



**NATIONAL  
SPRINT  
REGATTAS**

**PADDLE<sup>UK</sup>**

**2025**

**PADDLE UK  
SPRINT RACING NATIONAL REGATTA**

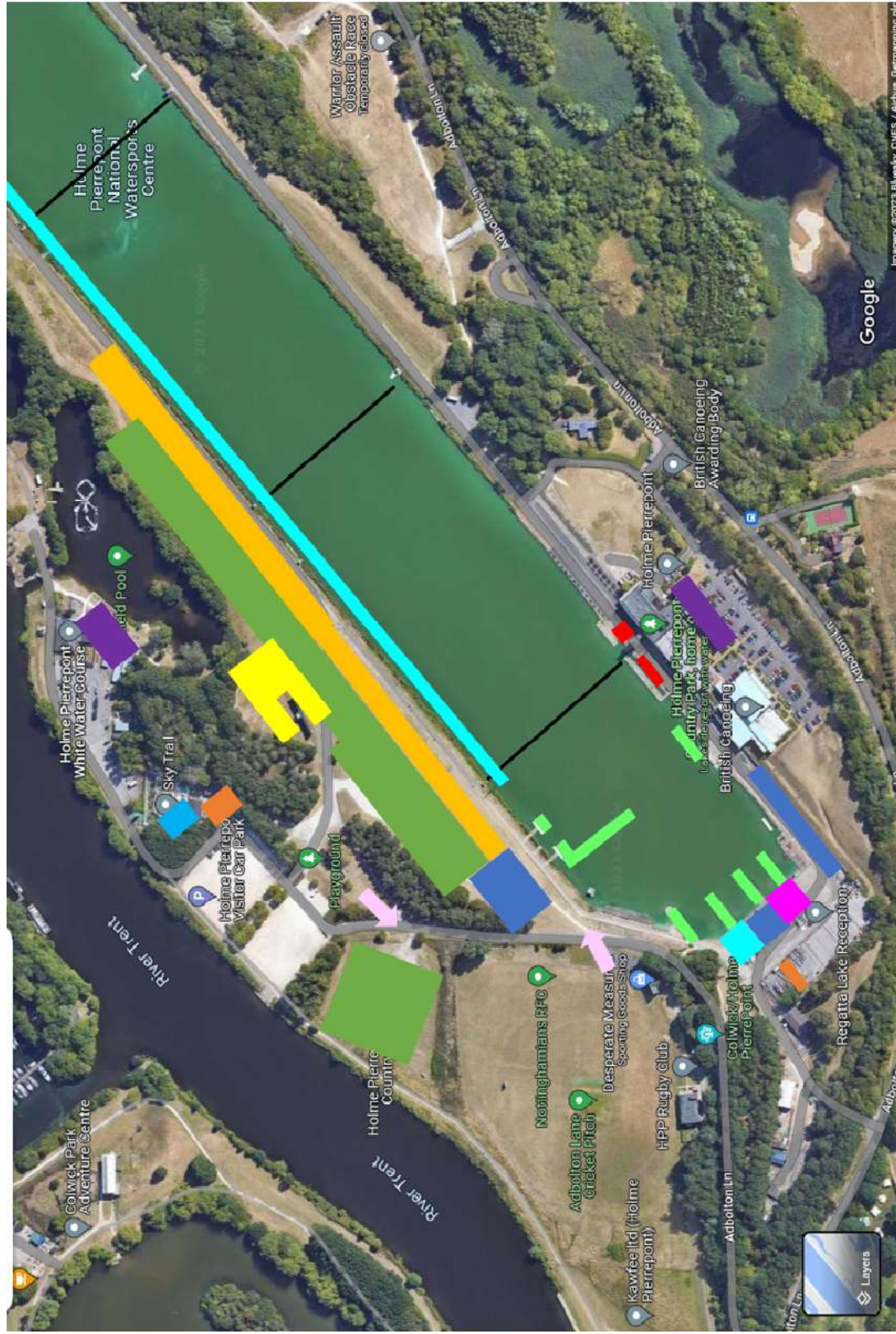
**12–13 April**

Open & British National Regatta, including Paracanoe, Senior,  
Under 23, and Junior selection events

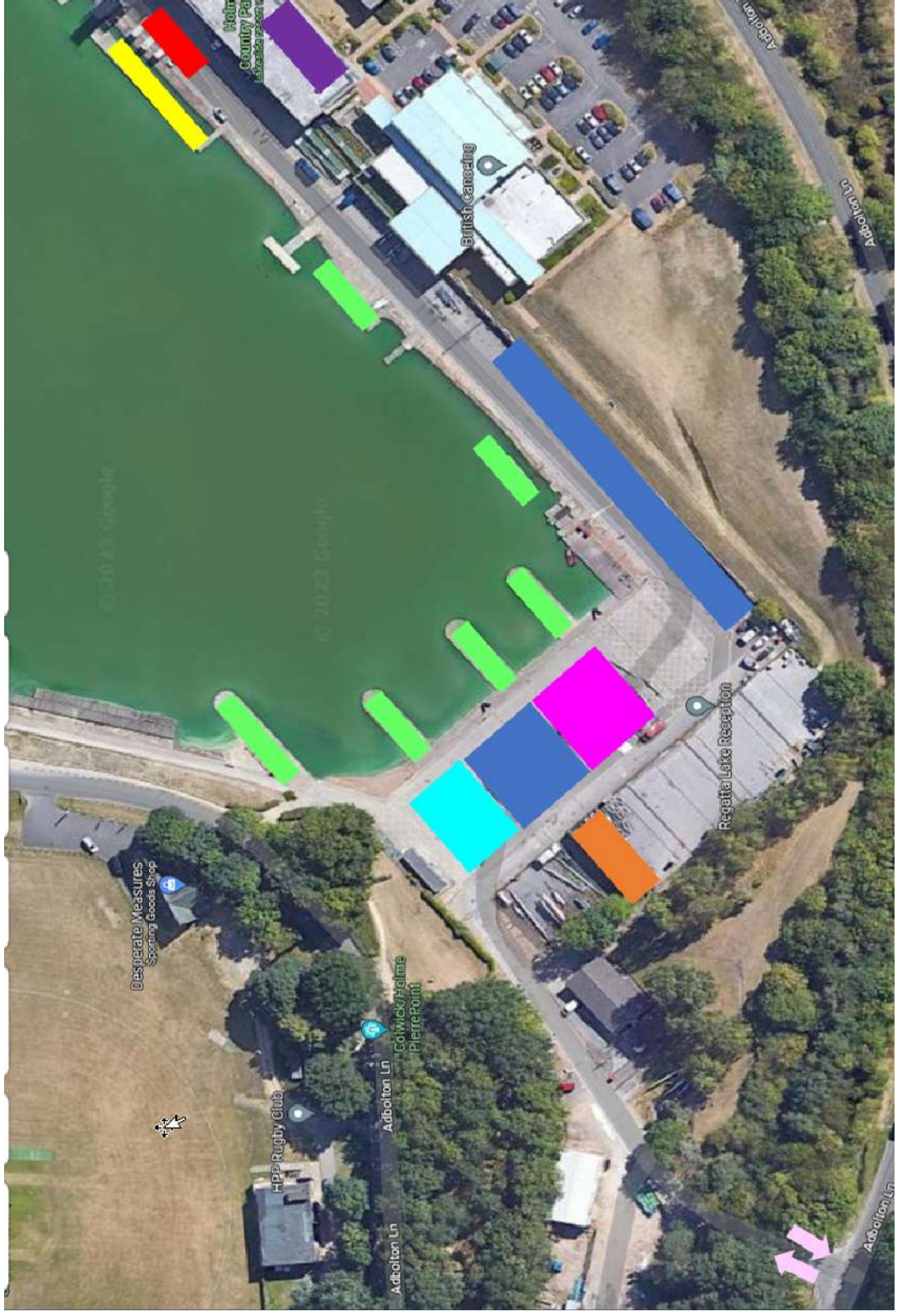
Photography by Antony Edmonds



- Trailers
- Club gazebos
- Car parking
- Boat control & info cabin
- Toilets
- Showers & toilets
- Cafe
- Traders
- Boat launch
- Paddlers access lane
- Car entry/exit
- Paddle-Ability
- K4s







- Trailers
- Boat control
- Boat launch
- K4s
- Toilets
- Showers & toilets
- Trailer entry/exit
- Umpire boats
- Paddle-Ability



**NATIONAL  
SPRINT  
REGATTAS**

**Paddle UK Sprint Racing National Regatta  
Open & British National Regatta  
including Paracanoe, Senior, Under 23  
and Junior selection events**

**PADDLEUK**

**12<sup>th</sup> – 13<sup>th</sup> April 2025**

## Saturday

07:30 Course opens  
07:45 Warm-up period opens  
08:15 Start gate practise opens at 200m  
08:45 Start gate practise and warm-up closes

1	09:04	Men C	K1	1000	H1
2	09:08	Men C	K1	1000	H2
3	09:12	Men B	K1	1000	F
4	09:16	Boys B	K1	1000	F
5	09:20	Boys C	K2	1000	F
6	09:28	Boys U18	K1	1000	H1
7	09:32	Boys U18	K1	1000	H2
8	09:36	Boys U18	K1	1000	H3
9	09:44	Men Senior/U23	K1	1000	H1
10	09:48	Men Senior/U23	K1	1000	H2
11	09:52	Men Senior/U23	K1	1000	H3
12	10:00	Canoe Men Senior/U23 + Boys U18/16	C1	1000	F
13	10:08	Men C	K1	1000	F
14	10:24	Girls D	K1	500	H1
15	10:28	Girls D	K1	500	H2
16	10:32	Girls D	K1	500	H3
17	10:36	Girls U18	K1	500	H1
18	10:40	Girls U18	K1	500	H2
19	10:48	Women Senior/U23	K1	500	H1
20	10:52	Women Senior/U23	K1	500	H2
21	10:56	Women Senior/U23	K1	500	H3
22	11:04	Canoe Women Senior/U23 + Girls U18/16	C1	500	F
23	11:12	Boys D	K4	500	F
24	11:24	Boys A/B	K2	1000	F
25	11:28	Men A-D	K2	1000	F
26	11:36	Boys U18	K1	1000	F1
27	11:40	Boys U18	K1	1000	F2
28	11:44	Men Senior/U23	K1	1000	F1
29	11:48	Men Senior/U23	K1	1000	F2
30	12:00	Women A-D + Canoe Men/Boys C/D	K2	500	F
31	12:08	Girls D	K1	500	F1
32	12:12	Girls D	K1	500	F2
33	12:16	Girls C	K1	500	F
34	12:20	Girls A/B	K1	500	F
35	12:28	Boys D	K1	500	H1
36	12:32	Boys D	K1	500	H2
37	12:36	Boys D	K1	500	H3
38	12:40	Boys D	K1	500	H4
39	12:44	Boys C	K1	500	H1
40	12:48	Boys C	K1	500	H2
41	12:56	Men D	K1	500	H1
42	13:00	Men D	K1	500	H2
43	13:04	Paddle-Ability (Sat) R1	K1	500	F1
44	13:08	Paddle-Ability (Sat) R1	K1	500	F2
45	13:16	Girls U18	K1	500	F
46	13:20	Women Senior/U23	K1	500	F1
47	13:24	Women Senior/U23	K1	500	F2

48	13:28	Girls C/D	K2	500	H1
49	13:32	Girls C/D	K2	500	H2
50	13:40	Mini Sprint A	K1	500	F
51	13:44	Mini Sprint B	K1	500	F
52	13:48	Women D	K1	500	F
53	13:52	Women B/C	K1	500	F
54	14:00	Men A/B	K2	500	F
55	14:04	Boys A/B	K2	500	H1
56	14:08	Boys A/B	K2	500	H2
57	14:16	Boys D	K1	500	F1
58	14:20	Boys D	K1	500	F2
59	14:24	Boys C	K1	500	F
60	14:28	Men D	K1	500	F
61	14:32	Girls A/B	K2	500	F
62	14:36	Girls C/D	K2	500	F
63	14:40	Paddle-Ability (Sat) R2	K1	500	F1
64	14:44	Paddle-Ability (Sat) R2	K1	500	F2
65	15:00	Para Men KL2/3 R1	K1	200	F
66	15:04	Para Women KL2/3 R1	K1	200	F
67	15:08	Canoe Men Senior/U23 + Boys U18/16	C1	200	F
68	15:16	Canoe Women Senior/U23 + Girls U18/16	C1	200	F
69	15:28	Boys A/B	K2	500	F
70	15:32	Boys C	K2	500	F
71	15:36	Men C/D	K2	500	F
72	15:40	Women A-D + Girls A-C	K4	500	F
73	15:56	Girls U18	K1	200	H1
74	16:00	Girls U18	K1	200	H2
75	16:04	Women Senior/U23	K1	200	H1
76	16:08	Women Senior/U23	K1	200	H2
77	16:12	Women Senior/U23	K1	200	H3
78	16:16	Paddle-Ability (Sat) R1	K1	200	F1
79	16:20	Paddle-Ability (Sat) R1	K1	200	F2
80	16:28	Men Senior/U23	K1	200	H1
81	16:32	Men Senior/U23	K1	200	H2
82	16:36	Men Senior/U23	K1	200	H3
83	16:40	Men Senior/U23	K1	200	H4
84	16:48	Boys U18	K1	200	H1
85	16:52	Boys U18	K1	200	H2
86	16:56	Boys U18	K1	200	H3
87	17:00	Mini Sprint A	K1	200	F
88	17:04	Mini Sprint B	K1	200	F
89	17:16	Para Men KL2/3 R2	K1	200	F
90	17:20	Para Women KL2/3 R2	K1	200	F
91	17:28	Mixed Boys/Girls D	K4	200	F
92	17:36	Girls U18	K1	200	F
93	17:40	Women Senior/U23	K1	200	F1
94	17:44	Women Senior/U23	K1	200	F2
95	17:48	Paddle-Ability (Sat) R2	K1	200	F1
96	17:52	Paddle-Ability (Sat) R2	K1	200	F2
97	18:00	Men Senior/U23	K1	200	F1
98	18:04	Men Senior/U23	K1	200	F2
99	18:12	Boys U18	K1	200	F1
100	18:16	Boys U18	K1	200	F2

## Sunday

07:15	Course opens
07:30	Warm-up period opens
07:45	Warm-up period closes

101	08:00	Boys A-C	K4	500	F
102	08:04	Men C	K1	500	H1
103	08:08	Men C	K1	500	H2
104	08:12	Boys U18	K1	500	H1
105	08:16	Boys U18	K1	500	H2
106	08:20	Boys U18	K1	500	H3
107	08:24	Boys U18	K1	500	H4
108	08:32	Men Senior/U23	K1	500	H1
109	08:36	Men Senior/U23	K1	500	H2
110	08:40	Men Senior/U23	K1	500	H3
111	08:44	Men Senior/U23	K1	500	H4
112	08:48	Canoe Men Senior/U23 + Boys U18/16	C1	500	F
113	08:52	Mini Sprint A	K4	500	F
114	08:56	Paddle-Ability (Sun) R1	K1	500	F
115	09:04	Men B	K1	500	F
116	09:08	Men C	K1	500	F
117	09:12	Boys A/B	K1	500	H1
118	09:16	Boys A/B	K1	500	H2
119	09:28	Girls U18	K1	1000	H1
120	09:32	Girls U18	K1	1000	H2
121	09:36	Women Senior/U23	K1	1000	H1
122	09:40	Women Senior/U23	K1	1000	H2
123	09:44	Women Senior/U23	K1	1000	H3
124	09:48	Girls A/B + Canoe Women/Girls A/B	C1	1000	F
125	09:52	Women A-D	K2	1000	F
126	10:04	Boys U18	K1	500	F1
127	10:08	Boys U18	K1	500	F2
128	10:16	Men Senior/U23	K1	500	F1
129	10:20	Men Senior/U23	K1	500	F2
130	10:24	Boys A/B	K1	500	F
131	10:28	Men A-D	K4	500	F
132	10:32	Paddle-Ability (Sun) R2	K1	500	F

133	10:48	Boys D	K1	200	H1
134	10:52	Boys D	K1	200	H2
135	10:56	Boys D	K1	200	H3
136	11:00	Boys D	K1	200	H4
137	11:04	Boys C	K1	200	H1
138	11:08	Boys C	K1	200	H2
139	11:16	Girls D	K1	200	H1
140	11:20	Girls D	K1	200	H2
141	11:24	Girls D	K1	200	H3
142	11:28	Mini Sprint A	K4	200	F
143	11:40	Girls U18	K1	1000	F
144	11:44	Women Senior/U23	K1	1000	F1
145	11:48	Women Senior/U23	K1	1000	F2
146	11:52	Girls A-C	K2	1000	F
147	11:56	Women B/C	K1	1000	F
148	12:08	Men D	K1	200	F
149	12:12	Boys D	K1	200	F1
150	12:16	Boys D	K1	200	F2
151	12:20	Boys C	K1	200	F
152	12:24	Girls D	K1	200	F1
153	12:28	Girls D	K1	200	F2
154	12:44	Men A-C	K1	5000	F
155	13:12	Women D	K1	200	F
156	13:16	Boys D	K4	200	F
157	13:20	Boys C	K4	200	F
158	13:24	Para Men VL1-3 R1	C1	200	F
159	13:28	Para Women VL3 R1	C1	200	F
160	13:32	Girls C	K1	200	F
161	13:40	Women A-C	K1	5000	F
162	13:44	Canoe Women/Girls A-C	C1	5000	F
163	14:16	Boys D	K2	200	H1
164	14:20	Boys D	K2	200	H2
165	14:24	Girls D	K4	200	F
166	14:32	Boys A-C	K1	5000	F
167	15:04	Girls A-C	K1	5000	F
168	15:36	Mini Sprint A/B	K2	200	F
169	15:40	Boys D	K2	200	F
170	15:44	Para Men VL1-3 R2	C1	200	F
171	15:48	Para Women VL3 R2	C1	200	F
172	15:52	Girls D	K2	200	F

## Social media

Why not subscribe to our Instagram account, **canoespritUK**, or Twitter account, **canoespritUK**, where we'll be sharing sprint-related photos and videos going forward.

Please use the following hashtags alongside any photos or videos that you publish on social media ahead of, during, and after the National Regattas.

