



**NATIONAL
SPRINT
REGATTAS**

PADDLE^{UK}



2026

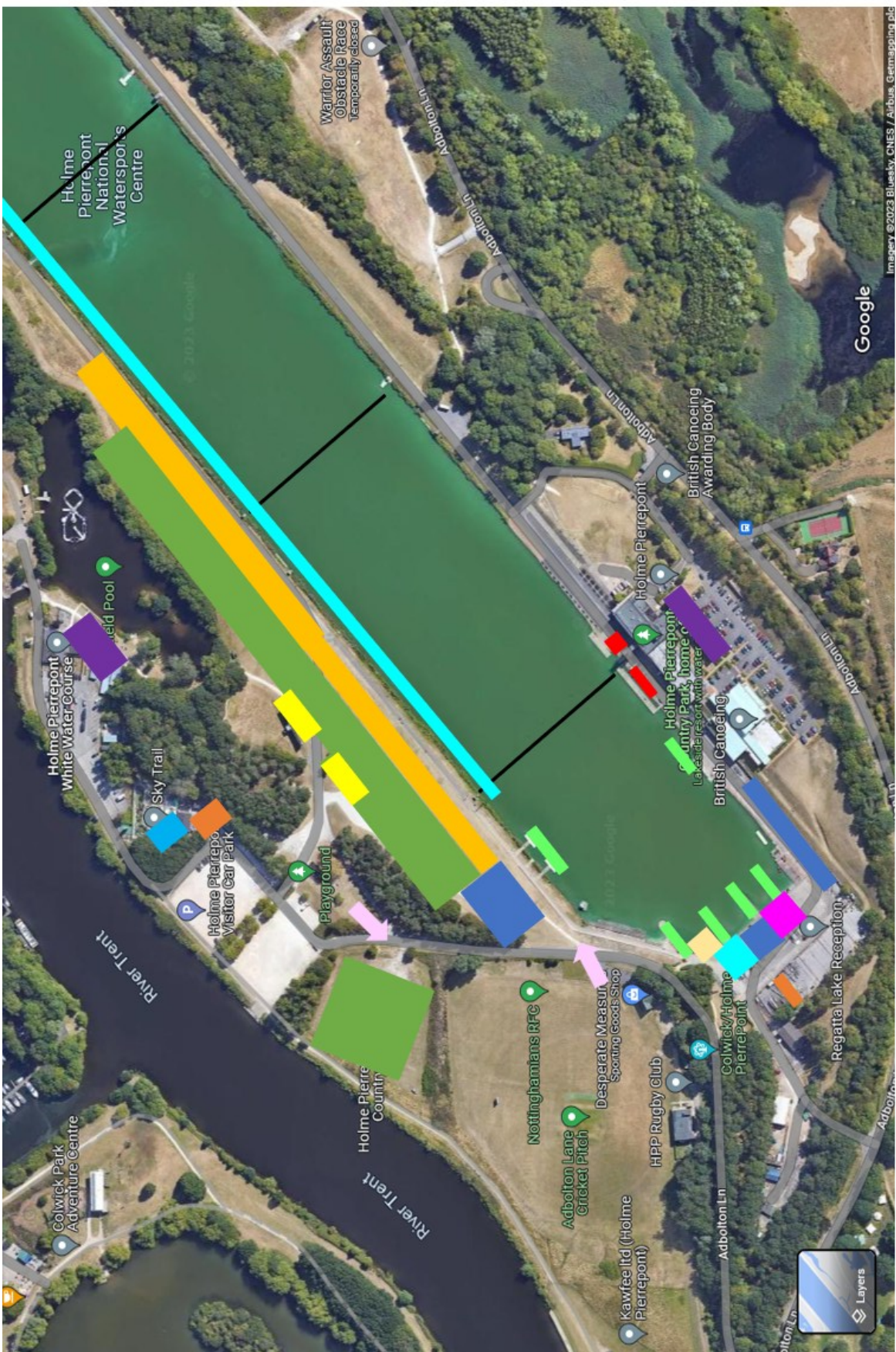
**PADDLE UK
SPRINT RACING NATIONAL REGATTA**

4 – 5 July

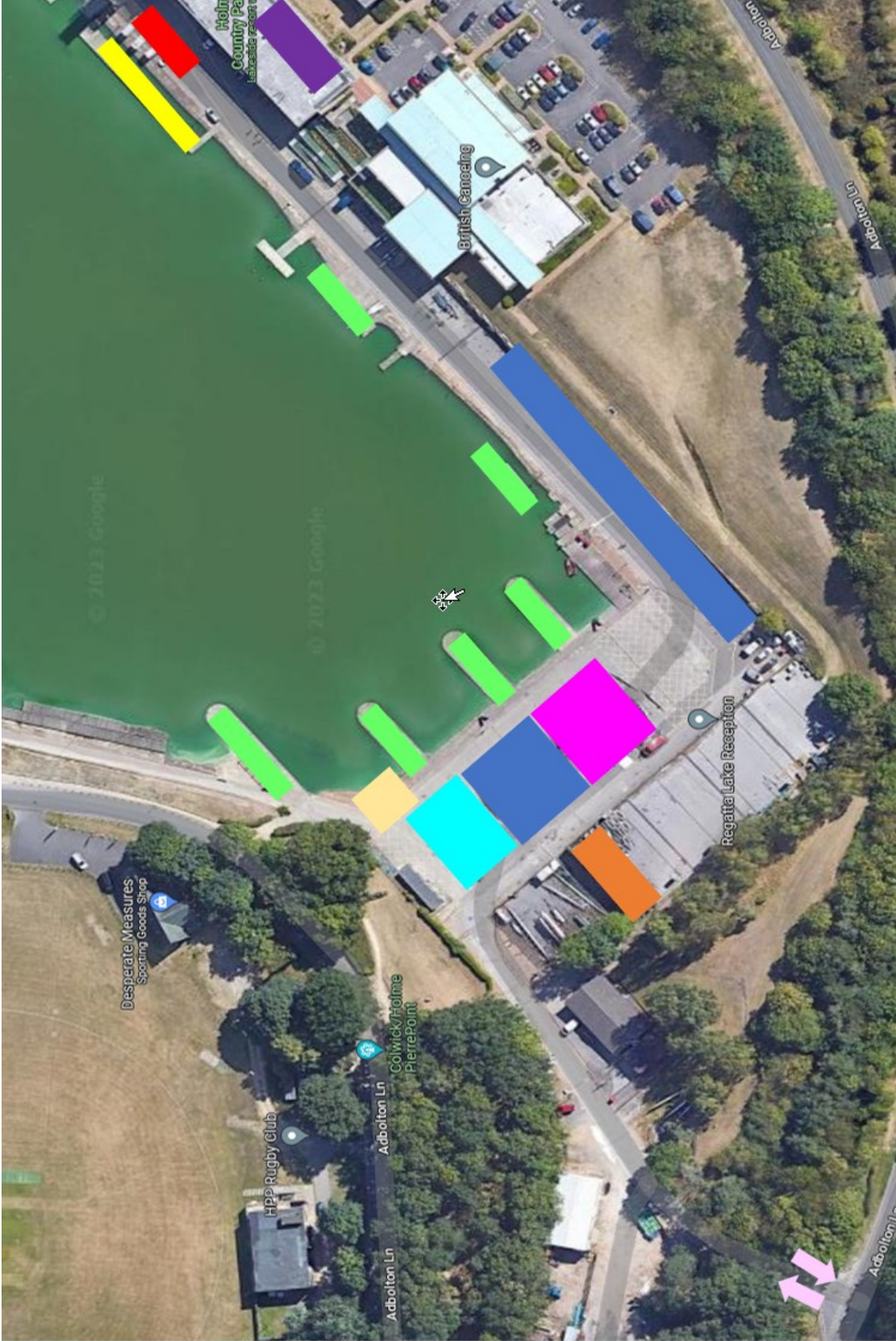
British Inter-Club MacGregor Paddle Challenge and Andrew Bonham Memorial C4 Event

Photography by Antony Edmonds

- Trailers
- Club gazebos
- Car parking
- Boat control & info cabin
- Toilets
- Showers & toilets
- Cafe
- Traders
- Boat launch
- Paddlers access lane
- Car entry/exit
- Paddle-Ability
- K4s
- Check, Clean, Dry



- Trailers
- Boat control
- Boat launch
- K4s
- Toilets
- Showers & toilets
- Trailer entry/exit
- Umpire boats
- Paddle-Ability
- Check, Clean, Dry





4th – 5th July 2026

Selection finals

Saturday

07:30	Course opens			
07:45	Warm-up period opens			
08:15	Start gate practise opens at 200m			
08:45	Start gate practise and warm-up closes			
1	09:00	Boys D	K2 1000	H1
2	09:04	Boys D	K2 1000	H2
3	09:08	Boys C	K1 1000	H1
4	09:12	Boys C	K1 1000	H2
5	09:20	Girls A + Canoe Boys A/B	K1 1000	H1
6	09:24	Girls A + Canoe Boys A/B	K1 1000	H2
7	09:32	Boys A	K1 1000	H1
8	09:36	Boys A	K1 1000	H2
9	09:40	Boys A	K1 1000	H3
10	09:48	Boys B	K1 1000	H1
11	09:52	Boys B	K1 1000	H2
12	09:56	Boys B	K1 1000	H3
13	10:00	Boys B	K1 1000	H4
14	10:08	Girls B	K1 1000	H1
15	10:12	Girls B	K1 1000	H2
16	10:16	Men C	K2 1000	H1
17	10:20	Men C	K2 1000	H2
18	10:28	Men D	K2 1000	H1
19	10:32	Men D	K2 1000	H2
20	10:36	Girls C	K1 1000	F
21	10:40	Girls D	K2 1000	F
22	10:48	Boys D	K2 1000	F
23	10:52	Boys C	K1 1000	F
24	10:56	Boys B	K1 1000	F1
25	11:00	Boys B	K1 1000	F2
26	11:08	Girls A + Canoe Boys A/B	K1 1000	F1
27	11:12	Girls A + Canoe Boys A/B	K1 1000	F2
28	11:16	Girls B	K1 1000	F
29	11:24	Boys A	K1 1000	F1
30	11:28	Boys A	K1 1000	F2
31	11:32	Men C	K2 1000	F
32	11:36	Men D	K2 1000	F
33	11:48	Women C/D	K4 500	F
34	11:52	Mixed Men/Women A/B	K2 500	F
35	11:56	Mini Sprint A	K1 500	H1
36	12:00	Mini Sprint A	K1 500	H2
37	12:04	Mini Sprint A	K1 500	H3
38	12:08	Paddle-Ability (Sat) 500 R1	K1 500	F
39	12:16	Boys B	K2 500	H1
40	12:20	Boys B	K2 500	H2
41	12:28	Girls A/B	K2 500	H1
42	12:32	Girls A/B	K2 500	H2
43	12:36	Boys A	K2 500	F
44	12:40	Men C	K4 500	F
45	12:44	Boys C	K4 500	F
46	12:52	Mixed Men/Women D	K2 500	H1
47	12:56	Mixed Men/Women D	K2 500	H2
48	13:00	Mixed Men/Women D	K2 500	H3
49	13:08	Andrew Bonham Memorial Event C4	500	F
50	13:12	Mini Sprint A	K1 500	F1
51	13:16	Mini Sprint A	K1 500	F2
52	13:20	Mini Sprint B	K1 500	F
53	13:28	Men A	K4 500	F
54	13:32	Boys B	K2 500	F
55	13:36	Girls A/B	K2 500	F
56	13:40	Girls C/D	K4 500	F
57	13:56	Women A/B	K1 200	F
58	14:00	Men D	K1 200	H1
59	14:03	Men D	K1 200	H2
60	14:06	Men D	K1 200	H3
61	14:09	Men D	K1 200	H4
62	14:12	Men C	K1 200	H1
63	14:15	Men C	K1 200	H2
64	14:18	Men C	K1 200	H3
65	14:21	Para Men Mixed R1	K1 200	F
66	14:27	Men B	K1 200	H1
67	14:30	Men B	K1 200	H2
68	14:33	Men B	K1 200	H3
69	14:36	Men B	K1 200	H4
70	14:39	Paddle-Ability (Sat) 200 R1	K1 200	F
71	14:45	Women C + Canoe Men/Boys C	K1 200	H1
72	14:48	Women C + Canoe Men/Boys C	K1 200	H2
73	14:51	Women D + Canoe Men/Boys D	K1 200	H1
74	14:54	Women D + Canoe Men/Boys D	K1 200	H2
75	14:57	Women D + Canoe Men/Boys D	K1 200	H3
76	15:03	Boys C	K1 200	H1
77	15:06	Boys C	K1 200	H2
78	15:09	Men A	K1 200	F
79	15:12	Men D	K1 200	F1
80	15:15	Men D	K1 200	F2
81	15:18	Men C	K1 200	F1
82	15:21	Men C	K1 200	F2
83	15:24	Men B	K1 200	F1
84	15:27	Men B	K1 200	F2
85	15:33	Boys A	K1 200	H1
86	15:36	Boys A	K1 200	H2
87	15:39	Boys A	K1 200	H3
88	15:45	Girls A + Canoe Boys A/B	K1 200	H1
89	15:48	Girls A + Canoe Boys A/B	K1 200	H2
90	15:51	Boys D	K1 200	H1
91	15:54	Boys D	K1 200	H2
92	15:57	Boys D	K1 200	H3
93	16:00	Para Men Mixed R2	K1 200	F
94	16:03	Boys B	K1 200	H1
95	16:06	Boys B	K1 200	H2
96	16:09	Boys B	K1 200	H3
97	16:12	Boys B	K1 200	H4
98	16:15	Paddle-Ability (Sat) R2	K1 200	F
99	16:21	Women C + Canoe Men/Boys C	K1 200	F
100	16:24	Women D + Canoe Men/Boys D	K1 200	F1
101	16:27	Women D + Canoe Men/Boys D	K1 200	F2
102	16:33	Mini Sprint A	K1 200	H1
103	16:36	Mini Sprint A	K1 200	H2

104	16:39	Mini Sprint A	K1	200	H3	163	10:48	Men B	K1	500	F1
105	16:45	Girls D	K1	200	H1	164	10:51	Men B	K1	500	F2
106	16:48	Girls D	K1	200	H2	165	10:54	Men C	K1	500	F1
107	16:51	Girls C	K1	200	F	166	10:57	Men C	K1	500	F2
108	16:54	Boys D	K1	200	F1	167	11:00	Men D	K1	500	F1
109	16:57	Boys D	K1	200	F2	168	11:03	Men D	K1	500	F2
110	17:03	Girls B	K1	200	H1	169	11:09	Women A/B	K1	500	F
111	17:06	Girls B	K1	200	H2	170	11:12	Men A	K1	500	F
112	17:09	Boys B	K1	200	F1	171	11:18	Boys D	K1	500	H1
113	17:12	Boys B	K1	200	F2	172	11:21	Boys D	K1	500	H2
114	17:18	Boys A	K1	200	F1	173	11:24	Boys D	K1	500	H3
115	17:21	Boys A	K1	200	F2	174	11:27	Boys B	K4	500	H1
116	17:24	Girls A + Canoe Boys A/B	K1	200	F1	175	11:30	Boys B	K4	500	H2
117	17:27	Girls A + Canoe Boys A/B	K1	200	F2	176	11:33	Women C/D + Canoe Men/Boys C/D	K2	500	H1
118	17:36	Mixed Men/Women C	K2	500	H1	177	11:36	Women C/D + Canoe Men/Boys C/D	K2	500	H2
119	17:39	Mixed Men/Women C	K2	500	H2	178	11:39	Boys C	K1	500	H1
120	17:42	Mixed Men/Women D	K2	500	F1	179	11:42	Boys C	K1	500	H2
121	17:45	Mixed Men/Women D	K2	500	F2	180	11:45	Mini Sprint A/B	K2	500	F
122	17:48	Men B	K4	500	F	181	11:51	Boys A	K1	500	F1
123	17:51	Boys D	K4	500	F	182	11:54	Boys A	K1	500	F2
124	17:54	Paddle-Ability (Sat) R2	K1	500	F	183	12:00	Girls A + Canoe Boys A/B	K1	500	F1
125	18:06	Boys C	K1	200	F	184	12:03	Girls A + Canoe Boys A/B	K1	500	F2
126	18:09	Mini Sprint A	K1	200	F1	185	12:06	Women A/B	K2	500	F
127	18:12	Mini Sprint A	K1	200	F2	186	12:12	Girls B	K1	500	H1
128	18:15	Mini Sprint B	K1	200	F	187	12:15	Girls B	K1	500	H2
129	18:18	Girls D	K1	200	F	188	12:18	Girls D	K1	500	H1
130	18:21	Girls B	K1	200	F	189	12:21	Girls D	K1	500	H2
131	18:30	Mixed Men/Women C	K2	500	F	190	12:24	Girls C	K1	500	F
132	18:33	Men D	K4	500	F	191	12:27	Boys B	K4	500	F

Sunday

08:00 Course opens
08:15 Warm-up period opens
08:45 Warm-up period closes

133	09:00	Mixed Boys/Girls D	K2	500	H1	199	12:57	Men C	K2	500	H2
134	09:03	Mixed Boys/Girls D	K2	500	H2	200	13:00	Men D	K2	500	H1
135	09:06	Mixed Boys/Girls B	K2	500	H1	201	13:03	Men D	K2	500	H2
136	09:09	Mixed Boys/Girls B	K2	500	H2	202	13:06	Boys A	K4	500	F
137	09:12	Mini Sprint A	K4	500	F	203	13:09	Girls A/B	K4	500	F
138	09:15	Women C + Canoe Men/Boys C	K1	500	F	204	13:12	Paddle-Ability (Sun) R2	K1	500	F
139	09:18	Women D	K1	500	H1	205	13:30	Mini Sprint A/B	K2	200	H1
140	09:21	Women D	K1	500	H2	206	13:33	Mini Sprint A/B	K2	200	H2
141	09:27	Men B	K1	500	H1	207	13:36	Women C/D + Canoe Men/Boys C/D	K2	200	H1
142	09:30	Men B	K1	500	H2	208	13:39	Women C/D + Canoe Men/Boys C/D	K2	200	H2
143	09:33	Men B	K1	500	H3	209	13:42	Boys D	K2	200	H1
144	09:39	Men C	K1	500	H1	210	13:45	Boys D	K2	200	H2
145	09:42	Men C	K1	500	H2	211	13:54	Girls D	K1	500	F
146	09:45	Men C	K1	500	H3	212	13:57	Boys B	K1	500	H1
147	09:48	Men D	K1	500	H1	213	14:00	Boys B	K1	500	H2
148	09:51	Men D	K1	500	H2	214	14:03	Boys B	K1	500	H3
149	09:54	Men D	K1	500	H3	215	14:06	Men A	K2	500	F
150	09:57	Men D	K1	500	H4	216	14:09	Men B	K2	500	F
151	10:03	Boys A	K1	500	H1	217	14:12	Men C	K2	500	F
152	10:06	Boys A	K1	500	H2	218	14:15	Men D	K2	500	F
153	10:09	Boys A	K1	500	H3	219	14:24	Girls B	K1	500	F
154	10:15	Girls A + Canoe Boys A/B	K1	500	H1	220	14:27	Mixed Boys/Girls A	K2	500	F
155	10:18	Girls A + Canoe Boys A/B	K1	500	H2	221	14:36	Boys C	K2	200	F
156	10:24	Mixed Boys/Girls B	K2	500	F	222	14:39	Boys D	K2	200	F
157	10:27	Women D	K1	500	F	223	14:42	Mini Sprint A/B	K2	200	F
158	10:30	Mixed Boys/Girls D	K2	500	F	224	14:45	Women C/D + Canoe Men/Boys C/D	K2	200	F
159	10:33	Mixed Boys/Girls C	K2	500	F	225	14:48	Women A/B	K2	200	F
160	10:36	Mini Sprint A/B	K2	500	H1	226	14:51	Girls C/D	K2	200	F
161	10:39	Mini Sprint A/B	K2	500	H2	227	15:00	Boys B	K1	500	F1
162	10:42	Paddle-Ability (Sun) R1	K1	500	FA	228	15:03	Boys B	K1	500	F

