

12th July – 13th July 2025
National Championship or Selection events finals
Saturday

07:30	Course opens				
07:45	Warm-up period opens				
08:15	Start gate practise opens at 200m				
08:45	Start gate practise and warm-up closes				
1	09:00	Boys U14	K2	1000	H1
2	09:04	Boys U14	K2	1000	H2
3	09:08	Girls U14	K2	1000	F
4	09:16	Men Senior/U23	K1	1000	H1
5	09:20	Men Senior/U23	K1	1000	H2
6	09:24	Men Senior/U23	K1	1000	H3
7	09:28	Men Senior/U23	K1	1000	H4
8	09:36	Canoe Men/Women/Boys	C1	1000	F
9	09:44	Boys U18	K1	1000	H1
10	09:48	Boys U18	K1	1000	H2
11	09:52	Boys U18	K1	1000	H3
12	10:08	Boys U16	K4	500	F
13	10:12	Women Senior/U23	K1	500	H1
14	10:16	Women Senior/U23	K1	500	H2
15	10:20	Women Senior/U23	K1	500	H3
16	10:28	Girls U18	K1	500	H1
17	10:32	Girls U18	K1	500	H2
18	10:36	Girls U16	K1	500	H1
19	10:40	Girls U16	K1	500	H2
20	10:40	Girls U16	K1	500	H3
21	10:44	Girls U14	K1	500	H1
22	10:48	Girls U14	K1	500	H2
23	10:52	Paddle-Ability (Sat) R1	K1	500	F
24	11:00	Boys U14	K4	500	F
25	11:04	Boys U18	K4	500	F
26	11:12	Boys U16	K1	500	H1
27	11:16	Boys U16	K1	500	H2
28	11:20	Boys U16	K1	500	H3
29	11:24	Boys U16	K1	500	H4
30	11:28	Boys U16	K1	500	H5
31	11:32	Mini Sprint A	K1	500	F
32	11:36	Mini Sprint B	K1	500	F
33	11:48	Men Senior/U23	K1	1000	F1
34	11:52	Men Senior/U23	K1	1000	F2
35	11:56	Canoe Men Senior/U23	C2	1000	F
36	12:00	Boys U18	K1	1000	F1
37	12:04	Boys U18	K1	1000	F2
38	12:08	Boys U14	K2	1000	F
39	12:24	Women Senior/U23	K1	500	F1
40	12:28	Women Senior/U23	K1	500	F2
41	12:32	Girls U18	K1	500	F
42	12:36	Girls U16	K1	500	F1
43	12:40	Girls U16	K1	500	F2
44	12:44	Boys U16	K1	500	F1
45	12:48	Boys U16	K1	500	F2