Hashtags      #nottsregatta      #canoesprintlegends

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## Clubs Competing

The following clubs and squads are competing at this regatta:

ID	Club	Team Leader
4AS	4As Newark	Julie Gray
ADS	Addlestone Canoe Club	Chris Bowles
ANK	Anker Valley	Gordon Riley
BAN	Banbury and District Canoe Club	Mark Lerner
BCC	Belfast Canoe Club	Afton Fitzhenry
BPR	Burton Phoenix Racers	Bill Lawrenson
BSF	Bishops Stortford	Rich Winstanley
CAM	Cambridge Canoe Club	Nicola Heim
CDF	Cardiff Bay Kayakers	Matthew Robinson
CLM	Chelmsford Canoe Club	TBC
DEV	Devizes Canoe Club	Trevor Hunter
ELM	Elmbridge Canoe Club	Zak Benstead
ESK	Edinburgh Schools Kayak Club	Marianne Patrick
EXE	Exeter Canoe Club	Richard Bullock
FLA	Fladbury Paddle Club	Steve Train
FOX	Falcon (Oxford)	Kurt Ayrán
FOY	Fowey River Canoe Club	Pete Wilkes
GAI	Gailey Canoe Club	Simon Eskriett
GLW	Glasgow Kayak Club	Adam Rzepiński & Natasha Lawton
LBZ	Leighton Buzzard Canoe Club	Catherine Sanderson
LIN	Lincoln Canoe Club	Michelle Andrews
LKR	Linlithgow Kayak Racing	Derek Marshall
NOR	Norwich Canoe Club	TBC
NOT	Nottingham Kayak Club	Louise Maloney
PAR	Paracanoe GB	Steve Train
RDG	Reading Canoe Club	Julia Mazur/Erika Hutchison
RIC	Richmond Canoe Club	Gabor Szeltner
RLS	Royal Leamington Spa	Emma Miles
ROY	Royal Canoe Club	Denise DeBillio (Sat)/Keith Holt (Sun)
SLP	Salmon Leap Canoe Club	Ollie Clarke & Tom Egan
SOL	Solihull Canoe Club	Tom Lusty
SOU	Southampton Canoe Club	James Hinves
SPS	Scottish Performance Squad	John Lewis & Maddy Jennings
TRE	Trentham Canoe Club	Galin Montgomery
WEY	Wey Kayak Club	Paul Dimmock
WOL	Wolverhampton Canoe Club	Chelsea Brookes
WOR	Worcester Canoe Club	Steve Green


## 1: H1 K1 Men C 1000

12.04.2025 09:04

<b>1</b>		
<b>2</b>	William Larnar (19)	BAN
<b>3</b>	David Pringle (45)	SLP
<b>4</b>	Joseph Ellis (20)	BAN
<b>5</b>	Fletcher Cramer (19)	SOU

<b>6</b>	Colin Caffrey (47)	SLP
<b>7</b>	Leon Dixon (20)	LBZ
<b>8</b>	Aidan Teeuwen (19)	RDG
<b>9</b>	Joao Spinola (36)	BSF

 9 BT in Heats 1-2 to Final

 H1: 09:04 > H2: 09:08 > F: 10:08


## 2: H2 K1 Men C 1000

12.04.2025 09:08

<b>1</b>		
<b>2</b>	Tom Mableson (19)	EXE
<b>3</b>	Kal Kinser (22)	BAN
<b>4</b>	Oliver Jackson (22)	LIN
<b>5</b>	Tate Morrison (20)	WEY

<b>6</b>	Eddie Martin (57)	SLP
<b>7</b>	Richard Winstanley (41)	BSF
<b>8</b>	Andris Grauss (36)	BPR
<b>9</b>	Peter Skinner (20)	RDG

 9 BT in Heats 1-2 to Final

 H1: 09:04 > H2: 09:08 > F: 10:08

## 3: F K1 Men B 1000

12.04.2025 09:12

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	Lochie Lovell (19)	WOR
<b>5</b>	Ben Higgins (20)	SLP

<b>6</b>	Zak Benstead (24)	ELM
<b>7</b>	Shaune Walsh (39)	NOT
<b>8</b>		
<b>9</b>		

 F: 09:12

## 4: F K1 Boys B 1000

12.04.2025 09:16

<b>1</b>	Cassian Payne (18)	CLM
<b>2</b>	Matteo Selini (16)	RIC
<b>3</b>	Jack Niland (18)	FOX
<b>4</b>	Conrad Packer (16)	RDG
<b>5</b>	Marcell Nagy (16)	RDG

<b>6</b>	Aeron Murphy (17)	RLS
<b>7</b>	Matteo Bose (15)	CLM
<b>8</b>	Sam Sparks (16)	RLS
<b>9</b>	Max Prins-Mills (18)	RDG


 F: 09:16

## 5: F K2 Boys C 1000

12.04.2025 09:20

<b>1</b>	F. Meredith   F. Taylor	ELM   ELM
<b>2</b>	F. Lovell   A. Prokhyra	WOR   GLW
<b>3</b>	B. Eskriett   F. Johnson	GAI   DEV
<b>4</b>	M. Pyrz   A. Solecki	SPS   GLW
<b>5</b>	E. Bates   W. Shanks	LBZ   RIC

<b>6</b>	G. Lewis   E. Roberts	CDF   CDF
<b>7</b>	D. Barnett   O. O'Keeffe	RDG   WEY
<b>8</b>	L. De Bilio   L. Smith	ROY   WOR
<b>9</b>	H. Hartland   L. Mason	BAN   DEV

 F: 09:20


## 6: H1 K1 Boys U18 1000

Selection Race 12.04.2025 09:28

<b>1</b>	Isaac Popham-Coveley (17)	FOX
<b>2</b>	Arthur Hunter-Hopkins (16)	DEV
<b>3</b>	Sam Stevely (18)	SPS
<b>4</b>	Will Stevely (18)	SPS
<b>5</b>	Philippe Ehrnrooth (18)	DEV

<b>6</b>	Will Short (18)	ELM
<b>7</b>	Sean Smyth (17)	SLP
<b>8</b>	Szymon Sroka (17)	SPS
<b>9</b>	Malachi Grant (16)	NOT

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 09:28 > H2: 09:32 > H3: 09:36 > F1: 11:36 > F2: 11:40

## 7: H2 K1 Boys U18 1000

Selection Race 12.04.2025 09:32

<b>1</b>		
<b>2</b>	Henry Pitt (16)	ROY
<b>3</b>	Joshua Guerrreiro (17)	RIC
<b>4</b>	Rory Strachan (18)	SPS
<b>5</b>	Sean Butterly (17)	SLP

<b>6</b>	Sam Dickson (17)	FOX
<b>7</b>	Sam Patterson (18)	SPS
<b>8</b>	Tyler Kinder (17)	RDG
<b>9</b>	Ewan Bates (16)	LBZ

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 09:28 &gt; H2: 09:32 &gt; H3: 09:36 &gt; F1: 11:36 &gt; F2: 11:40

## 8: H3 K1 Boys U18 1000

Selection Race 12.04.2025 09:36

<b>1</b>		
<b>2</b>	Tom Patterson (16)	SPS
<b>3</b>	Freddy Fowler-Rimell (16)	WOR
<b>4</b>	Conor Donnellan (18)	SLP
<b>5</b>	Toby Bullock (18)	EXE

<b>6</b>	Tom Hatton (17)	RIC
<b>7</b>	Tymur Rudnyev (18)	RDG
<b>8</b>	Alexander Worgan (18)	RIC
<b>9</b>	Sean Noud (16)	SLP

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 09:28 &gt; H2: 09:32 &gt; H3: 09:36 &gt; F1: 11:36 &gt; F2: 11:40

## 9: H1 K1 Men Senior/U23 1000

Selection Race 12.04.2025 09:44

<b>1</b>		
<b>2</b>	Lochie Lovell (19)	WOR
<b>3</b>	Toby Booth (22)	NOR
<b>4</b>	Xavier Hinves (22)	SOU
<b>5</b>	Daniel Johnson (31)	NOT

<b>6</b>	Philip Miles (24)	RLS
<b>7</b>	Gabriel Popham-Coveley (20)	NOT
<b>8</b>	Harry Sewell-Catchpole (19)	NOR
<b>9</b>	Andre Hinves (19)	SOU

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 09:44 &gt; H2: 09:48 &gt; H3: 09:52 &gt; F1: 11:44 &gt; F2: 11:48

## 10: H2 K1 Men Senior/U23 1000

Selection Race 12.04.2025 09:48

<b>1</b>		
<b>2</b>	Paul Donnellan (21)	SLP
<b>3</b>	Ivan Barritt (20)	WEY
<b>4</b>	Sam Cribbett (20)	NOT
<b>5</b>	Matthew Collinge (25)	FOY

<b>6</b>	Benjamin Cabrera (21)	FOY
<b>7</b>	Stuart Bristow (29)	ROY
<b>8</b>	Ben Shipway (20)	SOU
<b>9</b>	Michael Motha (21)	ADS

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 09:44 &gt; H2: 09:48 &gt; H3: 09:52 &gt; F1: 11:44 &gt; F2: 11:48

## 11: H3 K1 Men Senior/U23 1000

Selection Race 12.04.2025 09:52

<b>1</b>		
<b>2</b>	Harvey Grant (21)	RIC
<b>3</b>	Lewis Smith (22)	ROY
<b>4</b>	Ronan Foley (25)	SLP
<b>5</b>	Matthew Johnson (29)	NOT

<b>6</b>	Tom Lusty (31)	SOL
<b>7</b>	Nathaniel Lamb (19)	SOU
<b>8</b>	James How (25)	NOR
<b>9</b>		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 09:44 &gt; H2: 09:48 &gt; H3: 09:52 &gt; F1: 11:44 &gt; F2: 11:48

## 12: F C1 Canoe Men Senior/U23 + Boys U18/16 1000

Selection Race 12.04.2025 10:00

<b>1</b>		
<b>2</b>	Sviatoslav Shnaider (20)	GLW
<b>3</b>	George Bell (22)	FLA
<b>4</b>		
<b>5</b>	Thomas Lambert (24)	LIN

<b>6</b>		
<b>7</b>		
<b>8</b>	Andrew Elliott (18)	RIC
<b>9</b>	Oscar Laws (18)	RIC

F: 10:00



## 13: F K1 Men C 1000

12.04.2025 10:08

**1****2****3****4****5****6****7****8****9**

H1: 09:04 &gt; H2: 09:08 &gt; F: 10:08

## 14: H1 K1 Girls D 500

12.04.2025 10:24

**1****2** Claire Guest (17)

SLP

**3** Lexi Small (13)

WOL

**4** Lydia Khan (14)

NOT

**5** Scarlett Yates (17)

GAI

**6** Audrey Long (14)

GLW

**7** Keira Hudson (15)

BAN

**8** Edith Smerdon (13)

CLM

**9** Georgia Seamer (16)

RLS



9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2



H1: 10:24 &gt; H2: 10:28 &gt; H3: 10:32 &gt; F1: 12:08 &gt; F2: 12:12

## 15: H2 K1 Girls D 500

12.04.2025 10:28

**1****2** Adriana De Bilio (12)

ROY

**3** Eva Mcaulay (17)

NOR

**4** Sofia Kowal (13)

GLW

**5** Lucy Wickenden (14)

BAN

**6** Emily Roche (18)

SLP

**7** Molly Bates (15)

RIC

**8** Maya Duran (14)

ESK

**9**

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2



H1: 10:24 &gt; H2: 10:28 &gt; H3: 10:32 &gt; F1: 12:08 &gt; F2: 12:12

## 16: H3 K1 Girls D 500

12.04.2025 10:32

**1****2** Aditi Schneiders (14)

ESK

**3** Emily Donnellan (15)

SLP

**4** Lexi Jones (13)

NOT

**5** Caoilin Caffrey (14)

SLP

**6** Sophie Weckowska (13)

GLW

**7** Isabella Quaglia Stegmann (15)

CAM

**8** Leila Gohar (14)

RIC

**9**

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2



H1: 10:24 &gt; H2: 10:28 &gt; H3: 10:32 &gt; F1: 12:08 &gt; F2: 12:12

## 17: H1 K1 Girls U18 500

Selection Race 12.04.2025 10:36

**1****2** Ciara Maloney (17)

NOT

**3** Lucy Cullen (18)

SLP

**4** Charlotte Fulford (17)

RDG

**5** Annie Bates (17)

RIC

**6** Sophie Dunlop (18)

ELM

**7** Sienna Green (16)

WOL

**8** Zoe Herriot (17)

SPS

**9** Jasmine Sargeant (17)

NOR



1st-3rd + 3 BT to Final



H1: 10:36 &gt; H2: 10:40 &gt; F: 13:16

## 18: H2 K1 Girls U18 500

Selection Race 12.04.2025 10:40

**1****2** Alicja Pyrz (18)

SPS

**3** Hannah Toovey (17)

SPS

**4** Matilda Burton (15)

ELM

**5** Kamila Sklenarova (18)

NOR

**6** Dianora De Bilio (16)

ROY

**7** Frankie Scrivener (18)

FOX

**8** Elsie Landsborough (17)

NOT

**9** Sadb Shannon (17)

SLP



1st-3rd + 3 BT to Final



H1: 10:36 &gt; H2: 10:40 &gt; F: 13:16

## 19: H1 K1 Women Senior/U23 500

Selection Race 12.04.2025 10:48

<b>1</b>		
<b>2</b>	Emma Christie (21)	NOT
<b>3</b>	Elise Montagna (22)	ROY
<b>4</b>	Abi Burgess (26)	WEY
<b>5</b>	Deborah Kerr (28)	ANK

<b>6</b>	Lucy Lee-Smith (28)	NOR
<b>7</b>	Lucy Guest (23)	NOT
<b>8</b>	Grace Anderson (22)	NOR
<b>9</b>	Milly Pepper (20)	LIN

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; F1: 13:20 &gt; F2: 13:24

## 20: H2 K1 Women Senior/U23 500

Selection Race 12.04.2025 10:52

<b>1</b>		
<b>2</b>	Edith King (20)	ROY
<b>3</b>	Jessica Urquhart (22)	NOT
<b>4</b>	Amy Green (21)	WOR
<b>5</b>	Emily Lewis (32)	WOR

<b>6</b>	Kristina Armstrong (20)	SPS
<b>7</b>	Katie Pocklington (22)	NOT
<b>8</b>	Mollie Ball (19)	DEV
<b>9</b>		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; F1: 13:20 &gt; F2: 13:24

## 21: H3 K1 Women Senior/U23 500

Selection Race 12.04.2025 10:56

<b>1</b>		
<b>2</b>	Annabel Hutchinson (19)	RDG
<b>3</b>	Katie Brookes (23)	WOR
<b>4</b>	Melissa Johnson (28)	NOT
<b>5</b>	Emma Russell (25)	CLM

<b>6</b>	Zoe Clark (24)	ROY
<b>7</b>	Nerys Hall (20)	WEY
<b>8</b>	Kerry Christie (22)	NOT
<b>9</b>		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; F1: 13:20 &gt; F2: 13:24

## 22: F C1 Canoe Women Senior/U23 + Girls U18/16 500

Selection Race 12.04.2025 11:04

<b>1</b>		
<b>2</b>		
<b>3</b>	Anna Palmer (28)	RDG
<b>4</b>	Afton Fitzhenry (30)	BCC
<b>5</b>	Bethany Gill (29)	NOT

<b>6</b>		
<b>7</b>		
<b>8</b>	Bella Keane (16)	RIC
<b>9</b>		

F: 11:04

## 23: F K4 Boys D 500

12.04.2025 11:12

<b>1</b>		
<b>2</b>		
<b>3</b>	T. McElhannan   G. Otugo P. Slizowski   T. Zorawski	WOR   GLW GLW   GLW
<b>4</b>	M. Anderson   K. Ayran S. Bartram   J. Kirtland	LBZ   FOX CDF   BSF
<b>5</b>	I. Belov-McDowell   R. Haraszti J. Lin   D. Macken	SLP   SLP SLP   SLP

<b>6</b>	E. Foulger   A. Golder E. Grant   J. Maloney	NOT   NOT NOT   NOT
<b>7</b>	M. Barat-Farkas   W. Bowles-Trow W. Carrington   D. Dunlop	ELM   ADS NOR   ELM
<b>8</b>	F. Barnett   L. Mason J. Morgan   J. Wade	RDG   DEV RDG   RDG
<b>9</b>		

F: 11:12

## 24: F K2 Boys A/B 1000

12.04.2025 11:24

<b>1</b>		
<b>2</b>	P. Ehrnrooth   A. Hunter-Hopkins	DEV   DEV
<b>3</b>	M. Grant   J. Niland	NOT   FOX
<b>4</b>	S. Butterly   S. Smyth	SLP   SLP
<b>5</b>	F. Heard   O. Mazur	EXE   RDG

<b>6</b>	W. Short   A. Worgan	ELM   RIC
<b>7</b>	M. Nagy   T. Rudnyev	RDG   RDG
<b>8</b>	C. Packer   M. Prins-Mills	RDG   RDG
<b>9</b>		

F: 11:24



## 25: F K2 Men A-D 1000

12.04.2025 11:28

<b>1</b>	K. Kinser   W. Larnar	BAN   BAN
<b>2</b>	D. Long   M. Tennant	FOX   FOX
<b>3</b>	H. Blackman   D. Sillito	BPR   BPR
<b>4</b>	P. Skinner   A. Teeuwen	RDG   RDG
<b>5</b>	T. Mablesen   J. Perry	EXE   BAN

<b>6</b>	F. Cramer   L. Lovell	SOU   WOR
<b>7</b>	C. Caffrey   J. Toomey	SLP   SLP
<b>8</b>	L. Dixon   J. Ellis	LBZ   BAN
<b>9</b>	J. Spinola   R. Winstanley	BSF   BSF

🕒 F: 11:28

## 26: F1 K1 Boys U18 1000

Selection Race 12.04.2025 11:36

<b>1</b>
<b>2</b>
<b>3</b>
<b>4</b>
<b>5</b>

<b>6</b>
<b>7</b>
<b>8</b>
<b>9</b>

🕒 H1: 09:28 &gt; H2: 09:32 &gt; H3: 09:36 &gt; F1: 11:36 &gt; F2: 11:40

## 27: F2 K1 Boys U18 1000

Selection Race 12.04.2025 11:40

<b>1</b>
<b>2</b>
<b>3</b>
<b>4</b>
<b>5</b>

<b>6</b>
<b>7</b>
<b>8</b>
<b>9</b>

🕒 H1: 09:28 &gt; H2: 09:32 &gt; H3: 09:36 &gt; F1: 11:36 &gt; F2: 11:40

## 28: F1 K1 Men Senior/U23 1000

Selection Race 12.04.2025 11:44

<b>1</b>
<b>2</b>
<b>3</b>
<b>4</b>
<b>5</b>

<b>6</b>
<b>7</b>
<b>8</b>
<b>9</b>

🕒 H1: 09:44 &gt; H2: 09:48 &gt; H3: 09:52 &gt; F1: 11:44 &gt; F2: 11:48

## 29: F2 K1 Men Senior/U23 1000

Selection Race 12.04.2025 11:48

<b>1</b>
<b>2</b>
<b>3</b>
<b>4</b>
<b>5</b>

<b>6</b>
<b>7</b>
<b>8</b>
<b>9</b>

🕒 H1: 09:44 &gt; H2: 09:48 &gt; H3: 09:52 &gt; F1: 11:44 &gt; F2: 11:48

## 30: F K2 Women A-D + Canoe Men/Boys C/D 500

12.04.2025 12:00

<b>1</b>	
<b>2</b>	A. Elliott   O. Laws
<b>3</b>	R. Jefferies   I. Johansson-Ward
<b>4</b>	H. Stephens   E. Wong
<b>5</b>	K. Caffrey   J. Guest

<b>6</b>	Z. Clark   L. Lee-Smith
<b>7</b>	N. Hall   B. Perry
<b>8</b>	O. Glennon   K. O Halloran
<b>9</b>	

🕒 F: 12:00

## 31: F1 K1 Girls D 500

12.04.2025 12:08

<b>1</b>
<b>2</b>
<b>3</b>
<b>4</b>
<b>5</b>

<b>6</b>
<b>7</b>
<b>8</b>
<b>9</b>

🕒 H1: 10:24 &gt; H2: 10:28 &gt; H3: 10:32 &gt; F1: 12:08 &gt; F2: 12:12

## 32: F2 K1 Girls D 500

12.04.2025 12:12


<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

 H1: 10:24 > H2: 10:28 > H3: 10:32 > F1: 12:08 > F2: 12:12

## 33: F K1 Girls C 500

12.04.2025 12:16


<b>1</b>	<b>6</b> Ava Wong (17)	CDF
<b>2</b>	<b>7</b> Phoebe Davison (18)	LIN
<b>3</b> Abigail Strachan (16)	<b>8</b> Estelle Widdows (18)	NOR
<b>4</b> Katie Luen-Twining (16)	<b>9</b>	
<b>5</b> Johanna Milbradt (16)		CAM