Clubs Competing

The following clubs and squads are competing at this regatta:


ID	Club	Team Leader
4AS	4As Newark	Julie Gray
ADS	Addlestone Canoe Club	Chris Bowles
ANK	Anker Valley	Gordon Riley
BAN	Banbury and District Canoe Club	Mark Larner
BOA	Bradford-On-Avon Canoe Club	Rob Beer
BRI	Bristol Canoe Club	Mark Heeley
BSF	Bishops Stortford	Rich Winstanley
CDF	Cardiff Bay Kayakers	Matt Robinson
CLM	Chelmsford Canoe Club	Tim Chamberlin & Owen Shephard-Wyatt
DEV	Devizes Canoe Club	Trevor Hunter
ELM	Elmbridge Canoe Club	Erzsebet Barat-Farkas
ESK	Edinburgh Schools Kayak Club	Marianne Patrick
FLA	Fladbury Paddle Club	Steve Train
FOX	Falcon (Oxford)	Kurt Ayrán & Amanda Dickson
GAI	Gailey Canoe Club	Simon Eskriett
GLW	Glasgow Kayak Club	Marianne Strachan
LBZ	Leighton Buzzard Canoe Club	Kelly Bates
LKR	Linlithgow Kayak Racing	Derek Marshall
NOR	Norwich Canoe Club	Tim Scott
NOT	Nottingham Kayak Club	Louise Maloney
RDG	Reading Canoe Club	Julia Mazur & Evan Shephard
RIC	Richmond Canoe Club	Gabor Szeltner
RLS	Royal Leamington Spa	Emma Miles
ROY	Royal Canoe Club	Zak Banstead
RUN	Runcorn Canoe Club	Jegor Losev
SOL	Solihull Canoe Club	Tom Lusty
SOU	Southampton Canoe Club	James Hinves
WEY	Wey Kayak Club	Jordan Martyn
WOL	Wolverhampton Canoe Club	Chelsea Brookes
WOR	Worcester Canoe Club	David McElhannan

1: H1 K2 Boys D 1000

04.07.2026 09:00

1		6 F. Chamberlin E. Kasperaitis	CLM CLM
2		7 N. Barat-Farkas O. Jones	ELM ELM
3	R. Kirtland J. Winstanley	BSF BSF	8
4	C. Bates E. Tingay	LBZ LBZ	9
5	H. Barker-Watson J. Fahey	ROY ROY	

 9 BT in Heats 1-2 to Final


 H1: 09:00 > H2: 09:04 > F: 10:48

2: H2 K2 Boys D 1000

04.07.2026 09:04

1		6 K. Chughtai J. Hubbard	CLM CLM
2		7 W. Stroud R. Wickenden	WEY BAN
3	J. Badham Z. Cross	RLS RLS	8
4	G. Fodros S. Short	ELM ELM	9
5	C. Bickford L. Ratcliff	FOX FOX	

 9 BT in Heats 1-2 to Final


 H1: 09:00 > H2: 09:04 > F: 10:48

3: H1 K1 Boys C 1000

04.07.2026 09:08

1	Nathanael Slade (13)	CLM	6 Sam Price (14)	ELM
2	Adam Golder (13)	NOT	7 Samuel Boughton (16)	RDG
3	Louis Tanner (17)	ROY	8 Evan Brewer (15)	CDF
4	Matthew Anderson (14)	LBZ	9 Elijah Grant (14)	NOT
5	Alex Lowthian (15)	RLS		


 9 BT in Heats 1-2 to Final


 H1: 09:08 > H2: 09:12 > F: 10:52

4: H2 K1 Boys C 1000

04.07.2026 09:12

1		6 George Fowler Rimell (14)	WOR	
2	Harry Parslow (14)	RIC	7 William Carrington (14)	NOR
3	Jack Maloney (13)	NOT	8 George Ockendon (12)	ELM
4	George Cheyne (13)	CLM	9 Matteo Bellofatto (16)	RDG
5	Leo Byrne (14)	RLS		


 9 BT in Heats 1-2 to Final

 H1: 09:08 > H2: 09:12 > F: 10:52

5: H1 K1 Girls A + Canoe Boys A/B 1000

Selection Race 04.07.2026 09:20

1		6 Ava Wong (17)	CDF	
2	Molly Bates (15)	RIC	7 Adriana De Bilio (12)	ROY
3	Elsie Landsborough (17)	NOT	8 Madison Mckernan (15)	ELM
4	Sienna Green (16)	WOL	9	
5	Matilda Burton (15)	ELM		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 09:20 > H2: 09:24 > F1: 11:08 > F2: 11:12

6: H2 K1 Girls A + Canoe Boys A/B 1000

Selection Race 04.07.2026 09:24

1		6 Imogen Field (15)	ELM	
2		7 Katie Luen-Twining (16)	CDF	
3	Kyla Holt (16)	RIC	8	
4	Abigail Strachan (16)	GLW	9 Andor Szalontai (14)	RIC
5	Ruth Shephard (14)	RDG		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 09:20 > H2: 09:24 > F1: 11:08 > F2: 11:12

7: H1 K1 Boys A 1000

Selection Race 04.07.2026 09:32

1		6 Marcell Nagy (16)	RDG	
2	Szymon Sroka (17)	LKR	7 Fergus Barnett (13)	RDG
3	Edward Stroud (14)	WEY	8 Henry Hartland (14)	BAN
4	Ben Eskriett (16)	GAI	9 Louis Smith (15)	WOR
5	William Roeser (17)	WEY		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 09:32 > H2: 09:36 > H3: 09:40 > F1: 11:24 > F2: 11:28

8: H2 K1 Boys A 1000

Selection Race 04.07.2026 09:36

1		6 Henry Pitt (16)	ROY	
2	Oleh Kuzmenko (15)	BSF	7 Conor Hartney (17)	RIC
3	Jack Morgan (14)	RDG	8 Simeon Kendall (15)	DEV
4	Tyler Kinder (17)	RDG	9 Malachi Grant (16)	NOT
5	Isaac Popham-Coveley (17)	FOX		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 09:32 > H2: 09:36 > H3: 09:40 > F1: 11:24 > F2: 11:28

9: H3 K1 Boys A 1000

Selection Race 04.07.2026 09:40

1		6 Sam Sparks (16)	RLS	
2	Aeron Murphy (17)	RLS	7 Luke Mason (14)	DEV
3	Ewan Bates (16)	LBZ	8 Ollie Pearce (16)	RIC
4	Doogal Barnett (15)	RDG	9 Finnley Meredith (14)	ELM
5	Freddy Fowler-Rimell (16)	WOR		


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 09:32 > H2: 09:36 > H3: 09:40 > F1: 11:24 > F2: 11:28

10: H1 K1 Boys B 1000

04.07.2026 09:48

1		6 Jake Hughes (15)	ROY	
2	Matteo Bose (15)	CLM	7 William Bowles-Trow (15)	ADS
3	Knoah Ayran (14)	FOX	8 Leon Gospodinov (15)	RIC
4	Tom Russell (14)	NOR	9 Jack Wade (13)	RDG
5	Eryn Roberts (17)	CDF		


 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:48 > H2: 09:52 > H3: 09:56 > H4: 10:00 > F1: 10:56 > F2: 11:00

11: H2 K1 Boys B 1000

04.07.2026 09:52

1		6 Hugo Blanchard (14)	NOR	
2	Jasper Kirtland (14)	BSF	7 Danny Richardson (16)	RIC
3	Tom McElhannan (14)	WOR	8 Marco Mangiantini (13)	ROY
4	Kasper Nielsen (15)	CLM	9	
5	Mason Hammett (15)	LBZ		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:48 > H2: 09:52 > H3: 09:56 > H4: 10:00 > F1: 10:56 > F2: 11:00

12: H3 K1 Boys B 1000

04.07.2026 09:56

1		6 Edward Hellman (16)	ROY	
2	Jack Alldis (15)	LBZ	7 Max Louw (16)	RIC
3	Finnley Burton (15)	CDF	8 Marcell Barat-Farkas (12)	ELM
4	Finn Lovell (16)	WOR	9	
5	Evan Foulger (12)	NOT		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:48 > H2: 09:52 > H3: 09:56 > H4: 10:00 > F1: 10:56 > F2: 11:00

13: H4 K1 Boys B 1000

04.07.2026 10:00

1		6 Marshall Davie (14)	LKR	
2	Daniel Dunlop (14)	ELM	7 William Shanks (16)	RIC
3	Balazs Nagy (16)	RDG	8 Osian Davies (16)	CDF
4	Toby Visser (17)	BOA	9	
5	Johnny Williams (16)	ROY		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:48 > H2: 09:52 > H3: 09:56 > H4: 10:00 > F1: 10:56 > F2: 11:00

14: H1 K1 Girls B 1000

04.07.2026 10:08

1		6 Edith Smerdon (13)	CLM	
2		7 Leila Gohar (14)	RIC	
3	Jasmine Sargeant (17)	NOR	8	
4	Keira Hudson (15)	BAN	9	
5	Emma Sumner (15)	ELM		

 9 BT in Heats 1-2 to Final


 H1: 10:08 > H2: 10:12 > F: 11:16

15: H2 K1 Girls B 1000

04.07.2026 10:12

1		6 Scarlett Yates (17)	GAI	
2		7 Izzy Ritchie (17)	WEY	
3	Lexi Small (13)	WOL	8	
4	Emily Wainwright (13)	NOT	9	
5	Lucy Wickenden (14)	BAN		

 9 BT in Heats 1-2 to Final


 H1: 10:08 > H2: 10:12 > F: 11:16

16: H1 K2 Men C 1000

04.07.2026 10:16

1		6 A. Davis D. Jones	NOR BOA	
2	J. Walkinton	CLM	7 B. Fenwick B. Nagy	RDG RDG
3	O. Shephard-Wyatt	CLM	8 P. Allinson M. Rinvoluceri	NOT NOT
4	D. Stormont S. Tilbury-Clarke	FOX FOX	9 J. Spinola R. Winstanley	BSF BSF
5	O. Griffiths	CLM		


 9 BT in Heats 1-2 to Final


 H1: 10:16 > H2: 10:20 > F: 11:32

17: H2 K2 Men C 1000

04.07.2026 10:20

1		6 G. Neale S. Wells	ELM ELM	
2	R. Smith T. Walker	NOR NOR	7 S. Fowler M. Lodge	NOR NOR
3	D. O Halloran	CLM	8 J. Akinyemi J. Losev	RUN RUN
4	J. Doran S. Irvan	CLM CLM	9	
5	M. Foulger C. Maloney	NOT NOT		

 9 BT in Heats 1-2 to Final


 H1: 10:16 > H2: 10:20 > F: 11:32

18: H1 K2 Men D 1000

04.07.2026 10:28

1		6 J. Avery T. Chamberlin	CLM CLM	
2	S. Beck W. Harte	BAN BAN	7 L. Harrison N. Jones	NOT NOT
3	D. Marshall G. Speirs	LKR LKR	8 E. Barat-Farkas P. Sumner	ELM ELM
4	M. Blatchly R. Golder	NOT NOT	9	
5	J. Borucki R. Stenning	NOR NOR		

 9 BT in Heats 1-2 to Final


 H1: 10:28 > H2: 10:32 > F: 11:36

19: H2 K2 Men D 1000

04.07.2026 10:32

1			6	D. Morton B. Price	ELM ELM
2			7	G. Smith A. Want	NOR NOR
3	N. Herbert D. Long	FOX FOX	8	A. Birch J. Russell	ROY ROY
4	D. Jack C. Sze	NOT NOT	9		
5	T. Sargeant T. Scott	NOR NOR			

 9 BT in Heats 1-2 to Final

 H1: 10:28 > H2: 10:32 > F: 11:36

20: F K1 Girls C 1000

04.07.2026 10:36

1			6	Lydia Khan (14)	WOL
2			7	Chloe Kemp (17)	ROY
3	Agnes Grant (13)	WEY	8	Sophie Marriott (14)	NOT
4	Milena Olesky (15)	BAN	9		
5	Emma Saunders (14)	WEY			

 F: 10:36

21: F K2 Girls D 1000

04.07.2026 10:40


1			6	F. Bentley A. Cottle	CLM CLM
2	B. Morris D. Ruwanpathirana	ELM ELM	7	E. Davies L. Haytree-Blake	CDF WOL
3	P. Henriques L. Jones	NOT NOT	8	J. Holmes E. Morrissey	NOT NOT
4	A. Musumeci	CLM	9		
5	A. Schneiders	ESK			

 F: 10:40

22: F K2 Boys D 1000

04.07.2026 10:48


1			6		
2			7		
3			8		
4			9		
5					

 H1: 09:00 > H2: 09:04 > F: 10:48

23: F K1 Boys C 1000

04.07.2026 10:52


1			6		
2			7		
3			8		
4			9		
5					

 H1: 09:08 > H2: 09:12 > F: 10:52

24: F1 K1 Boys B 1000

04.07.2026 10:56

1			6		
2			7		
3			8		
4			9		
5					

 H1: 09:48 > H2: 09:52 > H3: 09:56 > H4: 10:00 > F1: 10:56 > F2: 11:00

25: F2 K1 Boys B 1000

04.07.2026 11:00

1	6
2	7
3	8
4	9
5	

🕒 H1: 09:48 > H2: 09:52 > H3: 09:56 > H4: 10:00 > F1: 10:56 > F2: 11:00

26: F1 K1 Girls A + Canoe Boys A/B 1000

Selection Race 04.07.2026 11:08

1	6
2	7
3	8
4	9
5	

🕒 H1: 09:20 > H2: 09:24 > F1: 11:08 > F2: 11:12

27: F2 K1 Girls A + Canoe Boys A/B 1000

Selection Race 04.07.2026 11:12

1	6
2	7
3	8
4	9
5	

🕒 H1: 09:20 > H2: 09:24 > F1: 11:08 > F2: 11:12

28: F K1 Girls B 1000

04.07.2026 11:16

1	6
2	7
3	8
4	9
5	

🕒 H1: 10:08 > H2: 10:12 > F: 11:16

29: F1 K1 Boys A 1000

Selection Race 04.07.2026 11:24

1	6
2	7
3	8
4	9
5	

🕒 H1: 09:32 > H2: 09:36 > H3: 09:40 > F1: 11:24 > F2: 11:28

30: F2 K1 Boys A 1000

Selection Race 04.07.2026 11:28

1	6
2	7
3	8
4	9
5	

🕒 H1: 09:32 > H2: 09:36 > H3: 09:40 > F1: 11:24 > F2: 11:28

31: F K2 Men C 1000

04.07.2026 11:32

1	6
2	7
3	8
4	9
5	

🕒 H1: 10:16 > H2: 10:20 > F: 11:32

32: F K2 Men D 1000

04.07.2026 11:36

1		6	
2		7	
3		8	
4		9	
5			

H1: 10:28 > H2: 10:32 > F: 11:36

33: F K4 Women C/D 500

04.07.2026 11:48

1	K. Bartsch J. Bates E. Bowyer J. Long	FOX FOX FOX FOX	6	E. Barat-Farkas G. Fenwick T. Kubisch-Wiles M. Pepper	ELM RDG RDG LBZ
2	S. Adonia L. Avery	CLM CLM	7	H. Harper S. Hartland D. Simpkins J. Smith	BAN BAN BAN BAN
3	D. Fowler L. Fowler C. Peck S. Rosalba	NOR NOR NOR NOR	8	I. Ivanov S. James H. Stephens B. Thubron	WEY CDF CDF SOU
4	J. Holmes T. Hurley L. Jones D. Marriott	SOU NOT NOT NOT	9	E. Christie M. Dilai L. Maloney L. Wainwright	NOT NOT NOT NOT
5	R. Fowler L. Linnell K. Walker E. Widdows	NOR NOR NOR NOR			

F: 11:48

34: FA K2 Mixed Men/Women A/B 500

04.07.2026 11:52

1		6	S. Dunlop W. Short	ELM ELM
2	D. Gurney	7	M. Enoch J. Urquhart	NOT NOT
3	D. March	8	M. Collinge M. Johnson	NOT NOT
4	G. Anderson T. Booth	9		
5	W. Stroud			

FA: 11:52

35: H1 K1 Mini Sprint A 500

Mini-Sprint Series 04.07.2026 11:56

1		6	Laszlo Herbent (10)	RLS
2	Felix Brefitt (9)	7	Harry Cullen (11)	RLS
3	Summer Norford (11)	8	Magnus Weightman (10)	FOX
4	Tyler Pope (12)	9		
5	Edward Gospodinov (10)			

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 11:56 > H2: 12:00 > H3: 12:04 > F1: 13:12 > F2: 13:16

36: H2 K1 Mini Sprint A 500

Mini-Sprint Series 04.07.2026 12:00

1		6	George Cullen (11)	RLS
2		7	Astrid Bartsch-Cotta (11)	FOX
3	Kajetan Zabawski Pinto (11)	8	Charlie Van Ufford (11)	WOR
4	Emir Tahla Yuceer (11)	9		
5	Franek Awramik (11)			

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 11:56 > H2: 12:00 > H3: 12:04 > F1: 13:12 > F2: 13:16

37: H3 K1 Mini Sprint A 500

Mini-Sprint Series 04.07.2026 12:04

1		6	Emily Hubbard (11)	CLM
2		7	James Wallis (10)	RLS
3	Casper Fowler (10)	8	Robin Townsend (11)	WOR
4	Charles Bickford (11)	9		
5	Matyas Herbent (10)			

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 11:56 > H2: 12:00 > H3: 12:04 > F1: 13:12 > F2: 13:16

38: FA K1 Paddle-Ability (Sat) R1 500

Paddle-Ability Series 04.07.2026 12:08

1			6	
2			7	Saffron Cresswell (24) RLS
3			8	
4			9	
5	Summer Allen (18)	RLS		


 FA: 12:08

39: H1 K2 Boys B 500

04.07.2026 12:16

1			6	E. Foulger A. Golder NOT NOT
2	D. Dunlop F. Meredith	ELM ELM	7	J. Alldis M. Anderson LBZ LBZ
3	H. Hartland E. Stroud	BAN WEY	8	J. Hughes M. Mangiantini ROY ROY
4	M. Bose K. Nielsen	CLM CLM	9	F. Burton T. Visser CDF BOA
5	K. Ayran W. Bowles-Trow	FOX ADS		

 9 BT in Heats 1-2 to Final


 H1: 12:16 > H2: 12:20 > F: 13:32

40: H2 K2 Boys B 500

04.07.2026 12:20

1			6	J. Kirtland O. Kuzmenko BSF BSF
2	E. Hellman J. Williams	ROY ROY	7	L. Gospodinov M. Louw RIC RIC
3	F. Lovell T. McElhannan	WOR WOR	8	S. Kendall L. Mason DEV DEV
4	O. Davies E. Roberts	CDF CDF	9	M. Barat-Farkas S. Price ELM ELM
5	H. Blanchard T. Russell	NOR NOR		


 9 BT in Heats 1-2 to Final


 H1: 12:16 > H2: 12:20 > F: 13:32

41: H1 K2 Girls A/B 500

04.07.2026 12:28

1			6	L. Khan E. Smerdon WOL CLM
2			7	E. McAulay J. Sargeant NOR NOR
3	K. Hudson L. Wickenden	BAN BAN	8	L. Small WOL
4	S. Green R. Shephard	WOL RDG	9	
5	M. Burton I. Field	ELM ELM		


 1st-3rd + 3 BT to Final


 H1: 12:28 > H2: 12:32 > F: 13:36

42: H2 K2 Girls A/B 500

04.07.2026 12:32

1			6	J. Allan I. Ritchie WEY WEY
2			7	E. Wainwright S. Yates NOT GAI
3	M. Mckernan E. Sumner	ELM ELM	8	
4	E. Landsborough C. Maloney	NOT NOT	9	
5	K. Luen-Twining A. Wong	CDF CDF		


