



**NATIONAL  
SPRINT  
REGATTAS**

**PADDLE<sup>UK</sup>**

**2024**

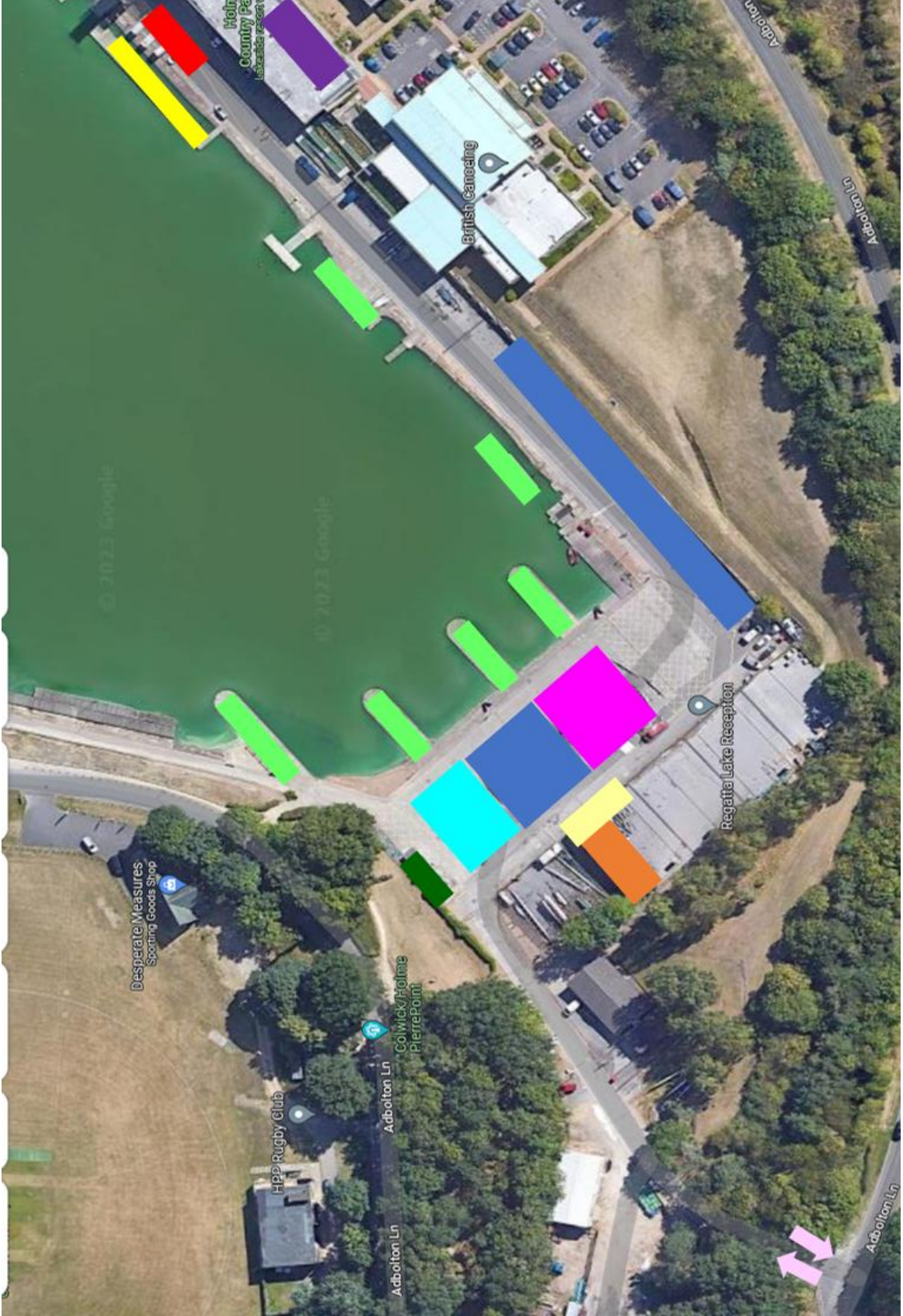
**PADDLE UK  
NATIONAL SPRINT REGATTA**

**13–15 April**

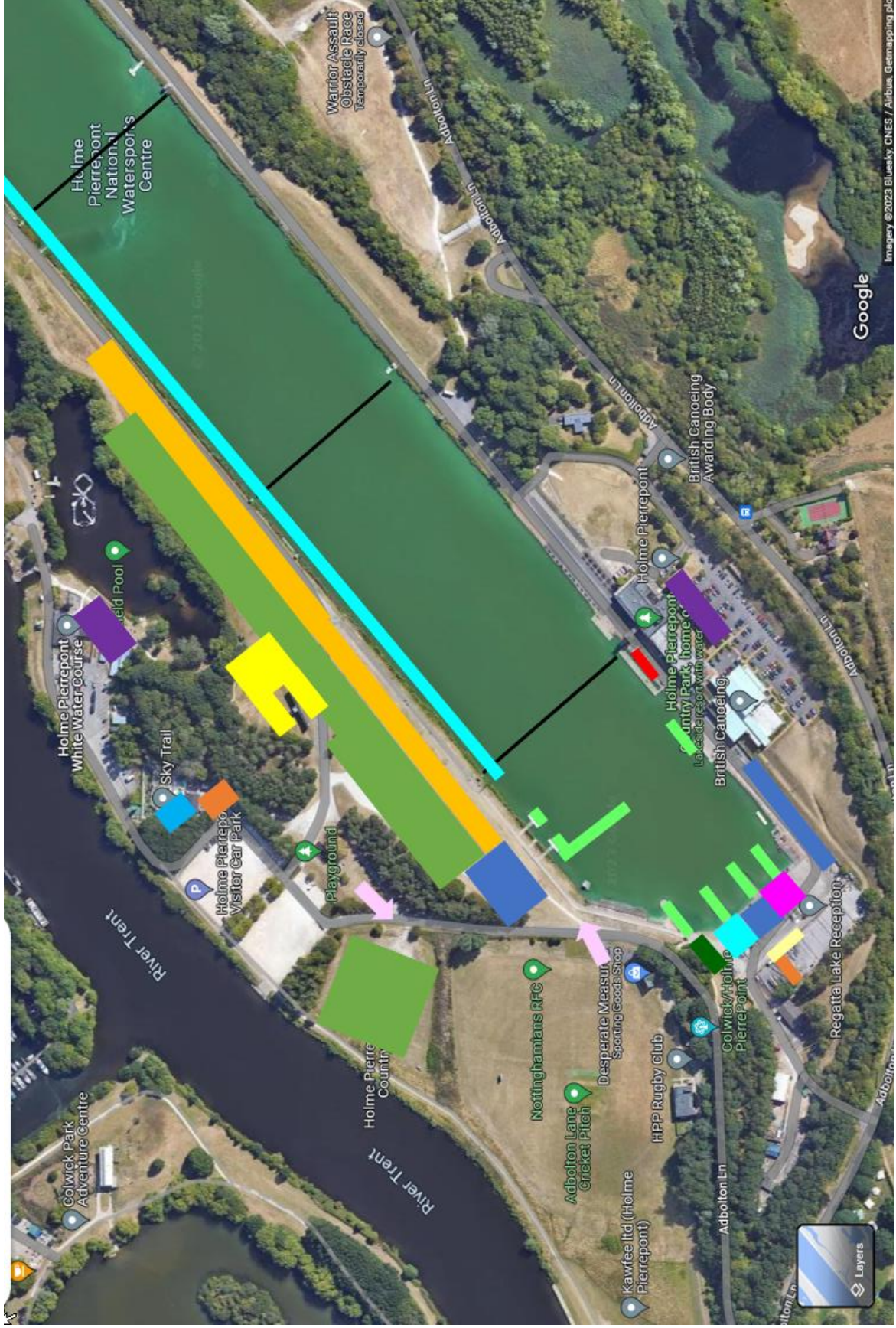
Open & British Sprint National Regatta including Paracanoe, Senior, Under 23 and Junior selection events

Photography by Antony Edmonds

- Trailers
- Boat control
- Boat launch
- K4s
- Toilets
- Showers & toilets
- Trailer entry/exit
- Info desk
- Check, Clean, Dry
- Umpire boats
- Paddle-Ability



- Trailers
- Club gazebos
- Car parking
- Boat control
- Toilets
- Showers & toilets
- Cafe
- Traders
- Boat launch
- Paddlers access lane
- Car entry/exit
- Info desk
- Check, Clean, Dry





**13<sup>th</sup> – 15<sup>th</sup> April 2024**

**Saturday**

07:30 Course opens  
07:45 Warm-up period opens  
08:15 Start gate practise opens at 200m  
08:45 Start gate practise and warm-up closes

1	09:00	Women Senior/U23 R1	K1	500	H1	51	12:42	Women D + W Masters C/D	K1	500	F
2	09:03	Women Senior/U23 R1	K1	500	H2	52	12:48	Girls U18/U16	K4	500	F
3	09:06	Women Senior/U23 R1	K1	500	H3	53	12:51	Girls Intermediate	K1	500	F
4	09:09	Women Senior/U23 R1	K1	500	H4	54	12:54	Boys Intermediate	K1	500	F
5	09:18	Girls U14	K1	500	H1	55	13:03	Canoe Women Senior/U23+U18/U16 R1	C1	200	F
6	09:21	Girls U14	K1	500	H2	56	13:06	Para Men KL2/3 R1	K1	200	F
7	09:27	Girls U16	K1	500	H1	57	13:09	Para Women KL1-3 R1	K1	200	F
8	09:30	Girls U16	K1	500	H2	58	13:15	Mini Sprint A	K1	200	H1
9	09:33	Girls U16	K1	500	H3	59	13:18	Mini Sprint A	K1	200	H2
10	09:39	Girls U18	K1	500	H1	60	13:21	Paddle-Ability (Sat) R1	K1	200	F
11	09:42	Girls U18	K1	500	H2	61	13:30	Boys U18/U16	K2	1000	H1
12	09:45	Girls U18	K1	500	H3	62	13:33	Boys U18/U16	K2	1000	H2
13	09:48	Girls U18	K1	500	H4	63	13:36	Boys U18/U16	K2	1000	H3
14	09:54	Men D + Masters C/D	K1	500	H1	64	13:42	Men A/B + Masters A	K2	1000	F
15	09:57	Men D + Masters C/D	K1	500	H2	65	13:42	Men C + Masters B	K2	1000	F
16	10:00	Paddle-Ability (Sat) R1	K1	500	F	66	13:42	Men D + Masters C/D	K2	1000	F
17	10:09	Canoe Men Senior/U23+U18/U16 R1	C1	1000	H1	67	13:48	Girls U16	K1	1000	H1
18	10:12	Canoe Men Senior/U23+U18/U16 R1	C1	1000	H2	68	13:51	Girls U16	K1	1000	H2
19	10:18	Men Senior/U23 R1	K1	1000	H1	69	13:57	Girls U18	K1	1000	H1
20	10:21	Men Senior/U23 R1	K1	1000	H2	70	14:00	Girls U18	K1	1000	H2
21	10:24	Men Senior/U23 R1	K1	1000	H3	71	14:03	Girls U18	K1	1000	H3
22	10:30	Boys U18	K1	1000	H1	72	14:09	Women C + W Masters B	K2	1000	F
23	10:33	Boys U18	K1	1000	H2	73	14:09	Women D + W Masters C/D	K2	1000	F
24	10:39	Boys U18	K1	1000	H3	74	14:24	Women Senior/U23 R2	K1	500	F
25	10:42	Boys U18	K1	1000	H4	75	14:27	Boys U14	K4	500	F
26	10:48	Boys U16	K1	1000	H1	76	14:27	Girls U14	K4	500	F
27	10:51	Boys U16	K1	1000	H2	77	14:33	Paddle-Ability (Sat) R2	K1	500	F
28	10:54	Boys U16	K1	1000	H3	78	14:39	Boys U18/U16	K2	1000	F1
29	11:03	Girls U14	K1	500	F	79	14:42	Boys U18/U16	K2	1000	F2
30	11:06	Girls U16	K1	500	F1	80	14:45	Canoe Men Senior/U23+U18/U16 R2	C1	1000	F
31	11:09	Girls U16	K1	500	F2	81	14:48	Girls U16	K1	1000	F
32	11:18	Girls U18	K1	500	F1	82	15:00	Girls U18	K1	1000	F1
33	11:21	Girls U18	K1	500	F2	83	15:03	Girls U18	K1	1000	F2
34	11:27	Women Senior/U23 R1	K1	500	F2	84	15:09	Women Senior/U23	K1	1000	H1
35	11:30	Women Senior/U23 R1	K1	500	F1	85	15:12	Women Senior/U23	K1	1000	H2
36	11:36	Boys Intermediate	K1	500	H1	86	15:18	Men Senior/U23 R2	K1	1000	F
37	11:39	Boys Intermediate	K1	500	H2	87	15:30	Men D + Masters C/D	K1	200	H1
38	11:48	Boys U18	K1	1000	F1	88	15:33	Men D + Masters C/D	K1	200	H2
39	11:51	Boys U18	K1	1000	F2	89	15:36	Para Men KL2/3 R2	K1	200	F
40	11:57	Boys U16	K1	1000	F1	90	15:39	Para Women KL1-3 R2	K1	200	F
41	12:00	Boys U16	K1	1000	F2	91	15:45	Mini Sprint A	K1	200	F
42	12:06	Men Senior/U23 R1	K1	1000	F1	92	15:48	Mini Sprint B	K1	200	F
43	12:09	Men Senior/U23 R1	K1	1000	F2	93	15:51	Boys U14	K1	200	F
44	12:18	Canoe Men Senior/U23+U18/U16 R1	C1	1000	F	94	15:57	Canoe Women Senior/U23+U18/U16 R2	C1	200	F
45	12:24	Boys U14	K2	1000	F	95	16:03	Canoe Men Senior/U23+U18/U16	C1	200	H1
46	12:24	Girls U14	K2	1000	F	96	16:06	Canoe Men Senior/U23+U18/U16	C1	200	H2
47	12:33	Men D + Masters C/D	K1	500	F	97	16:12	Paddle-Ability (Sat) R2	K1	200	F
48	12:36	Men C + Masters B	K1	500	F	98	16:21	Boys U18	K1	200	H1
49	12:39	Men A/B + Masters A	K1	500	F	99	16:24	Boys U18	K1	200	H2
50	12:42	Women C + W Masters B	K1	500	F	100	16:27	Boys U18	K1	200	H3
						101	16:30	Boys U18	K1	200	H4
						102	16:36	Boys U16	K1	200	H1
						103	16:39	Boys U16	K1	200	H2
						104	16:45	Boys U16	K1	200	H3
						105	16:48	Boys U16	K1	200	H4
						106	16:54	Men Senior/U23	K1	200	H1
						107	16:57	Men Senior/U23	K1	200	H2
						108	17:00	Men Senior/U23	K1	200	H3

109	17:03	Men D + Masters C/D	K1	200	F	165	11:48	Girls U18	K1	200	F1
110	17:12	Women Senior/U23	K1	1000	F1	166	11:52	Girls U18	K1	200	F2
111	17:15	Women Senior/U23	K1	1000	F2	167	11:56	Girls U16	K1	200	F
112	17:24	Men C + Masters B	K1	1000	F	168	12:00	Girls U14	K1	200	F
113	17:27	Men A/B + Masters A	K1	1000	F	169	12:12	Canoe Men Senior/U23+U18/U16 R1	C2	500	F
114	17:33	Men Senior/U23	K2	1000	F	170	12:16	Boys U18/U16	K2	500	H1
115	17:42	Canoe Women Senior/U23+U18/U16	C2	200	F	171	12:20	Boys U18/U16	K2	500	H2
116	17:45	Canoe Men Senior/U23+U18/U16	C1	200	F	172	12:24	Boys U18/U16	K2	500	H3
117	17:51	Para Men KL2/3 R3	K1	200	F	173	12:28	Boys U18/U16	K2	500	H4
118	17:54	Para Women KL1-3 R3	K1	200	F	174	12:32	Men A/B + Masters A	K4	500	F
119	18:00	Boys U18	K1	200	F1	175	12:32	Men C/D + Masters B-D	K4	500	F
120	18:03	Boys U18	K1	200	F2	176	12:40	Men Senior/U23	K1	500	H1
121	18:09	Boys U16	K1	200	F1	177	12:44	Men Senior/U23	K1	500	H2
122	18:12	Boys U16	K1	200	F2	178	12:48	Men Senior/U23	K1	500	H3
123	18:15	Men Senior/U23	K2	200	F	179	12:52	Men Senior/U23	K1	500	H4

## Sunday

07:30 Course opens  
07:45 Warm-up period opens  
08:15 Warm-up period closes

124	08:32	Boys U14	K2	500	F	189	13:56	Women Senior/U23	K1	200	H1
125	08:32	Girls U14	K2	500	F	190	14:00	Women Senior/U23	K1	200	H2
126	08:40	Men A/B + Masters A	K2	500	F	191	14:04	Women Senior/U23	K1	200	H3
127	08:44	Boys U16	K1	500	H1	192	14:12	Para Men VL1-3 R2	V1	200	F
128	08:48	Boys U16	K1	500	H2	193	14:16	Para Women VL2/3 R2	V1	200	F
129	08:52	Boys U16	K1	500	H3	194	14:28	Girls U18/U16	K2	500	F
130	08:56	Boys U16	K1	500	H4	195	14:32	Boys U18/U16	K4	500	H1
131	09:04	Boys U18	K1	500	H1	196	14:36	Boys U18/U16	K4	500	H2
132	09:08	Boys U18	K1	500	H2	197	14:40	Women A/B + W Masters A	K2	500	F
133	09:12	Boys U18	K1	500	H3	198	14:40	Women C + W Masters B	K2	500	F
134	09:16	Boys U18	K1	500	H4	199	14:40	Women D + W Masters C/D	K2	500	F
135	09:20	Boys U18	K1	500	H5	200	14:48	Men Senior/U23	K1	500	F1
136	09:24	Paddle-Ability (Sun) R1	K1	500	F	201	14:52	Men Senior/U23	K1	500	F2
137	09:36	Women Senior/U23	K2	200	F	202	14:56	Canoe Men Senior/U23+U18/U16	C1	500	F
138	09:40	Men Senior/U23	K1	200	F1	203	15:00	Canoe Women Senior/U23+U18/U16	C1	500	F
139	09:44	Men Senior/U23	K1	200	F2	204	15:12	Women Senior/U23	K1	200	F1
140	09:48	Canoe Women Senior/U23+U18/U16 R3	C1	200	F	205	15:16	Women Senior/U23	K1	200	F2
141	09:56	Girls U18	K1	200	H1	206	15:20	Para Men VL1-3 R3	C1	200	F
142	10:00	Girls U18	K1	200	H2	207	15:24	Para Women VL2/3 R3	C1	200	F
143	10:04	Girls U18	K1	200	H3	208	15:36	Boys U18/U16	K4	500	F
144	10:08	Girls U16	K1	200	H1	209	15:48	Men Senior	K1	5000	F
145	10:12	Girls U16	K1	200	H2	210	16:20	Canoe Men Senior	C1	5000	F
146	10:16	Girls U14	K1	200	H1	211	16:20	Canoe Women Senior	C1	5000	F
147	10:20	Girls U14	K1	200	H2	212	16:50	Women Senior	K1	5000	F
148	10:24	Intermediate Crews	K2	200	F						
149	10:28	Women C + W Masters B	K1	200	F						
150	10:28	Women D + W Masters C/D	K1	200	F						
151	10:40	Canoe Men Senior/U23+U18/U16 R3	C1	1000	F						
152	10:44	Men Senior/U23 R3	K1	1000	F						
153	10:52	Boys U16	K1	500	F1						
154	10:56	Boys U16	K1	500	F2						
155	11:00	Boys U18	K1	500	F1						
156	11:04	Boys U18	K1	500	F2						
157	11:12	Boys U14	K1	500	F						
158	11:16	Mini Sprint A	K2	500	F						
159	11:20	Mini Sprint B	K2	500	F						
160	11:24	Women Senior/U23 K1 500 R3	K1	500	F						
161	11:28	Men C + Masters B	K2	500	F						
162	11:28	Men D + Masters C/D	K2	500	F						
163	11:40	Para Men VL1-3 R1	V1	200	F						
164	11:44	Para Women VL2/3 R1	V1	200	F						

## Monday

08:30 Course opens  
08:45 Warm-up period opens  
09:15 Warm-up period closes

213	09:30	Men Senior/U23 R1	K2	500	F
214	09:40	Canoe Men Senior/U23+U18/U16 R3	C2	500	F
215	09:50	Women Senior/U23 R1	K2	500	F
216	12:20	Canoe Women Senior/U23+U18/U16 R2	C2	500	F
217	12:30	Men Senior/U23 R2	K2	500	F
218	12:40	Women Senior/U23 R2	K2	500	F
219	14:50	Men Senior/U23 R3	K2	500	F
220	15:00	Women Senior/U23 R3	K2	500	F

## Social media

Why not subscribe to our Instagram account, **canoesprintUK**, or Twitter account, **canoesprintUK**, where we'll be sharing sprint-related photos and videos going forward.

Please use the following hashtags alongside any photos or videos that you publish on social media ahead of, during, and after the National Regattas.