 F: 12:16

## 34: F K1 Girls A/B 500

12.04.2025 12:20


<b>1</b>	<b>6</b> Hannah Tristram (16)	RLS
<b>2</b>	<b>7</b> Izzy Ritchie (17)	WEY
<b>3</b> Madison Mckernan (15)	<b>8</b> Imogen Field (15)	ELM
<b>4</b> Matilda Burton (15)	<b>9</b>	
<b>5</b> Kyla Holt (16)		RIC


 F: 12:20

## 35: H1 K1 Boys D 500

12.04.2025 12:28

<b>1</b>	<b>6</b> Samuel Boughton (16)	RDG
<b>2</b> Marcell Barat-Farkas (12)	<b>7</b> William Bowles-Trow (15)	ADS
<b>3</b> Euan Standen (18)	<b>8</b> Luke Mason (14)	DEV
<b>4</b> Isaac Belov-McDowell (17)	<b>9</b> Evan Foulger (12)	NOT
<b>5</b> Jiahe Lin (16)		SLP


 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 12:28 > H2: 12:32 > H3: 12:36 > H4: 12:40 > F1: 14:16 > F2: 14:20

## 36: H2 K1 Boys D 500

12.04.2025 12:32

<b>1</b>	<b>6</b> Daniel Macken (17)	SLP
<b>2</b> Tymon Zorawski (14)	<b>7</b> William Shanks (16)	RIC
<b>3</b> Jack Wade (13)	<b>8</b> Daniel Dunlop (14)	ELM
<b>4</b> Evan Brewer (15)	<b>9</b> Robin Wickenden (12)	BAN
<b>5</b> William Carrington (14)		NOR


 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 12:28 > H2: 12:32 > H3: 12:36 > H4: 12:40 > F1: 14:16 > F2: 14:20

## 37: H3 K1 Boys D 500

12.04.2025 12:36

<b>1</b>	<b>6</b> Sol Bartram (14)	CDF
<b>2</b> Jack Morgan (14)	<b>7</b> Adam Golder (13)	NOT
<b>3</b> Gabriel Otugo (13)	<b>8</b> Knoah Ayrán (14)	FOX
<b>4</b> Jasper Kirtland (14)	<b>9</b> Eoin Roche (15)	SLP
<b>5</b> Finn Lovell (16)		WOR

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 12:28 > H2: 12:32 > H3: 12:36 > H4: 12:40 > F1: 14:16 > F2: 14:20




## 38: H4 K1 Boys D 500

12.04.2025 12:40

<b>1</b>		
<b>2</b>	Fergus Barnett (13)	RDG
<b>3</b>	Finnley Burton (15)	CDF
<b>4</b>	Tom McElhannan (14)	WOR
<b>5</b>	Robert Haraszti (17)	SLP

<b>6</b>	Piotr Slizowski (12)	GLW
<b>7</b>	Matthew Anderson (14)	LBZ
<b>8</b>	Elijah Grant (14)	NOT
<b>9</b>	Jamie Winstanley (15)	BSF

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 12:28 > H2: 12:32 > H3: 12:36 > H4: 12:40 > F1: 14:16 > F2: 14:20


## 39: H1 K1 Boys C 500

12.04.2025 12:44

<b>1</b>		
<b>2</b>	Finn Taylor (16)	ELM
<b>3</b>	Ewan Bates (16)	LBZ
<b>4</b>	Evyn Roberts (17)	CDF
<b>5</b>	Mikolaj Pyrz (15)	SPS

<b>6</b>	Adam Solecki (16)	GLW
<b>7</b>	Lorenzo De Bilio (15)	ROY
<b>8</b>	Jake Witek (16)	SLP
<b>9</b>	Henry Hartland (14)	BAN

 9 BT in Heats 1-2 to Final

 H1: 12:44 > H2: 12:48 > F: 14:24


## 40: H2 K1 Boys C 500

12.04.2025 12:48

<b>1</b>		
<b>2</b>	Ben Eskriett (16)	GAI
<b>3</b>	Finnley Meredith (14)	ELM
<b>4</b>	Henry Pitt (16)	ROY
<b>5</b>	Fred Johnson (17)	DEV

<b>6</b>	Anton Prokhyra (17)	GLW
<b>7</b>	Gethin Lewis (17)	CDF
<b>8</b>	Louis Smith (15)	WOR
<b>9</b>	Daniel Kromer (16)	RLS

 9 BT in Heats 1-2 to Final

 H1: 12:44 > H2: 12:48 > F: 14:24


## 41: H1 K1 Men D 500

12.04.2025 12:56

<b>1</b>		
<b>2</b>		
<b>3</b>	Jeff Toomey (54)	SLP
<b>4</b>	Dave Long (52)	FOX
<b>5</b>	Daniel Sillito (43)	BPR

<b>6</b>	Andrew Doran (56)	LIN
<b>7</b>	Finlay Stallard (19)	FLA
<b>8</b>	Joshua Perry (20)	BAN
<b>9</b>		

 9 BT in Heats 1-2 to Final

 H1: 12:56 > H2: 13:00 > F: 14:28


## 42: H2 K1 Men D 500

12.04.2025 13:00

<b>1</b>		
<b>2</b>		
<b>3</b>	Derek Marshall (69)	LKR
<b>4</b>	Peter Gorman (70)	WEY
<b>5</b>	Matt Tennant (36)	FOX

<b>6</b>	George Conroy (22)	FLA
<b>7</b>	Howard Blackman (60)	BPR
<b>8</b>		
<b>9</b>		

 9 BT in Heats 1-2 to Final


 H1: 12:56 > H2: 13:00 > F: 14:28

## 43: F1 K1 Paddle-Ability (Sat) R1 500

Paddle-Ability Series 12.04.2025 13:04

<b>1</b>		
<b>2</b>		
<b>3</b>	Matthew Baines (33)	4AS
<b>4</b>	Jacob Mansfield (23)	4AS
<b>5</b>	Ronan Chevalier (30)	SLP

<b>6</b>	Darren Kemp (37)	NOR
<b>7</b>	Shayne Dawson-Dymond (16)	WOL
<b>8</b>	Jacob Hage (22)	4AS
<b>9</b>		

 F1: 13:04 > F2: 13:08

## 44: F2 K1 Paddle-Ability (Sat) R1 500

Paddle-Ability Series 12.04.2025 13:08

<b>1</b>	
<b>2</b>	
<b>3</b>	Cassie Glaves (17) 4AS
<b>4</b>	William Bates (21) 4AS
<b>5</b>	Charlotte Creamer (36) LBZ

<b>6</b>	Summer Allen (18) RLS
<b>7</b>	Tom Price (24) RLS
<b>8</b>	William Towler (24) NOR
<b>9</b>	

🕒 F1: 13:04 &gt; F2: 13:08

## 45: F K1 Girls U18 500

Selection Race 12.04.2025 13:16

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	

🕒 H1: 10:36 &gt; H2: 10:40 &gt; F: 13:16

## 46: F1 K1 Women Senior/U23 500

Selection Race 12.04.2025 13:20

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	

🕒 H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; F1: 13:20 &gt; F2: 13:24

## 47: F2 K1 Women Senior/U23 500

Selection Race 12.04.2025 13:24

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	

🕒 H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; F1: 13:20 &gt; F2: 13:24

## 48: H1 K2 Girls C/D 500

12.04.2025 13:28

<b>1</b>	
<b>2</b>	
<b>3</b>	A. De Bilio   S. Yates ROY   GAI
<b>4</b>	S. Kowal   A. Long GLW   GLW
<b>5</b>	A. Smerdon   E. Smerdon CLM   CLM

<b>6</b>	L. Gohar   G. Seamer RIC   RLS
<b>7</b>	L. Khan   L. Small NOT   WOL
<b>8</b>	K. Hudson   L. Wickenden BAN   BAN
<b>9</b>	

🏠 9 BT in Heats 1-2 to Final

🕒 H1: 13:28 &gt; H2: 13:32 &gt; F: 14:36

## 49: H2 K2 Girls C/D 500

12.04.2025 13:32

<b>1</b>	
<b>2</b>	
<b>3</b>	J. Milbradt   E. Widdows CAM   NOR
<b>4</b>	M. Duran   A. Schneiders ESK   ESK
<b>5</b>	C. Caffrey   E. Donnellan SLP   SLP

<b>6</b>	L. Jones   E. Mcaulay NOT   NOR
<b>7</b>	K. Luen-Twining   A. Wong CDF   CDF
<b>8</b>	
<b>9</b>	

🏠 9 BT in Heats 1-2 to Final

🕒 H1: 13:28 &gt; H2: 13:32 &gt; F: 14:36



## 50: F K1 Mini Sprint A 500

Mini-Sprint Series 12.04.2025 13:40

<b>1</b>		
<b>2</b>	Conor Bates (11)	LBZ
<b>3</b>	Finn Noud (11)	SLP
<b>4</b>	Noel Barat-Farkas (10)	ELM
<b>5</b>	Oisin Caffrey (12)	SLP

<b>6</b>	Justyna Drobik (12)	GLW
<b>7</b>	Rupert Kirtland (12)	BSF
<b>8</b>	Ethan Noud (12)	SLP
<b>9</b>	Filip Slizowski (11)	GLW

🕒 F: 13:40

## 51: F K1 Mini Sprint B 500

Mini-Sprint Series 12.04.2025 13:44

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	Quinn Paris (10)	GLW
<b>5</b>	Allan Weckowski (11)	GLW

<b>6</b>	Kit Betteridge (11)	BAN
<b>7</b>		
<b>8</b>		
<b>9</b>		

🕒 F: 13:44

## 52: F K1 Women D 500

12.04.2025 13:48

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	Rachel Jefferies (26)	BPR
<b>5</b>	Isabelle Johansson-Ward (19)	LBZ

<b>6</b>	Karen Caffrey (48)	SLP
<b>7</b>	Jen Guest (19)	SLP
<b>8</b>		
<b>9</b>		

🕒 F: 13:48

## 53: F K1 Women B/C 500

12.04.2025 13:52

<b>1</b>		
<b>2</b>		
<b>3</b>	Alice Murphy (33)	NOT
<b>4</b>	Kate O Halloran (20)	SLP
<b>5</b>	Orla Glennon (19)	SLP

<b>6</b>	Hannah Stephens (24)	CDF
<b>7</b>	Evie Wong (21)	CDF
<b>8</b>	Beth Perry (19)	WEY
<b>9</b>		

🕒 F: 13:52

## 54: F K2 Men A/B 500

12.04.2025 14:00

<b>1</b>	F. Cramer   L. Lovell	SOU   WOR
<b>2</b>	F. Holt   M. Motha	RIC   ADS
<b>3</b>	B. Cabrera   T. Holland	FOY   WEY
<b>4</b>	H. Grant   L. Smith	RIC   ROY
<b>5</b>	H. Cooke-Bayley   H. Singleton	NOT   NOT

<b>6</b>	X. Hinves   G. Popham-Coveley	SOU   NOT
<b>7</b>	T. Booth   H. Sewell-Catchpole	NOR   NOR
<b>8</b>	P. Donnellan   C. Harris	SLP   SLP
<b>9</b>	I. Barritt   N. Lamb	WEY   SOU

🕒 F: 14:00

## 55: H1 K2 Boys A/B 500

12.04.2025 14:04

<b>1</b>		
<b>2</b>		
<b>3</b>	F. Heard   O. Mazur	EXE   RDG
<b>4</b>	W. Short   A. Worgan	ELM   RIC
<b>5</b>	M. Grant   J. Niland	NOT   FOX

<b>6</b>	S. Dickson   T. Kinder	FOX   RDG
<b>7</b>	G. Hampton   C. Payne	CLM   CLM
<b>8</b>		
<b>9</b>		


🏁 1st-3rd + 3 BT to Final


🕒 H1: 14:04 &gt; H2: 14:08 &gt; F: 15:28

## 56: H2 K2 Boys A/B 500

12.04.2025 14:08

<b>1</b>		
<b>2</b>		
<b>3</b>	P. Ehrnrooth   A. Hunter-Hopkins	DEV   DEV
<b>4</b>	C. Packer   M. Prins-Mills	RDG   RDG
<b>5</b>	S. Butterly   S. Smyth	SLP   SLP

 1st-3rd + 3 BT to Final

 H1: 14:04 > H2: 14:08 > F: 15:28


<b>6</b>	M. Nagy   T. Rudnyev	RDG   RDG
<b>7</b>	I. Popham-Coveley   S. Sparks	FOX   RLS
<b>8</b>		
<b>9</b>		

## 57: F1 K1 Boys D 500

12.04.2025 14:16

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	


 H1: 12:28 > H2: 12:32 > H3: 12:36 > H4: 12:40 > F1: 14:16 > F2: 14:20

## 58: F2 K1 Boys D 500

12.04.2025 14:20

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	


 H1: 12:28 > H2: 12:32 > H3: 12:36 > H4: 12:40 > F1: 14:16 > F2: 14:20

## 59: F K1 Boys C 500

12.04.2025 14:24

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	


 H1: 12:44 > H2: 12:48 > F: 14:24

## 60: F K1 Men D 500

12.04.2025 14:28

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	


 H1: 12:56 > H2: 13:00 > F: 14:28

## 61: F K2 Girls A/B 500

12.04.2025 14:32

<b>1</b>	R. Shephard   H. Tristram	RDG   RLS
<b>2</b>	S. Green   K. Holt	WOL   RIC
<b>3</b>	Z. Herriot   A. Pyrz	SPS   SPS
<b>4</b>	I. Field   M. Mckernan	ELM   ELM
<b>5</b>	M. Burton   S. Dunlop	ELM   ELM

<b>6</b>	F. Scrivener   K. Sklenarova	FOX   NOR
<b>7</b>	L. Cullen   S. Shannon	SLP   SLP
<b>8</b>	J. Sargeant   A. Strachan	NOR   GLW
<b>9</b>	E. Landsborough   C. Maloney	NOT   NOT

 F: 14:32

## 62: F K2 Girls C/D 500

12.04.2025 14:36

<b>1</b>	<b>6</b>
<b>2</b>	<b>7</b>
<b>3</b>	<b>8</b>
<b>4</b>	<b>9</b>
<b>5</b>	

🕒 H1: 13:28 &gt; H2: 13:32 &gt; F: 14:36

## 63: F1 K1 Paddle-Ability (Sat) R2 500

Paddle-Ability Series 12.04.2025 14:40

<b>1</b>	<b>6</b> Jacob Hage (22)	4AS
<b>2</b>	<b>7</b> Ronan Chevalier (30)	SLP
<b>3</b> Oliver Klumpler (16)	<b>8</b>	
<b>4</b> Matthew Baines (33)	<b>9</b>	
<b>5</b> Jacob Mansfield (23)		

🕒 F1: 14:40 &gt; F2: 14:44

## 64: F2 K1 Paddle-Ability (Sat) R2 500

Paddle-Ability Series 12.04.2025 14:44

<b>1</b>	<b>6</b> Summer Allen (18)	RLS
<b>2</b>	<b>7</b> Cassie Glaves (17)	4AS
<b>3</b> William Bates (21)	<b>8</b>	
<b>4</b> Tom Price (24)	<b>9</b>	
<b>5</b> Charlotte Creamer (36)		

🕒 F1: 14:40 &gt; F2: 14:44

## 65: F K1 Para Men KL2/3 R1 200

Selection Race 12.04.2025 15:00

<b>1</b>	<b>6</b> Jon Tarrant (36)	RLS
<b>2</b>	<b>7</b> Charlie Knowlden (22)	RLS
<b>3</b> Jonathan White (42)	<b>8</b>	
<b>4</b> Dave Phillipson (36)	<b>9</b>	
<b>5</b> Robert Oliver (37)		

🕒 F: 15:00

## 66: F K1 Para Women KL2/3 R1 200

Selection Race 12.04.2025 15:04

<b>1</b>	<b>6</b> Charlotte Henshaw (38)	PAR
<b>2</b>	<b>7</b>	
<b>3</b> Lindsay Thorpe (32)	<b>8</b>	
<b>4</b> Laura Sugar (34)	<b>9</b>	
<b>5</b> Hope Gordon (31)		

🕒 F: 15:04

## 67: F C1 Canoe Men Senior/U23 + Boys U18/16 200

Selection Race 12.04.2025 15:08

<b>1</b>			<b>6</b>		
<b>2</b>	Sviatoslav Shnaider (20)	GLW	<b>7</b>		
<b>3</b>	George Bell (22)	FLA	<b>8</b>	Andrew Elliott (18)	RIC
<b>4</b>			<b>9</b>	Oscar Laws (18)	RIC
<b>5</b>	Thomas Lambert (24)	LIN			

🕒 F: 15:08

## 68: F C1 Canoe Women Senior/U23 + Girls U18/16 200

Selection Race 12.04.2025 15:16

<b>1</b>			<b>6</b>		
<b>2</b>			<b>7</b>		
<b>3</b>	Anna Palmer (28)	RDG	<b>8</b>	Bella Keane (16)	RIC
<b>4</b>	Afton Fitzhenry (30)	BCC	<b>9</b>		
<b>5</b>	Bethany Gill (29)	NOT			

🕒 F: 15:16

## 69: F K2 Boys A/B 500

12.04.2025 15:28

<b>1</b>
<b>2</b>
<b>3</b>
<b>4</b>
<b>5</b>

<b>6</b>
<b>7</b>
<b>8</b>
<b>9</b>

H1: 14:04 &gt; H2: 14:08 &gt; F: 15:28

## 70: F K2 Boys C 500

12.04.2025 15:32

<b>1</b>	F. Meredith   F. Taylor	ELM   ELM
<b>2</b>	B. Eskriett   F. Johnson	GAI   DEV
<b>3</b>	D. Barnett   O. O'Keeffe	RDG   WEY
<b>4</b>	F. Lovell   A. Prokhyra	WOR   GLW
<b>5</b>	H. Hartland   L. Mason	BAN   DEV

<b>6</b>	L. De Bilio   L. Smith	ROY   WOR
<b>7</b>	E. Bates   W. Shanks	LBZ   RIC
<b>8</b>	G. Lewis   E. Roberts	CDF   CDF
<b>9</b>	M. Pyrz   A. Solecki	SPS   GLW

F: 15:32

## 71: F K2 Men C/D 500

12.04.2025 15:36

1		
2	D. Long   M. Tennant	FOX   FOX
3	P. Skinner   A. Teeuwen	RDG   RDG
4	K. Kinser   W. Larner	BAN   BAN
5	L. Dixon   J. Ellis	LBZ   BAN

<b>6</b>	C. Caffrey   J. Toomey	SLP   SLP
<b>7</b>	T. Mablesen   J. Perry	EXE   BAN
<b>8</b>	J. Spinola   R. Winstanley	BSF   BSF
<b>9</b>	H. Blackman   D. Sillito	BPR   BPR

F: 15:36

## 72: F K4 Women A-D + Girls A-C 500

12.04.2025 15:40

1		
2		
3		
4	M. Burton   S. Dunlop	ELM   ELM
	I. Field   M. Mckernan	ELM   ELM
5	E. Landsborough   C. Maloney	NOT   NOT
	J. Sargeant   H. Tristram	NOR   RLS