 1st-3rd + 3 BT to Final

 H1: 12:28 > H2: 12:32 > F: 13:36

43: F K2 Boys A 500

04.07.2026 12:36

1			6	G. Fowler Rimell F. Fowler-Rimell WOR WOR
2			7	D. Barnett J. Morgan RDG RDG
3	E. Bates M. Hammett	LBZ LBZ	8	
4	T. Kinder J. Wade	RDG RDG	9	
5	O. Pearce W. Shanks	RIC RIC		

 F: 12:36

44: F K4 Men C 500

04.07.2026 12:40

1			6	P. Allinson M. Foulger	NOT NOT
2				C. Maloney M. Rinvoluceri	NOT NOT
3	J. Doran S. Irvén	CLM CLM	7	A. Davis M. Lodge	NOR NOR
	O. Shephard-Wyatt J. Walkinton	CLM CLM		R. Smith T. Walker	NOR NOR
4	J. Avery T. Chamberlin	CLM CLM	8		
	O. Griffiths D. O Halloran	CLM CLM	9		
5	R. Gough C. Redeker	BSF BSF			
	J. Spinola R. Winstanley	BSF BSF			

🕒 F: 12:40

45: F K4 Boys C 500

04.07.2026 12:44

1			6	M. Anderson A. Golder	LBZ NOT
2				E. Grant J. Maloney	NOT NOT
3			7	J. Badham L. Byrne	RLS RLS
4	G. Cheyne N. Slade	CLM CLM		Z. Cross A. Lowthian	RLS RLS
5	H. Barker-Watson J. Fahey	ROY ROY	8		
	C. Kemp L. Tanner	ROY ROY	9		

🕒 F: 12:44

46: H1 K2 Mixed Men/Women D 500

04.07.2026 12:52

1			6	B. Davies S. James	CDF CDF
2	S. Rosalba A. Want	NOR NOR	7	L. Fowler S. Fowler	NOR NOR
3	E. Barat-Farkas D. Morton	ELM ELM	8	H. Harper J. Wickenden	BAN BAN
4	T. Hurley C. Sze	NOT NOT	9		
5	S. Adonia	CLM			

🏠 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

🕒 H1: 12:52 > H2: 12:56 > H3: 13:00 > F1: 17:42 > F2: 17:45

47: H2 K2 Mixed Men/Women D 500

04.07.2026 12:56

1			6	R. Golder L. Wainwright	NOT NOT
2			7	C. Peck T. Sargeant	NOR NOR
3	W. Harte D. Simpkinsl	BAN BAN	8	K. Bartsch D. Stormont	FOX FOX
4	J. Avery T. Avery	CLM CLM	9		
5	M. Foulger L. Maloney	NOT NOT			

🏠 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

🕒 H1: 12:52 > H2: 12:56 > H3: 13:00 > F1: 17:42 > F2: 17:45

48: H3 K2 Mixed Men/Women D 500

04.07.2026 13:00

1			6	E. Bowyer N. Herbert	FOX FOX
2			7	J. Borucki L. Linnell	NOR NOR
3	A. Birch B. Thubron	ROY SOU	8	L. Avery	CLM
4	L. Harrison D. Marriott	NOT NOT	9		
5	R. Gough C. Redeker	BSF BSF			

🏠 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

🕒 H1: 12:52 > H2: 12:56 > H3: 13:00 > F1: 17:42 > F2: 17:45

49: F C4 Andrew Bonham Memorial Event 500

04.07.2026 13:08

1			6		
2			7		
3			8		
4			9		
5	Z. Chmiel S. Cribbett	NOT NOT			
	E. Landsborough J. Maloney	NOT NOT			

🕒 F: 13:08

50: F1 K1 Mini Sprint A 500

Mini-Sprint Series 04.07.2026 13:12

1	6
2	7
3	8
4	9
5	

🕒 H1: 11:56 > H2: 12:00 > H3: 12:04 > F1: 13:12 > F2: 13:16

51: F2 K1 Mini Sprint A 500

Mini-Sprint Series 04.07.2026 13:16

1	6
2	7
3	8
4	9
5	

🕒 H1: 11:56 > H2: 12:00 > H3: 12:04 > F1: 13:12 > F2: 13:16

52: F K1 Mini Sprint B 500

Mini-Sprint Series 04.07.2026 13:20

1	6 Remi Fowler (7)	NOR
2	7 Arabella Stell (9)	FOX
3 Benjamin Spinola (9)	8 Crispin Pearce (9)	ROY
4 Ella Mitchell (9)	9	
5 Zora Breffit (8)		

🕒 F: 13:20

53: F K4 Men A 500

04.07.2026 13:28

1	6 T. Bullock Z. Chmiel	NOT NOT
2	M. Collinge W. Stevely	NOT NOT
3	7 J. Grice T. Lusty	SOL SOL
4 F. Cramer A. Hinves	I. Soler Fabre L. Turnell-Ritson	SOL SOL
X. Hinves B. Shipway	8	
5 E. Bates L. Dixon	9	
M. Hammett J. Rayment		

🕒 F: 13:28

54: F K2 Boys B 500

04.07.2026 13:32

1	6
2	7
3	8
4	9
5	

🕒 H1: 12:16 > H2: 12:20 > F: 13:32

55: F K2 Girls A/B 500

04.07.2026 13:36

1	6
2	7
3	8
4	9
5	

🕒 H1: 12:28 > H2: 12:32 > F: 13:36

56: FA K4 Girls C/D 500

04.07.2026 13:40

1			6	E. Davies L. Haytree-Blake	CDF WOL
2				K. Ptasinska A. Schneiders	RLS ESK
3	E. Davies L. Haytree-Blake	CDF WOL	7	P. Henriques J. Holmes	NOT NOT
	K. Ptasinska A. Schneiders	RLS ESK		L. Jones E. Morrissey	NOT NOT
4	F. Bentley A. Cottle	CLM CLM	8	R. Hopkin L. Khan	CDF WOL
	O. Logie-Simpson A. Musumeci	CLM CLM		S. Marriott K. Takata	NOT CDF
5	E. Davies L. Haytree-Blake	CDF WOL	9		
	K. Ptasinska A. Schneiders	RLS ESK			

FA: 13:40

57: F K1 Women A/B 200

04.07.2026 13:56

1			6	Abi Burgess (26)	WEY
2			7	Grace Anderson (22)	NOR
3	Melissa Johnson (28)	NOT	8		
4	Sophie Dunlop (18)	ELM	9		
5	Jessica Urquhart (22)	NOT			

F: 13:56

58: H1 K1 Men D 200

04.07.2026 14:00

1	Tim Scott (63)	NOR	6	Craig Murray (54)	ANK
2	Mark Blatchly (62)	NOT	7	Dave Long (52)	FOX
3	James Russell (53)	ROY	8	Matthew Foulger (47)	NOT
4	John Avery (55)	CLM	9	Adam Sandiford (22)	LBZ
5	Bruce Price (51)	ELM			

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 14:00 > H2: 14:03 > H3: 14:06 > H4: 14:09 > F1: 15:12 > F2: 15:15

59: H2 K1 Men D 200

04.07.2026 14:03

1	Stephen Tingay (50)	LBZ	6	Joe Borucki (36)	NOR
2	Phil Sumner (51)	ELM	7	John Wickenden (49)	BAN
3	Johnathan Akinyemi (37)	RUN	8	Dennis Stormont (62)	FOX
4	Bryce Davies (42)	CDF	9	Benjamin Fenwick (25)	RDG
5	Chris Sze (65)	NOT			

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 14:00 > H2: 14:03 > H3: 14:06 > H4: 14:09 > F1: 15:12 > F2: 15:15

60: H3 K1 Men D 200

04.07.2026 14:06

1	Istvan Toth (46)	ELM	6	Robert Gough (44)	BSF
2	Derek Marshall (69)	LKR	7	Nick Herbert (61)	FOX
3	Richard Stenning (28)	NOR	8	Andrew Birch (37)	ROY
4	Jason Nicholson (53)	WOL	9	Nigel Jones (47)	NOT
5	Peter Gorman (70)	WEY			

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 14:00 > H2: 14:03 > H3: 14:06 > H4: 14:09 > F1: 15:12 > F2: 15:15

61: H4 K1 Men D 200

04.07.2026 14:09

1			6	Dwayne Morton (40)	ELM
2	Gilbert Speirs (72)	LKR	7	Neil Thom (40)	WEY
3	Sam Fowler (38)	NOR	8	Richard Alldis (62)	LBZ
4	Duncan Jack (60)	NOT	9	Finlay Stallard (19)	FLA
5	Aaron Nolan (28)	ROY			


9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


H1: 14:00 > H2: 14:03 > H3: 14:06 > H4: 14:09 > F1: 15:12 > F2: 15:15

62: H1 K1 Men C 200

04.07.2026 14:12

1 Daniel O Halloran (19)	CLM	6 Daniel Jones (24)	BOA
2 Sam Wells (18)	ELM	7 Rory Smith (18)	NOR
3 Evangelos Zypeloudis (35)	BRI	8 Simon Tilbury-Clarke (26)	FOX
4 Samuel Irvén (21)	CLM	9 Conor Maloney (51)	NOT
5 Jegor Losev (32)	RUN		


 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 14:12 > H2: 14:15 > H3: 14:18 > F1: 15:18 > F2: 15:21

63: H2 K1 Men C 200

04.07.2026 14:15

1		6 Leo Turnell-Ritson (30)	SOL
2 Tom Walker (26)	NOR	7 Aidan Davis (22)	NOR
3 Martin Rinvolucrí (57)	NOT	8 Gregory Neale (23)	ELM
4 Owen Shephard-Wyatt (38)	CLM	9 James Doran (26)	CLM
5 Joao Spinola (36)	BSF		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 14:12 > H2: 14:15 > H3: 14:18 > F1: 15:18 > F2: 15:21

64: H3 K1 Men C 200

04.07.2026 14:18

1		6 George Conroy (22)	FLA
2 Matthew Lodge (30)	NOR	7 Oscar Griffiths (24)	CLM
3 Patrick Allinson (66)	NOT	8 Benedek Nagy (18)	RDG
4 James Walkinton (31)	CLM	9 Richard Winstanley (41)	BSF
5 David P Smith (47)	WOR		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

 H1: 14:12 > H2: 14:15 > H3: 14:18 > F1: 15:18 > F2: 15:21

65: FA K1 Para Men Mixed R1 200

04.07.2026 14:21


1		6	
2		7 Tom Price (24)	RLS
3 Charlie Knowlden (22)	RLS	8	
4		9	
5 Finlay Stallard (19)	FLA		

 FA: 14:21

66: H1 K1 Men B 200

04.07.2026 14:27

1		6 Jacob Loras (21)	RIC
2 Matthew Enoch (49)	NOT	7 Will Stevely (18)	NOT
3 Fletcher Cramer (19)	SOU	8 Joseph Ellis (20)	BAN
4 Koen Ayran (19)	FOX	9	
5 David Gurney (23)	CLM		


 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 14:27 > H2: 14:30 > H3: 14:33 > H4: 14:36 > F1: 15:24 > F2: 15:27

67: H2 K1 Men B 200

04.07.2026 14:30

1		6 Ben Shipway (20)	SOU
2 Daniel March (23)	CLM	7 Harvey Grant (21)	RIC
3 Toby Bullock (18)	NOT	8 Sam Cribbitt (20)	NOT
4 Terry Miller (19)	FOX	9	
5 Kal Kinser (22)	BAN		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 14:27 > H2: 14:30 > H3: 14:33 > H4: 14:36 > F1: 15:24 > F2: 15:27

68: H3 K1 Men B 200

04.07.2026 14:33

1		6 Leon Dixon (20)	LBZ	
2	Aidan Teeuwen (19)	RDG	7 Drew Howells (21)	CDF
3	Will Short (18)	ELM	8 Andre Hinves (19)	SOU
4	Nick Boreham (31)	NOT	9	
5	Zak Benstead (24)	ROY		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 14:27 > H2: 14:30 > H3: 14:33 > H4: 14:36 > F1: 15:24 > F2: 15:27

69: H4 K1 Men B 200

04.07.2026 14:36

1		6 Jason Grice (25)	SOL	
2	Miklos Szabadvari (22)	RDG	7 Haydyn Cooke-Bayley (20)	NOT
3	Daniel Davison (18)	FOX	8 Toby Booth (22)	NOR
4	Rory Strachan (18)	GLW	9	
5	Lochie Lovell (19)	WOR		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

 H1: 14:27 > H2: 14:30 > H3: 14:33 > H4: 14:36 > F1: 15:24 > F2: 15:27

70: FA K1 Paddle-Ability (Sat) R1 200

Paddle-Ability Series 04.07.2026 14:39

1		6 Summer Allen (18)	RLS	
2	Tom Price (24)	RLS	7	
3			8 Shayne Dawson-Dymond (16)	RLS
4	Saffron Cresswell (24)	RLS	9	
5				


 FA: 14:39

71: H1 K1 Women C + Canoe Men/Boys C 200

04.07.2026 14:45

1		6 Jessica Long (26)	FOX	
2		7 Milly Pepper (20)	LBZ	
3	Hannah Stephens (24)	CDF	8 Andor Szalontai (14)	RIC
4	Estelle Widdows (18)	NOR	9	
5	Georgia Fenwick (22)	RDG		

 9 BT in Heats 1-2 to Final


 H1: 14:45 > H2: 14:48 > F: 16:21

72: H2 K1 Women C + Canoe Men/Boys C 200

04.07.2026 14:48

1		6 Owen Chisholm (20)	RIC	
2		7 Joanne Bates (45)	FOX	
3	Maggie Dilai (39)	NOT	8	
4	Katy Walker (23)	NOR	9	
5	Tilla Kubisch-Wiles (20)	RDG		


 9 BT in Heats 1-2 to Final


 H1: 14:45 > H2: 14:48 > F: 16:21

73: H1 K1 Women D + Canoe Men/Boys D 200

04.07.2026 14:51

1		6 Erzsebet Barat-Farkas (39)	ELM	
2	Charlie Peck (37)	NOR	7 Bronwyn Thubron (24)	SOU
3	Lauren Avery (27)	CLM	8 Louise Maloney (48)	NOT
4	Louise Linnell (37)	NOR	9	
5	Dawn Simpkinsl (48)	BAN		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 14:51 > H2: 14:54 > H3: 14:57 > F1: 16:24 > F2: 16:27

74: H2 K1 Women D + Canoe Men/Boys D 200

04.07.2026 14:54

1		6 Claudia Redeker (55)	BSF
2	Donna Marriott (56)	7 Leah Fowler (38)	NOR
3	Ilona Ivanov (48)	8 Tomasina Hurley (47)	NOT
4	Scarlett James (21)	9	
5	Konstanze Bartsch (46)		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 14:51 > H2: 14:54 > H3: 14:57 > F1: 16:24 > F2: 16:27

75: H3 K1 Women D + Canoe Men/Boys D 200

04.07.2026 14:57

1		6 Lucy Wainwright (47)	NOT
2		7 Elle Bowyer (30)	FOX
3	Zoe Norford (38)	8 Sam Cribbett (20)	NOT
4	Stefania Rosalba (48)	9	
5	Simona Adonia (43)		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 14:51 > H2: 14:54 > H3: 14:57 > F1: 16:24 > F2: 16:27

76: H1 K1 Boys C 200

04.07.2026 15:03

1	Evan Brewer (15)	6 Matthew Anderson (14)	LBZ
2	Jack Maloney (13)	7 Matteo Bellofatto (16)	RDG
3	George Cheyne (13)	8 Alex Lowthian (15)	RLS
4	Adam Golder (13)	9 Louis Tanner (17)	ROY
5	Sam Price (14)		

 9 BT in Heats 1-2 to Final


 H1: 15:03 > H2: 15:06 > F: 18:06

77: H2 K1 Boys C 200

04.07.2026 15:06

1		6 Leo Byrne (14)	RLS
2	Nathanael Slade (13)	7 Samuel Boughton (16)	RDG
3	George Ockendon (12)	8 Harry Parslow (14)	RIC
4	Elijah Grant (14)	9 William Carrington (14)	NOR
5	George Fowler Rimell (14)		


 9 BT in Heats 1-2 to Final

 H1: 15:03 > H2: 15:06 > F: 18:06

78: F K1 Men A 200

04.07.2026 15:09


1		6 Xavier Hinves (22)	SOU
2	Matthew Collinge (25)	7 Jack Rayment (19)	LBZ
3	Ignacio Soler Fabre (31)	8 Philippe Ehrnrooth (18)	DEV
4	Alex Greaves (24)	9	
5	Tom Lusty (31)		

 F: 15:09

79: F1 K1 Men D 200

04.07.2026 15:12


1		6	
2		7	
3		8	
4		9	
5			

 H1: 14:00 > H2: 14:03 > H3: 14:06 > H4: 14:09 > F1: 15:12 > F2: 15:15

80: F2 K1 Men D 200

04.07.2026 15:15

1	6
2	7
3	8
4	9
5	

 H1: 14:00 > H2: 14:03 > H3: 14:06 > H4: 14:09 > F1: 15:12 > F2: 15:15

81: F1 K1 Men C 200

04.07.2026 15:18


1	6
2	7
3	8
4	9
5	

 H1: 14:12 > H2: 14:15 > H3: 14:18 > F1: 15:18 > F2: 15:21

82: F2 K1 Men C 200

04.07.2026 15:21


1	6
2	7
3	8
4	9
5	

 H1: 14:12 > H2: 14:15 > H3: 14:18 > F1: 15:18 > F2: 15:21

83: F1 K1 Men B 200

04.07.2026 15:24


1	6
2	7
3	8
4	9
5	

 H1: 14:27 > H2: 14:30 > H3: 14:33 > H4: 14:36 > F1: 15:24 > F2: 15:27

84: F2 K1 Men B 200

04.07.2026 15:27

1	6
2	7
3	8
4	9
5	


 H1: 14:27 > H2: 14:30 > H3: 14:33 > H4: 14:36 > F1: 15:24 > F2: 15:27

85: H1 K1 Boys A 200

Selection Race 04.07.2026 15:33

1		6 Aeron Murphy (17)	RLS
2 Henry Hartland (14)	BAN	7 Ben Eskriett (16)	GAI
3 Malachi Grant (16)	NOT	8 Luke Mason (14)	DEV
4 Conor Hartney (17)	RIC	9 Fergus Barnett (13)	RDG
5 Sam Sparks (16)	RLS		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 15:33 > H2: 15:36 > H3: 15:39 > F1: 17:18 > F2: 17:21

86: H2 K1 Boys A 200

Selection Race 04.07.2026 15:36

1		6 Tyler Kinder (17)	RDG
2	Ewan Bates (16)	7 Marcell Nagy (16)	RDG
3	Oleh Kuzmenko (15)	8 Doogal Barnett (15)	RDG
4	William Roeser (17)	9 Henry Pitt (16)	ROY
5	Szymon Sroka (17)		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 15:33 > H2: 15:36 > H3: 15:39 > F1: 17:18 > F2: 17:21

87: H3 K1 Boys A 200

Selection Race 04.07.2026 15:39

1		6 Edward Stroud (14)	WEY
2	Simeon Kendall (15)	7 Jack Morgan (14)	RDG
3	Louis Smith (15)	8 Finnley Meredith (14)	ELM
4	Ollie Pearce (16)	9	
5	Freddy Fowler-Rimell (16)		


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 15:33 > H2: 15:36 > H3: 15:39 > F1: 17:18 > F2: 17:21

88: H1 K1 Girls A + Canoe Boys A/B 200

Selection Race 04.07.2026 15:45

1	Andor Szalontai (14)	6 Madison Mckernan (15)	ELM
2		7 Molly Bates (15)	RIC
3	Abigail Strachan (16)	8 Imogen Field (15)	ELM
4	Matilda Burton (15)	9	
5	Sienna Green (16)		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 15:45 > H2: 15:48 > F1: 17:24 > F2: 17:27

89: H2 K1 Girls A + Canoe Boys A/B 200

Selection Race 04.07.2026 15:48

1		6 Ruth Shephard (14)	RDG
2	Ciara Maloney (17)	7 Katie Luen-Twining (16)	CDF
3	Adriana De Bilio (12)	8 Kyla Holt (16)	RIC
4	Elsie Landsborough (17)	9	
5	Ava Wong (17)		


