



13th – 15th April 2024

Saturday

07:30 Course opens
07:45 Warm-up period opens
08:15 Start gate practise opens at 200m
08:45 Start gate practise and warm-up closes

1	09:00	Women Senior/U23 R1	K1	500	H1	51	12:42	Women D + W Masters C/D	K1	500	F
2	09:03	Women Senior/U23 R1	K1	500	H2	52	12:48	Girls U18/U16	K4	500	F
3	09:06	Women Senior/U23 R1	K1	500	H3	53	12:51	Girls Intermediate	K1	500	F
4	09:09	Women Senior/U23 R1	K1	500	H4	54	12:54	Boys Intermediate	K1	500	F
5	09:18	Girls U14	K1	500	H1	55	13:03	Canoe Women Senior/U23+U18/U16 R1	C1	200	F
6	09:21	Girls U14	K1	500	H2	56	13:06	Para Men KL2/3 R1	K1	200	F
7	09:27	Girls U16	K1	500	H1	57	13:09	Para Women KL1-3 R1	K1	200	F
8	09:30	Girls U16	K1	500	H2	58	13:15	Mini Sprint A	K1	200	H1
9	09:33	Girls U16	K1	500	H3	59	13:18	Mini Sprint A	K1	200	H2
10	09:39	Girls U18	K1	500	H1	60	13:21	Paddle-Ability (Sat) R1	K1	200	F
11	09:42	Girls U18	K1	500	H2	61	13:30	Boys U18/U16	K2	1000	H1
12	09:45	Girls U18	K1	500	H3	62	13:33	Boys U18/U16	K2	1000	H2
13	09:48	Girls U18	K1	500	H4	63	13:36	Boys U18/U16	K2	1000	H3
14	09:54	Men D + Masters C/D	K1	500	H1	64	13:42	Men A/B + Masters A	K2	1000	F
15	09:57	Men D + Masters C/D	K1	500	H2	65	13:42	Men C + Masters B	K2	1000	F
16	10:00	Paddle-Ability (Sat) R1	K1	500	F	66	13:42	Men D + Masters C/D	K2	1000	F
17	10:09	Canoe Men Senior/U23+U18/U16 R1	C1	1000	H1	67	13:48	Girls U16	K1	1000	H1
18	10:12	Canoe Men Senior/U23+U18/U16 R1	C1	1000	H2	68	13:51	Girls U16	K1	1000	H2
19	10:18	Men Senior/U23 R1	K1	1000	H1	69	13:57	Girls U18	K1	1000	H1
20	10:21	Men Senior/U23 R1	K1	1000	H2	70	14:00	Girls U18	K1	1000	H2
21	10:24	Men Senior/U23 R1	K1	1000	H3	71	14:03	Girls U18	K1	1000	H3
22	10:30	Boys U18	K1	1000	H1	72	14:09	Women C + W Masters B	K2	1000	F
23	10:33	Boys U18	K1	1000	H2	73	14:09	Women D + W Masters C/D	K2	1000	F
24	10:39	Boys U18	K1	1000	H3	74	14:24	Women Senior/U23 R2	K1	500	F
25	10:42	Boys U18	K1	1000	H4	75	14:27	Boys U14	K4	500	F
26	10:48	Boys U16	K1	1000	H1	76	14:27	Girls U14	K4	500	F
27	10:51	Boys U16	K1	1000	H2	77	14:33	Paddle-Ability (Sat) R2	K1	500	F
28	10:54	Boys U16	K1	1000	H3	78	14:39	Boys U18/U16	K2	1000	F1
29	11:03	Girls U14	K1	500	F	79	14:42	Boys U18/U16	K2	1000	F2
30	11:06	Girls U16	K1	500	F1	80	14:45	Canoe Men Senior/U23+U18/U16 R2	C1	1000	F
31	11:09	Girls U16	K1	500	F2	81	14:48	Girls U16	K1	1000	F
32	11:18	Girls U18	K1	500	F1	82	15:00	Girls U18	K1	1000	F1
33	11:21	Girls U18	K1	500	F2	83	15:03	Girls U18	K1	1000	F2
34	11:27	Women Senior/U23 R1	K1	500	F2	84	15:09	Women Senior/U23	K1	1000	H1
35	11:30	Women Senior/U23 R1	K1	500	F1	85	15:12	Women Senior/U23	K1	1000	H2
36	11:36	Boys Intermediate	K1	500	H1	86	15:18	Men Senior/U23 R2	K1	1000	F
37	11:39	Boys Intermediate	K1	500	H2	87	15:30	Men D + Masters C/D	K1	200	H1
38	11:48	Boys U18	K1	1000	F1	88	15:33	Men D + Masters C/D	K1	200	H2
39	11:51	Boys U18	K1	1000	F2	89	15:36	Para Men KL2/3 R2	K1	200	F
40	11:57	Boys U16	K1	1000	F1	90	15:39	Para Women KL1-3 R2	K1	200	F
41	12:00	Boys U16	K1	1000	F2	91	15:45	Mini Sprint A	K1	200	F
42	12:06	Men Senior/U23 R1	K1	1000	F1	92	15:48	Mini Sprint B	K1	200	F
43	12:09	Men Senior/U23 R1	K1	1000	F2	93	15:51	Boys U14	K1	200	F
44	12:18	Canoe Men Senior/U23+U18/U16 R1	C1	1000	F	94	15:57	Canoe Women Senior/U23+U18/U16 R2	C1	200	F
45	12:24	Boys U14	K2	1000	F	95	16:03	Canoe Men Senior/U23+U18/U16	C1	200	H1
46	12:24	Girls U14	K2	1000	F	96	16:06	Canoe Men Senior/U23+U18/U16	C1	200	H2
47	12:33	Men D + Masters C/D	K1	500	F	97	16:12	Paddle-Ability (Sat) R2	K1	200	F
48	12:36	Men C + Masters B	K1	500	F	98	16:21	Boys U18	K1	200	H1
49	12:39	Men A/B + Masters A	K1	500	F	99	16:24	Boys U18	K1	200	H2
50	12:42	Women C + W Masters B	K1	500	F	100	16:27	Boys U18	K1	200	H3
						101	16:30	Boys U18	K1	200	H4
						102	16:36	Boys U16	K1	200	H1
						103	16:39	Boys U16	K1	200	H2
						104	16:45	Boys U16	K1	200	H3
						105	16:48	Boys U16	K1	200	H4
						106	16:54	Men Senior/U23	K1	200	H1
						107	16:57	Men Senior/U23	K1	200	H2
						108	17:00	Men Senior/U23	K1	200	H3