6	S. Green   Z. Herriot	WOL   GLW
	A. Pyrz   I. Ritchie	GLW   WEY
7	K. Caffrey   O. Glennon	SLP   SLP
	J. Guest   K. O Halloran	SLP   SLP
8		
9		

F: 15:40

## 73: H1 K1 Girls U18 200

Selection Race 12.04.2025 15:56

<b>1</b>		
<b>2</b>	Sienna Green (16)	WOL
<b>3</b>	Alicja Pyrz (18)	SPS
<b>4</b>	Ciara Maloney (17)	NOT
<b>5</b>	Dianora De Bilio (16)	ROY

<b>6</b>	Charlotte Fulford (17)	RDG
<b>7</b>	Jasmine Sargeant (17)	NOR
<b>8</b>	Frankie Scrivener (18)	FOX
<b>9</b>	Lucy Cullen (18)	SLP

1st-3rd + 3 BT to Final

H1: 15:56 &gt; H2: 16:00 &gt; F: 17:36

## 74: H2 K1 Girls U18 200

Selection Race 12.04.2025 16:00

<b>1</b>		
<b>2</b>	Matilda Burton (15)	ELM
<b>3</b>	Sadb Shannon (17)	SLP
<b>4</b>	Zoe Herriot (17)	SPS
<b>5</b>	Annie Bates (17)	RIC

<b>6</b>	Kamila Sklenarova (18)	NOR
<b>7</b>	Elsie Landsborough (17)	NOT
<b>8</b>	Phoebe Davison (18)	LIN
<b>9</b>	Hannah Toovey (17)	SPS

1st-3rd + 3 BT to Final

H1: 15:56 &gt; H2: 16:00 &gt; F: 17:36




## 75: H1 K1 Women Senior/U23 200

Selection Race 12.04.2025 16:04

<b>1</b>		
<b>2</b>	Edith King (20)	ROY
<b>3</b>	Annabel Hutchinson (19)	RDG
<b>4</b>	Abi Burgess (26)	WEY
<b>5</b>	Emily Lewis (32)	WOR

<b>6</b>	Kristina Armstrong (20)	SPS
<b>7</b>	Lucy Guest (23)	NOT
<b>8</b>	Jessica Urquhart (22)	NOT
<b>9</b>	Katie Brookes (23)	WOR

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 16:04 > H2: 16:08 > H3: 16:12 > F1: 17:40 > F2: 17:44


## 76: H2 K1 Women Senior/U23 200

Selection Race 12.04.2025 16:08

<b>1</b>		
<b>2</b>	Evie Wong (21)	CDF
<b>3</b>	Mollie Ball (19)	DEV
<b>4</b>	Amy Green (21)	WOR
<b>5</b>	Deborah Kerr (28)	ANK

<b>6</b>	Zoe Clark (24)	ROY
<b>7</b>	Elise Montagna (22)	ROY
<b>8</b>	Milly Pepper (20)	LIN
<b>9</b>	Emma Christie (21)	NOT

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 16:04 > H2: 16:08 > H3: 16:12 > F1: 17:40 > F2: 17:44


## 77: H3 K1 Women Senior/U23 200

Selection Race 12.04.2025 16:12

<b>1</b>		
<b>2</b>	Hannah Stephens (24)	CDF
<b>3</b>	Kerry Christie (22)	NOT
<b>4</b>	Katie Pocklington (22)	NOT
<b>5</b>	Lucy Lee-Smith (28)	NOR

<b>6</b>	Emma Russell (25)	CLM
<b>7</b>	Melissa Johnson (28)	NOT
<b>8</b>	Grace Anderson (22)	NOR
<b>9</b>		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 16:04 > H2: 16:08 > H3: 16:12 > F1: 17:40 > F2: 17:44

## 78: F1 K1 Paddle-Ability (Sat) R1 200

Paddle-Ability Series 12.04.2025 16:16

<b>1</b>		
<b>2</b>		
<b>3</b>	Darren Kemp (37)	NOR
<b>4</b>	Jacob Mansfield (23)	4AS
<b>5</b>	Shayne Dawson-Dymond (16)	WOL

<b>6</b>	Ronan Chevalier (30)	SLP
<b>7</b>	Jacob Hage (22)	4AS
<b>8</b>	Matthew Baines (33)	4AS
<b>9</b>		


 F1: 16:16 > F2: 16:20

## 79: F2 K1 Paddle-Ability (Sat) R1 200

Paddle-Ability Series 12.04.2025 16:20

<b>1</b>		
<b>2</b>		
<b>3</b>	William Towler (24)	NOR
<b>4</b>	Charlotte Creamer (36)	LBZ
<b>5</b>	Summer Allen (18)	RLS

<b>6</b>	Cassie Graves (17)	4AS
<b>7</b>	William Bates (21)	4AS
<b>8</b>	Tom Price (24)	RLS
<b>9</b>		


 F1: 16:16 > F2: 16:20


## 80: H1 K1 Men Senior/U23 200

Selection Race 12.04.2025 16:28

<b>1</b>	Lewis Smith (22)	ROY
<b>2</b>	Leon Dixon (20)	LBZ
<b>3</b>	Gallin Montgomery (36)	TRE
<b>4</b>	Huw Singleton (19)	NOT
<b>5</b>	Tom Holland (23)	WEY

<b>6</b>	Tom Lusty (31)	SOL
<b>7</b>	Michael Motha (21)	ADS
<b>8</b>	Tate Morrison (20)	WEY
<b>9</b>	Zak Benstead (24)	ELM

 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

 H1: 16:28 > H2: 16:32 > H3: 16:36 > H4: 16:40 > F1: 18:00 > F2: 18:04

## 81: H2 K1 Men Senior/U23 200

Selection Race 12.04.2025 16:32

<b>1</b> Paul Donnellan (21)	SLP	<b>6</b> Philip Miles (24)	RLS
<b>2</b> Harvey Grant (21)	RIC	<b>7</b> Sam Cribbett (20)	NOT
<b>3</b> Nathaniel Lamb (19)	SOU	<b>8</b> Andre Hinvies (19)	SOU
<b>4</b> Haydyn Cooke-Bayley (20)	NOT	<b>9</b> James How (25)	NOR
<b>5</b> Dylan O'Connor (20)	RIC		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 16:28 &gt; H2: 16:32 &gt; H3: 16:36 &gt; H4: 16:40 &gt; F1: 18:00 &gt; F2: 18:04

## 82: H3 K1 Men Senior/U23 200

Selection Race 12.04.2025 16:36

<b>1</b> Lochie Lovell (19)	WOR	<b>6</b> Daniel Johnson (31)	NOT
<b>2</b> Alex Sheppy (27)	DEV	<b>7</b> Stuart Bristow (29)	ROY
<b>3</b> Koen Ayrán (19)	FOX	<b>8</b> Sam Bates (19)	RIC
<b>4</b> Matthew Johnson (29)	NOT	<b>9</b> Jack Rayment (19)	LBZ
<b>5</b> Matthew Collinge (25)	FOY		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 16:28 &gt; H2: 16:32 &gt; H3: 16:36 &gt; H4: 16:40 &gt; F1: 18:00 &gt; F2: 18:04

## 83: H4 K1 Men Senior/U23 200

Selection Race 12.04.2025 16:40

<b>1</b>		<b>6</b> Xavier Hinvies (22)	SOU
<b>2</b> Flynn Holt (19)	RIC	<b>7</b> Ben Shipway (20)	SOU
<b>3</b> Harry Sewell-Catchpole (19)	NOR	<b>8</b> Toby Booth (22)	NOR
<b>4</b> Nelson Kinzler (19)	RIC	<b>9</b> Carl Harris (21)	SLP
<b>5</b> Benjamin Cabrera (21)	FOY		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 16:28 &gt; H2: 16:32 &gt; H3: 16:36 &gt; H4: 16:40 &gt; F1: 18:00 &gt; F2: 18:04

## 84: H1 K1 Boys U18 200

Selection Race 12.04.2025 16:48

<b>1</b>		<b>6</b> Sean Butterly (17)	SLP
<b>2</b> Sam Stevely (18)	SPS	<b>7</b> Dylan Clarke (18)	SLP
<b>3</b> Sam Dickson (17)	FOX	<b>8</b> Freddy Fowler-Rimell (16)	WOR
<b>4</b> Will Stevely (18)	SPS	<b>9</b> Joshua Guerreiro (17)	RIC
<b>5</b> Isaac Aveson (17)	RIC		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 16:48 &gt; H2: 16:52 &gt; H3: 16:56 &gt; F1: 18:12 &gt; F2: 18:16

## 85: H2 K1 Boys U18 200

Selection Race 12.04.2025 16:52

<b>1</b>		<b>6</b> Tymur Rudnyev (18)	RDG
<b>2</b> Sam Patterson (18)	SPS	<b>7</b> Conor Donnellan (18)	SLP
<b>3</b> Malachi Grant (16)	NOT	<b>8</b> Szymon Sroka (17)	SPS
<b>4</b> Tom Hatton (17)	RIC	<b>9</b>	
<b>5</b> Olivier Mazur (17)	RDG		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 16:48 &gt; H2: 16:52 &gt; H3: 16:56 &gt; F1: 18:12 &gt; F2: 18:16

## 86: H3 K1 Boys U18 200

Selection Race 12.04.2025 16:56

<b>1</b>		<b>6</b> Toby Bullock (18)	EXE
<b>2</b> Tom Patterson (16)	SPS	<b>7</b> Ewan Bates (16)	LBZ
<b>3</b> Rory Strachan (18)	SPS	<b>8</b> Sean Noud (16)	SLP
<b>4</b> Tyler Kinder (17)	RDG	<b>9</b>	
<b>5</b> Freddie Heard (16)	EXE		

1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

H1: 16:48 &gt; H2: 16:52 &gt; H3: 16:56 &gt; F1: 18:12 &gt; F2: 18:16

## 87: F K1 Mini Sprint A 200

Mini-Sprint Series 12.04.2025 17:00

<b>1</b>		
<b>2</b>	Justyna Drobik (12)	GLW
<b>3</b>	Filip Slizowski (11)	GLW
<b>4</b>	Ethan Noud (12)	SLP
<b>5</b>	Noel Barat-Farkas (10)	ELM

<b>6</b>	Rupert Kirtland (12)	BSF
<b>7</b>	Oisin Caffrey (12)	SLP
<b>8</b>	Conor Bates (11)	LBZ
<b>9</b>	Finn Noud (11)	SLP

🕒 F: 17:00

## 88: F K1 Mini Sprint B 200

Mini-Sprint Series 12.04.2025 17:04

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	Kit Betteridge (11)	BAN
<b>5</b>	Quinn Paris (10)	GLW

<b>6</b>	Allan Weckowski (11)	GLW
<b>7</b>		
<b>8</b>		
<b>9</b>		

🕒 F: 17:04

## 89: F K1 Para Men KL2/3 R2 200

Selection Race 12.04.2025 17:16

<b>1</b>		
<b>2</b>		
<b>3</b>	Jon Tarrant (36)	RLS
<b>4</b>	Robert Oliver (37)	PAR
<b>5</b>	Charlie Knowlden (22)	RLS

<b>6</b>	Dave Phillipson (36)	PAR
<b>7</b>	Jonathan White (42)	EXE
<b>8</b>		
<b>9</b>		

🕒 F: 17:16

## 90: F K1 Para Women KL2/3 R2 200

Selection Race 12.04.2025 17:20

<b>1</b>		
<b>2</b>		
<b>3</b>	Charlotte Henshaw (38)	PAR
<b>4</b>	Laura Sugar (34)	PAR
<b>5</b>	Hope Gordon (31)	SPS

<b>6</b>	Lindsay Thorpe (32)	4AS
<b>7</b>		
<b>8</b>		
<b>9</b>		

🕒 F: 17:20

## 91: F K4 Mixed Boys/Girls D 200

12.04.2025 17:28

<b>1</b>		
<b>2</b>	M. Anderson   K. Hudson	LBZ   BAN
	L. Wickenden   R. Wickenden	BAN   BAN
<b>3</b>	E. Brewer   F. Burton	CDF   CDF
	L. Khan   L. Small	NOT   WOL
<b>4</b>	S. Kowal   G. Otugo	GLW   GLW
	P. Slizowski   S. Weckowska	GLW   GLW
<b>5</b>	A. Long   T. McElhannan	GLW   WOR
	J. Winstanley   T. Zorawski	BSF   GLW

<b>6</b>	I. Belov-McDowell   C. Caffrey	SLP   SLP
	E. Donnellan   R. Haraszti	SLP   SLP
<b>7</b>	M. Barat-Farkas   A. De Bilio	ELM   ROY
	D. Dunlop   S. Yates	ELM   GAI
<b>8</b>	E. Foulger   A. Golder	NOT   NOT
	E. Grant   L. Jones	NOT   NOT
<b>9</b>		

🕒 F: 17:28

## 92: F K1 Girls U18 200

Selection Race 12.04.2025 17:36

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>		
<b>5</b>		

<b>6</b>		
<b>7</b>		
<b>8</b>		
<b>9</b>		

🕒 H1: 15:56 &gt; H2: 16:00 &gt; F: 17:36

## 93: F1 K1 Women Senior/U23 200

Selection Race 12.04.2025 17:40

**1****2****3****4****5****6****7****8****9**

🕒 H1: 16:04 &gt; H2: 16:08 &gt; H3: 16:12 &gt; F1: 17:40 &gt; F2: 17:44

## 94: F2 K1 Women Senior/U23 200

Selection Race 12.04.2025 17:44

**1****2****3****4****5****6****7****8****9**

🕒 H1: 16:04 &gt; H2: 16:08 &gt; H3: 16:12 &gt; F1: 17:40 &gt; F2: 17:44

## 95: F1 K1 Paddle-Ability (Sat) R2 200

Paddle-Ability Series 12.04.2025 17:48

**1****2****3** Matthew Baines (33)

4AS

**4** Jacob Mansfield (23)

4AS

**5** Ronan Chevalier (30)

SLP

**6**

Jacob Hage (22)

4AS

**7**

Oliver Klumpler (16)

BSF

**8****9**

🕒 F1: 17:48 &gt; F2: 17:52

## 96: F2 K1 Paddle-Ability (Sat) R2 200

Paddle-Ability Series 12.04.2025 17:52

**1****2****3** William Bates (21)

4AS

**4** Cassie Glaves (17)

4AS

**5** Charlotte Creamer (36)

LBZ

**6**

Summer Allen (18)

RLS

**7**

Tom Price (24)

RLS

**8****9**

🕒 F1: 17:48 &gt; F2: 17:52

## 97: F1 K1 Men Senior/U23 200

Selection Race 12.04.2025 18:00

**1****2****3****4****5****6****7****8****9**

🕒 H1: 16:28 &gt; H2: 16:32 &gt; H3: 16:36 &gt; H4: 16:40 &gt; F1: 18:00 &gt; F2: 18:04

## 98: F2 K1 Men Senior/U23 200

Selection Race 12.04.2025 18:04

**1****2****3****4****5****6****7****8****9**

🕒 H1: 16:28 &gt; H2: 16:32 &gt; H3: 16:36 &gt; H4: 16:40 &gt; F1: 18:00 &gt; F2: 18:04

## 99: F1 K1 Boys U18 200

Selection Race 12.04.2025 18:12

**1****2****3****4****5****6****7****8****9**

🕒 H1: 16:48 &gt; H2: 16:52 &gt; H3: 16:56 &gt; F1: 18:12 &gt; F2: 18:16



## 100: F2 K1 Boys U18 200

Selection Race 12.04.2025 18:16

**1****2****3****4****5****6****7****8****9**

🕒 H1: 16:48 &gt; H2: 16:52 &gt; H3: 16:56 &gt; F1: 18:12 &gt; F2: 18:16

## 101: F K4 Boys A-C 500

13.04.2025 08:00

**1****2****3** M. Bose | G. Hampton CLM | CLM  
K. Nielsen | C. Payne CLM | CLM**4** F. Lovell | A. Prokhyra WOR | GLW  
M. Pyrz | A. Solecki GLW | GLW**5** M. Nagy | C. Packer RDG | RDG  
M. Prins-Mills | T. Rudnyev RDG | RDG**6** D. Barnett | B. Eskriett RDG | GAI  
F. Johnson | O. O'Keeffe DEV | WEY**7** E. Bates | M. Grant LBZ | NOT  
W. Shanks | L. Smith RIC | WOR**8****9**

🕒 F: 08:00

## 102: H1 K1 Men C 500

13.04.2025 08:04

**1****2** Oliver Jackson (22) LIN**3** Aidan Teeuwen (19) RDG**4** William Larner (19) BAN**5** Richard Winstanley (41) BSF**6** Eddie Martin (57) SLP**7** Tom Mableson (19) EXE**8** Colin Caffrey (47) SLP**9**

🏠 9 BT in Heats 1-2 to Final

🕒 H1: 08:04 &gt; H2: 08:08 &gt; F: 09:08

## 103: H2 K1 Men C 500

13.04.2025 08:08

**1****2** Joao Spinola (36) BSF**3** Andris Grauss (36) BPR**4** Fletcher Cramer (19) SOU**5** Joseph Ellis (20) BAN**6** David Pringle (45) SLP**7** Leon Dixon (20) LBZ**8** Peter Skinner (20) RDG**9**

🏠 9 BT in Heats 1-2 to Final

🕒 H1: 08:04 &gt; H2: 08:08 &gt; F: 09:08

## 104: H1 K1 Boys U18 500

Selection Race 13.04.2025 08:12

**1****2** Will Stevely (18) SPS**3** Joshua Guerreiro (17) RIC**4** Tymur Rudnyev (18) RDG**5** Philippe Ehrnrooth (18) DEV**6** Sam Dickson (17) FOX**7** Sam Stevely (18) SPS**8** Conor Donnellan (18) SLP**9**

🏠 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

🕒 H1: 08:12 &gt; H2: 08:16 &gt; H3: 08:20 &gt; H4: 08:24 &gt; F1: 10:04 &gt; F2: 10:08

## 105: H2 K1 Boys U18 500

Selection Race 13.04.2025 08:16

**1****2** Arthur Hunter-Hopkins (16) DEV**3** Tyler Kinder (17) RDG**4** Rory Strachan (18) SPS**5** Sean Butterly (17) SLP**6** Tom Hatton (17) RIC**7** Sam Patterson (18) SPS**8** Isaac Aveson (17) RIC**9**

🏠 1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

🕒 H1: 08:12 &gt; H2: 08:16 &gt; H3: 08:20 &gt; H4: 08:24 &gt; F1: 10:04 &gt; F2: 10:08

## 106: H3 K1 Boys U18 500

Selection Race 13.04.2025 08:20

<b>1</b>		
<b>2</b>	Sean Noud (16)	SLP
<b>3</b>	Dylan Clarke (18)	SLP
<b>4</b>	Malachi Grant (16)	NOT
<b>5</b>	Toby Bullock (18)	EXE

<b>6</b>	Freddie Heard (16)	EXE
<b>7</b>	Ewan Bates (16)	LBZ
<b>8</b>	Tom Patterson (16)	SPS
<b>9</b>		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:12 &gt; H2: 08:16 &gt; H3: 08:20 &gt; H4: 08:24 &gt; F1: 10:04 &gt; F2: 10:08

## 107: H4 K1 Boys U18 500

Selection Race 13.04.2025 08:24

<b>1</b>		
<b>2</b>	Sean Smyth (17)	SLP
<b>3</b>	Alexander Worgan (18)	RIC
<b>4</b>	Szymon Sroka (17)	SPS
<b>5</b>	Olivier Mazur (17)	RDG

