



30th – 31st May 2026

Selection and championship event finals

Saturday

07:30	Course opens			
07:45	Warm-up period opens			
08:15	Start gate practise opens at 200m			
08:45	Start gate practise and warm-up closes			
1	09:00	Boys A	K1	500 H1
2	09:04	Boys A	K1	500 H2
3	09:08	Boys B	K1	500 H1
4	09:12	Boys B	K1	500 H3
5	09:16	Boys B	K1	500 H2
6	09:20	Boys C	K1	500 H1
7	09:24	Boys C	K1	500 H2
8	09:32	Men C	K1	500 H1
9	09:36	Men C	K1	500 H2
10	09:40	Men D	K1	500 H1
11	09:44	Men D	K1	500 H2
12	09:52	Girls U18/16	K2	500 F
13	09:56	Women U23	K2	500 F
14	10:00	Canoe Men U23 + Canoe Girls U18/16	C2	500 F
15	10:04	Paddle-Ability (Sat) R1	K1	500 F
16	10:12	Boys A	K1	500 F
17	10:16	Boys B	K1	500 F1
18	10:20	Boys B	K1	500 F2
19	10:24	Boys C	K1	500 F
20	10:28	Mini Sprint A	K1	500 H1
21	10:32	Mini Sprint A	K1	500 H2
22	10:40	Men C	K1	500 F
23	10:44	Men D	K1	500 F
24	10:48	Men B	K1	500 H1
25	10:52	Men B	K1	500 H2
26	10:56	Women C/D + Canoe Men/Boys C	K1	500 F
27	11:00	Women A/B + Girls A/B	K2	500 H1
28	11:04	Women A/B + Girls A/B	K2	500 H2
29	11:08	Men A	K1	500 F
30	11:20	Boys U18/16	K2	1000 H1
31	11:24	Boys U18/16	K2	1000 H2
32	11:40	Girls D	K4	500 F
33	11:40	Boys D	K4	500 F
34	11:44	Girls C	K1	500 F
35	11:48	Men B	K1	500 F
36	11:52	Paddle-Ability (Sat) R2	K1	500 F
37	12:00	Women A/B + Girls A/B	K2	500 F
38	12:04	Mini Sprint A	K1	500 F
39	12:08	Mini Sprint B	K1	500 F
40	12:44	Men U23	K2	1000 F
41	12:48	Boys U18/16	K2	1000 F
42	13:04	Boys C	K1	200 H1
43	13:08	Boys C	K1	200 H2
44	13:12	Men C/D	K1	200 H1
45	13:16	Men C/D	K1	200 H2
46	13:20	Men C/D	K1	200 H3
47	13:24	Paddle-Ability (Sat) R1	K1	200 F
48	13:32	Men B	K1	200 H1

49	13:40	Men B	K1	200 H2
50	13:52	Women B + Canoe Men/Boys B	K1	500 H1
51	13:56	Women B + Canoe Men/Boys B	K1	500 H2
52	14:00	Girls B + Canoe Women/Girls B/C	K1	500 H1
53	14:04	Girls B + Canoe Women/Girls B/C	K1	500 H2
54	14:08	Girls A	K1	500 F
55	14:24	Boys B	K1	200 H1
56	14:28	Boys B	K1	200 H2
57	14:32	Boys B	K1	200 H3
58	14:36	Boys A	K1	200 H1
59	14:40	Boys A	K1	200 H2
60	14:48	Men C/D	K1	200 F1
61	14:52	Men C/D	K1	200 F2
62	14:56	Women C/D + Canoe Men/Boys C/D	K1	200 H1
63	15:00	Women C/D + Canoe Men/Boys C/D	K1	200 H2
64	15:04	Women B + Canoe Men/Boys A/B	K1	200 H1
65	15:08	Women B + Canoe Men/Boys A/B	K1	200 H2
66	15:12	Mini Sprint A	K1	200 H1
67	15:16	Mini Sprint A	K1	200 H2
68	15:24	Boys D	K1	200 H1
69	15:28	Boys D	K1	200 H2
70	15:32	Girls D	K2	200 F
71	15:36	Paddle-Ability (Sat) R2	K1	200 F
72	15:44	Men B	K1	200 F
73	15:48	Men A	K1	200 F
74	15:52	Boys C	K1	200 F
75	15:56	Boys B	K1	200 F1
76	16:00	Boys B	K1	200 F2
77	16:04	Boys A	K1	200 F
78	16:08	Women C/D + Canoe Men/Boys C/D	K1	200 F
79	16:12	Women B + Canoe Men/Boys A/B	K1	200 F
80	16:20	Mini Sprint B	K1	200 F
81	16:24	Mini Sprint A	K1	200 F
82	16:28	Boys D	K1	200 F
83	16:44	Men C/D	K1	2500 F
84	17:08	Girls B + Canoe Women/Girls B/C	K1	500 F
85	17:12	Boys A-C	K4	500 F
86	17:20	Women C/D	K1	2500 F
87	17:44	Boys D	K1	2500 F
88	18:12	Women B + Canoe Men/Boys B	K1	500 F
89	18:16	Girls A-C	K4	500 F
90	18:24	Girls D + Canoe Women/Girls A-C	K1	2500 F