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 15:45 > H2: 15:48 > F1: 17:24 > F2: 17:27

90: H1 K1 Boys D 200

04.07.2026 15:51

1	George Ivanov (12)	6 Leon Pound (14)	CDF
2	Olly Jones (14)	7 Owain Williams (14)	ANK
3	Zachary Cross (12)	8 Lewis Ratcliff (14)	FOX
4	Josh Hubbard (13)	9 George Bugden (14)	NOR
5	Rupert Kirtland (12)		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 15:51 > H2: 15:54 > H3: 15:57 > F1: 16:54 > F2: 16:57

91: H2 K1 Boys D 200

04.07.2026 15:54

1	Kipp Chughtai (13)	6 Jonjo Fahey (14)	ROY
2	Quinn Paris (10)	7 Sam Short (12)	ELM
3	Thomas Collinson (13)	8 William Stroud (12)	WEY
4	Robin Wickenden (12)	9 Jamie Winstanley (15)	BSF
5	Ethan Tingay (11)		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

 H1: 15:51 > H2: 15:54 > H3: 15:57 > F1: 16:54 > F2: 16:57

92: H3 K1 Boys D 200

04.07.2026 15:57

1		6 Elliott Kasperaitis (11)	CLM
2	Aaron Heeley (17)	7 Jack Badham (13)	RLS
3	Noel Barat-Farkas (10)	8 Conor Bates (11)	LBZ
4	Gergo Fodros (13)	9 Henry Barker-Watson (13)	ROY
5	Finley Chamberlin (15)		

9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

H1: 15:51 > H2: 15:54 > H3: 15:57 > F1: 16:54 > F2: 16:57

93: FA K1 Para Men Mixed R2 200

04.07.2026 16:00

1		6	
2		7 Finlay Stallard (19)	FLA
3	Tom Price (24)	8	
4		9	
5	Charlie Knowlden (22)		

FA: 16:00

94: H1 K1 Boys B 200

04.07.2026 16:03

1		6 Knoah Ayrán (14)	FOX
2	Edward Hellman (16)	7 William Shanks (16)	RIC
3	Hugo Blanchard (14)	8 Matteo Bose (15)	CLM
4	Osian Davies (16)	9 William Bowles-Trow (15)	ADS
5	Balazs Nagy (16)		

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 16:03 > H2: 16:06 > H3: 16:09 > H4: 16:12 > F1: 17:09 > F2: 17:12

95: H2 K1 Boys B 200

04.07.2026 16:06

1		6 Jasper Kirtland (14)	BSF
2	Tom McElhannan (14)	7 Kasper Nielsen (15)	CLM
3	Tom Russell (14)	8 Max Louw (16)	RIC
4	Jake Hughes (15)	9	
5	Mason Hammett (15)		

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 16:03 > H2: 16:06 > H3: 16:09 > H4: 16:12 > F1: 17:09 > F2: 17:12

96: H3 K1 Boys B 200

04.07.2026 16:09

1		6 Marco Mangiantini (13)	ROY
2	Jack Alldis (15)	7 Marcell Barat-Farkas (12)	ELM
3	Leon Gospodinov (15)	8 Finn Lovell (16)	WOR
4	Finnley Burton (15)	9	
5	Evan Foulger (12)		

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 16:03 > H2: 16:06 > H3: 16:09 > H4: 16:12 > F1: 17:09 > F2: 17:12

97: H4 K1 Boys B 200

04.07.2026 16:12

1		6 Eryn Roberts (17)	CDF
2	Johnny Williams (16)	7 Toby Visser (17)	BOA
3	Danny Richardson (16)	8 Jack Wade (13)	RDG
4	Marshall Davie (14)	9	
5	Daniel Dunlop (14)		

9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2

H1: 16:03 > H2: 16:06 > H3: 16:09 > H4: 16:12 > F1: 17:09 > F2: 17:12

98: FA K1 Paddle-Ability (Sat) R2 200

Paddle-Ability Series 04.07.2026 16:15

1		6 Saffron Cresswell (24)	RLS
2	Shayne Dawson-Dymond (16)	7	
3		8 Tom Price (24)	RLS
4	Summer Allen (18)	9	
5			

 FA: 16:15

99: F K1 Women C + Canoe Men/Boys C 200

04.07.2026 16:21


1		6	
2		7	
3		8	
4		9	
5			

 H1: 14:45 > H2: 14:48 > F: 16:21

100: F1 K1 Women D + Canoe Men/Boys D 200

04.07.2026 16:24


1		6	
2		7	
3		8	
4		9	
5			

 H1: 14:51 > H2: 14:54 > H3: 14:57 > F1: 16:24 > F2: 16:27

101: F2 K1 Women D + Canoe Men/Boys D 200

04.07.2026 16:27


1		6	
2		7	
3		8	
4		9	
5			

 H1: 14:51 > H2: 14:54 > H3: 14:57 > F1: 16:24 > F2: 16:27

102: H1 K1 Mini Sprint A 200

Mini-Sprint Series 04.07.2026 16:33

1		6 Edward Gospodinov (10)	RIC
2	George Cullen (11)	7 Felix Brefitt (9)	WOR
3	Magnus Weightman (10)	8 James Wallis (10)	RLS
4	Tyler Pope (12)	9	
5	Summer Norford (11)		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 16:33 > H2: 16:36 > H3: 16:39 > F1: 18:09 > F2: 18:12

103: H2 K1 Mini Sprint A 200

Mini-Sprint Series 04.07.2026 16:36

1		6 Laszlo Herbent (10)	RLS
2		7 Charles Bickford (11)	FOX
3	Franek Awramik (11)	8 Charlie Van Ufford (11)	WOR
4	Emir Tahla Yuceer (11)	9	
5	Kajetan Zabawski Pinto (11)		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 16:33 > H2: 16:36 > H3: 16:39 > F1: 18:09 > F2: 18:12

104: H3 K1 Mini Sprint A 200

Mini-Sprint Series 04.07.2026 16:39

1		6 Astrid Bartsch-Cotta (11)	FOX	
2		7 Robin Townsend (11)	WOR	
3	Harry Cullen (11)	RLS	8 Casper Fowler (10)	NOR
4	Emily Hubbard (11)	CLM	9	
5	Matyas Herbert (10)	RLS		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 16:33 > H2: 16:36 > H3: 16:39 > F1: 18:09 > F2: 18:12

105: H1 K1 Girls D 200

04.07.2026 16:45

1		6 Ember Davies (12)	CDF	
2	Lexi Haytree-Blake (14)	WOL	7 Jessica Holmes (14)	NOT
3	Dineesha Ruwanpathirana (15)	ELM	8 Priya Henriques (14)	NOT
4	Darcy Fowler (13)	NOR	9 Freya Bentley (14)	CLM
5	Kornelia Ptasinska (11)	RLS		

 9 BT in Heats 1-2 to Final


 H1: 16:45 > H2: 16:48 > F: 18:18

106: H2 K1 Girls D 200

04.07.2026 16:48

1		6 Ani Sarkisyan Sarkisyan (10)	RIC	
2	Bella Morris (16)	ELM	7 Olivia Logie-Simpson (15)	CLM
3	Edith Morrissey (12)	NOT	8 Lexi Jones (13)	NOT
4	Alex Cottle (17)	CLM	9	
5	Aditi Schneiders (14)	ESK		


 9 BT in Heats 1-2 to Final

 H1: 16:45 > H2: 16:48 > F: 18:18

107: F K1 Girls C 200

04.07.2026 16:51


1		6 Milena Olesky (15)	BAN	
2	Chloe Kemp (17)	ROY	7 Lydia Khan (14)	WOL
3	Sophie Marriott (14)	NOT	8 Rebekah Hopkin (16)	CDF
4	Agnes Grant (13)	WEY	9 Kaiya Takata (15)	CDF
5	Emma Saunders (14)	WEY		

 F: 16:51

108: F1 K1 Boys D 200

04.07.2026 16:54


1		6	
2		7	
3		8	
4		9	
5			

 H1: 15:51 > H2: 15:54 > H3: 15:57 > F1: 16:54 > F2: 16:57

109: F2 K1 Boys D 200

04.07.2026 16:57

1		6	
2		7	
3		8	
4		9	
5			


 H1: 15:51 > H2: 15:54 > H3: 15:57 > F1: 16:54 > F2: 16:57

110: H1 K1 Girls B 200

04.07.2026 17:03

1		6 Eva Mcaulay (17)	NOR
2	Izzy Ritchie (17)	7 Joshie Allan (15)	WEY
3	Lucy Wickenden (14)	8 Emma Sumner (15)	ELM
4	Emily Wainwright (13)	9	
5	Lexi Small (13)		

 9 BT in Heats 1-2 to Final


 H1: 17:03 > H2: 17:06 > F: 18:21

111: H2 K1 Girls B 200

04.07.2026 17:06

1		6 Jasmine Sargeant (17)	NOR
2		7 Ariana Manley (14)	WEY
3	Scarlett Yates (17)	8 Edith Smerdon (13)	CLM
4	Keira Hudson (15)	9	
5	Leila Gohar (14)		


 9 BT in Heats 1-2 to Final

 H1: 17:03 > H2: 17:06 > F: 18:21

112: F1 K1 Boys B 200

04.07.2026 17:09


1		6	
2		7	
3		8	
4		9	
5			

 H1: 16:03 > H2: 16:06 > H3: 16:09 > H4: 16:12 > F1: 17:09 > F2: 17:12

113: F2 K1 Boys B 200

04.07.2026 17:12


1		6	
2		7	
3		8	
4		9	
5			

 H1: 16:03 > H2: 16:06 > H3: 16:09 > H4: 16:12 > F1: 17:09 > F2: 17:12

114: F1 K1 Boys A 200

Selection Race 04.07.2026 17:18


1		6	
2		7	
3		8	
4		9	
5			

 H1: 15:33 > H2: 15:36 > H3: 15:39 > F1: 17:18 > F2: 17:21

115: F2 K1 Boys A 200

Selection Race 04.07.2026 17:21


1		6	
2		7	
3		8	
4		9	
5			

 H1: 15:33 > H2: 15:36 > H3: 15:39 > F1: 17:18 > F2: 17:21

116: F1 K1 Girls A + Canoe Boys A/B 200

Selection Race 04.07.2026 17:24


1	6
2	7
3	8
4	9
5	

 H1: 15:45 > H2: 15:48 > F1: 17:24 > F2: 17:27

117: F2 K1 Girls A + Canoe Boys A/B 200

Selection Race 04.07.2026 17:27

1	6
2	7
3	8
4	9
5	


 H1: 15:45 > H2: 15:48 > F1: 17:24 > F2: 17:27

118: H1 K2 Mixed Men/Women C 500

04.07.2026 17:36

1	6 D. O Halloran CLM
2	7 M. Lodge E. Widdows NOR NOR
3 M. Dilai C. Maloney NOT NOT	8
4 M. Pepper S. Wells LBZ ELM	9
5 T. Kubisch-Wiles B. Nagy RDG RDG	

 9 BT in Heats 1-2 to Final


 H1: 17:36 > H2: 17:39 > F: 18:30

119: H2 K2 Mixed Men/Women C 500

04.07.2026 17:39

1	6 P. Allinson E. Christie NOT NOT
2	7 J. Long S. Tilbury-Clarke FOX FOX
3 K. Walker T. Walker NOR NOR	8
4 O. Shephard-Wyatt CLM	9
5 J. Doran CLM	


 9 BT in Heats 1-2 to Final

 H1: 17:36 > H2: 17:39 > F: 18:30

120: F1 K2 Mixed Men/Women D 500

04.07.2026 17:42


1	6
2	7
3	8
4	9
5	

 H1: 12:52 > H2: 12:56 > H3: 13:00 > F1: 17:42 > F2: 17:45

121: F2 K2 Mixed Men/Women D 500

04.07.2026 17:45

1	6
2	7
3	8
4	9
5	

 H1: 12:52 > H2: 12:56 > H3: 13:00 > F1: 17:42 > F2: 17:45

122: F K4 Men B 500

04.07.2026 17:48

1			6	D. Gurney D. March	CLM CLM
2				W. Stroud	CLM
3	B. Fenwick B. Nagy	RDG RDG	7	K. Ayran D. Davison	FOX FOX
	M. Szabadvari A. Teeuwen	RDG RDG		T. Miller S. Tilbury-Clarke	FOX FOX
4	N. Boreham H. Cooke-Bayley	NOT NOT	8		
	S. Cribbett M. Enoch	NOT NOT	9		
5	T. Booth M. Lodge	NOR NOR			
	R. Smith T. Walker	NOR NOR			

🕒 F: 17:48

123: F K4 Boys D 500

04.07.2026 17:51

1			6	F. Chamberlin K. Chughtai	CLM CLM
2				J. Hubbard E. Kasperaitis	CLM CLM
3			7		
4	N. Barat-Farkas G. Fodros	ELM ELM	8		
	O. Jones S. Short	ELM ELM	9		
5	C. Bates W. Stroud	LBZ WEY			
	E. Tingay R. Wickenden	LBZ BAN			

🕒 F: 17:51

124: FA K1 Paddle-Ability (Sat) R2 500

Paddle-Ability Series 04.07.2026 17:54

1			6	Saffron Cresswell (24)	RLS
2			7		
3			8		
4	Summer Allen (18)	RLS	9		
5					

🕒 FA: 17:54

125: F K1 Boys C 200

04.07.2026 18:06

1			6		
2			7		
3			8		
4			9		
5					

🕒 H1: 15:03 > H2: 15:06 > F: 18:06

126: F1 K1 Mini Sprint A 200

Mini-Sprint Series 04.07.2026 18:09

1			6		
2			7		
3			8		
4			9		
5					

🕒 H1: 16:33 > H2: 16:36 > H3: 16:39 > F1: 18:09 > F2: 18:12

127: F2 K1 Mini Sprint A 200

Mini-Sprint Series 04.07.2026 18:12

1			6		
2			7		
3			8		
4			9		
5					

🕒 H1: 16:33 > H2: 16:36 > H3: 16:39 > F1: 18:09 > F2: 18:12

128: F K1 Mini Sprint B 200

Mini-Sprint Series 04.07.2026 18:15

1		6	Zora Breffit (8)	WOR
2		7	Remi Fowler (7)	NOR
3	Crispin Pearce (9)		8	Arabella Stell (9)
	ROY		9	
4	Benjamin Spinola (9)			
	BSF			
5	Ella Mitchell (9)			
	WOR			

🕒 F: 18:15

129: F K1 Girls D 200

04.07.2026 18:18

1		6		
2		7		
3		8		
4		9		
5				

🕒 H1: 16:45 > H2: 16:48 > F: 18:18

130: F K1 Girls B 200

04.07.2026 18:21

1		6		
2		7		
3		8		
4		9		
5				

🕒 H1: 17:03 > H2: 17:06 > F: 18:21

131: F K2 Mixed Men/Women C 500

04.07.2026 18:30

1		6		
2		7		
3		8		
4		9		
5				

🕒 H1: 17:36 > H2: 17:39 > F: 18:30

132: F K4 Men D 500

04.07.2026 18:33

1		6	T. Sargeant T. Scott	NOR NOR
2	R. Alldis C. Jones		G. Smith A. Want	NOR NOR
	LBZ LBZ			
3	A. Sandiford S. Tingay		S. Beck H. Harper	BAN BAN
	LBZ LBZ		W. Harte J. Wickenden	BAN BAN
4	P. Gorman D. Marshall		M. Blatchly R. Golder	NOT NOT
	WEY LKR		D. Jack C. Sze	NOT NOT
5	G. Speirs N. Thom		N. Herbert D. Long	FOX FOX
	LKR WEY		L. Ratcliff D. Stormont	FOX FOX
4	E. Barat-Farkas D. Morton			
	ELM ELM			
5	B. Price P. Sumner			
	ELM ELM			
5	A. Birch A. Nolan			
	ROY ROY			
	J. Russell			
	ROY			

🕒 F: 18:33

133: H1 K2 Mixed Boys/Girls D 500

05.07.2026 09:00

1		6	K. Chughtai A. Cottle	CLM CLM
2		7	D. Ruwanpathirana S. Short	ELM ELM
3	J. Badham K. Ptasinska		8	C. Bates J. Holmes
	RLS RLS		9	
4	J. Hubbard O. Logie-Simpson			
	CLM CLM			
5	E. Morrissey R. Wickenden			
	NOT BAN			

🏠 9 BT in Heats 1-2 to Final


🕒 H1: 09:00 > H2: 09:03 > F: 10:30

134: H2 K2 Mixed Boys/Girls D 500

05.07.2026 09:03

1			6	E. Davies L. Pound	CDF CDF
2			7	O. Jones B. Morris	ELM ELM
3	P. Henriques E. Tingay	NOT LBZ	8	T. Collinson D. Fowler	NOR NOR
4	E. Kasperaitis A. Musumeci	CLM CLM	9		
5	F. Bentley F. Chamberlin	CLM CLM			

 9 BT in Heats 1-2 to Final


 H1: 09:00 > H2: 09:03 > F: 10:30

135: H1 K2 Mixed Boys/Girls B 500

05.07.2026 09:06

1			6	O. Davies K. Luen-Twining	CDF CDF
2			7	D. Dunlop E. Sumner	ELM ELM
3	K. Hudson E. Roberts	BAN CDF	8	T. Russell J. Sargeant	NOR NOR
4	L. Gohar D. Richardson	RIC RIC	9		
5	I. Ritchie E. Stroud	WEY WEY			

 9 BT in Heats 1-2 to Final


 H1: 09:06 > H2: 09:09 > F: 10:24

136: H2 K2 Mixed Boys/Girls B 500

05.07.2026 09:09

1			6	M. Barat-Farkas M. Mckernan	ELM ELM
2			7	E. Foulger E. Wainwright	NOT NOT
3	M. Bose E. Smerdon	CLM CLM	8	L. Small	WOL
4	J. Alldis S. Yates	LBZ GAI	9		
5	M. Mangiantini L. Wickenden	ROY BAN			


 9 BT in Heats 1-2 to Final

 H1: 09:06 > H2: 09:09 > F: 10:24

137: F K4 Mini Sprint A 500

Mini-Sprint Series 05.07.2026 09:12


1			6	A. Bartsch-Cotta G. Cullen	FOX RLS
2				E. Hubbard T. Pope	CLM WOL
3	C. Pearce K. Zabawski Pinto	ROY ROY	7	Z. Breffit E. Mitchell	WOR WOR
4	H. Cullen L. Herbent	RLS RLS		R. Townsend C. Van Ufford	WOR WOR
	M. Herbent J. Wallis	RLS RLS	8		
5	C. Bickford A. Parry-Spring	FOX FOX	9		
	B. Parry-Spring M. Weightman	FOX FOX			

 F: 09:12

138: F K1 Women C + Canoe Men/Boys C 500

05.07.2026 09:15

1	Maggie Dilai (39)	NOT	6	Katy Walker (23)	NOR
2	Andor Szalontai (14)	RIC	7	Georgia Fenwick (22)	RDG
3	Milly Pepper (20)	LBZ	8	Hannah Stephens (24)	CDF
4	Estelle Widdows (18)	NOR	9	Tilla Kubisch-Wiles (20)	RDG
5	Owen Chisholm (20)	RIC			


 F: 09:15

139: H1 K1 Women D 500

05.07.2026 09:18

1			6	Konstanze Bartsch (46)	FOX
2	Charlie Peck (37)	NOR	7	Scarlett James (21)	CDF
3	Donna Marriott (56)	NOT	8	Lauren Avery (27)	CLM
4	Zoe Norford (38)	BSF	9	Dawn Simpkinsl (48)	BAN
5	Lucy Wainwright (47)	NOT			