Hashtags      #nottsregatta      #canoesprintlegends

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## Clubs Competing


The following clubs and squads are competing at this regatta:


<b>ID</b>	<b>Club Name</b>	<b>Team Leader</b>
4AS	4As Newark	Julie Gray
ADS	Addlestone Canoe Club	Caroline Pemble
ANK	Anker Valley	Gordon Riley
BAN	Banbury and District Canoe Club	Mark Lerner
BCC	Belfast Canoe Club	Afton Fitzhenry
BSF	Bishops Stortford	Rich Winstanley
CAM	Cambridge Canoe Club	Nicola Heim
CDF	Cardiff Bay Kayakers	Stuart Sherman
CHE	Chester Sail & Canoe Club	Isabel Evans
CLM	Chelmsford Canoe Club	Tim Chamberlin
DEV	Devizes Canoe Club	Trevor Hunter
EAL	Ealing Canoe Club	Martin Hook
ELM	Elmbridge Canoe Club	George Durden
EXE	Exeter Canoe Club	Richard Bullock
FLA	Fladbury Paddle Club	Steve Train
FOR	Forth Canoe Club	Sarah Corbett
FOX	Falcon (Oxford)	Kurt Ayran
FOY	Fowey River Canoe Club	Matt Collinge
GAI	Gailey Canoe Club	Simon Eskriett
GLW	Glasgow Kayak Club	Natasha Lawton & Adam Rzepiński
LBZ	Leighton Buzzard Canoe Club	Catherine Sanderson
LIN	Lincoln Canoe Club	Michelle Andrews
LKR	Linlithgow Kayak Racing	Derek Marshall
LON	Longridge Canoe Club	Kevin Hipkins
NOR	Norwich Canoe Club	Adam Want
NOT	Nottingham Kayak Club	Mags Dilai
ORS	Olympic Racing Squad	Justine Lucas
PAR	Paracanoe GB	Steve Train
RDG	Reading Canoe Club	Julia Mazur
RIC	Richmond Canoe Club	Gabor Szeltner
RLS	Royal Leamington Spa	Emma Miles
ROY	Royal Canoe Club	James Clark
RUN	Runcorn Canoe Club	James Mayers
SLP	Salmon Leap Canoe Club	Ollie Clarke & Tom Egan
SOL	Solihull Canoe Club	Tom Lusty
SOR	Soar Valley Canoe Club	Jamie Christie
SOU	Southampton Canoe Club	James Hives
SPS	Scottish Performance Squad	Tomas Duarte
TRE	Trentham Canoe Club	Gallin Montgomery
WEY	Wey Kayak Club	Jeanette Hall
WOK	Wokingham Canoe Club	Katy Beeson
WOL	Wolverhampton Canoe Club	Chelsea Brookes
WOR	Worcester Canoe Club	Rachel Lovell

## 1: H1 K1 Women Senior/U23 R1 500

Selection Race 13.04.2024 09:00

<b>1</b>		<b>6</b> Lucy Lee-Smith (26)	NOR
<b>2</b>	Becky Pemble (20)	<b>7</b> Lucy Guest (21)	NOT
<b>3</b>	Jessica Urquhart (20)	<b>8</b> Kate O Halloran (19)	SLP
<b>4</b>	Abi Burgess (24)	<b>9</b> Freya Peters (23)	NOT
<b>5</b>	Deborah Kerr (26)		


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 09:00 > H2: 09:03 > H3: 09:06 > H4: 09:09 > F2: 11:27 > F1: 11:30

## 2: H2 K1 Women Senior/U23 R1 500

Selection Race 13.04.2024 09:03

<b>1</b>		<b>6</b> Zoe Clark (23)	ROY
<b>2</b>	Bea Clark (21)	<b>7</b> Kate Hipkins (21)	LON
<b>3</b>	Molly Warburton (19)	<b>8</b> Kerry Christie (20)	NOT
<b>4</b>	Florence Duffield (24)	<b>9</b> Imogen Hunter (18)	GLW
<b>5</b>	Emily Lewis (30)		


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 09:00 > H2: 09:03 > H3: 09:06 > H4: 09:09 > F2: 11:27 > F1: 11:30

## 3: H3 K1 Women Senior/U23 R1 500

Selection Race 13.04.2024 09:06

<b>1</b>		<b>6</b> Kristina Armstrong (18)	SPS
<b>2</b>	Eabha O Drisceoil (19)	<b>7</b> Elise Montagna (20)	ROY
<b>3</b>	Nerys Hall (19)	<b>8</b> Grace Anderson (20)	NOR
<b>4</b>	Melissa Johnson (26)	<b>9</b>	
<b>5</b>	Emma Russell (23)		


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 09:00 > H2: 09:03 > H3: 09:06 > H4: 09:09 > F2: 11:27 > F1: 11:30

## 4: H4 K1 Women Senior/U23 R1 500

Selection Race 13.04.2024 09:09

<b>1</b>		<b>6</b> Amy Green (20)	WOR
<b>2</b>	Emma Christie (19)	<b>7</b> Katie Brookes (21)	WOR
<b>3</b>	Honor Lewis (19)	<b>8</b> Milly Pepper (18)	LIN
<b>4</b>	Katie Pocklington (21)	<b>9</b>	
<b>5</b>	Rebeka Simon (27)		

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 09:00 > H2: 09:03 > H3: 09:06 > H4: 09:09 > F2: 11:27 > F1: 11:30

## 5: H1 K1 Girls U14 500

13.04.2024 09:18

<b>1</b>		<b>6</b> Imogen Field (13)	ELM
<b>2</b>		<b>7</b> Matilda Burton (14)	ELM
<b>3</b>	Eabha Smyth (13)	<b>8</b>	
<b>4</b>	Ariana Mackie (13)	<b>9</b>	
<b>5</b>	Molly Bates (13)		

 9 BT in Heats 1-2 to Final


 H1: 09:18 > H2: 09:21 > F: 11:03

## 6: H2 K1 Girls U14 500

13.04.2024 09:21

<b>1</b>		<b>6</b> Emma Sumner (13)	ELM
<b>2</b>		<b>7</b> Caoilin Caffrey (12)	SLP
<b>3</b>	Madison Mckernan (14)	<b>8</b>	
<b>4</b>	Ruth Shephard (12)	<b>9</b>	
<b>5</b>	Emily Donnellan (14)		

 9 BT in Heats 1-2 to Final

 H1: 09:18 > H2: 09:21 > F: 11:03



## 7: H1 K1 Girls U16 500

Selection Race 13.04.2024 09:27

<b>1</b>		<b>6</b> Emma O Halloran (15)	SLP
<b>2</b>	Hannah Tristram (15)	<b>7</b> Elsie Landsborough (15)	NOT
<b>3</b>	Johanna Milbradt (15)	<b>8</b> Evie Barber (14)	CDF
<b>4</b>	Olivia Cooke (15)	<b>9</b> Abigail Strachan (14)	SPS
<b>5</b>	Sienna Green (15)		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 11:06 > F2: 11:09

## 8: H2 K1 Girls U16 500

Selection Race 13.04.2024 09:30

<b>1</b>		<b>6</b> Izzy Ritchie (15)	WEY
<b>2</b>	Dianora De Bilio (15)	<b>7</b> Katie Luen-Twining (14)	CDF
<b>3</b>	Claire Guest (15)	<b>8</b> Kyla Holt (14)	RIC
<b>4</b>	Eva Mcaulay (15)	<b>9</b>	
<b>5</b>	Rebecca Perrin (14)		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 11:06 > F2: 11:09

## 9: H3 K1 Girls U16 500

Selection Race 13.04.2024 09:33

<b>1</b>		<b>6</b> Ava Wong (15)	CDF
<b>2</b>	Alice Beeson (14)	<b>7</b> Sadb Shannon (15)	SLP
<b>3</b>	Zoe Herriot (15)	<b>8</b> May Perrin (16)	CLM
<b>4</b>	Ciara Maloney (15)	<b>9</b>	
<b>5</b>	Georgia Seamer (14)		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 11:06 > F2: 11:09

## 10: H1 K1 Girls U18 500

Selection Race 13.04.2024 09:39

<b>1</b>		<b>6</b> Annie Bates (15)	RIC
<b>2</b>	Catherine Long (17)	<b>7</b> Aoibhe Shannon (17)	SLP
<b>3</b>	Alicja Pyrz (16)	<b>8</b> Catherine Beck (16)	BAN
<b>4</b>	Evie Giles (16)	<b>9</b>	
<b>5</b>	Annabel Hutchinson (18)		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 09:39 > H2: 09:42 > H3: 09:45 > H4: 09:48 > F1: 11:18 > F2: 11:21

## 11: H2 K1 Girls U18 500

Selection Race 13.04.2024 09:42

<b>1</b>		<b>6</b> Mollie Ball (17)	DEV
<b>2</b>	Phoebe Davison (16)	<b>7</b> Jen Guest (17)	SLP
<b>3</b>	Sophie Dunlop (16)	<b>8</b> Redecca Barbieri (17)	SLP
<b>4</b>	Isabelle Johansson-Ward (17)	<b>9</b>	
<b>5</b>	Iona Patrick (18)		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 09:39 > H2: 09:42 > H3: 09:45 > H4: 09:48 > F1: 11:18 > F2: 11:21

## 12: H3 K1 Girls U18 500

Selection Race 13.04.2024 09:45

<b>1</b>		<b>6</b> Charlotte Fulford (16)	RDG
<b>2</b>	Beth Perry (18)	<b>7</b> Madeline Dawson (17)	LIN
<b>3</b>	Skye Parkinson (17)	<b>8</b> Ava Brittle (16)	ELM
<b>4</b>	Estelle Widdows (16)	<b>9</b>	
<b>5</b>	Sienna Payne (17)		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


H1: 09:39 > H2: 09:42 > H3: 09:45 > H4: 09:48 > F1: 11:18 > F2: 11:21

## 13: H4 K1 Girls U18 500

Selection Race 13.04.2024 09:48

<b>1</b>		<b>6</b> Hannah Toovey (16)	SPS
<b>2</b>	Emily Roche (16)	<b>7</b> Emily Twort (16)	LIN
<b>3</b>	Lucy Cullen (17)	<b>8</b> Chloe Ritchie (17)	WEY
<b>4</b>	Frankie Scrivener (16)	<b>9</b>	
<b>5</b>	Kamila Sklenarova (16)		

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 09:39 > H2: 09:42 > H3: 09:45 > H4: 09:48 > F1: 11:18 > F2: 11:21

## 14: H1 K1 Men D + Masters C/D 500

13.04.2024 09:54

<b>1</b>		<b>6</b> Joshua Perry (18)	BAN
<b>2</b>	Derek Marshall (67)	<b>7</b> Doug Pemble (59)	ADS
<b>3</b>	Richard Stenning (27)	<b>8</b> Peter Gorman (69)	WEY
<b>4</b>	Roland Lucas (63)	<b>9</b> Nico Kirschstein (31)	RDG
<b>5</b>	Stuart Sherman (68)		

 9 BT in Heats 1-2 to Final


 H1: 09:54 > H2: 09:57 > F: 12:33

## 15: H2 K1 Men D + Masters C/D 500

13.04.2024 09:57

<b>1</b>		<b>6</b> Charlie Mayo (59)	DEV
<b>2</b>	Chris Gavin (53)	<b>7</b> Joao Spinola (34)	BSF
<b>3</b>	Andrew Doran (55)	<b>8</b> Mike Anderson (48)	NOR
<b>4</b>	Liam McCarthy (65)	<b>9</b> Benjamin Webb (48)	WEY
<b>5</b>	Paul Gadd (62)		


 9 BT in Heats 1-2 to Final

 H1: 09:54 > H2: 09:57 > F: 12:33

## 16: F K1 Paddle-Ability (Sat) R1 500

13.04.2024 10:00


<b>1</b>		<b>6</b> Shaun Cook (37)	NOR
<b>2</b>	Oliver Klumpler (14)	<b>7</b> Jacob Mansfield (21)	4AS
<b>3</b>	Cassie Glaves (15)	<b>8</b> Lucy Keyworth (24)	RLS
<b>4</b>	Jacob Hage (21)	<b>9</b>	
<b>5</b>	William Towler (22)		


 F: 10:00

## 17: H1 C1 Canoe Men Senior/U23+U18/U16 R1 1000

Selection Race 13.04.2024 10:09

<b>1</b>		<b>6</b> Thomas Lambert (22)	LIN
<b>2</b>		<b>7</b> Areg Sarkisyan (17)	RIC
<b>3</b>	Lucas Huan (22)	<b>8</b>	
<b>4</b>	Owen Chisholm (18)	<b>9</b>	
<b>5</b>	Jonathon Jones (27)		


 1st-3rd + 3 BT to Final


 H1: 10:09 > H2: 10:12 > F: 12:18

## 18: H2 C1 Canoe Men Senior/U23+U18/U16 R1 1000

Selection Race 13.04.2024 10:12

<b>1</b>		<b>6</b> Arthur Leech (24)	RIC
<b>2</b>		<b>7</b> Sviatoslav Shnaider (18)	GLW
<b>3</b>	George Bell (20)	<b>8</b>	
<b>4</b>	Oscar Laws (17)	<b>9</b>	
<b>5</b>	Ben Phillips (25)		


 1st-3rd + 3 BT to Final


 H1: 10:09 > H2: 10:12 > F: 12:18

## 19: H1 K1 Men Senior/U23 R1 1000

Selection Race 13.04.2024 10:18

<b>1</b>		<b>6</b> Matthew Collinge (23)	FOY	
<b>2</b>	Sam Cribbett (19)	RLS	<b>7</b> Gabriel Popham-Coveley (18)	NOT
<b>3</b>	Michael Motha (20)	ADS	<b>8</b> Miklos Szabadvari (20)	RDG
<b>4</b>	Finn Cadell (24)	SPS	<b>9</b> Carl Harris (19)	SLP
<b>5</b>	Daniel Johnson (29)	CLM		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 10:18 > H2: 10:21 > H3: 10:24 > F1: 12:06 > F2: 12:09

## 20: H2 K1 Men Senior/U23 R1 1000

Selection Race 13.04.2024 10:21

<b>1</b>		<b>6</b> James Russell (26)	NOT	
<b>2</b>	Ben Higgins (19)	SLP	<b>7</b> Xavier Hives (20)	SOU
<b>3</b>	Jason Grice (23)	SOL	<b>8</b> Paul Donnellan (19)	SLP
<b>4</b>	Stuart Bristow (27)	ROY	<b>9</b> Zak Benstead (23)	ELM
<b>5</b>	Tom Lusty (29)	SOL		


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 10:18 > H2: 10:21 > H3: 10:24 > F1: 12:06 > F2: 12:09

## 21: H3 K1 Men Senior/U23 R1 1000

Selection Race 13.04.2024 10:24

<b>1</b>		<b>6</b> Philip Miles (22)	RLS	
<b>2</b>	Peter Skinner (18)	RDG	<b>7</b> Benjamin Cabrera (20)	FOY
<b>3</b>	Ronan Foley (23)	SLP	<b>8</b> George Durden (30)	ELM
<b>4</b>	Dominic Stanley (19)	NOT	<b>9</b> James How (23)	NOR
<b>5</b>	Matthew Johnson (27)	CLM		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 10:18 > H2: 10:21 > H3: 10:24 > F1: 12:06 > F2: 12:09

## 22: H1 K1 Boys U18 1000

Selection Race 13.04.2024 10:30

<b>1</b>	Daibhi Reynolds (17)	SLP	<b>6</b> Nelson Kinzler (17)	RIC
<b>2</b>	Aidan Teeuwen (17)	RDG	<b>7</b> Lochie Lovell (17)	WOR
<b>3</b>	Rory Smith (16)	NOR	<b>8</b> William Larnar (18)	BAN
<b>4</b>	Will Stevely (16)	SPS	<b>9</b> Luca Clancy (17)	SLP
<b>5</b>	Philippe Ehrnrooth (16)	DEV		


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 10:30 > H2: 10:33 > H3: 10:39 > H4: 10:42 > F1: 11:48 > F2: 11:51

## 23: H2 K1 Boys U18 1000

Selection Race 13.04.2024 10:33

<b>1</b>	Freddie Heard (14)	EXE	<b>6</b> Sean Butterly (15)	SLP
<b>2</b>	Ryan Taylor (17)	BAN	<b>7</b> Tymur Rudnyev (16)	RDG
<b>3</b>	Regan Toop (18)	DEV	<b>8</b> Jack Niland (17)	FOX
<b>4</b>	Alexander Worgan (16)	RIC	<b>9</b> Fletcher Cramer (17)	SOU
<b>5</b>	Joe Enoch (17)	NOT		

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 10:30 > H2: 10:33 > H3: 10:39 > H4: 10:42 > F1: 11:48 > F2: 11:51

## 24: H3 K1 Boys U18 1000

Selection Race 13.04.2024 10:39

<b>1</b>		<b>6</b> Andre Hives (17)	SOU	
<b>2</b>	Daniel O Halloran (17)	CLM	<b>7</b> Conor Donnellan (16)	SLP
<b>3</b>	Flynn Holt (18)	RIC	<b>8</b> Sam Wells (16)	ELM
<b>4</b>	Toby Weeks (16)	RLS	<b>9</b> Patrick Allan (17)	WEY
<b>5</b>	Toby Bullock (16)	EXE		

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

 H1: 10:30 > H2: 10:33 > H3: 10:39 > H4: 10:42 > F1: 11:48 > F2: 11:51

25: H4 K1 Boys U18 1000

Selection Race 13.04.2024 10:42

<b>1</b>		<b>6</b> Sean Durkan (17)	SLP
<b>2</b>	Max Prins-Mills (17)	<b>7</b> Trishan Bhoola (18)	RIC
<b>3</b>	Will Short (16)	<b>8</b> Cassian Payne (16)	CLM
<b>4</b>	Harry Sewell-Catchpole (17)	<b>9</b> Rory Strachan (16)	SPS
<b>5</b>	Olivier Mazur (15)		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 10:30 > H2: 10:33 > H3: 10:39 > H4: 10:42 > F1: 11:48 > F2: 11:51

26: H1 K1 Boys U16 1000

Selection Race 13.04.2024 10:48

<b>1</b>	Szymon Sroka (16)	<b>6</b> Edward Kirtland (15)	BSF
<b>2</b>	Anton Prokhyra (15)	<b>7</b> Ollie Knott (15)	NOR
<b>3</b>	Isaac Popham-Coveley (15)	<b>8</b> Marcell Nagy (15)	RDG
<b>4</b>	Conor Hartney (15)	<b>9</b> Sam Sparks (14)	RLS
<b>5</b>	Sean Noud (14)		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 10:48 > H2: 10:51 > H3: 10:54 > F1: 11:57 > F2: 12:00

27: H2 K1 Boys U16 1000

Selection Race 13.04.2024 10:51

<b>1</b>	Finn Taylor (14)	<b>6</b> Tom Hatton (15)	RIC
<b>2</b>	Daniel Kromer (14)	<b>7</b> Owen Attwood (14)	WEY
<b>3</b>	Dominic Walker (15)	<b>8</b> Ben Eskriett (14)	GAI
<b>4</b>	Adam Solecki (14)	<b>9</b> Sean Smyth (16)	SLP
<b>5</b>	Conrad Packer (14)		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 10:48 > H2: 10:51 > H3: 10:54 > F1: 11:57 > F2: 12:00

28: H3 K1 Boys U16 1000

Selection Race 13.04.2024 10:54

<b>1</b>		<b>6</b> Arthur Hunter-Hopkins (15)	DEV
<b>2</b>	Tom Patterson (14)	<b>7</b> Malachi Grant (14)	NOT
<b>3</b>	Freddy Fowler-Rimell (14)	<b>8</b> Matteo Selini (14)	RIC
<b>4</b>	Tyler Kinder (15)	<b>9</b> Ewan Bates (14)	LBZ
<b>5</b>	Sam Dickson (15)		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 10:48 > H2: 10:51 > H3: 10:54 > F1: 11:57 > F2: 12:00

29: F K1 Girls U14 500

13.04.2024 11:03

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

H1: 09:18 > H2: 09:21 > F: 11:03

30: F1 K1 Girls U16 500

Selection Race 13.04.2024 11:06


<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 11:06 > F2: 11:09

## 31: F2 K1 Girls U16 500

Selection Race 13.04.2024 11:09


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 11:06 > F2: 11:09

## 32: F1 K1 Girls U18 500

Selection Race 13.04.2024 11:18


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 09:39 > H2: 09:42 > H3: 09:45 > H4: 09:48 > F1: 11:18 > F2: 11:21

## 33: F2 K1 Girls U18 500

Selection Race 13.04.2024 11:21


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 09:39 > H2: 09:42 > H3: 09:45 > H4: 09:48 > F1: 11:18 > F2: 11:21

## 34: F2 K1 Women Senior/U23 R1 500

Selection Race 13.04.2024 11:27


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 09:00 > H2: 09:03 > H3: 09:06 > H4: 09:09 > F2: 11:27 > F1: 11:30

## 35: F1 K1 Women Senior/U23 R1 500

Selection Race 13.04.2024 11:30

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	


 H1: 09:00 > H2: 09:03 > H3: 09:06 > H4: 09:09 > F2: 11:27 > F1: 11:30

## 36: H1 K1 Boys Intermediate 500

13.04.2024 11:36

<b>1</b>	<b>6</b> Adam Gora (11)	GLW
<b>2</b>	<b>7</b> Knoah Ayrar (12)	FOX
<b>3</b> Henry Hartland (12)	<b>8</b> Elijah Grant (13)	NOT
<b>4</b> William Bowles-Trow (14)	<b>9</b>	
<b>5</b> Josh Cooke (12)		

