enables you to view the provisional results directly on your phone throughout the regatta. The results are updated in near real-time shortly after the results for each race are released.

The service enables you to scroll up and down through the results very quickly. Just refresh the webpage every now and again.

To access this service, navigate to regattaresults.org.uk.

Remember that it will only work during the weekend, as and when the unofficial results are made available. After the regatta, the official results will be published on the website: <https://canoesprint.org.uk>

How do I find out if I've been promoted?

Promotions between classes are calculated during the Regatta weekend and are based on several factors. If you have been promoted, details about this are included in the published set of Official results. These are available on the Sprint Racing website at <https://canoesprint.org.uk/archives/national-regatta-results/> shortly after the event. The availability of these results is also notified on our Facebook group page called *BC Sprint Racing Committee*.

Is there an event welfare office I can speak to?

You should feel safe enjoying your sport. If you are worried about how you or someone else is being treated at the event by another young person or adult, there is someone you or your parents/carers or coach/leader can talk to. Please speak to our Event Welfare Officers:

Helen Callow Tel: 0745 6418254
or Louise Clive Tel: 07816 786987

If Helen or Louise are not immediately available, you can also contact any of the following:

British Canoeing Safeguarding Lead:

(For anyone wishing to report a safeguarding incident or concern) Tel: 0115 8655354

(if calling out of office hours, leave a message and your call will be responded to as soon as possible the next working day)

or Email: safeguarding@britishcanoeing.org.uk

Home Nations

Scottish Canoe Association Safeguarding Officer

Andy Murray Tel: 01887 292040:

Email andy.murray@canoescotland.org

Canoe Wales Lead Safeguarding Officer

Cath Sykes, Tel: 0708 683984: Email

childprotection@canoewales.com

CANI Safeguarding Officer

Stephen Craig or Louise Wallace:

Email: safeguarding@cani.org.uk

For immediate confidential advice (24hr Helplines) contact:

NSPCC Child Protection Helpline Tel: 0808 800 5000

Childline Tel: 0800 1111

The British Canoeing Safeguarding Policies and Guidance documents, including other related information, are available at www.britishcanoeing.org.uk.

National Regattas are held under BC Sprint Racing Competition rules and Terms/Conditions of Participation.

How do I enter future events?

Race entries are submitted by the Team Leader for your club, so let your Team Leader know if you would like to enter any future events. Team Leaders will then submit their club's entries online with payment to British Canoeing.

Where can I find event schedules for future regattas?

The event schedule for each of the National Sprint Regattas is published in the Canoe Sprint & Marathon Handbook, which can be accessed from <https://canoesprint.org.uk/governance/racing-handbook/>

Small changes to event schedules can occur in the weeks leading up to each event. Any changes are published on the Sprint Racing website. The availability of updated versions of the schedule, and other news items for Sprint Racing, are also notified on our Facebook group page called *BC Sprint Racing Committee*.

What do I need to know about regatta liability?

The regatta will endeavour to provide a safe environment within the Water Safety Code. You are specifically reminded that anyone using the lake and the adjoining river does so entirely at their own risk. Please note the following *BC Regatta Liability Statement*.

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. In all cases, competitors compete entirely at their own risk.

Each of the Regatta Organisation, the Sprint Racing Executive, and British Canoeing exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

Regatta entry conditions

Regatta Entries are accepted on the basis that each competitor is aware of and has accepted the above conditions.

Weil's disease/Leptospirosis

As with all water sports activities, if you capsize and after a few days you think you may have an infection or flu-like symptoms, please go to your doctor and tell them you are a canoeist. There may be a risk of Weil's Disease / Leptospirosis, which must be swiftly diagnosed and treated. Do also be aware of Lyme's Disease, which is an infectious

disease caused by bacteria, which is spread by ticks. The most common sign of infection is an expanding area of redness on the skin that begins at the site of the tick bite about a week after it has occurred. Please do report any cases to the BC Office as they monitor occurrences and identify areas that pose a risk to canoeists. Tel: 03000 119 500 or on-line via

<https://www.britishcanoeing.org.uk/access-and-environment/access-to-water/incident-reporting>

Can I get involved with helping to run the regatta?