 9 BT in Heats 1-2 to Final


 H1: 09:18 > H2: 09:21 > F: 10:27

140: H2 K1 Women D 500

05.07.2026 09:21

1		6 Tomasina Hurley (47)	NOT	
2	Simona Adonia (43)	CLM	7 Louise Linnell (37)	NOR
3	Erzsebet Barat-Farkas (39)	ELM	8 Claudia Redeker (55)	BSF
4	Louise Maloney (48)	NOT	9	
5	Bronwyn Thubron (24)	SOU		

 9 BT in Heats 1-2 to Final


 H1: 09:18 > H2: 09:21 > F: 10:27

141: H1 K1 Men B 500

05.07.2026 09:27

1	Matthew Enoch (49)	NOT	6 Leon Dixon (20)	LBZ
2	Toby Bullock (18)	NOT	7 Koen Ayran (19)	FOX
3	Daniel March (23)	CLM	8 Andre Hives (19)	SOU
4	Jacob Loras (21)	RIC	9 Kal Kinser (22)	BAN
5	Lochie Lovell (19)	WOR		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 10:48 > F2: 10:51

142: H2 K1 Men B 500

05.07.2026 09:30

1	Aidan Teeuwen (19)	RDG	6 Toby Booth (22)	NOR
2	Fletcher Cramer (19)	SOU	7 Terry Miller (19)	FOX
3	Drew Howells (21)	CDF	8 Jack Carter (21)	ROY
4	David Gurney (23)	CLM	9 Joseph Ellis (20)	BAN
5	Nick Boreham (31)	NOT		


 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 10:48 > F2: 10:51

143: H3 K1 Men B 500

05.07.2026 09:33

1	Daniel Davison (18)	FOX	6 Miklos Szabadvari (22)	RDG
2	William Stroud (26)	CLM	7 Rory Strachan (18)	GLW
3	Ben Shipway (20)	SOU	8 Will Stevely (18)	NOT
4	Jason Grice (25)	SOL	9 Sam Cribbett (20)	NOT
5	Will Short (18)	ELM		


 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 10:48 > F2: 10:51

144: H1 K1 Men C 500

05.07.2026 09:39

1		6 Evangelos Zypeloudis (35)	BRI	
2	Matthew Lodge (30)	NOR	7 Sam Wells (18)	ELM
3	Simon Tilbury-Clarke (26)	FOX	8 Daniel O Halloran (19)	CLM
4	David P Smith (47)	WOR	9	
5	Patrick Allinson (66)	NOT		


 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

 H1: 09:39 > H2: 09:42 > H3: 09:45 > F1: 10:54 > F2: 10:57

145: H2 K1 Men C 500

05.07.2026 09:42

1		6 Owen Shephard-Wyatt (38)	CLM	
2	Benedek Nagy (18)	RDG	7 Oscar Griffiths (24)	CLM
3	Aidan Davis (22)	NOR	8 Richard Winstanley (41)	BSF
4	Tom Walker (26)	NOR	9	
5	Gregory Neale (23)	ELM		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 09:39 > H2: 09:42 > H3: 09:45 > F1: 10:54 > F2: 10:57

146: H3 K1 Men C 500

05.07.2026 09:45

1		6 Samuel Irvén (21)	CLM	
2	Leo Turnell-Ritson (30)	SOL	7 George Conroy (22)	FLA
3	James Doran (26)	CLM	8 Rory Smith (18)	NOR
4	Conor Maloney (51)	NOT	9	
5	Joao Spinola (36)	BSF		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 09:39 > H2: 09:42 > H3: 09:45 > F1: 10:54 > F2: 10:57

147: H1 K1 Men D 500

05.07.2026 09:48

1		6 Duncan Jack (60)	NOT	
2	Bryce Davies (42)	CDF	7 Richard Stenning (28)	NOR
3	Nigel Jones (47)	NOT	8 Dennis Stormont (62)	FOX
4	Craig Murray (54)	ANK	9 Dwayne Morton (40)	ELM
5	James Russell (53)	ROY		


 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:48 > H2: 09:51 > H3: 09:54 > H4: 09:57 > F1: 11:00 > F2: 11:03

148: H2 K1 Men D 500

05.07.2026 09:51

1		6 Stephen Tingay (50)	LBZ	
2	John Wickenden (49)	BAN	7 Phil Sumner (51)	ELM
3	Jason Nicholson (53)	WOL	8 Benjamin Fenwick (25)	RDG
4	Chris Sze (65)	NOT	9 Sam Fowler (38)	NOR
5	Peter Gorman (70)	WEY		


 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:48 > H2: 09:51 > H3: 09:54 > H4: 09:57 > F1: 11:00 > F2: 11:03

149: H3 K1 Men D 500

05.07.2026 09:54

1		6 Adam Sandiford (22)	LBZ	
2	Aaron Nolan (28)	ROY	7 Robert Gough (44)	BSF
3	Matthew Foulger (47)	NOT	8 Joe Borucki (36)	NOR
4	Bruce Price (51)	ELM	9	
5	Neil Thom (40)	WEY		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:48 > H2: 09:51 > H3: 09:54 > H4: 09:57 > F1: 11:00 > F2: 11:03

150: H4 K1 Men D 500

05.07.2026 09:57

1		6 Finlay Stallard (19)	FLA	
2	Andrew Birch (37)	ROY	7 John Avery (55)	CLM
3	Tim Scott (63)	NOR	8 Richard Golder (49)	NOT
4	Richard Alldis (62)	LBZ	9	
5	Istvan Toth (46)	ELM		

 9 BT in Heats 1-4 to Final 1. Next 9 BT in Heats 1-4 to Final 2


 H1: 09:48 > H2: 09:51 > H3: 09:54 > H4: 09:57 > F1: 11:00 > F2: 11:03

151: H1 K1 Boys A 500

Selection Race 05.07.2026 10:03

1		6 Tyler Kinder (17)	RDG	
2	Fergus Barnett (13)	RDG	7 Simeon Kendall (15)	DEV
3	Finnley Meredith (14)	ELM	8 Henry Hartland (14)	BAN
4	Sam Sparks (16)	RLS	9 Oleh Kuzmenko (15)	BSF
5	Freddy Fowler-Rimell (16)	WOR		


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 10:03 > H2: 10:06 > H3: 10:09 > F1: 11:51 > F2: 11:54

152: H2 K1 Boys A 500

Selection Race 05.07.2026 10:06

1		6 Marcell Nagy (16)	RDG
2	Louis Smith (15)	7 Malachi Grant (16)	NOT
3	Henry Pitt (16)	8 Ollie Pearce (16)	RIC
4	Doogal Barnett (15)	9	
5	Isaac Popham-Coveley (17)		


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 10:03 > H2: 10:06 > H3: 10:09 > F1: 11:51 > F2: 11:54

153: H3 K1 Boys A 500

Selection Race 05.07.2026 10:09

1		6 Jack Morgan (14)	RDG
2	Aeron Murphy (17)	7 Ewan Bates (16)	LBZ
3	Edward Stroud (14)	8 Luke Mason (14)	DEV
4	Ben Eskriett (16)	9	
5	Szymon Sroka (17)		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 10:03 > H2: 10:06 > H3: 10:09 > F1: 11:51 > F2: 11:54

154: H1 K1 Girls A + Canoe Boys A/B 500

Selection Race 05.07.2026 10:15

1	Andor Szalontai (14)	6 Ruth Shephard (14)	RDG
2		7 Kyla Holt (16)	RIC
3	Madison Mckernan (15)	8 Molly Bates (15)	RIC
4	Elsie Landsborough (17)	9	
5	Matilda Burton (15)		

 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2


 H1: 10:15 > H2: 10:18 > F1: 12:00 > F2: 12:03

155: H2 K1 Girls A + Canoe Boys A/B 500

Selection Race 05.07.2026 10:18

1		6 Imogen Field (15)	ELM
2	Abigail Strachan (16)	7 Ciara Maloney (17)	NOT
3	Katie Luen-Twining (16)	8 Adriana De Bilio (12)	ROY
4	Sienna Green (16)	9	
5	Ava Wong (17)		


 1st-2nd + 3 BT to Final 1. 3rd-5th + 3 BT to Final 2

 H1: 10:15 > H2: 10:18 > F1: 12:00 > F2: 12:03

156: F K2 Mixed Boys/Girls B 500

05.07.2026 10:24


1		6	
2		7	
3		8	
4		9	
5			

 H1: 09:06 > H2: 09:09 > F: 10:24

157: F K1 Women D 500

05.07.2026 10:27

1		6	
2		7	
3		8	
4		9	
5			

 H1: 09:18 > H2: 09:21 > F: 10:27

158: F K2 Mixed Boys/Girls D 500

05.07.2026 10:30

1	6
2	7
3	8
4	9
5	

H1: 09:00 > H2: 09:03 > F: 10:30

159: F K2 Mixed Boys/Girls C 500

05.07.2026 10:33

1	6 C. Kemp L. Tanner	ROY ROY
2	7 A. Golder K. Takata	NOT CDF
3 L. Khan A. Lowthian	WOL RLS	8
4 J. Maloney S. Marriott	NOT NOT	9
5 E. Brewer R. Hopkin	CDF CDF	

F: 10:33

160: H1 K2 Mini Sprint A/B 500

Mini-Sprint Series 05.07.2026 10:36

1	6 R. Townsend C. Van Ufford	WOR WOR	
2 E. Ford L. Ford	BAN BAN	7 H. Cullen L. Herbert	RLS RLS
3 E. Hubbard J. Wallis	CLM RLS	8 E. Gospodinov E. Yuceer	RIC RIC
4 A. Parry-Spring B. Parry-Spring	FOX FOX	9	
5 F. Awramik	ELM		

9 BT in Heats 1-2 to Final

H1: 10:36 > H2: 10:39 > F: 11:45

161: H2 K2 Mini Sprint A/B 500

Mini-Sprint Series 05.07.2026 10:39

1	6 S. Norford B. Spinola	BSF BSF	
2	7 C. Bickford M. Weightman	FOX FOX	
3 G. Cullen M. Herbert	RLS RLS	8 Z. Breffit E. Mitchell	WOR WOR
4 A. Bartsch-Cotta T. Pope	FOX WOL	9	
5 C. Pearce K. Zabawski Pinto	ROY ROY		

9 BT in Heats 1-2 to Final

H1: 10:36 > H2: 10:39 > F: 11:45

162: FA K1 Paddle-Ability (Sun) R1 500

Paddle-Ability Series 05.07.2026 10:42

1	6 Thomas Simpson (14)	4AS
2	7	
3	8	
4 Joshua Priestley (17)	4AS	9
5		

FA: 10:42

163: F1 K1 Men B 500

05.07.2026 10:48

1	6
2	7
3	8
4	9
5	

H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 10:48 > F2: 10:51

164: F2 K1 Men B 500

05.07.2026 10:51


1	6
2	7
3	8
4	9
5	

 H1: 09:27 > H2: 09:30 > H3: 09:33 > F1: 10:48 > F2: 10:51

165: F1 K1 Men C 500

05.07.2026 10:54


1	6
2	7
3	8
4	9
5	

 H1: 09:39 > H2: 09:42 > H3: 09:45 > F1: 10:54 > F2: 10:57

166: F2 K1 Men C 500

05.07.2026 10:57


1	6
2	7
3	8
4	9
5	

 H1: 09:39 > H2: 09:42 > H3: 09:45 > F1: 10:54 > F2: 10:57

167: F1 K1 Men D 500

05.07.2026 11:00


1	6
2	7
3	8
4	9
5	

 H1: 09:48 > H2: 09:51 > H3: 09:54 > H4: 09:57 > F1: 11:00 > F2: 11:03

168: F2 K1 Men D 500

05.07.2026 11:03


1	6
2	7
3	8
4	9
5	

 H1: 09:48 > H2: 09:51 > H3: 09:54 > H4: 09:57 > F1: 11:00 > F2: 11:03

169: F K1 Women A/B 500

05.07.2026 11:09


1	6 Sophie Dunlop (18)	ELM
2	7 Melissa Johnson (28)	NOT
3	8	
4 Abi Burgess (26)	WEY	
5 Jessica Urquhart (22)	NOT	
	9	

 F: 11:09

170: F K1 Men A 500

05.07.2026 11:12


1 Jack Rayment (19)	LBZ	6 Zygy Chmiel (28)	NOT
2 Ignacio Soler Fabre (31)	SOL	7 Tom Lusty (31)	SOL
3 Alex Greaves (24)	RLS	8 Xavier Hives (22)	SOU
4 Matthew Collinge (25)	NOT	9 Lewis Smith (22)	ROY
5 Philippe Ehrnrooth (18)	DEV		


 F: 11:12

171: H1 K1 Boys D 500

05.07.2026 11:18

1			6 Rupert Kirtland (12)	BSF
2	Henry Barker-Watson (13)	ROY	7 Owain Williams (14)	ANK
3	Finley Chamberlin (15)	CLM	8 Noel Barat-Farkas (10)	ELM
4	Elliott Kasperaitis (11)	CLM	9 Lewis Ratcliff (14)	FOX
5	Thomas Collinson (13)	NOR		


 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 11:18 > H2: 11:21 > H3: 11:24 > F1: 12:42 > F2: 12:45

172: H2 K1 Boys D 500

05.07.2026 11:21

1			6 Leon Pound (14)	CDF
2	George Bugden (14)	NOR	7 Robin Wickenden (12)	BAN
3	Kipp Chughtai (13)	CLM	8 Conor Bates (11)	LBZ
4	Jonjo Fahey (14)	ROY	9 Jamie Winstanley (15)	BSF
5	Sam Short (12)	ELM		


 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 11:18 > H2: 11:21 > H3: 11:24 > F1: 12:42 > F2: 12:45

173: H3 K1 Boys D 500

05.07.2026 11:24

1			6 Aaron Heeley (17)	BRI
2	Gergo Fodros (13)	ELM	7 Jack Badham (13)	RLS
3	Ethan Tingay (11)	LBZ	8 Olly Jones (14)	ELM
4	Josh Hubbard (13)	CLM	9 William Stroud (12)	WEY
5	Quinn Paris (10)	GLW		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

 H1: 11:18 > H2: 11:21 > H3: 11:24 > F1: 12:42 > F2: 12:45

174: H1 K4 Boys B 500

05.07.2026 11:27

1			6 H. Blanchard W. Carrington	NOR NOR
2			T. Collinson T. Russell	NOR NOR
3	L. Gospodinov M. Louw	RIC RIC	7 K. Ayran W. Bowles-Trow	FOX ADS
	D. Richardson W. Shanks	RIC RIC	S. Kendall L. Mason	DEV DEV
4	M. Bose	CLM	8	
5	M. Barat-Farkas D. Dunlop	ELM ELM	9	
	F. Meredith S. Price	ELM ELM		

 9 BT in Heats 1-2 to Final


 H1: 11:27 > H2: 11:30 > F: 12:27

175: H2 K4 Boys B 500

05.07.2026 11:30

1			6 M. Bellofatto S. Boughton	RDG RDG
2			B. Nagy J. Wade	RDG RDG
3	O. Davies H. Hartland	CDF BAN	7 E. Hellman J. Hughes	ROY ROY
	E. Roberts E. Stroud	CDF WEY	M. Mangiantini J. Williams	ROY ROY
4	J. Kirtland R. Kirtland	BSF BSF	8	
	O. Kuzmenko J. Winstanley	BSF BSF	9	
5	J. Aldis M. Anderson	LBZ LBZ		
	M. Hammett E. Tingay	LBZ LBZ		

 9 BT in Heats 1-2 to Final


 H1: 11:27 > H2: 11:30 > F: 12:27

176: H1 K2 Women C/D + Canoe Men/Boys C/D 500

05.07.2026 11:33

1	S. James H. Stephens	CDF CDF	6	T. Hurley D. Marriott	NOT NOT
2	T. Avery	CLM	7	M. Pepper	LBZ
3	Z. Norford C. Redeker	BSF BSF	8	E. Christie M. Dilai	NOT NOT
4	G. Fenwick T. Kubisch-Wiles	RDG RDG	9	D. Simpkins J. Smith	BAN BAN
5	L. Linnell C. Peck	NOR NOR			


 9 BT in Heats 1-2 to Final


 H1: 11:33 > H2: 11:36 > F: 12:39

177: H2 K2 Women C/D + Canoe Men/Boys C/D 500

05.07.2026 11:36

1			6	S. Cribbett J. Maloney	NOT NOT
2	K. Walker E. Widdows	NOR NOR	7	I. Ivanov I. Jones	WEY WEY
3	Z. Chmiel M. Johnson	NOT NOT	8	L. Maloney L. Wainwright	NOT NOT
4	S. Adonia L. Avery	CLM CLM	9	H. Harper S. Hartland	BAN BAN
5	E. Barat-Farkas B. Morris	ELM ELM			

 9 BT in Heats 1-2 to Final


 H1: 11:33 > H2: 11:36 > F: 12:39

178: H1 K1 Boys C 500

05.07.2026 11:39

1	Louis Tanner (17)	ROY	6	Elijah Grant (14)	NOT
2	Matthew Anderson (14)	LBZ	7	Nathanael Slade (13)	CLM
3	Samuel Boughton (16)	RDG	8	Leo Byrne (14)	RLS
4	George Ockendon (12)	ELM	9	Adam Golder (13)	NOT
5	Evan Brewer (15)	CDF			

 9 BT in Heats 1-2 to Final


 H1: 11:39 > H2: 11:42 > F: 12:48

179: H2 K1 Boys C 500

05.07.2026 11:42

1			6	George Cheyne (13)	CLM
2	Harry Parslow (14)	RIC	7	Alex Lowthian (15)	RLS
3	George Fowler Rimell (14)	WOR	8	Matteo Bellofatto (16)	RDG
4	Jack Maloney (13)	NOT	9	Sam Price (14)	ELM
5	William Carrington (14)	NOR			


 9 BT in Heats 1-2 to Final

 H1: 11:39 > H2: 11:42 > F: 12:48

180: F K2 Mini Sprint A/B 500

Mini-Sprint Series 05.07.2026 11:45


1		6	
2		7	
3		8	
4		9	
5			

 H1: 10:36 > H2: 10:39 > F: 11:45

181: F1 K1 Boys A 500

Selection Race 05.07.2026 11:51


1		6	
2		7	
3		8	
4		9	
5			

 H1: 10:03 > H2: 10:06 > H3: 10:09 > F1: 11:51 > F2: 11:54

182: F2 K1 Boys A 500

Selection Race 05.07.2026 11:54

1	6
2	7
3	8
4	9
5	

 H1: 10:03 > H2: 10:06 > H3: 10:09 > F1: 11:51 > F2: 11:54

183: F1 K1 Girls A + Canoe Boys A/B 500

Selection Race 05.07.2026 12:00


1	6
2	7
3	8
4	9
5	

 H1: 10:15 > H2: 10:18 > F1: 12:00 > F2: 12:03

184: F2 K1 Girls A + Canoe Boys A/B 500

Selection Race 05.07.2026 12:03


1	6
2	7
3	8
4	9
5	

 H1: 10:15 > H2: 10:18 > F1: 12:00 > F2: 12:03

185: F K2 Women A/B 500

05.07.2026 12:06

1	6 S. Dunlop M. Mckernan	ELM ELM
2	7	
3	8	
4	9	
5 M. Johnson J. Urquhart	NOT NOT	


 F: 12:06

186: H1 K1 Girls B 500

05.07.2026 12:12

1	6 Emily Wainwright (13)	NOT
2 Jasmine Sargeant (17)	7 Joshie Allan (15)	WEY
3 Lexi Small (13)	8 Izzy Ritchie (17)	WEY
4 Keira Hudson (15)	9	
5 Emma Sumner (15)		ELM

 9 BT in Heats 1-2 to Final


 H1: 12:12 > H2: 12:15 > F: 14:24

187: H2 K1 Girls B 500

05.07.2026 12:15

1	6 Edith Smerdon (13)	CLM
2	7 Ariana Manley (14)	WEY
3 Scarlett Yates (17)	8 Lucy Wickenden (14)	BAN
4 Leila Gohar (14)	9	
5 Eva Mcaulay (17)		NOR