Sunday

07:30	Course opens			
07:45	Warm-up period opens			
08:15	Warm-up period closes			
91	08:28	Men C/D	K2	500 F
92	08:32	Boys C	K2	500 F
93	08:36	Mini Sprint A	K2	500 F
94	08:40	Women C/D + Girls C	K2	500 F
95	08:44	Paddle-Ability (Sun) R1	K1	500 F
96	08:52	Boys U18/16	K2	500 H1

97	08:56	Boys U18/16	K2	500	H2	123	11:36	Boys A/B	K2	500	H1
98	09:00	Men A/B	K4	500	F	124	11:40	Boys A/B	K2	500	H2
99	09:00	Women A/B	K4	500	F	125	11:44	Men A/B	K2	500	F
100	09:16	Girls A-C	K2	200	H1	126	11:48	Mini Sprint B	K2	500	F
101	09:20	Girls A-C	K2	200	H2	127	12:00	K4 Raffle	K4	500	F
102	09:24	Mini Sprint A	K2	200	F	128	12:12	K4 Raffle	K4	500	F
103	09:28	Mixed Boys/Girls D	K4	200	F	129	12:24	K4 Raffle	K4	500	F
104	09:36	SUP Elite Men R1	C1	200	F	130	12:40	Boys A-C	K2	200	H1
105	09:40	SUP Elite Women R1	C1	200	F	131	12:44	Boys A-C	K2	200	H2
106	09:48	SUP Open Juniors R1	C1	200	F	132	12:48	Girls B + Canoe Women/Girls A-C	K1	200	H1
107	09:52	SUP Open Men R1	C1	200	F	133	12:52	Girls B + Canoe Women/Girls A-C	K1	200	H2
108	10:00	SUP Open Women R1	C1	200	F	134	13:00	Girls C	K1	200	F
109	10:04	Canoe Girls U18/16	C2	200	F	135	13:04	Men C/D	K2	200	F
110	10:16	Boys U18/16	K2	500	F	136	13:12	SUP Elite Men	C1	200	F
111	10:20	Men U23	K2	500	F	137	13:16	SUP Elite Women	C1	200	F
112	10:24	Men C/D	K4	500	F	138	13:24	SUP Open Juniors	C1	200	F
113	10:24	Women C/D	K4	500	F	139	13:28	SUP Open Men	C1	200	F
114	10:40	Girls D	K1	200	F	140	13:32	SUP Open Women	C1	200	F
115	10:44	Mini Sprint B	K2	200	F	141	13:44	Boys A/B	K2	500	F
116	10:48	Women A/B	K2	200	F	142	13:48	Mini Sprint A/B	K4	500	F
117	10:52	Girls A-C	K2	200	F	143	13:52	Paddle-Ability (Sun) R2	K1	500	F
118	11:00	SUP Elite Men R2	C1	200	F	144	14:16	Girls B + Canoe Women/Girls A-C	K1	200	F
119	11:04	SUP Elite Women R2	C1	200	F	145	14:20	Women C/D	K2	200	F
120	11:12	SUP Open Juniors R2	C1	200	F	146	14:28	Men A/B	K2	200	F
121	11:16	SUP Open Men R2	C1	200	F	147	14:32	Boys D	K2	200	F
122	11:24	SUP Open Women R2	C1	200	F	148	14:40	Boys A-C	K2	200	F

Social media

Why not subscribe to our Instagram account, **canoesprintUK**, or Twitter account, **canoesprintUK**, where we'll be sharing sprint-related photos and videos going forward. Please use the following hashtags alongside any photos or videos that you publish on social media ahead of, during, and after the National Regattas.

Hashtags #nottsregatta #canoesprintlegends

SRC extra-ordinary meeting on Saturday 30th May at 18:00

Please remember there is a meeting on Saturday evening in the PUK offices from 18:00 to 19:30. Every club should send someone along because the future of our sport depends on us working together.

We will discuss:

1. Who is going to organise regattas next year and onwards
2. What do we want national regattas to look and feel like
3. How do we connect local, regional and national regattas