 9 BT in Heats 1-2 to Final

 H1: 11:36 > H2: 11:39 > F: 12:54

37: H2 K1 Boys Intermediate 500

13.04.2024 11:39

<b>1</b>		<b>6</b> Oliver McNamara (13)	RUN
<b>2</b>		<b>7</b> Gabriel Otugo (11)	GLW
<b>3</b> Sol Bartram (12)	CDF	<b>8</b> Matthew Anderson (12)	LBZ
<b>4</b> Maxwell Young (14)	BAN	<b>9</b>	
<b>5</b> Jasper Kirtland (13)	BSF		

9 BT in Heats 1-2 to Final

H1: 11:36 > H2: 11:39 > F: 12:54

38: F1 K1 Boys U18 1000

Selection Race 13.04.2024 11:48

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

H1: 10:30 > H2: 10:33 > H3: 10:39 > H4: 10:42 > F1: 11:48 > F2: 11:51

39: F2 K1 Boys U18 1000

Selection Race 13.04.2024 11:51

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

H1: 10:30 > H2: 10:33 > H3: 10:39 > H4: 10:42 > F1: 11:48 > F2: 11:51

40: F1 K1 Boys U16 1000

Selection Race 13.04.2024 11:57

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

H1: 10:48 > H2: 10:51 > H3: 10:54 > F1: 11:57 > F2: 12:00

41: F2 K1 Boys U16 1000

Selection Race 13.04.2024 12:00

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

H1: 10:48 > H2: 10:51 > H3: 10:54 > F1: 11:57 > F2: 12:00

42: F1 K1 Men Senior/U23 R1 1000

Selection Race 13.04.2024 12:06


<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

H1: 10:18 > H2: 10:21 > H3: 10:24 > F1: 12:06 > F2: 12:09

## 43: F2 K1 Men Senior/U23 R1 1000

Selection Race 13.04.2024 12:09


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 10:18 > H2: 10:21 > H3: 10:24 > F1: 12:06 > F2: 12:09

## 44: F C1 Canoe Men Senior/U23+U18/U16 R1 1000

Selection Race 13.04.2024 12:18


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 10:09 > H2: 10:12 > F: 12:18

## 45: F K2 Boys U14 1000

13.04.2024 12:24


<b>1</b>	L. De Bilio   L. Smith	ROY   WOR	<b>6</b>
<b>2</b>	S. Bull   T. Prior	ELM   ELM	<b>7</b>
<b>3</b>	D. Barnett   O. O'Keeffe	WOR   WEY	<b>8</b>
<b>4</b>	F. Barnett   J. Wade	WOR   RDG	<b>9</b>
<b>5</b>			

 F: 12:24

## 46: F K2 Girls U14 1000

13.04.2024 12:24


<b>1</b>	<b>6</b>	M. Burton   E. Sumner	ELM   ELM
<b>2</b>	<b>7</b>	I. Field   M. Mckernan	ELM   ELM
<b>3</b>	<b>8</b>	J. Allan   R. Shephard	WEY   RDG
<b>4</b>	<b>9</b>	C. Caffrey   E. Donnellan	SLP   SLP
<b>5</b>			

 F: 12:24

## 47: F K1 Men D + Masters C/D 500

13.04.2024 12:33


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 09:54 > H2: 09:57 > F: 12:33

## 48: F K1 Men C + Masters B 500

13.04.2024 12:36


<b>1</b>	<b>6</b>	Richard Winstanley (40)	BSF
<b>2</b>	<b>7</b>	Oliver Jackson (20)	LIN
<b>3</b>	<b>8</b>	Colin Caffrey (45)	SLP
<b>4</b>	<b>9</b>	Mathew Rowlands (32)	CDF
<b>5</b>		Joseph Ellis (18)	BAN

 F: 12:36

## 49: F K1 Men A/B + Masters A 500

13.04.2024 12:39

<b>1</b>	<b>6</b>	Joe Fitzpatrick (31)	BSF
<b>2</b>	<b>7</b>	Ben Shipway (18)	SOU
<b>3</b>	<b>8</b>	Jamie Christie (52)	SOR
<b>4</b>	<b>9</b>	Piran Phillips (21)	SOU
<b>5</b>		Edgar Boehm (46)	RDG

 F: 12:39

## 50: F K1 Women C + W Masters B 500

13.04.2024 12:42

<b>1</b>	Tilla Kubisch-Wiles (18)	RDG	<b>6</b>	
<b>2</b>	Hannah Stephens (22)	CDF	<b>7</b>	
<b>3</b>	Claire Brehin (25)	SOU	<b>8</b>	
<b>4</b>			<b>9</b>	
<b>5</b>				

🕒 F: 12:42

## 51: F K1 Women D + W Masters C/D 500

13.04.2024 12:42

<b>1</b>			<b>6</b>	Niamh Caffrey (18)	SLP
<b>2</b>			<b>7</b>	Rose Le Moing (29)	RIC
<b>3</b>			<b>8</b>	Jennifer Fletcher (24)	RIC
<b>4</b>			<b>9</b>	Evie Wong (20)	CDF
<b>5</b>	Lucy Holgate (24)	NOT			

🕒 F: 12:42

## 52: F K4 Girls U18/U16 500

Selection Race 13.04.2024 12:48

<b>1</b>			<b>6</b>	A. Beeson   E. Landsborough	WOK   NOT
<b>2</b>				C. Maloney   I. Ritchie	NOT   WEY
<b>3</b>	A. Brittle   S. Dunlop	ELM   ELM	<b>7</b>	P. Davison   M. Dawson	LIN   LIN
	C. Long   E. Mcaulay	FOX   NOR		E. Twort   E. Widdows	LIN   NOR
<b>4</b>	S. Lillis-Brooks   G. Seamer	RLS   RLS	<b>8</b>	D. De Bilio   C. Fulford	ROY   RDG
	H. Tristram   L. Tristram	RLS   RLS		F. Scrivener   K. Sklenarova	FOX   NOR
<b>5</b>	L. Cullen   E. Roche	SLP   SLP	<b>9</b>		
	A. Shannon   S. Shannon	SLP   SLP			

🕒 F: 12:48

## 53: F K1 Girls Intermediate 500

13.04.2024 12:51

<b>1</b>			<b>6</b>	Joshie Allan (13)	WEY
<b>2</b>			<b>7</b>		
<b>3</b>			<b>8</b>		
<b>4</b>			<b>9</b>		
<b>5</b>	Lydia Khan (13)	NOT			

🕒 F: 12:51

## 54: F K1 Boys Intermediate 500

13.04.2024 12:54

<b>1</b>			<b>6</b>		
<b>2</b>			<b>7</b>		
<b>3</b>			<b>8</b>		
<b>4</b>			<b>9</b>		
<b>5</b>					

🕒 H1: 11:36 &gt; H2: 11:39 &gt; F: 12:54

## 55: F C1 Canoe Women Senior/U23+U18/U16 R1 200

Selection Race 13.04.2024 13:03

<b>1</b>			<b>6</b>	Katie Jayne Reid (29)	FOR
<b>2</b>			<b>7</b>	Bethany Gill (28)	CLM
<b>3</b>	Anna Palmer (27)	RDG	<b>8</b>		
<b>4</b>	Afton Fitzhenry (29)	BCC	<b>9</b>		
<b>5</b>	Isabel Evans (26)	CHE			


🕒 F: 13:03



## 56: F K1 Para Men KL2/3 R1 200

Selection Race 13.04.2024 13:06


<b>1</b>		<b>6</b> Dave Phillipson (35)	PAR	
<b>2</b>	Charlie Knowlden (20)	RLS	<b>7</b> Jonathan White (40)	EXE
<b>3</b>	Jon Tarrant (34)	RLS	<b>8</b>	
<b>4</b>	Robert Oliver (36)	PAR	<b>9</b>	
<b>5</b>	Jonathon Young (39)	PAR		

 F: 13:06

## 57: F K1 Para Women KL1-3 R1 200

Selection Race 13.04.2024 13:09

<b>1</b>		<b>6</b> Llinos Owen (41)	CDF	
<b>2</b>	Jeanette Chippington (53)	PAR	<b>7</b> Emma Wiggs (43)	PAR
<b>3</b>			<b>8</b> Charlotte Henshaw (37)	PAR
<b>4</b>	Hope Gordon (29)	SPS	<b>9</b>	
<b>5</b>	Laura Sugar (33)	PAR		


 F: 13:09

## 58: H1 K1 Mini Sprint A 200

13.04.2024 13:15

<b>1</b>		<b>6</b> Oisin Caffrey (11)	SLP	
<b>2</b>		<b>7</b> Phoebe Field (12)	ELM	
<b>3</b>	George Cheyne (11)	CLM	<b>8</b>	
<b>4</b>	Jack Wade (12)	RDG	<b>9</b>	
<b>5</b>	Lexi Jones (11)	NOT		

 9 BT in Heats 1-2 to Final


 H1: 13:15 > H2: 13:18 > F: 15:45

## 59: H2 K1 Mini Sprint A 200

13.04.2024 13:18

<b>1</b>		<b>6</b> Adriana De Bilio (10)	ROY	
<b>2</b>		<b>7</b> Ethan Noud (10)	SLP	
<b>3</b>	Conor Bates (9)	LBZ	<b>8</b>	
<b>4</b>	Jack Maloney (11)	NOT	<b>9</b>	
<b>5</b>	Lexi Small (11)	WOL		


 9 BT in Heats 1-2 to Final

 H1: 13:15 > H2: 13:18 > F: 15:45

## 60: F K1 Paddle-Ability (Sat) R1 200

13.04.2024 13:21


<b>1</b>	Taylor Gough (24)	RLS	<b>6</b> Shaun Cook (37)	NOR
<b>2</b>	Oliver Klumpler (14)	BSF	<b>7</b> Lucy Keyworth (24)	RLS
<b>3</b>	William Towler (22)	NOR	<b>8</b> Cassie Glaves (15)	4AS
<b>4</b>	Jacob Hage (21)	4AS	<b>9</b>	
<b>5</b>	Jacob Mansfield (21)	4AS		


 F: 13:21

## 61: H1 K2 Boys U18/U16 1000

Selection Race 13.04.2024 13:30

<b>1</b>	F. Fowler-Rimell   A. Hunter-Hopkins	WOR   DEV	<b>6</b>	S. Butterly   S. Durkan	SLP   SLP
<b>2</b>	F. Cramer   R. Toop	SOU   DEV	<b>7</b>	H. Sewell-Catchpole   R. Smith	NOR   NOR
<b>3</b>	L. Clancy   S. Smyth	SLP   SLP	<b>8</b>	M. Prins-Mills   A. Teeuwen	RDG   RDG
<b>4</b>	K. Ayran   T. Bhoola	FOX   RIC	<b>9</b>	W. Larner   R. Taylor	BAN   BAN
<b>5</b>	T. Bullock   J. Enoch	EXE   NOT			

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 13:30 > H2: 13:33 > H3: 13:36 > F1: 14:39 > F2: 14:42

## 62: H2 K2 Boys U18/U16 1000

Selection Race 13.04.2024 13:33

<b>1</b>	F. Holt   J. Rayment	RIC   LBZ	<b>6</b>	L. Lovell   R. Strachan	WOR   SPS
<b>2</b>	D. O Halloran   C. Payne	CLM   CLM	<b>7</b>	B. Eskriett   S. Whitehead	GAI   ADS
<b>3</b>	O. Knott   S. Noud	NOR   SLP	<b>8</b>	I. Popham-Coveley   D. Walker	FOX   NOR
<b>4</b>	F. Taylor   S. Wells	ELM   ELM	<b>9</b>	E. Kirtland   C. Packer	BSF   RDG
<b>5</b>	P. Ehrnrooth   A. Worgan	DEV   RIC			

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 13:30 > H2: 13:33 > H3: 13:36 > F1: 14:39 > F2: 14:42

## 63: H3 K2 Boys U18/U16 1000

Selection Race 13.04.2024 13:36

<b>1</b>			<b>6</b>	A. Hinvies   N. Lamb	SOU   SOU
<b>2</b>	E. Bates   M. Grant	LBZ   NOT	<b>7</b>	O. Attwood   A. Murphy	WEY   RLS
<b>3</b>	L. Andrews   J. Niland	LIN   FOX	<b>8</b>	S. Sroka   W. Stevely	SPS   SPS
<b>4</b>	C. Donnellan   D. Reynolds	SLP   SLP	<b>9</b>	S. Dickson   T. Kinder	FOX   RDG
<b>5</b>	F. Heard   O. Mazur	EXE   RDG			

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 13:30 > H2: 13:33 > H3: 13:36 > F1: 14:39 > F2: 14:42

## 64: F K2 Men A/B + Masters A 1000

13.04.2024 13:42

<b>1</b>	E. Boehm   J. Christie	RDG   SOR	<b>6</b>		
<b>2</b>			<b>7</b>		
<b>3</b>			<b>8</b>		
<b>4</b>			<b>9</b>		
<b>5</b>					

F: 13:42

## 65: F K2 Men C + Masters B 1000

13.04.2024 13:42

<b>1</b>			<b>6</b>		
<b>2</b>			<b>7</b>		
<b>3</b>	A. McDonagh   M. Rowlands	CDF   CDF	<b>8</b>		
<b>4</b>	C. Caffrey   J. Toomey	SLP   SLP	<b>9</b>		
<b>5</b>	L. Dixon   J. Ellis	LBZ   BAN			

F: 13:42

## 66: F K2 Men D + Masters C/D 1000

13.04.2024 13:42

<b>1</b>			<b>6</b>		
<b>2</b>			<b>7</b>	G. Smith   A. Want	NOR   NOR
<b>3</b>			<b>8</b>	M. Anderson   J. Sklenar	NOR   NOR
<b>4</b>			<b>9</b>	P. Gadd   R. Lucas	ADS   RIC
<b>5</b>					

F: 13:42

## 67: H1 K1 Girls U16 1000

Selection Race 13.04.2024 13:48

<b>1</b>	Charlotte Fulford (16)	RDG	<b>6</b>	Alice Beeson (14)	WOK
<b>2</b>	Claire Guest (15)	SLP	<b>7</b>	Abigail Strachan (14)	SPS
<b>3</b>	Katie Luen-Twining (14)	CDF	<b>8</b>	Rebecca Perrin (14)	CLM
<b>4</b>	Hannah Tristram (15)	RLS	<b>9</b>	Evie Barber (14)	CDF
<b>5</b>	Elsie Landsborough (15)	NOT			

9 BT in Heats 1-2 to Final


H1: 13:48 > H2: 13:51 > F: 14:48

## 68: H2 K1 Girls U16 1000

Selection Race 13.04.2024 13:51

<b>1</b> Ava Wong (15)	CDF	<b>6</b> Sienna Green (15)	WOL
<b>2</b> May Perrin (16)	CLM	<b>7</b> Sadb Shannon (15)	SLP
<b>3</b> Izzy Ritchie (15)	WEY	<b>8</b> Emma O Halloran (15)	SLP
<b>4</b> Kyla Holt (14)	RIC	<b>9</b> Dianora De Bilio (15)	ROY
<b>5</b> Ciara Maloney (15)	NOT		

 9 BT in Heats 1-2 to Final

 H1: 13:48 > H2: 13:51 > F: 14:48

## 69: H1 K1 Girls U18 1000

Selection Race 13.04.2024 13:57

<b>1</b>		<b>6</b> Sophie Dunlop (16)	ELM
<b>2</b> Skye Parkinson (17)	RIC	<b>7</b> Catherine Beck (16)	BAN
<b>3</b> Chloe Ritchie (17)	WEY	<b>8</b> Jen Guest (17)	SLP
<b>4</b> Mollie Ball (17)	DEV	<b>9</b>	
<b>5</b> Sienna Payne (17)	CLM		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 13:57 > H2: 14:00 > H3: 14:03 > F1: 15:00 > F2: 15:03

## 70: H2 K1 Girls U18 1000

Selection Race 13.04.2024 14:00

<b>1</b>		<b>6</b> Frankie Scrivener (16)	FOX
<b>2</b>		<b>7</b> Estelle Widdows (16)	NOR
<b>3</b> Aoibhe Shannon (17)	SLP	<b>8</b> Lucy Cullen (17)	SLP
<b>4</b> Madeline Dawson (17)	LIN	<b>9</b>	
<b>5</b> Annabel Hutchinson (18)	RDG		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 13:57 > H2: 14:00 > H3: 14:03 > F1: 15:00 > F2: 15:03

## 71: H3 K1 Girls U18 1000

Selection Race 13.04.2024 14:03

<b>1</b>		<b>6</b> Hannah Toovey (16)	SPS
<b>2</b>		<b>7</b> Emily Roche (16)	SLP
<b>3</b> Emily Twort (16)	LIN	<b>8</b> Ava Brittle (16)	ELM
<b>4</b> Beth Perry (18)	SOU	<b>9</b>	
<b>5</b> Kamila Sklenarova (16)	NOR		


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 13:57 > H2: 14:00 > H3: 14:03 > F1: 15:00 > F2: 15:03

## 72: F K2 Women C + W Masters B 1000

13.04.2024 14:09


<b>1</b>		<b>6</b>	
<b>2</b> H. Stephens   E. Wong	CDF   CDF	<b>7</b>	
<b>3</b> I. Hunter   T. Kubisch-Wiles	GLW   RDG	<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

 F: 14:09

## 73: F K2 Women D + W Masters C/D 1000

13.04.2024 14:09

<b>1</b>		<b>6</b> J. Fletcher   R. Le Moing	RIC   RIC
<b>2</b>		<b>7</b> S. Hartland   C. Johnson	BAN   BAN
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

 F: 14:09

74: F K1 Women Senior/U23 R2 500

Selection Race 13.04.2024 14:24

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

F: 14:24

75: F K4 Boys U14 500

13.04.2024 14:27

<b>1</b>	<b>6</b>
<b>2</b> S. Bull   E. Grant ELM   NOT	<b>7</b>
O. McNamara   T. Prior RUN   ELM	<b>8</b>
<b>3</b> D. Barnett   L. De Bilio WOR   ROY	<b>9</b>
O. O'Keeffe   L. Smith WEY   WOR	
<b>4</b>	
<b>5</b>	

F: 14:27

76: F K4 Girls U14 500

13.04.2024 14:27

<b>1</b>	<b>6</b> M. Burton   I. Field ELM   ELM
<b>2</b>	M. Mckernan   E. Sumner ELM   ELM
<b>3</b>	<b>7</b> J. Allan   L. Khan WEY   NOT
<b>4</b>	A. Mackie   R. Shephard ELM   RDG
<b>5</b>	<b>8</b>
	<b>9</b>

F: 14:27

77: F K1 Paddle-Ability (Sat) R2 500

13.04.2024 14:33

<b>1</b>	<b>6</b> William Towler (22) NOR
<b>2</b>	<b>7</b> Cassie Glaves (15) 4AS
<b>3</b> Jacob Mansfield (21) 4AS	<b>8</b> Lucy Keyworth (24) RLS
<b>4</b> Shaun Cook (37) NOR	<b>9</b>
<b>5</b> Jacob Hage (21) 4AS	

F: 14:33

78: F1 K2 Boys U18/U16 1000

Selection Race 13.04.2024 14:39

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 13:30 > H2: 13:33 > H3: 13:36 > F1: 14:39 > F2: 14:42

79: F2 K2 Boys U18/U16 1000

Selection Race 13.04.2024 14:42

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 13:30 > H2: 13:33 > H3: 13:36 > F1: 14:39 > F2: 14:42

## 80: F C1 Canoe Men Senior/U23+U18/U16 R2 1000

Selection Race 13.04.2024 14:45

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

🕒 F: 14:45

## 81: F K1 Girls U16 1000

Selection Race 13.04.2024 14:48

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

🕒 H1: 13:48 &gt; H2: 13:51 &gt; F: 14:48

## 82: F1 K1 Girls U18 1000

Selection Race 13.04.2024 15:00

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

🕒 H1: 13:57 &gt; H2: 14:00 &gt; H3: 14:03 &gt; F1: 15:00 &gt; F2: 15:03

## 83: F2 K1 Girls U18 1000

Selection Race 13.04.2024 15:03

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

🕒 H1: 13:57 &gt; H2: 14:00 &gt; H3: 14:03 &gt; F1: 15:00 &gt; F2: 15:03

## 84: H1 K1 Women Senior/U23 1000

Selection Race 13.04.2024 15:09

<b>1</b> Becky Pemble (20)	ADS	<b>6</b> Melissa Johnson (26)	CLM
<b>2</b> Freya Peters (23)	NOT	<b>7</b> Kate Hipkins (21)	LON
<b>3</b> Nerys Hall (19)	WEY	<b>8</b> Kate O Halloran (19)	SLP
<b>4</b> Florence Duffield (24)	NOR	<b>9</b> Tilla Kubisch-Wiles (18)	RDG
<b>5</b> Rebeka Simon (27)	ELM		