 9 BT in Heats 1-2 to Final


 H1: 12:12 > H2: 12:15 > F: 14:24

188: H1 K1 Girls D 500

05.07.2026 12:18

1		6 Darcy Fowler (13)	NOR	
2	Bella Morris (16)	ELM	7 Aditi Schneiders (14)	ESK
3	Olivia Logie-Simpson (15)	CLM	8 Priya Henriques (14)	NOT
4	Ani Sarkisyan Sarkisyan (10)	RIC	9	
5	Freya Bentley (14)	CLM		

 9 BT in Heats 1-2 to Final


 H1: 12:18 > H2: 12:21 > F: 13:54

189: H2 K1 Girls D 500

05.07.2026 12:21

1		6 Ember Davies (12)	CDF	
2	Alex Cottle (17)	CLM	7 Kornelia Ptasinska (11)	RLS
3	Lexi Haytree-Blake (14)	WOL	8 Jessica Holmes (14)	NOT
4	Dineesha Ruwanpathirana (15)	ELM	9	
5	Edith Morrissey (12)	NOT		


 9 BT in Heats 1-2 to Final

 H1: 12:18 > H2: 12:21 > F: 13:54

190: F K1 Girls C 500

05.07.2026 12:24


1		6 Agnes Grant (13)	WEY	
2	Kaiya Takata (15)	CDF	7 Chloe Kemp (17)	ROY
3	Emma Saunders (14)	WEY	8 Sophie Marriott (14)	NOT
4	Rebekah Hopkin (16)	CDF	9	
5	Lydia Khan (14)	WOL		

 F: 12:24

191: F K4 Boys B 500

05.07.2026 12:27

1		6	
2		7	
3		8	
4		9	
5			


 H1: 11:27 > H2: 11:30 > F: 12:27

192: H1 K2 Men B 500

05.07.2026 12:33

1		6 J. Carter D. Howells	ROY CDF
2		7 S. Cribbett M. Enoch	NOT NOT
3	D. Gurney	CLM	8
4	J. Ellis K. Kinser	BAN BAN	9
5	D. Davison T. Miller	FOX FOX	

 9 BT in Heats 1-2 to Final


 H1: 12:33 > H2: 12:36 > F: 14:09

193: H2 K2 Men B 500

05.07.2026 12:36

1		6 F. Cramer B. Shipway	SOU SOU
2		7 D. March W. Stroud	CLM CLM
3	N. Boreham E. Foulger	NOT NOT	8
4	M. Szabadvari A. Teeuwen	RDG RDG	9
5	G. Neale W. Short	ELM ELM	


 9 BT in Heats 1-2 to Final

 H1: 12:33 > H2: 12:36 > F: 14:09

194: F K2 Women C/D + Canoe Men/Boys C/D 500

05.07.2026 12:39


1	6
2	7
3	8
4	9
5	

 H1: 11:33 > H2: 11:36 > F: 12:39

195: F1 K1 Boys D 500

05.07.2026 12:42


1	6
2	7
3	8
4	9
5	

 H1: 11:18 > H2: 11:21 > H3: 11:24 > F1: 12:42 > F2: 12:45

196: F2 K1 Boys D 500

05.07.2026 12:45


1	6
2	7
3	8
4	9
5	

 H1: 11:18 > H2: 11:21 > H3: 11:24 > F1: 12:42 > F2: 12:45

197: F K1 Boys C 500

05.07.2026 12:48

1	6
2	7
3	8
4	9
5	


 H1: 11:39 > H2: 11:42 > F: 12:48

198: H1 K2 Men C 500

05.07.2026 12:54

1	6 J. Spinola R. Winstanley	BSF BSF
2	7 G. Conroy F. Stallard	FLA FLA
3 P. Allinson R. Golder	NOT NOT	8 O. Griffiths
4 S. Fowler M. Lodge	NOR NOR	CLM
5 B. Fenwick B. Nagy	RDG RDG	9


 9 BT in Heats 1-2 to Final


 H1: 12:54 > H2: 12:57 > F: 14:12

199: H2 K2 Men C 500

05.07.2026 12:57

1	6 J. Doran S. Irvén	CLM CLM
2	7 R. Smith T. Walker	NOR NOR
3 G. Neale S. Wells	ELM ELM	8 D. Stormont S. Tilbury-Clarke
4 D. O Halloran	CLM	FOX FOX
5 M. Foulger C. Maloney	NOT NOT	9

 9 BT in Heats 1-2 to Final

 H1: 12:54 > H2: 12:57 > F: 14:12

200: H1 K2 Men D 500

05.07.2026 13:00

1			6	D. Jack C. Sze	NOT NOT
2			7	J. Borucki R. Stenning	NOR NOR
3	E. Barat-Farkas P. Sumner	ELM ELM	8	G. Smith A. Want	NOR NOR
4	S. Beck W. Harte	BAN BAN	9		
5	P. Gorman G. Speirs	WEY LKR			

9 BT in Heats 1-2 to Final

H1: 13:00 > H2: 13:03 > F: 14:15

201: H2 K2 Men D 500

05.07.2026 13:03

1			6	A. Sandiford S. Tingay	LBZ LBZ
2			7	J. Avery T. Chamberlin	CLM CLM
3	D. Morton B. Price	ELM ELM	8	T. Sargeant T. Scott	NOR NOR
4	L. Harrison N. Jones	NOT NOT	9		
5	A. Birch J. Russell	ROY ROY			

9 BT in Heats 1-2 to Final

H1: 13:00 > H2: 13:03 > F: 14:15

202: F K4 Boys A 500

05.07.2026 13:06

1			6	G. Fowler Rimell F. Fowler-Rimell	WOR WOR
2				T. McElhannan L. Smith	WOR WOR
3			7		
4			8		
5	D. Barnett T. Kinder	RDG RDG	9		
	J. Morgan M. Nagy	RDG RDG			

F: 13:06

203: F K4 Girls A/B 500

05.07.2026 13:09

1			6	S. Green K. Luen-Twining	WOL CDF
2				R. Shephard A. Wong	RDG CDF
3	K. Hudson L. Small	BAN WOL	7	D. Fowler E. Mcaulay	NOR NOR
	L. Wickenden S. Yates	BAN GAI		J. Sargeant E. Smerdon	NOR CLM
4	M. Burton I. Field	ELM ELM	8	E. Landsborough C. Maloney	NOT NOT
	M. Mckernan E. Sumner	ELM ELM		E. Morrissey E. Wainwright	NOT NOT
5	J. Allan A. Grant	WEY WEY	9		
	I. Ritchie E. Saunders	WEY WEY			

F: 13:09

204: FA K1 Paddle-Ability (Sun) R2 500

Paddle-Ability Series 05.07.2026 13:12

1			6	Joshua Priestley (17)	4AS
2			7		
3			8		
4	Thomas Simpson (14)	4AS	9		
5					

FA: 13:12

205: H1 K2 Mini Sprint A/B 200

Mini-Sprint Series 05.07.2026 13:30

1			6	F. Awramik	ELM
2	C. Bickford M. Weightman	FOX FOX	7	L. Herbent J. Wallis	RLS RLS
3	E. Ford L. Ford	BAN BAN	8	E. Gospodinov E. Yuceer	RIC RIC
4	H. Cullen E. Hubbard	RLS CLM	9		
5	R. Townsend C. Van Ufford	WOR WOR			

9 BT in Heats 1-2 to Final


H1: 13:30 > H2: 13:33 > F: 14:42

206: H2 K2 Mini Sprint A/B 200

Mini-Sprint Series 05.07.2026 13:33

1			6	C. Pearce K. Zabawski Pinto	ROY ROY
2			7	G. Cullen M. Herbent	RLS RLS
3	S. Norford B. Spinola	BSF BSF	8	Z. Breffit E. Mitchell	WOR WOR
4	A. Parry-Spring B. Parry-Spring	FOX FOX	9		
5	A. Bartsch-Cotta T. Pope	FOX WOL			

 9 BT in Heats 1-2 to Final


 H1: 13:30 > H2: 13:33 > F: 14:42

207: H1 K2 Women C/D + Canoe Men/Boys C/D 200

05.07.2026 13:36

1	M. Pepper	LBZ	6	Z. Norford C. Redeker	BSF BSF
2	H. Harper S. Hartland	BAN BAN	7	L. Maloney L. Wainwright	NOT NOT
3	K. Walker E. Widdows	NOR NOR	8	S. Adonia L. Avery	CLM CLM
4	E. Christie M. Dilai	NOT NOT	9	S. James H. Stephens	CDF CDF
5	G. Fenwick T. Kubisch-Wiles	RDG RDG			

 9 BT in Heats 1-2 to Final


 H1: 13:36 > H2: 13:39 > F: 14:45

208: H2 K2 Women C/D + Canoe Men/Boys C/D 200

05.07.2026 13:39

1			6	D. Simpkins J. Smith	BAN BAN
2	I. Ivanov I. Jones	WEY WEY	7	T. Hurley D. Marriott	NOT NOT
3	L. Linnell C. Peck	NOR NOR	8	S. Cribbett J. Maloney	NOT NOT
4	E. Barat-Farkas B. Morris	ELM ELM	9	T. Avery	CLM
5	Z. Chmiel M. Johnson	NOT NOT			

 9 BT in Heats 1-2 to Final


 H1: 13:36 > H2: 13:39 > F: 14:45

209: H1 K2 Boys D 200

05.07.2026 13:42

1			6	K. Chughtai J. Hubbard	CLM CLM
2			7	C. Bates E. Tingay	LBZ LBZ
3	G. Fodros S. Short	ELM ELM	8		
4	R. Kirtland J. Winstanley	BSF BSF	9		
5	H. Barker-Watson J. Fahey	ROY ROY			

 9 BT in Heats 1-2 to Final


 H1: 13:42 > H2: 13:45 > F: 14:39

210: H2 K2 Boys D 200

05.07.2026 13:45

1			6	G. Bugden C. Fowler	NOR NOR
2			7	F. Chamberlin E. Kasperaitis	CLM CLM
3	N. Barat-Farkas O. Jones	ELM ELM	8		
4	W. Stroud R. Wickenden	WEY BAN	9		
5	L. Ratcliff M. Weightman	FOX FOX			


 9 BT in Heats 1-2 to Final

 H1: 13:42 > H2: 13:45 > F: 14:39

211: F K1 Girls D 500

05.07.2026 13:54

1			6		
2			7		
3			8		
4			9		
5					

 H1: 12:18 > H2: 12:21 > F: 13:54

212: H1 K1 Boys B 500

05.07.2026 13:57

1 Evyn Roberts (17)	CDF	6 Finn Lovell (16)	WOR
2 William Shanks (16)	RIC	7 Tom Russell (14)	NOR
3 Balazs Nagy (16)	RDG	8 Jack Alldis (15)	LBZ
4 Jake Hughes (15)	ROY	9 William Bowles-Trow (15)	ADS
5 Daniel Dunlop (14)	ELM		

 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 13:57 > H2: 14:00 > H3: 14:03 > F1: 15:00 > F2: 15:03

213: H2 K1 Boys B 500

05.07.2026 14:00

1 Danny Richardson (16)	RIC	6 Knoah Ayrán (14)	FOX
2 Jasper Kirtland (14)	BSF	7 Marshall Davie (14)	LKR
3 Evan Foulger (12)	NOT	8 Max Louw (16)	RIC
4 Johnny Williams (16)	ROY	9 Osian Davies (16)	CDF
5 Tom McElhannan (14)	WOR		


 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2


 H1: 13:57 > H2: 14:00 > H3: 14:03 > F1: 15:00 > F2: 15:03

214: H3 K1 Boys B 500

05.07.2026 14:03

1		6 Matteo Bose (15)	CLM
2 Jack Wade (13)	RDG	7 Hugo Blanchard (14)	NOR
3 Marcell Barat-Farkas (12)	ELM	8 Edward Hellman (16)	ROY
4 Mason Hammett (15)	LBZ	9 Leon Gospodinov (15)	RIC
5 Marco Mangiantini (13)	ROY		


 9 BT in Heats 1-3 to Final 1. Next 9 BT in Heats 1-3 to Final 2

 H1: 13:57 > H2: 14:00 > H3: 14:03 > F1: 15:00 > F2: 15:03

215: F K2 Men A 500

05.07.2026 14:06


1		6 J. Grice T. Lusty	SOL SOL
2 M. Collinge W. Stevely	NOT NOT	7 A. Hinves X. Hinves	SOU SOU
3 I. Soler Fabre L. Turnell-Ritson	SOL SOL	8 L. Dixon J. Rayment	LBZ LBZ
4 Z. Benstead L. Smith	ROY ROY	9	
5 T. Bullock Z. Chmiel	NOT NOT		

 F: 14:06

216: F K2 Men B 500

05.07.2026 14:09


1		6	
2		7	
3		8	
4		9	
5			

 H1: 12:33 > H2: 12:36 > F: 14:09

217: F K2 Men C 500

05.07.2026 14:12


1		6	
2		7	
3		8	
4		9	
5			

 H1: 12:54 > H2: 12:57 > F: 14:12

218: F K2 Men D 500

05.07.2026 14:15


1	6
2	7
3	8
4	9
5	

 H1: 13:00 > H2: 13:03 > F: 14:15

219: F K1 Girls B 500

05.07.2026 14:24


1	6
2	7
3	8
4	9
5	

 H1: 12:12 > H2: 12:15 > F: 14:24

220: F K2 Mixed Boys/Girls A 500

05.07.2026 14:27


1	6 A. De Bilio H. Pitt	ROY ROY
2	7 T. Kinder R. Shephard	RDG RDG
3	8	
4 E. Bates A. Wong	LBZ CDF	
5 M. Grant E. Landsborough	NOT NOT	
	9	

 F: 14:27

221: F K2 Boys C 200

05.07.2026 14:36


1	6 W. Carrington T. Collinson	NOR NOR
2 E. Brewer G. Fowler Rimell	CDF WOR	
3 M. Bellofatto S. Boughton	RDG RDG	
4 A. Golder J. Maloney	NOT NOT	
5 L. Byrne A. Lowthian	RLS RLS	
	7 G. Cheyne N. Slade	CLM CLM
	8 G. Ockendon S. Price	ELM ELM
	9 C. Kemp L. Tanner	ROY ROY

 F: 14:36

222: F K2 Boys D 200

05.07.2026 14:39


1	6
2	7
3	8
4	9
5	

 H1: 13:42 > H2: 13:45 > F: 14:39

223: F K2 Mini Sprint A/B 200

Mini-Sprint Series 05.07.2026 14:42


1	6
2	7
3	8
4	9
5	

 H1: 13:30 > H2: 13:33 > F: 14:42

224: F K2 Women C/D + Canoe Men/Boys C/D 200

05.07.2026 14:45

1	6
2	7
3	8
4	9
5	

 H1: 13:36 > H2: 13:39 > F: 14:45

225: F K2 Women A/B 200

05.07.2026 14:48

1		6 S. Dunlop M. Mckernan	ELM ELM
2		7	
3		8	
4		9	
5 M. Johnson J. Urquhart	NOT NOT		

 F: 14:48

226: FA K2 Girls C/D 200

05.07.2026 14:51


1 K. Ptasinska A. Schneiders	RLS ESK	6 J. Holmes E. Morrissey	NOT NOT
2 E. Davies L. Haytree-Blake	CDF WOL	7 F. Bentley A. Cottle	CLM CLM
3 R. Hopkin K. Takata	CDF CDF	8 A. Grant E. Saunders	WEY WEY
4 B. Morris D. Ruwanpathirana	ELM ELM	9 A. Musumeci	CLM
5 P. Henriques L. Jones	NOT NOT		

 FA: 14:51

227: F1 K1 Boys B 500

05.07.2026 15:00


1		6	
2		7	
3		8	
4		9	
5			

 H1: 13:57 > H2: 14:00 > H3: 14:03 > F1: 15:00 > F2: 15:03

228: F2 K1 Boys B 500

05.07.2026 15:03

1		6	
2		7	
3		8	
4		9	
5			

 H1: 13:57 > H2: 14:00 > H3: 14:03 > F1: 15:00 > F2: 15:03

Welcome

Welcome to the National Sprint Regattas in 2026.

This year's regattas have the following themes:

- 4-5 July - British Inter-Club MacGregor Paddle Challenge, and the Andrew Bonham Memorial C4 Race, including Junior selection events
- 5-6 September - Masters, Seniors, U23, Junior, and Paracanoe Open & British National Sprint Championships and the Inter-Services Championships

National Regattas are held under Paddle UK's Sprint Racing Competition Rules and Terms/Conditions of Participation.

National Regatta Entry Fees

The 2026 participation costs for each regatta are:

- Regatta Entry Ticket @ £40 per Competitor – pre-Regatta entry deadline
- Late Regatta Entry Ticket @ £60 per competitor, which includes a late entry surcharge of £20 - at Team Leaders meeting, when appropriate empty lanes or seats are available
- One cost for all events entered

If you wish to enter a National Sprint Regatta but are a paddler who is not affiliated with a club, use this [link to enter](#).

Paddle UK Equality Statement

Paddle UK is fully committed to the principle of equality of opportunity and aims to ensure that everyone has a genuine and equal opportunity to participate in paddle sport at all levels and in all roles within the sport. Everyone within paddle sport should be treated equally regardless of; age, disability, gender reassignment, marital or civil partner status, pregnancy or maternity, race, religion or belief, sex or sexual orientation ("Protected Characteristics"). In addition, Paddle UK will endeavour to ensure that everyone is given the same opportunities regardless of their socio-economic background.

Unlawful discrimination is unacceptable and will not be tolerated whether this discrimination is direct or indirect or intentional or unintentional. Participation in domestic competitions by transgender competitors is subject to the criteria detailed within the Paddle UK's Transgender and Transsexual Policy. International competition and selection for transgender competitors is subject to eligibility defined by the IOC and is detailed in the Paddle UK policy.

For any enquiries regarding equality at Paddle UK please contact equality@paddleuk.org.uk

2027 Regatta Dates

Here are the regatta dates for 2027

- 10-11 April
- 5-6 June
- 10-11 July
- 4-5 September

Key Contacts

Chief Official

Paul Edwardes

regatta.chiefofficial@vol.paddleuk.org.uk

Competition Queries

Cathy Wynne

sprintregatta@outlook.com

Volunteer Coordinator

Ann Hoile

Regatta.Volunteers@vol.paddleuk.org.uk

Communication

All information regarding the event will be posted on the [SRC website](#) and the [National Regatta site](#). The Programme for this event will only be available online from the SRC website link above. The Start Lists will be 'live' and updated during the regatta on the National Regatta site.

Regatta organisers will use one-way WhatsApp to disseminate important information during the event.

Scan this QR code to join this WhatsApp group

National Regatta
WhatsApp community



Contacting Officials: If a Team Leader has a crew change, a scratch or a question, please use one of the following online forms:

[Online forms](#) – use this link for the following three forms

- Late entry form - only to be used before the Team Leaders Meeting
- Crew boat changes
- Withdrawal/scratches

Use this link for [General enquiries and questions](#)

Access to the Finish Tower and Bridge level of the Main Building is restricted to Regatta Officials. Team Leaders will be granted access **only when called** to meet with a Regatta Official. Access via the Centre Building stairs.

Protests

Protests made during a competition must be in written form. Verbal protests will not be recognised. Protests addressed to the Competition Committee can be emailed to the Chief Official at Regatta.chiefofficial@paddleuk.org.uk. A fee of £15 will be applied when a protest is not upheld.

A protest regarding a race's published result must be made within 20 minutes of that result being published. A protest following a disqualification must be made within 20 minutes of the coach or athlete being informed.

Information point

Promotion certificates, 2026 Canoe Sprint Handbooks, and sets of Lane Numbers can be purchased from the Information Point, which is in the Event Organiser's Cabin, near the Finish Tower.

Distribution of promotion and mini-sprint certificates

Team Leaders can collect past Junior Promotion and Mini Sprint Certificates from the Information Point, which will be in the Event Organiser's Cabin, near the Finish Tower.

Long-distance courses

The Domestic 5000m long-distance events in 2026 will be raced clockwise and consist of two long laps. The first and third turns will be after the 1000m Start Cabin, and the second turn will be by the Finish Tower.