<b>6</b>	Will Short (18)	ELM
<b>7</b>	Freddy Fowler-Rimell (16)	WOR
<b>8</b>	Isaac Popham-Coveley (17)	FOX
<b>9</b>		

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:12 &gt; H2: 08:16 &gt; H3: 08:20 &gt; H4: 08:24 &gt; F1: 10:04 &gt; F2: 10:08

## 108: H1 K1 Men Senior/U23 500

Selection Race 13.04.2025 08:32

<b>1</b>	Harry Sewell-Catchpole (19)	NOR
<b>2</b>	Paul Donnellan (21)	SLP
<b>3</b>	Andre Hinves (19)	SOU
<b>4</b>	Xavier Hinves (22)	SOU
<b>5</b>	Daniel Johnson (31)	NOT

<b>6</b>	Tom Holland (23)	WEY
<b>7</b>	Stuart Bristow (29)	ROY
<b>8</b>	Nelson Kinzler (19)	RIC
<b>9</b>	Haydyn Cooke-Bayley (20)	NOT

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:32 &gt; H2: 08:36 &gt; H3: 08:40 &gt; H4: 08:44 &gt; F1: 10:16 &gt; F2: 10:20

## 109: H2 K1 Men Senior/U23 500

Selection Race 13.04.2025 08:36

<b>1</b>	Koen Ayran (19)	FOX
<b>2</b>	Nathaniel Lamb (19)	SOU
<b>3</b>	Lochie Lovell (19)	WOR
<b>4</b>	Dylan O'Connor (20)	RIC
<b>5</b>	Matthew Collinge (25)	FOY

<b>6</b>	Tom Lusty (31)	SOL
<b>7</b>	Michael Motha (21)	ADS
<b>8</b>	Flynn Holt (19)	RIC
<b>9</b>	Lewis Smith (22)	ROY

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:32 &gt; H2: 08:36 &gt; H3: 08:40 &gt; H4: 08:44 &gt; F1: 10:16 &gt; F2: 10:20

## 110: H3 K1 Men Senior/U23 500

Selection Race 13.04.2025 08:40

<b>1</b>		
<b>2</b>	Zak Benstead (24)	ELM
<b>3</b>	Jack Rayment (19)	LBZ
<b>4</b>	Huw Singleton (19)	NOT
<b>5</b>	Philip Miles (24)	RLS

<b>6</b>	Matthew Johnson (29)	NOT
<b>7</b>	Ben Shipway (20)	SOU
<b>8</b>	Harvey Grant (21)	RIC
<b>9</b>	James How (25)	NOR

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:32 &gt; H2: 08:36 &gt; H3: 08:40 &gt; H4: 08:44 &gt; F1: 10:16 &gt; F2: 10:20

## 111: H4 K1 Men Senior/U23 500

Selection Race 13.04.2025 08:44

<b>1</b>		
<b>2</b>	Sam Bates (19)	RIC
<b>3</b>	Alex Sheppy (27)	DEV
<b>4</b>	Sam Cribbett (20)	NOT
<b>5</b>	Benjamin Cabrera (21)	FOY

<b>6</b>	Gabriel Popham-Coveley (20)	NOT
<b>7</b>	Carl Harris (21)	SLP
<b>8</b>	Toby Booth (22)	NOR
<b>9</b>	Ivan Barritt (20)	WEY

1st-2nd + BT to Final 1. 3rd-4th + 2 BT to Final 2

H1: 08:32 &gt; H2: 08:36 &gt; H3: 08:40 &gt; H4: 08:44 &gt; F1: 10:16 &gt; F2: 10:20

## 112: F C1 Canoe Men Senior/U23 + Boys U18/16 500

Selection Race 13.04.2025 08:48

**1****2** Sviatoslav Shnaider (20) GLW**3** George Bell (22) FLA**4****5** Thomas Lambert (24) LIN**6****7****8** Andrew Elliott (18) RIC**9** Oscar Laws (18) RIC

F: 08:48

## 113: F K4 Mini Sprint A 500

Mini-Sprint Series 13.04.2025 08:52

**1****2****3****4** J. Drobik | Q. Paris GLW | GLW

F. Slizowski | A. Weckowski GLW | GLW

**5** O. Caffrey | R. Kirtland SLP | BSF

E. Noud | F. Noud SLP | SLP

**6** N. Barat-Farkas | C. Bates ELM | LBZ**7****8****9**

F: 08:52

## 114: F K1 Paddle-Ability (Sun) R1 500

Paddle-Ability Series 13.04.2025 08:56

**1****2****3****4** Summer Allen (18) RLS**5** Ronan Chevalier (30) SLP**6** Tom Price (24) RLS**7****8****9**

F: 08:56

## 115: F K1 Men B 500

13.04.2025 09:04

**1****2****3****4** Lochie Lovell (19) WOR**5** Shaune Walsh (39) NOT**6** Ben Higgins (20) SLP**7****8****9**

F: 09:04

## 116: F K1 Men C 500

13.04.2025 09:08

**1****2****3****4****5****6****7****8****9**

H1: 08:04 &gt; H2: 08:08 &gt; F: 09:08

## 117: H1 K1 Boys A/B 500

13.04.2025 09:12

**1****2****3** Matteo Bose (15) CLM**4** Sam Sparks (16) RLS**5** Cassian Payne (18) CLM**6** Jack Niland (18) FOX**7** Matteo Selini (16) RIC**8** Max Prins-Mills (18) RDG**9**


1st-3rd + 3 BT to Final


H1: 09:12 &gt; H2: 09:16 &gt; F: 10:24

## 118: H2 K1 Boys A/B 500

13.04.2025 09:16

<b>1</b>		
<b>2</b>		
<b>3</b>	Marcell Nagy (16)	RDG
<b>4</b>	George Hampton (18)	CLM
<b>5</b>	Dylan Clarke (18)	SLP

 1st-3rd + 3 BT to Final


 H1: 09:12 > H2: 09:16 > F: 10:24


<b>6</b>	Conrad Packer (16)	RDG
<b>7</b>	Aeron Murphy (17)	RLS
<b>8</b>		
<b>9</b>		

## 119: H1 K1 Girls U18 1000

Selection Race 13.04.2025 09:28

<b>1</b>		
<b>2</b>	Lucy Cullen (18)	SLP
<b>3</b>	Hannah Toovey (17)	SPS
<b>4</b>	Elsie Landsborough (17)	NOT
<b>5</b>	Kamila Sklenarova (18)	NOR

 1st-3rd + 3 BT to Final


 H1: 09:28 > H2: 09:32 > F: 11:40


<b>6</b>	Frankie Scrivener (18)	FOX
<b>7</b>	Matilda Burton (15)	ELM
<b>8</b>	Charlotte Fulford (17)	RDG
<b>9</b>	Jasmine Sargeant (17)	NOR

## 120: H2 K1 Girls U18 1000

Selection Race 13.04.2025 09:32

<b>1</b>		
<b>2</b>	Annie Bates (17)	RIC
<b>3</b>	Sadb Shannon (17)	SLP
<b>4</b>	Sienna Green (16)	WOL
<b>5</b>	Sophie Dunlop (18)	ELM

 1st-3rd + 3 BT to Final


 H1: 09:28 > H2: 09:32 > F: 11:40

<b>6</b>	Dianora De Bilio (16)	ROY
<b>7</b>	Zoe Herriot (17)	SPS
<b>8</b>	Ciara Maloney (17)	NOT
<b>9</b>		

## 121: H1 K1 Women Senior/U23 1000

Selection Race 13.04.2025 09:36

<b>1</b>		
<b>2</b>	Edith King (20)	ROY
<b>3</b>	Annabel Hutchinson (19)	RDG
<b>4</b>	Lucy Lee-Smith (28)	NOR
<b>5</b>	Emma Russell (25)	CLM

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 09:36 > H2: 09:40 > H3: 09:44 > F1: 11:44 > F2: 11:48


<b>6</b>	Deborah Kerr (28)	ANK
<b>7</b>	Elise Montagna (22)	ROY
<b>8</b>	Amy Green (21)	WOR
<b>9</b>		

## 122: H2 K1 Women Senior/U23 1000

Selection Race 13.04.2025 09:40

<b>1</b>		
<b>2</b>	Katie Pocklington (22)	NOT
<b>3</b>	Nerys Hall (20)	WEY
<b>4</b>	Katie Brookes (23)	WOR
<b>5</b>	Emily Lewis (32)	WOR

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 09:36 > H2: 09:40 > H3: 09:44 > F1: 11:44 > F2: 11:48


<b>6</b>	Melissa Johnson (28)	NOT
<b>7</b>	Mollie Ball (19)	DEV
<b>8</b>	Emma Christie (21)	NOT
<b>9</b>		

## 123: H3 K1 Women Senior/U23 1000

Selection Race 13.04.2025 09:44

<b>1</b>		
<b>2</b>	Grace Anderson (22)	NOR
<b>3</b>	Jessica Urquhart (22)	NOT
<b>4</b>	Lucy Guest (23)	NOT
<b>5</b>	Zoe Clark (24)	ROY

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 09:36 > H2: 09:40 > H3: 09:44 > F1: 11:44 > F2: 11:48

<b>6</b>	Kristina Armstrong (20)	SPS
<b>7</b>	Abi Burgess (26)	WEY
<b>8</b>	Kerry Christie (22)	NOT
<b>9</b>		



## 124: F K1 Girls A/B + Canoe Women/Girls A/B 1000

13.04.2025 09:48

<b>1</b>	
<b>2</b>	Bethany Gill (29) NOT
<b>3</b>	Matilda Burton (15) ELM
<b>4</b>	Imogen Field (15) ELM
<b>5</b>	Ruth Shephard (14) RDG

<b>6</b>	Izzy Ritchie (17) WEY
<b>7</b>	Kyla Holt (16) RIC
<b>8</b>	Madison Mckernan (15) ELM
<b>9</b>	

🕒 F: 09:48

## 125: F K2 Women A-D 1000

13.04.2025 09:52

<b>1</b>	
<b>2</b>	
<b>3</b>	N. Hall   B. Perry WEY   WEY
<b>4</b>	R. Jefferies   I. Johansson-Ward BPR   LBZ
<b>5</b>	K. Caffrey   J. Guest SLP   SLP

<b>6</b>	H. Stephens   E. Wong CDF   CDF
<b>7</b>	O. Glennon   K. O Halloran SLP   SLP
<b>8</b>	
<b>9</b>	

🕒 F: 09:52

## 126: F1 K1 Boys U18 500

Selection Race 13.04.2025 10:04

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	

🕒 H1: 08:12 &gt; H2: 08:16 &gt; H3: 08:20 &gt; H4: 08:24 &gt; F1: 10:04 &gt; F2: 10:08

## 127: F2 K1 Boys U18 500

Selection Race 13.04.2025 10:08

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	

🕒 H1: 08:12 &gt; H2: 08:16 &gt; H3: 08:20 &gt; H4: 08:24 &gt; F1: 10:04 &gt; F2: 10:08

## 128: F1 K1 Men Senior/U23 500

Selection Race 13.04.2025 10:16

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	

🕒 H1: 08:32 &gt; H2: 08:36 &gt; H3: 08:40 &gt; H4: 08:44 &gt; F1: 10:16 &gt; F2: 10:20

## 129: F2 K1 Men Senior/U23 500

Selection Race 13.04.2025 10:20

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	

🕒 H1: 08:32 &gt; H2: 08:36 &gt; H3: 08:40 &gt; H4: 08:44 &gt; F1: 10:16 &gt; F2: 10:20

## 130: F K1 Boys A/B 500

13.04.2025 10:24

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	

🕒 H1: 09:12 &gt; H2: 09:16 &gt; F: 10:24

## 131: F K4 Men A-D 500

13.04.2025 10:28

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	L. Dixon   J. Ellis	LBZ   BAN
	W. Lerner   J. Perry	BAN   BAN
<b>5</b>	F. Cramer   A. Hinves	SOU   SOU
	L. Lovell   B. Shipway	WOR   SOU

<b>6</b>	C. Caffrey   E. Martin	SLP   SLP
	D. Pringle   J. Toomey	SLP   SLP
<b>7</b>	B. Cabrera   X. Hinves	FOY   SOU
	T. Holland   D. O'Connor	WEY   RIC
<b>8</b>		
<b>9</b>		

🕒 F: 10:28

## 132: F K1 Paddle-Ability (Sun) R2 500

Paddle-Ability Series 13.04.2025 10:32

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	Tom Price (24)	RLS
<b>5</b>	Ronan Chevalier (30)	SLP

<b>6</b>	Summer Allen (18)	RLS
<b>7</b>		
<b>8</b>		
<b>9</b>		

🕒 F: 10:32

## 133: H1 K1 Boys D 200

13.04.2025 10:48

<b>1</b>	Eoin Roche (15)	SLP
<b>2</b>	Robert Haraszti (17)	SLP
<b>3</b>	Marcell Barat-Farkas (12)	ELM
<b>4</b>	William Carrington (14)	NOR
<b>5</b>	Evan Brewer (15)	CDF

<b>6</b>	William Bowles-Trow (15)	ADS
<b>7</b>	Gabriel Otugo (13)	GLW
<b>8</b>	Jack Morgan (14)	RDG
<b>9</b>	William Shanks (16)	RIC

🏠 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

🕒 H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; H4: 11:00 &gt; F1: 12:12 &gt; F2: 12:16

## 134: H2 K1 Boys D 200

13.04.2025 10:52

<b>1</b>		
<b>2</b>	Jiahe Lin (16)	SLP
<b>3</b>	Luke Mason (14)	DEV
<b>4</b>	Kaspar Nielsen (15)	CLM
<b>5</b>	Knoah Ayran (14)	FOX

<b>6</b>	Evan Foulger (12)	NOT
<b>7</b>	Ollie Reed (16)	RLS
<b>8</b>	Jasper Kirtland (14)	BSF
<b>9</b>	Samuel Boughton (16)	RDG

🏠 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

🕒 H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; H4: 11:00 &gt; F1: 12:12 &gt; F2: 12:16

## 135: H3 K1 Boys D 200

13.04.2025 10:56

<b>1</b>		
<b>2</b>	Tymon Zorawski (14)	GLW
<b>3</b>	Jamie Winstanley (15)	BSF
<b>4</b>	Matthew Anderson (14)	LBZ
<b>5</b>	Adam Golder (13)	NOT

<b>6</b>	Isaac Belov-McDowell (17)	SLP
<b>7</b>	Jack Wade (13)	RDG
<b>8</b>	Sol Bartram (14)	CDF
<b>9</b>	Tom McElhannan (14)	WOR

🏠 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

🕒 H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; H4: 11:00 &gt; F1: 12:12 &gt; F2: 12:16

## 136: H4 K1 Boys D 200

13.04.2025 11:00

<b>1</b>		
<b>2</b>	Euan Standen (18)	LBZ
<b>3</b>	Elijah Grant (14)	NOT
<b>4</b>	Daniel Macken (17)	SLP
<b>5</b>	Finnley Burton (15)	CDF

<b>6</b>	Fergus Barnett (13)	RDG
<b>7</b>	Finn Lovell (16)	WOR
<b>8</b>	Daniel Dunlop (14)	ELM
<b>9</b>	Piotr Slizowski (12)	GLW

🏠 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


🕒 H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; H4: 11:00 &gt; F1: 12:12 &gt; F2: 12:16


## 137: H1 K1 Boys C 200

13.04.2025 11:04

<b>1</b>	Ewan Bates (16)	LBZ
<b>2</b>	Jake Witek (16)	SLP
<b>3</b>	Anton Prokhyra (17)	GLW
<b>4</b>	Finn Taylor (16)	ELM
<b>5</b>	Henry Pitt (16)	ROY

<b>6</b>	Henry Hartland (14)	BAN
<b>7</b>	Ocean O'Keeffe (15)	WEY
<b>8</b>	Evyn Roberts (17)	CDF
<b>9</b>	Daniel Kromer (16)	RLS

 9 BT in Heats 1-2 to Final

 H1: 11:04 > H2: 11:08 > F: 12:20


## 138: H2 K1 Boys C 200

13.04.2025 11:08

<b>1</b>	Ben Eskriett (16)	GAI
<b>2</b>	Mikolaj Pyrz (15)	SPS
<b>3</b>	Finnley Meredith (14)	ELM
<b>4</b>	Lorenzo De Bilio (15)	ROY
<b>5</b>	Gethin Lewis (17)	CDF

<b>6</b>	Louis Smith (15)	WOR
<b>7</b>	Fred Johnson (17)	DEV
<b>8</b>	Adam Solecki (16)	GLW
<b>9</b>	Doogal Barnett (15)	RDG

 9 BT in Heats 1-2 to Final


 H1: 11:04 > H2: 11:08 > F: 12:20


## 139: H1 K1 Girls D 200

13.04.2025 11:16

<b>1</b>		
<b>2</b>	Emily Roche (18)	SLP
<b>3</b>	Edith Smerdon (13)	CLM
<b>4</b>	Lexi Small (13)	WOL
<b>5</b>	Audrey Long (14)	GLW

<b>6</b>	Lexi Jones (13)	NOT
<b>7</b>	Isabella Quaglia Stegmann (15)	CAM
<b>8</b>	Leila Gohar (14)	RIC
<b>9</b>		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 11:16 > H2: 11:20 > H3: 11:24 > F1: 12:24 > F2: 12:28


## 140: H2 K1 Girls D 200

13.04.2025 11:20

<b>1</b>		
<b>2</b>		
<b>3</b>	Adriana De Bilio (12)	ROY
<b>4</b>	Sofia Kowal (13)	GLW
<b>5</b>	Scarlett Yates (17)	GAI

<b>6</b>	Claire Guest (17)	SLP
<b>7</b>	Aditi Schneiders (14)	ESK
<b>8</b>	Lydia Khan (14)	NOT
<b>9</b>		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 11:16 > H2: 11:20 > H3: 11:24 > F1: 12:24 > F2: 12:28


## 141: H3 K1 Girls D 200

13.04.2025 11:24

<b>1</b>		
<b>2</b>		
<b>3</b>	Eva Mcaulay (17)	NOR
<b>4</b>	Maya Duran (14)	ESK
<b>5</b>	Sophie Weckowska (13)	GLW

<b>6</b>	Molly Bates (15)	RIC
<b>7</b>	Emily Donnellan (15)	SLP
<b>8</b>	Caoilin Caffrey (14)	SLP
<b>9</b>		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 11:16 > H2: 11:20 > H3: 11:24 > F1: 12:24 > F2: 12:28

## 142: F K4 Mini Sprint A 200

Mini-Sprint Series 13.04.2025 11:28

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	N. Barat-Farkas   C. Bates	ELM   LBZ
<b>5</b>	J. Drobik   Q. Paris	GLW   GLW
	F. Slizowski   A. Weckowski	GLW   GLW

<b>6</b>	O. Caffrey   R. Kirtland	SLP   BSF
	E. Noud   F. Noud	SLP   SLP
<b>7</b>		
<b>8</b>		
<b>9</b>		

