



**NATIONAL  
SPRINT  
REGATTAS**

**British Canoeing Sprint Racing National Regatta**  
Including Paracanoe, Senior, Under 23 and Junior Selection events

**Open & British, Sprint National Regatta**

National Water Sports Centre, Holme Pierrepont Country Park, Nottingham  
**Saturday 13<sup>th</sup> – Sunday 14<sup>th</sup> + Monday 15<sup>th</sup> April 2024**

Paddler registrations close  
Entry closing date

**Sunday 24<sup>th</sup> March 2024**  
**Friday 29<sup>th</sup> March 2024**

**Monday events are in white**

**Sunday events are shaded**

Short Code	Class	200m		500m			1000m		5k
<b>PARACANOE</b>		<b>200m</b>							
		R1	R2						
KMKL2/3	Men KL2+ KL3 Kayak	<sup>S</sup> K1	<sup>S</sup> K1						
KWKL1	Women KL1 Kayak	<sup>S</sup> K1	<sup>S</sup> K1						
KWKL2/3	Women KL2 + KL3 Kayak	<sup>S</sup> K1	<sup>S</sup> K1						
VMVL1/2/3	Men VL1 + VL2 + VL3 Va'a	<sup>S</sup> V1	<sup>S</sup> V1						
VWVL2/3	Women VL2 + VL3 Va'a	<sup>S</sup> V1	<sup>S</sup> V1						
<b>NATIONAL SPRINT</b>		<b>200m</b>		<b>500m</b>			<b>1000m</b>		<b>5k</b>
MOK + MU23	Senior & U23 Men Kayak	<sup>S</sup> K1 <sup>#</sup>	<sup>S</sup> K2	<sup>S</sup> K1	<sup>S</sup> K2			<sup>S</sup> K1	
WOK + WU23	Senior & U23 Women Kayak	<sup>S</sup> K1	<sup>S</sup> K2	<sup>S</sup> K1*	<sup>S</sup> K2			<sup>S</sup> K1	
CMO+CMU23	Canoe Senior Men								<sup>S</sup> C1
CMO+CMU23 + CBU18/U16	Canoe Senior & U23 Men + Boys U18/U16	<sup>S</sup> C1		<sup>S</sup> C1	<sup>S</sup> C2*	<sup>S</sup> C1	<sup>S</sup> C2		
CWO+CWU23	Canoe Senior Women								<sup>S</sup> C1
CWO+CWU23 + CGU18/U16	Canoe Senior & U23 Women + Girls U18/U16	<sup>S</sup> C1*	<sup>S</sup> C2	<sup>S</sup> C1	<sup>S</sup> C2 <sup>\$</sup>				
BU18	Boys Under 18 Kayak	<sup>S</sup> K1		<sup>S</sup> K1	<sup>S</sup> K2	<sup>S</sup> K4	<sup>S</sup> K1		
BU16	Boys Under 16 Kayak	<sup>S</sup> K1		<sup>S</sup> K1	<sup>S</sup> K2	<sup>S</sup> K4	<sup>S</sup> K1	<sup>S</sup> K2	
BU14	Boys Under 14 Kayak	K1		K1	K2	K4		K2	
GU18	Girls Under 18 Kayak	<sup>S</sup> K1		<sup>S</sup> K1	<sup>S</sup> K2	<sup>S</sup> K4	<sup>S</sup> K1		
GU16	Girls Under 16 Kayak	<sup>S</sup> K1		<sup>S</sup> K1	<sup>S</sup> K2	<sup>S</sup> K4	<sup>S</sup> K1		
GU14	Girls Under 14 Kayak	K1		K1	K2	K4		K2	
MA/BK + MVAK	Men A/B + Masters A Kayak			K1	K2	K4	K1	K2	
MCK + MVBK	Men C + Masters B Kayak			K1	K2	K4	K1	K2	
MDK + MVC/DK	Men D + Masters C/D Kayak	K1		K1	K2	K4		K2	
WA/BK + WVAK	Women A/B + W Masters A	K1		K1	K2	K4	K1		
WCK + WVBK	Women C + W Masters B	K1		K1	K2	K4		K2	
WDK + WVC/DK	Women D + W Masters C/D	K1		K1	K2	K4		K2	
CAN	Canoe A-D Senior & Junior	C1		C1	C2			C2	
<b>INTERMEDIATE SERIES</b>		<b>200m</b>		<b>500m</b>					
BIK	Boys Intermediate			K1	K2				
GIK	Girls Intermediate		K2	K1	K2				
<b>MINI SPRINT SERIES</b>				<b>500m</b>					
MSA	Mini A	K1			K2	K4			
MSB	Mini B	K1			K2	K4			
<b>PADDLE - ABILITY</b>		<b>200m</b>		<b>500m</b>					
		R1	R2	R1	R2				
PAD	Paddle-Ability (Sat)	K1	K1	K1	K1				
PAD	Paddle-Ability (Sun)			K1	K1				

**S** = Selection events:      **R1** = 1<sup>st</sup> Run:      **R2** = 2<sup>nd</sup> Run:      **#** = Heats, 1<sup>st</sup> day & Final, 2<sup>nd</sup> day:

**\*** = Final R3, the 'Race off', following day, if needed:      **\$** = Final R2 & R3, following day, if needed

**N.B.** Paracanoe selection events have Run 1 & Run 2, followed by Run 3 as a 'Race off, if needed.