The 2500m long-distance events will be raced clockwise and consist of one long lap. The turn will be after the 1000m Start Cabin.

Facilities and catering

Hot food is also available from the Country Park Café (1066) from 8:30 a.m. until 5:00 p.m.

Shared early morning use of the course

If you plan to warm up on the course before the Competition starts, please be aware that for some of the warm up sessions, rowers could be training on the lake between the 1000m and 2000m marks. They will travel past the 1000m start in Lane 10 and return to the Boathouses using Lane 0. To avoid any potential disturbance from the rowers, please warm up between lanes 1 to 9 from the Finish Tower to the 1000m Starts until the rowers leave the course.

If you park a trailer on the hardstand in front of the Boathouses, please watch for rowers carrying boats crossing this area to reach the boathouse and their coaches on bikes.

Check, Clean, Dry

There are important steps we can all take to help stop the spread of invasive species. If you follow our simple Check, Clean and Dry steps below, you'll be taking big steps toward protecting the natural habitats of our rivers, canals, and waterways. Regardless of the type of canoeing, you do, whether competitive or recreational, inland or coastal, the chances are that you take your canoe/kayak onto different watercourses where there is a chance you may come in contact with these harmful species.

Please ensure you carry out the following BEFORE entering the site and when you LEAVE the site:

- Check you're not carrying living organisms.
- Clean all equipment, clothing, and shoes.
- Dry equipment and clothing carefully.

Social Media

Subscribe to our Instagram or Twitter accounts, **canoesprintUK**, where we'll be sharing sprint-related photos and videos.

To help us increase Sprint Racing's social media presence nationally, please use the following hashtags alongside any photos or videos you publish on social media before, during, and after the National Regattas.

Hashtags	#nottsregatta
	#canoesprintlegends

Event Security

The National Water Sports Centre has asked us to raise awareness about Security at the event.

Please ensure that you do not leave your belongings unattended during the weekend. Please also keep your car locked when unattended.

If you see anyone acting suspiciously, please report it immediately to Reception on 0115 982 1212, any Regatta Official, or at the Information Point.

Information for Team Leaders

What do I need to do if I am appointed as my Club's Sprint Team Leader?

- contact the Regatta Committee with your contact details and request a password to access the online entry system by emailing
- update your club's officials to include their contact details (email address and mobile number)
- maintain the paddler records for your club
- register new paddlers before the deadline for each regatta
- coordinate with Team Leaders from other clubs for mixed club crew boat entries
- submit entries for your club's paddlers once entries are open for a competition. Entries can be added incrementally at any time up to the entry deadline, at which point all entries that have been made become your submitted entries
- once your club's entry for a regatta is completed or the deadline has passed, arrange payment of the entry fees. The online entry system will calculate the total and give you a breakdown for each of your paddlers
- respond to entry queries raised by the Regatta Committee

What are my responsibilities as a Team Leader?

As a Team Leader for a club, you take on certain responsibilities for the paddlers from your club before, during and after the regatta weekend. This covers several areas, including:

- ensuring paddlers hold a current Paddle Scotland/CANI/Canŵ Cymru or Paddle UK 'On the water' membership before submitting their entries.
- submitting and paying for the Regatta Event Tickets
- submitting late entry requests, if lanes are available, using the late entry form (see page C2 for link), if possible, before the Team Leaders meeting.
- attending the Team Leaders online meeting on the Tuesday evening before the regatta.
- monitoring the Team Leaders Broadcast WhatsApp group.
- briefing your paddlers about regatta rules and informing the parents/guardians of Juniors of these where appropriate.
- ensuring that all Junior D and Mini Sprint paddlers wear a buoyancy aid whenever they are on the water.
- ensuring that all your club paddlers have achieved the relevant standard (time and proficiency) to compete at National Regattas.
- ensuring that all paddlers can swim at least 50 metres.
- ensuring that paddlers are suitably dressed for the conditions prevailing during the event.
- ensuring that paddlers entered for events are competent to handle the prevailing conditions and can manoeuvre their craft. All paddlers must have been taught what to do in the event of capsize.

- ensuring that boats racing from your club carry additional buoyancy and are water worthy.
- ensuring that all paddlers wear buoyancy aids when requested by the Competition Committee in adverse weather conditions.
- ensuring that paddlers are on the water with enough time to make their start times, visibly wearing their club colours and displaying the correct lane number for their race.
- resolving issues that the Competition Committee raises. You will be asked to come to the top of the Finish Tower (via the Centre stairs) where required. You will be called there by the Commentary Team and via WhatsApp broadcast.
- completing Incident Report Forms for any accidents/incidents involving attendees from your club that have occurred during the regatta.
- advising Junior D paddlers who have been promoted that they need to become Paddle UK members and update the paddler database with their membership number.
- encouraging paddlers to shower after using the Regatta Course and ensure that all cuts and abrasions are covered with waterproof plasters before proceeding on the water. An NWSC guide to water-related illness is available from the NWSC reception desk.

You are responsible for the payment of your club's regatta entry costs. Failure to pay in full, prior to the Team Leaders meeting, the Tuesday before the regatta, can incur a late payment surcharge of **an additional £5 per competitor**.

If the regatta, or part of the regatta, must be cancelled or is delayed due to weather conditions or other circumstances outside of our control, unfortunately, we will not be able to refund entry fees.

When is the Online Team Leaders meeting?

The Online Team Leaders meetings take place at **8 pm on the Tuesday before each regatta**. It will be open to Team Leaders, who should sign in via the chat feature at the start of the meeting. The meeting will start with a review of the technical information for the regatta, including any competition changes being implemented, followed by a review of the deletions and any name changes submitted via the online form since the publication of the Start Lists. Agreed changes resulting from this meeting are then made to the programme, which is then re-issued to the officials running the regatta.

Any additional crew changes or scratches occurring after the Team Leaders meeting must be submitted via the [online forms](#) at least 60 minutes before the race.

What additional rules do I need to know?

In addition to the rules outlined in the *Information for Competitors* section, you also need to be aware of the following:

Ensuring adequate buoyancy

Paddle UK Sprint Racing Competition Rules require that following a capsize, all kayaks and canoes must be able to remain floating level with the surface of the lake when filled

with water while supporting the weight of the crew. It is your responsibility to ensure that all your paddlers have the correct buoyancy fitted in their boats. Buoyancy will be checked. Any boat, other than with sealed bulkheads, which visibly has insufficient buoyancy fitted, will not be allowed on the water until additional buoyancy is added. If a boat is found to have insufficient buoyancy at Boat Control after racing, this will be reported to the Competition Committee and could result in disqualification from the race or Penalty Points being issued to the paddler.

You should also ensure that all your paddlers always bring buoyancy aids/life jackets. Should the weather conditions on the Regatta Course prove inclement, it may become necessary to introduce the mandatory wearing of Buoyancy Aids/Life Jackets for some or all paddlers. All the time this is a requirement an Orange Flag will be displayed on the Flagpole by the Finish Tower. In these circumstances, competitors will not be allowed to go afloat without buoyancy aids/life jackets that conform to BS EN ISO 12402-5. Spraydecks are also strongly recommended for all sprint competitors when the Orange Flag is displayed.

All Mini-Sprint and Junior D class paddlers must wear buoyancy aids/life jackets whenever they are on the lake. There are no exceptions to this rule.

Ensuring paddlers have Paddle UK Membership

All competitors from your club must be current Paddle UK members. The only exception to this is Junior club associate members ranked in Girls D, Boys D, or Mini-Sprint classes.

Junior paddlers who are associate Paddle UK members must become full 'On the Water' members of Paddle UK before the next regatta when they are promoted to 'C' or above.

Please update your club paddlers' paddler record details with the new Paddle UK number once promoted to Junior C.

Penalty points and disqualification

You are asked to ensure that your club competitors know and accept the racing rules and terms/conditions of participation. Penalty points will be incurred, or disqualification may occur for those paddlers ignoring the regatta rules. The rules are intended to ensure the fair, safe and efficient running of the regatta.

In instances where penalty points have been awarded, or where disqualification has occurred, you may be asked to meet with the Competition Committee at the top of the Finish Tower and relay the outcome to the relevant paddlers. A statement of the currently active penalty points will also appear in the Official Results that are published shortly after the regatta.

Information for Competitors

What happens if I discover a timetable clash?

As a paddler, you can enter selection and ability class events, but timetabling cannot avoid potential clashes between these event types. After the Start Lists are released, and in

the event of timetable clashes, you must ask your Team Leader to scratch you from the impacted races using the online form no later than the Team Leaders Meeting to allow for redraws.

How is the course laid out?

Please take time to familiarise yourself with the course and the areas where you are and are not allowed to paddle.

Paddler access lane

The paddler access lane is on the North Side of the lake (scoreboard side), and the motor boat access lane to the South Side (tower side).

Can I use the course to warm up before my race?

Once the Umpire boats are on the water, you can use the regatta lake to warm up. No paddling is permitted on the lake without appropriate safety cover. Umpire boats will be in place from 7:45 a.m. on Saturday and 7.30 a.m. on Sunday. The boats will stay on the course until shortly after the last race on each day.

Please do not go too far down the course, as you may not hear your race being called to the start line. Remember that you are not allowed to practice in the race area.

Can I practise starting from a gate?

If you have not used the start gates before or would like a refresher on how to line yourself up into the buckets, we will hold open practice sessions at the start of Saturday. See the timetable for details.

Are there any rules I need to know?

The National Sprint Regattas follow a detailed set of rules. The Paddle UK Sprint Racing Competition Rules and the National Sprint Regatta Terms/Condition of Participation. These can be read in full in the 2026 Canoe Sprint Handbook. This can be purchased at the Information Point. You can also order a hardcopy or PDF copy of it online at <https://eventsystem.paddleuk.org.uk/Events/2026-canoe-sprint-handbook-24-02-2025/>

A few specific rules you need to know have been included in this *Information for Competitors* section. These rules help with the fair, safe and efficient running of the regatta.

Where is boat control?

Boat control is next to the tower.

What are the minimum boat weights?

In sprint racing, boats must have minimum weights (PUK SRC Regulation 9), which vary according to the class of boat.

K1 12kg C1 14kg

K2 18kg C2 20kg

K4 30kg C4 30kg

Paracanoe: K1 12kg; V1 13kg (inc. hull, ama & iako)

You are responsible for ensuring that your boat is at least that weight or heavier and bringing any additional weights you need. If your boat requires additional weight to be

added, this must be firmly attached to your boat; a loose bag of stones or sand tucked under the seat is not acceptable. The weight of your boat is measured using the Boat Control weighing scales on the day of the regatta, not the scales at your club or your kitchen scales at home, so please don't argue with the Boat Control officials.

If you race in an underweight boat, you can be disqualified.

At a National Sprint Regatta, you are not obliged to have your boat weighed before your race, although this is recommended. You can do this at any time when the Officials are not busy weighing boats from a race. However, you may be called into Boat Control immediately after your race, which means going directly to the Boat Control pontoon after crossing the finish line for your boat to be checked.

You should also be aware that your boat's weight may change depending on the temperature. Boats are lighter on a hot day, so if you are in doubt about the weight, especially if it is close to the minimum permitted weight, play safe and weigh your boat before you race.

What if my boat is too heavy?

The bottom line is it doesn't matter. Too many athletes worry about being disadvantaged if their boat is heavier than the minimum required weight, so much so that some will try to race with an underweight boat.

How a boat travels through the water depends on many things, including the shape of the boat's hull, the displacement of the water, how high your seat is, your overall centre of gravity, and, not least, your own ability and paddling technique. So, for example, if your K1 weighs 12.0kg, 12.5kg, or anything in between, it's not going to make much difference to your overall performance, so don't get hung up about it.

Why do I need a lane number?

Your boat must display a white lane number board showing the lane number in which you are racing. The number boards help the officials to run the regatta effectively and to ensure the accuracy of results.

Your lane number will likely change from race to race, so ensure you display the correct number before you paddle to the start of your next race. Your Team Leader should be able to provide you with the required number board. Sets of White Lane Numbers are available for sale from the Regatta Information Point. Paracanoe athletes can collect boat numbers from the Paracanoe boat bays.

Why do I have to race in my club colours?

You are racing for your club and, therefore, need to wear your club colours. If there are queries about your race, the club colours help us easily identify specific paddlers. This, in turn, allows us to resolve any issues and contact the relevant club Team Leaders if necessary. It also allows us to post the race results more quickly.

How do I know if I have to wear a Personal Floatation Device (PFD)?

All Junior D and Mini Sprint competitors must always wear buoyancy aids when on the water, which must conform to the BS EN ISO 12402-5 standard.

If weather conditions deteriorate during the regatta weekend, you may be required to wear a Buoyancy Aid/Life Jacket. If this is required, an announcement will be made on the Public Address (PA) System and by WhatsApp broadcast to inform you which classes of paddlers, or all paddlers, must wear them as a mandatory requirement. A further announcement will be made when the requirement is rescinded. While the requirement is in force, an Orange Flag will be displayed on the Flagpole by the Finish Tower.

All Buoyancy aids/life jackets must conform to BS EN ISO 12402-5.

How much buoyancy do I need in my boat?

PUK Sprint Racing Competition Rules require that following a capsized, all kayaks and canoes must be able to remain level on the surface of the water when filled with water and support the crew.

You need to ensure that there is visible additional buoyancy fitted in your boat before you get on the water. This may be checked during the regatta. Any boat that does not have visible buoyancy material fixed in the boat will not be allowed on the water until additional buoyancy has been added. If your boat is found not to have the required buoyancy at Boat Control, after racing, this will be reported to the Competition Committee. Disqualification or penalty points will be applied.

Where do I get on and off the water?

Paracanoe athletes will access/egress the water via the pontoon in front of the Paracanoe boat sheds.

All other athletes will access the water via the pontoons at the end of the lake or from the long pontoon after the finish line on the north side. Please be aware of others using the pontoons.

Athletes called for boat control can egress the water on the pontoon next to the tower.

All other athletes should egress at the end of the lake or from the long wooden pontoon

How do I get to the start, and when should I arrive?

Leave yourself enough time to get to the start line for your race, paddling slowly in Lane 10. This is the lane closest to the Scoreboard.

Aim to arrive in the starting area five minutes before your race time and, ideally, get yourself lined up in the correct lane. The starting area runs from the start line itself to a set of blue buoys placed 100m beyond each start line. Please don't go too far away from the starter, as you'll need to be able to hear when your race is called. Regatta race time is displayed on a large digital clock on the bank next to the starter's hut.

What happens at the start?

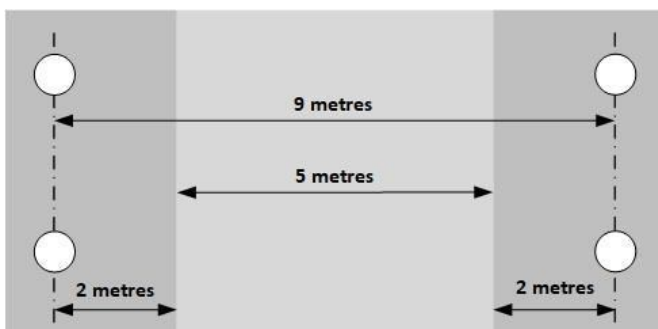
The starters will call you to the start line by your race number. Remember your race number! Then the lane number for each competitor in that race. On windy days, it can sometimes be difficult for the lanes furthest away from the starter to hear these requests, so keep aware of what's going on around you and ask other paddlers if you are unsure.

When your race is called, you will be asked to move towards the start buckets and stop and hold off about 5-10m away. When the timing team has given clearance for the next race, the starter will ask you to come into the buckets. Please listen carefully to the starter's instructions at this point. You will hear these clearly from the loudspeakers next to each bucket.

If you miss your start, you may not be allowed to race. Remember that races start every 3 or 4 minutes throughout the day, leaving very little time to delay the start of any race. Why do I have to stay in the centre of my lane?

The simple reason is that you must not put yourself in a position where you interfere with the progress of or seek to take advantage of other competitors.

PUK SRC Regulation 26 states that your boat must stay within the five-metre-wide central area of your lane from the start to the finish of the race. If your boat moves out of the centre five metres, you must immediately take action to return to the central area or if it's judged that you have gained an advantage. You can be disqualified. See the following diagram. *PUK SRC Regulation 27* states that you are not allowed to take pace from other boats, so staying in the centre of the lane helps you avoid the temptation to try and wash hang. The way to make the race as fair as possible for every competitor, especially if you are racing side-by-side, is to stay within the central five metres of your lane.



We do appreciate that in certain weather conditions, you can easily be pushed off-centre by the wind and water turbulence and this is quite understandable. We expect you to make every effort to remedy the situation and get back to the centre of the lane as soon as possible.

If you deviate outside the central five metres, the race Umpire is required to report this to the Competition Committee in the Tower. The decision as to whether you are disqualified or not will rest with the Competition Committee and will probably depend on whether you gained an advantage from the deviation.

In summary:

- if your boat deviates from the central area of the lane, you must go back immediately to this central area of the lane.
- if your boat leaves the centre of the lane and does not return to it, you may be disqualified from the event.
- if your boat leaves its allocated lane, you will be disqualified from the race.

Additionally:

- if you capsize during the race, you will also be eliminated from the race (except in races of more than 1000m – Rule 28.4).
- if you break a paddle during your race, you may not be provided with a new one by a supporter (except in races of more than 1000m – Rule 28.6).

Umpires may interrupt a correctly started race if unforeseen issues arise. The umpire will announce this with a red flag and may sound a signal to advise you of such an interruption. Competitors must immediately stop paddling and await further instructions.

Why am I not allowed to be paced or to sit on someone else's wash?

PUK SRC Regulation 27 states that taking pace or receiving assistance from boats not in the race or by any other means is not permitted.

When a race is in progress, crews who are not taking part in the race are strictly forbidden to proceed over the whole or part of the course, even if outside of the lane marking buoys. This includes making a wash even from outside of the marking buoys. Or following alongside a race while paddling in the access lane and crossing the Finish Line in the access lane while a race is in the process of finishing. This can obstruct the Judges' view and distracts their attention when they're trying to concentrate on the race itself. Giving pace or any other assistance, including coaching, could result in the boat, which it appears is unfairly supported, being disqualified from their race.

Why are there motorboats on the course?

There are normally three Umpire launches on the water throughout each regatta.

The Umpires will follow races down the course or, in the case of 200m races, sit at either end of the course to observe these races. They are responsible for the race once it is underway and have a duty to report any possible rule infringements during the race to the Competition Committee in the tower.

In addition, the Umpire and the Umpire launch will assist paddlers in the event of a capsize or, when necessary, give directions to evacuate the lake in the event of an electric storm.

The launches use Lane 0 to move around the course, which is the lane closest to the tower. The launch drivers are very aware of the impact of their wash on your paddling and aim to minimise this as much as possible.

What happens at the finish?

At the end of each race, please move away from the finish line as quickly as possible. Remember that there can be multiple races on the course at any time and that other races may finish shortly after your own.

In most races, Boat Control will inspect one of the boats selected at random. In the races designated National Championship Finals and some selection events, the first four across the line will all be called to Boat Control to be checked.

The commentary team will advise you which boat(s) needs to go to Boat Control. The Boat Control team will also display these boats' lane number(s) on the pontoon from which to egress the water to attend Boat Control.

If you are called to Boat Control, please go there immediately following your race. If you don't, you can be disqualified from the race.

What happens if I get called to boat control?

Boat Control inspects boats in accordance with *PUK SRC Regulation 12*. This means you must remove every loose item from your boat before it is weighed. Typically, this includes things like:

- the white number board
- the spraydeck
- the foam on your seat, especially if it is absorbent
- any stones or weights that are now loose, having broken loose during the race, even though they had appeared to be fixed and firm when you started the race
- sponges, chamois leathers and any other absorbent item that may be under your seat
- canoe knee rests (fixed knee rests must be dried)
- residual water

Athletes will be expected to empty their own boat of water, remove all loose fittings, lane number and spray deck before positioning their boat on the scales.