Of course! We are always pleased to have extra people to assist during the regatta weekends. If you would like to learn a new skill, or just want to help, we would love to hear from you.

It might surprise you that the National Sprint Regattas are run entirely by volunteers. Although a lot of planning work is done prior to each event, during each regatta weekend approximately 50 people are involved in a wide variety of roles to keep the regatta on schedule. These roles include:

- programme planners
- computer room data inputters
- runners
- administrators
- motor boat drivers
- course umpires
- boat weighers
- starters
- commentators
- line judges
- photo finish operators
- scoreboard operators
- K4 shed boat controllers
- promoters (and demoters)
- medal presenters
- first aiders
- competition judges

We're always looking for additional pairs of hands to help things run efficiently and are very flexible with the amount of time you can commit during the weekend. If any of the above roles capture your imagination, or you are just interested in finding out what we do, we can introduce you to and train you in any of these roles. Pop up to the Information Point in the Event Organisers cabin (near the foot of the Finish Tower) and ask to speak to Ann Hoile.

Can I follow the race by bike or scooter?

The National Water Sports Centre (NWSC) allows cyclists to use the towpath on both sides of the regatta course when weather conditions permit and at their own risk. Cycling, skating, rollerblading and scootering are not allowed in the main areas around the regatta centre. A dedicated cycle path has been set up to allow cyclists to follow the race to the finish line.

Coaches/supporters must be conscious of those around them, including the general public, and should only follow races in which they have athletes competing.

Cyclists are required to dismount to pass the main regatta tower. We encourage you to follow the NWSC's Towpath Code for Cyclists

- always give way to pedestrians and service vehicles
- use your bell to alert other people of your approach, particularly if approaching from behind
- be prepared to stop, dismount and push your bike past walkers, particularly when families and young children are present
- take special care if dogs or other animals are present
- ride in single file and not in more than groups of four
- keep your speed down and never race along the towpath
- keep to the paths and minimise path erosion by not skidding
- wear an approved safety helmet

Remember that you are responsible for your own safety and the safety of others.

Are there any guidelines for taking photographs or filming the racing of young people?

We encourage you to follow the British Canoeing guidelines, which provide sensible advice, whilst recognising that publicity and pictures/ recordings of young people enjoying paddle sport are essential to promote the sport and a healthy lifestyle.

The key concerns regarding the use of images of children and young people relate to:

- the possible identification of children when a photograph is accompanied by personal information
- the inappropriate use, adaptation or copying of images for use on child pornography or illegal website
- the taking of inappropriate photographs or recorded images of children

Guidelines for taking photographic/recorded images

- ensure parents/guardians and the young person have granted their consent for the taking and publication of photographic images
- all children featured in recordings must be appropriately dressed in outer clothing garments covering the torso from at least the bottom of their neck to their thighs, i.e. a minimum of vest/ shirt and shorts
- the photograph or recording should focus on the activity rather than a particular young person. Personal details, which might make the young person vulnerable, such as their exact address, should not be revealed
- clubs, coaches and volunteers should be allowed to use video equipment as a legitimate coaching aid and means of recording special occasions. Care, however, should be taken in the dissemination and storage of this material
- you should not use any images of a child or young person who is the subject of any court order or who has denied you their consent
- parents and spectators taking photographs/recordings should be prepared to identify themselves if requested and state their purpose for photography/filming

- any instances of the use of inappropriate images should be reported to the Club, British Canoeing or the Police

Guidelines for publishing photographic/recorded images

- if a photograph is used, avoid naming the child by using their first name only. Personal details of children such as email address, home address and telephone numbers should never be revealed on a website or in print
- think about the level of consideration that you give to the use of images in all publications, for example, the process used in choosing photographs for a publicity brochure for the club. Apply an increased level of consideration to the images of children used on websites

Information for Everyone

Are there any parking restrictions?