🏠 1st-3rd + 3 BT to Final 1. Rest to Final 2

🕒 H1: 15:09 &gt; H2: 15:12 &gt; F1: 17:12 &gt; F2: 17:15

## 85: H2 K1 Women Senior/U23 1000

Selection Race 13.04.2024 15:12

<b>1</b> Jessica Urquhart (20)	NOT	<b>6</b> Katie Brookes (21)	WOR
<b>2</b> Imogen Hunter (18)	GLW	<b>7</b> Elise Montagna (20)	ROY
<b>3</b> Grace Anderson (20)	NOR	<b>8</b> Bea Clark (21)	ROY
<b>4</b> Lucy Guest (21)	NOT	<b>9</b> Kerry Christie (20)	NOT
<b>5</b> Zoe Clark (23)	ROY		

🏠 1st-3rd + 3 BT to Final 1. Rest to Final 2

🕒 H1: 15:09 &gt; H2: 15:12 &gt; F1: 17:12 &gt; F2: 17:15

## 86: F K1 Men Senior/U23 R2 1000

Selection Race 13.04.2024 15:18

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 F: 15:18

## 87: H1 K1 Men D + Masters C/D 200

13.04.2024 15:30

<b>1</b>	Andy Dodson (60)	ADS	<b>6</b>	Charlie Mayo (59)	DEV
<b>2</b>	Doug Pemble (59)	ADS	<b>7</b>	George Randall (23)	TRE
<b>3</b>	Joao Spinola (34)	BSF	<b>8</b>	Andrew Doran (55)	LIN
<b>4</b>	Roland Lucas (63)	RIC	<b>9</b>	Peter Gorman (69)	WEY
<b>5</b>	Nico Kirschstein (31)	RDG			

🏠 9 BT in Heats 1-2 to Final

🕒 H1: 15:30 &gt; H2: 15:33 &gt; F: 17:03

## 88: H2 K1 Men D + Masters C/D 200

13.04.2024 15:33

<b>1</b>		<b>6</b>	Richard Stenning (27)	NOR	
<b>2</b>	Chris Gavin (53)	RIC	<b>7</b>	Joshua Perry (18)	BAN
<b>3</b>	Jeff Toomey (53)	SLP	<b>8</b>	Derek Marshall (67)	LKR
<b>4</b>	Benjamin Webb (48)	WEY	<b>9</b>	Paul Gadd (62)	ADS
<b>5</b>	Stuart Sherman (68)	CDF			

🏠 9 BT in Heats 1-2 to Final

🕒 H1: 15:30 &gt; H2: 15:33 &gt; F: 17:03

## 89: F K1 Para Men KL2/3 R2 200

Selection Race 13.04.2024 15:36

<b>1</b>		<b>6</b>	Robert Oliver (36)	PAR	
<b>2</b>	Jonathan White (40)	EXE	<b>7</b>	Charlie Knowlden (20)	RLS
<b>3</b>	Dave Phillipson (35)	PAR	<b>8</b>		
<b>4</b>	Jon Tarrant (34)	RLS	<b>9</b>		
<b>5</b>	Jonathon Young (39)	PAR			

🕒 F: 15:36

## 90: F K1 Para Women KL1-3 R2 200

Selection Race 13.04.2024 15:39

<b>1</b>		<b>6</b>	Hope Gordon (29)	SPS	
<b>2</b>		<b>7</b>	Laura Sugar (33)	PAR	
<b>3</b>	Emma Wiggs (43)	PAR	<b>8</b>		
<b>4</b>	Charlotte Henshaw (37)	PAR	<b>9</b>	Jeanette Chippington (53)	PAR
<b>5</b>	Llinos Owen (41)	CDF			

🕒 F: 15:39

## 91: F K1 Mini Sprint A 200

13.04.2024 15:45

<b>1</b>		<b>6</b>		
<b>2</b>		<b>7</b>		
<b>3</b>		<b>8</b>		
<b>4</b>		<b>9</b>		
<b>5</b>				

🕒 H1: 13:15 &gt; H2: 13:18 &gt; F: 15:45

## 92: F K1 Mini Sprint B 200

13.04.2024 15:48

<b>1</b>		<b>6</b> Adam Golder (11)	NOT
<b>2</b>		<b>7</b> Rupert Kirtland (10)	BSF
<b>3</b> Julia Pyrz (9)	GLW	<b>8</b> Edith Smerdon (12)	CLM
<b>4</b> James Mackie (10)	ELM	<b>9</b>	
<b>5</b> Emily Wainwright (11)	NOT		

🕒 F: 15:48

## 93: F K1 Boys U14 200

13.04.2024 15:51

<b>1</b> Doogal Barnett (13)	WOR	<b>6</b> Tristan Prior (13)	ELM
<b>2</b> Louis Smith (13)	WOR	<b>7</b> Ocean O'Keeffe (14)	WEY
<b>3</b> Max Poole (14)	DEV	<b>8</b> Samuel Bull (13)	ELM
<b>4</b> Lorenzo De Bilio (13)	ROY	<b>9</b> Mikolaj Pyrz (13)	GLW
<b>5</b> Fergus Barnett (12)	WOR		

🕒 F: 15:51

## 94: F C1 Canoe Women Senior/U23+U18/U16 R2 200

Selection Race 13.04.2024 15:57

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 F: 15:57

## 95: H1 C1 Canoe Men Senior/U23+U18/U16 200

Selection Race 13.04.2024 16:03

<b>1</b>		<b>6</b> Jonathon Jones (27)	FLA
<b>2</b>		<b>7</b> Oscar Laws (17)	RIC
<b>3</b> Owen Chisholm (18)	RIC	<b>8</b>	
<b>4</b> George Bell (20)	FLA	<b>9</b>	
<b>5</b> Ben Phillips (25)	RIC		

🏠 1st-3rd + 3 BT to Final

🕒 H1: 16:03 &gt; H2: 16:06 &gt; F: 17:45

## 96: H2 C1 Canoe Men Senior/U23+U18/U16 200

Selection Race 13.04.2024 16:06

<b>1</b>		<b>6</b> Arthur Leech (24)	RIC
<b>2</b>		<b>7</b> Lucas Huan (22)	RLS
<b>3</b> Sviatoslav Shnaider (18)	GLW	<b>8</b>	
<b>4</b> Areg Sarkisyan (17)	RIC	<b>9</b>	
<b>5</b> Thomas Lambert (22)	LIN		

🏠 1st-3rd + 3 BT to Final

🕒 H1: 16:03 &gt; H2: 16:06 &gt; F: 17:45

## 97: F K1 Paddle-Ability (Sat) R2 200

13.04.2024 16:12

<b>1</b> Taylor Gough (24)	RLS	<b>6</b> Jacob Mansfield (21)	4AS
<b>2</b> Lucy Keyworth (24)	RLS	<b>7</b> Jacob Hage (21)	4AS
<b>3</b> Cassie Glaves (15)	4AS	<b>8</b>	
<b>4</b> William Towler (22)	NOR	<b>9</b>	
<b>5</b> Shaun Cook (37)	NOR		


🕒 F: 16:12

## 98: H1 K1 Boys U18 200

Selection Race 13.04.2024 16:21

<b>1</b> Rory Strachan (16)	SPS	<b>6</b> Jack Rayment (17)	LBZ
<b>2</b> Luca Clancy (17)	SLP	<b>7</b> Rory Smith (16)	NOR
<b>3</b> Regan Toop (18)	DEV	<b>8</b> Jack Niland (17)	FOX
<b>4</b> William Larnar (18)	BAN	<b>9</b> Lochie Lovell (17)	WOR
<b>5</b> Sean Butterly (15)	SLP		

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

 H1: 16:21 > H2: 16:24 > H3: 16:27 > H4: 16:30 > F1: 18:00 > F2: 18:03

## 99: H2 K1 Boys U18 200

Selection Race 13.04.2024 16:24

<b>1</b>		<b>6</b> Huw Singleton (17)	NOT
<b>2</b> Ryan Taylor (17)	BAN	<b>7</b> Trishan Bhoola (18)	RIC
<b>3</b> Koen Ayran (17)	FOX	<b>8</b> Sam Patterson (16)	SPS
<b>4</b> Aidan Teeuwen (17)	RDG	<b>9</b> Will Short (16)	ELM
<b>5</b> Nelson Kinzler (17)	RIC		


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

 H1: 16:21 > H2: 16:24 > H3: 16:27 > H4: 16:30 > F1: 18:00 > F2: 18:03

## 100: H3 K1 Boys U18 200

Selection Race 13.04.2024 16:27

<b>1</b>		<b>6</b> Tymur Rudnyev (16)	RDG
<b>2</b> Sam Bates (17)	RIC	<b>7</b> Conor Donnellan (16)	SLP
<b>3</b> Nathaniel Lamb (17)	SOU	<b>8</b> Max Prins-Mills (17)	RDG
<b>4</b> Daibhi Reynolds (17)	SLP	<b>9</b> Sean Durkan (17)	SLP
<b>5</b> Isaac Aveson (16)	RIC		


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 16:21 > H2: 16:24 > H3: 16:27 > H4: 16:30 > F1: 18:00 > F2: 18:03

## 101: H4 K1 Boys U18 200

Selection Race 13.04.2024 16:30

<b>1</b>		<b>6</b> Harry Sewell-Catchpole (17)	NOR
<b>2</b> Toby Weeks (16)	RLS	<b>7</b> Dylan Clarke (17)	SLP
<b>3</b> Flynn Holt (18)	RIC	<b>8</b> Sam Wells (16)	ELM
<b>4</b> Lewis Andrews (17)	LIN	<b>9</b> Fletcher Cramer (17)	SOU
<b>5</b> Andre Hinvès (17)	SOU		


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 16:21 > H2: 16:24 > H3: 16:27 > H4: 16:30 > F1: 18:00 > F2: 18:03

## 102: H1 K1 Boys U16 200

Selection Race 13.04.2024 16:36

<b>1</b>		<b>6</b> Tyler Kinder (15)	RDG
<b>2</b> Jake Witek (15)	SLP	<b>7</b> Tom Patterson (14)	SPS
<b>3</b> Sam Whitehead (14)	ADS	<b>8</b> Isaac Popham-Coveley (15)	FOX
<b>4</b> Anton Prokhyra (15)	GLW	<b>9</b> Ollie Knott (15)	NOR
<b>5</b> Daniel Kromer (14)	RLS		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 16:36 > H2: 16:39 > H3: 16:45 > H4: 16:48 > F1: 18:09 > F2: 18:12

## 103: H2 K1 Boys U16 200

Selection Race 13.04.2024 16:39

<b>1</b>		<b>6</b> Szymon Sroka (16)	SPS
<b>2</b> Edward Kirtland (15)	BSF	<b>7</b> Sean Noud (14)	SLP
<b>3</b> Aeron Murphy (15)	RLS	<b>8</b> Malachi Grant (14)	NOT
<b>4</b> Ben Eskriett (14)	GAI	<b>9</b>	
<b>5</b> Matteo Selini (14)	RIC		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 16:36 > H2: 16:39 > H3: 16:45 > H4: 16:48 > F1: 18:09 > F2: 18:12



## 104: H3 K1 Boys U16 200

Selection Race 13.04.2024 16:45

<b>1</b>		<b>6</b> Sean Smyth (16)	SLP
<b>2</b> Marcell Nagy (15)	RDG	<b>7</b> Tom Hatton (15)	RIC
<b>3</b> Finn Taylor (14)	ELM	<b>8</b> Owen Attwood (14)	WEY
<b>4</b> Ewan Bates (14)	LBZ	<b>9</b>	
<b>5</b> Ollie Reed (14)	RLS		

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 16:36 > H2: 16:39 > H3: 16:45 > H4: 16:48 > F1: 18:09 > F2: 18:12

## 105: H4 K1 Boys U16 200

Selection Race 13.04.2024 16:48

<b>1</b>		<b>6</b> Sam Sparks (14)	RLS
<b>2</b> Conrad Packer (14)	RDG	<b>7</b> Conor Hartney (15)	RIC
<b>3</b> Freddy Fowler-Rimell (14)	WOR	<b>8</b> Adam Solecki (14)	GLW
<b>4</b> Sam Dickson (15)	FOX	<b>9</b>	
<b>5</b> Dominic Walker (15)	NOR		

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 16:36 > H2: 16:39 > H3: 16:45 > H4: 16:48 > F1: 18:09 > F2: 18:12

## 106: H1 K1 Men Senior/U23 200

Selection Race 13.04.2024 16:54

<b>1</b>		<b>6</b> Tom Holland (21)	WEY
<b>2</b> Ewan McDougal (22)	NOT	<b>7</b> Michael Motha (20)	ADS
<b>3</b> Peter Skinner (18)	RDG	<b>8</b> Piran Phillips (21)	SOU
<b>4</b> Haydyn Cooke-Bayley (18)	NOT	<b>9</b> James How (23)	NOR
<b>5</b> Lewis Fletcher (30)	LKR		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 16:54 > H2: 16:57 > H3: 17:00 > F1: 09:40 > F2: 09:44

## 107: H2 K1 Men Senior/U23 200

Selection Race 13.04.2024 16:57

<b>1</b>		<b>6</b> Alex Greaves (22)	RLS
<b>2</b> Gallin Montgomery (35)	TRE	<b>7</b> Benjamin Want (20)	NOR
<b>3</b> Jason Grice (23)	SOL	<b>8</b> Miklos Szabadvari (20)	RDG
<b>4</b> Jordi Eccles (27)	ANK	<b>9</b> Toby Booth (20)	NOR
<b>5</b> Trevor Thomson (25)	EAL		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 16:54 > H2: 16:57 > H3: 17:00 > F1: 09:40 > F2: 09:44

## 108: H3 K1 Men Senior/U23 200

Selection Race 13.04.2024 17:00

<b>1</b>		<b>6</b> Dylan O'Connor (19)	RIC
<b>2</b> Ben Shipway (18)	SOU	<b>7</b> Zak Benstead (23)	ELM
<b>3</b> Findlay Lewis (18)	SPS	<b>8</b> Carl Harris (19)	SLP
<b>4</b> Stuart Bristow (27)	ROY	<b>9</b> Alex Sheppy (25)	DEV
<b>5</b> Ben Gallacher (23)	SPS		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 16:54 > H2: 16:57 > H3: 17:00 > F1: 09:40 > F2: 09:44

## 109: F K1 Men D + Masters C/D 200

13.04.2024 17:03


<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

H1: 15:30 > H2: 15:33 > F: 17:03

## 110: F1 K1 Women Senior/U23 1000

Selection Race 13.04.2024 17:12


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 15:09 > H2: 15:12 > F1: 17:12 > F2: 17:15

## 111: F2 K1 Women Senior/U23 1000

Selection Race 13.04.2024 17:15


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 15:09 > H2: 15:12 > F1: 17:12 > F2: 17:15

## 112: F K1 Men C + Masters B 1000

13.04.2024 17:24


<b>1</b>	<b>6</b> Jack Gilbert-Johns (21)	SOU	
<b>2</b> Oliver Jackson (20)	LIN	<b>7</b> Joseph Ellis (18)	BAN
<b>3</b> Leon Dixon (18)	LBZ	<b>8</b> Richard Winstanley (40)	BSF
<b>4</b> Mathew Rowlands (32)	CDF	<b>9</b>	
<b>5</b> Andrew McDonagh (46)	CDF		

 F: 17:24

## 113: F K1 Men A/B + Masters A 1000

13.04.2024 17:27


<b>1</b>	<b>6</b> Jamie Christie (52)	SOR	
<b>2</b>	<b>7</b> Joe Fitzpatrick (31)	BSF	
<b>3</b> Piran Phillips (21)	SOU	<b>8</b>	
<b>4</b> Ben Shipway (18)	SOU	<b>9</b>	
<b>5</b> Edgar Boehm (46)	RDG		

 F: 17:27

## 114: F K2 Men Senior/U23 1000

Selection Race 13.04.2024 17:33

<b>1</b>	<b>6</b> Z. Benstead   A. Greaves	ELM   RLS	
<b>2</b>	<b>7</b> X. Hinves   D. O'Connor	SOU   RIC	
<b>3</b> M. Collinge   M. Johnson	FOY   CLM	<b>8</b>	
<b>4</b> J. Gilbert-Johns   B. Shipway	SOU   SOU	<b>9</b>	
<b>5</b> G. Popham-Coveley   D. Stanley	NOT   NOT		

 F: 17:33

## 115: F C2 Canoe Women Senior/U23+U18/U16 200

Selection Race 13.04.2024 17:42


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b> A. Fitzhenry   B. Gill	BCC   CLM

 F: 17:42

## 116: F C1 Canoe Men Senior/U23+U18/U16 200

Selection Race 13.04.2024 17:45

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 16:03 > H2: 16:06 > F: 17:45

117: F K1 Para Men KL2/3 R3 200

Selection Race 13.04.2024 17:51

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

F: 17:51

118: F K1 Para Women KL1-3 R3 200

Selection Race 13.04.2024 17:54

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

F: 17:54

119: F1 K1 Boys U18 200

Selection Race 13.04.2024 18:00

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 16:21 > H2: 16:24 > H3: 16:27 > H4: 16:30 > F1: 18:00 > F2: 18:03

120: F2 K1 Boys U18 200

Selection Race 13.04.2024 18:03

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 16:21 > H2: 16:24 > H3: 16:27 > H4: 16:30 > F1: 18:00 > F2: 18:03

121: F1 K1 Boys U16 200

Selection Race 13.04.2024 18:09

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 16:36 > H2: 16:39 > H3: 16:45 > H4: 16:48 > F1: 18:09 > F2: 18:12

122: F2 K1 Boys U16 200

Selection Race 13.04.2024 18:12

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 16:36 > H2: 16:39 > H3: 16:45 > H4: 16:48 > F1: 18:09 > F2: 18:12

123: F K2 Men Senior/U23 200

Selection Race 13.04.2024 18:15

<b>1</b>	<b>6</b> Z. Benstead   A. Greaves	ELM   RLS
<b>2</b>	<b>7</b> H. Cooke-Bayley   D. O'Connor	NOT   RIC
<b>3</b>	<b>8</b>	
<b>4</b> T. Holland   A. Sheppy	WEY   DEV	
<b>5</b> T. Booth   B. Want	NOR   NOR	

F: 18:15

## 125: F K2 Girls U14 500

14.04.2024 08:32

<b>1</b>	J. Allan   R. Shephard	WEY   RDG	<b>6</b>		
<b>2</b>	C. Caffrey   E. Smyth	SLP   SLP	<b>7</b>		
<b>3</b>	M. Burton   A. Mackie	ELM   ELM	<b>8</b>		
<b>4</b>	I. Field   M. Mckernan	ELM   ELM	<b>9</b>		
<b>5</b>					

🕒 F: 08:32

## 124: F K2 Boys U14 500

14.04.2024 08:32

<b>1</b>			<b>6</b>	S. Bull   T. Prior	ELM   ELM
<b>2</b>			<b>7</b>	F. Barnett   J. Wade	WOR   RDG
<b>3</b>			<b>8</b>	D. Barnett   O. O'Keeffe	WOR   WEY
<b>4</b>			<b>9</b>	L. De Bilio   L. Smith	ROY   WOR
<b>5</b>					

🕒 F: 08:32

## 126: F K2 Men A/B + Masters A 500

14.04.2024 08:40

<b>1</b>			<b>6</b>	J. Fitzpatrick   J. Spinola	BSF   BSF
<b>2</b>			<b>7</b>		
<b>3</b>			<b>8</b>		
<b>4</b>	E. Boehm   J. Christie	RDG   SOR	<b>9</b>		
<b>5</b>	J. Gilbert-Johns   B. Shipway	SOU   SOU			

🕒 F: 08:40

## 127: H1 K1 Boys U16 500

Selection Race 14.04.2024 08:44

<b>1</b>			<b>6</b>	Isaac Popham-Coveley (15)	FOX
<b>2</b>	Sean Smyth (16)	SLP	<b>7</b>	Marcell Nagy (15)	RDG
<b>3</b>	Aeron Murphy (15)	RLS	<b>8</b>	Sam Whitehead (14)	ADS
<b>4</b>	Anton Prokhyra (15)	GLW	<b>9</b>	Tom Patterson (14)	SPS
<b>5</b>	Ollie Knott (15)	NOR			

🏠 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

🕒 H1: 08:44 &gt; H2: 08:48 &gt; H3: 08:52 &gt; H4: 08:56 &gt; F1: 10:52 &gt; F2: 10:56

## 128: H2 K1 Boys U16 500

Selection Race 14.04.2024 08:48

<b>1</b>			<b>6</b>	Adam Solecki (14)	GLW
<b>2</b>	Szymon Sroka (16)	SPS	<b>7</b>	Sean Noud (14)	SLP
<b>3</b>	Ben Eskriett (14)	GAI	<b>8</b>	Ollie Reed (14)	RLS
<b>4</b>	Malachi Grant (14)	NOT	<b>9</b>	Edward Kirtland (15)	BSF
<b>5</b>	Matteo Selini (14)	RIC			

🏠 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

🕒 H1: 08:44 &gt; H2: 08:48 &gt; H3: 08:52 &gt; H4: 08:56 &gt; F1: 10:52 &gt; F2: 10:56