 F: 11:28

## 143: F K1 Girls U18 1000

Selection Race 13.04.2025 11:40

**1****2****3****4****5****6****7****8****9**

H1: 09:28 &gt; H2: 09:32 &gt; F: 11:40

## 144: F1 K1 Women Senior/U23 1000

Selection Race 13.04.2025 11:44

**1****2****3****4****5****6****7****8****9**

H1: 09:36 &gt; H2: 09:40 &gt; H3: 09:44 &gt; F1: 11:44 &gt; F2: 11:48

## 145: F2 K1 Women Senior/U23 1000

Selection Race 13.04.2025 11:48

**1****2****3****4****5****6****7****8****9**

H1: 09:36 &gt; H2: 09:40 &gt; H3: 09:44 &gt; F1: 11:44 &gt; F2: 11:48

## 146: F K2 Girls A-C 1000

13.04.2025 11:52

**1****2** J. Milbradt | I. Quaglia Stegmann CAM | CAM**3** Z. Herriot | A. Pyrz SPS | SPS**4** F. Scrivener | K. Sklenarova FOX | NOR**5** E. Landsborough | C. Maloney NOT | NOT**6** I. Field | M. Mckernan ELM | ELM**7** J. Sargeant | A. Strachan NOR | GLW**8** M. Burton | S. Dunlop ELM | ELM**9** E. Roche | S. Shannon SLP | SLP

F: 11:52

## 147: F K1 Women B/C 1000

13.04.2025 11:56

**1****2** Evie Wong (21) CDF**3** Kate O Halloran (20) SLP**4** Hannah Stephens (24) CDF**5** Beth Perry (19) WEY**6** Alice Murphy (33) NOT**7** Orla Glennon (19) SLP**8** Milly Pepper (20) LIN**9**

F: 11:56

## 148: F K1 Men D 200

13.04.2025 12:08

**1****2****3** Andrew Doran (56) LIN**4** Peter Gorman (70) WEY**5** Finlay Stallard (19) FLA**6** George Conroy (22) FLA**7** Joshua Perry (20) BAN**8** Jeff Toomey (54) SLP**9**

F: 12:08

## 149: F1 K1 Boys D 200

13.04.2025 12:12

**1****2****3****4****5****6****7****8****9**

H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; H4: 11:00 &gt; F1: 12:12 &gt; F2: 12:16

## 150: F2 K1 Boys D 200

13.04.2025 12:16

**1****2****3****4****5****6****7****8****9**

🕒 H1: 10:48 &gt; H2: 10:52 &gt; H3: 10:56 &gt; H4: 11:00 &gt; F1: 12:12 &gt; F2: 12:16

## 151: F K1 Boys C 200

13.04.2025 12:20

**1****2****3****4****5****6****7****8****9**

🕒 H1: 11:04 &gt; H2: 11:08 &gt; F: 12:20

## 152: F1 K1 Girls D 200

13.04.2025 12:24

**1****2****3****4****5****6****7****8****9**

🕒 H1: 11:16 &gt; H2: 11:20 &gt; H3: 11:24 &gt; F1: 12:24 &gt; F2: 12:28

## 153: F2 K1 Girls D 200

13.04.2025 12:28

**1****2****3****4****5****6****7****8****9**

🕒 H1: 11:16 &gt; H2: 11:20 &gt; H3: 11:24 &gt; F1: 12:24 &gt; F2: 12:28

## 154: FA K1 Men A-C 5000

13.04.2025 12:44

<b>Y101</b> Matthew Johnson (29)	NOT
<b>Y102</b> Gabriel Popham-Coveley (20)	NOT
<b>Y103</b> Ivan Barritt (20)	WEY
<b>Y104</b> Lewis Smith (22)	ROY
<b>Y105</b> Zak Benstead (24)	ELM
<b>Y106</b> Shaune Walsh (39)	NOT
<b>Y107</b> Paul Donnellan (21)	SLP
<b>Y108</b> Lochie Lovell (19)	WOR
<b>Y109</b> Eddie Martin (57)	SLP
<b>Y110</b> William Larnar (19)	BAN
<b>Y111</b> James How (25)	NOR
<b>Y112</b> Peter Skinner (20)	RDG
<b>Y113</b> Aidan Teeuwen (19)	RDG
<b>Y114</b> Ben Higgins (20)	SLP

<b>Y115</b> Ronan Foley (25)	SLP
<b>Y116</b> David Pringle (45)	SLP
<b>Y117</b> Daniel Johnson (31)	NOT
<b>Y118</b> Harry Sewell-Catchpole (19)	NOR
<b>Y119</b> Joseph Ellis (20)	BAN
<b>Y120</b> Flynn Holt (19)	RIC
<b>Y121</b> Colin Caffrey (47)	SLP
<b>Y122</b> Philip Miles (24)	RLS
<b>Y123</b> Andris Grauss (36)	BPR
<b>Y124</b> Sam Cribbett (20)	NOT
<b>Y125</b> Benjamin Cabrera (21)	FOY
<b>Y126</b> Tom Mableson (19)	EXE
<b>Y127</b> Richard Winstanley (41)	BSF

🕒 FA: 12:44



## 155: F K1 Women D 200

13.04.2025 13:12

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	Jen Guest (19)	SLP
<b>5</b>	Karen Caffrey (48)	SLP

<b>6</b>	Isabelle Johansson-Ward (19)	LBZ
<b>7</b>	Rachel Jefferies (26)	BPR
<b>8</b>		
<b>9</b>		

🕒 F: 13:12

## 156: F K4 Boys D 200

13.04.2025 13:16

<b>1</b>		
<b>2</b>		
<b>3</b>	F. Barnett   S. Boughton J. Morgan   J. Wade	RDG   RDG RDG   RDG
<b>4</b>	I. Belov-McDowell   R. Haraszti J. Lin   D. Macken	SLP   SLP SLP   SLP
<b>5</b>	T. McElhannan   G. Otugo P. Slizowski   T. Zorawski	WOR   GLW GLW   GLW

<b>6</b>	M. Barat-Farkas   W. Bowles-Trow W. Carrington   D. Dunlop	ELM   ADS NOR   ELM
<b>7</b>	E. Foulger   A. Golder E. Grant   J. Maloney	NOT   NOT NOT   NOT
<b>8</b>	M. Anderson   K. Ayrar S. Bartram   J. Kirtland	LBZ   FOX CDF   BSF
<b>9</b>		

🕒 F: 13:16

## 157: F K4 Boys C 200

13.04.2025 13:20

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	D. Barnett   B. Eskriett F. Johnson   O. O'Keefe	RDG   GAI DEV   WEY
<b>5</b>	H. Hartland   F. Meredith E. Roberts   F. Taylor	BAN   ELM CDF   ELM

<b>6</b>	F. Lovell   A. Prokhyra M. Pyrz   A. Solecki	WOR   GLW GLW   GLW
<b>7</b>		
<b>8</b>		
<b>9</b>		

🕒 F: 13:20

## 158: F V1 Para Men VL1-3 R1 200

Selection Race 13.04.2025 13:24

<b>1</b>		
<b>2</b>	Xander Van Der Poll (26)	RLS
<b>3</b>	Edward Clifton (40)	CLM
<b>4</b>		
<b>5</b>	Stuart Wood (31)	PAR

<b>6</b>	Jack Eyers (36)	PAR
<b>7</b>		
<b>8</b>		
<b>9</b>	Taylor Gough (25)	RLS

🕒 F: 13:24

## 159: F V1 Para Women VL3 R1 200

Selection Race 13.04.2025 13:28

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	Charlotte Henshaw (38)	PAR
<b>5</b>	Hope Gordon (31)	SPS

<b>6</b>		
<b>7</b>		
<b>8</b>		
<b>9</b>		

🕒 F: 13:28

## 160: F K1 Girls C 200

13.04.2025 13:32

<b>1</b>		
<b>2</b>		
<b>3</b>	Katie Luen-Twining (16)	CDF
<b>4</b>	Abigail Strachan (16)	SPS
<b>5</b>	Johanna Milbradt (16)	CAM

<b>6</b>	Estelle Widdows (18)	NOR
<b>7</b>	Ava Wong (17)	CDF
<b>8</b>		
<b>9</b>		

🕒 F: 13:32

## 161: FA K1 Women A-C 5000

13.04.2025 13:40

<b>W10</b>	Alice Murphy (33)	NOT
<b>W11</b>	Evie Wong (21)	CDF
<b>W12</b>	Melissa Johnson (28)	NOT
<b>W13</b>	Elise Montagna (22)	ROY
<b>W14</b>	Jessica Urquhart (22)	NOT
<b>W15</b>	Mollie Ball (19)	DEV
<b>W16</b>	Hannah Stephens (24)	CDF

<b>W17</b>	Katie Brookes (23)	WOR
<b>W18</b>	Lucy Guest (23)	NOT
<b>W19</b>	Emma Russell (25)	CLM
<b>W20</b>	Orla Glennon (19)	SLP
<b>W21</b>	Kerry Christie (22)	NOT
<b>W22</b>	Kate O Halloran (20)	SLP
<b>W23</b>	Bethany Gill (29)	NOT

FA: 13:40

## 162: FA C1 Canoe Women/Girls A-C 5000

13.04.2025 13:44

<b>W3</b>	Anna Palmer (28)	RDG
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<b>W4</b>	Bethany Gill (29)	NOT
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FA: 13:44

## 163: H1 K2 Boys D 200

13.04.2025 14:16

<b>1</b>		
<b>2</b>	A. Golder   J. Maloney	NOT   NOT
<b>3</b>	W. Bowles-Trow   W. Carrington	ADS   NOR
<b>4</b>	J. Lin   D. Macken	SLP   SLP
<b>5</b>	G. Otugo   T. Zorawski	GLW   GLW

<b>6</b>	S. Boughton   J. Morgan	RDG   RDG
<b>7</b>	M. Anderson   E. Brewer	LBZ   CDF
<b>8</b>	K. Ayran   J. Kirtland	FOX   BSF
<b>9</b>		

9 BT in Heats 1-2 to Final

H1: 14:16 &gt; H2: 14:20 &gt; F: 15:40

## 164: H2 K2 Boys D 200

13.04.2025 14:20

<b>1</b>		
<b>2</b>	F. Barnett   J. Wade	RDG   RDG
<b>3</b>	T. McElhannan   P. Slizowski	WOR   GLW
<b>4</b>	S. Bartram   F. Burton	CDF   CDF
<b>5</b>	O. Reed   E. Standen	RLS   LBZ

<b>6</b>	E. Foulger   E. Grant	NOT   NOT
<b>7</b>	I. Belov-McDowell   R. Haraszti	SLP   SLP
<b>8</b>	M. Barat-Farkas   D. Dunlop	ELM   ELM
<b>9</b>		

9 BT in Heats 1-2 to Final

H1: 14:16 &gt; H2: 14:20 &gt; F: 15:40

## 165: F K4 Girls D 200

13.04.2025 14:24

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	J. Drobik   S. Kowal	GLW   GLW
	A. Long   S. Weckowska	GLW   GLW
<b>5</b>	A. De Bilio   L. Khan	ROY   NOT
	L. Small   S. Yates	WOL   GAI

<b>6</b>	M. Duran   L. Jones	ESK   NOT
	E. Mcaulay   A. Schneiders	NOR   ESK
<b>7</b>		
<b>8</b>		
<b>9</b>		

F: 14:24

## 166: FA K1 Boys A-C 5000

13.04.2025 14:32

<b>Y140</b>	Rory Strachan (18)	SPS
<b>Y141</b>	Cassian Payne (18)	CLM
<b>Y142</b>	Henry Pitt (16)	ROY
<b>Y143</b>	Doogal Barnett (15)	RDG
<b>Y144</b>	Mikolaj Pyrz (15)	SPS
<b>Y145</b>	Philippe Ehrnrooth (18)	DEV
<b>Y146</b>	Ocean O'Keeffe (15)	WEY
<b>Y147</b>	Finn Taylor (16)	ELM
<b>Y148</b>	Conor Donnellan (18)	SLP
<b>Y149</b>	Jake Witek (16)	SLP
<b>Y150</b>	Joshua Guerreiro (17)	RIC
<b>Y151</b>	Ben Eskriett (16)	GAI
<b>Y152</b>	Sean Butterly (17)	SLP
<b>Y153</b>	Finnley Meredith (14)	ELM
<b>Y154</b>	Sean Smyth (17)	SLP
<b>Y155</b>	Matteo Selini (16)	RIC
<b>Y156</b>	Daniel Kromer (16)	RLS
<b>Y157</b>	Sam Stevely (18)	SPS
<b>Y158</b>	Sean Noud (16)	SLP
<b>Y159</b>	Adam Solecki (16)	GLW
<b>Y160</b>	Jack Niland (18)	FOX

<b>Y161</b>	Max Prins-Mills (18)	RDG
<b>Y162</b>	Sam Dickson (17)	FOX
<b>Y163</b>	Louis Smith (15)	WOR
<b>Y164</b>	Lorenzo De Bilio (15)	ROY
<b>Y165</b>	Aeron Murphy (17)	RLS
<b>Y166</b>	Gethin Lewis (17)	CDF
<b>Y167</b>	Evyn Roberts (17)	CDF
<b>Y168</b>	Toby Bullock (18)	EXE
<b>Y169</b>	Alexander Worgan (18)	RIC
<b>Y170</b>	Szymon Sroka (17)	SPS
<b>Y171</b>	Will Short (18)	ELM
<b>Y172</b>	George Hampton (18)	CLM
<b>Y173</b>	Henry Hartland (14)	BAN
<b>Y174</b>	Sam Sparks (16)	RLS
<b>Y175</b>	Matteo Bose (15)	CLM
<b>Y176</b>	Will Stevely (18)	SPS
<b>Y177</b>	Marcell Nagy (16)	RDG
<b>Y178</b>	Fred Johnson (17)	DEV
<b>Y179</b>	Ewan Bates (16)	LBZ
<b>Y180</b>	Tyler Kinder (17)	RDG

🕒 FA: 14:32

## 167: FA K1 Girls A-C 5000

13.04.2025 15:04

<b>W40</b>	Izzy Ritchie (17)	WEY
<b>W41</b>	Katie Luen-Twining (16)	CDF
<b>W42</b>	Ava Wong (17)	CDF
<b>W43</b>	Frankie Scrivener (18)	FOX
<b>W44</b>	Lucy Cullen (18)	SLP
<b>W45</b>	Madison Mckernan (15)	ELM
<b>W46</b>	Kamila Sklenarova (18)	NOR
<b>W47</b>	Annie Bates (17)	RIC
<b>W48</b>	Sadb Shannon (17)	SLP

<b>W49</b>	Estelle Widdows (18)	NOR
<b>W50</b>	Hannah Toovey (17)	SPS
<b>W51</b>	Kyla Holt (16)	RIC
<b>W52</b>	Ruth Shephard (14)	RDG
<b>W53</b>	Sophie Dunlop (18)	ELM
<b>W54</b>	Imogen Field (15)	ELM
<b>W55</b>	Jasmine Sargeant (17)	NOR
<b>W56</b>	Abigail Strachan (16)	SPS
<b>W57</b>	Matilda Burton (15)	ELM

🕒 FA: 15:04

## 168: F K2 Mini Sprint A/B 200

Mini-Sprint Series 13.04.2025 15:36

<b>1</b>		
<b>2</b>		
<b>3</b>	Q. Paris   A. Weckowski	GLW   GLW
<b>4</b>	O. Caffrey   E. Noud	SLP   SLP
<b>5</b>	J. Drobik   F. Slizowski	GLW   GLW

<b>6</b>	R. Kirtland   F. Noud	BSF   SLP
<b>7</b>	N. Barat-Farkas   C. Bates	ELM   LBZ
<b>8</b>		
<b>9</b>		

🕒 F: 15:36

## 169: F K2 Boys D 200

13.04.2025 15:40

<b>1</b>	
<b>2</b>	
<b>3</b>	
<b>4</b>	
<b>5</b>	

<b>6</b>	
<b>7</b>	
<b>8</b>	
<b>9</b>	


🕒 H1: 14:16 &gt; H2: 14:20 &gt; F: 15:40

## 170: F V1 Para Men VL1-3 R2 200

Selection Race 13.04.2025 15:44

<b>1</b>	Taylor Gough (25)	RLS
<b>2</b>		
<b>3</b>		
<b>4</b>	Jack Eyers (36)	PAR
<b>5</b>	Stuart Wood (31)	PAR

<b>6</b>		
<b>7</b>	Xander Van Der Poll (26)	RLS
<b>8</b>	Edward Clifton (40)	CLM
<b>9</b>		


 F: 15:44

## 171: F V1 Para Women VL3 R2 200

Selection Race 13.04.2025 15:48

<b>1</b>		
<b>2</b>		
<b>3</b>		
<b>4</b>	Hope Gordon (31)	SPS
<b>5</b>	Charlotte Henshaw (38)	PAR

<b>6</b>		
<b>7</b>		
<b>8</b>		
<b>9</b>		


 F: 15:48

## 172: F K2 Girls D 200

13.04.2025 15:52

<b>1</b>		
<b>2</b>	A. De Bilio   S. Yates	ROY   GAI
<b>3</b>	L. Khan   L. Small	NOT   WOL
<b>4</b>	S. Kowal   A. Long	GLW   GLW
<b>5</b>	L. Jones   E. Mcaulay	NOT   NOR

<b>6</b>	C. Caffrey   E. Donnellan	SLP   SLP
<b>7</b>	M. Duran   A. Schneiders	ESK   ESK
<b>8</b>	A. Smerdon   E. Smerdon	CLM   CLM
<b>9</b>		

 F: 15:52

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## Welcome

Welcome to the first National Sprint Regatta for 2025. This is the Open & British Sprint National Regatta, including Paracanoe, Senior, Under 23, and Junior Selection events.

National Regattas are held under Paddle UK's Sprint Racing Competition Rules and Terms/Conditions of Participation.

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## Key Contacts

<b>Chief Official</b> Paul Edwardes <a href="mailto:Regatta.chiefofficial@vol.paddleuk.org.uk">Regatta.chiefofficial@vol.paddleuk.org.uk</a>
<b>Compétition Queries</b> Cathy Wynne <a href="mailto:sprintregatta@outlook.com">sprintregatta@outlook.com</a>
<b>Volunteer Coordinator</b> Ann Hoile <a href="mailto:Regatta.Volunteers@vol.paddleuk.org.uk">Regatta.Volunteers@vol.paddleuk.org.uk</a>

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## New for the 2025 season

### Personal Flotation Devices (PFDs)

All Junior D competitors, including the Mini Sprint competitors, must always wear buoyancy aids when on the water. The buoyancy aids must conform to the BS EN ISO 12402-5 standard.

### Regatta Event Ticket

To submit entries, paddlers must now purchase a Regatta Event Ticket instead of paying fees per event entered. Paddlers can enter as many events as the Event Schedule supports for each Class.

### Masters Events

Master's ability classes have been combined with the Seniors' ability classes.

### Intermediate Series

The Intermediate Series for U14s has been combined with the Junior D class.

### Ability Class Re-classification

The Standards For Racing times will be adjusted between the April and May/June regattas. Performance at the April

Regatta will be used to determine Ability Classes for subsequent regattas.

### Long Distance Course

The domestic 5000m long distance events in 2025 will be raced clockwise and consist of 2 long laps. The first and third turn will be by the 1000m Start Cabin, the second turn by the Finish Tower.

### Parking

Parking for this season will be located on the far side of the lake from the tower.

Entry to the parking area will be through the wooden gate by the desperate measures shop (/hired.march.villa), with the exit then via the playground gate at the country park (/doctor.sport.drop). Cars should park parallel to the lake and face up the lake.

Riverside Parking (the rugby field) will be used as an overflow car park if needed.

Parking charges will be in operation and can be paid online, in advance or on the day, or via the machine in the country park car park (card payments only). Parking can be paid up until midnight on the day via the app.

Parking can be paid using the Tap2Park Service on <https://parkpcm.co.uk/index.php>, using code 4455. You can prepay.

Please note that parking charges cannot be backdated, so they must be paid in advance or on the day.