109	17:03	Men D + Masters C/D	K1	200	F	165	11:48	Girls U18	K1	200	F1
110	17:12	Women Senior/U23	K1	1000	F1	166	11:52	Girls U18	K1	200	F2
111	17:15	Women Senior/U23	K1	1000	F2	167	11:56	Girls U16	K1	200	F
112	17:24	Men C + Masters B	K1	1000	F	168	12:00	Girls U14	K1	200	F
113	17:27	Men A/B + Masters A	K1	1000	F	169	12:12	Canoe Men Senior/U23+U18/U16 R1	C2	500	F
114	17:33	Men Senior/U23	K2	1000	F	170	12:16	Boys U18/U16	K2	500	H1
115	17:42	Canoe Women Senior/U23+U18/U16	C2	200	F	171	12:20	Boys U18/U16	K2	500	H2
116	17:45	Canoe Men Senior/U23+U18/U16	C1	200	F	172	12:24	Boys U18/U16	K2	500	H3
117	17:51	Para Men KL2/3 R3	K1	200	F	173	12:28	Boys U18/U16	K2	500	H4
118	17:54	Para Women KL1-3 R3	K1	200	F	174	12:32	Men A/B + Masters A	K4	500	F
119	18:00	Boys U18	K1	200	F1	175	12:32	Men C/D + Masters B-D	K4	500	F
120	18:03	Boys U18	K1	200	F2	176	12:40	Men Senior/U23	K1	500	H1
121	18:09	Boys U16	K1	200	F1	177	12:44	Men Senior/U23	K1	500	H2
122	18:12	Boys U16	K1	200	F2	178	12:48	Men Senior/U23	K1	500	H3
123	18:15	Men Senior/U23	K2	200	F	179	12:52	Men Senior/U23	K1	500	H4