46	12:52	Boys U16	K1	500	F3
47	12:56	Girls U14	K1	500	F
48	13:16	Para Men KL2/3 R1	K1	200	F
49	13:20	Para Women KL2/3 R1	K1	200	F
50	13:28	Men Senior/U23	K1	200	H1
51	13:32	Men Senior/U23	K1	200	H2
52	13:36	Men Senior/U23	K1	200	H3
53	13:40	Men Senior/U23	K1	200	H4
54	13:44	Men Senior/U23	K1	200	H5
55	13:52	Girls U18	K1	200	H1
56	13:56	Girls U18	K1	200	H2
57	14:00	Girls U16	K1	200	H1
58	14:04	Girls U16	K1	200	H2
59	14:12	Women Senior/U23	K1	200	H1
60	14:16	Women Senior/U23	K1	200	H2
61	14:20	Women Senior/U23	K1	200	H3
62	14:24	Canoe Women Senior/U23	C1	200	F
63	14:28	Canoe Boys + Girls Junior	C1	200	F
64	14:32	Paddle-Ability (Sat) R1	K1	200	F
65	14:40	Girls U14	K1	200	H1
66	14:44	Girls U14	K1	200	H2
67	14:48	Mini Sprint A	K1	200	F
68	14:52	Mini Sprint B	K1	200	F
69	15:00	Para Men KL2/3 R2	K1	200	F
70	15:04	Para Women KL2/3 R2	K1	200	F
71	15:08	Girls U18	K1	200	F
72	15:12	Girls U16	K1	200	F
73	15:16	Women Senior/U23	K1	200	F1
74	15:20	Women Senior/U23	K1	200	F2
75	15:24	Men Senior/U23	K1	200	F1
76	15:28	Men Senior/U23	K1	200	F2
77	15:32	Men Senior/U23	K1	200	F3
78	15:40	Canoe Men Senior/U23	C1	200	F
79	15:44	Girls U14	K1	200	F
80	15:48	Paddle-Ability (Sat) R2	K1	200	F
81	16:00	Girls U18	K1	1000	H1
82	16:04	Girls U18	K1	1000	H2
83	16:08	Girls U16	K1	1000	H1
84	16:12	Girls U16	K1	1000	H2
85	16:28	Women Senior/U23	K2	500	F
86	16:32	Men Senior/U23	K4	500	F
87	16:36	Boys U14	K2	500	H1
88	16:40	Boys U14	K2	500	H2
89	16:44	Boys U16	K2	500	H1
90	16:48	Boys U16	K2	500	H2
91	16:56	Boys U18	K2	500	H1
92	17:00	Boys U18	K2	500	H2
93	17:04	Paddle-Ability (Sat) R2	K1	500	F
94	17:20	Girls U18	K1	1000	F
95	17:24	Girls U16	K1	1000	F
96	17:32	Men/Women Senior Mixed	K2	1000	F
97	17:36	Men/Women U23 Mixed	K2	1000	F

98	17:48	Boys U14	K2	500	F
99	17:52	Boys U16	K2	500	F
100	17:56	Boys U18	K2	500	F

Sunday

07:45 Course opens
 08:00 Start gate practise opens at 200m
 08:15 Start gate practise and warm-up period closes

101	08:30	Boys U14	K1	500	H1
102	08:33	Boys U14	K1	500	H2
103	08:36	Boys U14	K1	500	H3
104	08:39	Boys U14	K1	500	H4
105	08:45	Men Senior/U23	K1	500	H1
106	08:48	Men Senior/U23	K1	500	H2
107	08:51	Men Senior/U23	K1	500	H3
108	08:54	Men Senior/U23	K1	500	H4
109	08:57	Men Senior/U23	K1	500	H5
110	09:03	Girls U14	K4	500	F
111	09:06	Mini Sprint A/B	K4	500	F
112	09:15	Boys/Girls U18 Mixed	K2	1000	H1
113	09:18	Boys/Girls U18 Mixed	K2	1000	H2
114	09:21	Women Senior/U23	K1	1000	H1
115	09:24	Women Senior/U23	K1	1000	H2
116	09:27	Women Senior/U23	K1	1000	H3
117	09:33	Boys U16	K1	1000	H1
118	09:36	Boys U16	K1	1000	H2
119	09:39	Boys U16	K1	1000	H3
120	09:42	Boys U16	K1	1000	H4
121	09:45	Boys U16	K1	1000	H5
122	09:57	Boys U14	K1	500	F1
123	10:00	Boys U14	K1	500	F2
124	10:03	Canoe Men Senior/U23	C1	500	F
125	10:06	Canoe Women Senior/U23	C1	500	F
126	10:12	Men Senior/U23	K1	500	F1
127	10:15	Men Senior/U23	K1	500	F2
128	10:18	Men Senior/U23	K1	500	F3
129	10:21	Paddle-Ability (Sun) R1	K1	500	F
130	10:27	Boys U18	K1	500	H1
131	10:30	Boys U18	K1	500	H2
132	10:33	Boys U18	K1	500	H3
133	10:36	Boys U18	K1	500	H4
134	10:39	Girls U16	K2	500	F
135	10:48	Women Senior/U23	K1	1000	F1
136	10:51	Women Senior/U23	K1	1000	F2
137	10:54	Boys U16	K1	1000	F1
138	10:57	Boys U16	K1	1000	F2
139	11:00	Boys U16	K1	1000	F3
140	11:03	Boys/Girls U14 Mixed	K2	1000	H1
141	11:06	Boys/Girls U14 Mixed	K2	1000	H2
142	11:15	SUP Elite Men R1	C1	200	H1
143	11:18	SUP Elite Men R1	C1	200	H2
144	11:21	SUP Elite Women R1	C1	200	H1
145	11:24	SUP Elite Women R1	C1	200	H2
146	11:27	SUP Open Men + Boys R1	C1	200	H
147	11:30	SUP Open Women R1	C1	200	H1
148	11:33	SUP Open Women R1	C1	200	H2