## 129: H3 K1 Boys U16 500

Selection Race 14.04.2024 08:52

<b>1</b>			<b>6</b>	Finn Taylor (14)	ELM
<b>2</b>	Ewan Bates (14)	LBZ	<b>7</b>	Jake Witek (15)	SLP
<b>3</b>	Tyler Kinder (15)	RDG	<b>8</b>	Conor Hartney (15)	RIC
<b>4</b>	Sam Sparks (14)	RLS	<b>9</b>		
<b>5</b>	Owen Attwood (14)	WEY			

🏠 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


🕒 H1: 08:44 &gt; H2: 08:48 &gt; H3: 08:52 &gt; H4: 08:56 &gt; F1: 10:52 &gt; F2: 10:56

## 130: H4 K1 Boys U16 500

Selection Race 14.04.2024 08:56

<b>1</b>		<b>6</b> Conrad Packer (14)	RDG
<b>2</b>	Daniel Kromer (14)	<b>7</b> Tom Hatton (15)	RIC
<b>3</b>	Arthur Hunter-Hopkins (15)	<b>8</b> Freddy Fowler-Rimell (14)	WOR
<b>4</b>	Dominic Walker (15)	<b>9</b>	
<b>5</b>	Sam Dickson (15)		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 08:44 > H2: 08:48 > H3: 08:52 > H4: 08:56 > F1: 10:52 > F2: 10:56

## 131: H1 K1 Boys U18 500

Selection Race 14.04.2024 09:04

<b>1</b>		<b>6</b> Freddie Heard (14)	EXE
<b>2</b>	Ryan Taylor (17)	<b>7</b> Will Stevely (16)	SPS
<b>3</b>	Cassian Payne (16)	<b>8</b> Aidan Teeuwen (17)	RDG
<b>4</b>	Daibhi Reynolds (17)	<b>9</b> Fletcher Cramer (17)	SOU
<b>5</b>	Philippe Ehrnrooth (16)		

 1st + 4 BT to Final 1. Remaining 2nd + next BT to Final 2

 H1: 09:04 > H2: 09:08 > H3: 09:12 > H4: 09:16 > H5: 09:20 > F1: 11:00 > F2: 11:04

## 132: H2 K1 Boys U18 500

Selection Race 14.04.2024 09:08

<b>1</b>		<b>6</b> Will Short (16)	ELM
<b>2</b>	Harry Sewell-Catchpole (17)	<b>7</b> Patrick Allan (17)	WEY
<b>3</b>	Max Prins-Mills (17)	<b>8</b> Rory Smith (16)	NOR
<b>4</b>	Jack Niland (17)	<b>9</b> Dylan Clarke (17)	SLP
<b>5</b>	Nelson Kinzler (17)		

 1st + 4 BT to Final 1. Remaining 2nd + next BT to Final 2

 H1: 09:04 > H2: 09:08 > H3: 09:12 > H4: 09:16 > H5: 09:20 > F1: 11:00 > F2: 11:04

## 133: H3 K1 Boys U18 500

Selection Race 14.04.2024 09:12

<b>1</b>		<b>6</b> Andre Hives (17)	SOU
<b>2</b>	William Larnar (18)	<b>7</b> Huw Singleton (17)	NOT
<b>3</b>	Rory Strachan (16)	<b>8</b> Koen Ayrar (17)	FOX
<b>4</b>	Daniel O Halloran (17)	<b>9</b> Luca Clancy (17)	SLP
<b>5</b>	Sean Butterly (15)		

 1st + 4 BT to Final 1. Remaining 2nd + next BT to Final 2

 H1: 09:04 > H2: 09:08 > H3: 09:12 > H4: 09:16 > H5: 09:20 > F1: 11:00 > F2: 11:04

## 134: H4 K1 Boys U18 500

Selection Race 14.04.2024 09:16

<b>1</b>		<b>6</b> Sam Wells (16)	ELM
<b>2</b>	Edward Saunders (17)	<b>7</b> Joe Enoch (17)	NOT
<b>3</b>	Sam Patterson (16)	<b>8</b> Nathaniel Lamb (17)	SOU
<b>4</b>	Sam Bates (17)	<b>9</b> Sean Durkan (17)	SLP
<b>5</b>	Toby Bullock (16)		

 1st + 4 BT to Final 1. Remaining 2nd + next BT to Final 2

 H1: 09:04 > H2: 09:08 > H3: 09:12 > H4: 09:16 > H5: 09:20 > F1: 11:00 > F2: 11:04

## 135: H5 K1 Boys U18 500

Selection Race 14.04.2024 09:20

<b>1</b>		<b>6</b> Lewis Andrews (17)	LIN
<b>2</b>	Lochie Lovell (17)	<b>7</b> Tymur Rudnyev (16)	RDG
<b>3</b>	Jack Rayment (17)	<b>8</b> Conor Donnellan (16)	SLP
<b>4</b>	Regan Toop (18)	<b>9</b>	
<b>5</b>	Olivier Mazur (15)		

 1st + 4 BT to Final 1. Remaining 2nd + next BT to Final 2

 H1: 09:04 > H2: 09:08 > H3: 09:12 > H4: 09:16 > H5: 09:20 > F1: 11:00 > F2: 11:04

## 136: F K1 Paddle-Ability (Sun) R1 500

14.04.2024 09:24

<b>1</b>		<b>6</b> Cassie Glaves (15)	4AS
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b> Daniel Warwick (23)	4AS	<b>9</b>	
<b>5</b> Jacob Mansfield (21)	4AS		

🕒 F: 09:24

## 137: F K2 Women Senior/U23 200

Selection Race 14.04.2024 09:36

<b>1</b>		<b>6</b> E. Montagna   K. Pocklington	ROY   NOT
<b>2</b> B. Clark   J. Urquhart	ROY   NOT	<b>7</b> E. King   M. Warburton	ROY   ROY
<b>3</b> K. Armstrong   Z. Clark	SPS   ROY	<b>8</b> H. Pemble   M. Pepper	ADS   LIN
<b>4</b> A. Burgess   A. Green	WEY   WOR	<b>9</b>	
<b>5</b> M. Enoch   N. Hall	NOT   WEY		

🕒 F: 09:36

## 138: F1 K1 Men Senior/U23 200

Selection Race 14.04.2024 09:40

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 H1: 16:54 &gt; H2: 16:57 &gt; H3: 17:00 &gt; F1: 09:40 &gt; F2: 09:44

## 139: F2 K1 Men Senior/U23 200

Selection Race 14.04.2024 09:44

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 H1: 16:54 &gt; H2: 16:57 &gt; H3: 17:00 &gt; F1: 09:40 &gt; F2: 09:44

## 140: F C1 Canoe Women Senior/U23+U18/U16 R3 200

Selection Race 14.04.2024 09:48

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 F: 09:48

## 141: H1 K1 Girls U18 200

Selection Race 14.04.2024 09:56

<b>1</b>		<b>6</b> Dianora De Bilio (15)	ROY
<b>2</b> Ava Brittle (16)	ELM	<b>7</b> Aoibhe Shannon (17)	SLP
<b>3</b> Estelle Widdows (16)	NOR	<b>8</b> Emily Roche (16)	SLP
<b>4</b> Isabelle Johansson-Ward (17)	LBZ	<b>9</b>	
<b>5</b> Iona Patrick (18)	SPS		

🏠 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

🕒 H1: 09:56 &gt; H2: 10:00 &gt; H3: 10:04 &gt; F1: 11:48 &gt; F2: 11:52

## 142: H2 K1 Girls U18 200

Selection Race 14.04.2024 10:00

<b>1</b>		<b>6</b> Charlotte Fulford (16)	RDG
<b>2</b>	Lucy Cullen (17)	<b>7</b> Jen Guest (17)	SLP
<b>3</b>	Emily Twort (16)	<b>8</b> Phoebe Davison (16)	LIN
<b>4</b>	Chloe Ritchie (17)	<b>9</b>	
<b>5</b>	Annie Bates (15)		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 09:56 > H2: 10:00 > H3: 10:04 > F1: 11:48 > F2: 11:52

## 143: H3 K1 Girls U18 200

Selection Race 14.04.2024 10:04

<b>1</b>		<b>6</b> Sophie Dunlop (16)	ELM
<b>2</b>		<b>7</b> Evie Giles (16)	WOR
<b>3</b>	Catherine Long (17)	<b>8</b> Alicja Pyrz (16)	SPS
<b>4</b>	Redecca Barbieri (17)	<b>9</b>	
<b>5</b>	Hannah Toovey (16)		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 09:56 > H2: 10:00 > H3: 10:04 > F1: 11:48 > F2: 11:52

## 144: H1 K1 Girls U16 200

Selection Race 14.04.2024 10:08

<b>1</b>	Rebecca Perrin (14)	<b>6</b> Claire Guest (15)	SLP
<b>2</b>	Evie Barber (14)	<b>7</b> Hannah Tristram (15)	RLS
<b>3</b>	Abigail Strachan (14)	<b>8</b> Elsie Landsborough (15)	NOT
<b>4</b>	Johanna Milbradt (15)	<b>9</b> Ava Wong (15)	CDF
<b>5</b>	Sadb Shannon (15)		

 9 BT in Heats 1-2 to Final


 H1: 10:08 > H2: 10:12 > F: 11:56

## 145: H2 K1 Girls U16 200

Selection Race 14.04.2024 10:12

<b>1</b>	Ciara Maloney (15)	<b>6</b> Katie Luen-Twining (14)	CDF
<b>2</b>	May Perrin (16)	<b>7</b> Olivia Cooke (15)	CLM
<b>3</b>	Izzy Ritchie (15)	<b>8</b> Zoe Herriot (15)	SPS
<b>4</b>	Emma O Halloran (15)	<b>9</b> Eva Mcaulay (15)	NOR
<b>5</b>	Sienna Green (15)		

 9 BT in Heats 1-2 to Final


 H1: 10:08 > H2: 10:12 > F: 11:56

## 146: H1 K1 Girls U14 200

14.04.2024 10:16

<b>1</b>		<b>6</b> Emily Donnellan (14)	SLP
<b>2</b>		<b>7</b> Imogen Field (13)	ELM
<b>3</b>	Matilda Burton (14)	<b>8</b>	
<b>4</b>	Emma Sumner (13)	<b>9</b>	
<b>5</b>	Molly Bates (13)		

 9 BT in Heats 1-2 to Final


 H1: 10:16 > H2: 10:20 > F: 12:00

## 147: H2 K1 Girls U14 200

14.04.2024 10:20

<b>1</b>		<b>6</b> Ruth Shephard (12)	RDG
<b>2</b>		<b>7</b> Ariana Mackie (13)	ELM
<b>3</b>	Madison Mckernan (14)	<b>8</b>	
<b>4</b>	Eabha Smyth (13)	<b>9</b>	
<b>5</b>	Caoilin Caffrey (12)		

 9 BT in Heats 1-2 to Final

 H1: 10:16 > H2: 10:20 > F: 12:00

## 148: F K2 Intermediate Crews 200

14.04.2024 10:24

<b>1</b>		<b>6</b>	E. Grant   O. McNamara	NOT   RUN
<b>2</b>		<b>7</b>	K. Ayran   H. Hartland	FOX   BAN
<b>3</b>	L. Khan   S. Marriot			NOT   NOT
<b>4</b>	A. Gora   G. Otugo			GLW   GLW
<b>5</b>	W. Bowles-Trow   T. Carpenter			ADS   LIN

🕒 F: 10:24

## 149: F K1 Women C + W Masters B 200

14.04.2024 10:28

<b>1</b>	Hannah Stephens (22)	CDF	<b>6</b>	
<b>2</b>	Tilla Kubisch-Wiles (18)	RDG	<b>7</b>	
<b>3</b>			<b>8</b>	
<b>4</b>			<b>9</b>	
<b>5</b>				

🕒 F: 10:28

## 150: F K1 Women D + W Masters C/D 200

14.04.2024 10:28

<b>1</b>		<b>6</b>	Jennifer Fletcher (24)	RIC
<b>2</b>		<b>7</b>	Lucy Holgate (24)	NOT
<b>3</b>		<b>8</b>	Rose Le Moing (29)	RIC
<b>4</b>		<b>9</b>	Niamh Caffrey (18)	SLP
<b>5</b>	Evie Wong (20)	CDF		

🕒 F: 10:28

## 151: F C1 Canoe Men Senior/U23+U18/U16 R3 1000

Selection Race 14.04.2024 10:40

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 F: 10:40

## 152: F K1 Men Senior/U23 R3 1000

Selection Race 14.04.2024 10:44

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 F: 10:44

## 153: F1 K1 Boys U16 500

Selection Race 14.04.2024 10:52

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 H1: 08:44 &gt; H2: 08:48 &gt; H3: 08:52 &gt; H4: 08:56 &gt; F1: 10:52 &gt; F2: 10:56

## 154: F2 K1 Boys U16 500

Selection Race 14.04.2024 10:56

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			


🕒 H1: 08:44 &gt; H2: 08:48 &gt; H3: 08:52 &gt; H4: 08:56 &gt; F1: 10:52 &gt; F2: 10:56



## 155: F1 K1 Boys U18 500

Selection Race 14.04.2024 11:00

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 09:04 > H2: 09:08 > H3: 09:12 > H4: 09:16 > H5: 09:20 > F1: 11:00 > F2: 11:04

## 156: F2 K1 Boys U18 500

Selection Race 14.04.2024 11:04


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 09:04 > H2: 09:08 > H3: 09:12 > H4: 09:16 > H5: 09:20 > F1: 11:00 > F2: 11:04

## 157: F K1 Boys U14 500

14.04.2024 11:12


<b>1</b> Ocean O'Keeffe (14)	WEY	<b>6</b> Fergus Barnett (12)	WOR
<b>2</b> Samuel Bull (13)	ELM	<b>7</b> Doogal Barnett (13)	WOR
<b>3</b> Lorenzo De Bilio (13)	ROY	<b>8</b> Louis Smith (13)	WOR
<b>4</b> Tristan Prior (13)	ELM	<b>9</b> Mikolaj Pyrz (13)	GLW
<b>5</b> Max Poole (14)	DEV		

 F: 11:12

## 158: F K2 Mini Sprint A 500

14.04.2024 11:16


<b>1</b>	<b>6</b> O. Caffrey   E. Noud	SLP   SLP	
<b>2</b>	<b>7</b> P. Field   J. Mackie	ELM   ELM	
<b>3</b> C. Bates   R. Kirtland	LBZ   BSF	<b>8</b> L. Jones   E. Wainwright	NOT   NOT
<b>4</b> A. Golder   J. Maloney	NOT   NOT	<b>9</b>	
<b>5</b> L. Small   F. Snell	WOL   RLS		

 F: 11:16

## 159: F K2 Mini Sprint B 500

14.04.2024 11:20


<b>1</b>	<b>6</b> E. Holmes   M. Holmes	NOT   NOT	
<b>2</b>	<b>7</b>		
<b>3</b>	<b>8</b>		
<b>4</b> J. Pyrz   E. Smerdon	GLW   CLM	<b>9</b>	
<b>5</b> E. Lambert   I. Lambert	LIN   LIN		

 F: 11:20

## 160: F K1 Women Senior/U23 R3 500

Selection Race 14.04.2024 11:24


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 F: 11:24

## 161: F K2 Men C + Masters B 500

14.04.2024 11:28

<b>1</b>	<b>6</b>	
<b>2</b> C. Caffrey   J. Toomey	SLP   SLP	<b>7</b>
<b>3</b> L. Dixon   J. Ellis	LBZ   BAN	<b>8</b>
<b>4</b> A. McDonagh   M. Rowlands	CDF   CDF	<b>9</b>
<b>5</b>		

 F: 11:28

162: F K2 Men D + Masters C/D 500

14.04.2024 11:28

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b> J. Sklenar   R. Stenning NOR   NOR
<b>3</b>	<b>8</b> G. Smith   A. Want NOR   NOR
<b>4</b>	<b>9</b> P. Gadd   R. Lucas ADS   RIC
<b>5</b>	

F: 11:28

163: F V1 Para Men VL1-3 R1 200

Selection Race 14.04.2024 11:40

<b>1</b>	<b>6</b> Xander Van Der Poll (25) RLS
<b>2</b>	<b>7</b> Edward Clifton (38) CLM
<b>3</b> Jack Eyers (34) PAR	<b>8</b>
<b>4</b> Stuart Wood (30) PAR	<b>9</b>
<b>5</b>	

F: 11:40

164: F V1 Para Women VL2/3 R1 200

Selection Race 14.04.2024 11:44

<b>1</b>	<b>6</b> Jeanette Chippington (53) PAR
<b>2</b> Hope Gordon (29) SPS	<b>7</b> Ellen Field (23) PAR
<b>3</b> Charlotte Henshaw (37) PAR	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b> Emma Wiggs (43) PAR	

F: 11:44

165: F1 K1 Girls U18 200

Selection Race 14.04.2024 11:48

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 09:56 > H2: 10:00 > H3: 10:04 > F1: 11:48 > F2: 11:52

166: F2 K1 Girls U18 200

Selection Race 14.04.2024 11:52

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 09:56 > H2: 10:00 > H3: 10:04 > F1: 11:48 > F2: 11:52

167: F K1 Girls U16 200

Selection Race 14.04.2024 11:56

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 10:08 > H2: 10:12 > F: 11:56

168: F K1 Girls U14 200

14.04.2024 12:00

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

H1: 10:16 > H2: 10:20 > F: 12:00

## 169: F C2 Canoe Men Senior/U23+U18/U16 R1 500

Selection Race 14.04.2024 12:12

<b>1</b>			<b>6</b>		
<b>2</b>			<b>7</b>	O. Chisholm   A. Sarkisyan	RIC   RIC
<b>3</b>	G. Bell   A. Leech	FLA   RIC	<b>8</b>		
<b>4</b>			<b>9</b>		
<b>5</b>	J. Jones   B. Phillips	FLA   RIC			

🕒 F: 12:12

## 170: H1 K2 Boys U18/U16 500

Selection Race 14.04.2024 12:16

<b>1</b>			<b>6</b>	P. Ehrnrooth   A. Hunter-Hopkins	DEV   DEV
<b>2</b>	E. Bates   M. Grant	LBZ   NOT	<b>7</b>	L. Clancy   S. Smyth	SLP   SLP
<b>3</b>	I. Aveson   T. Hatton	RIC   RIC	<b>8</b>	W. Lerner   R. Taylor	BAN   BAN
<b>4</b>	F. Cramer   R. Toop	SOU   DEV	<b>9</b>	F. Holt   J. Rayment	RIC   LBZ
<b>5</b>	N. Kinzler   H. Singleton	RIC   NOT			

🏠 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

🕒 H1: 12:16 &gt; H2: 12:20 &gt; H3: 12:24 &gt; H4: 12:28 &gt; F1: 13:28 &gt; F2: 13:32

## 171: H2 K2 Boys U18/U16 500

Selection Race 14.04.2024 12:20

<b>1</b>			<b>6</b>	W. Short   A. Worgan	ELM   RIC
<b>2</b>	S. Dickson   T. Kinder	FOX   RDG	<b>7</b>	L. Andrews   J. Niland	LIN   FOX
<b>3</b>	F. Taylor   S. Wells	ELM   ELM	<b>8</b>	L. Lovell   R. Strachan	WOR   SPS
<b>4</b>	M. Prins-Mills   A. Teeuwen	RDG   RDG	<b>9</b>		
<b>5</b>	T. Bullock   J. Enoch	EXE   NOT			

🏠 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

🕒 H1: 12:16 &gt; H2: 12:20 &gt; H3: 12:24 &gt; H4: 12:28 &gt; F1: 13:28 &gt; F2: 13:32

## 172: H3 K2 Boys U18/U16 500

Selection Race 14.04.2024 12:24

<b>1</b>			<b>6</b>	K. Ayran   E. Saunders	FOX   WEY
<b>2</b>	E. Kirtland   C. Packer	BSF   RDG	<b>7</b>	C. Donnellan   D. Reynolds	SLP   SLP
<b>3</b>	O. Attwood   A. Murphy	WEY   RLS	<b>8</b>	I. Popham-Coveley   D. Walker	FOX   NOR
<b>4</b>	O. Knott   S. Noud	NOR   SLP	<b>9</b>		
<b>5</b>	F. Heard   O. Mazur	EXE   RDG			

🏠 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

🕒 H1: 12:16 &gt; H2: 12:20 &gt; H3: 12:24 &gt; H4: 12:28 &gt; F1: 13:28 &gt; F2: 13:32

## 173: H4 K2 Boys U18/U16 500

Selection Race 14.04.2024 12:28

<b>1</b>			<b>6</b>	A. Hives   N. Lamb	SOU   SOU
<b>2</b>	F. Fowler-Rimell   M. Nagy	WOR   RDG	<b>7</b>	D. O Halloran   C. Payne	CLM   CLM
<b>3</b>	B. Eskriett   S. Whitehead	GAI   ADS	<b>8</b>	S. Patterson   W. Stevely	SPS   SPS
<b>4</b>	H. Sewell-Catchpole   R. Smith	NOR   NOR	<b>9</b>		
<b>5</b>	D. Clarke   S. Durkan	SLP   SLP			

🏠 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

🕒 H1: 12:16 &gt; H2: 12:20 &gt; H3: 12:24 &gt; H4: 12:28 &gt; F1: 13:28 &gt; F2: 13:32