There is no 2-day parking package discount code this year. The only discount available is if you purchase an annual ticket at £55, via [cindy.appleby@serco.com](mailto:cindy.appleby@serco.com) which is a saving if you attend all four regattas.

The charges will be:

Up to 30min - FREE

Up to 1 hour - £3.00

Up to 2 hours - £4.00

Up to 4 hours - £5.00

All day - £7.50

All year - £55.00 - apply to [cindy.appleby@serco.com](mailto:cindy.appleby@serco.com)

### Gazebos

Club gazebos will be positioned along the lake on the North bank, opposite the tower. Please pitch them 5m back from the perimeter road to allow spectators to congregate but not block the path. Please do not pitch your gazebos in the middle of the bank. Place them either at the top or at the base of the bank to avoid obstructing the parking.

Please also allow space between adjacent gazebos.

Gazebos must not exceed 4m x 4m in size. Above this size, they are deemed commercial and have associated health and safety conditions applied. Depending on paddler numbers, clubs may bring more than one gazebo.



## Cooking & Club Catering

An individual camping stove is now permitted, provided it is set up securely away from anything flammable and lit stoves or boiling water are not left unattended.

Clubs can provide cold catering to members; however, relevant food hygiene regulations should be followed.

Any clubs wishing to provide hot catering to members must contact Serco and Paddle UK using this [online form](#) no later than two weeks before the regatta. Depending on the requirements, there may be costs associated with this, although these will be kept to a minimum. Clubs that have not arranged this in advance will not be permitted to cook on site, and anyone doing so will be asked to leave the site. For further information, please contact Richard Stacey-Chapman ([richard.stacey-chapman@paddleuk.org.uk](mailto:richard.stacey-chapman@paddleuk.org.uk)) and Cindy Appleby ([Cindy.Appleby@serco.com](mailto:Cindy.Appleby@serco.com)).

## Traders and electrical connections

Traders who require an electrical connection must pre-book with Cindy Appleby at Serco.

## Paddler access lane

The paddler access lane is on the North Side of the lake (scoreboard side), and the motor boat access lane to the South Side (tower side).

## Boat control

Boat control is next to the tower.

## Facilities and catering

The Lakeside Main Café will be open for breakfast from 7 a.m. until 11 a.m. Hot food is also available from the Country Park Café (1066) from 8:30 a.m. until 5:00 p.m.

## Information point

Promotion certificates, 2025 Canoe Sprint Handbooks, and sets of Lane Numbers can be purchased from the Information Point, which is in the Event Organiser's Cabin, near the Finish Tower.

## Distribution of promotion and mini-sprint certificates

Team Leaders can collect past Junior Promotion and Mini Sprint Certificates from the Information Point, which will be in the Event Organiser's Cabin, near the Finish Tower.

## Communication

All information regarding the event will be posted on the [SRC website](#) and the [National Regatta site](#). The Programme for this event will only be available online from the SRC website link above. The Start Lists will be 'live' and updated during the regatta on the National Regatta site.

Regatta organisers will use one-way WhatsApp to disseminate important information during the event.

Scan this QR code to join this WhatsApp group

National Regatta  
WhatsApp community



**Contacting Officials:** If a Team Leader has a crew change, a scratch or a question, please use one of the following online forms:

[Crew boat changes](#)

[Withdrawal/scratches](#)

[General enquiries and questions](#)

Access to the Finish Tower and Bridge level of the Main Building is restricted to Regatta Officials. Team Leaders will be granted access **only when called** to meet with a Regatta Official. Access via the Centre Building stairs.

## Protests

Protests made during a competition must be in written form. Verbal protests will not be recognised. Protests addressed to the Competition Committee can be emailed to the Chief Official at [Regatta.chiefofficial@paddleuk.org.uk](mailto:Regatta.chiefofficial@paddleuk.org.uk). A fee of £15 will be applied when a protest is not upheld.

A protest regarding a race's published result must be made within 20 minutes of that result being published. A protest following a disqualification must be made within 20 minutes of the coach or athlete being informed.

## Shared early morning use of the course

If you plan to warm up on the course before the Competition starts, please be aware that for some of the warmup sessions, rowers could be training on the lake between the 1000m and 2000m marks. They will travel past the 1000m start in Lane 10 and return to the Boathouses using Lane 0. To avoid any potential disturbance from the rowers, please warm up between lanes 1 to 9 from the Finish Tower to the 1000m Starts until the rowers leave the course.

If you park a trailer on the hardstand in front of the Boathouses, please watch for rowers carrying boats crossing this area to reach the boathouse and their coaches on bikes.

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## 2025 Regatta Dates

The National Regattas in 2025 will be on the following dates:

31st May – 1st June - Open & British Masters National Sprint Racing Championships Regatta. Including Under 23 and Junior selections

12th – 13th July - Open & British Paracanoe, Senior, Under 23 & Junior National Championships Regatta. And Standup Paddle Board Championships Including Paracanoe, Senior & Junior selections

6th – 7th September - The British National Sprint Racing Inter-Club MacGregor Paddle Challenge, the Inter-Services Championship, and the Andrew Bonham Memorial C4 Race.

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## Changing/shower Room Codes

The NWCP changing/shower rooms entry codes are:

Mens code - 1967

Ladies code - 1974

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## Check, Clean, Dry

There are important steps we can all take to help stop the spread of invasive species. If you follow our simple Check, Clean and Dry steps below, you'll be taking big steps toward protecting the natural habitats of our rivers, canals, and waterways. Regardless of the type of canoeing you do, whether competitive or recreational, inland or coastal, the chances are that you take your canoe/kayak onto different watercourses where there is a chance you may come in contact with these harmful species.

**Please ensure you carry out the following BEFORE entering the site and when you LEAVE the site:**

- Check you're not carrying living organisms.
- Clean all equipment, clothing, and shoes.
- Dry equipment and clothing carefully..

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## Social Media

Subscribe to our Instagram or Twitter accounts, **canoesprintUK**, where we'll be sharing sprint-related photos and videos.

To help us increase Sprint Racing's social media presence nationally, please use the following hashtags alongside any photos or videos you publish on social media before, during, and after the National Regattas.

Hashtags	#nottsregatta
	#canoesprintlegends

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## Event Security

The National Water Sports Centre has asked us to raise awareness about Security at the event.

Please ensure that you do not leave your belongings unattended during the weekend. Please also keep your car locked when unattended.

If you see anyone acting suspiciously, please report it immediately to Reception on 0115 982 1212, any Regatta Official, or at the Information Point.

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## Information for Team Leaders

### What do I need to do if I am appointed as my Club's Sprint Team Leader?

- contact the Regatta Committee with your contact details and request a password to access the online entry system by emailing
- update your club's officials to include their contact details (email address and mobile number)
- maintain the paddler records for your club
- register new paddlers before the deadline for each regatta
- coordinate with Team Leaders from other clubs for mixed club crew boat entries
- submit entries for your club's paddlers once entries are open for a competition. Entries can be added incrementally at any time up to the entry deadline, at which point all entries that have been made become your submitted entries
- once your club's entry for a regatta is completed or the deadline has passed, arrange payment of the entry fees. The online entry system will calculate the total and give you a breakdown for each of your paddlers
- respond to entry queries raised by the Regatta Committee

### What are my responsibilities as a Team Leader?

As a Team Leader for a club, you take on certain responsibilities for the paddlers from your club before, during and after the regatta weekend. This covers several areas, including:

- ensuring paddlers hold a current Paddle Scotland/CANI/Canŵ Cymru or Paddle UK 'On the water' membership before submitting their entries.
- submitting and paying for the Regatta Event Tickets
- submitting late entry requests, if lanes are available, using the late entry form (see page C2 for link), if possible, before the Team Leaders meeting.
- attending the Team Leaders online meeting on the Tuesday evening before the regatta.
- monitoring the Team Leaders Broadcast WhatsApp group.

- briefing your paddlers about regatta rules and informing the parents/guardians of Juniors of these where appropriate.
- ensuring that all Junior D paddlers wear a buoyancy aid whenever they are on the water.
- ensuring that all your club paddlers have achieved the relevant standard (time and proficiency) to compete at National Regattas.
- ensuring that all paddlers can swim at least 50 metres.
- ensuring that paddlers are suitably dressed for the conditions prevailing during the event.
- ensuring that paddlers entered for events are competent to handle the prevailing conditions and can manoeuvre their craft. All paddlers must have been taught what to do in the event of capsize.
- ensuring that boats racing from your club carry additional buoyancy and are water worthy.
- ensuring that all paddlers wear buoyancy aids when requested by the Competition Committee in adverse weather conditions.
- ensuring that paddlers are on the water with enough time to make their start times, visibly wearing their club colours and displaying the correct lane number for their race.
- resolving issues that are raised by the Competition Committee. Where required, you will be asked to come to the top of the Finish Tower (via the external stairs). You will be called there by the Commentary Team and via WhatsApp broadcast.
- completing Incident Report Forms for any accidents/incidents involving attendees from your club that have occurred during the regatta.
- advising Juniors D paddlers who have been promoted that they need to become Paddle UK members and update the paddler database with their membership number.
- encouraging paddlers to shower after using the Regatta Course and ensure that all cuts and abrasions are covered with waterproof plasters before proceeding on the water. An NWSC guide to water-related illness is available from the NWSC reception desk.

You will be responsible for ensuring that your club's entry fees are paid as soon as possible after the entry deadline. These **must be paid no later than 15:00 on the Day before the regatta**.

As these regattas cost a lot of money to run, we must ensure that entry fees are paid promptly. **If payment isn't received by 15:00 the Day before the regatta**, will be charged an additional £5 per seat as a late payment surcharge.

If the regatta, or part of the regatta, must be cancelled or is delayed due to weather conditions or other circumstances outside of our control, unfortunately, we will not be able to refund entry fees.

### When is the Online Team Leaders meeting?

The Online Team Leaders meeting will take place at **8 pm on Tuesday, 8th April**. It will be open to Team Leaders who should sign in via the chat feature at the start of the meeting. Please review the Event Briefing (distributed with a recent Regatta Bulletin) before the meeting and pass on the

relevant information to your club members attending the regatta. The meeting will start with a review of the technical information for the regatta including any competition changes being implemented, followed by a review of the deletions and any name changes submitted via the online form since the publication of the Start Lists. Agreed changes resulting from this meeting are then made to the programme, which is then re-issued to the officials running the regatta.

**Any additional crew changes or scratches occurring after the Team Leaders meeting must be submitted via the online forms at least 60 minutes before the race.**

### [Crew Changes](#)

### [Withdrawals/Scratches](#)

### What additional rules do I need to know?

In addition to the rules outlined in the *Information for Competitors* section, you also need to be aware of the following:

#### *Ensuring adequate buoyancy*

Paddle UK Sprint Racing Competition Rules require that following a capsize, all kayaks and canoes must be able to remain floating level with the surface of the lake when filled with water while supporting the weight of the crew. It is your responsibility to ensure that all your paddlers have the correct buoyancy fitted in their boats. Buoyancy will be checked. Any boat, other than with sealed bulkheads, which visibly has insufficient buoyancy fitted, will not be allowed on the water until additional buoyancy is added. If a boat is found to have insufficient buoyancy at Boat Control after racing, this will be reported to the Competition Committee and will result in Penalty Points being issued to the paddler.

You should also ensure that all your paddlers always bring buoyancy aids/life jackets. Should the weather conditions on the Regatta Course prove inclement, it may become necessary to introduce the mandatory wearing of Buoyancy Aids/Life Jackets for some or all paddlers. All the time this is a requirement an Orange Flag will be displayed on the Flagpole by the Finish Tower. In these circumstances, competitors will not be allowed to go afloat without buoyancy aids/life jackets that conform to BS EN ISO 12402-5. Spraydecks are also strongly recommended for all sprint competitors when the Orange Flag is displayed.

#### *Ensuring paddlers have Paddle UK Membership*

All competitors from your club must be current Paddle UK members. The only exception to this is Junior club associate members ranked in Girls D, Boys D, Intermediate or Mini-Sprint classes.

Junior paddlers who are associate Paddle UK members must become full 'On the Water' members of Paddle UK before the next regatta when they are promoted to 'C' or above.

Please update your club paddlers' Paddler Registration details with the new Paddle UK number once promoted to Junior C.

#### *Penalty points and disqualification*

You are asked to ensure that your club competitors know and accept the racing rules and terms/conditions of participation. Penalty points will be incurred, or disqualification may occur for those paddlers ignoring the regatta rules. The rules are intended to ensure the fair, safe and efficient running of the regatta.

In instances where penalty points have been awarded, or where disqualification has occurred, you may be asked to meet with the Competition Committee at the top of the Finish Tower and relay the outcome to the relevant paddler(s). A statement of the currently active penalty points will also appear in the official results that are published shortly after the regatta.

### **Am I responsible for my club members' parking?**

Please ensure your club members and supporters observe the car parking rules outlined in the *Information for everyone* section below.

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## **Information for Competitors**

### **What happens if I discover a timetable clash?**

As a paddler, you can enter selection and ability class events, but timetabling cannot avoid potential clashes between these event types. After the Start Lists are released, and in the event of timetable clashes, you must ask your Team Leader to scratch you from the impacted races using the online form no later than the Team Leaders meeting to allow for redraws.

### **How is the course laid out?**

Please take time to familiarise yourself with the course and the areas where you are and are not allowed to paddle.

### **Can I use the course to warm up before my race?**

Once the Umpire boats are on the water, you can use the regatta lake to warm up. No paddling is permitted on the lake without appropriate safety cover. Umpire boats will be in place from 7:45 a.m. on Saturday and from 7.30 a.m. on Sunday. The boats will stay on the course until shortly after the last race on each day.

Please do not go too far down the course, as you may not hear your race being called to the start line. Remember that you are not allowed to practice in the race area.

### **Can I practise starting from a gate?**

If you have not used the start gates before or would like a refresher on how to line yourself up into the buckets, we will hold open practice sessions at the start of Saturday. See the timetable for details.

### **Are there any rules I need to know?**

The National Sprint Regattas follow a detailed set of rules. The Paddle UK Sprint Racing Competition Rules and the National Sprint Regatta Terms/Condition of Participation.

These can be read in full in the annual Canoe Sprint Handbook. This can be purchased at the Information Point.

A few specific rules you need to know have been included in this *Information for Competitors* section. These rules help with the fair, safe and efficient running of the regatta.

### **What are the minimum boat weights?**

In sprint racing, boats must have minimum weights (PUK SRC Regulation 9), which vary according to the class of boat.

K1 12kg C1 14kg

K2 18kg C2 20kg

K4 30kg C4 30kg

Paracanoe: K1 12kg; V1 13kg (inc. hull, ama & iako)

You are responsible for ensuring that your boat is at least that weight or heavier and bringing any additional weights you need. If your boat requires additional weight to be added, this must be firmly attached to your boat; a loose bag of stones or sand tucked under the seat is not acceptable. The weight of your boat is measured using the Boat Control weighing scales on the day of the regatta, not the scales at your club or your kitchen scales at home, so please don't argue with the Boat Control officials.

If you race in an underweight boat, you can be disqualified.

At a National Sprint Regatta, you are not obliged to have your boat weighed before your race, although this is recommended. You can do this at any time when the Officials are not busy weighing boats from a race. However, you may be called into Boat Control immediately after your race, which means going directly to the Boat Control pontoon after crossing the finish line for your boat to be checked.

You should also be aware that your boat's weight may change depending on the temperature. Boats are lighter on a hot day, so if you are in doubt about the weight, especially if it is close to the minimum permitted weight, play safe and weigh your boat before you race. What if my boat is too heavy?

The bottom line is it doesn't matter. Too many athletes worry about being disadvantaged if their boat is heavier than the minimum required weight, so much so that some will try to race with an underweight boat.

How a boat travels through the water depends on many things, including the shape of the boat's hull, the displacement of the water, how high your seat is and your overall centre of gravity, and, not least, your own ability and paddling technique. So, for example, if your K1 weighs 12.0kg, 12.5kg, or anything in between, it's not going to make much difference to your overall performance, so don't get hung up about it.

### **Why do I need a lane number?**

Your boat must display a white lane number board showing the lane number in which you are racing. The number boards help the officials to run the regatta effectively and to ensure the accuracy of results.

Your lane number is likely to change from race to race, so ensure you display the correct number before you paddle to the start of your next race. Your Team Leader should be able to provide you with the required number board. Sets of White Lane Numbers are available for sale from the Regatta Information Point. Paracanoe athletes can collect boat numbers from the Paracanoe boat bays.

### **Why do I have to race in my club colours?**

You are racing for your club and, therefore, need to wear your club colours. If there are queries about your race, the club colours help us easily identify specific paddlers. This, in turn, allows us to resolve any issues and contact the relevant club Team Leaders if necessary. It also allows us to post the race results more quickly.

### **How do I know if I have to wear a Buoyancy Aid/Life Jacket?**

All Junior D and Mini Sprint competitors must always wear a buoyancy aid when they are on the water. The buoyancy aids must conform to the BS EN ISO 12402-5 standard.

If weather conditions deteriorate during the regatta weekend, you may be required to wear a Buoyancy Aid/Life Jacket. If this is required, an announcement will be made on the Public Address (PA) System and by WhatsApp broadcast to inform you which classes of paddlers, or all paddlers, must wear them as a mandatory requirement. A further announcement will be made when the requirement is rescinded. While the requirement is in force, an Orange Flag will be displayed on the Flagpole by the Finish Tower.

All Buoyancy aids/life jackets must conform to BS EN ISO 12402-5.

### **How much buoyancy do I need in my boat?**

PUK Sprint Racing Competition Rules require that following a capsized, all kayaks and canoes must be able to remain level on the surface of the water when filled with water and support the crew.

You need to ensure that there is visible additional buoyancy fitted in your boat before you get on the water. This may be checked during the regatta. Any boat that does not have visible buoyancy material fixed in the boat will not be allowed on the water until additional buoyancy has been added. If your boat is found not to have the required buoyancy at Boat Control, after racing, this will be reported to the Competition Committee. Disqualification or penalty points will be applied.

### **Where do I get on and off the water?**

Paracanoe athletes will access/egress the water via the pontoon in front of the Paracanoe boat sheds.

All other athletes will access the water via the pontoons at the end of the lake or from the long pontoon after the finish line on the northside. Please be aware of others using the pontoons.

Athletes called for boat control can egress the water on the pontoon next to the tower.

All other athletes should egress at the end of the lake or from the long wooden pontoon

### **How do I get to the start, and when should I arrive?**

Leave yourself enough time to get to the start line for your race, paddling slowly in Lane 10. This is the lane closest to the Scoreboard.

Aim to arrive in the starting area five minutes before your race time and, ideally, get yourself lined up in the correct lane. The starting area runs from the start line itself to a set of blue buoys placed 100m beyond each start line. Please don't go too far away from the starter, as you'll need to be able to hear when your race is called. Regatta race time is displayed on a large digital clock placed on the bank next to the starter's hut.

### **What happens at the start?**

The starters will call you to the start line by the number of your race. Remember your race number! Then the lane number for each competitor in that race. On windy days, it can sometimes be difficult for the lanes furthest away from the starter to hear these requests, so keep aware of what's going on around you and ask other paddlers if you are unsure.