All athletes should expect their boats to be checked during the event. Boats will be selected at random from each heat and final. The lane number will be announced and displayed on the board on the Boat Control pontoon. If your boat is found to be under the required weight or lacking sufficient buoyancy, it will be reported to the Competition Committee, who may apply a penalty.

Can I warm down?

You may warm down by turning carefully below the Finish Line and outside of the finish area (a 'D' shape marked by buoys and flags), then proceeding back to behind the start line SLOWLY down Lane 10, the lane closest to the Scoreboard. DO NOT re-enter any of the racing lanes.

How do I find out if I've qualified for a final?

The times from each heat are processed very quickly after each race. Once the Competition Committee has received confirmation from the Umpire and Boat Control that no rules have been broken or resolved any issues where they have, these times are then displayed on the main

scoreboard. Results of all races and draws for finals will be published online via the Live Results Service. The Regatta Organizers will try to back this up via one-way WhatsApp.

Once all the heats in a class have been completed, draws for each Final are made. Mostly these are based on time. Depending on the number of entries in each class, there may be more than one Final.

The only exceptions are Mens A or A/B, Womens A or A/B, Boys A or A/B and Girls A or A/B events or if classes are for Senior Men, Men U23, Boys U18, Senior Women, Women U23, and Girls U18. These events are based on the finishing place within each heat. The progression from heats to finals for all events is shown beneath the heading for the heats in the Start List.

You must check if you have qualified for a Final in your class. The Live results service displays details of who is in each final and their lane numbers. **Please wait at least 15 minutes after the last heat before checking the details of lane draws for the resultant finals.**

Can I obtain the race results on my mobile phone?

The Unofficial Results can be obtained during the regatta from regattaregattaresults.org.uk.

This service, available during the regatta, enables you to view the provisional results directly on your phone throughout the regatta. The results are updated in near real-time shortly after the results for each race are released.

The service enables you to scroll up and down through the results very quickly. Just refresh the webpage every now and again.

To access this service, navigate to regattaregattaresults.org.uk.

Remember that it will only work during the weekend, as and when the unofficial results are made available. After the regatta, the official results will be published on the website: <https://canoesprint.org.uk>

How do I find out if I've been promoted?

Promotions between classes are calculated during the Regatta weekend based on several factors. If you have been promoted, details about this are included in the published Official Results. These are available on the Sprint Racing website at <https://canoesprint.org.uk/archives/national-regatta-results/> shortly after the event. The availability of these results will be notified on our Facebook group page called *PUK Sprint Racing Committee*.

Is there an event welfare office I can speak to?

Safeguarding and protecting children and adults

Paddle UK is committed to ensuring that everyone can enjoy Paddle sports in a safe environment in which they are protected from any form of poor practice, abuse or neglect. Working with the NSPCC Child Protection in Sport Unit (CPSU) and the Ann Craft Trust (ACT), we are committed to constantly evaluating and developing our Safeguarding policies and processes so that we are exceeding the CPSU

and ACT best practice guidance as well as ensuring legislative compliance.

Everyone in paddlesport has a responsibility to help safeguard and protect those involved in the sport. Sometimes this can be a daunting prospect, and to support those involved in our sport, Paddle UK and the home nations have developed a range of policies, procedures and guidance. These can be found on <http://www.paddleuk.org.uk> and each home nation website.

The policies and procedures in this area stem from the following core principles:

- The child's welfare is paramount.
- Anyone under the age of 18 is classed as a child.
- Safeguarding principles also relate to Adults at Risk (for more information see Safeguarding Adults Policy on the Paddle UK website [here](#)).
- All children and adults, regardless of age, any disability they have, gender, racial origin, religious belief and sexual identity have a right to be protected from abuse and harm.
- Coaches, clubs and centres need to be provided with advice to raise awareness of safeguarding best practice, guidance and support should they become involved in an abuse situation.

Safeguarding Support Officer - While the welfare of the person at the centre of any safeguarding concern is paramount, Paddle UK recognises that coaches, volunteers and helpers may also require support if an allegation is made against them. In these cases, individuals should contact the Paddle UK Safeguarding Case Officer, whose role is to listen, support, help, and provide advice (contact details below). They will not be involved in the case and will be completely independent of the investigation.

Event Management - Event organisers should note that there is a requirement to provide a Welfare Officer at all events where children participate. For further details refer to the guidance sheets on the website – Paddlesafe Events.

For our National Regattas, please speak to our Event Welfare Officers:

Louise Clive Tel: 07816 786987
Wendy Dodson Tel: 07855 629334

If Louise or Wendy are not immediately available, you can also contact any of the following:

Paddle UK Safeguarding Lead:

(For anyone wishing to report a safeguarding incident or concern) Tel: 0115 8655354
(if calling out of office hours, leave a message and your call will be responded to as soon as possible the next working day)
or Email: safeguarding@paddleuk.org.uk

Home Nations

Paddle Scotland Safeguarding Officer

Andy Murray Tel: 01887 292040:
Email andy.murray@paddlescotland.org.uk

Canoe Wales Lead Safeguarding Officer

Cath Sykes, Tel: 0708 683984: Email
childprotection@canoewales.com

CANI Safeguarding Officer

Lyn Sherriff. Email: Lyn.sherriff@paddleni.org.uk

For immediate confidential advice (24hr Helplines) contact:
NSPCC Child Protection Helpline Tel: 0808 800 5000
Childline Tel: 0800 1111

The Paddle UK Safeguarding Policies and Guidance documents, including other related information, are available at www.paddleuk.org.uk.

Good Practice Guidelines

By following these guidelines, you will help to safeguard both children and adults at risk in our sport as well as protecting our coaches/volunteers from wrongful allegations.

- Avoid situations where you are alone with one child.
- If any form of physical support is required, ask the paddler's permission, explain what you are doing and why to both the child/adult at risk and their parents/carers.
- Where possible ask parents/carers to be responsible for children/adults at risk in changing rooms. Always ensure that whoever supervises young people work in pairs.
- Where there are mixed teams/groups away from home, they should always be accompanied by an adult male and female coach/helper.
- Physically rough or sexually provocative behaviour, or inappropriate talking or touching are completely unacceptable and under no circumstances to be permitted or tolerated.
- It should not be necessary to do things of a personal care nature for children/adult at risk. In exceptional or unforeseen circumstances, such as an emergency/injury, make sure you have another adult accompanying you. Get the consent of the parent/carer and if possible, the child/adult at risk. Let them know what you are doing and why. Record what you did after the event and report it to your CWO/safeguarding lead.
- Ensure that any claims of abuse by a child/adult are taken seriously and are reported to the Club Welfare Officer/Safeguarding Lead as soon as possible.
- Ensure that the nature and intensity of training does not exceed the capacity of a child's/ adults ability and stage of development.
- Follow the Paddle UK guidelines for photography and video use (see Guidelines for use of [Photographic and Filming Equipment](#)).
- If you accidentally hurt a child, you should report such an incident immediately to another club coach/official and make a written note of it. You should also inform the child's parents/carers, preferably in person.

- If a coaching technique would benefit from physical contact or support then first ask the paddler's permission (e.g. would you mind if I held your shoulders to show you what I mean?). It is useful to take time to explain why and how this is used to the paddler and their parent or carer. (See Paddle UK or home nation guidelines for physical contact). Touching during a coaching demonstration can be OK and appropriate as long as you have gained consent and the touching is neither intrusive, disturbing or for the wrong reason.

Where can I find event schedules for future regattas?

The event schedule for each of the National Sprint Regattas is published on the SRC website at <https://canoesprint.org.uk/all-events/upcoming-events/>

Small changes to event schedules can occur in the weeks leading up to each event. Any changes are published on the Sprint Racing Committee website. The availability of updated versions of the schedule and other news items for Sprint Racing are also notified on our *PUK Sprint Racing Committee* Facebook group page.

What do I need to know about regatta liability?

The regatta will endeavour to provide a safe environment within the Water Safety Code. You are specifically reminded that anyone using the lake and the adjoining river does so entirely at their own risk. Please note the following *PUK Regatta Liability Statement*.

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports. In all cases competitors compete entirely at their own risk.

The Regatta Organisation, the Sprint Racing Committee, and Paddle UK exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be current full members of Paddle Scotland, Paddle Cymru, Paddle Northern Ireland or an 'On the Water' Paddle UK member, except for juniors ranked in Girls D, Boys D and MINI-A or MINI-B who can compete as Club Associate members of PUK affiliated clubs. Regatta Entries are accepted on the basis that each competitor and Parent/Guardian of a junior, is aware of and has accepted the above conditions. Team Leaders are to ensure that all their club competitors are aware of and accept the above statements.

Weil's disease/Leptospirosis

All water users should be aware of this potentially fatal infection. This is a bacterial infection normally believed to be spread by rat urine, it can also be transmitted by cat, fox and rabbit urine. Transmission is usually through an open wound or abrasion but can also be caused by ingestion of contaminated water.

Symptoms - Lethargy, diarrhoea, headaches, vomiting and muscle pain; sometimes referred to as flu-like symptoms. If left untreated this can be fatal.

Prevention - Prevention measures against water borne infections are to:

- Cover all cuts and abrasions with waterproof plasters
- Always wear footwear to avoid cutting the feet
- Avoid capsizing or rolling practice in suspected waters
- Where possible, shower soon after the activity
- As a minimum, always wash your hands after paddling and before eating or drinking

If you feel ill after paddling you should tell your Doctor as soon as possible and let them know where and when you have been on the water. The NHS publish the following guidance www.nhs.uk/conditions/Leptospirosis/

Further information & support is available when required by contacting: <mailto:safety@paddleuk.org.uk>

Can I get involved in helping run the regattas?

Of course! We are always pleased to have extra people to assist during the regatta weekends. If you would like to learn a new skill or want to help, we would love to hear from you.

It might surprise you that the National Sprint Regattas are run entirely by volunteers. Although a lot of planning work is done prior to each event, during each regatta weekend, approximately 50 people are involved in a wide variety of roles to keep the regatta on schedule. These roles include:

- programme planners
- computer room data inputters
- administrators
- motorboat drivers
- course umpires
- boat weighers
- starters
- commentators
- line judges
- photo finish operators
- scoreboard operators
- K4 shed boat controllers
- promoters (and demoters)
- medal presenters
- first aiders
- competition judges
- merchandise sellers

We're always looking for additional pairs of hands to help things run efficiently and are very flexible with how much time you can commit during the weekend. If any of the above roles capture your imagination, or you're interested in learning more about what we do, we can introduce you to and train you in any of these roles. Pop into the Information Point and ask to speak to Ann Hoile.

Can I follow the race by bike or scooter?

The National Water Sports Centre (NWSC) allows cyclists to use the towpath on both sides of the regatta course when

weather conditions permit and at their own risk. Cycling, skating, rollerblading and scootering are not allowed in the area around the Tower and Boat Control. Cyclists, rollerblading and scooters following races should use the Southside roadway (Finish Tower side of the course).

Coaches and supporters must be conscious of those around them, including the general public, and should only follow races in which their athletes are competing.

We encourage you to follow the NWSC's Towpath Code for Cyclists

- always give way to pedestrians and service vehicles
- use your bell to alert other people of your approach, particularly if approaching from behind
- be prepared to stop, dismount and push your bike past walkers, particularly when families and young children are present
- take special care if dogs or other animals are present
- ride in single file and not in more than groups of four
- keep your speed down and never race along the towpath
- keep to the paths and minimise path erosion by not skidding
- wear an approved safety helmet

Remember that you are responsible for your own safety and the safety of others.

Are there any guidelines for taking photographs or filming the racing of young people?

We encourage you to follow the Paddle UK guidelines, which provide sensible advice. We recognise that publicity and pictures/ recordings of young people enjoying paddle sport are essential to promoting the sport and a healthy lifestyle.

The key concerns regarding the use of images of children and young people relate to:

- the possible identification of children when a photograph is accompanied by personal information
- the inappropriate use, adaptation or copying of images for use on child pornography or illegal website
- the taking of inappropriate photographs or recorded images of children

Guidelines for taking photographic/recorded images

- ensure parents/guardians and the young person have granted their consent for the taking and publication of photographic images
- all children featured in recordings must be appropriately dressed in outer clothing garments covering the torso from at least the bottom of their neck to their thighs, i.e. a minimum of vest/ shirt and shorts
- the photograph or recording should focus on the activity rather than a particular young person. Personal details, which might make the young person vulnerable, such as their exact address, should not be revealed
- clubs, coaches and volunteers should be allowed to use video equipment as a legitimate coaching aid and means of recording special occasions. Care, however, should be taken in the dissemination and storage of this material

- you should not use any images of a child or young person who is the subject of any court order or who has denied you their consent
- parents and spectators taking photographs/recordings should be prepared to identify themselves if requested and state their purpose for photography/filming any instances of the use of inappropriate images should be reported to the Club, Paddle UK or the Police

Guidelines for publishing photographic/recorded images

- if a photograph is used, avoid naming the child by using their first name only. Personal details of children, such as email address, home address and telephone numbers should never be revealed on a website or in print
- think about the level of consideration that you give to the use of images in all publications, for example, the process used in choosing photographs for a publicity brochure for the club. Apply an increased level of consideration to the images of children used on websites

Information for Everyone

Parking

Parking will be located on the far side of the lake from the tower.

Entry to the parking area will be through the wooden gate by the Desperate Measures shop (//hired.march.villa), with the exit via the playground gate at the country park (//doctor.sport.drop). Cars should park parallel to the lake and face up the lake.

Riverside Parking (the rugby field) will be used as an overflow car park if needed.

Parking charges will be in operation and can be paid online, in advance or on the day, or via the machine in the country park car park (card payments only). Parking can be paid up until midnight on the day via the app.

Parking can be paid using the Tap2Park Service on <https://parkpcm.co.uk/index.php>, using code 4455. You can prepay.

Please note that parking charges cannot be backdated, so they must be paid in advance or on the day.

The charges will be:

Up to 30min - FREE
Up to 1.5 hours - £2.90
Up to 2.5 hours - £3.90
Up to 4 hours - £4.70
All day - £7.50

Plus a £0.30 admin fee

Are there any parking restrictions?

The National Water Sports Centre does place some restrictions on where vehicles can park around the venue.

Parking marshals will be on hand to guide you to the right locations. Please follow their directions as to where to park.

The main area for competitors is Grassy Bank on the north side of the lake.

The pontoons and access road in front of the Centre on either side of the Finish Tower is designated 'Reserved' parking or a 'No Parking Area'.

Access for emergency vehicles must NOT be impeded.

Please keep the access roads clear near the Centre Buildings.

All vehicles should be parked responsibly, safely and without causing an obstruction.

At certain times during a competition, it may become necessary to restrict vehicle movement on parts of the access roads around the course for safety reasons. If this is required, notice will be given.

Gazebos

Club gazebos should be positioned along the lake on the North bank, opposite the tower. Please pitch them 5m back from the perimeter road to allow spectators to congregate, but not block the path. Please do not pitch your gazebos in the middle of the bank. Place them either at the top or at the base of the bank to avoid obstructing the parking.

Please also allow space between adjacent gazebos.

Gazebos must not exceed 4m x 4m in size. Above this size, they are deemed commercial and have associated health and safety conditions applied. Depending on paddler numbers, clubs may bring more than one gazebo.

Cooking & club catering

An individual camping stove is now permitted, provided it is set up securely away from anything flammable and lit stoves or boiling water are not left unattended.

Clubs can provide cold catering to members; however, relevant food hygiene regulations should be followed.

Any clubs wishing to provide hot catering to members must contact Serco and Paddle UK using this [online form](#) no later than two weeks before the regatta. Depending on the requirements, there may be costs associated with this, although these will be kept to a minimum. Clubs that have not arranged this in advance will not be permitted to cook on site, and anyone doing so will be asked to leave the site. For further information, please contact Richard Stacey-Chapman (richard.stacey-chapman@paddleuk.org.uk) and Cindy Appleby (Cindy.Appleby@serco.com).

Can I camp overnight or set up my motorhome or caravan on the regatta site?

The National Water Sports Centre's camping licence only includes the campsite **and ski tow camping** areas. Tents, motor homes, caravans or vans found anywhere other than these camping areas will, therefore, be removed, as they will be in breach of NWSC's licence.

What should I do if there is an accident or emergency?

During racing hours, medical and first aid facilities are provided on-site. Medical facilities are intended to cover emergencies only. Medical support provided by a Paramedic and First Aid volunteers is available in the First Aid Cabin, which is located below the main building opposite the Finish tower. Alternatively, contact the main reception desk in the main building (0115 982 1212) or any Regatta Official.

All accidents and emergencies must be reported as soon as practicable using the Paddle UK Incident Reporting Form, available at <https://paddleuk.org.uk/online-incident-reporting/>. If necessary, additional medical support will be requested on the advice of the paramedic. The Paramedic will also ensure that the Regatta Organizers, Chief Official, and Main Reception Centre are made aware of any incidents. The online Incident Report Form MUST be completed by the Team Leader of the appropriate clubs for all accidents, collisions, and near-miss incidents.

Emergency numbers	999
Emergency Services	0115 977 3078
Police, Nottinghamshire Authority	npa@nottinghamshire.pnn.police.uk
NWSC Reception Office	0115 982 1212
NHS Direct	0845 4647

National Water Sports Centre, Holme Pierrepont Country Park
Adbolton Lane, Nottingham, NG12 2LU

What is the PUK Regatta Policy and Code of Conduct?

The Paddle UK Sprint Regatta Committee is fully committed to safeguarding the well-being of its paddlers, officials, volunteers and coaches. We ask that everyone shows respect and understanding to each other, conducting themselves in a way that reflects the principles of the event. We believe that taking part in paddle sports should be a positive and enjoyable part of both children's and adults' lives and that all paddlers should be able to improve their performance and have fun. The PUK Regatta Committee also adopt and regularly review a Health & Safety Policy.

Everyone involved in the event should abide by the Paddle UK *Rules, Code of Conduct and Policies*, and to achieve this we have the following expectations:

Everybody

- always use correct and proper language
- set a good example by applauding the performance of all paddlers
- always treat others with respect
- be considerate and respectful to other paddlers on and off the water, treating all paddlers as you would want to be treated yourself
- control tempers and avoid behaviour which may inconvenience or upset others
- co-operate with and listen to your coaches, team leader, volunteers, and parents/carers and officials
- be on time for the event and your races, or inform your team leader/coach if you are going to be late

- take care of all property belonging to the centre, regatta, clubs or members and the public
- junior paddlers are not allowed to smoke or consume alcohol, and no person may use non-medicinal drugs of any kind while at the event or representing the sport of canoeing

Team leaders, coaches, officials and volunteers

- in line with Paddle UK Policy/Codes on safe recruitment for any volunteer role, vetting practices, including appropriate Disclosure checks, where eligible, will be undertaken in accordance with home nation and government guidelines
- all those working with young people and vulnerable adults should also have read and adhere to the *Paddle UK child and vulnerable adult policy* and *Paddle UK anti-bullying policy*. These can be accessed on the Paddle UK website. The regatta will follow the guidance of these policies in the event of any concerns or allegations
- follow the Paddle UK Code of Ethics and Guidelines and Policies
- consider the well-being and safety of paddlers before their personal development or performance
- encourage paddlers and officials to value their performance and not just their results
- develop an appropriate working relationship with paddlers based on mutual trust and respect
- display consistently high standards of behaviour and appearance
- hold the appropriate, updated qualifications and insurance
- the Regatta Committee will encourage, train and support volunteers to gain qualifications and assist officials to stay updated
- Team Leaders/Coaches will obtain written medical details of young paddlers, which will be made known were deemed appropriate and/or necessary
- never condone the use of prohibited substances, as defined by Paddle UK

Parents, guardians and carers

- help your child to recognise good performance, not just results
- support your child's involvement at the event and help them enjoy the canoeing sport. Never force your child to take part in the sport
- never punish or belittle a child for losing or making mistakes
- publicly accept officials' judgement

Trade stands

Trade stands are welcome at the event. Please contact the duty manager at NWSC for information about charges and to pay and receive a VAT receipt.

Traders who require an electrical connection must pre-book with Cindy Appleby at Serco.