## 174: F K4 Men A/B + Masters A 500

14.04.2024 12:32


<b>1</b>			<b>6</b>		
<b>2</b>	F. Cramer   J. Gilbert-Johns	SOU   SOU	<b>7</b>		
	P. Phillips   B. Shipway	SOU   SOU	<b>8</b>		
<b>3</b>	P. Donnellan   C. Harris	SLP   SLP	<b>9</b>		
	B. Higgins   O. McNally	SLP   SLP			
<b>4</b>					
<b>5</b>					

🕒 F: 12:32

## 175: F K4 Men C/D + Masters B-D 500

14.04.2024 12:32


<b>1</b>		<b>6</b>	A. Dodson   P. Gadd	ADS   ADS
<b>2</b>			R. Lucas   D. Pemble	RIC   ADS
<b>3</b>		<b>7</b>	J. Sklenar   G. Smith	NOR   NOR
<b>4</b>			R. Stenning   A. Want	NOR   NOR
<b>5</b>		<b>8</b>	C. Caffrey   C. Higgins	SLP   SLP
			L. McCarthy   J. Toomey	SLP   SLP
		<b>9</b>		


 F: 12:32

## 176: H1 K1 Men Senior/U23 500

Selection Race 14.04.2024 12:40

<b>1</b>	Ben Higgins (19)	SLP	<b>6</b>	Matthew Collinge (23)	FOY
<b>2</b>	Alex Sheppy (25)	DEV	<b>7</b>	Haydyn Cooke-Bayley (18)	NOT
<b>3</b>	Michael Motha (20)	ADS	<b>8</b>	George Durden (30)	ELM
<b>4</b>	Matthew Johnson (27)	CLM	<b>9</b>	Alex Greaves (22)	RLS
<b>5</b>	Daniel Johnson (29)	CLM			

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 12:40 > H2: 12:44 > H3: 12:48 > H4: 12:52 > F1: 14:48 > F2: 14:52

## 177: H2 K1 Men Senior/U23 500

Selection Race 14.04.2024 12:44

<b>1</b>		<b>6</b>	Stuart Bristow (27)	ROY	
<b>2</b>	Jason Grice (23)	SOL	<b>7</b>	Finn Cadell (24)	SPS
<b>3</b>	Peter Skinner (18)	RDG	<b>8</b>	Carl Harris (19)	SLP
<b>4</b>	James Russell (26)	NOT	<b>9</b>	Paul Donnellan (19)	SLP
<b>5</b>	Tom Lusty (29)	SOL			


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 12:40 > H2: 12:44 > H3: 12:48 > H4: 12:52 > F1: 14:48 > F2: 14:52

## 178: H3 K1 Men Senior/U23 500

Selection Race 14.04.2024 12:48

<b>1</b>		<b>6</b>	Benjamin Cabrera (20)	FOY	
<b>2</b>	Zak Benstead (23)	ELM	<b>7</b>	Dominic Stanley (19)	NOT
<b>3</b>	Miklos Szabadvari (20)	RDG	<b>8</b>	Ewan McDougal (22)	NOT
<b>4</b>	Xavier Hinves (20)	SOU	<b>9</b>	James How (23)	NOR
<b>5</b>	Trevor Thomson (25)	EAL			


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2


 H1: 12:40 > H2: 12:44 > H3: 12:48 > H4: 12:52 > F1: 14:48 > F2: 14:52

## 179: H4 K1 Men Senior/U23 500

Selection Race 14.04.2024 12:52

<b>1</b>		<b>6</b>	Lewis Fletcher (30)	LKR	
<b>2</b>	Findlay Lewis (18)	SPS	<b>7</b>	Gabriel Popham-Coveley (18)	NOT
<b>3</b>	Odhran McNally (27)	SLP	<b>8</b>	Sam Cribbett (19)	RLS
<b>4</b>	Tom Holland (21)	WEY	<b>9</b>	Toby Booth (20)	NOR
<b>5</b>	Philip Miles (22)	RLS			


 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

 H1: 12:40 > H2: 12:44 > H3: 12:48 > H4: 12:52 > F1: 14:48 > F2: 14:52

## 180: F K2 Intermediate Crews 500

14.04.2024 12:56


<b>1</b>		<b>6</b>	E. Grant   O. McNamara	NOT   RUN	
<b>2</b>	W. Bowles-Trow   T. Carpenter	ADS   LIN	<b>7</b>	A. Gora   G. Otugo	GLW   GLW
<b>3</b>	G. Cheyne   J. Cooke	CLM   CLM	<b>8</b>	M. Anderson   J. Kirtland	LBZ   BSF
<b>4</b>	K. Ayran   H. Hartland	FOX   BAN	<b>9</b>		
<b>5</b>	L. Khan   S. Marriot	NOT   NOT			


 F: 12:56

## 181: H1 K2 Girls U18/U16 500

Selection Race 14.04.2024 13:04

<b>1</b>		<b>6</b> F. Scrivener   K. Sklenarova	FOX   NOR	
<b>2</b>	J. Milbradt   R. Perrin	CAM   CLM	<b>7</b> R. Barbieri   L. Cullen	SLP   SLP
<b>3</b>	E. Barber   K. Luen-Twining	CDF   CDF	<b>8</b> E. Mcaulay   E. Widdows	NOR   NOR
<b>4</b>	P. Davison   I. Ritchie	LIN   WEY	<b>9</b> Z. Herriot   A. Pyrz	SPS   SPS
<b>5</b>	M. Ball   A. Hutchinson	DEV   RDG		


 1st-3rd + 3 BT to Final


 H1: 13:04 > H2: 13:08 > F: 14:28

## 182: H2 K2 Girls U18/U16 500

Selection Race 14.04.2024 13:08

<b>1</b>		<b>6</b> B. Perry   C. Ritchie	SOU   WEY	
<b>2</b>	S. Dunlop   C. Long	ELM   FOX	<b>7</b> O. Cooke   M. Perrin	CLM   CLM
<b>3</b>	E. Landsborough   C. Maloney	NOT   NOT	<b>8</b> E. Roche   A. Shannon	SLP   SLP
<b>4</b>	E. O Halloran   S. Shannon	SLP   SLP	<b>9</b>	
<b>5</b>	D. De Bilio   C. Fulford	ROY   RDG		


 1st-3rd + 3 BT to Final

 H1: 13:04 > H2: 13:08 > F: 14:28

## 183: F K4 Mini Sprint A 500

14.04.2024 13:20


<b>1</b>		<b>6</b> O. Caffrey   E. Lambert	SLP   LIN	
<b>2</b>		I. Lambert   E. Noud	LIN   SLP	
<b>3</b>		<b>7</b>		
<b>4</b>	A. Golder   L. Jones	NOT   NOT	<b>8</b>	
	J. Maloney   E. Wainwright	NOT   NOT	<b>9</b>	
<b>5</b>	C. Bates   R. Kirtland	LBZ   BSF		
	L. Small   F. Snell	WOL   RLS		

 F: 13:20

## 184: F1 K2 Boys U18/U16 500

Selection Race 14.04.2024 13:28


<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

 H1: 12:16 > H2: 12:20 > H3: 12:24 > H4: 12:28 > F1: 13:28 > F2: 13:32

## 185: F2 K2 Boys U18/U16 500

Selection Race 14.04.2024 13:32


<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

 H1: 12:16 > H2: 12:20 > H3: 12:24 > H4: 12:28 > F1: 13:28 > F2: 13:32

## 186: F C2 Canoe Women Senior/U23+U18/U16 R1 500


Selection Race 14.04.2024 13:36

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>	A. Fitzhenry   B. Gill	BCC   CLM	

 F: 13:36


## 187: F C2 Canoe Men Senior/U23+U18/U16 R2 500 Selection Race 14.04.2024 13:40

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 F: 13:40

## 188: F K1 Paddle-Ability (Sun) R2 500 14.04.2024 13:44


<b>1</b>	<b>6</b> Daniel Warwick (23)	4AS
<b>2</b>	<b>7</b>	
<b>3</b>	<b>8</b>	
<b>4</b> Cassie Glaves (15)	<b>9</b>	4AS
<b>5</b> Jacob Mansfield (21)		4AS

 F: 13:44

## 189: H1 K1 Women Senior/U23 200 Selection Race 14.04.2024 13:56


<b>1</b>	<b>6</b> Abi Burgess (24)	WEY
<b>2</b> Kate O Halloran (19)	<b>7</b> Katie Brookes (21)	WOR
<b>3</b> Honor Lewis (19)	<b>8</b> Milly Pepper (18)	LIN
<b>4</b> Florence Duffield (24)	<b>9</b>	
<b>5</b> Emily Lewis (30)		WOR


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 13:56 > H2: 14:00 > H3: 14:04 > F1: 15:12 > F2: 15:16

## 190: H2 K1 Women Senior/U23 200 Selection Race 14.04.2024 14:00

<b>1</b>	<b>6</b> Kristina Armstrong (18)	SPS
<b>2</b> Emma Christie (19)	<b>7</b> Kerry Christie (20)	NOT
<b>3</b> Jessica Urquhart (20)	<b>8</b> Maia Wallace-Loizou (25)	RIC
<b>4</b> Katie Pocklington (21)	<b>9</b>	
<b>5</b> Lucy Lee-Smith (26)		NOR


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 13:56 > H2: 14:00 > H3: 14:04 > F1: 15:12 > F2: 15:16

## 191: H3 K1 Women Senior/U23 200 Selection Race 14.04.2024 14:04


<b>1</b>	<b>6</b> Amy Green (20)	WOR
<b>2</b> Melissa Johnson (26)	<b>7</b> Imogen Hunter (18)	GLW
<b>3</b> Molly Warburton (19)	<b>8</b> Bea Clark (21)	ROY
<b>4</b> Eabha O Drisceoil (19)	<b>9</b>	
<b>5</b> Zoe Clark (23)		ROY

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 13:56 > H2: 14:00 > H3: 14:04 > F1: 15:12 > F2: 15:16

## 192: F V1 Para Men VL1-3 R2 200 Selection Race 14.04.2024 14:12

<b>1</b>	<b>6</b> Jack Evers (34)	PAR
<b>2</b> Xander Van Der Poll (25)	<b>7</b>	
<b>3</b> Edward Clifton (38)	<b>8</b>	
<b>4</b>	<b>9</b>	
<b>5</b> Stuart Wood (30)		PAR

 F: 14:12

## 193: F V1 Para Women VL2/3 R2 200

Selection Race 14.04.2024 14:16

<b>1</b>		<b>6</b>	Hope Gordon (29)	SPS	
<b>2</b>	Ellen Field (23)	PAR	<b>7</b>	Charlotte Henshaw (37)	PAR
<b>3</b>	Emma Wiggs (43)	PAR	<b>8</b>		
<b>4</b>	Jeanette Chippington (53)	PAR	<b>9</b>		
<b>5</b>					

🕒 F: 14:16

## 194: F K2 Girls U18/U16 500

Selection Race 14.04.2024 14:28

<b>1</b>		<b>6</b>		
<b>2</b>		<b>7</b>		
<b>3</b>		<b>8</b>		
<b>4</b>		<b>9</b>		
<b>5</b>				

🕒 H1: 13:04 &gt; H2: 13:08 &gt; F: 14:28

## 195: H1 K4 Boys U18/U16 500

Selection Race 14.04.2024 14:32

<b>1</b>		<b>6</b>	S. Butterly   D. Clarke	SLP   SLP	
<b>2</b>			C. Donnellan   D. Reynolds	SLP   SLP	
<b>3</b>	E. Bates   M. Grant	LBZ   NOT	<b>7</b>	O. Attwood   O. Knott	WEY   NOR
	F. Taylor   S. Wells	ELM   ELM		A. Murphy   R. Taylor	RLS   BAN
<b>4</b>	B. Eskriett   E. Kirtland	GAI   BSF	<b>8</b>		
	C. Packer   M. Selini	RDG   RIC	<b>9</b>		
<b>5</b>	T. Bullock   J. Enoch	EXE   NOT			
	N. Kinzler   H. Singleton	RIC   NOT			

🏠 1st-3rd + 3 BT to Final

🕒 H1: 14:32 &gt; H2: 14:36 &gt; F: 15:36

## 196: H2 K4 Boys U18/U16 500

Selection Race 14.04.2024 14:36

<b>1</b>		<b>6</b>	I. Aveson   T. Bhoola	RIC   RIC	
<b>2</b>			F. Holt   A. Worgan	RIC   RIC	
<b>3</b>	W. Larnar   H. Sewell-Catchpole	BAN   NOR	<b>7</b>	S. Dickson   T. Hatton	FOX   RIC
	R. Smith   D. Walker	NOR   NOR		T. Kinder   S. Patterson	RDG   SPS
<b>4</b>	P. Ehrnrooth   F. Fowler-Rimell	DEV   WOR	<b>8</b>		
	A. Hunter-Hopkins   M. Nagy	DEV   RDG	<b>9</b>		
<b>5</b>	F. Heard   A. Hinves	EXE   SOU			
	N. Lamb   O. Mazur	SOU   RDG			

🏠 1st-3rd + 3 BT to Final

🕒 H1: 14:32 &gt; H2: 14:36 &gt; F: 15:36

## 197: F K2 Women A/B + W Masters A 500

14.04.2024 14:40

<b>1</b>	M. Enoch   N. Hall	NOT   WEY	<b>6</b>		
<b>2</b>	B. Pemble   H. Pemble	ADS   ADS	<b>7</b>		
<b>3</b>			<b>8</b>		
<b>4</b>			<b>9</b>		
<b>5</b>					

🕒 F: 14:40

## 198: F K2 Women C + W Masters B 500

14.04.2024 14:40

<b>1</b>		<b>6</b>		
<b>2</b>		<b>7</b>		
<b>3</b>		<b>8</b>		
<b>4</b>	I. Hunter   T. Kubisch-Wiles	GLW   RDG	<b>9</b>	
<b>5</b>	H. Stephens   E. Wong	CDF   CDF		

🕒 F: 14:40

## 199: F K2 Women D + W Masters C/D 500

14.04.2024 14:40

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	S. Hartland   C. Johnson BAN   BAN
<b>3</b>		<b>8</b>	J. Fletcher   R. Le Moing RIC   RIC
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 F: 14:40

## 200: F1 K1 Men Senior/U23 500

Selection Race 14.04.2024 14:48

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 H1: 12:40 &gt; H2: 12:44 &gt; H3: 12:48 &gt; H4: 12:52 &gt; F1: 14:48 &gt; F2: 14:52

## 201: F2 K1 Men Senior/U23 500

Selection Race 14.04.2024 14:52

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 H1: 12:40 &gt; H2: 12:44 &gt; H3: 12:48 &gt; H4: 12:52 &gt; F1: 14:48 &gt; F2: 14:52

## 202: F C1 Canoe Men Senior/U23+U18/U16 500

Selection Race 14.04.2024 14:56

<b>1</b>	Oscar Laws (17)	RIC	<b>6</b>	Thomas Lambert (22)	LIN
<b>2</b>	Sviatoslav Shnaider (18)	GLW	<b>7</b>	Arthur Leech (24)	RIC
<b>3</b>	Lucas Huan (22)	RLS	<b>8</b>	George Bell (20)	FLA
<b>4</b>	Ben Phillips (25)	RIC	<b>9</b>		
<b>5</b>	Jonathon Jones (27)	FLA			

🕒 F: 14:56

## 203: F C1 Canoe Women Senior/U23+U18/U16 500

Selection Race 14.04.2024 15:00

<b>1</b>		<b>6</b>	Katie Jayne Reid (29)	FOR
<b>2</b>		<b>7</b>	Anna Palmer (27)	RDG
<b>3</b>		<b>8</b>		
<b>4</b>	Bethany Gill (28)	CLM	<b>9</b>	
<b>5</b>	Afton Fitzhenry (29)	BCC		

🕒 F: 15:00

## 204: F1 K1 Women Senior/U23 200

Selection Race 14.04.2024 15:12

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 H1: 13:56 &gt; H2: 14:00 &gt; H3: 14:04 &gt; F1: 15:12 &gt; F2: 15:16

## 205: F2 K1 Women Senior/U23 200

Selection Race 14.04.2024 15:16

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 H1: 13:56 &gt; H2: 14:00 &gt; H3: 14:04 &gt; F1: 15:12 &gt; F2: 15:16



## 206: F V1 Para Men VL1-3 R3 200

Selection Race 14.04.2024 15:20

<u>1</u>	<u>6</u>
<u>2</u>	<u>7</u>
<u>3</u>	<u>8</u>
<u>4</u>	<u>9</u>
<u>5</u>	

🕒 F: 15:20

## 207: F V1 Para Women VL2/3 R3 200

Selection Race 14.04.2024 15:24

<u>1</u>	<u>6</u>
<u>2</u>	<u>7</u>
<u>3</u>	<u>8</u>
<u>4</u>	<u>9</u>
<u>5</u>	

🕒 F: 15:24

## 208: F K4 Boys U18/U16 500

Selection Race 14.04.2024 15:36

<u>1</u>	<u>6</u>
<u>2</u>	<u>7</u>
<u>3</u>	<u>8</u>
<u>4</u>	<u>9</u>
<u>5</u>	

🕒 H1: 14:32 &gt; H2: 14:36 &gt; F: 15:36

## 209: F K1 Men Senior 5000

Selection Race 14.04.2024 15:48

<b>Y101</b> Daniel Johnson (29)	CLM	<b>Y113</b> James Russell (26)	NOT
<b>Y102</b> Finn Cadell (24)	SPS	<b>Y114</b> Jack Gilbert-Johns (21)	SOU
<b>Y103</b> Piran Phillips (21)	SOU	<b>Y115</b> Alexander Worgan (16)	RIC
<b>Y104</b> Miklos Szabadvari (20)	RDG	<b>Y116</b> Stuart Bristow (27)	ROY
<b>Y105</b> James How (23)	NOR	<b>Y117</b> Patrick Allan (17)	WEY
<b>Y106</b> Flynn Holt (18)	RIC	<b>Y118</b> Dominic Stanley (19)	NOT
<b>Y107</b> Ronan Foley (23)	SLP	<b>Y119</b> Joe Enoch (17)	NOT
<b>Y108</b> Paul Donnellan (19)	SLP	<b>Y120</b> Trishan Bhoola (18)	RIC
<b>Y109</b> Matthew Johnson (27)	CLM	<b>Y121</b> George Durden (30)	ELM
<b>Y110</b> Philip Miles (22)	RLS	<b>Y122</b> Sean Durkan (17)	SLP
<b>Y111</b> Ben Higgins (19)	SLP	<b>Y123</b> Sean Smyth (16)	SLP
<b>Y112</b> Peter Skinner (18)	RDG	<b>Y124</b> Will Short (16)	ELM

🕒 F: 15:48

## 211: F C1 Canoe Women Senior 5000

Selection Race 14.04.2024 16:20

<b>W3</b> Anna Palmer (27)	RDG	<b>W4</b> Bethany Gill (28)	CLM
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🕒 F: 16:20

## 210: F C1 Canoe Men Senior 5000

Selection Race 14.04.2024 16:20

<b>Y5</b> Ben Phillips (25)	RIC	<b>Y8</b> George Bell (20)	FLA
<b>Y6</b> Owen Chisholm (18)	RIC	<b>Y9</b> Arthur Leech (24)	RIC
<b>Y7</b> Jonathon Jones (27)	FLA		

🕒 F: 16:20

## 212: F K1 Women Senior 5000

Selection Race 14.04.2024 16:50

<b>W10</b> Nerys Hall (19)	WEY	<b>W18</b> Sienna Payne (17)	CLM
<b>W11</b> Kerry Christie (20)	NOT	<b>W19</b> Maia Wallace-Loizou (25)	RIC
<b>W12</b> Freya Peters (23)	NOT	<b>W20</b> Elise Montagna (20)	ROY
<b>W13</b> Lucy Guest (21)	NOT	<b>W21</b> Katie Brookes (21)	WOR
<b>W14</b> Jessica Urquhart (20)	NOT	<b>W22</b> Sophie Dunlop (16)	ELM
<b>W15</b> Melissa Johnson (26)	CLM	<b>W23</b> Tilla Kubisch-Wiles (18)	RDG
<b>W16</b> Dianora De Bilio (15)	ROY	<b>W24</b> Eabha O Drisceoil (19)	SLP
<b>W17</b> Becky Pemble (20)	ADS	<b>W25</b> Lucy Cullen (17)	SLP

🕒 F: 16:50

## 213: F K2 Men Senior/U23 R1 500

Selection Race 15.04.2024 09:30

<b>1</b>		<b>6</b>	J. Eccles   T. Lusty	ANK   ORS	
<b>2</b>	S. Bristow   L. Fletcher	ROY   LKR	<b>7</b>	J. Russell   T. Thomson	NOT   ORS
<b>3</b>	X. Hives   D. O'Connor	SOU   RIC	<b>8</b>	Z. Benstead   A. Greaves	ELM   RLS
<b>4</b>	B. Cabrera   P. Miles	FOY   RLS	<b>9</b>	S. Cribbett   G. Popham-Coveley	RLS   NOT
<b>5</b>	M. Collinge   M. Johnson	FOY   CLM			

🕒 F: 09:30

## 214: F C2 Canoe Men Senior/U23+U18/U16 R3 500

Selection Race 15.04.2024 09:40

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 F: 09:40

## 215: F K2 Women Senior/U23 R1 500

Selection Race 15.04.2024 09:50

<b>1</b>		<b>6</b>	D. Kerr   E. Russell	ORS   ORS	
<b>2</b>	K. Armstrong   Z. Clark	SPS   ROY	<b>7</b>	A. Green   L. Guest	WOR   NOT
<b>3</b>	E. King   M. Warburton	ROY   ROY	<b>8</b>	E. Montagna   K. Pocklington	ROY   NOT
<b>4</b>	B. Clark   J. Urquhart	ROY   NOT	<b>9</b>	L. Lee-Smith   K. Walker	NOR   NOR
<b>5</b>	K. Brookes   F. Peters	WOR   NOT			

🕒 F: 09:50

## 216: F C2 Canoe Women Senior/U23+U18/U16 R2 500

Selection Race 15.04.2024 12:20

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 F: 12:20

## 217: F K2 Men Senior/U23 R2 500

Selection Race 15.04.2024 12:30

<b>1</b>		<b>6</b>	
<b>2</b>		<b>7</b>	
<b>3</b>		<b>8</b>	
<b>4</b>		<b>9</b>	
<b>5</b>			

🕒 F: 12:30

218: F K2 Women Senior/U23 R2 500

Selection Race 15.04.2024 12:40

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**1**

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**6**

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**2**

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**7**

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**3**

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**8**


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**4**

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**9**

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**5** F: 12:40

219: F K2 Men Senior/U23 R3 500

Selection Race 15.04.2024 14:50

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**1**

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**6**

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**2**

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**7**

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**3**

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**8**


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**4**

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**9**

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**5** F: 14:50

220: F K2 Women Senior/U23 R3 500

Selection Race 15.04.2024 15:00

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**1**

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**6**

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**2**

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**7**

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**3**

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**8**


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**4**

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**9**

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**5** F: 15:00

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## Welcome

Welcome to the first of this year's National Sprint Regattas. This is the Open and British Sprint National Regatta, including Paracanoe, Senior, Under 23 and Junior Selection events.