149	11:36	Mini Sprint A	K2	200	F
150	11:39	Mini Sprint B	K2	200	F
151	11:48	Boys U18	K1	500	F1
152	11:51	Boys U18	K1	500	F2
153	11:54	Men Senior/U23	K2	500	H1
154	11:57	Men Senior/U23	K2	500	H2
155	12:03	Canoe Men Senior/U23	C2	500	F
156	12:06	Women Senior/U23	K4	500	F
157	12:06	Girls U18	K4	500	F
158	12:09	Canoe Boys + Girls Junior	C1	500	F
159	12:12	Girls U14	K2	500	F
160	12:24	Para Men VL1-3 R1	V1	200	F
161	12:27	Para Women VL2-3 R1	V1	200	F
162	12:33	Boys U14	K1	200	H1
163	12:36	Boys U14	K1	200	H2
164	12:39	Boys U14	K1	200	H3
165	12:42	Boys U14	K1	200	H4
166	12:45	Boys U16	K1	200	H1
167	12:48	Boys U16	K1	200	H2
168	12:51	Boys U16	K1	200	H3
169	12:54	Boys U16	K1	200	H4
170	12:57	Boys U16	K1	200	H5
171	13:03	Boys U18	K1	200	H1
172	13:06	Boys U18	K1	200	H2
173	13:09	Boys U18	K1	200	H3
174	13:12	Mini Sprint A/B	K4	200	F
175	13:18	SUP Elite Men R2	C1	200	H1
176	13:21	SUP Elite Men R2	C1	200	H2
177	13:24	SUP Elite Women R2	C1	200	H1
178	13:27	SUP Elite Women R2	C1	200	H2
179	13:30	SUP Open Men + Boys R2	C1	200	H
180	13:33	SUP Open Women R2	C1	200	H1
181	13:36	SUP Open Women R2	C1	200	H2
182	13:42	Women Senior/U23	K2	200	F
183	13:45	Boys U14	K1	200	F1
184	13:48	Boys U14	K1	200	F2
185	13:54	Boys U16	K1	200	F1
186	13:57	Boys U16	K1	200	F2
187	14:00	Boys U16	K1	200	F3
188	14:03	Boys U18	K1	200	F1
189	14:06	Boys U18	K1	200	F2
190	14:15	Girls U16	K4	500	F
191	14:18	Girls U18	K2	500	F
192	14:21	Men Senior/U23	K2	500	F
193	14:24	Paddle-Ability (Sun) R2	K1	500	F
194	14:36	Para Men VL1-3 R2	V1	200	F
195	14:39	Para Women VL2-3 R2	V1	200	F
196	14:42	SUP Elite Men R2	C1	200	F
197	14:45	SUP Elite Women R2	C1	200	F
198	14:51	SUP Open Men + Boys R2	C1	200	F
199	14:54	SUP Open Women R2	C1	200	F
200	15:00	Boys/Girls U14 Mixed	K2	1000	F
201	15:03	Boys/Girls U16 Mixed	K2	1000	H1
202	15:06	Boys/Girls U16 Mixed	K2	1000	H2
203	15:18	Women Senior/U23	K1	5000	F
204	15:48	Men Senior/U23	K1	5000	F
205	16:21	Boys/Girls U16 Mixed	K2	1000	F
206	16:24	Boys/Girls U18 Mixed	K2	1000	F
207	16:33	Canoe Men Senior/U23	C1	5000	F
208	16:33	Canoe Women Senior/U23	C1	5000	F

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