The National Water Sports Centre does place some restrictions on where vehicles can park around the venue. Parking marshals will be on hand to guide you to the right locations. Please follow their directions as to where to park.

The main area for competitors is Grassy Bank on the south side of the lake, with an overflow car park behind the Grassy Bank. Access to the overflow Car Park B is further down Adbolton Lane past the Centre's Main Entrance.

The pontoons and access road in front of the Centre on either side of the Finish Tower is either designated 'Reserved' parking or a 'No Parking Area'. Please note that for your safety there is a 'Pedestrian only' area in the vicinity around the Tower.

Please see the lake circulation plan on the back cover of the Regatta guide or Regatta Programme for full details.

Access for emergency vehicles must NOT be impeded.

Please pay attention to keeping the access roads clear near the Centre Buildings.

All vehicles should be parked responsibly, safely and without causing an obstruction.

At certain times during a competition, it may become necessary for safety reasons to restrict the movement of vehicles on parts of the access roads around the course. Notice will be given if this is required.

Are there charges for parking?

Participant parking will only be allowed on the grassy bank on the south side of the lake. There will be no parking in front of the concrete stepped area near the Patio Lawn. Please be mindful of others when erecting gazebos, windbreaks, etc and do not block/take up parking space.

Parking will be charged on entry at £5.00/day =£4.70/day + £0.30 booking fee with payment using the Tap2Park Service on <https://parkpcm.co.uk/index.php>, using code 4455. You can prepay.

Follow the Marshals' instructions when parking alongside the lake and allow space to support social distancing

Can I camp overnight or set up my motorhome or caravan on the regatta site?

The National Water Sports Centre's camping licence only includes the campsite and ski tow camping areas. Tents, motor homes, caravans or vans found anywhere other than these camping areas will therefore be removed, as they will be in breach of NWSC's licence.

Can I have a BBQ?

No, BBQs are not allowed on the Regatta site.

What should I do if there is an accident or emergency?

During racing hours medical and first aid facilities are provided on-site. Medical facilities are intended to cover emergencies only. Medical support provided by a Paramedic as well as First Aid volunteers is available in the First Aid Cabin which is located below the main building opposite the Finish tower. Alternatively, contact the main reception desk in the main building (0115 982 1212) or any Regatta Official.

All accidents and emergencies must be reported to the Regatta Organisers as soon as is practicable using the [National Regatta Incident Reporting form](#). On the advice of the Paramedic, additional medical support will be requested if necessary. The Paramedic will also ensure that the Regatta Organisers, Chief Official and Main Reception Centre are made aware of any incidents. The online Incident Report Form MUST be completed by the Team Leader of the appropriate clubs for all accidents, collisions, near-miss incidents.

Emergency numbers	999
Emergency Services	0115 977 3078
Police, Nottinghamshire Authority	
	npa@nottinghamshire.pnn.police.uk
NWSC Reception Office	0115 982 1212
NHS Direct	0845 4647

National Water Sports Centre, Holme Pierrepont Country Park
Adbolton Lane, Nottingham, NG12 2LU

What is the BC Regatta Policy and Code of Conduct?

The British Canoeing Sprint Regatta Committee is fully committed to safeguarding the well-being of its paddlers, officials, volunteers and coaches. We ask that everyone shows respect and understanding to each other, conducting themselves in a way that reflects the principles of the event. We believe that taking part in paddle sports should be a positive and enjoyable part of both children's and adults' lives and that all paddlers should be able to improve their performance and have fun. The BC Regatta Committee also adopt and regularly review a Health & Safety Policy.

