

 <b>NATIONAL SPRINT REGATTAS</b>	<b>Paddle UK Sprint Racing National Regatta</b> Including Senior and Junior selection events									
	<b>Open &amp; British Seniors, Under 23, Junior and Paracanoe,</b> <b>National Championships Regatta plus Standup Paddle Board Championships</b> National Water Sports Centre, Holme Pierrepont Country Park, Nottingham									
	<b>Saturday 12<sup>th</sup> – Sunday 13<sup>th</sup> July 2025</b> Paddler registrations close Entry closing date									
	<b>Sunday 22<sup>nd</sup> June 2025</b> <b>Friday 27<sup>th</sup> June 2025</b>									
<b>Short code</b>	<b>Class</b>					<b>Sunday's races are Shaded</b>				
<b>Standup Paddle Board</b>		<b>200m</b>								
SUPEM	SUP Elite Men	SUP								
SUPEW	SUP Elite Women	SUP								
SUPOM	SUP Open Men	SUP								
SUPOW	SUP Open Women	SUP								
SUPB	SUP Junior Boys	SUP								
SUPG	SUP Junior Girls	SUP								
<b>PARACANOE</b>		<b>200m</b>								
KMKL1	Men KL1 Kayak	SNK1	SNK1							
KMKL2	Men KL2 Kayak	SNK1	SNK1							
KMKL3	Men KL3 Kayak	SNK1	SNK1							
KWKL1	Women KL1Kayak	SNK1	SNK1							
KWKL2	Women KL2 Kayak	SNK1	SNK1							
KWKL3	Women KL3 Kayak	SNK1	SNK1							
VMVL1	Men VL1 Va'a	SNV1	SNV1							
VMVL2	Men VL2 Va'a	SNV1	SNV1							
VMVL3	Men VL3 Va'a	SNV1	SNV1							
VWVL2	Women VL2 Va'a	SNV1	SNV1							
VWVL3	Women VL3 Va'a	SNV1	SNV1							
<b>NATIONAL SENIOR, UNDER 23 &amp; JUNIOR</b>		<b>200m</b>		<b>500m</b>			<b>1000m</b>		<b>5k</b>	
MOK	Men Senior Kayak	SNK1		SNK1	NK2	NK4	SNK1		SK1	
MU23	Men Under 23 Kayak									
WOK	Women Senior Kayak	SNK1	NK2	SNK1	NK2	NK4	SNK1		SK1	
WU23	Women Under23 Kayak									
MOK/WOK	Men/Women Senior Mixed <sup>#</sup>							NK2		
MU23/WU23	Men/Women U23 Mixed <sup>#</sup>							NK2		
CMO	Canoe Men Senior	NC1		SNC1	SNC2		SNC1	NC2	SC1	
CMU23	Canoe Men Under 23									
CWO	Canoe Women Senior	SNC1	NC2	SNC1	SNC2		NC1		SC1	
CWU23	Canoe Women Under 23									
BU18	Boys U18 Kayak	NK1		SNK1	NK2	NK4	SNK1			
BU16	Boys U16 Kayak	NK1		SNK1	SNK2	NK4	SNK1			
BU14	Boys U14 Kayak	NK1		NK1	NK2	NK4		NK2		
GU18	Girls U18 Kayak	SNK1		SNK1	NK2	NK4	NK1			
GU16	Girls U16 Kayak	SNK1		SNK1	SNK2	NK4	NK1			
GU14	Girls U14 Kayak	NK1		NK1	NK2	NK4		NK2		
BU18 + GU18	Boys/Girls U18 Mixed <sup>#</sup>							NK2		
BU16 + GU16	Boys/Girls U16 Mixed <sup>#</sup>							NK2		
BU14 + GU14	Boys/Girls U14 Mixed <sup>#</sup>							NK2		
CBU18+U16 + U14	Canoe Junior Boys	NC1		NC1	SNC2		SNC1			
CGU18 +U16 +U14	Canoe Junior Girls	SNC1	NC2	NC1	SNC2					
<b>MINI SPRINT SERIES</b>		<b>200m</b>		<b>500m</b>						
MSA	Mini A	K1	K2	K4	K1		K4			
MSB	Mini B	K1	K2	K4	K1		K4			
<b>PADDLE-ABILITY</b>		<b>200m</b>		<b>500m</b>						
		R1	R2	R1	R2					
PAD	Paddle-Ability (Sat)	K1	K1	K1	K1					
PAD	Paddle-Ability (Sun)			K1	K1					

**N** = Open & British National Sprint Racing Championship, Non-UK athletes may compete for medals, regardless of nationality or the number of entries, medals are awarded to the first three boats. British National Champion title and National trophies will be awarded to the highest placed British competitor

**S** = Selection events:

**R1** = 1<sup>st</sup> Run:

**R2** = 2<sup>nd</sup> Run:

**Mixed<sup>#</sup>** = 1 male + 1 female

**N.B.** Paracanoe selection events have Run 1 & Run 2, followed by Run 3 as a 'Race off, if needed.