National Regattas are held under Paddle UK's Sprint Racing Competition Rules and Terms/Conditions of Participation.

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## Key Contacts

<b>Chief Official</b> Paul Edwardes <a href="mailto:regatta.chiefofficial@vol.britishcanoeing.org.uk">regatta.chiefofficial@vol.britishcanoeing.org.uk</a>
<b>Competition Queries</b> Cathy Wynne <a href="mailto:sprintregatta@outlook.com">sprintregatta@outlook.com</a>
<b>Volunteer Coordinator</b> Ann Hoile <a href="mailto:regatta.volunteercoordinator@vol.britishcanoeing.org.uk">regatta.volunteercoordinator@vol.britishcanoeing.org.uk</a>

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## New for the 2024 season

### Change of layout

Following the successful trial of the new event layout for the September Regatta last year, we will continue this format in the future. We have tweaked the layout slightly based on the feedback we received.

Diagrams of the revised layout are included in the Programme. Ask your Team Leader to shared this with you before you arrived.

Feel free to raise any concerns before or during the regatta so we can continue to improve the layout.

Trailers (and one car per trailer) can be parked on the hardstand at the end of the lake.

### Parking

Following the positive feedback on the trial to park on the north side of the regatta lake, parking for this season will again be located on the far side of the lake from the tower.

Entry to the parking area will be through the wooden gate by the desperate measures shop (//hired.march.villa), which was the exit in September, with the exit then via the playground gate at the country park (//doctor.sport.drop),

which was the entry in September. This will allow cars to park parallel to the lake and facing up the lake.

Riverside Parking (the rugby field) will be used as an overflow car park if needed.

Parking charges will be in operation and can be paid online, in advance or on the day, or via the machine in the country park car park (card payments only). Parking can be paid up until midnight on the day via the app.

Parking can be paid using the Tap2Park Service on <https://parkpcm.co.uk/index.php>, using code 4455. You can prepay.

Please note that parking charges cannot be backdate so they must be paid in advance or on the day.

The charges will be:

Up to 30min - FREE  
Up to 1 hour - £3.00  
Up to 2 hours - £4.00  
Up to 4 hours - £5.00  
All day - £7.50  
Two consecutive days - £10.00  
Three consecutive days - £15.00  
Four consecutive days - £20.00

### Gazebos

Once again, clubs will be able to set up gazebos along the front of the grass although they are asked to leave room between the gazebos and the path.

Club gazebos will be positioned along the lake on the North bank, opposite the tower. Please pitch them 5m back from the perimeter road to allow spectators to congregate but not block the path.

Please also allow space between adjacent gazebos.

Gazebos must not exceed 4m x 4m in size. Above this size, they are deemed commercial and have associated health and safety conditions applied. Depending on paddler numbers, clubs may bring more than one gazebo.

### Cooking & Club Catering

Following discussions with the venue there has been a reviewed of the rules on cooking/heating water have been and updated An Individual camping stove is now permitted providing that they are setup securely away from anything flammable, and lit stoves or boiling water are not left unattended.

Clubs are permitted to provide cold catering to members; however, relevant food hygiene regulations should be followed.

Any clubs wishing to provide hot catering to members must contact Serco and Paddle UK at least a month in advance to discuss their requirements to ensure that appropriate risk mitigations can be implemented. Depending on the requirements, there may be costs associated with this, although these will be kept to a minimum. Any clubs that have not arranged this in advance will not be permitted to cook on site and anyone doing so will be asked to leave the

site. Please contact Richard Stacey-Chapman (richard.stacey-chapman@paddleuk.org.uk) and Cindy Appleby (Cindy.Appleby@serco.com) for further information.

### Traders and electrical connections

Traders who require an electrical connection must pre-book with Cindy Appleby at Serco.

### Paddler access lane

The paddler access lane has moved to the North Side of the lake (scoreboard side), and the motor boat access lane to the South Side (tower side). There are significantly more boat launch pontoons.

Boat control We have moved boat control back to where it was previously next to the tower.

### Facilities and catering

The Lakeside Main Café will be open for breakfast from 7.00 am until 11.00 am. Hot food is also available from the Country Park Café (1066) from 8.30 am until 5.00 pm.

### Information point

Promotion certificates, 2024 Canoe Sprint Handbooks and **sets of Lane Numbers** can be purchased from the Information Point at the Raft Marshals Cabin.

### Distribution of promotion and mini-sprint certificates

Team leaders can also collect past Junior Promotion and Mini Sprint Certificates from the Information Point in the Raft Marshals Cabin.

### Communication

All information regarding the event will be posted on the [SRC website](#) and the [National Regatta site](#). The Programme for this event will only be available online from the SRC website link above. The Start Lists will be 'live' and updated during the regatta on the National Regatta site.

Regatta organisers will use one-way WhatsApp to disseminate important information during the event.

Scan this QR code to join this WhatsApp group

National Regatta  
WhatsApp community



**Contacting Officials:** If a Team Leader has a crew change, a scratch or a question, please use one of the following online forms:

[Crew boat changes](#)

[Withdrawal/scratches](#)

### [General enquiries and questions](#)

[National Regatta Incident Reporting](#) - only monitored over the Regatta Weekend

Access to the Finish Tower and Bridge level of the Main Building is restricted to Regatta Officials. Team Leaders will be granted access **only when called** to meet with a Regatta Official. **DO NOT** enter via the Centre Building, access only via the external stairs on the Tower.

### Protests

A protest made during a competition must be in written form. A verbal protest will not be recognised. A protest addressed to the Competition Committee can be emailed to the Chief Official on [regatta.chiefofficial@vol.britishcanoeing.org.uk](mailto:regatta.chiefofficial@vol.britishcanoeing.org.uk). A fee of £15 will be applied when a protest is not upheld.

A protest regarding the published result of a race must be made within 20 minutes of that result being published. A protest following a disqualification must be made within 20 minutes of the coach or athlete being informed of the disqualification.

### Shared early morning use of the course

If you plan to warm up on the course before the Competition starts, please be aware that for some of the warmup sessions, rowers could be training on the lake between the 1000m and 2000m marks. They will travel down past the 1000m start in Lane 10 and return to the Boathouses using Lane 0. To avoid any potential disturbance from the rowers, please warm up in the area between lanes 1 to 9 from the Finish Tower to the 1000m Starts, until the rowers leave the course.

If you are parking a trailer on the hardstand in front of the Boat Houses, please watch for rowers carrying boats crossing this area to reach the boathouse and their coaches on bikes.

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## 2024 Regatta Dates

The remaining National Regattas in 2024 will be on the following dates

- 8-9 June + 10 June as contingency
- 6-7 July
- 7-8 September

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## Check, Clean, Dry

There are important steps we can all take to help stop the spread of invasive species. If you follow our simple Check, Clean and Dry steps below, you'll be making big steps forward in protecting the natural habitats of our rivers, canals and waterways. Regardless of the type of canoeing

you do, whether competitive or recreational, inland or coastal, the chances are that you take your canoe/kayak onto different watercourses where there is a chance you may come in contact with these harmful species.

- Check you're not carrying living organisms.
- Clean all equipment, clothing, and shoes.
- Dry equipment and clothing carefully.

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## Social Media

Do subscribe to our Instagram accounts, **canoesprintUK**, or Twitter account, **canoesprintUK**, where we'll be sharing sprint-related photos and videos. .

Help us to increase the social media presence of Sprint Racing nationally, please, use the following hashtags alongside any photos or videos that you publish on social media ahead of, during, and after the National Regattas.

Hashtags                      #nottsregatta  
   #canoesprintlegends

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## Event Security

The National Water Sports Centre has asked us to raise awareness about Security at the event.

Please, ensure that you do not leave your belongings unattended during the weekend. Please, also keep your car locked when unattended.

If you see anyone acting suspiciously, please, report it immediately to Reception on 0115 982 1212, any Regatta Official, or at the Information Point.

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## Information for Team Leaders

### What do I need to do if I am appointed as my Club's Sprint Team Leader?

- contact the Regatta Committee with your contact details and request a password to access the online entry system by emailing
- update your club's officials to include their contact details (email address and mobile number)
- maintain the paddler records for your club
- register new paddlers before the deadline for each regatta
- coordinate with Team Leaders from other clubs for mixed club crew boat entries

- submit entries for your club's paddlers once entries are open for a competition. Entries can be added incrementally at any time up to the entry deadline at which point all entries that have been made become your submitted entries
- once your club's entry for a regatta is completed, or the deadline past, arrange payment of the entry fees. The online entry system will calculate the total and give you a breakdown for each of your paddlers
- respond to entry queries raised by the Regatta Committee

### What are my responsibilities as a Team Leader?

As a Team Leader for a club, you take on certain responsibilities for the paddlers from your club before, during and after the regatta weekend. This covers several areas including:

- ensuring paddlers hold a current SCA/CNI/Canŵ Cymru or Paddle UK 'On the water' membership before submitting their entries.
- submitting and paying for entries.
- attending the Team Leaders online meeting on the Tuesday evening before the regatta.
- monitoring the Team Leaders Broadcast WhatsApp group.
- briefing your paddlers about regatta rules and informing the parents/guardians of Juniors of these where appropriate.
- ensuring that all your club paddlers have achieved the relevant standard (time and proficiency) to compete at National Regattas.
- ensuring that all paddlers are able to swim at least 50 metres.
- ensuring that paddlers are suitably dressed for the conditions prevailing at the time of the event.
- ensuring that paddlers entered for events are competent to handle the prevailing conditions and can manoeuvre their craft. All paddlers must have been taught what to do in the event of capsize.
- ensuring that boats racing from your club carry additional buoyancy and are water worthy.
- ensuring that all paddlers wear buoyancy aids when requested by the Competition Committee in adverse weather conditions.
- ensuring that paddlers are on the water with enough time to make their start times, visibly wearing their club colours and displaying the correct lane number for their race.
- resolving issues that are raised by the Competition Committee. Where required, you will be asked to come to the top of the Finish Tower (via the external stairs), you will be called there by the Commentary Team and via WhatsApp broadcast.
- completing Incident Report Forms for any accidents/incidents involving attendees from your club that have occurred during the regatta.
- advising Juniors D's who have been promoted that they need to become Paddle UK members and update the paddler database with their membership number.

- encouraging paddlers to shower after using the Regatta Course and ensure that all cuts and abrasions are covered with waterproof plasters before proceeding on the water. An NWSC guide to water-related illness is available from the NWSC reception desk.

You will be responsible for ensuring that your club's entry fees are paid as soon as possible after the entry deadline, these **must be paid no later than 15:00 on the Day before the regatta.**

As these regattas cost a lot of money to run, we need to ensure that entry fees are paid promptly. **If payment isn't received by 15:00 the Day before the regatta, your paddlers will not be able to compete.**

If the regatta, or part of the regatta, must be cancelled or is delayed due to weather conditions, or other circumstances outside of our control, unfortunately, we will not be able to refund entry fees.

### **When is the Online Team Leaders' meeting?**

The Online Team Leaders' meeting will take place at **8 pm Tuesday 9th April**. It will be open to Team Leaders who should sign in via the chat feature at the start of the meeting. Please review the Event Briefing (distributed with a recent Regatta Bulletin) before the meeting and pass on the relevant information to your club members attending the regatta. The meeting will start with a review of the technical information for the regatta including any competition changes being implemented, followed by a review of the deletions and any name changes submitted via the online form since the publication of the Start Lists. Agreed changes resulting from this meeting are then made to the programme, which is then re-issued to the officials running the regatta.

**Any additional crew changes or scratches occurring after the Team Leaders' meeting must be submitted via the online forms:**

[Crew Changes](#)

[Withdrawals/Scratches](#)

**at least 60 minutes before the race.**

### **What additional rules do I need to know?**

In addition to the rules outlined in the *Information for Competitors* section which follows you also need to be aware of the following.

#### *Ensuring adequate buoyancy*

Paddle UK Sprint Racing Competition Rules require that following a capsized, all kayaks and canoes must be able to remain floating level with the surface of the lake when filled with water while supporting the weight of the crew. It is your responsibility to ensure that all your paddlers have the correct buoyancy fitted in their boats. Buoyancy will be checked. Any boat other than with sealed bulkheads which visibly has insufficient buoyancy fitted, will not be allowed on the water until additional buoyancy is added. If a boat is found to have insufficient buoyancy at Boat Control after racing, this will be reported to the Competition Committee and will result in Penalty Points being issued to the paddler.

You should also ensure that all your paddlers always bring buoyancy aids/life jackets with them. Should the weather conditions on the Regatta Course prove inclement, it may become necessary to introduce the mandatory wearing of Buoyancy Aids/Life Jackets for some or all paddlers. All the time this is a requirement an Orange Flag will be displayed on the Flagpole by the Finish Tower. In these circumstances, competitors will not be allowed to go afloat without buoyancy aids/life jackets that conform to BS EN ISO 12402-5. The use of spraydecks is also strongly recommended for all sprint competitors when the Orange Flag is displayed.

#### *Ensuring paddlers have Paddle UK Membership*

All competitors from your club need to be current full members of Paddle UK. The only exception to this is Junior club associate members ranked in Girls D, Boys D, Intermediate's or Mini-Sprint classes

Junior paddlers who are associate Paddle UK members, when promoted to 'C' or above, must then become a full 'On the Water' member of Paddle UK before the next regatta.

Please update your club paddlers' Paddler Registration details with the new Paddle UK number once promoted to Junior C

#### *Penalty points and disqualification*

You are asked to ensure that your club competitors are aware of and accept the racing rules and terms/conditions of participation. Penalty points will be incurred, or disqualification may occur, for those paddlers ignoring the regatta rules. The rules are intended to ensure the fair, safe and efficient running of the regatta.

In instances where penalty points have been awarded, or where disqualification has occurred, you may be asked to meet with the Competition Committee at the top of the Finish Tower and relay the outcome to the relevant paddler(s). A statement of the currently active penalty points will also appear in the official results that are published shortly after the regatta.

### **Am I responsible for my club members' parking?**

Please take an active role in ensuring that your club members and supporters observe the car parking rules outlined in the *Information for everyone* section below.

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## **Information for Competitors**

### **How is the course laid out?**

Please take time to familiarise yourself with the course and the areas where you are and are not allowed to paddle.

### **Can I use the course to warm up before my race?**

Once Umpire boats are on the water, you are welcome to use the regatta lake to warm up. No paddling is permitted on the lake without appropriate safety cover being in place. Umpire boats will be in place from 7:45 am on Saturday, and

from 7.30 am on Sunday. The boats will stay on the course until shortly after the last race on each day.

Please do not go too far down the course as we are unable to provide effective safety support to you. Remember too that you are not allowed to practice in the race area.

### **Can I practise starting from a gate?**

If you have not used the start gates before, or if you would like a refresher on how to line yourself up into the buckets, we will be holding open practice sessions at the start of Saturday. See the timetable for details.

### **Are there any rules I need to know?**

The National Sprint Regattas follow a detailed set of rules. The Paddle UK Sprint Racing Competition Rules and the National Sprint Regatta Terms/Condition of Participation. These can be read in full in the annual Canoe Sprint Handbook. This can be purchased at the Information Point in the Raft Marshall cabin A few specific rules that you need to be aware of have been included in this *Information for Competitors* section. These rules help with the fair, safe and efficient running of the regatta.

### **What are the minimum boat weights?**

In sprint racing, there are minimum weights for boats (*PUK SRC Regulation 9*). These vary according to the class of boat.

K1 12kg C1 14kg

K2 18kg C2 20kg

K4 30kg C4 30kg

Paracanoe: K1 12kg; V1 13kg (inc. hull, ama & iako)

It is your responsibility to make sure that your boat is at least that weight or heavier and to bring with you any additional weights that you need. If your boat requires additional weight to be added this must be firmly attached to your boat, a loose bag of stones or sand tucked under the seat is not acceptable. The weight of your boat is the weight measured using the Boat Control weighing scales on the day of the regatta, not the scales at your club or your kitchen scales at home, so please don't argue with the Boat Control officials.

If you race in an underweight boat you can be disqualified.

At a National Sprint Regatta, you are not obliged to have your boat weighed before your race, although this is recommended, and you can do this at any time when the Officials are not busy weighing boats from a race. However, you may be called into Boat Control immediately after your race, which means going directly to the Boat Control pontoon, after crossing the finish line, for your boat to be checked.

You should also be aware that the weight of your boat may change depending on the temperature. Boats are lighter on a hot day, so if you are in doubt about the weight, especially if the weight is close to the minimum permitted weight, play safe and weigh your boat before you race.

### **What if my boat is too heavy?**

The bottom line is it doesn't really matter. Too many athletes worry about being at a disadvantage if their boat is heavier than the minimum required weight, so much so that some will try to race with an underweight boat.

How a boat travels through the water depends on a lot of things including the shape of the boat's hull, the displacement of the water, how high your seat is and your overall centre of gravity and, not least, your own ability and paddling technique. So, for example, if your K1 weighs 12.0kg, 12.5kg or anything in between, it's not going to make much difference to your overall performance, so don't get hung up about it.

### **Why do I need a lane number?**

Your boat must display a white lane number board showing the lane number in which you are racing. The number boards help the officials to run the regatta effectively and to ensure the accuracy of results.

Your lane number is likely to change from race to race, so make sure you are displaying the correct number before you paddle to the start of your next race. Your Team Leader should be able to provide you with the required number board. Sets of White Lane Numbers are available for sale from the Regatta Information Point. Paracanoe athletes can collect boat numbers from the Paracanoe boat bays.

### **Why do I have to race in my club colours?**

You are racing for your club and therefore need to wear your club colours. If there are queries with your race, the club colours help us to easily identify specific paddlers. This in turn allows us to resolve any issues and to contact the relevant club team leaders if required. It also allows us to post the race results more quickly.

### **How do I know if I have to wear a Buoyancy Aid/Life Jacket?**

If weather conditions deteriorate during the regatta weekend, you may be required to wear a Buoyancy Aid/Life Jacket. If this is required, an announcement will be made on the Public Address (PA) System and by WhatsApp broadcast to inform you which classes of paddlers, or all paddlers, must wear them as a mandatory requirement. A further announcement will be made when the requirement is rescinded. While the requirement is in force an Orange Flag will be displayed on the Flagpole by the Finish Tower.

All Buoyancy aids/life jackets must conform to BS EN ISO 12402-5.

### **How much buoyancy do I need in my boat?**

PUK Sprint Racing Competition Rules require that following a capsized, all kayaks and canoes must be able to remain level on the surface of the water when filled with water and support the crew.

You, therefore, need to ensure that there is visible additional buoyancy fitted in your boat before you get on the water. This may be checked during the regatta. Any boat that does not have visible buoyancy material fixed in the boat will not



be allowed on the water until additional buoyancy has been added. If your boat is found not to have the required buoyancy at Boat Control, after racing, this will be reported to the Competition Committee. Disqualification or penalty points will be applied.

### Where do I get on and off the water?

Paracanoe athletes will access/egress the water via the pontoon in front of the paracanoe boat sheds.

All other athletes will access the water via the pontoons at the end of the lake or from the long pontoon after the finish line on the northside. Please be aware of others using the pontoons.

Athletes called for boat control will be able to egress the water on the pontoon on the far side of the Boathouse forecourt.

All other athletes should egress at the end of the lake or from the long wooden pontoon

### How do I get to the start and when should I arrive?

Leave yourself enough time to get to the start line for your race, paddling slowly in Lane 10. This is the lane closest to the Scoreboard.