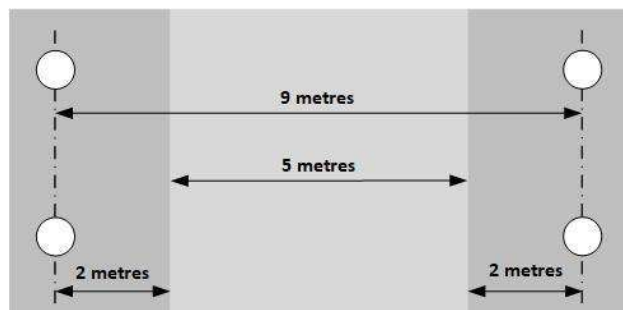
When your race is called, you will be asked to move towards the start buckets and stop and hold off about 5-10m away. When the timing team has given clearance for the next race, the starter will ask you to come into the buckets. Please listen carefully to the starter's instructions at this point. You will hear these clearly from the loudspeakers next to each bucket.

### **If you miss your start, you may not be allowed to race.**

Remember that races start every 3 or 4 minutes throughout the day, leaving very little time to delay the start of any race. Why do I have to stay in the centre of my lane?

The simple reason is that you must not put yourself in a position where you interfere with the progress of or seek to take advantage of other competitors.

*PUK SRC Regulation 26* states that your boat must stay within the five-metre-wide central area of your lane from the start to the finish of the race. If your boat moves out of the centre five metres, you must immediately take action to return to the central area or if it's judged that you have gained an advantage. You can be disqualified. See the following diagram. *PUK SRC Regulation 27* states that you are not allowed to take pace from other boats, so staying in the centre of the lane helps you avoid the temptation to try and wash hang. The way to make the race as fair as possible for every competitor, especially if you are racing side-by-side, is to stay within the central five metres of your lane.



We do appreciate that in certain weather conditions, you can easily be pushed off-centre by the wind and water turbulence and this is quite understandable. We expect you to make every effort to remedy the situation and get back to the centre of the lane as soon as possible.

If you deviate outside the central five metres, the race Umpire is required to report this to the Competition Committee in the Tower. The decision as to whether you are disqualified or not will rest with the Competition Committee and will probably depend on whether you gained an advantage from the deviation.

In summary:

- if your boat deviates from the central area of the lane, you must go back immediately to this central area of the lane.
- if your boat leaves the centre of the lane and does not return to it, you may be disqualified from the event.
- if your boat leaves its allocated lane, you will be disqualified from the race.

Additionally:

- if you capsize during the race, you will also be eliminated from the race (except in races of more than 1000m – Rule 28.4).
- if you break a paddle during your race, you may not be provided with a new one by a supporter (except in races of more than 1000m – Rule 28.6).

Umpires may interrupt a correctly started race if unforeseen issues arise. The umpire will announce this with a red flag and may sound a signal to advise you of such an interruption. Competitors must immediately stop paddling and await further instructions. Why am I not allowed to be paced or to sit on someone else's wash?

*PUK SRC Regulation 27 states that taking pace or receiving assistance from boats not in the race or by any other means is not permitted.*

When a race is in progress, crews who are not taking part in the race are strictly forbidden to proceed over the whole or part of the course, even if outside of the lane marking buoys. This includes making a wash even from outside of the marking buoys. Or following alongside a race while paddling in the access lane and crossing the Finish Line in the access lane while a race is in the process of finishing. This can obstruct the Judges' view and distracts their attention when they're trying to concentrate on the race itself. Giving pace or any other assistance, including coaching, could result in the boat, which it appears is unfairly supported, being disqualified from their race.

## Why are there motorboats on the course?

There are normally three Umpire launches on the water throughout each regatta.

The Umpires will follow races down the course or, in the case of 200m races, sit at either end of the course to observe these races. They are responsible for the race once it is underway and have a duty to report any possible rule infringements during the race to the Competition Committee in the tower.

In addition, the Umpire and the Umpire launch will assist paddlers in the event of a capsize or, when necessary, give directions to evacuate the lake in the event of an electric storm.

The launches use Lane 0 to move around the course, which is the lane closest to the tower. The launch drivers are very aware of the impact of their wash on your paddling and aim to minimise this as much as possible.

## What happens at the finish?

At the end of each race, please move away from the finish line as quickly as possible. Remember that there can be multiple races on the course at any time and that other races may finish shortly after your own.

In most races, Boat Control will inspect one of the boats selected at random. In the races designated National Championship Finals and some selection events, the first four across the line will all be called to Boat Control to be checked.

The commentary team will advise you which boat(s) needs to go to Boat Control. The Boat Control team will also display these boats' lane number(s) on the pontoon from which to egress the water to attend Boat Control.

If you are called to Boat Control, please go there immediately following your race. If you don't, you can be disqualified from the race.

## What happens if I get called to boat control?

Boat Control inspects boats in accordance with *PUK SRC Regulation 12*. This means you must remove every loose item from your boat before it is weighed. Typically, this includes things like:

- the white number board
- the spraydeck
- the foam on your seat, especially if it is absorbent
- any stones or weights that are now loose, having broken loose during the race, even though they had appeared to be fixed and firm when you started the race
- sponges, chamois leathers and any other absorbent item that may be under your seat
- canoe knee rests (fixed knee rests must be dried)
- residual water

Athletes will be expected to empty their own boat of water, remove all loose fittings, lane number and spray deck before positioning their boat on the scales.

All athletes should expect their boats to be checked during the event. Boats will be selected at random from each heat

and final. The lane number will be announced and displayed on the board on the Boat Control pontoon. If your boat is found to be under the required weight or lacking sufficient buoyancy, it will be reported to the Competition Committee, who may apply a penalty.

### Can I warm down?

You may warm down by turning carefully below the Finish Line and outside of the finish area (a 'D' shape marked by buoys and flags), then proceeding back to behind the start line SLOWLY down Lane 10, the lane closest to the Scoreboard.. DO NOT re-enter any of the racing lanes.

### How do I find out if I've qualified for a final?

The times from each heat are processed very quickly after each race. Once the Competition Committee has received confirmation from the Umpire and Boat Control that no rules have been broken or resolved any issues where they have, these times are then displayed on the main scoreboard. Results of all races and draws for finals will be published online via the Live Results Service. The Regatta Organizers will try to back this up via one-way WhatsApp.

Once all the heats in a class have been completed, draws for each Final are made. Mostly these are based on time. Depending on the number of entries in each class, there may be more than one Final.

The only exceptions are Mens A or A/B, Womens A or A/B, Boys A or A/B and Girls A or A/B events or if classes are for Senior Men, Men U23, Boys U18, Senior Women, Women U23, and Girls U18. These events are based on the finishing place within each heat. The progression from heats to finals for all events is shown beneath the heading for the heats in the Start List.

You must check if you have qualified for a Final in your class. Details of who is in each final and their lane numbers are displayed on the Live results service. **Please wait at least 15 minutes after the last heat before checking the details of lane draws for the resultant finals.**

### Can I obtain the race results on my mobile phone?

The Unofficial Results can be obtained during the regatta from [regattaresults.org.uk](http://regattaresults.org.uk).

This service, available during the regatta, enables you to view the provisional results directly on your phone throughout the regatta. The results are updated in near real-time shortly after the results for each race are released.

The service enables you to scroll up and down through the results very quickly. Just refresh the webpage every now and again.

To access this service, navigate to [regattaresults.org.uk](http://regattaresults.org.uk).

Remember that it will only work during the weekend, as and when the unofficial results are made available. After the regatta, the official results will be published on the website: <https://canoesprint.org.uk>

### How do I find out if I've been promoted?

Promotions between classes are calculated during the Regatta weekend based on several factors. If you have been promoted, details about this are included in the published Official Results. These are available on the Sprint Racing website at <https://canoesprint.org.uk/archives/national-regatta-results/> shortly after the event. The availability of these results is also notified on our Facebook group page called *PUK Sprint Racing Committee*.

### Is there an event welfare office I can speak to?

You should feel safe enjoying your sport. If you are worried about how you or someone else is being treated at the event by another young person or adult, there is someone you or your parents/carer or coach/leader can talk to. Please speak to our Event Welfare Officers:

Louise Clive Tel: 07816 786987

If Louise is not immediately available, you can also contact any of the following:

#### Paddle UK Safeguarding Lead:

(For anyone wishing to report a safeguarding incident or concern) Tel: 0115 8655354

(if calling out of office hours, leave a message and your call will be responded to as soon as possible the next working day)

or Email: [safeguarding@paddleuk.org.uk](mailto:safeguarding@paddleuk.org.uk)

#### Home Nations

##### Paddle Scotland Safeguarding Officer

Andy Murray Tel: 01887 292040:

Email [andy.murray@paddlescotland.org.uk](mailto:andy.murray@paddlescotland.org.uk)

##### Canoe Wales Lead Safeguarding Officer

Cath Sykes, Tel: 0708 683984: Email

[childprotection@canoewales.com](mailto:childprotection@canoewales.com)

##### CANI Safeguarding Officer

Stephen Craig or Louise Wallace:

Email: [safeguarding@cani.org.uk](mailto:safeguarding@cani.org.uk)

For immediate confidential advice (24hr Helplines) contact:

**NSPCC Child Protection Helpline Tel: 0808 800 5000**

**Childline Tel: 0800 1111**

The Paddle UK Safeguarding Policies and Guidance documents, including other related information, are available at [www.paddleuk.org.uk](http://www.paddleuk.org.uk).

National Regattas are held under PUK Sprint Racing Competition rules and Terms/Conditions of Participation.

### How do I enter future events?

The Team Leader submits race entries for your club, so let your Team Leader know if you want to enter any future events. Team Leaders will then submit their club's entries online with payment to Paddle UK.



## Where can I find event schedules for future regattas?

The event schedule for each of the National Sprint Regattas is published on the SRC website at <https://canoesprint.org.uk/all-events/upcoming-events/>

Small changes to event schedules can occur in the weeks leading up to each event. Any changes are published on the Sprint Racing website. The availability of updated versions of the schedule and other news items for Sprint Racing are also notified on our *PUK Sprint Racing Committee* Facebook group page.

## What do I need to know about regatta liability?

The regatta will endeavour to provide a safe environment within the Water Safety Code. You are specifically reminded that anyone using the lake and the adjoining river does so entirely at their own risk. Please note the following *PUK Regatta Liability Statement*.

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. In all cases, competitors compete entirely at their own risk.

Each of the Regatta Organisation, the Sprint Racing Executive, and Paddle UK exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

### *Regatta entry conditions*

Regatta Entries are accepted on the basis that each competitor is aware of and has accepted the above conditions.

## Weil's disease/Leptospirosis

As with all water sports activities, if you capsize and after a few days you think you may have an infection or flu-like symptoms, please go to your doctor and tell them you are a canoeist. There may be a risk of Weil's Disease / Leptospirosis, which must be swiftly diagnosed and treated. Do also be aware of Lyme's Disease, an infectious disease caused by bacteria that is spread by ticks. The most common sign of infection is an expanding area of redness on the skin that begins at the tick bite site about a week after it has occurred. Please report any cases to the Paddle UK Office as they monitor occurrences and identify areas that pose a risk to canoeists. Tel: 03000 119 500 or online via <https://www.paddleuk.org.uk/access-and-environment/access-to-water/incident-reporting>

## Can I get involved in helping run the regattas?

Of course! We are always pleased to have extra people to assist during the regatta weekends. If you would like to learn a new skill or want to help, we would love to hear from you.

It might surprise you that the National Sprint Regattas are run entirely by volunteers. Although a lot of planning work is done prior to each event, during each regatta weekend,

approximately 50 people are involved in a wide variety of roles to keep the regatta on schedule. These roles include:

- programme planners
- computer room data inputters
- administrators
- motorboat drivers
- course umpires
- boat weighers
- starters
- commentators
- line judges
- photo finish operators
- scoreboard operators
- K4 shed boat controllers
- promoters (and demoters)
- medal presenters
- first aiders
- competition judges

We're always looking for additional pairs of hands to help things run efficiently and are very flexible with how much time you can commit during the weekend. If any of the above roles capture your imagination, or you are just interested in finding out what we do, we can introduce you to and train you in any of these roles. Pop into the Information Point and ask to speak to Ann Hoile.

## Can I follow the race by bike or scooter?

The National Water Sports Centre (NWSC) allows cyclists to use the towpath on both sides of the regatta course when weather conditions permit and at their own risk. Cycling, skating, rollerblading and scootering are not allowed in the area around the Tower and Boat Control. Cyclists, rollerblading and scooters following races should use the Southside roadway (Finish Tower side of the course).

Coaches and supporters must be conscious of those around them, including the general public, and should only follow races in which their athletes are competing.

We encourage you to follow the NWSC's Towpath Code for Cyclists

- always give way to pedestrians and service vehicles
- use your bell to alert other people of your approach, particularly if approaching from behind
- be prepared to stop, dismount and push your bike past walkers, particularly when families and young children are present
- take special care if dogs or other animals are present
- ride in single file and not in more than groups of four
- keep your speed down and never race along the towpath
- keep to the paths and minimise path erosion by not skidding
- wear an approved safety helmet

Remember that you are responsible for your own safety and the safety of others.

## Are there any guidelines for taking photographs or filming the racing of young people?

We encourage you to follow the Paddle UK guidelines, which provide sensible advice. We recognise that publicity and pictures/ recordings of young people enjoying paddle sport are essential to promoting the sport and a healthy lifestyle.

The key concerns regarding the use of images of children and young people relate to:

- the possible identification of children when a photograph is accompanied by personal information
- the inappropriate use, adaptation or copying of images for use on child pornography or illegal website
- the taking of inappropriate photographs or recorded images of children

### *Guidelines for taking photographic/recorded images*

- ensure parents/guardians and the young person have granted their consent for the taking and publication of photographic images
- all children featured in recordings must be appropriately dressed in outer clothing garments covering the torso from at least the bottom of their neck to their thighs, i.e. a minimum of vest/ shirt and shorts
- the photograph or recording should focus on the activity rather than a particular young person. Personal details, which might make the young person vulnerable, such as their exact address, should not be revealed
- clubs, coaches and volunteers should be allowed to use video equipment as a legitimate coaching aid and means of recording special occasions. Care, however, should be taken in the dissemination and storage of this material
- you should not use any images of a child or young person who is the subject of any court order or who has denied you their consent
- parents and spectators taking photographs/recordings should be prepared to identify themselves if requested and state their purpose for photography/filming any instances of the use of inappropriate images should be reported to the Club, Paddle UK or the Police

### *Guidelines for publishing photographic/recorded images*

- if a photograph is used, avoid naming the child by using their first name only. Personal details of children, such as email address, home address and telephone numbers should never be revealed on a website or in print
- think about the level of consideration that you give to the use of images in all publications, for example, the process used in choosing photographs for a publicity brochure for the club. Apply an increased level of consideration to the images of children used on websites

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## Information for Everyone

### Are there any parking restrictions?

The National Water Sports Centre does place some restrictions on where vehicles can park around the venue. Parking marshals will be on hand to guide you to the right locations. Please follow their directions as to where to park.

The main area for competitors is Grassy Bank on the north side of the lake.

The pontoons and access road in front of the Centre on either side of the Finish Tower is designated 'Reserved' parking or a 'No Parking Area'.

### **Access for emergency vehicles must NOT be impeded.**

Please keep the access roads clear near the Centre Buildings.

All vehicles should be parked responsibly, safely and without causing an obstruction.

At certain times during a competition, it may become necessary to restrict vehicle movement on parts of the access roads around the course for safety reasons. If this is required, notice will be given.

### Are there parking charges?

Parking charges are noted above.

Follow the Marshals' instructions when parking alongside the lake.

### Can I camp overnight or set up my motorhome or caravan on the regatta site?

The National Water Sports Centre's camping licence only includes the campsite and ski tow camping areas. Tents, motor homes, caravans or vans found anywhere other than these camping areas will, therefore, be removed, as they will be in breach of NWSC's licence.

### What should I do if there is an accident or emergency?

During racing hours, medical and first aid facilities are provided on-site. Medical facilities are intended to cover emergencies only. Medical support provided by a Paramedic and First Aid volunteers is available in the First Aid Cabin, which is located below the main building opposite the Finish tower. Alternatively, contact the main reception desk in the main building (0115 982 1212) or any Regatta Official.

All accidents and emergencies must be reported as soon as practicable using the Paddle UK Incident Reporting Form, available at <https://paddleuk.org.uk/online-incident-reporting/>. If necessary, additional medical support will be requested on the advice of the paramedic. The Paramedic will also ensure that the Regatta Organizers, Chief Official, and Main Reception Centre are made aware of any incidents. The online Incident Report Form MUST be completed by the Team Leader of the appropriate clubs for all accidents, collisions, and near-miss incidents.

Emergency numbers 999  
Emergency Services 0115 977 3078  
Police, Nottinghamshire Authority  
[npa@nottinghamshire.pnn.police.uk](mailto:npa@nottinghamshire.pnn.police.uk)  
NWSC Reception Office 0115 982 1212  
NHS Direct 0845 4647

National Water Sports Centre, Holme Pierrepont Country Park  
Adbolton Lane, Nottingham, NG12 2LU

### **What is the PUK Regatta Policy and Code of Conduct?**

The Paddle UK Sprint Regatta Committee is fully committed to safeguarding the well-being of its paddlers, officials, volunteers and coaches. We ask that everyone shows respect and understanding to each other, conducting themselves in a way that reflects the principles of the event. We believe that taking part in paddle sports should be a positive and enjoyable part of both children's and adults' lives and that all paddlers should be able to improve their performance and have fun. The PUK Regatta Committee also adopt and regularly review a Health & Safety Policy.

Everyone involved in the event should abide by the Paddle UK *Rules, Code of Conduct and Policies*, and to achieve this we have the following expectations:

#### *Everybody*

- always use correct and proper language
- set a good example by applauding the performance of all paddlers
- always treat others with respect
- be considerate and respectful to other paddlers on and off the water, treating all paddlers as you would want to be treated yourself
- control tempers and avoid behaviour which may inconvenience or upset others
- co-operate with and listen to your coaches, team leader, volunteers, and parents/carers and officials
- be on time for the event and your races, or inform your team leader/coach if you are going to be late
- take care of all property belonging to the centre, regatta, clubs or members and the public
- junior paddlers are not allowed to smoke or consume alcohol, and no person may use non-medicinal drugs of any kind while at the event or representing the sport of canoeing

#### *Team leaders, coaches, officials and volunteers*

- in line with Paddle UK Policy/Codes on safe recruitment for any volunteer role, vetting practices, including appropriate Disclosure checks, where eligible, will be undertaken in accordance with home nation and government guidelines
- all those working with young people and vulnerable adults should also have read and adhere to the *Paddle UK child and vulnerable adult policy* and *Paddle UK anti-bullying policy*. These can be accessed on the Paddle UK website. The regatta will follow the guidance of these policies in the event of any concerns or allegations
- follow the Paddle UK Code of Ethics and Guidelines and Policies

- consider the well-being and safety of paddlers before their personal development or performance
- encourage paddlers and officials to value their performance and not just their results
- develop an appropriate working relationship with paddlers based on mutual trust and respect
- display consistently high standards of behaviour and appearance
- hold the appropriate, updated qualifications and insurance
- the Regatta Committee will encourage, train and support volunteers to gain qualifications and assist officials to stay updated
- Team Leaders/Coaches will obtain written medical details of young paddlers, which will be made known where deemed appropriate and/or necessary
- never condone the use of prohibited substances, as defined by Paddle UK

#### *Parents, guardians and carers*

- help your child to recognise good performance, not just results
- support your child's involvement at the event and help them enjoy the canoeing sport. Never force your child to take part in the sport
- never punish or belittle a child for losing or making mistakes
- publicly accept officials' judgement

#### **Trade stands**

Trade stands are welcome at the event. Please contact the duty manager at NWSC for information about charges and to pay and receive a VAT receipt.