Everyone involved in the event should abide by the British Canoeing *Rules, Code of Conduct and Policies*, and to achieve this we have the following expectations:

Everybody

- always use correct and proper language
- set a good example by applauding performance of all paddlers
- always treat others with respect
- be considerate and respectful to other paddlers on and off the water, treating all paddlers as you would want to be treated yourself
- control tempers and avoid behaviour which may inconvenience or upset others
- co-operate with and listen to your coaches, team leader, volunteers and parents/carers and officials
- be on time for the event and your races or inform your team leader/coach if you are going to be late
- take care of all property belonging to the centre, regatta, clubs or members and the public
- junior paddlers are not allowed to smoke or consume alcohol, and no person may use non-medicinal drugs of any kind while at the event or representing the sport of canoeing

Team leaders, coaches, officials and volunteers

- in line with British Canoeing Policy/Codes on safe recruitment for any volunteer role, vetting practices including appropriate Disclosure checks, where eligible will be undertaken, in accordance with home nation and government guidelines
- all those working with young people and vulnerable adults should also have read and adhere to the *British Canoeing child and vulnerable adult policy* and *British Canoeing anti-bullying policy*. These can be accessed on the British Canoeing website. The regatta will follow the guidance of these policies in the event of any concerns or allegations
- follow the British Canoeing Code of Ethics and Guidelines and Policies
- consider the well-being and safety of paddlers before their personal development or performance
- encourage paddlers and officials to value their performance and not just results
- develop an appropriate working relationship with paddlers, based on mutual trust and respect
- display consistently high standards of behaviour and appearance
- hold the appropriate, updated qualifications and insurance
- the Regatta Committee will encourage, train and support volunteers to gain qualifications and assist officials to stay updated
- team Leaders/Coaches will obtain written medical details of young paddlers, which will be made known where deemed appropriate and/or necessary
- never condone the use of prohibited substances, as defined by British Canoeing

Parents, guardians and carers

- help your child to recognise good performance, not just results
- support your child's involvement at the event and help them to enjoy the sport of canoeing. Never force your child to take part in the sport

- never punish or belittle a child for losing or making mistakes
- publicly accept officials' judgement

Trade stands

Trade stands are welcome at the event. Please contact the duty manager at NWSC for information about charges, and to pay and receive a VAT receipt.



British Canoeing
Sprint Racing Committee



Preliminary Notice of the ACM

The Annual Consultative Meeting will be held online via Zoom on
Wednesday 27th September 2023 at 7.30pm

The Sprint Racing Section's Annual Consultative Meeting will take place at 7.30pm on Wednesday 27th September 2023, using a Zoom video conference.

Information for the meeting and nomination forms will be made available on the SRC website.

Each year, one of the positions of Treasurer, Chair or Secretary is open for election. The election term is for 3 years. In 2023 the position of Treasurer of the committee is to be elected.

The Sprint Racing Committee members are also elected for a period of 3 years; at the 2023 ACM there are 5 positions open for election.

Anyone wishing to stand for election to the Sprint Racing Committee as a member or as the Treasurer should return a completed nomination form, supported by the signatures of two full Individual British Canoeing members, either electronically or by post to reach the SRC Secretary no later than midnight Tuesday 15th August 2023.

Likewise, any item for discussion at the ACM must be proposed in writing, with supporting signatures of two full Individual British Canoeing members, to reach the Secretary either electronically or by post no later than midnight Tuesday 15th August 2023.

Secretary, BC Sprint Racing Committee

Mr. P Miles, 67 Foxes Way, Warwick, CV34 6AY

Canoesprint.secretary@vol.britishcanoeing.org.uk

Scoreboard



All paddlers proceeding to the start must use the Competitors' Access Lane and stay outside of the buoyed lanes. Please do not launch from the motor boat pontoon. Competitors warning up, or launching from pontoons, must not cross the racing lanes at any point, nor must they attempt to delay race proceedings by approaching the start on the course itself. The area between the finish line and the 5km turn buoys at the boathouse end of the course must also be kept clear.