Aim to arrive in the starting area five minutes before your race time and ideally get yourself lined up in the correct lane. The starting area runs from the start line itself to a set of blue buoys placed 100m beyond each start line. Please don't go too far away from the starter, as you'll need to be able to hear when your race is called. Regatta race time is displayed on a large digital clock, which is placed on the bank next to the starter's hut.

### What happens at the start?

The starters will call you to the start line by the number of your race, remember your race number! Then the lane number for each competitor in that race. On windy days, it can sometimes be difficult for the lanes furthest away from the starter to hear these requests, so keep aware of what's going on around you and ask other paddlers if you are unsure.

When your race is called, you will be asked to move towards the start buckets and to stop and hold off about 5-10m away from the buckets. When the timing team has given clearance for the next race to proceed, the starter will then ask you to come into the buckets. Please listen carefully to the starter's instructions at this point. You will hear these clearly from the loudspeakers next to each bucket.

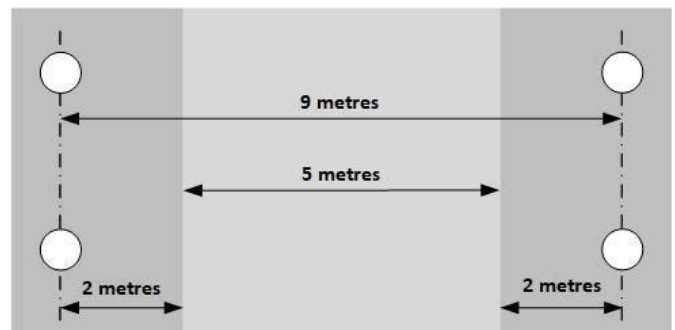
### If you miss your start, you may not be allowed to race.

Remember that there are races starting every 3 or 4 minutes throughout the day. This leaves very little time to delay the start of any race.

### Why do I have to stay in the centre of my lane?

The simple reason is you must not get yourself in a position where you interfere with the progress of, or seek to take advantage of, other competitors.

*PUK SRC Regulation 26* states that your boat must stay within the five-metre-wide central area of your lane from the start to the finish of the race. If your boat moves out of the centre five metres, you must immediately take action to return to the central area or if it's judged that you have gained an advantage. You can be disqualified. See the following diagram. *PUK SRC Regulation 27* states that you are not allowed to take pace from other boats, so staying in the centre of the lane helps you avoid the temptation to try and wash hang. The way to make the race as fair as possible for every competitor, especially if you are racing side-by-side, is to stay within the central five metres of your lane.



We do appreciate that in certain weather conditions, you can easily be pushed off-centre by the wind and water turbulence and this is quite understandable. We expect you to make every effort to remedy the situation and get back to the centre of the lane as soon as possible.

If you deviate outside the central five metres, the race Umpire is required to report this to the Competition Committee in the Tower. The decision as to whether you are disqualified or not will rest with the Competition Committee and will probably depend on whether you gained an advantage from the deviation.

In summary:

- if your boat deviates from the central area of the lane, you must go back immediately to this central area of the lane.
- if your boat leaves the centre of the lane and does not return to it, you may be disqualified from the event.
- if your boat leaves its allocated lane, you will be disqualified from the race.

Additionally:

- if you capsize during the race, you will also be eliminated from the race (except in races of more than 1000m – Rule 28.4).
- if you break a paddle during your race, you may not be provided with a new one by a supporter (except in races of more than 1000m – Rule 28.6).

Umpires may interrupt a correctly started race if unforeseen issues arise. The umpire will announce this with a red flag and may sound a signal to advise you of such an interruption. Competitors must immediately stop paddling and await further instructions.

## Why am I not allowed to be paced or to sit on someone else's wash?

*PUK SRC Regulation 27 states that taking pace or receiving assistance from boats not in the race or by any other means is not permitted.*

When a race is in progress, crews who are not taking part in the race are strictly forbidden to proceed over the whole or part of the course, even if outside of the lane marking buoys. This includes making a wash even from outside of the marking buoys. Or following alongside a race, while paddling in the access lane, and crossing the Finish Line in the access lane while a race is in the process of finishing. This can obstruct the view of the Judges and certainly distracts their attention when they're trying to concentrate on the race itself. Giving pace or any other assistance, including coaching, could result in the boat which it appears is unfairly supported being disqualified from their race.

## Why are there motorboats on the course?

There are normally three Umpire launches on the water throughout each regatta.

The Umpires will follow races down the course, or in the case of 200m races, sit at either end of the course to observe these races. They are responsible for the race once it is underway and have a duty to report any possible rule infringements during the race to the Competition Committee in the tower.

In addition, the Umpire and the Umpire launch will assist paddlers in the event of a capsize, or when necessary, give directions to evacuate the lake in the event of an electric storm.

The launches use Lane 0 to move around the course, this is the lane which is closest to the tower. The launch drivers are very aware of the impact of their wash on your paddling and aim to minimise this as much as possible.

## What happens at the finish?

At the end of each race, please move away from the finish line as quickly as possible. Remember that there can be multiple races on the course at any one time and that other races may finish very shortly after your own.

In most races, Boat Control will inspect one of the boats, selected at random. In the races that are designated National Championship Finals and some selection events, the first four across the line will all be called to Boat Control to be checked.

The commentary team will advise you which boat(s) needs to go to Boat Control. The Boat Control team will also display the lane number(s) of these boats on the pontoon from which to egress the water to attend Boat Control.

If you are called to Boat Control, please go there immediately following your race. If you don't you can be disqualified from the race.

## What happens if I get called to boat control?

Boat Control inspects boats in accordance with *PUK SRC Regulation 12*. This means you must remove every single

loose item from your boat before it is weighed. Typically, this includes things like:

- the white number board
- the spraydeck
- the foam on your seat, especially if it is absorbent
- any stones or weights that are now loose, having broken loose during the race, even though they had appeared to be fixed and firm when you started the race
- sponges, chamois leathers and any other absorbent item that may be under your seat
- canoe knee rests (fixed knee rests must be dried)
- residual water

Athletes will be expected to empty their own boat of water, remove all loose fittings, lane number and spray deck before positioning their boat on the scales.

All athletes should expect their boats to be checked during the event. Boats will be selected at random from each heat and final, the lane number will be announced and displayed on the board on the Boat Control pontoon. If your boat is found to be under the required weight or lacking sufficient buoyancy, then this will be reported to the Competition Committee, who may apply a penalty.

## Can I warm down?

You may warm down by turning carefully below the Finish Line and outside of the finish area (a 'D' shape marked by buoys and flags) then proceeding back to behind the start line SLOWLY down Lane 10, the lane closest to the Scoreboard.. DO NOT re-enter any of the racing lanes.

## How do I find out if I've qualified for a final?

The times from each heat are processed very quickly after each race. Once the Competition Committee has received confirmation from the Umpire and Boat Control that no rules have been broken or resolved any issues where they have, these times are then displayed on the main scoreboard. Results of all races and draws for finals, will be published online via the Live Results Service, the Regatta Organisers will try to back this up via one-way WhatsApp.

Once all the heats in a class have been completed, draws for each Final are made. Mostly these are based on time. Depending on the number of entries in each class, there may be more than one Final.

The only exceptions are Men's A or A/B, Women's A or A/B, Boys A or A/B and Girls A or A/B events or if classes are for Senior Men, Men U23, Boys U18, Senior Women, Women U23, and Girls U18. These events are based on the finishing place within each heat. The progression from heats to finals for all events is shown beneath the heading for the heats in the Start List.

You will need to check if you have qualified for a Final in your class. Details of who is in each final, and their lane numbers, are displayed on the Live results service. **Please wait at least 15 mins after the last heat before checking the details of lane draws for the resultant finals.**

## Can I obtain the race results on my mobile phone?

The Unofficial Results can be obtained during the regatta from [regattaresults.org.uk](http://regattaresults.org.uk).

This service, which is available during the regatta, enables you to view the provisional results directly on your phone throughout the regatta. The results are updated in near real-time shortly after the results for each race are released.

The service enables you to scroll up and down through the results very quickly. Just refresh the webpage every now and again.

To access this service, navigate to [regattaresults.org.uk](http://regattaresults.org.uk).

Remember that it will only work during the weekend, as and when the unofficial results are made available. After the regatta, the official results will be published on the website: <https://canoesprint.org.uk>

## How do I find out if I've been promoted?

Promotions between classes are calculated during the Regatta weekend and are based on several factors. If you have been promoted, details about this are included in the published set of Official results. These are available on the Sprint Racing website at <https://canoesprint.org.uk/archives/national-regatta-results/> shortly after the event. The availability of these results is also notified on our Facebook group page called *PUK Sprint Racing Committee*.

## Is there an event welfare office I can speak to?

You should feel safe enjoying your sport. If you are worried about how you or someone else is being treated at the event by another young person or adult, there is someone you or your parents/carer or coach/leader can talk to. Please speak to our Event Welfare Officers:

Louise Clive      Tel: 07816 786987

If Louise is not immediately available, you can also contact any of the following:

### **Paddle UK Safeguarding Lead:**

(For anyone wishing to report a safeguarding incident or concern) Tel: 0115 8655354  
(if calling out of office hours, leave a message and your call will be responded to as soon as possible the next working day)  
or Email: [safeguarding@paddleuk.org.uk](mailto:safeguarding@paddleuk.org.uk)

### **Home Nations**

#### **Scottish Canoe Association Safeguarding Officer**

Andy Murray Tel: 01887 292040:  
Email [andy.murray@canoescotland.org](mailto:andy.murray@canoescotland.org)

#### **Canoe Wales Lead Safeguarding Officer**

Cath Sykes, Tel: 0708 683984: Email  
[childprotection@canoewales.com](mailto:childprotection@canoewales.com)

#### **CANI Safeguarding Officer**

Stephen Craig or Louise Wallace:  
Email: [safeguarding@cani.org.uk](mailto:safeguarding@cani.org.uk)

For immediate confidential advice (24hr Helplines) contact:  
**NSPCC Child Protection Helpline    Tel: 0808 800 5000**  
**Childline    Tel: 0800 1111**

The Paddle UK Safeguarding Policies and Guidance documents, including other related information, are available at [www.paddleuk.org.uk](http://www.paddleuk.org.uk).

National Regattas are held under PUK Sprint Racing Competition rules and Terms/Conditions of Participation.

## How do I enter future events?

Race entries are submitted by the Team Leader for your club, so let your Team Leader know if you would like to enter any future events. Team Leaders will then submit their club's entries online with payment to Paddle UK.

## Where can I find event schedules for future regattas?

The event schedule for each of the National Sprint Regattas is published on the SRC website at <https://canoesprint.org.uk/all-events/upcoming-events/>

Small changes to event schedules can occur in the weeks leading up to each event. Any changes are published on the Sprint Racing website. The availability of updated versions of the schedule, and other news items for Sprint Racing, are also notified on our Facebook group page called *PUK Sprint Racing Committee*.

## What do I need to know about regatta liability?

The regatta will endeavour to provide a safe environment within the Water Safety Code. You are specifically reminded that anyone using the lake and the adjoining river does so entirely at their own risk. Please note the following *PUK Regatta Liability Statement*.

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. In all cases, competitors compete entirely at their own risk.

Each of the Regatta Organisation, the Sprint Racing Executive, and Paddle UK exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

### *Regatta entry conditions*

Regatta Entries are accepted on the basis that each competitor is aware of and has accepted the above conditions.

## Weil's disease/Leptospirosis

As with all water sports activities, if you capsized and after a few days you think you may have an infection or flu-like symptoms, please go to your doctor and tell them you are a canoeist. There may be a risk of Weil's Disease / Leptospirosis, which must be swiftly diagnosed and treated. Do also be aware of Lyme's Disease, which is an infectious disease caused by bacteria, which is spread by ticks. The

most common sign of infection is an expanding area of redness on the skin that begins at the site of the tick bite about a week after it has occurred. Please do report any cases to the Paddle UK Office as they monitor occurrences and identify areas that pose a risk to canoeists. Tel: 03000 119 500 or on-line via <https://www.paddleuk.org.uk/access-and-environment/access-to-water/incident-reporting>

### **Can I get involved with helping to run the regatta?**

Of course! We are always pleased to have extra people to assist during the regatta weekends. If you would like to learn a new skill, or just want to help, we would love to hear from you.

It might surprise you that the National Sprint Regattas are run entirely by volunteers. Although a lot of planning work is done prior to each event, during each regatta weekend approximately 50 people are involved in a wide variety of roles to keep the regatta on schedule. These roles include:

- programme planners
- computer room data inputters
- runners
- administrators
- motor boat drivers
- course umpires
- boat weighers
- starters
- commentators
- line judges
- photo finish operators
- scoreboard operators
- K4 shed boat controllers
- promoters (and demoters)
- medal presenters
- first aiders
- competition judges

We're always looking for additional pairs of hands to help things run efficiently and are very flexible with the amount of time you can commit during the weekend. If any of the above roles capture your imagination, or you are just interested in finding out what we do, we can introduce you to and train you in any of these roles. Pop into the Information Point at the end of the lake and ask to speak to Ann Hoile.

### **Can I follow the race by bike or scooter?**

The National Water Sports Centre (NWSC) allows cyclists to use the towpath on both sides of the regatta course when weather conditions permit and at their own risk. Cycling, skating, rollerblading and scootering are not allowed in the area around the Raft Marshal Cabin and Boat Control. Cyclists, rollerblading and scooters following races should use the Southside roadway (Finish Tower side of the course).

Coaches/supporters must be conscious of those around them, including the general public, and should only follow races in which they have athletes competing.

We encourage you to follow the NWSC's Towpath Code for Cyclists

- always give way to pedestrians and service vehicles
- use your bell to alert other people of your approach, particularly if approaching from behind
- be prepared to stop, dismount and push your bike past walkers, particularly when families and young children are present
- take special care if dogs or other animals are present
- ride in single file and not in more than groups of four
- keep your speed down and never race along the towpath
- keep to the paths and minimise path erosion by not skidding
- wear an approved safety helmet

Remember that you are responsible for your own safety and the safety of others.

### **Are there any guidelines for taking photographs or filming the racing of young people?**

We encourage you to follow the Paddle UK guidelines, which provide sensible advice, whilst recognising that publicity and pictures/ recordings of young people enjoying paddle sport are essential to promote the sport and a healthy lifestyle.

The key concerns regarding the use of images of children and young people relate to:

- the possible identification of children when a photograph is accompanied by personal information
- the inappropriate use, adaptation or copying of images for use on child pornography or illegal website
- the taking of inappropriate photographs or recorded images of children

#### *Guidelines for taking photographic/recorded images*

- ensure parents/guardians and the young person have granted their consent for the taking and publication of photographic images
- all children featured in recordings must be appropriately dressed in outer clothing garments covering the torso from at least the bottom of their neck to their thighs, i.e. a minimum of vest/ shirt and shorts
- the photograph or recording should focus on the activity rather than a particular young person. Personal details, which might make the young person vulnerable, such as their exact address, should not be revealed
- clubs, coaches and volunteers should be allowed to use video equipment as a legitimate coaching aid and means of recording special occasions. Care, however, should be taken in the dissemination and storage of this material
- you should not use any images of a child or young person who is the subject of any court order or who has denied you their consent
- parents and spectators taking photographs/recordings should be prepared to identify themselves if requested and state their purpose for photography/filming
- any instances of the use of inappropriate images should be reported to the Club, Paddle UK or the Police

### *Guidelines for publishing photographic/recorded images*

- if a photograph is used, avoid naming the child by using their first name only. Personal details of children such as email address, home address and telephone numbers should never be revealed on a website or in print
- think about the level of consideration that you give to the use of images in all publications, for example, the process used in choosing photographs for a publicity brochure for the club. Apply an increased level of consideration to the images of children used on websites

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## Information for Everyone

### **Are there any parking restrictions?**

The National Water Sports Centre does place some restrictions on where vehicles can park around the venue. Parking marshals will be on hand to guide you to the right locations. Please follow their directions as to where to park.

The main area for competitors is Grassy Bank on the north side of the lake.

The pontoons and access road in front of the Centre on either side of the Finish Tower is either designated 'Reserved' parking or a 'No Parking Area'.

### **Access for emergency vehicles must NOT be impeded.**

Please pay attention to keeping the access roads clear near the Centre Buildings.

All vehicles should be parked responsibly, safely and without causing an obstruction.

At certain times during a competition, it may become necessary for safety reasons to restrict the movement of vehicles on parts of the access roads around the course. Notice will be given if this is required.

### **Are there parking charges?**

Participant parking will only be allowed on the grassy bank on the north side of the lake. Parking charges are noted above.

Follow the Marshals' instructions when parking alongside the lake.

### **Can I camp overnight or set up my motorhome or caravan on the regatta site?**

The National Water Sports Centre's camping licence only includes the campsite and ski tow camping areas. Tents, motor homes, caravans or vans found anywhere other than these camping areas will therefore be removed, as they will be in breach of NWSC's licence.

### **What should I do if there is an accident or emergency?**

During racing hours medical and first aid facilities are provided on-site. Medical facilities are intended to cover

emergencies only. Medical support provided by a Paramedic as well as First Aid volunteers is available in the First Aid Cabin which is located below the main building opposite the Finish tower. Alternatively, contact the main reception desk in the main building (0115 982 1212) or any Regatta Official.

All accidents and emergencies must be reported to the Regatta Organisers as soon as is practicable using the [National Regatta Incident Reporting form](#). On the advice of the Paramedic, additional medical support will be requested if necessary. The Paramedic will also ensure that the Regatta Organisers, Chief Official and Main Reception Centre are made aware of any incidents. The online Incident Report Form MUST be completed by the Team Leader of the appropriate clubs for all accidents, collisions, near-miss incidents.

Emergency numbers	999
Emergency Services	0115 977 3078
Police, Nottinghamshire Authority	<a href="mailto:npa@nottinghamshire.pnn.police.uk">npa@nottinghamshire.pnn.police.uk</a>
NWSC Reception Office	0115 982 1212
NHS Direct	0845 4647

National Water Sports Centre, Holme Pierrepont Country Park  
Adbolton Lane, Nottingham, NG12 2LU

### **What is the PUK Regatta Policy and Code of Conduct?**

The Paddle UK Sprint Regatta Committee is fully committed to safeguarding the well-being of its paddlers, officials, volunteers and coaches. We ask that everyone shows respect and understanding to each other, conducting themselves in a way that reflects the principles of the event. We believe that taking part in paddle sports should be a positive and enjoyable part of both children's and adults' lives and that all paddlers should be able to improve their performance and have fun. The PUK Regatta Committee also adopt and regularly review a Health & Safety Policy.

Everyone involved in the event should abide by the Paddle UK *Rules, Code of Conduct and Policies*, and to achieve this we have the following expectations:

#### *Everybody*

- always use correct and proper language
- set a good example by applauding performance of all paddlers
- always treat others with respect
- be considerate and respectful to other paddlers on and off the water, treating all paddlers as you would want to be treated yourself
- control tempers and avoid behaviour which may inconvenience or upset others
- co-operate with and listen to your coaches, team leader, volunteers and parents/carers and officials
- be on time for the event and your races or inform your team leader/coach if you are going to be late
- take care of all property belonging to the centre, regatta, clubs or members and the public
- junior paddlers are not allowed to smoke or consume alcohol, and no person may use non-medicinal drugs of any kind while at the event or representing the sport of canoeing

### *Team leaders, coaches, officials and volunteers*

- in line with Paddle UK Policy/Codes on safe recruitment for any volunteer role, vetting practices including appropriate Disclosure checks, where eligible will be undertaken, in accordance with home nation and government guidelines
- all those working with young people and vulnerable adults should also have read and adhere to the *Paddle UK child and vulnerable adult policy* and *Paddle UK anti-bullying policy*. These can be accessed on the Paddle UK website. The regatta will follow the guidance of these policies in the event of any concerns or allegations
- follow the Paddle UK Code of Ethics and Guidelines and Policies
- consider the well-being and safety of paddlers before their personal development or performance
- encourage paddlers and officials to value their performance and not just results
- develop an appropriate working relationship with paddlers, based on mutual trust and respect
- display consistently high standards of behaviour and appearance
- hold the appropriate, updated qualifications and insurance
- the Regatta Committee will encourage, train and support volunteers to gain qualifications and assist officials to stay updated
- team Leaders/Coaches will obtain written medical details of young paddlers, which will be made known where deemed appropriate and/or necessary
- never condone the use of prohibited substances, as defined by Paddle UK

### *Parents, guardians and carers*

- help your child to recognise good performance, not just results
- support your child's involvement at the event and help them to enjoy the sport of canoeing. Never force your child to take part in the sport
- never punish or belittle a child for losing or making mistakes
- publicly accept officials' judgement

### **Trade stands**

Trade stands are welcome at the event. Please contact the duty manager at NWSC for information about charges, and to pay and receive a VAT receipt.

## Venue Facilities – British Canoeing Sprint Regatta September 2023

Public Toilets (Portaloos located  
also in Event Area)

Ten66 Country Park Coffee Shop

Stone Baked Pizza and Draught  
Beer Container

Ice Cream and Gelato Container

Adventure Play Park

Parking, Event Area and Trade  
Stands



Important Parking Information – ANPR is in force throughout the site. Payment can be made on each day following the signs in the parking area or beforehand following the instructions on the following link: [Car Parking | National Water Sports Centre \(nwscnotts.com\)](https://www.nwscnotts.com)