

## STANDARDS FOR RACING

BAND 5	BAND 6	BAND 7	BAND 8
Masters D Kayak	Boys D Canoe	Women D Canoe	Girls D Canoe
Men D Canoe	Women C Canoe	Girls C Canoe	Regional regattas
Boys D Kayak	Women Masters D	Regional regattas	recommended for others
Boys C Canoe	Girls B Canoe	recommended for others	
Women D Kayak	Girls D Kayak		
Women B Canoe			BAND 9
Girls A Canoe			Intermediate Boys
Women Masters C			Intermediate Girls
Girls C Kayak			

HC	MARATHON DIVISIONS	1000m	500m	200m (secs)	KAYAK						CANOE			
					MEN	MASTERS MEN	BOYS	WOMEN	MASTERS WOMEN	GIRLS	MEN	BOYS	WOMEN	GIRLS
20	5	4.50	2.18	49.00		D	D	C	B	B	D	C	A	
21		4.54	2.20	49.66										
22		4.58	2.22	50.33										
23		5.02	2.24	51.00										
24		5.06	2.26	51.66										
25	6	5.10	2.28	52.33			INTERMEDIATE BOYS	D	C	C		D	B	A
26		5.14	2.30	53.00										
27		5.18	2.32	53.66										
28		5.22	2.34	54.33										
29		5.26	2.36	55.00										
30	7	5.30	2.38	55.66			INTERMEDIATE BOYS		D	D			C	B
31		5.34	2.40	56.33										
32		5.38	2.42	57.00										
33		5.42	2.44	57.66										
34		5.46	2.46	58.33										
35	8	5.50	2.48	59.00			INTERMEDIATE BOYS			INTERMEDIATE GIRLS			D	C
36		5.54	2.50	59.66										
37		5.58	2.52	60.33										
38		6.02	2.54	61.00										
39		6.06	2.56	61.66										
40	6.10	2.58	62.33			INTERMEDIATE BOYS			INTERMEDIATE GIRLS			D		
41	6.14	3.00	63.00											
		-	3.30	-	Minimum Time for Mini A									
		-	4.00	-	Minimum Time for Mini B									