Sunday

07:30 Course opens
07:45 Warm-up period opens
08:15 Warm-up period closes

124	08:32	Boys U14	K2	500	F	189	13:56	Women Senior/U23	K1	200	H1
125	08:32	Girls U14	K2	500	F	190	14:00	Women Senior/U23	K1	200	H2
126	08:40	Men A/B + Masters A	K2	500	F	191	14:04	Women Senior/U23	K1	200	H3
127	08:44	Boys U16	K1	500	H1	192	14:12	Para Men VL1-3 R2	V1	200	F
128	08:48	Boys U16	K1	500	H2	193	14:16	Para Women VL2/3 R2	V1	200	F
129	08:52	Boys U16	K1	500	H3	194	14:28	Girls U18/U16	K2	500	F
130	08:56	Boys U16	K1	500	H4	195	14:32	Boys U18/U16	K4	500	H1
131	09:04	Boys U18	K1	500	H1	196	14:36	Boys U18/U16	K4	500	H2
132	09:08	Boys U18	K1	500	H2	197	14:40	Women A/B + W Masters A	K2	500	F
133	09:12	Boys U18	K1	500	H3	198	14:40	Women C + W Masters B	K2	500	F
134	09:16	Boys U18	K1	500	H4	199	14:40	Women D + W Masters C/D	K2	500	F
135	09:20	Boys U18	K1	500	H5	200	14:48	Men Senior/U23	K1	500	F1
136	09:24	Paddle-Ability (Sun) R1	K1	500	F	201	14:52	Men Senior/U23	K1	500	F2
137	09:36	Women Senior/U23	K2	200	F	202	14:56	Canoe Men Senior/U23+U18/U16	C1	500	F
138	09:40	Men Senior/U23	K1	200	F1	203	15:00	Canoe Women Senior/U23+U18/U16	C1	500	F
139	09:44	Men Senior/U23	K1	200	F2	204	15:12	Women Senior/U23	K1	200	F1
140	09:48	Canoe Women Senior/U23+U18/U16 R3	C1	200	F	205	15:16	Women Senior/U23	K1	200	F2
141	09:56	Girls U18	K1	200	H1	206	15:20	Para Men VL1-3 R3	C1	200	F
142	10:00	Girls U18	K1	200	H2	207	15:24	Para Women VL2/3 R3	C1	200	F
143	10:04	Girls U18	K1	200	H3	208	15:36	Boys U18/U16	K4	500	F
144	10:08	Girls U16	K1	200	H1	209	15:48	Men Senior	K1	5000	F
145	10:12	Girls U16	K1	200	H2	210	16:20	Canoe Men Senior	C1	5000	F
146	10:16	Girls U14	K1	200	H1	211	16:20	Canoe Women Senior	C1	5000	F
147	10:20	Girls U14	K1	200	H2	212	16:50	Women Senior	K1	5000	F
148	10:24	Intermediate Crews	K2	200	F						
149	10:28	Women C + W Masters B	K1	200	F						
150	10:28	Women D + W Masters C/D	K1	200	F						
151	10:40	Canoe Men Senior/U23+U18/U16 R3	C1	1000	F						
152	10:44	Men Senior/U23 R3	K1	1000	F						
153	10:52	Boys U16	K1	500	F1						
154	10:56	Boys U16	K1	500	F2						
155	11:00	Boys U18	K1	500	F1						
156	11:04	Boys U18	K1	500	F2						
157	11:12	Boys U14	K1	500	F						
158	11:16	Mini Sprint A	K2	500	F						
159	11:20	Mini Sprint B	K2	500	F						
160	11:24	Women Senior/U23 K1 500 R3	K1	500	F	213	09:30	Men Senior/U23 R1	K2	500	F
161	11:28	Men C + Masters B	K2	500	F	214	09:40	Canoe Men Senior/U23+U18/U16 R3	C2	500	F
162	11:28	Men D + Masters C/D	K2	500	F	215	09:50	Women Senior/U23 R1	K2	500	F
163	11:40	Para Men VL1-3 R1	V1	200	F	216	12:20	Canoe Women Senior/U23+U18/U16 R2	C2	500	F
164	11:44	Para Women VL2/3 R1	V1	200	F	217	12:30	Men Senior/U23 R2	K2	500	F
						218	12:40	Women Senior/U23 R2	K2	500	F
						219	14:50	Men Senior/U23 R3	K2	500	F
						220	15:00	Women Senior/U23 R3	K2	500	F

Monday

08:30 Course opens
08:45 Warm-up period opens
09:15 Warm-up period closes

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